

REFRESH WEYMOUTH AND PORTLAND

England & Wales · Charity number 1158394

Details

Other names REFRESH

Status Registered

Legal form CIO

Registered 2014-08-29

Register [View on the Charity Commission register](#)

Contact

Address 274 Dorchester Road
Weymouth
DT3 5AR

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Email neilhardisty@hotmail.com

Website www.refreshme.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE PUBLIC BENEFIT AND IN ACCORDANCE WITH CHRISTIAN PRINCIPLES, IN WEYMOUTH AND PORTLAND AND IN SUCH OTHER PARTS OF THE UNITED KINGDOM AND THE WORLD AS THE CHARITY TRUSTEES MAY FROM TIME TO TIME THINK FIT:- 4.1.THE RELIEF OF THOSE IN NEED BY REASON OF FINANCIAL HARDSHIP OR OTHER SOCIAL AND/OR ECONOMIC DISADVANTAGE; AND 4.2.THE ADVANCEMENT OF THE CHRISTIAN FAITH.

Activities: The charity oversees the cooperative work of the churches of Weymouth and Portland. This includes managing the local CAP debt centre, CAP job club, various public activities in the area, a mission to primary schools and a bible week.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Prevention Or Relief Of Poverty, Religious Activities, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Dorset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£138,323	£87,392	-	-
2024-09-30	£97,035	£93,882	-	-
2023-09-30	£82,240	£69,654	-	-
2022-09-30	£83,217	£90,005	-	-
2021-09-30	£84,704	£92,166	-	-

Trustees

Name	Role	Appointed
David John Farmer		2016-10-01
Dr Neil Hardisty		2024-02-14
Michael Richardson		2024-12-01
PAUL WHITE		2014-10-01
Rev Ann Patricia Douglas		2022-11-01
Shirley Marilyn Evans-Jones		2016-10-01

REFRESH WEYMOUTH AND PORTLAND

England & Wales - Charity number 1158394

Accounts

Charities Commission Refresh Annual Report 2024-5

Refresh continues to have a significant effect within the local community of Weymouth & Portland and is greatly valued for all that it does. Having not had a dedicated coordinator for the past two years, during which time the trustees managed to ensure that all the work carried on normally, it has been good that a new coordinator has been appointed and we can see already that the charity as a whole has gained new impetus.

The year has seen plenty of activity within the four main projects which run under the Refresh banner, namely, Christians Against Poverty, Keep in Touch, Fresh Start and Family Matters.

The CAP team has had a very successful year with 25 clients being declared debt free. The three debt coaches have had full diaries and there are clients queuing up to get help when there is a space in the diary. There have been lots of activities to help support the clients particularly providing well stocked hampers at Christmas and, at Easter, a chicken, together with all the vegetables needed for an Easter dinner. The work of CAP is now an integral part of the community with many other agencies recommending CAP to clients in debt and working with CAP to provide help and advice.

Keep in Touch has continued the work started during COVID in collecting and disseminating all the information about warm spaces, opportunities for meals and meeting places to help people find convenient places to make new friends or share time with existing friends. The KiT coordinator retired during the year but it is good to know that this work will continue within Refresh and is being part funded by the local town council.

Fresh Start has held 3 courses during the year to help people with any kind of addiction. Each course lasts for ten weeks and involves group and individual sessions. The team members delivering the course are very experienced and a support group meets weekly for those who have been through the course and want to keep in contact.

Family Matters has had a very busy year. The work is split into two sections, Baby Bank and Adult Clothing. The work expanded quickly during the year resulting in the need for even larger premises than those referred to in last year's report. There is now a well organised team of dedicated volunteers who run the project and which is planning for increased activity in the year ahead.

The local church leaders meet regularly and organise events in the town at both Christmas and Easter. What started as a small charity in preparation for the 2012 Olympics is now well established in the area and looking forward to the year ahead.

