

Charity Registration No. 1158356

Company Registration No. 08360699 (England and Wales)

HEALTHWATCH ESSEX LIMITED  
ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022

# HEALTHWATCH ESSEX LIMITED

## LEGAL AND ADMINISTRATIVE INFORMATION

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Trustees	Ms L Brookes Mrs A Cherry Mr L Payne Mr P Findlay Mr N Jones Dr S Carey	(Appointed 11 May 2021) (Appointed 13 July 2021)
Charity number	1158356	
Company number	08360699	
Principal address	49 High Street Earls Colne Colchester Essex CO6 2PB	
Registered office	49 High Street Earls Colne Colchester Essex CO6 2PB	
Auditor	Whittle & Partners LLP The Old Exchange 64 West Stockwell Street Colchester Essex CO1 1HE	
Bankers	Barclays Bank Plc 9 High Street Colchester Essex CO1 1DD	



# HEALTHWATCH ESSEX LIMITED

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# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

*FOR THE YEAR ENDED 31 MARCH 2022*

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The Trustees present their report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019)

### Objectives and activities

'Healthwatch' organisations throughout England were created as result of the Health and Social Care Act 2012. Using the powers vested under this legislation, they each have a responsibility to:

1. promote and support the involvement of people in the commissioning, provision and scrutiny of local care services.
2. obtain the views of people about their needs for, and their experiences of, local care services.
3. make reports and recommendations about how local care services could, or ought to be, improved to people responsible for commissioning, providing, managing or scrutinising local care services; and
4. provide advice and information about access to local care services and about choices that may be made with respect to aspects of those services.

Healthwatch Essex covers the whole county with the exception of Southend and Thurrock and is part of a network of local Healthwatch organisations in England. The network is overseen and supported by the national umbrella body, Healthwatch England, which provides a formal link to the Department of Health and Secretary of State for Health.

In response to its statutory responsibilities, the company's objects, as set out in its Memorandum of Association, are for "the advancement of health and the relief of those in need by reason of youth, age, ill-health, disability or financial hardship by:

1. providing information and advice to the general public about local health and social care services.
2. making the views and experiences of members of the general public known to health and social care providers.
3. enabling local people to have a voice in the development, delivery and equality of access to local health and care services and facilities; and
4. providing training and the development of skills for volunteers and the wider community in understanding, scrutinizing, reviewing and monitoring local health and care services and facilities."

The company organises its work under four activity headings: Research, Engagement, Information and Guidance and Communications. In all its activities, the organisation seeks to capture people's first-hand experience of health and social care services, set against the backdrop of their own lives and personal circumstances. This 'lived experience' is then reported, or otherwise presented, to the relevant health and social care provider(s) - including the county's five NHS Clinical Commissioning Groups, one mental health trust, five acute hospitals and Essex County Council, responsible for social care - to enable them to better empathise and understand the impact their service is having on real lives, allowing them to adapt accordingly.

### Achievements and performance

This section of the report summarises the achievements and performance of Healthwatch Essex in the year to 31 March 2022, under the headline priorities of Research, Engagement, Information and Guidance and Communication. Within these priorities, the directors have paid due regard to guidance from the Charity Commission on public benefit in deciding what activities the company should undertake, and the impact of the following achievements, based on Healthwatch Essex's objects, evidences that public benefit.

### Our work during the Covid Pandemic

None of our staff were furloughed during the two years of the pandemic and no additional support was received this year. At an early stage of the pandemic we invested in additional technology to ensure that our staff team was able to continue with their work while having to work at home, this has been extremely successful. We have ensured that we stayed in regular contact with each other, had regular staff and team meetings via zoom and continued to work collaboratively. During this time our managers have monitored the physical and mental health and wellbeing of their staff and provided additional support as necessary. The staff have now settled into hybrid working with all staff attending the office once a week and full team development days once a month. Despite the challenges the pandemic posed were able to deliver all our projects on time and to a high standard.

### Sensory Impairment during COVID-19

Through our work with the Collaborate Essex forum, the challenges facing people living with sensory impairment during COVID-19 have been strongly highlighted. This led to a project taking this lived experience to produce a short campaign targeted at public transport and local business and those using their services, to help them understand these challenges. The public engagement in this was fantastic with the social media posts sharing the campaign materials receiving over 40,000 views. In 2021 the work received an award from Healthwatch England in the national Healthwatch Awards.



# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2022*

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### Research and Engagement

This year the funding of £40,000 for the 3rd year of this project from National Lottery continued to facilitate the work of the Essex Neurology Network, a group hosted by Healthwatch Essex and comprised of national and local organisations working to support people affected by neurological conditions. The funding will allow the Network to continue raising awareness and promoting understanding of neurological conditions through the county. The funding allowed us to develop an innovative e-learning package for health and social care professionals called 'Understanding Neurology', which was launched on International Day of Persons with Disabilities. The course has been developed as a direct result of the findings from a range of engagement activities undertaken with neurological patients and professionals over the last few years. The content has been created by both patients and experts and provides real insight into what it's like to live with a neurological condition and how these individuals can be best supported to live independently for longer, and with a better quality of life.

The Healthwatch Essex Ambassador Programme was developed to ensure that lived experience is used effectively to influence and shape service design and delivery. The model involves recruiting, training, and supporting volunteers with direct experience of specific health and care services, and facilitating their input into the decision-making process. As part of this commitment, we have been recruiting, supporting, and facilitating engagement opportunities for women and their families through our Maternity Patient Partner programme, Trauma Ambassador Group, Learning Disability Ambassadors, Research Ambassadors and Young Mental Health Ambassadors to represent the voice of young people who have accessed mental health services in Essex. Each of these programmes has supported efforts to make tangible improvements in the services across the county.

To support co-production within Essex County Council as they embark on a collaborative model of working, Healthwatch Essex has created a Disability Forum to represent adults with an experience of disability. Representation is sought from all disability groups, including those that care for someone with a disability. The forum work closely with Essex County Council commissioners to help shape and inform policies, procedures, strategies and services through coproduction.

The forum presents a fantastic opportunity for these voices to be heard at a senior level within the Council, ultimately helping to shape and improve local services in Essex. Over the course of three years, they will be part of discussions regarding the Council's long-term agendas and the planning of future co-production activities. Essex County Council have expressed an interest in extending this contract at the same rate for three years.

We continue to build strong relationships with the universities in our region. In February, we announced details of a new partnership project with the University of Essex and Anglia Ruskin University. This year we have supported the Masters in Public Health program at Anglia Ruskin, setting an academic questions for an early module and critiquing the students work through the lens of our experience of working in this field.

We have written informative blogs focussing on cervical screening, multiple sclerosis, weight stigma and a number of TAG related ones covering Sexual Assault Referral Centres, trauma, emotional abuse and financial abuse. These have all been published on the Healthwatch Essex website.

The team have undertaken training in domestic abuse, Dementia Friends, hate crime, accessing palliative care services (LGBTQ+ and learning disabilities), MHFA, working with trauma, compassionate conversations, end of life in the homeless sector, care and loss during Covid, LGBTQI+, equality and diversity, outcomes based approaches, sexual health, gambling addiction, access to work, suicide prevention, safeguarding in a digital world, sensory awareness, supporting women who sell sex, emotional resilience for professionals, cuckooing, community approaches to death and dying, fuel poverty, criminal exploitation, qualitative analysis, exploitation of individuals with learning disabilities, social media, alcohol addiction, PIP, bid writing and producing easy read documents.

# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2022*

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### Information and Guidance –

April 2021 arrived with the Covid19 pandemic still in full swing, but the Information & Guidance Service continued to operate without disruption or impact on quality for our callers, with 1873 individuals connecting with us during the fiscal year for support with their health, care and wellbeing matters.

Topics which continued to garner high call rates included GP surgeries, complaints about hospitals, support with mental health and wellbeing and of course dentistry. However increases were also noted in calls regarding housing and homelessness, debt, benefits and finances, domestic abuse and sexual health. We have produced our Spotlight On Services data on a quarterly basis, highlighting the call trends in the Essex CCG areas, which is displayed on our website and mailed to over 200 direct contacts.

Our Feedback Centre has also seen 82 people submit reviews on our local services.

With much of our activities remaining constrained by the restrictions associated with Covid19, we have maintained our presence virtually at the various meetings, groups and committees occurring across the sector. We have regularly attended the Essex County Council People & Families Scrutiny Committee and Health Overview Policy & Scrutiny Committee, as well as the SNEE ICS Suicide Prevention Group, LeDeR Steering Group, Essex Traveller Health & Wellbeing Group, One Colchester Delivery Board, MSE, HWE and SNEE Quality Surveillance Groups,

Care Nav+ Partners Network, Tendring Homeless Group, Essex Care Homes Hub Oversight Board, West Essex Time To Change Steering Group, NEE Winter Resilience Steering Group,

Palliative End of Life Care Delivery Group, NEE CCG Primary Care Commissioning Committee, West Essex Health Inequalities & Prevention Committee, Essex Strategic Hate Crime Prevention Partnership, SNEE Long Covid Assessment Service, Basildon Homeless Forum, EoE Cardiac Clinical Board, NEE H&W Alliance EoL Programme Board, NEE Mental Health Forum, Essex Pharmaceutical Needs Assessment Steering Group, Women's Safety Partnership, Colchester & Tendring Care Innovation Board, Essex Anchors Network, MSE Discharge Outcomes Group, QMS Steering Group, Working Families Stakeholder Forum, EOL Complaints Board, Joint Working Group for Mental Health Services, MSE Digital Inclusion Steering Group and the Pan Essex Dementia Action Alliance. Our presence at these meetings ensures that we are able to share the voices of the people of Essex through their lived experiences at the heart of where services are being formed and shaped.

