

ARCH-WAY PROJECT

England & Wales · Charity number 1158349

Details

Status Registered

Legal form CIO

Registered 2014-08-26

Register [View on the Charity Commission register](#)

Contact

Address Arden Road Social Club
Brunswick Centre
Arden Road
Halifax
HX1 3AG

Phone 01422251613

Email mail@archwayproject.org.uk

Website www.archwayproject.org.uk

Activities

Objects: 1) TO FURTHER OR BENEFIT THE RESIDENTS OF WEST YORKSHIRE AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION WITH THE OBJECTIVE OF IMPROVING THE CONDITIONS OF LIFE FOR THE RESIDENTS. 2) TO RELIEVE SICKNESS AND PRESERVE AND PROTECT GOOD HEALTH OF PEOPLE RESIDING IN WEST YORKSHIRE, IN PARTICULAR BY THE PROVISION OF MUSIC RELATED ACTIVITIES TO HELP PEOPLE WITH ALZHEIMER'S AND DEMENTIA

Activities: Using music, art, exercise and beauty/holistic therapies as a vehicle to engage with adults living with mental health issues and those who are isolated and/or lonely in the community. We provide: music lessons, group singing, art and creative writing groups, film club, holistic beauty, Thai Chi and Pilates classes as well as a live music event aimed at those living with or at risk from dementia

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment, Recreation
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Calderdale

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£182,933	£174,949	-	-
2024-03-31	£156,177	£171,708	-	-
2023-03-31	£114,142	£191,838	-	-
2022-03-31	£203,544	£107,225	-	-
2021-03-31	£187,246	£107,225	-	-

Trustees

Name	Role	Appointed
Andrew Mullin	Chair	2016-04-07
Driton Hoti		2017-11-08
Nazam Hussain		2023-02-23

ARCH-WAY PROJECT

England & Wales - Charity number 1158349

Accounts



Trustee Annual Report and Financial Statements
For the Year Ended 31 March 2025

Charity Number: 1158349
Mental Health Charity (CIO)
Arch-Way Project, Arden Road
Halifax
West Yorkshire
HX1 3AG

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The Trustees present their report with the independently examined financial statements of the Arch-Way Project (CIO) for the year ended 31st March 2025. The charity was founded in 2012, and established as a registered CIO in 2014, and became a CIO in 2014.

This report covers the activities of Arch-Way Project CIO for the period from 1st April 2024 to 31 March 2025.

Trustees report

Due to the way our organisation operates and the nature of the interventions and projects we deliver, some of the information in this report may be similar to, or the same as, content from the previous report.

Arch-Way Project is a mental health charity that works closely with vulnerable adults living with profound mental health issues, adults on the autistic spectrum and the elderly; particularly those who feel isolated, lonely or are at risk from/living with dementia. We provide multiple projects and interventions in-house to help our beneficiaries better deal with their mental and physical health by providing the means for guests to engage with music, art, physical and beauty therapies. In addition, we host a weekly live music social event, a guided meditation group, tai chi class, Pilates class, art group activities, a singing group, creative writing group, gardening group and also a walking group. All of these interventions are designed to help improve individuals' well-being, increase self-esteem and confidence, help build better relationships and make new friends.

We're in our final year of funding provided by the National Lottery: Reaching Communities fund for our *Back to Being Me: Continuation* grant. This year we still have a strong focus on helping our beneficiaries meet a number of potential outcomes through the *Back to Being Me* project, as well as continuing to run our oldest project *Past Times*.

The goals and desired outcomes of the *Back to Being Me* project were initially developed from the findings of our pilot project. Over the course of the project's life, these objectives have been refined into the following six points:

- Service users will feel reduced feelings of loneliness, and social isolation.
 - Service users will feel increased confidence and social connections.
 - Service users will feel fitter, healthier and become more independent.
 - Service users will achieve the confidence to progress to volunteering.
 - Service users will aim towards further training/education/employment.
- Service users will ultimately feel that their need to attend Arch-Way Project decreases over time.

We're still in the same position as last year; we know that most of our beneficiaries are meeting all but two of our outcomes, which we hope in this final year we can help our beneficiaries reach our most sought-after outcomes which are:

1. Service-users will aim towards further training/education/employment and
2. Service users will ultimately feel that their need to attend Arch-Way Project decreases over time.

We are going to try and give our beneficiaries a push towards finding employment/voluntary work/college although we can only provide information and guidance or invite other organisations such as Citizens Advice to visit and provide information to find work/volunteering/college opportunities to those interested. A lot of our beneficiaries are happy to remain service-users or continue volunteering rather than find employment or start/return to education; although we hope in this final year, we can give some of them a gentle nudge if they express that goal themselves.

Back to Being Me - Projects and Interventions:

Within the *Back to Being Me* project we aim to combat mental and physical health difficulties in a holistic way. We propose to do this in a comfortable environment within which there is no pressure to take part in any activity. The activities we use to combat physical inactivity are Pilates/yoga, tai chi, gardening, and a project named *Mindful Miles*; a short one-mile walk around the perimeter of our local park. Paired with our 'healthier in comparison' meals and creative interventions, our findings suggest that we have been successful in helping to improve our guests' overall health and general wellbeing. Our other interventions are used to combat feelings of loneliness, isolation and reduce stress and anxiety. Group activities are undeniably important in building stronger connections and relationships, leading to further reductions in feelings of loneliness and isolation simultaneously. Below is a short summary of each intervention that takes place at Arch-Way Project, including when the intervention happens.

- o Mindful Miles (Monday Morning)
 - o During Mindful Miles, we take advantage of the pleasant surrounding areas to host a one-mile walk around the perimeter of our local park. Light exercise aids in recovering from everyday stresses, both physical and mental. It also provides guests with the opportunity to spend some time in nature, leading to further positive outcomes.
- o Guided Meditation (Tuesday Morning)
 - o Guided meditation is our second most popular intervention (see *Tai Chi*, below). This practice helps to reduce feelings of stress and anxiety, calming the mind and body of the participant.
- o Singing Group (Tuesday Afternoon)
 - o Singing releases dopamine in the brain and is positive for building self-esteem and confidence. The partaking of singing within a group strengthens social bonds and creates relationships between guests. Singing also has cardiovascular benefits.
- o Tai Chi (Wednesday Morning)
 - o Tai Chi is currently our most popular intervention and is traditionally useful for a number of different reasons – namely reduced stress levels and an increase in physical health. Our attending guests overwhelmingly report a positive change in their mood and physical wellbeing, stating that they feel 'more relaxed' and 'less anxious'.
- o Creative Writing (Wednesday Afternoon)
 - o Our creative writing intervention aims to help people express their feelings and emotions in a healthy way. Our guests often write about their struggles and worries; sharing them with others helps to create a sense of togetherness and understanding within the group.
- o Pilates/Yoga (Thursday Morning)
 - o Pilates and yoga are both renowned for reducing stress and anxiety levels significantly as well as improving physical health. Our group is inclusive to the

elderly as we also provide seated sessions so that all of our guests feel comfortable and can take part.