REFRESH Accounts for the year 1-10-2024 to 30-9-2025

Income				Expenditure	
At 1-10-2024					
CAF Bank	37,081.37				
Other accounts	240.73	37,322.10			
CAP				CAP	
Acts 435	2210.00			Churches Together Hardship	100.00
Interest	2.78			Acts 435	2,210.00
CTH	100.00			DBS	32.00
Legacy	20000.00			Parking & fuel	90.77
Coffee morning	10.00			Gifts	10.00
One World Day	10.00			Expenses	73.10
Gift Aid	901.08			BBQ	47.72
Anonymous gift	300.00			Client blessing	1,806.99
From churches				10th Birthday meal	71.55
Dorchester Baptist	600.00			Ben Lucas - Christmas speaker	50.00
Emmanuel	258.50			CAP Debt	7,200.00
Cornerstone	200.00			CAP supporters breakfast	154.00
Radipole & Melcombe Regis	1210.00			HMRC	136.00
Radipole URC	100.00			Mentoring	214.00
Prayerhouse	600.00			Postage	40.76
Portland Parish	600.00			Sara Samuel	657.40
Weymouth Family Church	500.04			Stationery	127.04
St. John's	949.40			CAP Money	17.00
St. Mary's	586.00			Befriender Interviews	16.70
Weymouth Bay Methodists	990.03			Sundries	72.32
Parish of Wyke Regis	150.00				8.00
Lighthouse church	210.00				
From individuals	8494.66				
From Old Lottery Client Benefit	2500.00	41482.49			13135.35
For 3rd Debt Coach				3rd Debt Coach	
Gifts from individuals	5,000.00			Salary	11587.92
Crowdfunder appeal	10,683.81				
Fairbridge Trust	1,000.00				
Gift Aid	2,056.25	18740.06			11587.92
Refresh				Refresh	
Emmanuel	100.00			31:8 DBS checking	364.00
Portland Praise	30.00			Bank monthly account fee	60.00
WBC	120.00			Dorset Volunteer Centre	30.00
Radipole URC	100.00			Insurance	644.00
St. Ann's coffee morning	110.00			PRS Music Licence	76.93
St. Andrew's	75.00			Website renewal	259.20
Weymouth Family Church	100.00				
Interest	106.67				
Life Skills refund	160.00				
PayPal	42.15				
One World Day gift	270.00				
Gift	270.00	1483.82			1434.13
Keep in Touch				Keep in Touch	
Weymouth Town Council	584.00			Fleur Graphics	225.50
				J Dukes	6120.00
				KiT expenses	200.00
		584.00		KiT Health Walk refreshments	107.00
				KiT postage	1083.53
					7736.03
Fresh Start				Fresh Start	
Weymouth Town Council	500.00			Support Group	322.94
Weymouth Baptist Church	500.00			Meals	383.93
Gift	60.00	1060.00		Workbooks	126.00
					832.87
				You Can Cook	
				J Dukes	800.00
					800.00
				Old Lottery Client Benefit	2500.00
					2500.00

REFRESH Accounts for the year 1-10-2024 to 30-9-2025

<p>Lottery Grant</p> <p style="text-align: right;">39558.00</p> <p style="text-align: right;">39558.00</p> <p>Family Matters Baby Bank</p> <p>Gifts 823.50</p> <p>Dorset Council 3750.00</p> <p>Coffee morning 209.32</p> <p>Save the Children 575.38</p> <p style="text-align: right;">5358.20</p> <p>Family Matters Adult Clothing</p> <p>Gifts 107.50</p> <p>Chickerell Town Cuncil 500.00</p> <p>Coffee morning 209.31</p> <p>Dorset Council 3750.00</p> <p style="text-align: right;">4566.81</p> <p>Family Matters Rent</p> <p>Weymouth Vehicle Protection Societ 1310.00</p> <p>Dorset Council 2500.00</p> <p>Battens 500.00</p> <p>Akice Ellen Cooper Dean 6500.00</p> <p>Save the Chidren 1687.00</p> <p>PayPal 720.00</p> <p>From Adult Clothing 1600.00</p> <p>From Baby Bank 1100.00</p> <p>Nationwide 113.00</p> <p>Gift 4000.00 20030.00</p> <p>Family Matters Stairgates</p> <p>Save the Children 119.06</p> <p>Gifts 220.00 339.06</p> <p>Rent for Family Matters</p> <p>From DJ Properties 6570.50</p> <p style="text-align: right;">6570.50</p> <p>Sundries</p> <p>Rotary for Christmas meal (2024) 500.00</p> <p>Rotary for Christmas meal (2025) 750.00 1250.00</p> <p style="text-align: right;">178345.04</p>	<p>Lottery</p> <p>Phone 886.38</p> <p>Travel 391.75</p> <p>Sundry 129.99</p> <p>Evaluation 2138.30</p> <p>Salaries 33948.06 37494.48</p> <p>Family Matters Baby Bank</p> <p>Sundry expenses 218.16</p> <p>Display board 118.79</p> <p>Baby milk, nappies, food 187.66</p> <p>Vacuum cleaner & shoe racks 129.97</p> <p>Storage boxes. 98.25</p> <p>To rent 1100.00</p> <p>Keys 60.00</p> <p>Printer 134.97</p> <p>Shelving 199.95</p> <p>Printing 410.40</p> <p>Fleeces 770.10</p> <p>Web hosting 126.00 3554.25</p> <p>Family Matters Adult Clothing</p> <p>Adult Clothing 232.45</p> <p>Boxes 292.50</p> <p>Cordless vacuum cleaner 79.00</p> <p>Easter cupcakes and sacks 29.00</p> <p>Equipment 386.11</p> <p>To rent 1100.00</p> <p>Marketing, publicity, printing 366.40</p> <p>Underwear 133.65</p> <p>Chairs 100.00 2719.11</p> <p>Family Matters Stairgates</p> <p style="text-align: right;">149.95</p> <p style="text-align: right;">149.95</p> <p>Rent for Family Matters</p> <p>To Dorset Council 7607.5</p> <p style="text-align: right;">7607.50</p> <p>Sundries</p> <p>Christmas meal 2024 500.00</p> <p>CAP Life Skills 40.00 540.00</p> <p>At 30-9-2025</p> <p>CAF Bank 88095.31</p> <p>Other accounts 158.14</p> <p style="text-align: right;">178345.04</p>
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Audited and found correct