We have been commissioned by SNEE ICS to work collaboratively with Healthwatch Suffolk to produce reports based on lived experiences relating to topics including asthma, the emotional and wellbeing effects of the pandemic, Long Covid and post viral illness, physical effects of the pandemic, screening and patient transport, by St Clare Hospice to produce a report on end of life services to support the refreshing of their five year strategy, and by SNEE ICS to produce a report on the Phase 3 of Digital Inclusion, by St Helena Hospice to engage with their service users about their new feedback programme.

We have restarted our outreach work, which has included Traveller Site Health Visits, the Winter Warmers event in NEE, Clacton Walk & Talk, Leigh on Sea Links Active Retired Group, West Essex Community Fund for Suicide Prevention - Year 1 Showcase and provided a training session for the new Farleigh Hospice Helpline Volunteers. We also delivered a session on the value of lived experience to the district nursing students at ARU.

We have launched our Trauma Ambassador Group which meets monthly and brings together individuals living with the effects of trauma, in line with our other ambassador programmes. We successfully applied for a grant of £25000 from NEECCG to fund the aims of the group, which include raising awareness of trauma and improving trauma informed practice in health, care and wellbeing services.

IAG also participated in the evaluation panel for the bereavement by suicide service for SNEE, the SET Adult Self Harm Toolkit Development, the Dying Matters Virtual Fair, the Whipps Cross JHOSC, the ICE Sharing Day 2022 and the Essex Community Initiative Fund awards panel. Additionally we supported the consultation process for the proposed closure of Steeple Bumpstead GP surgery as a dedicated conduit for public feedback and supported a review by ECC, EPUT and PAH into west Essex occupational and physiotherapy services.

We have written informative blogs focussing on cervical screening, multiple sclerosis, weight stigma and a number of TAG related ones covering Sexual Assault Referral Centres, trauma, emotional abuse and financial abuse. These have all been published on the Healthwatch Essex website.

The team have undertaken training in domestic abuse, Dementia Friends, hate crime, accessing palliative care services (LGBTQ+ and learning disabilities), MHFA, working with trauma, compassionate conversations, end of life in the homeless sector, care and loss during Covid, LGBTQI+, equality and diversity, outcomes based approaches, sexual health, gambling addiction, access to work, suicide prevention, safeguarding in a digital world, sensory awareness, supporting women who sell sex, emotional resilience for professionals, cuckooing, community approaches to death and dying, fuel poverty, criminal exploitation, qualitative analysis, exploitation of individuals with learning disabilities, social media, alcohol addiction, PIP, bid writing and producing easy read documents.

# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2022*

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### Communications

It is vital that we spend time actively communicating with the public to help recruit participants to projects, share our learning and help people find the information that they need, as well as highlighting opportunities for them to ensure that their voice is heard.

We have worked to become as inclusive as possible, sharing our work in lots of different ways and attempting to reach new audiences regularly. This has included sharing lived experience, data and information from our reports and supporting national awareness days on topics of particular relevance to our work plan.

Our digital media apprentices continue to work on our social media channels which are growing at an increasing rate and receiving good rates of engagement. This year we launched a new channel – TikTok – which has been highly successful in sharing our work. We have used this primarily to promote our new podcast, Hidden Voices and it has been particularly helpful in promoting our addiction project, with our series of short films receiving more than half a million views.

We continue to support a wide range of initiatives, to reach a broad range of audiences throughout the year. This year we used local data and information drawn from several of our reports to produce content ranging from films to blogs and podcasts relating to veterans, our Trauma Ambassador Group, stoma care, experiences of COVID-19, obesity, suicide, mental health and learning disabilities.

This year we had 28 news articles promoted by the media. They reached a combined audience of 2.5 million. Some topics covered mental health in the emergency services and winning an award for our COVID-19 response.

### Financial review

#### Income & Expenditure

Healthwatch Essex is primarily funded by the Department of Health and the Department for Communities & Local Government, via Essex County Council. During the year to 31 March 2022 the company received income from this source of £457k (2021: £527K) - see Note 3 to the Financial Statements. Expenditure for the year amounted to £587K (2021: £561K) - the levels of expenditure attributable to each of the headline activities outlined in Section 1 of this report is presented in Note 5 to the Financial Statements.