- o Film Group (Thursday mid-morning)
- o We reintroduced the film group as a small number of our beneficiaries requested we bring it back as something to occupy the time between Pilates and lunchtime. The film group is run by our art group volunteer and is service-user led; all film requests are made by our beneficiaries and was reintroduced because of their request.
- o Art Group (Thursday Afternoon)
- o Engaging with creative outputs such as physical art helps our guests to feel more relaxed and less stressed. The group activities help to strengthen bonds and relationships, and it is a fun and enjoyable time for our guests.

As you can see, we provide a set timetable that our beneficiaries can use at their leisure, attending any of the interventions that suits their schedule that week. Due to the nature of the people we work with, we keep our projects and interventions structured so that there is a sense of stability, as often, people living with mental health problems, those on the autistic spectrum and people at risk from or living with dementia benefit from structured activities and routine. Our current state of service is working and of benefit to our guests and we don't plan on making any major changes to our current activities, unless we find areas that would benefit from a new intervention.



ARCHWAY PROJECT

Community Mental Health Charity

The Arch-Way Project is a charity based in Halifax, West Yorkshire, set up for the purpose of increasing the health and well-being of local communities, especially those living with mental health issues and who are isolated and lonely.

Plan your week with us!

Monday
PAST-TIMES
A night out on a Monday afternoon aimed at those who feel isolated and lonely, located in Arden Road Social Club
1pm - 3.30pm
LUNCH CLUB
Live music, quiz, bingo and raffle - 1pm

Tuesday
GUIDED MEDITATION
11am - 12pm
LUNCH 1pm - £4
SINGING/SONGWRITING GROUP
2pm - 3.30pm

Wednesday
TAI CHI 10.30am - 11.30am
LUNCH 1pm - £5 (inc. pudding)
FILM CLUB 1.30pm
CREATIVE WRITING GROUP
2pm - 3.30pm
ANGELIC REIKI
Booking required

Thursday
YOGA 10.30-11.30am
DRAMA GROUP from 11.30
LUNCH 1pm - £4
ART GROUP
2pm - 3.30pm.

All our services are free!
Contact us for more information:
mail@archwayproject.org.uk | www.archwayproject.org.uk
facebook: archwaycalderdale | 01422 251613
Arch-Way Project, Arden Road, Halifax, HX1 3AG
Charity Number: 1158349

The Data:

We created new online forms in order to reduce paper use, and it helps us keep record of it safely and securely in line with our data protection and GDPR policies.

This data involves questions related to an individual's exercise habits, whether they're interested in volunteering/finding work, whether they smoke, etc. which helps us to better understand our beneficiaries and whether they're improving mentally and physically, and whether they feel confident enough to begin volunteering/working. We changed how often we collect this information to give people space and time to see improvements within themselves, and we now complete them quarterly. We have found that this strategy is preferable for most of our beneficiaries as we found previously that filling out paperwork and how often we did it felt too overbearing to some of our beneficiaries which is something we want to avoid. We can collect the data we need to improve our services and contribute to helping our beneficiaries receive the right level of support with the information gathered from our quarterly forms. See below the results from our 'end of year' evaluation, which features some of the same questions as the quarterly forms.

Services

Past Times

Past Times remains our most successful and well-attended project, regularly welcoming around 70 participants each week, a slight increase from last year. Due to funding constraints, we've had to introduce a small entry fee; something we had hoped to avoid, but this step has been necessary to sustain the project and the quality of the project delivery. The fee helps contribute to essential costs including venue rent, performer fees, and volunteer expenses. We're grateful for the ongoing support from Lidl (through donations), our beneficiaries (via raffle contributions), and Suma Wholefoods (for tea and coffee supplies). Any additional donations are deeply appreciated and go directly toward keeping this valued project running.

We successfully applied for funding to expand the Past Times project in Wales which should start properly running in 2026, namely Past Times: Cymru. This project is funded by the National Lottery and is restricted only for the Past Times: Cymru project. We're very excited to expand this wonderful project and help bring more people together within different communities; we hope to grow Past Times: Cymru to a similar level and hopefully expand it to other countries within the UK in the future. This is something we endeavour to happen!

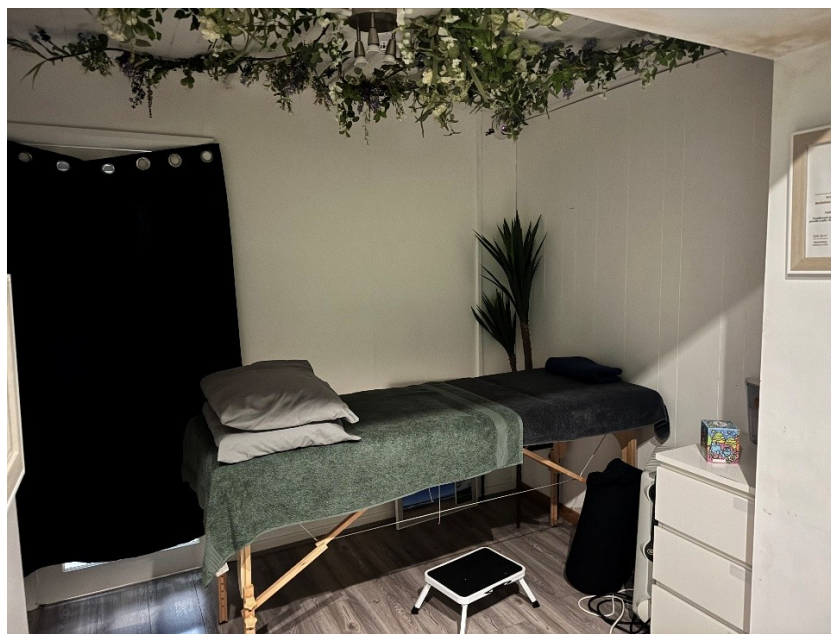
All activities have stayed the same other than the introduction of an entry fee, although we would like to reintroduce the lunch club in the winter of 2025. (*Funding for this project is restricted*)



The Hub

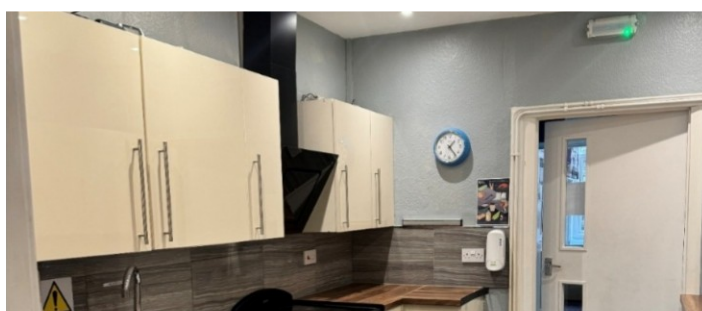
The Hub is another one of our very popular interventions. We provide Angelic Reiki treatment within The Hub (pictured below) which is facilitated by our professional Reiki practitioner. These treatments are very popular, and we are booked up by at least two months in advance by our beneficiaries. Reiki provides our beneficiaries

with feelings of relaxation and the opportunity to de-stress and unwind which is extremely important for people living with profound mental health problems. The practitioner is also qualified in counselling which is important when our guests open up emotionally within these treatments. Having a private and relaxing space in which our guests can open up is very important to us, and having the tools to best deal with those instances is also imperative. (Part of the *Back to Being Me* grant which is restricted funding).