R S Hawes 20-03-2026

Refresh is administered by the trustees comprising six local church leaders
N Hardisty - treasurer and trustee on behalf of the trustees

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One World Day	10.00			Expenses	73.10	
Gift Aid	901.08			BBQ	47.72	
Anonymous gift	300.00			Client blessing	1,806.99	
From churches				10th Birthday meal	71.55	
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Audited and found correct



R S Hawes 20-03-2026

Refresh is administered by the trustees comprising six local church leaders
N Hardisty - treasurer and trustee on behalf of the trustees

REFRESH WEYMOUTH AND PORTLAND

England & Wales - Charity number 1158394

Accounts

Charities Commission Annual Report 2024

Refresh has continued to have a significant effect in the local community through the churches and social action projects. The longstanding coordinator moved away from the area and so the trustees took on the coordination tasks until a new coordinator is appointed. This did not impair any of the activities which have carried on due to having very competent teams working in all the areas. A new coordinator will hopefully be appointed in 2025.

The Christians Against Poverty (CAP) debt centre team has had another busy year. Twenty people went debt free thanks to the hard work of the 3 debt coaches and a very dedicated team of volunteers from across the town's churches. This year was the 10th birthday of the local centre and there were some great celebrations as well as a cream tea, Easter dinners and a Christmas lunch. Deluxe hampers, donated by local people, were given to 40 clients. The interaction between CAP and many other agencies in the town is definitely bringing a more coordinated approach to people needing help.

Family Matters has grown in its influence in the community. At the moment it concentrates on young children and babies but there are moves afoot to extend the work. There is a very dedicated team of people who have overseen this valuable work in the community and the work has moved into bigger premises to accommodate the growing work.

The Keep in Touch programme has continued to develop and grow over the year with a good range of activities and meeting places. A meal or some sort of refreshments are always provided. Along with this a Life Skills course and a basic cooking course called 'You Can Cook' have been offered during the year and both have also been well received. Warm welcome spaces across the town have continued to operate alongside Keep in Touch.

Fresh Start has run two courses during the year. Each course runs for 10-weeks and is staffed by volunteers for people battling addictions.. They meet weekly for a group session working through the course materials as well as providing 1-2-1 coaching throughout the course and beyond. There is also a weekly drop-in lunch for anyone who has ever been through the course. Fresh Start equips people to handle triggers, better understand their emotions and move forward towards freedom. This has now been running since 2019 and has supported over 30 people.

Church leaders have continued to meet monthly, in person, over breakfast to support each other. There have been quite a few personnel changes during the year and this has resulted in a renewed impetus to work together and share initiatives.

