

## Charities Commission Annual Report 2022

Refresh activities have had a busy year.

2022 started with the night shelter, Safe Sleep, for the rough sleepers, with guests again staying at a hotel at the far end of Weymouth Bay. Volunteers from a large number of churches cooked and delivered dinner, each church being responsible for one week's meals.

Family Matters had an even busier year having a total of 128 referrals and meeting the needs of at least 93 different families. Clothes, formula, equipment and nappies have been given out and the amount of donations has at times been overwhelming. A couple of new volunteers have joined the team and many of the families will bring back stuff that they no longer need and swap it for the next size or piece of equipment. There has also been an increased need for pieces of furniture, particularly beds. The store has been well used and we are hopeful that we may be able to stay there for a bit longer. We repeated the toy bank at Christmas time which was well received and we were delighted to be able to provide presents to children who might not have had many as the cost of living crisis has begun to stretch families' income even further.

The Keep in Touch programme has developed and grown over the year with a good range of activities and meeting places, providing refreshments, entertainment and company for many who otherwise might spend the whole time alone in their homes.

In the Autumn church leaders and others got together to talk about how they might be able to provide warm welcome spaces over the winter months for those who would not want or be able to have their heating on during the day. The response was overwhelming and there have been spaces every day across the town. The coordinator of Keep in Touch has also taken on the coordination and publicity of Warm Welcome.

The Christians Against Poverty (CAP) debt centre team has also had a busy year, working with their clients to help them and walk alongside them as they collect paperwork to get them onto a debt repayment plan. A good number of clients went debt free last year but there are always new clients coming forward to take their place. There were also a number of social events with speakers and a meal which clients were invited to.

There were two Life Skills courses which were well attended. Life Skills is a short 8-week course where those on it can share ideas covering topics such as cooking and shopping on a budget and money saving tips.

Fresh Start, for those with life limiting low level addictions held two courses last year. They are slightly short of volunteers but manage well with great success.

The church leaders have continued to meet monthly in person over breakfast to support each other and the monthly Refresh Praise on a Sunday evening went up to the end of the year. It was good to be able to hold the Good Friday walk of witness and act of worship in the town centre and it was well attended. Groups of people from across the churches also took part in the South West Awake prayer initiative along the coastal path.

# REFRESH Accounts for the year 1-10-2021 to 30-9-2022

Income		Expenditure	
<b>B/F 1-10-2021</b>			
Refresh Bank	27770.33		
CAP Banks & cash	601.34		
	28371.67		
<b>CAP</b>		<b>CAP</b>	
Dorchester Baptist Church	500.00	Mentoring	25.00
Portland Parish	600.00	CAP Debt	7200.00
Prayerhouse	600.00	CAP t-shirts	79.20
Radipole & Melcombe Regis	1330.00	Easter tracts	9.27
St. Mary's Chickerell	691.00	Tracy expenses	89.59
St. Mary's	172.00	CAP afternoon tea	128.13
Weymouth Baptist Church	1000.00	Team meetings	86.05
Weymouth Family Church	500.04	Christmas costs	195.24
Dorchester Poverty Action	100.00	Client blessings	681.85
Preston Village Market	84.00	Client food shop	1257.18
Gift from Weyfinders WBC	25.00	Client meetings	258.09
Westham Support Fund	196.00	Dental for client	91.80
Gifts from individuals	3940.00	Easter items	72.70
From CAP for client help	661.78	Fish, Chips n magic event	424.19
From CAP for food	615.05	Christmas Hampers	1047.29
From CAP Mustard Seed Fund	300.00	Lateral Flow Tests	65.98
Gifts for Christmas hampers	1245.69	Lent resources	24.00
Gifts for Easter eggs	74.74	McAfee virus protection	49.99
Gifts for Fish & Chip & Magic event	207.50	Phone costs	132.97
Harvest gift	65.00	Postage	48.92
To CAP prayer meeting at The Nest	25.00	School uniform	195.49
	12932.80	Stationery	36.66
		To Fresh Start	535.52
		Sundry costs	57.35
			12792.46
<b>Refresh</b>		<b>Refresh</b>	
Gifts	1099.00	Bank monthly account fees	90.00
Ebenezer	100.00	Insurance	644.00
Preston & Sutton Poyntz PCC	200.00	Performing Rights Society	196.67
St. Francis	60.00	Website for 3 years	207.85
St. John's	250.00	Life Skills subscription	600.00
Weymouth Family Church	550.00		
Weymouth Baptist Church	100.00		
SumUp	19.83		
Interest	12.22		
	2391.05		1738.52
<b>Keep in Touch</b>		<b>Keep in Touch</b>	
	0.00	Salaries	7583.33
		KIT Room hire	576.00
		Postage	68.40
		Activity programmes	168.32
		Insurance	65.54
	0.00	Sundry expenses	33.37
			8494.96
<b>Family Matters</b>		<b>Family Matters</b>	
Gifts	107.00	Equipment	519.00
	107.00	Posters	25.00
			544.00
<b>Fresh Start</b>		<b>Fresh Start</b>	
From CAP	535.52	Subscriptions	120.00
		Room Hire	200.00
	535.52	Cards, certificates, booklets	265.80
			585.80
<b>CAP Money</b>		<b>CAP Money</b>	
	0.00	Resources & training	64.00
			64.00
<b>Methodist Grant</b>		<b>Methodist Grant</b>	
	5,500.00	Salaries	9507.51
		Pension	570.45
	5500.00	Expenses	131.58
			10209.54

# REFRESH Accounts for the year 1-10-2021 to 30-9-2022

## Life Skills

Grant from Dorset Council	3500.00	
		3500.00

## Lottery

56554.50	
	56554.50

## Eweleaze

Personal gifts	95.00	
Ewenited - P Broatch	512.77	
Pembroke Asset Management	100.00	
St. Ann's & St. Aldhelms	298.00	
Rotary for clothing	720.00	
Eweleaze for Food	386.00	2111.77

## Gifts to Sally

120.00

112124.31

## Life Skills

St. Mary's for room rental	680.00	
Stationery	81.59	
Parking & transport	105.50	
Food	192.91	
Jackie Dukes	2190.00	3250.00

## Lottery

Training costs	108.53	
Travel costs	43.20	
Rail fares York	462.59	
Laptop	143.98	
Phone costs	350.48	
Evaluation - David Simmons	1225.00	
Salaries	48496.84	50830.62

## Eweleaze

Clothing	720.00	
Camping equipment etc.	668.94	
Homestart for Ewelwaze	136.00	
Food	386.00	
		1910.94

## Gifts to Sally

120.00 120.00


At 30-9-2022

CAF Bank	21,243.03	
Other funds	340.44	21,583.47

112124.31

Audited and found correct.

R S Hawes



18th January 2023

Refresh is administered by the Trustees comprising 6 local church leaders.

N Hardisty - for and on behalf of the Trustees.