

Charities Commission Annual Report 2024

Refresh has continued to have a significant effect in the local community through the churches and social action projects. The longstanding coordinator moved away from the area and so the trustees took on the coordination tasks until a new coordinator is appointed. This did not impair any of the activities which have carried on due to having very competent teams working in all the areas. A new coordinator will hopefully be appointed in 2025.

The Christians Against Poverty (CAP) debt centre team has had another busy year. Twenty people went debt free thanks to the hard work of the 3 debt coaches and a very dedicated team of volunteers from across the town's churches. This year was the 10th birthday of the local centre and there were some great celebrations as well as a cream tea, Easter dinners and a Christmas lunch. Deluxe hampers, donated by local people, were given to 40 clients. The interaction between CAP and many other agencies in the town is definitely bringing a more coordinated approach to people needing help.

Family Matters has grown in its influence in the community. At the moment it concentrates on young children and babies but there are moves afoot to extend the work. There is a very dedicated team of people who have overseen this valuable work in the community and the work has moved into bigger premises to accommodate the growing work.

The Keep in Touch programme has continued to develop and grow over the year with a good range of activities and meeting places. A meal or some sort of refreshments are always provided. Along with this a Life Skills course and a basic cooking course called 'You Can Cook' have been offered during the year and both have also been well received. Warm welcome spaces across the town have continued to operate alongside Keep in Touch.

Fresh Start has run two courses during the year. Each course runs for 10-weeks and is staffed by volunteers for people battling addictions.. They meet weekly for a group session working through the course materials as well as providing 1-2-1 coaching throughout the course and beyond. There is also a weekly drop-in lunch for anyone who has ever been through the course. Fresh Start equips people to handle triggers, better understand their emotions and move forward towards freedom. This has now been running since 2019 and has supported over 30 people.

Church leaders have continued to meet monthly, in person, over breakfast to support each other. There have been quite a few personnel changes during the year and this has resulted in a renewed impetus to work together and share initiatives.

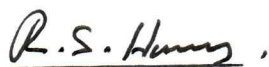
REFRESH Accounts for the year 1-10-2023 to 30-9-2024

Income		Expenditure	
At 1-10-2023			
CAF Bank	34,007.31		
Claire	112.11		
Jan	50.21	34169.63	
CAP		CAP	
Acts435	400.00	CAP Debt	7200.00
Fairbridge Trust	1000.00	CAP Christmas meal	238.62
All Saints Fellowship group	50.00	Easter chicken dinner	234.00
Gift Aid	1265.99	Cream tea expenses	58.60
For Befreinder lunch	30.00	Postage	27.69
From CAP for phone top ups,foodsh	624.72	S Samuel	126.75
From churches		Stationery & Travel	93.06
Dorford	600.00	Training	50.00
Ebenezer now Cornerstone	200.00	Client support	223.06
Radipole & Melcombe Regis	1420.00	Currys	257.50
Weymouth Family Church	500.04	Amazon bedding Acts 245	200.00
Portland Parish	600.00	Ebenezer for heating	300.00
Prayerhouse	600.00	Books, gifts, prizes	93.38
St. John's	150.00	Team meetings	54.07
St. Mary's for CAP	232.00	Fares & fuel	99.77
Radipole URC	325.00	Easter items	98.05
St.Mary's	243.00	Befriender lunch	63.75
Weymouth Bay Methodist	50.00	DBS	13.00
Weymouth Baptist Church	1000.00	School uniforms	260.40
Emmanuel	140.00		
From individuals	3708.00		
Gifts for hampers	155.00		
Gifts for Easter dinners	450.00		
	13743.75		9691.70
Refresh		Refresh	
St. John's	100.00	Bank monthly account fee	60.00
Interest	79.70	CAP Life Skills	480.00
	179.70	Methodist Insurance	644.00
		PRS	73.26
		Web renewal	26.91
		Meal for the Clarkes	70.00
			1354.17
Keep in Touch		Keep in Touch	
Awards 4 All	16364.00	Fleur Graphics	135.00
	16364.00	J Dukes	5895.00
		Expenses	240.00
		Postage	620.79
		Stationery	111.90
		Pottery class room hire	50.00
			7052.69
Family Matters		Family Matters	
Gifts	339.99	Mattresses	174.98
		Stairgates	360.00
		Printing	283.60
		Sundries	38.98
		Stationery	27.98
		Keys	68.00
	339.99		953.54
Fresh Start		Fresh Start	
From CAP	0.00	Expenses	322.61
	0.00	Meals	383.12
			705.73

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CAP Money	0.00		CAP Money		
		0.00	Resources & training	70.00	
			Room hire	40.00	
					110.00
For 3rd Debt Coach			3rd Debt Coach		
	9,100.00		Salaries	7558.20	
		9100.00	Pension	875.16	
			Expenses		8433.36
Life Skills			Life Skills		
Grant from Dorset Council	250.75		J Dukes	1302.00	
		250.75	DBS	18.00	
					1320.00
Previous Lottery Grant			Previous Lottery Grant		
				1875.00	
					1875.00
Lottery Client Benefit			Lottery Client Benefit		
	1875.00		Client support	3058.16	
		1875.00			3058.16
Lottery			Lottery		
	38,043.00		Training costs		
			Travel costs	1004.98	
			Stationery	44.62	
			Laptop	452.95	
			Activity cost	150.00	
			Training costs	104.00	
			Phone costs	734.63	
			Evaluation - David Simmons	2687.89	
		38043.00	Salaries	35565.24	
				245.06	40989.37
Rent for Family Matters			Rent for Family Matters		
From DJ Properties	17138.32		To Dorset Council	17138.32	
		17138.32			17138.32
You Can Cook			You Can Cook		
		0.00	J Dukes	1200.00	
	97034.51				1200.00
			At 30-9-2024		
			CAF Bank	37,081.37	
			CA	131.44	
			GM	109.29	37,322.10
		131204.14			131204.14

Audited and found correct



R S Hawes

31st January 2025

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N Hardisty - for and on behalf of the Trustees.

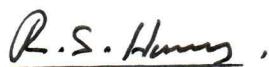
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