#### Balance Sheet

The company's year-end Balance Sheet comprises:

- restricted funds £689K (2021: £592K).
- unrestricted funds £79K (2021: £60K).

An analysis of restricted funds by project is presented in Note 11 to the Financial Statements.

#### Reserves Policy

The company's restricted funds are required to be used for specific purposes laid down by the funder. It is the Board's policy, therefore, to use the surpluses gifted to it by its subsidiary company, HWE Insights, to build up, over time, a level of unrestricted funds sufficient to enable the company to meet its statutory obligations in the event of it ceasing to operate. To reduce risk Healthwatch Essex are splitting the reserve fund across several different accounts.

#### Risk Management

The Board of Directors reviews the company's key strategic risks at each of its meetings. The biggest risk facing the company is its overreliance on funding from Essex County Council. In order to mitigate this overreliance, it is the company's policy to develop complementary commercial work to diversify income streams.

#### Statement of Completeness

Each of the directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information. Full details of the company's related party transactions are disclosed in Note 14 to the Financial Statements. It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2022*

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### Plans for the future

The company's annual grant from Essex County Council for 2021/22 has been confirmed at £420K and we are in discussions to secure a 3 year contract at the end of the 2021/22 financial year. Utilising this funding we will continue to ensure that people are at the heart of care, and that their voice and lived experience are integral to decision making. We will continue to diversify our Healthwatch Essex Ambassadors programme to help gather the voice and lived experience of the citizens of Essex. Promoting and facilitating co-production remains high on our agenda and we will continue to recruit, support and train volunteers for specific projects where they can have real impact; using their own lived experience to help shape strategies, services and care pathways. This coming year, we will focus on supporting volunteers who feel that their voice is not being heard in the system under the banner of Community Voice Ambassadors.

Young Mental Health Ambassadors - Healthwatch Essex has recruited a number of Young Mental Health Ambassadors to help us understand their lived experience of mental health and accessing services in the county. The YMHAs are all under the age of 25 and have recently accessed mental health services in Essex. The project is run in partnership with the Emotional Wellbeing and Mental Health Service (EWMHS) and offers a unique opportunity to young people in Essex with experience of mental health to influence how services are provided in the county, making a difference both now and for the generations that follow. This year they will be focusing on the impact of Body Image as a substantive project.

### Learning Disabilities and Employment

While some existing literature identifies financial gain, increased independence, social inclusion and a sense of self-worth as benefits to employment, research also points out that jobs for adults with LD are often low-paying, with low levels of responsibilities, and that health and wellbeing outcomes associated with such roles are low. This body of evidence suggests that low paid, 'low trust' roles may even be detrimental to health and wellbeing, due to increased stress, poor opportunities for socialising, and little sense of independence and self-worth. Through studying the lived experience of adults with learning disabilities, this study aims to investigate: experiences of gaining paid and unpaid work roles, how paid and unpaid work roles impact the health and wellbeing of people with learning disabilities, the extent to which job type influences the health and wellbeing of adults with learning disabilities who are in employment, undertaking work experience, or volunteering their time, how leisure activities impact health and wellbeing for people with learning disabilities, in comparison to and in conjunction with employment.

Essex Fella Forum This is a group of working age men who meet once a month, currently they have a physical meeting in a local pub followed by a Zoom Session the same week. This year the program has been expanded to take the Essex Fellas on tour and incorporate more engaging activities such as walk and talk, Fishing with ICARP and activities at ART.

Community Voice Ambassadors This is a new ambassador program seeking to recruit seldom heard voices including groups who are ethnically diverse, travellers, refugees and a number of other underrepresented communities. It is hoped that by creating this network of networks we will be able to develop a richer understanding of challenges people face and feed this into wider systems to improve services and access the services.

# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2022*

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### Structure, governance and management

Healthwatch Essex is a private company limited by guarantee, incorporated in England and Wales, registered company number 8360699. The registered office is 49 High Street, Earls Colne, CO6 2PB. The company is also a registered charity, charity registration number 1158356. The company is governed by its Memorandum and Articles of Association.