The Kitchen

Our *Healthier Eating* initiative is and has always been one of our most important features. For a small fee, healthier and nutritious meals are a valued aspect of our day-to-day. We have retained our five-star hygiene rating since we received it in 2022. Serving homecooked meals to beneficiaries is not only much healthier in comparison to other meals they consume, but there's also multiple benefits when provided homecooked and fresh meals. Homecooked food is much more nutritious, we can control the portion sizes, there's fewer additives and preservatives, and also social benefits from eating with other people. Some of our beneficiaries live alone and often the meal they have with us is the only meal they have and also the only meal they get to share with other people. Often people who live with mental and physical health problems opt for stress-free and easy food options which means relying on takeaways or ready meals which are packed full of additives, preservatives, added sugars and excess fats which could be avoided by cooking at home, which some people are unable to do so they depend on meals cooked at Arch-Way Project which as stated is for a small fee.





Terrace

We achieved funding from the B&Q Foundation through the Neighbourly Foundation which was used to extend our decking area to create more space for our guests to enjoy the terraced area and also create more raised beds to grow vegetables and flowers. Gardening and being outdoors has many benefits including vitamin D exposure, improved physical health, boosting the immune system, reduces stress and anxiety and creates a sense of purpose amongst many other benefits.
(Funding for this is restricted)



Sustainability

Business Development Manager – We employed a business development manager to help us create sustainability so that we are less reliant on grant funding. We tried to achieve this through creating a business arm to the charity although we fell at the last hurdle and didn't achieve funding we needed to develop the business. Our Business Development Manager works hard at finding funding and applying to help us with our overheads and day to day running costs and also applied for funding to help us become a Smoke Free. We continue to work towards sustainability by building connections with other organisations such as Calderdale College, Calderdale Mental Health and Wellbeing Alliance, Asda, Aldi, Tesco, M&S, Suma and Lidl, Creative Minds and Community Foundation for Calderdale, The National Lottery, and Sir George Martin Trust. *(Funding for this is restricted)*

CMHA (Calderdale Mental Health and Wellbeing Alliance) - We're part of this alliance to understand local funding opportunities, collaborating with different providers which include West Yorkshire Mental Health and Wellbeing Hub, NHS Mental Health Team and other third-sector organisations. We became aware of this alliance through our Business Development Manager and the knowledge received from these meetings and from other organisations is invaluable. We have been given advice and information regarding sustainability, and what we can do to become less reliant on grant funding which is the ultimate end goal for our organisation.

New interventions and services

Body and Mind Transformation

'Body and Mind Transformation' is a project designed to help people lose weight by changing their relationship with food, attending weekly meetings and cultivating a support network to lose weight realistically and facilitated by someone who has lived experience of losing a significant amount of weight in a healthy and sustainable way. The programme addresses a number of different issues for people such as eating unhealthily and lack of exercise, which affect how a person feels mentally. The programme ran for 8 months, and in total, 3 people lost over 14lb in weight. One person who lives with COPD and was waiting for an operation on their lungs needed to lose weight before the operation and due to the programme had lost enough so that she could finally have the operation which is a huge success. *(Funding for this is restricted, provided by Community Foundation for Calderdale)*

Smoking Cessation Project

We started a smoking cessation project funded by Creative Minds to help our service-users stop smoking and adopt healthy coping mechanisms to help deal with the addiction and habit. We've done this through a number of our interventions such as creative writing, tai chi and meditation. Creative writing helped with replacing the habit of smoking by writing down thought patterns related to smoking; tai chi helped by educating our service-users with breathing techniques and occupying the mind with light exercise; and meditation helped our service users by creating space to hold thoughts around smoking, participating in breath work and working through the urges in a group setting amongst peers using holistic techniques. We implement this into our day to day and give advice and guidance to our guests who smoke where we can. *(The funding for this project is restricted).*



**Do you wish to stop smoking?
Do you want to feel healthier and better? We
can help!**

We can:

- Give information on the services available in Calderdale and point you in the direction of the Smoke Free services
- To help and give you guidance in order to help you stop smoking through our projects such as reiki, guided meditation, creative writing, singing, and physical activities such as tai chi and pilates!

Our staff can help guide you away from the cigarettes and towards a healthier future!

Call us on 01422 251613 or speak to a member of the team to discuss



Work Experience: Calderdale College

We enlisted Level 2 and Level 3 Health and Social students from the local college to help us with service delivery which also benefits their college work through completing work experience. The students helped us on both the Back to Being Me project and Past Times project; we believe it's important that young people understand mental health in order to better understand the world around them - bridging the gap between generations leading to more empathy and compassion towards people living with mental/physical health problems and the elderly and ultimately breaking the stigma around mental health problems. We were able to obtain funding from Calderdale College for facilitating this and helping students with volunteering opportunities at Arch-Way Project as well as other third-sector organisations. (*Funding for this is restricted*)

Collaboration with local businesses

Strong partnerships are built on strong connections, and we are proud to be in partnership with Asda, Aldi, Tesco, M&S, Suma and Lidl, who all support us in different ways but predominantly through donations. These connections strengthen our service delivery by helping us with consistent perishable donations towards our projects which helps us to reserve money solely for our overhead costs. We have a strong relationship with Lidl (through the neighbourly scheme) where we receive donations of baked goods twice per week which we redistribute to our beneficiaries. Food costs are on the rise and if we can combat this in any way we can, we make an impact doing so.

We have received donations from Asda, M&S, Aldi, Suma and Tesco for not only food but for bingo and raffle prizes for our *Past Times* project which all help towards reducing our general running costs.