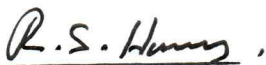
REFRESH Accounts for the year 1-10-2023 to 30-9-2024

Income			Expenditure	
At 1-10-2023				
CAF Bank	34,007.31			
Claire	112.11			
Jan	50.21	34169.63		
CAP			CAP	
Acts435	400.00		CAP Debt	7200.00
Fairbridge Trust	1000.00		CAP Christmas meal	238.62
All Saints Fellowsip group	50.00		Easter chicken dinner	234.00
Gift Aid	1265.99		Cream tea expenses	58.60
For Befreinder lunch	30.00		Postage	27.69
From CAP for phone top ups,foodsh	624.72		S Samuel	126.75
From churches			Stationery & Travel	93.06
Dorford	600.00		Training	50.00
Ebenezer now Cornerstone	200.00		Client support	223.06
Radipole & Melcombe Regis	1420.00		Currys	257.50
Weymouth Family Church	500.04		Amazon bedding Acts 245	200.00
Portland Parish	600.00		Ebenezer for heating	300.00
Prayerhouse	600.00		Books, gifts, prizes	93.38
St. John's	150.00		Team meetings	54.07
St. Mary's for CAP	232.00		Fares & fuel	99.77
Radipole URC	325.00		Easter items	98.05
St.Mary's	243.00		Befriender lunch	63.75
Weymouth Bay Methodist	50.00		DBS	13.00
Weymouth Baptist Church	1000.00		School uniforms	260.40
Emmanuel	140.00			
From individuals	3708.00			
Gifts for hampers	155.00			
Gifts for Easter dinners	450.00			
		13743.75		9691.70
Refresh			Refresh	
St. John's	100.00		Bank monthly account fee	60.00
Interest	79.70		CAP Life Skills	480.00
		179.70	Methodist Insurance	644.00
			PRS	73.26
			Web renewal	26.91
			Meal for the Clarkes	70.00
				1354.17
Keep in Touch			Keep in Touch	
Awards 4 All	16364.00		Fleur Graphics	135.00
		16364.00	J Dukes	5895.00
			Expenses	240.00
			Postage	620.79
			Stationery	111.90
			Pottery class room hire	50.00
				7052.69
Family Matters			Family Matters	
Gifts	339.99		Mattresses	174.98
			Stairgates	360.00
			Printing	283.60
			Sundries	38.98
			Stationery	27.98
			Keys	68.00
		339.99		953.54
Fresh Start			Fresh Start	
From CAP	0.00		Expenses	322.61
			Meals	383.12
		0.00		705.73

REFRESH Accounts for the year 1-10-2023 to 30-9-2024

CAP Money	0.00		CAP Money		
		0.00	Resources & training	70.00	
			Room hire	40.00	
					110.00
For 3rd Debt Coach			3rd Debt Coach		
	9,100.00		Salaries	7558.20	
		9100.00	Pension	875.16	
			Expenses		8433.36
Life Skills			Life Skills		
Grant from Dorset Council	250.75		J Dukes	1302.00	
		250.75	DBS	18.00	
					1320.00
Previous Lottery Grant			Previous Lottery Grant		
				1875.00	
					1875.00
Lottery Client Benefit			Lottery Client Benefit		
	1875.00		Client support	3058.16	
		1875.00			3058.16
Lottery			Lottery		
	38,043.00		Training costs		
			Travel costs	1004.98	
			Stationery	44.62	
			Laptop	452.95	
			Activity cost	150.00	
			Training costs	104.00	
			Phone costs	734.63	
			Evaluation - David Simmons	2687.89	
		38043.00	Salaries	35565.24	
				245.06	40989.37
Rent for Family Matters			Rent for Family Matters		
From DJ Properties	17138.32		To Dorset Council	17138.32	
		17138.32			17138.32
You Can Cook			You Can Cook		
		0.00	J Dukes	1200.00	
					1200.00
	97034.51				
			At 30-9-2024		
			CAF Bank	37,081.37	
			CA	131.44	
			GM	109.29	37,322.10
		131204.14			131204.14

Audited and found correct



R S Hawes

31st January 2025

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N Hardisty - for and on behalf of the Trustees.

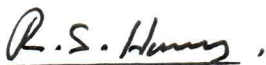
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Gifts for hampers	155.00			
Gifts for Easter dinners	450.00			
		13743.75		9691.70
Refresh			Refresh	
St. John's	100.00		Bank monthly account fee	60.00
Interest	79.70		CAP Life Skills	480.00
		179.70	Methodist Insurance	644.00
			PRS	73.26
			Web renewal	26.91
			Meal for the Clarkes	70.00
				1354.17
Keep in Touch			Keep in Touch	
Awards 4 All	16364.00		Fleur Graphics	135.00
		16364.00	J Dukes	5895.00
			Expenses	240.00
			Postage	620.79
			Stationery	111.90
			Pottery class room hire	50.00
				7052.69
Family Matters			Family Matters	
Gifts	339.99		Mattresses	174.98
			Stairgates	360.00
			Printing	283.60
			Sundries	38.98
			Stationery	27.98
			Keys	68.00
		339.99		953.54
Fresh Start			Fresh Start	
From CAP	0.00		Expenses	322.61
			Meals	383.12
		0.00		705.73

