

## **Charities Commission Refresh Annual Report 2024-5**

Refresh continues to have a significant effect within the local community of Weymouth & Portland and is greatly valued for all that it does. Having not had a dedicated coordinator for the past two years, during which time the trustees managed to ensure that all the work carried on normally, it has been good that a new coordinator has been appointed and we can see already that the charity as a whole has gained new impetus.

The year has seen plenty of activity within the four main projects which run under the Refresh banner, namely, Christians Against Poverty, Keep in Touch, Fresh Start and Family Matters.

The CAP team has had a very successful year with 25 clients being declared debt free. The three debt coaches have had full diaries and there are clients queuing up to get help when there is a space in the diary. There have been lots of activities to help support the clients particularly providing well stocked hampers at Christmas and, at Easter, a chicken, together with all the vegetables needed for an Easter dinner. The work of CAP is now an integral part of the community with many other agencies recommending CAP to clients in debt and working with CAP to provide help and advice.

Keep in Touch has continued the work started during COVID in collecting and disseminating all the information about warm spaces, opportunities for meals and meeting places to help people find convenient places to make new friends or share time with existing friends. The KiT coordinator retired during the year but it is good to know that this work will continue within Refresh and is being part funded by the local town council.

Fresh Start has held 3 courses during the year to help people with any kind of addiction. Each course lasts for ten weeks and involves group and individual sessions. The team members delivering the course are very experienced and a support group meets weekly for those who have been through the course and want to keep in contact.

Family Matters has had a very busy year. The work is split into two sections, Baby Bank and Adult Clothing. The work expanded quickly during the year resulting in the need for even larger premises than those referred to in last year's report. There is now a well organised team of dedicated volunteers who run the project and which is planning for increased activity in the year ahead.

The local church leaders meet regularly and organise events in the town at both Christmas and Easter. What started as a small charity in preparation for the 2012 Olympics is now well established in the area and looking forward to the year ahead.

# REFRESH Accounts for the year 1-10-2024 to 30-9-2025

Income		Expenditure	
At 1-10-2024			
CAF Bank	37,081.37		
Other accounts	240.73	37,322.10	
<b>CAP</b>		<b>CAP</b>	
Acts 435	2210.00	Churches Together Hardship	100.00
Interest	2.78	Acts 435	2,210.00
CTH	100.00	DBS	32.00
Legacy	20000.00	Parking & fuel	90.77
Coffee morning	10.00	Gifts	10.00
One World Day	10.00	Expenses	73.10
Gift Aid	901.08	BBQ	47.72
Anonymous gift	300.00	Client blessing	1,806.99
<b>From churches</b>		10th Birthday meal	71.55
Dorchester Baptist	600.00	Ben Lucas - Christmas speaker	50.00
Emmanuel	258.50	CAP Debt	7,200.00
Cornerstone	200.00	CAP supporters breakfast	154.00
Radipole & Melcombe Regis	1210.00	HMRC	136.00
Radipole URC	100.00	Mentoring	214.00
Prayerhouse	600.00	Postage	40.76
Portland Parish	600.00	Sara Samuel	657.40
Weymouth Family Church	500.04	Stationery	127.04
St. John's	949.40	CAP Money	17.00
St. Mary's	586.00	Befriender Interviews	16.70
Weymouth Bay Methodists	990.03	Sundries	72.32
Parish of Wyke Regis	150.00		8.00
Lighthouse church	210.00		
From individuals	8494.66		
From Old Lottery Client Benefit	2500.00		13135.35
<b>For 3rd Debt Coach</b>		<b>3rd Debt Coach</b>	
Gifts from individuals	5,000.00	Salary	11587.92
Crowdfunder appeal	10,683.81		
Fairbridge Trust	1,000.00		
Gift Aid	2,056.25		11587.92
<b>Refresh</b>		<b>Refresh</b>	
Emmanuel	100.00	31:8 DBS checking	364.00
Portland Praise	30.00	Bank monthly account fee	60.00
WBC	120.00	Dorset Volunteer Centre	30.00
Radipole URC	100.00	Insurance	644.00
St. Ann's coffee morning	110.00	PRS Music Licence	76.93
St. Andrew's	75.00	Website renewal	259.20
Weymouth Family Church	100.00		
Interest	106.67		
Life Skills refund	160.00		
PayPal	42.15		
One World Day gift	270.00		
Gift	270.00		1434.13
<b>Keep in Touch</b>		<b>Keep in Touch</b>	
Weymouth Town Council	584.00	Fleur Graphics	225.50
		J Dukes	6120.00
		KiT expenses	200.00
		KiT Health Walk refreshments	107.00
	584.00	KiT postage	1083.53
			7736.03
<b>Fresh Start</b>		<b>Fresh Start</b>	
Weymouth Town Council	500.00	Support Group	322.94
Weymouth Baptist Church	500.00	Meals	383.93
Gift	60.00	Workbooks	126.00
	1060.00		832.87
		<b>You Can Cook</b>	
		J Dukes	800.00
			800.00
		<b>Old Lottery Client Benefit</b>	
			2500.00
			2500.00