Examiners Report

Arch-Way Project

Income and Expenditure Account 31st March 2025

<u>Income</u>	31st March 2025	31st March 2024	<u>Expenditure</u>	31st March 2025	31st March 2024
Venue Hire	110	120	Stock	1,975	791
Other Income		384	Food Costs	2,065	4,565
Grants			Wages	91,495	89,121
Calderdale MBC	500	6247	Other Labour	3,411	13,318
Main Grants	156252	126217	Casual Wages	29,552	26,950
Lush Retail			Staff Pension Cost	1,476	1,389
Sir George	5000	3120	Staff Training	247	22
Calderdale College		7500	Rent	8,250	12,500
SW Yorks Ship			Light & Heat	4,149	5,438
Charles Hayward Foundation			Agm, Christmas Party & inductions	258	334
Neighbourly	8000		Cleaning	799	1,800
Groundwork		3856	Travel	2,401	1,955
HSBC Sfx Foundation			Telephone	270	1,771
Community Foundation	4950	4832	Maintenance/Repairs	11,662	5,086
Sovereign Health	2000		Insurance	2,334	1,959
Barchester Health	1560		Professional Fees	1,786	103
Halifax Opportunity	728		HR	3,669	
Other Funding			Uniform		
Donations	3721	3827	Stationery & Postage	132	95
Cash Donations	113	74	Computer Expenses	200	180
			Advertising	2,702	70
			Equipment Hire	5,258	3,336
			Sundry	162	312
			Fundraising Services	697	614
	<u>182,933</u>	<u>156,177</u>			
Bank Interest	0			<u>174,949</u>	<u>171,708</u>
	<u>182,933</u>	<u>156,177</u>	Surplus/Deficit for the period	7,984	-15,531
	<u>182,933</u>	<u>156,177</u>		<u>182,933</u>	<u>156,177</u>
Represented by:					
Balance forward 1/4/2024	16,233	31,764	Balance at bank 31/03/2025 (Current)	20,217	16,233
Balance forward 1/4/2024	0		Balance at bank 31/03/2025 (Reserve)	4,000	
	<u>16,233</u>	<u>31,764</u>		<u>24,217</u>	<u>16,233</u>
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	<u>24,217</u>	<u>16,233</u>		<u>24,217</u>	<u>16,233</u>

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

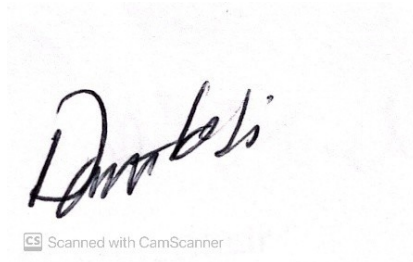
to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

23rd July 2025
Chris Grant & Co Ltd, Chartered Management Accountants
87 Huddersfield Road
Mirfield
West Yorkshire
WF14 8AT

Declaration from Driton Hoti (Treasurer)

I declare that the monies designated for specified purposes were used for what they were intended for, and I am happy with the financial decisions of the Arch-Way Project.

A handwritten signature in black ink, appearing to read 'Driton Hoti', is centered on a white background. Below the signature, there is a small, faint watermark that says 'Scanned with CamScanner'.

Signed:

Our Trustees:

Andrew Mullin – Chair

Nazam Hussain – Secretary

Driton Hoti – Treasurer

No changes in Trustee board or responsibilities since the last report (23-24).

Organisational Structure:

CEO

Operations Manager/General Manager

Project Manager

Project Worker

Volunteer

Declaration:

I am satisfied with how the Arch-Way Project, and its staff and volunteers are operating the interventions and projects that are available to those in the community who need them the most. We're nearing the final year of our National Lottery: Reaching Communities grant for the *Back to Being Me: Continuation* funding and I am happy with the outcomes generated through the projects and interventions within this project as well as the *Past Times* project. I am excited for what the future has to offer at the Arch-Way Project.

Signed:



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Andrew Mullin, Chair

Special thanks to our funders.



**NATIONAL
LOTTERY FUNDED**



**COMMUNITY
FOUNDATION
FOR CALDERDALE**

TESCO


Sir
George
Martin
Trust


ASDA
MARKS
SPENCES



Arch-Way Project
Income and Expenditure Account 31st March 2025

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(1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

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23rd July 2025
Chris Grant & Co Ltd. Chartered Management Accountants
87 Huddersfield Road
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Auditors report – Accounts 24-25

In connection with my examination, no matter has come to my attention:

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to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

23rd July 2025

Chris Grant & Co Ltd. Chartered Management Accountants

87 Huddersfield Road

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ARCH-WAY PROJECT

England & Wales - Charity number 1158349

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This report covers the activities of Arch-Way Project CIO for the period from 1st April 2023 to 31 March 2024.

Trustees report

Arch-Way Project is a mental health charity that works closely with vulnerable adults living with profound mental health issues, adults on the autistic spectrum and the elderly; particularly those who feel isolated, lonely or are at risk from/living with dementia. We provide multiple projects and interventions in-house to help our beneficiaries better deal with their mental and physical health by providing the means for guests to engage with music, art, physical and beauty therapies. In addition, we host a weekly live music social event, a guided meditation group, tai chi class, Pilates class, art group activities, a singing group, creative writing group, gardening group and also a walking group. All of these interventions are designed to help improve individuals' well-being, increase self-esteem and confidence, help build better relationships and make new friends.

Over the past year we have been working towards helping our service-users meet a number of potential outcomes through our *Back to Being Me* project, as well as continuing to run our ever-growing and oldest project *Past Times*.

The goals and desired outcomes of the *Back to Being Me* project were initially developed from the findings of our pilot project. Over the course of the project's life, these objectives have been refined into the following six points:

- Service users will feel reduced feelings of loneliness, and social isolation.
 - Service users will feel increased confidence and social connections.
 - Service users will feel fitter, healthier and become more independent.
 - Service users will achieve the confidence to progress to volunteering.
 - Service users will aim towards further training/education/employment.
- Service users will ultimately feel that their need to attend Arch-Way Project decreases over time.

In the past year we have learned that most of our beneficiaries are meeting all but two of our outcomes, which gives us the tools to implement a forward plan in order to help our beneficiaries reach our most sought-after outcomes, those being:

1. Service-users will aim towards further training/education/employment and
2. Service users will ultimately feel that their need to attend Arch-Way Project decreases over time.

In order to achieve these goals, we will provide information and guidance through inviting organisations such as Citizens Advice and Halifax's employment centre to visit and provide information regarding further training and employment opportunities to our guests.

Back to Being Me - Projects and Interventions:

Within the *Back to Being Me* project we aim to combat mental and physical health difficulties in a holistic way. We venture to do this in a comfortable environment within which there is no pressure to take part in any activity. The activities we use to combat physical inactivity are Pilates/yoga, tai chi, gardening, and a project named *Mindful Miles*; a short one-mile walk around the perimeter of our local park. Paired with our 'healthier in comparison' meals and creative interventions, our findings suggest that we have been successful in helping to improve our guests' overall health and general wellbeing. Our other interventions are used to combat feelings of loneliness, isolation and reduce stress and anxiety. Group activities are undeniably important in building stronger connections and relationships, leading to further reductions in feelings of loneliness and isolation simultaneously. Below is a short summary of each intervention that takes place at Arch-Way Project, including when the intervention happens.