REFRESH Accounts for the year 1-10-2023 to 30-9-2024

CAP Money	0.00		CAP Money		
		0.00	Resources & training	70.00	
			Room hire	40.00	
					110.00
For 3rd Debt Coach			3rd Debt Coach		
	9,100.00		Salaries	7558.20	
		9100.00	Pension	875.16	
			Expenses		8433.36
Life Skills			Life Skills		
Grant from Dorset Council	250.75		J Dukes	1302.00	
		250.75	DBS	18.00	
					1320.00
Previous Lottery Grant			Previous Lottery Grant		
				1875.00	
					1875.00
Lottery Client Benefit			Lottery Client Benefit		
	1875.00		Client support	3058.16	
		1875.00			3058.16
Lottery			Lottery		
	38,043.00		Training costs		
			Travel costs	1004.98	
			Stationery	44.62	
			Laptop	452.95	
			Activity cost	150.00	
			Training costs	104.00	
			Phone costs	734.63	
			Evaluation - David Simmons	2687.89	
		38043.00	Salaries	35565.24	
				245.06	40989.37
Rent for Family Matters			Rent for Family Matters		
From DJ Properties	17138.32		To Dorset Council	17138.32	
		17138.32			17138.32
You Can Cook			You Can Cook		
		0.00	J Dukes	1200.00	
					1200.00
	97034.51				
			At 30-9-2024		
			CAF Bank	37,081.37	
			CA	131.44	
			GM	109.29	37,322.10
		131204.14			131204.14

Audited and found correct



R S Hawes

31st January 2025

Refresh is administered by the Trustees comprising 6 local church leaders.

N Hardisty - for and on behalf of the Trustees.

REFRESH WEYMOUTH AND PORTLAND

England & Wales - Charity number 1158394

Accounts

Charities Commission Annual Report 2023

Refresh was as active as ever in 2023 and the social action projects that Refresh runs have been busy and much needed.

Family Matters has been supporting not only families in the local area but refugee families who have come from Syria, Afghanistan and the Ukraine. The number of families that were helped in 2023 went up by 252% from 128 to 323. The team has also grown and at the end of the year as well as doing the Christmas toy bank again we were busy boxing everything up for a move from the premises we were using to a much larger store. A feather banner and more publicity are now needed so that the families and agencies know where to come.

The Keep in Touch programme has continued to develop and grow over the year with a good range of activities and meeting places. A meal or some sort of refreshments are always provided. Along with this a Life Skills course and a basic cooking course called 'You Can Cook' have been offered during the year and both have also been well received. Warm welcome spaces across the town have continued to operate alongside Keep in Touch.

Fresh Start has also taken place and new members join the team as well.

The Christians Against Poverty (CAP) debt centre team has also had a busy year. There was a change in the members of the team and now they are a full team who are working with clients across all the communities in Weymouth and Portland to help them work their way out of debt and manage their money. A large number of clients went debt free last year. Clients were also invited to come together for social events with speakers and a meal which were well received and attended.

In June the Archbishop of Canterbury came to Weymouth and Portland for the weekend and as part of the schedule Refresh arranged a display of all the social action groups that Refresh is responsible for and many that are 'friends of Refresh'. Many people visited it and the Archbishop took some time to talk with those who work for the different projects.

The church leaders have continued to meet monthly in person over breakfast to support each other and a full morning of discussion took place in the autumn. There have also been opportunities for children's and youth workers in the town to come together over breakfast to share their experiences and challenges and support each other. A large crowd from across the churches came together for the Good Friday walk of witness and act of worship in the town centre. Groups of people from across the churches also took part in the South West Awake prayer initiative along the coastal path in May.