# REFRESH Accounts for the year 1-10-2024 to 30-9-2025

<b>Lottery Grant</b>			<b>Lottery</b>		
	39558.00		Phone	886.38	
			Travel	391.75	
			Sundry	129.99	
			Evaluation	2138.30	
		39558.00	Salaries	33948.06	37494.48
<b>Family Matters Baby Bank</b>			<b>Family Matters Baby Bank</b>		
Gifts	823.50		Sundry expenses	218.16	
Dorset Council	3750.00		Display board	118.79	
Coffee morning	209.32		Baby milk, nappies, food	187.66	
Save the Children	575.38		Vacuum cleaner & shoe racks	129.97	
			Storage boxes.	98.25	
			To rent	1100.00	
			Keys	60.00	
			Printer	134.97	
			Shelving	199.95	
			Printing	410.40	
			Fleeces	770.10	
		5358.20	Web hosting	126.00	3554.25
<b>Family Matters Adult Clothing</b>			<b>Family Matters Adult Clothing</b>		
Gifts	107.50		Adult Clothing	232.45	
Chickerell Town Cuncil	500.00		Boxes	292.50	
Coffee morning	209.31		Cordless vacuum cleaner	79.00	
Dorset Council	3750.00		Easter cupcakes and sacks	29.00	
			Equipment	386.11	
			To rent	1100.00	
			Marketing, publicity, printing	366.40	
			Underwear	133.65	
		4566.81	Chairs	100.00	2719.11
<b>Family Matters Rent</b>					
Weymouth Vehicle Protection Societ	1310.00				
Dorset Council	2500.00				
Battens	500.00				
Akice Ellen Cooper Dean	6500.00				
Save the Chidren	1687.00				
PayPal	720.00				
From Adult Clothing	1600.00				
From Baby Bank	1100.00				
Nationwide	113.00				
Gift	4000.00	20030.00			
<b>Family Matters Stairgates</b>			<b>Family Matters Stairgates</b>		
Save the Children	119.06			149.95	
Gifts	220.00	339.06			149.95
<b>Rent for Family Matters</b>			<b>Rent for Family Matters</b>		
From DJ Properties	6570.50		To Dorset Council	7607.5	
		6570.50			7607.50
<b>Sundries</b>			<b>Sundries</b>		
Rotary for Christmas meal (2024)	500.00		Christmas meal 2024	500.00	
Rotary for Christmas meal (2025)	750.00	1250.00	CAP Life Skills	40.00	540.00
			<b>At 30-9-2025</b>		
			CAF Bank		88095.31
			Other accounts		158.14
		<b>178345.04</b>			<b>178345.04</b>

Audited and found correct



R S Hawes

20-03-2026

Refresh is administered by the trustees comprising six local church leaders  
N Hardisty - treasurer and trustee on behalf of the trustees

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