The company's governance structure comprises:

1. A Board of Directors responsible for the day to day oversight of the company (including setting strategic direction and budgets) and meeting in public at least twice a year to make decisions that are required to be made in public. The Board is required to consist of:
  - a. At least 5 directors, including the Chair and Vice Chair, appointed by the Board. The directors in place as of 1 April 2016 (the date upon which this governance structure came into effect) were deemed to have been appointed by advise from an Independent Appointment Panel.
  - b. Up to 3 other directors co-opted by the Board to enhance the mix of skills and experience available to the Board.
2. A right for anyone who lives in or uses health and social care services in Essex to make representations at public meetings of the Board.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs C Crossley	(Resigned 23 March 2022)
Ms K Cole	(Resigned 13 July 2021)
Ms L Brookes	
Mrs A Cherry	
Mr P Hutton	(Resigned 13 July 2021)
Mr L Payne	
Mr P Findlay	
Mr N Jones	(Appointed 11 May 2021)
Dr S Carey	(Appointed 13 July 2021)
Mr P Ruddy	(Appointed 9 November 2021 and resigned 3 May 2022)
Mrs S Verkuyten	(Appointed 9 November 2021 and resigned 22 April 2022)



# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

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All new Directors receive a comprehensive Induction Pack outlining their individual responsibilities and the collective responsibilities of the Board of Directors. Mrs A Cherry replaced Mr G Hyams as Chairman on 22nd March 2021 following the resignation of Mr G Hyams on the same date.

None of the directors has any beneficial interest in the company.

#### The Executive

Ms S Glover was appointed Chief Executive Officer in August 2020 and confirmed in post in February 2021 following a successful probationary period.

Including the Chief Executive Officer, the company presently has 17 members of staff. All members of staff are based at the company's office.

#### HWE Insights Limited

HWE Insights Limited is a company limited by shares and wholly owned by Healthwatch Essex. It is incorporated in England and Wales, registered company number 09989317. The company's registered office is 49 High Street, Earls Colne, Colchester, Essex, CO6 2PB.

HWE Insights' strategy is to capitalise on the opportunities available to it to carry out commercial work which complements, enhances and extends the work of Healthwatch Essex. Any surpluses generated by the company are required either to be retained in the company for future use or else gifted to Healthwatch Essex.

The combined income of Healthwatch Essex and HWE Insights did not exceed £1 million in the year to 31 March 2021 so, in accordance with the Charities Act, the Board of Healthwatch Essex has opted not to prepare consolidated financial statements.

The Trustees, who are also the directors of Healthwatch Essex Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In September 2020 a paper was presented to the board to discuss the future on HWE Insights, in November 2020 it was agreed that at the end of the financial year HWE Insights would be made dormant and this status changed on Companies House. This company is no longer in operation and all associated contracts, transactions and accounts has ceased trading.

# HEALTHWATCH ESSEX LIMITED

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2022*

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### Auditor

In accordance with the company's articles, a resolution proposing that Whittle & Partners LLP be reappointed as auditor of the company will be put at a General Meeting.

The trustees' report was approved by the Board of Trustees.

*AE Cherry*

AE Cherry (Sep 27, 2022 13:12 GMT+1)

Mrs A Cherry

Trustee

Dated: 27 September 2022

# HEALTHWATCH ESSEX LIMITED

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

*FOR THE YEAR ENDED 31 MARCH 2022*

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The Trustees, who are also the directors of Healthwatch Essex Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



# HEALTHWATCH ESSEX LIMITED

## INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF HEALTHWATCH ESSEX LIMITED

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### Opinion

We have audited the financial statements of Healthwatch Essex Limited (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees has not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### Other information

The Trustees is responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

# HEALTHWATCH ESSEX LIMITED

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEALTHWATCH ESSEX LIMITED

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### Responsibilities of Trustees

As explained more fully in the statement of trustees' responsibilities, the Trustees, who are also the directors of the charity for the purpose of company law, is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

The audit tests, including planning procedures, adopted for the audit of these financial statements are designed to assess and detect the risk of irregularities, including fraud. Our risk assessment of the likelihood of irregularities included the high degree of involvement of the experienced directors, which reduces the risk of irregularities. The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;

We identified the laws and regulations applicable to the charity through discussions with trustees and other management, and from our commercial knowledge and experience of the sector;

We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including the Companies Act 2006, Charities Act 2011, taxation legislation, Employment Law and Data Protection.

We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence. These were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We identified the greatest potential for fraud or non-compliance with laws and regulations in the following areas, and the specific procedures performed to address them are described below:

- We obtained an understanding of the income process and the flow of financial information to the general ledger and how this is classified as restricted and unrestricted.
- Cut-off testing was performed at the year-end date by reviewing revenue which had been accrued for and revenue that had been recognised after date to identify any transaction which had been erroneously recognised in the incorrect period. The same testing was carried out for expenditure.
- In line with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we reviewed accounting records for any unusual adjustments.

In addition to the above, our procedures to respond to the risk identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risk of material misstatement due to fraud;
- enquiring of management concerning actual and potential litigation and claims, and instances of non-compliance for the year.

# HEALTHWATCH ESSEX LIMITED

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEALTHWATCH ESSEX LIMITED

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Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance.