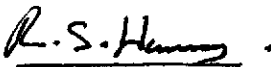
Refresh accounts 1-10-22 to 30-9-23

Income			Expenditure	
B/F 1-10-2022				
Refresh Bank	21,243.03			
CAP Banks & cash	340.44	21583.47		
CAP			CAP	
Gifts for Christmas	115.00		CAP Debt	7200.00
Christmas gift from Foodbank	500.00		Food shops	1283.45
CAP HQ	1253.86		School uniform	62.00
CAP Mustard Seed Fund	300.00		Client fuel	120.00
Gifts for DROs	270.00		McAfee security	79.99
Gifts for fuel	165.00		To new phone	30.71
From home made cards	148.00		Travel costs	35.00
From Wellspring	42.00		Mentoring	200.00
From Preston Village Market	60.00		Fish n Chips for Magic event	333.55
From Dorset Café	25.00		Rod Williams Magic event	250.00
Interest	68.48		St Francis Egg Hunt	300.00
Gifts from Individuals	3430.00		To Methodist Grant	7413.10
From Eweleaze account	200.83		Cream Tea event	167.60
Gift for uniform	62.17		Christmas event items	227.88
<u>Church giving</u>			Stationery & cards	246.04
St. Ann's & St. Aldhelms	200.00		DBS	99.21
St. Mary's	405.00		Literature	153.20
Weymouth Baptist	1000.00		Client meetings	228.57
Dorchester Baptist	550.00		Befriender & staff meetings	60.35
Emmanuel	402.88		Hamper food	212.01
Radipole & Melcombe Regis	1400.00		Postage	26.22
Prayerhouse	600.00		Sundry costs	91.02
Weymouth Family Church	500.04			
Portland Parish	600.00			
Radipole URC	120.00	12418.26		18819.90
Refresh			Refresh	
Gifts	600.00		Bank monthly account fees	60.00
Ebenezer	100.00		Insurance	644.00
Weymouth Baptist Church	100.00		Life Skills subscription	480.00
St Ann's & St. Aldhelm's	250.00	1050.00		1184.00
Keep in Touch			Keep in Touch	
Sponsored walk	520.00		Salaries	5478.98
			Postage	390.39
			Activity programmes	149.50
		520.00	Stationery	53.29
			Sundry expenses	140.00
				6212.16
Family Matters			Family Matters	
Gift	15.00		Equipment	316.57
Weymouth Inner Wheel	500.00			
SparFest	400.00	915.00		316.57
Fresh Start			Fresh Start	
Cherries Community Fund	1000.00		Room Hire	200.00
			Printing	312.20
			Client bus fare	28.00
		1000.00	Cards, certificates, booklets	476.23
				1016.43
CAP Money			CAP Money	
		0.00	Course expenses	30.95
				30.95
Life Skills			Life Skills	
Grant from Dorset Council	2800.00		Room hire - St. Mary's	320.00
			Salary	2914.75
		2800.00		3234.75

REFRESH Accounts for the year 1-10-2022 to 30-9-2023

Methodist Grant			Methodist Grant		
Grant	5,650.00		Salaries	6372.50	
From CAP account	7,413.10		Pension	382.35	
		13063.10	Phone charges	90.67	6845.52
New Lottery			New Lottery		
Grant	40,085.00		Training costs	20414.41	
		40085.00	Travel costs	203.44	
			Laptops	1021.90	
			Phone costs	349.87	
			Evaluation - David Simmons	1568.09	23557.71
Life Skills			Life Skills		
Grant from Dorset Council	2800.00		Room hire - St. Mary's	320.00	
		2800.00	Salary	2914.75	3234.75
Old Lottery	14781.50		Old Lottery		
			Salaries	12142.48	
			Travel costs	58.79	
			To new phone	294.29	
			Sundry costs		
			Travel costs		
			Phone costs	54.48	
		14781.50	Evaluation	910.00	
			Client Benefit Fund	2351.00	15811.04
Eweleaze			Eweleaze		
		0.00	To CAP	200.83	200.83
Food Project			Food Project		
	3000.00		Jackie Dukes	1000.00	
		3000.00			1000.00
Client Benefit Fund			Client Benefit Fund		
From old lottery	2351.00		Appliances for clients	572.84	
			DROs	215.00	
		2351.00	Removals	220.00	
			Client support	160.00	1167.84
Gifts to Sally			Gifts to Sally		
		20.00			20.00
			At 30-9-2023		
			CAF Bank	34,007.31	
			Other funds	162.32	
					34,169.63
		113587.33			113587.33

Audited and found correct

R S Hawes  25th January 2024

Refresh is administered by the Trustees comprising 6 local church leaders.

N Hardisty - for and on behalf of the Trustees.

REFRESH WEYMOUTH AND PORTLAND

England & Wales - Charity number 1158394

Accounts

Charities Commission Annual Report 2022

Refresh activities have had a busy year.

2022 started with the night shelter, Safe Sleep, for the rough sleepers, with guests again staying at a hotel at the far end of Weymouth Bay. Volunteers from a large number of churches cooked and delivered dinner, each church being responsible for one week's meals.