- Mindful Miles (Monday Morning)
 - During Mindful Miles, we take advantage of the pleasant surrounding areas to host a one-mile walk around the perimeter of our local park. Light exercise aids in recovering from everyday stresses, both physical and mental. It also provides guests with the opportunity to spend some time in nature, leading to further positive outcomes.
- Guided Meditation (Tuesday Morning)
 - Guided meditation is our second most popular intervention (see *Tai Chi*, below). This practice helps to reduce feelings of stress and anxiety, calming the mind and body of the participant.
- Singing Group (Tuesday Afternoon)
 - Singing releases dopamine in the brain and is positive for building self-esteem and confidence. The partaking of singing within a group strengthens social bonds and creates relationships between guests. Singing also has cardiovascular benefits.
- Tai Chi (Wednesday Morning)
 - Tai Chi is currently our most popular intervention and is traditionally useful for a number of different reasons – namely reduced stress levels and an increase in physical health. Our attending guests overwhelmingly report a positive change in their mood and physical wellbeing, stating that they feel 'more relaxed' and 'less anxious'.
- Creative Writing (Wednesday Afternoon)
 - Our creative writing intervention aims to help people express their feelings and emotions in a healthy way. Our guests often write about their struggles and worries; sharing them with others helps to create a sense of togetherness and understanding within the group.
- Pilates/Yoga (Thursday Morning)
 - Pilates and yoga are both renowned for reducing stress and anxiety levels significantly as well as improving physical health. Our group is inclusive to the elderly as we also provide seated sessions so that all of our guests feel comfortable and can take part.

- Drama Group (Thursday Morning)
- Our drama group aims to help our guests build self-esteem and confidence, empowering them to stand up in front of their peers and express themselves. Engaging with drama activities also improves social skills, promotes creativity and imagination, and helps people process emotions in a comfortable setting amongst others who are also going through similar experiences. We achieved funding from Sir George Martin Trust to employ our group co-ordinator who originally was a service-user, then volunteer.
- Art Group (Thursday Afternoon)
- Engaging with creative outputs such as physical art helps our guests to feel more relaxed and less stressed. The group activities help to strengthen bonds and relationships, and it is a fun and enjoyable time for our guests.



Our guests enjoying Tai Chi group.



All 'Back to Being Me' interventions are funded by the National Lottery: Reaching Communities fund. Restricted funding.

As you can see, we continue to use our concrete methods of practice to ensure that our guests feel secure. This ultimately makes them more receptive to change. Due to

the nature of the people, we work with, we have kept our projects and interventions structured so that there is a sense of stability, as often, people living with mental health problems, those on the autistic spectrum and people at risk from or living with dementia benefit from structured activities and routine. We may make changes in the future although this isn't something we're looking to do as our current state of service is working and of benefit to our guests as evidenced in this report.



ARCHWAY PROJECT
Community Mental Health Charity

The Arch-Way Project is a charity based in Halifax, West Yorkshire, set up for the purpose of increasing the health and well-being of local communities, especially those living with mental health issues and who are isolated and lonely.

Plan your week with us!

Monday	Tuesday	Wednesday	Thursday
PAST-TIMES A night out on a Monday afternoon aimed at those who feel isolated and lonely, located in Arden Road Social Club 1pm - 3.30pm LUNCH CLUB Live music, quiz, bingo and raffle - 1pm	GUIDED MEDITATION 11am - 12pm LUNCH 1pm - £4 SINGING/SONGWRITING GROUP 2pm - 3.30pm	TAI CHI 10.30am - 11.30am LUNCH 1pm - £5 (inc. pudding) FILM CLUB 1.30pm CREATIVE WRITING GROUP 2pm - 3.30pm ANGELIC REIKI Booking required	YOGA 10.30-11.30am DRAMA GROUP from 11.30 LUNCH 1pm - £4 ART GROUP 2pm - 3.30pm.

All our services are free!
Contact us for more information:
mail@archwayproject.org.uk | www.archwayproject.org.uk
facebook: archwaycalderdale | 01422 251613
Arch-Way Project, Arden Road, Halifax, HX1 3AG | Charity Number: 1158349

QR code: SCAN ME

Note: we no longer run the film group due to low demand.

In addition to our regularly scheduled interventions, we also provide guests with the option to engage with gardening via our terrace area. Our ability to provide this type of activity for our beneficiaries is relatively brand new and was initiated by our guests with green fingers! Our guests spend time outdoors on our patio, tending to flowers, plants and vegetables that we grow throughout the year. A lot of what we grow on our patio is used in our in-house kitchen, and this is something that we are very proud about.

The Hub

The Hub is another one of our very popular interventions. We provide Angelic Reiki treatment within The Hub (pictured below) which is facilitated by our professional Reiki practitioner. These treatments are very popular, and we are booked up by at least two months in advance by our beneficiaries. Reiki provides our beneficiaries with feelings of relaxation and the opportunity to de-stress and unwind which is extremely important for people living with profound mental health problems. The practitioner is also qualified in counselling which is important when our guests open up emotionally within these treatments. Having a private and relaxing space in which our guests can open up is very important to us, and having the tools to best deal with those instances is also imperative.



The Hub – funded by the National Lottery: Reaching Communities fund. Restricted funding.



Our guided meditation group.

The Kitchen

Our *Healthier Eating* initiative is and has always been one of our most important features. For a small fee and arguably better value for money, healthier and nutritious meals are a valued aspect of our day-to-day. Evidence proves that eating less meat is good for the environment and better for health, which prompted us to introduce meat free Thursdays. We have retained our five-star hygiene rating since we received it in 2022, after being assessed again in July 2023.



Our cook happy with the Food Hygiene re-inspection.

Past Times

Past Times continues to be our most successful and well attended project, and in the past year we have seen an increase in attendees by 10%. On average we see around 65 people every week and have done since June 2024. We hope to increase that number by Summer 2025, and to do this, we have been reaching out more to local residents and care homes to try and increase the number of attendees so that more people can benefit.

We have kept all activities the same, although we've had to remove the luncheon club due to low demand. Last year, there was more of a demand for it, we believe due to the cost-of-living crisis, which is still impacting individuals although we believe the not as much as the previous year.

Huddersfield University completed their research in September 2023 which has helped us to understand which factors of the project we need to home in on. Here is a link to that report: <https://pure.hud.ac.uk/en/publications/an-evaluation-of-the-past-times-project-combating-loneliness-in-l>



Our guests ready for the afternoon.

Volunteering

Over the past year we've had a significant increase in volunteering enquiries as well as bringing volunteers on board. We now work with 10 volunteers over our two main projects: '*Past Times*' and '*Back to Being Me*', although the majority of our volunteering team work at Past Times due to the number of people we cater for.

We pride ourselves on our volunteering team and without them wouldn't have the manpower to carry out our projects to such a high standard.



Just a few of our volunteers posing for a photo!

Fundraising

To try and rely less on grants, we're always working to raise funds where we can. This means we have multiple methods of raising money to help towards our day-to-day running costs which includes running live music events, hosting a raffle at our Past Times project, being active with other organisations and initiatives Reverb and Easy Fundraising. Last summer, Reverb invited us to host a stall at their fundraising event within the Piece Hall, where The Lumineers performed and donated £500 of their ticket sales to us. This was made possible through Reverb after they recognised the work we do in the community and reached out in order to set the donation up. Thank you Reverb!

We also set up our own fundraiser under our 'Music 4 Minds' initiative. This involves local musicians and bands performing in aid of our charity, and the event helped us to raise £300 to put towards general running costs!