The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Whittles*

Whittles (Sep 27, 2022 14:03 GMT+1)

Whittle & Partners LLP  
Chartered Accountants  
Statutory Auditor  
The Old Exchange  
64 West Stockwell Street  
Colchester  
Essex  
CO1 1HE

27 September 2022

Whittle & Partners LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under of section 1212 of the Companies Act 2006

# HEALTHWATCH ESSEX LIMITED

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes						
<u>Income from:</u>							
Donations and legacies	2	18,720	-	18,720	47,100	-	47,100
Charitable activities	3	-	684,574	684,574	-	747,144	747,144
Investments	4	149	-	149	386	-	386
Total income		18,869	684,574	703,443	47,486	747,144	794,630
<u>Expenditure on:</u>							
Charitable activities	5	-	587,457	587,457	-	560,893	560,893
Net income for the year/ Net movement in funds		18,869	97,117	115,986	47,486	186,251	233,737
Fund balances at 1 April 2021		60,092	592,120	652,212	12,607	405,869	418,476
Fund balances at 31 March 2022		78,961	689,237	768,198	60,093	592,120	652,213

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# HEALTHWATCH ESSEX LIMITED

## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Investments	8		1		1
Current assets					
Debtors	9	235,874		196,368	
Cash at bank and in hand		579,013		470,224	
		<u>814,887</u>		<u>666,592</u>	
Creditors: amounts falling due within one year	10	(46,689)		(14,380)	
		<u></u>		<u></u>	
Net current assets			768,198		652,212
			<u></u>		<u></u>
Total assets less current liabilities			768,199		652,213
			<u></u>		<u></u>
Income funds					
Restricted funds	11	689,237		592,120	
Unrestricted funds		78,961		60,093	
		<u>768,198</u>		<u>652,213</u>	
			<u></u>		<u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022, although an audit has been carried out under section 144 of the Charities Act 2011.

The Trustees acknowledges her responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 27 September 2022

AE Cherry  
AE Cherry (Sep 27, 2022 13:12 GMT+1)

Mrs A Cherry  
Trustee

Company Registration No. 08360699

# HEALTHWATCH ESSEX LIMITED

## STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Cash flows from operating activities					
Cash generated from operations	16		108,640		152,931
Investing activities					
Interest received		149		386	
Net cash generated from investing activities			149		386
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			108,789		153,317
Cash and cash equivalents at beginning of year			470,224		316,907
Cash and cash equivalents at end of year			579,011		470,224

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

#### Charity information

Healthwatch Essex Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 49 High Street, Earls Colne, Colchester, Essex, CO6 2PB.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

The impact of the Covid19 pandemic on Healthwatch Essex has had minimal or no impact on the finances of the organisation. The charity quickly implemented new working practices to protect its staff, which included measures such as working from home and minimising face to face contact. Where possible the use of video conferencing and collaboration tools such as Zoom and Microsoft Teams have been utilised. Healthwatch Essex continues to combine working from home with regular team days in the office for those staff not at risk. As a result, work was carried out throughout the pandemic with little or no disruption, flexible working and the increased use of digital solutions will continue to be used.

Whilst the directors acknowledge that the impact coronavirus has had an impact on the economy throughout 2021/22, the directors do not believe this will have a significant impact on the charity as they continue to receive their fixed grant from the government through Essex County Council and there is no indication that this will not continue. Nevertheless, the directors have continued to diversify income by carrying out work for third parties, which has not been adversely impacted by the pandemic, it has actually increased in both income generation and diversification of income streams.

The directors therefore anticipate that the charity will continue to meet its liabilities as they fall due. Based on this assessment these accounts have been prepared on a going concern basis.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Resources expended

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 1 Accounting policies

(Continued)

Expenditure is accounted for on an accruals basis and includes VAT where applicable. All expenditure is allocated to a particular activity where it relates directly to that activity. Support functions (including communications, finance, human resources and governance) are apportioned across the activities that the functions support. Overhead costs (including office running costs and consumables, information technology and insurances) are similarly apportioned. Taken together, all these costs are referred to as 'support costs' in Note 6 to the Financial Statements. Support costs are apportioned to activities based on the number of staff employed within that activity.

#### 1.6 Fixed asset investments

Fixed asset investments are stated at cost.

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### *Basic financial assets*

The company's financial assets are measured at the cash consideration expected to be received and are not discounted.

Other financial assets, including investments in equity instruments which are not subsidiaries, associates or joint ventures, are initially measured at fair value, which is normally the transaction price. Such assets are subsequently carried at fair value and the changes in fair value are recognised in net income/(expenditure), except that investments in equity instruments that are not publicly traded and whose fair values cannot be measured reliably are measured at cost less impairment.