Family Matters had an even busier year having a total of 128 referrals and meeting the needs of at least 93 different families. Clothes, formula, equipment and nappies have been given out and the amount of donations has at times been overwhelming. A couple of new volunteers have joined the team and many of the families will bring back stuff that they no longer need and swap it for the next size or piece of equipment. There has also been an increased need for pieces of furniture, particularly beds. The store has been well used and we are hopeful that we may be able to stay there for a bit longer. We repeated the toy bank at Christmas time which was well received and we were delighted to be able to provide presents to children who might not have had many as the cost of living crisis has begun to stretch families' income even further.

The Keep in Touch programme has developed and grown over the year with a good range of activities and meeting places, providing refreshments, entertainment and company for many who otherwise might spend the whole time alone in their homes.

In the Autumn church leaders and others got together to talk about how they might be able to provide warm welcome spaces over the winter months for those who would not want or be able to have their heating on during the day. The response was overwhelming and there have been spaces every day across the town. The coordinator of Keep in Touch has also taken on the coordination and publicity of Warm Welcome.

The Christians Against Poverty (CAP) debt centre team has also had a busy year, working with their clients to help them and walk alongside them as they collect paperwork to get them onto a debt repayment plan. A good number of clients went debt free last year but there are always new clients coming forward to take their place. There were also a number of social events with speakers and a meal which clients were invited to.

There were two Life Skills courses which were well attended. Life Skills is a short 8-week course where those on it can share ideas covering topics such as cooking and shopping on a budget and money saving tips.

Fresh Start, for those with life limiting low level addictions held two courses last year. They are slightly short of volunteers but manage well with great success.

The church leaders have continued to meet monthly in person over breakfast to support each other and the monthly Refresh Praise on a Sunday evening went up to the end of the year. It was good to be able to hold the Good Friday walk of witness and act of worship in the town centre and it was well attended. Groups of people from across the churches also took part in the South West Awake prayer initiative along the coastal path.

REFRESH Accounts for the year 1-10-2021 to 30-9-2022

Life Skills			Life Skills		
Grant from Dorset Council	3500.00		St. Mary's for room rental	680.00	
			Stationery	81.59	
			Parking & transport	105.50	
			Food	192.91	
		3500.00	Jackie Dukes	2190.00	3250.00
Lottery	56554.50		Lottery		
			Training costs	108.53	
			Travel costs	43.20	
			Rail fares York	462.59	
			Laptop	143.98	
			Phone costs	350.48	
			Evaluation - David Simmons	1225.00	
		56554.50	Salaries	48496.84	50830.62
Eweleaze			Eweleaze		
Personal gifts	95.00		Clothing	720.00	
Ewenited - P Broatch	512.77		Camping equipment etc.	668.94	
Pembroke Asset Management	100.00		Homestart for Ewelwaze	136.00	
St. Ann's & St. Aldhelms	298.00		Food	386.00	
Rotary for clothing	720.00				
Eweleaze for Food	386.00	2111.77			1910.94
Gifts to Sally			Gifts to Sally		
		120.00		120.00	120.00
			At 30-9-2022		
			CAF Bank	21,243.03	
			Other funds	340.44	21,583.47
		112124.31			112124.31

Audited and found correct.

R S Hawes



18th January 2023

Refresh is administered by the Trustees comprising 6 local church leaders.

N Hardisty - for and on behalf of the Trustees.

REFRESH WEYMOUTH AND PORTLAND

England & Wales - Charity number 1158394

Accounts

Charities Commission Annual Report 2021

At the beginning of this year the country was back in Lockdown. However, the work of Refresh carried on.

Safe Sleep was able to operate albeit in a very different way. The guests were given bed and breakfast at a hotel at the far end of Weymouth Bay. For the first week volunteers turned up to help on the breakfast shift but it soon became apparent that there were too many people so this stopped. Dinner was cooked and delivered by volunteers from churches across the town, each church being responsible for one week.

Family Matters has continued to receive and give out baby clothes, equipment and toys to families who need them. To date there have been over 80 referrals. As well as the garage at the Lantern, Family Matters now has a larger storage space on an industrial estate where health professionals and families can drive to and drop in. This Christmas there is going to be a toy bank to provide extra presents for their children. People can come and have a cup of tea and choose toys to take away.

The two Keep in Touch projects, Chat2gether and Pen2paper continued as well. Groups of people had a weekly chat over the phone and others received letters from a volunteer and some chose to reply. In July these projects came to a natural end as people began to go out and meet with each other. Keep in touch now has a variety of in person activities including bingo, walks, crafts and stretch-along.