New interventions

Find Your Voice – Find your voice is an organisation who work with organisations such as ourselves to deliver a structured singing programme to beneficiaries. The programme helps to improve general wellbeing, increase confidence and self-esteem, and also some physical benefits include increased lung capacity and breathing control. This programme lasted 8-weeks and we continued to provide the singing group after the programme ended. This programme was funded externally by Calderdale Adult Learning.

Table Tennis – The table tennis project is a fantastic initiative developed by our staff team and beneficiaries and has multiple health benefits. We have also found that through the table tennis project and a little healthy competition, it has increased the need for it within our day-to-day provision. At the end of almost every day, some of our staff and beneficiaries take part in games of table tennis and get involved in the excitement of competition.

Holistic Counselling – Our Angelic Reiki and Guided Meditation practitioner began a holistic counselling course in 2023 and in February 2024 qualified and began delivering holistic counselling sessions to our beneficiaries who need it most. This is

going well so far and many of our beneficiaries are booking sessions where they can.



**COME
TOGETHER
SING THE
SONGS YOU
LOVE**

13TH JUNE 2023 1:30PM
ARCH-WAY PROJECT, ARDEN, HX1 3AG ROAD,
HALIFAX
FOR MORE INFORMATION GIVE US A CALL: 01422251613

**FIND YOUR
VOICE**

Examiners Report

Arch-Way Project

Income and Expenditure Account 31st March 2024

<u>Income</u>	<u>31st March 2024</u>	<u>31st March 2023</u>	<u>Expenditure</u>	<u>31st March 2024</u>	<u>31st March 2023</u>
Venue Hire	120	890	Stock	791	1,626
Other Income	384	2461	Food Costs	4,565	7,898
			Wages	89,121	98,378
Grants			Other Labour	13,318	20,509
Calderdale MBC	6247	10623	Casual Wages	26,950	19,725
Main Grants	126217	76581	Staff Pension Cost	1,389	1,691
Lush Retail			Staff Training	22	459
Sir George	3120		Rent	12,500	11,750
Calderdale College	7500		Light & Heat	5,438	5,460
SW Yorks Ship			Agm, Christmas Party & inductions	334	89
Charles Hayward Foundation			Cleaning	1,800	2,261
Neighbourly		4950	Travel	1,955	2,809
Groundwork	3856	4820	Telephone	1,771	1,515
HSBC Sfx Foundation		5000	Maintenance/Repairs	5,086	3,893
Community Foundation	4832		Insurance	1,959	1,708
			Professional Fees	103	2,671
Other Funding			Uniform		7
Donations	3827	8277	Stationery & Postage	95	566
Cash Donations	74	540	Computer Expenses	180	2,289
			Advertising	70	2,462
			Equipment Hire	3,336	3,336
			Sundry	312	448
			Fundraising Services	614	2,940
			Staff subs to repay/repaid		-2150
			Overpaid wages to repay/repaid		-500
	<u>156,177</u>	<u>114,142</u>			
Bank Interest	0			<u>171,708</u>	<u>191,838</u>
	<u>156,177</u>	<u>114,142</u>	Surplus/Deficit for the period	-15,531	-77,696
	<u>156,177</u>	<u>114,142</u>		<u>156,177</u>	<u>114,142</u>
Represented by:					
Balance forward 1/4/2023	31,764	109,460	Balance at bank 31/03/2024 (Current)	16,233	31,764
	<u>31,764</u>	<u>109,460</u>		<u>16,233</u>	<u>31,764</u>
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	<u>16,233</u>	<u>31,764</u>		<u>16,233</u>	<u>31,764</u>

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

4th November 2024

Chris Grant & Co Ltd. Chartered Management Accountants

87 Huddersfield Road

Mirfield

West Yorkshire

WF14 8AT

Declaration from Driton Hoti (Treasurer);

I declare that the monies designated for specified purposes were used for what they were intended for, and I am happy with the financial decisions of the Arch-Way Project.

Signed:

A handwritten signature in black ink, appearing to read 'Driton Hoti', is written over a faint, circular official stamp.

Our Trustees:

Andrew Mullin – Chair

Nazam Hussain – Secretary

Driton Hoti – Treasurer

No changes in Trustee board or responsibilities since the last report (22-23).

Organisational Structure:

CEO

Operations Manager/General Manager

Project Manager

Project Worker

Volunteer

Declaration:

I am satisfied with how the Arch-Way Project and its staff and volunteers are operating the interventions and projects that are available to those in the community who need them the most. I am happy with the outcomes generated through the projects and interventions and I am excited for what the future has to offer at the Arch-Way Project.

Signed:


Scanned with CamScanner

Andrew Mullin, Chair

Special thanks to our funders.



**NATIONAL
LOTTERY FUNDED**



**COMMUNITY
FOUNDATION
FOR CALDERDALE**



Income and Expenditure Account 31st March 2024

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4th November 2024
Chris Grant & Co Ltd. Chartered Management Accountants
87 Huddersfield Road
Mirfield
West Yorkshire
WF14 8AT

Income and Expenditure Account 31st March 2024

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4th November 2024
Chris Grant & Co Ltd. Chartered Management Accountants
87 Huddersfield Road
Mirfield
West Yorkshire
WF14 8AT

ARCH-WAY PROJECT

England & Wales - Charity number 1158349

Accounts



Trustee Annual Report and Financial Statements For the Year Ended 31 March 2023

Charity Number: 1158349
Mental Health Charity (CIO)
Arch-Way Project, Arden Road
Halifax
West Yorkshire
HX1 3AG

The Trustees present their report with the independently examined financial statements of the Arch-Way Project (CIO) for the year ended 31st March 2023. The charity was founded in 2012, and established as a registered CIO in 2014, and became a CIO in 2014. This report covers the activities of Arch-Way Project CIO for the period from 1st April 2022 to 31 March 2023.

Introduction

This past year has been a positive one for us at the Arch-Way Project. After such a challenging but successful year from March 2021 – April 2022, we have developed, made changes and additions where possible for the benefit of our guests. The developments have been well received and our guests are accessing new and exciting projects which help them to build confidence, self-esteem, and make better, healthier lifestyle choices.

Back to Being Me

Back to Being Me is our ever-growing project, currently accessed by around 90 individuals, although not all at once!

We have tweaked and introduced new interventions over the past three years to best accommodate those who access the project. There's something for everyone within this project, so much variety that often people are unsure of what to get involved in first. We offer a number of interventions to get involved in such as:

- Guided Meditation, delivered by one of our volunteers.
- Singing Group – helping to increase confidence and self-esteem.
- Tai Chi Class, delivered by a trained professional with over 10 years of teaching experience.
- Film Club (All Together Now) – showing classic and modern films.
- Creative Writing Group – helps to increase confidence and showcase writing and poetry.
- Pilates – delivered by a trained professional with 8 years of experience working with working age adults and the elderly to help promote better mobility through light exercise.
- Art Group (Express Yourself) – One of our longest running interventions, this group is relaxed and welcoming to all who attend and take part.
- Drama Group – Delivered by one of our volunteers, with a degree in Drama and Acting. This is a brand-new intervention and a very popular one – we are hoping to extend this project so that our beneficiaries can enjoy and experience.