##### *Basic financial liabilities*

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### *Derecognition of financial liabilities*

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

#### 1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.



# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 1 Accounting policies (Continued)

#### 1.11 Taxation

The company is a charity within the meaning of section 506(1) of the Taxes Act 1988. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within the categories covered by Section 505 of the Taxes Act 1988 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied to exclusively charitable purposes.

### 2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Donations and gifts	18,720	37,100
Covid-19 Local Authority Grant	-	10,000
	<u>18,720</u>	<u>47,100</u>

### 3 Charitable activities

	2022 £	2021 £
Essex County Council	456,865	526,837
NHS England	153,876	8,617
Collaborative Essex	44,666	131,777
National Lottery Community Funding	-	29,825
Voluntary Action Epping Forest	-	2,450
University Income	-	18,473
Community Asset Mapping	29,167	29,165
	<u>684,574</u>	<u>747,144</u>

### 4 Investments

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Interest receivable	<u>149</u>	<u>386</u>

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 5 Charitable activities

	Outreach & Commissioning & Research 2022 £	Signposting & Information 2022 £	Total 2022 £	Outreach & Commissioning & Research 2021 £	Signposting & Information 2021 £	Total 2021 £
Staff costs	98,703	47,284	163,788	120,032	98,743	231,305
Direct costs	3,204	7,936	18,909	448	3,003	6,536
	101,907	55,220	182,697	120,480	101,746	237,841
Share of support costs (see note 6)	214,035	138,935	375,500	169,836	110,245	297,958
Share of governance costs (see note 6)	16,678	10,826	29,260	14,304	9,285	25,094
	332,620	204,981	587,457	304,620	221,276	560,893

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 6 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Staff costs	290,818	385	291,203	204,793	330	205,123
Media and marketing costs	5,079	-	5,079	9,588	-	9,588
Premises costs	28,435	-	28,435	21,614	-	21,614
General office costs	30,992	-	30,992	46,780	175	46,955
Travelling and subsistence costs	9,579	-	9,579	2,345	210	2,555
Audit fees	-	6,000	6,000	-	4,561	4,561
Legal and professional	10,597	21,867	32,464	12,838	19,032	31,870
Bank charges	-	558	558	-	658	658
Directors' expenses	-	450	450	-	128	128
	<u>375,500</u>	<u>29,260</u>	<u>404,760</u>	<u>297,958</u>	<u>25,094</u>	<u>323,052</u>
Analysed between Charitable activities	<u>375,500</u>	<u>29,260</u>	<u>404,760</u>	<u>297,958</u>	<u>25,094</u>	<u>323,052</u>

Governance costs includes payments to the auditors of £6,000 (2021- £4,561) for audit fees.

### 7 Employees

Number of employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	<u>16</u>	<u>14</u>
Employment costs	2022 £	2021 £
Wages and salaries	390,131	370,457
Social security costs	31,161	37,713
Other pension costs	21,532	28,175
	<u>442,824</u>	<u>436,345</u>

The Chief Executive Officer who was in post during the year (see section 5 of the Directors' report) received employee benefits for the year, excluding employer's pension contributions, of 52,780 (2021: £ 32,667). No employees received employee benefits for the year, excluding employer's pension contributions, of more than £60,000 (2021: 0).

### 8 Fixed asset investments

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

8	Fixed asset investments			(Continued)
				Other investments
	Cost or valuation			
	At 1 April 2021 & 31 March 2022			1
				<u>1</u>
	Carrying amount			
	At 31 March 2022			1
				<u>1</u>
	At 31 March 2021			1
				<u>1</u>
	Other investments comprise:	Notes	2022 £	2021 £
	Investments in subsidiaries	15	1	1
			<u>1</u>	<u>1</u>
9	Debtors		2022 £	2021 £
	Amounts falling due within one year:			
	Trade debtors		188,212	158,142
	Amounts owed by subsidiary undertakings		23,137	-
	Other debtors		8,289	11,860
	Prepayments and accrued income		16,236	26,366
			<u>235,874</u>	<u>196,368</u>
10	Creditors: amounts falling due within one year		2022 £	2021 £
	Other taxation and social security		27,895	181
	Trade creditors		3,964	4,544
	Amounts owed to subsidiary undertakings		-	2,312
	Other creditors		2,865	2,557
	Accruals and deferred income		11,965	4,786
			<u>46,689</u>	<u>14,380</u>