The new Christians Against Poverty (CAP) debt centre team has worked tirelessly all the way through lockdown. They have welcomed new clients, collected the required information and stayed in regular contact with clients over the phone. In person meetings have now mostly resumed although some still prefer to connect on the phone. Fresh Start continued to meet on zoom and in September, following their training at the beginning of the year, the first Life Skills course started with a small group and they have loved being together to share ideas and learn new things. The money course has also met online.

The church leaders' monthly meeting and Refresh Praise continued online until July. Both then resumed in person, meeting outside if possible but ever mindful of government guidelines and people's safety. Again, the Good Friday walks of witness and town centre act of worship had to be cancelled.

but there was an increase in the number of conversations, emails, communications and planning meetings.

REFRESH Accounts for the year 1-10-2020 to 30-9-2021

Income		Expenditure		
B/F 1-10-2020				
Refresh Bank	35597.15			
CAP Banks & cash	235.66			
			35832.81	
CAP		CAP		
From CAP for food	1744.22	CAP Debt	7100.00	
From Foodbank for hampers	500.00	From CAP to Methodist Grant	2340.62	
Gift for CAP hampers Orendorf	480.00	Phone for client	115.00	
Gift for CAP hampers Wey Fam Ch	200.00	Client shop	34.66	
Gift from for washing machine	52.00	Van Hire for moving	160.90	
Gift for CAP	300.00	CAP Afternoon Tea	120.33	
Gifts from individuals	2325.00	Advent calendars	100.25	
Transfer from extra lottery	158.57	ASDA school uniform	340.70	
Gift Aid	757.49	Client blessings	419.04	
Giving from churches	5543.79	Client food shop	1458.40	
		Coffee with client	85.50	
		DBS for Tracy	48.40	
		Fuel & parking	30.00	
		Hampers	893.14	
		Hot chocolate post	26.88	
		Invitations & cards	20.00	
		Items for event	12.10	
		Microwave for client	39.99	
		Misc	4.50	
		Pizzas for Magic event	105.76	
		Postage	170.68	
		Refreshments	12.65	
		Stationery	51.48	
		Team coffee	29.85	
		Thank you gift	16.00	
		Washing machine for client	219.00	
		Expenses SS	200.00	
	12061.07			14155.83
		Covid CAP Grant		
		Salaries	2744.80	
		Pension	164.69	
		Expenses	577.26	
				3486.75
Refresh		Refresh		
Preston & Sutton Poyntz PCC	200.00	Bank monthly account fees	87.00	
Gift	90.00	Insurance	644.00	
From WBC	150.00			731.00
	440.00			
Spring Into Life		Spring Into Life		
Emmanuel Church	387.00			0.00
	387.00			
Keep in Touch		Keep in Touch		
Grants	17358.91	Postage	12.82	
		Babl	72.00	
		Salary - R Osborne	7296.66	
	17358.91			7381.48
Family Matters		Family Matters		
		Vaiious toys and equipment		3970.11
Fresh Start		Fresh Start		
		Subscription	819.72	
				819.72
CAP Money		CAP Money		
	0.00	Resources	5.20	5.20
Methodist Grant		Methodist Grant		
From CAP local	2,340.62	Salaries	10425.00	
		Pension	625.50	
		Expenses	110.84	
	2340.62			11161.34

REFRESH Accounts for the year 1-10-2020 to 30-9-2021

Life Skills			Life Skills		
Life Skills from Fairbridge Trust	1000.00		CAP subscriptions	120.00	
Gift	500.00	1500.00	DBS costs	46.00	
					166.00
Lottery	48550.00		Lottery		
			Debt coach phone	604.00	
			Stationery	19.99	
			Phone costs	334.86	
			Evaluation - David Simmons	1435.00	
		48550.00	Salaries	43205.15	
			Pension	2592.31	48191.31
Wessex Bible Festival			Wessex Bible Festival		
Drive Thru		3610.00	Drive Thru		3610.00
Gifts to Sally			Gifts to Sally		
			From 2019-20	30.00	
		797.50	From 2020-21	797.50	827.50
			At 30-9-2021		
			CAF Bank		27770.33
			Other accounts		601.34
		122877.91			122877.91

Audited and found correct.

R.S. Hawes

R S Hawes FCCA

6 December 2021

Refresh is administered by the Trustees comprising 5 local church leaders.

N Hardisty - for and on behalf of the Trustees.