The funding for this project is restricted and was granted to us by The Big Lottery.

Past Times

Past Times is our oldest running project; created in 2013, it has been extensively developed and over the years we have seen it flourish into our most well-attended project. We provide live music, a quiz, games of bingo and a raffle. In addition to this, we opened a luncheon club in May 2022 to promote healthier eating habits within the elderly and those who are isolated. People tend to skip meals or opt for quick, easy, and cheap microwavable meals because they simply do not enjoy eating alone. We devised a course of action to combat this factor by creating a luncheon club in a setting which is familiar so that they are no longer eating at least one of their meals per day, alone. Past Times is one of our most popular projects and we see on average around 60 people each week. We were hoping to reach 80 attendees by summertime but after speaking to local residential homes, there are still safety measures in place due to the COVID-19 pandemic which means that some of these residential care homes are unable to attend because of the vulnerability of the residents. We are hoping this will change by the end of the year.

We have been in partnership with Huddersfield University to develop an 'Arch-Way Project Model' with a PhD student from the university interviewing attendees and collating the data to then create a model so that other organisations can set up their own Past Times project. This will be recognised as an Arch-Way Project intervention where other organisations can look at the model and run their own event to help combat loneliness and isolation in their own communities, to further reduce the number of people who are isolated and in need of human contact and engagement.

Due to the ever-growing cost of living increases, we also started to promote the Past Times project as a 'Warm Welcome' space. 'Warm Welcome' is an initiative to connect people, especially after the COVID-19 pandemic, to help support them and reconnect people, in a 'warm space', where people come to stay warm and access facilities that may not be available to them due to the cost-of-living increases. Rather than stay at home and pay extortionate prices to sit at home, they can come to the Arch-Way Project and use our facilities which helps them reduce their bills.



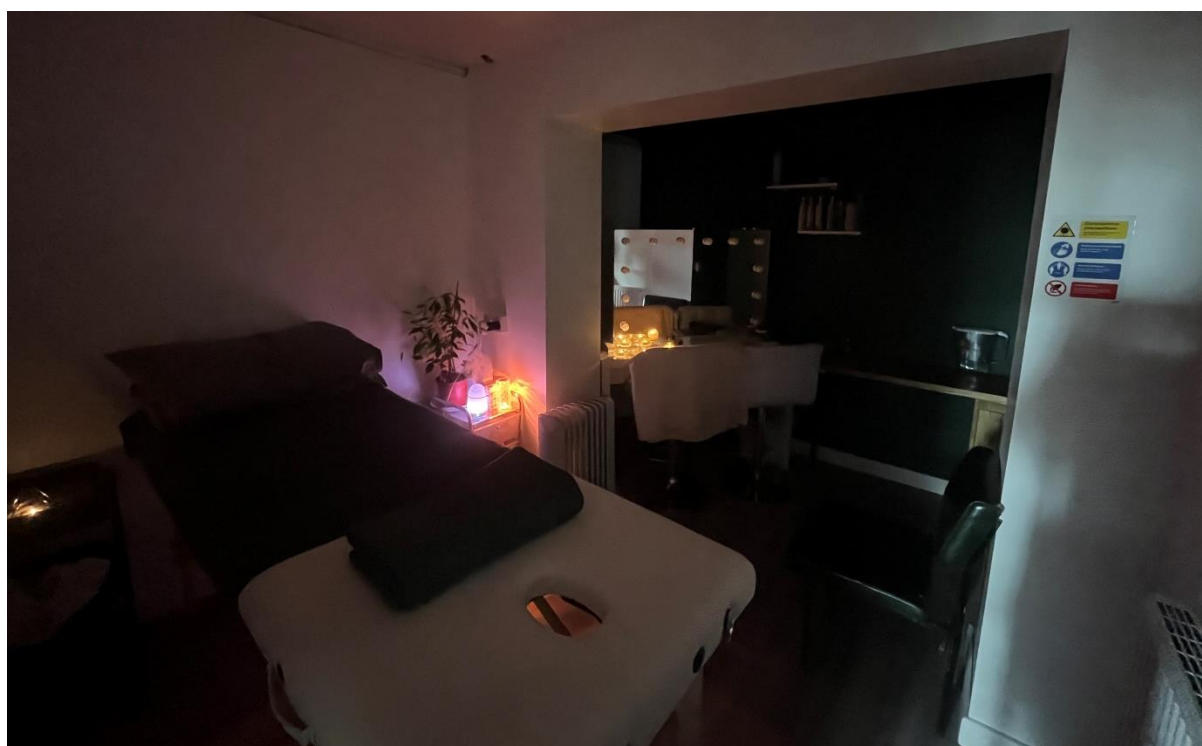
The funding for this project is restricted and was granted to us by The Big Lottery Reaching Communities fund.

The Hub

The Hub is another one of our very popular interventions. We provide Indian head massage, hand massage and multiple beauty treatments for our guests. These treatments are very well received, and we're fully booked up every week.

We applied for funding to employ a trained Reiki practitioner to provide treatments for our guests. These treatments help to relax our guests and it is a very popular addition to our interventions.

The treatments are a fantastic addition to what we do, each of our interventions are designed to better the mental health of our beneficiaries and by providing a relaxing massage session, reiki, or beauty treatment, it helps to increase the self-esteem of our guests.



The funding for this project is restricted and was granted to us by The Big Lottery and is part of the 'Back to Being Me' project.

New projects

Mindful Miles is a new project which started in December 2022. A member of our staff team meets a small group of guests near to our headquarters for a one-mile walk in the morning before attending Arch-Way Project. This project helps to promote a healthier lifestyle and get people up and out in a morning for some light exercise. This compliments our other interventions, with it promoting a healthier lifestyle and making better choices in terms of health and wellbeing.



Our little helper, Rosie, on the 'Mindful Miles' walk!