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 11 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021	Movement in funds		Balance at 31 March 2022
	£	Incoming resources £	Resources expended £	£
Essex County Council	413,857	436,532	(578,779)	271,610
Collaborative Essex	97,610	44,666	(825)	141,451
Essex Neurology Network	27,246	-	-	27,246
Active Essex	(26,755)	-	-	(26,755)
Extra Care Engagement Report	2,699	174,209	-	176,908
Community asset mapping	29,165	29,166	(258)	58,073
National Lottery community funding	29,825	-	(7,594)	22,231
University income	18,473	-	-	18,473
	<u>592,120</u>	<u>684,573</u>	<u>(587,456)</u>	<u>689,237</u>

The Essex County Council funding originates from the Department of Health and the Department for Communities & Local Government, and the primary restrictions on its use are laid down in the Health and Social Care Act 2012 and related statutory guidance. The company is also accountable to Essex County Council for the efficient and effective use of these resources, as specified in the annual grant funding agreement with the council. This restricted fund includes all the company's investment income.

The income received from NHS England was by way of a co-production event put on at the end of March.

The Collaborative Essex project is to deliver a model for Essex County Council to collaborate with adults with an experience of disability in Essex.

The National Lottery Community Fund is contributing towards the costs of running the Essex Neurology Network for three years.

Income from Essex County Council is for secondments with Active Essex and an Extra Care Engagement Report engaging with people in Essex in supported housing and feeding back their experiences.

### 12 Analysis of net assets between funds

	Restricted 2022 £	Unrestricted 2022 £	Total 2022 £	Restricted 2021 £	Unrestricted 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Investments	-	1	1	-	1	1
Current assets/(liabilities)	689,237	78,960	768,197	592,120	60,092	652,212
	<u>689,237</u>	<u>78,961</u>	<u>768,198</u>	<u>592,120</u>	<u>60,093</u>	<u>652,213</u>

### 13 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 13 Operating lease commitments (Continued)

	2022 £	2021 £
Within one year	15,000	15,000
Between two and five years	47,530	37,500
	<u>62,530</u>	<u>52,500</u>

### 14 Related party transactions

Healthwatch Essex is controlled by its Board of Directors. None of the directors (or any persons connected with them) received any remuneration or any other benefits during the year (2021: £ nil).

2 directors (2021: 1) were reimbursed a total of £481 (2021: £210) in expenses.

#### HWE Insights Limited

HWE Insights Limited is a company limited by shares and wholly owned by Healthwatch Essex (see Structure, Governance and management of the Trustees' Report and Note 16 to these Financial Statements).

HWE Insights' Board of Directors comprises one director who is also a director of Healthwatch Essex. None of the directors of HWE Insights received any remuneration from HWE Insights during the year (2021: none) and none had any expenses reimbursed to them (2021: none).

During the course of the year Healthwatch Essex seconded a number of its employees to HWE Insights and otherwise incurred expenditure on behalf of the company in accordance with the terms of an Intragroup Services Agreement signed by representatives of both parties.

During the course of the year to 31 March 2022 HWE Insights received commercial income of £Nil (2021: £26,250) and incurred expenditure of £19,500 (2021: £44,630) leaving an operating loss of £19,500 (2021: £18,380 profit). At the year end the company had assets of £23,230 (2021: £23,804), including £23,137 due to Healthwatch Essex Limited (2021 - £2,312 owing from Healthwatch Essex Limited), and liabilities of £24,009 (2021: £5,083).

### 15 Subsidiaries

Details of the charity's subsidiaries at 31 March 2022 are as follows:

Name of undertaking	Registered office	Nature of business	Class of shares held	% Held	
				Direct	Indirect
HWE Insights Limited	England	Research and consultancy	Ordinary	100.00	

Name of undertaking	Profit/(Loss)	Capital and Reserves
	£	£
HWE Insights Limited	(19,500)	(779)

# HEALTHWATCH ESSEX LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

16	Cash generated from operations	2022 £	2021 £
	Surplus for the year	115,986	233,737
	Adjustments for:		
	Investment income recognised in statement of financial activities	(149)	(386)
	Movements in working capital:		
	(Increase) in debtors	(39,506)	(85,718)
	Increase in creditors	32,309	5,298
	Cash generated from operations	<u>108,640</u>	<u>152,931</u>











# Healthwatch Essex Limited - Finalised 2022 accounts

Final Audit Report

2022-09-27

Created:	2022-09-27
By:	Gascoynes Accounts (Accounts@gascoynes.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAZh5U9IVFONix4Dn_aiAq_P2dRqHTmG16

## "Healthwatch Essex Limited - Finalised 2022 accounts" History

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-  Signer michael@whittles.co.uk entered name at signing as Whittles  
2022-09-27 - 13:03:26 GMT - IP address: 194.72.104.50
-  Whittles (michael@whittles.co.uk) entered valid password.  
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 Document e-signed by Whittles (michael@whittles.co.uk)

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 Agreement completed.

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