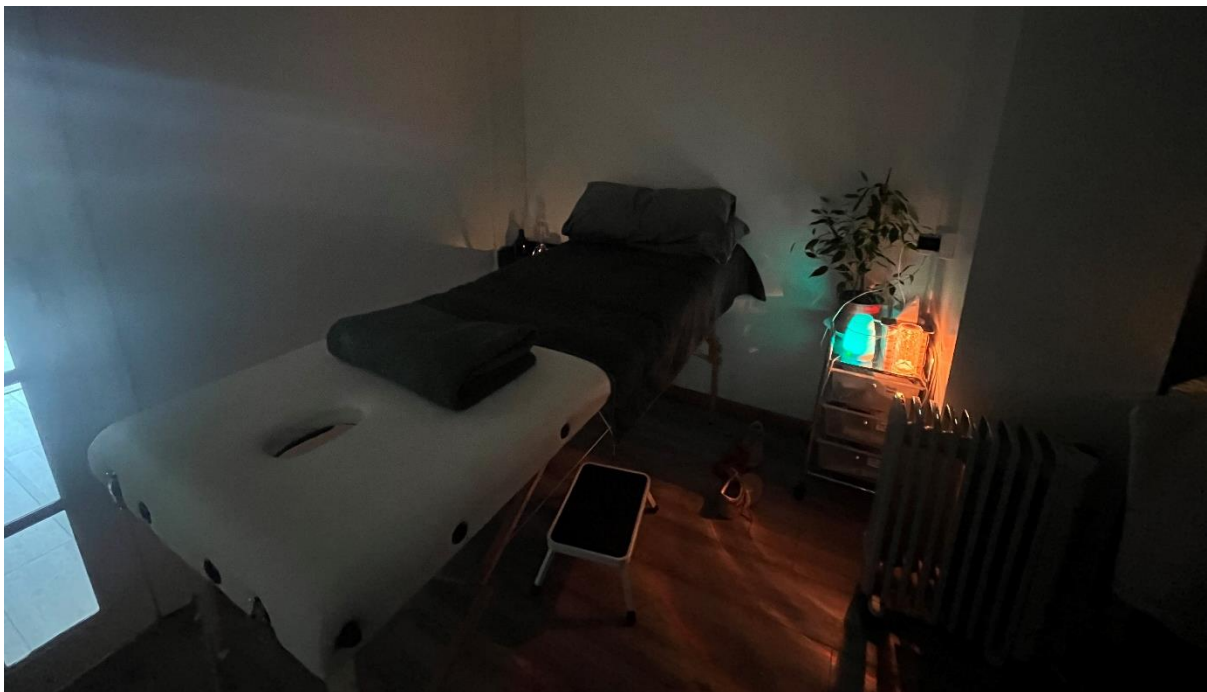
This project is cost-free.

Drama group is a new intervention that started in January 2023 and has been hugely successful. The group is delivered by a semi-professional actor and helps to build confidence and allows our guests the opportunity to showcase their creativity. The drama group have performed at a couple of our Open Minds Night events and at our AGM which was very well received by those who attended.



Our guests taking part in the Drama group.

Angelic Reiki (The Hub) is a new intervention, introduced in March 2023. This branch of The Hub project has become a vital part of what we do here; our guests look forward to their treatments every week and the practitioner is fully booked up until the end of the year.



This new intervention has been funded by Awards for All (Big Lottery) and is restricted to the running of this service.

Volunteering

Because we're seeing more people access our projects, we have increased our volunteering opportunities for the Back to Being Me and Past Time projects; we now have 8 volunteers on board and each one of them greatly improves the running of these projects and helps us to better deliver our interventions so that everyone feels supported.

Our volunteers are a vital part of the team, helping us with each project we run. Now that we have 8 volunteers on board, helping to deliver and plan projects and work events.

In December we worked in partnership with RSA. They helped us set up our Christmas Party and spent the day setting up, helping to cook and prepare meals, make refreshments throughout the day, and sit and talk with our guests.

Many of our guests in the past, and present, have begun volunteering which we find to be a great help and is benefiting them by improving their confidence and self-esteem. Many of our volunteers have found paid employment and other volunteering opportunities. They are a huge part of what we do and for them to find other work opportunities is part of what we want to achieve.

We will continue to work with members of the community and other organisations to increase opportunities which greatly benefit the running of our projects.

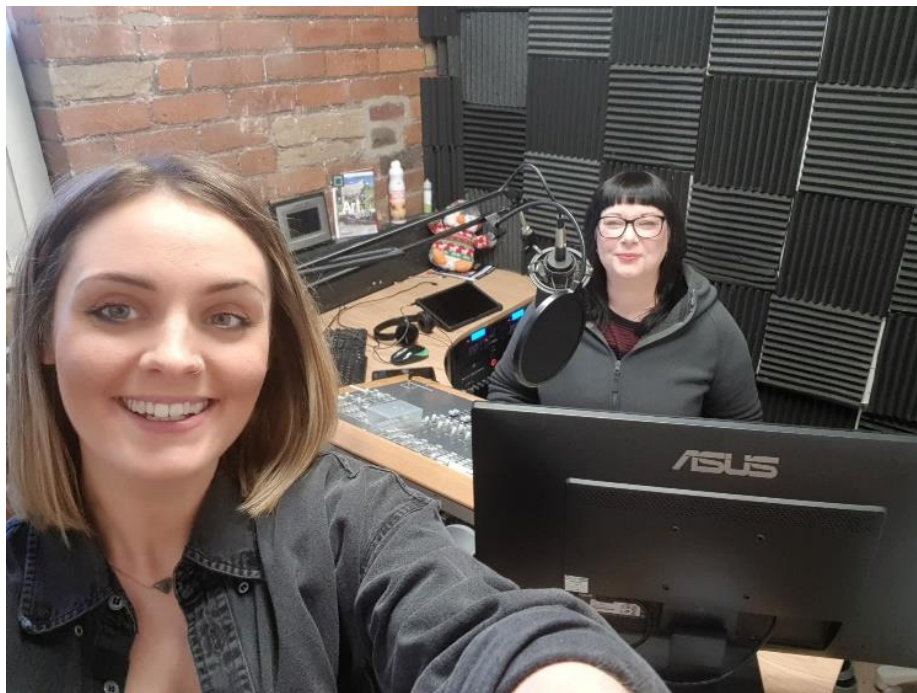


Promotion

Promotional Video – To try and attract more individuals to our projects, we had a promotional video recorded featuring our interventions and short interviews by service-users and members of staff. This video helps the public understand what we do at the Arch-Way Project and how beneficial our interventions are to our service-users. We did this as a means to raise awareness and funding for day-to-day running costs.

Appeal – Shortly after our promotional video was recorded, we made an appeal video to help us raise money for monthly running costs due to the possibility of running out of funding. This video helped us to spread awareness around what we do and the vitality of our services and interventions.

Phoenix Radio – We went live on Halifax's local radio station to promote what we do, and we spoke about our projects and interventions, so that we could increase our reach and awareness around what we do.



Social Media Prescence – We have been increasing our reach on social media, so that more people have access to information about what we do and how we do it, for the purpose of signposting and ensuring more people are aware of what we do. We have reached just under 1,400 likes on Facebook!

Holly Lynch – Our local MP, Holly Lynch, visited us in the summer of 2022. We spoke with her about our outreach work and the interventions we provide. Holly seemed to be very impressed and is going to make another visit to talk more about what we do.



COVID-19 Safety and Prevention

We take every precaution when it comes to protecting our guests from the threat of the COVID-19 virus. Although there are no recorded cases where our guests have contracted the virus from our premises, we take every step possible to ensure all of our guests, staff and volunteers are safe from harm. We have put in place measures to ensure all are protected such as air filtration units, hand sanitising stations, and carbon dioxide monitors that alert us if there are too many people in the same room at once. We also ensure that there is a constant air flow throughout the building in order to reduce the risk of spreading the virus.

Fundraising

Our staff have been busy trying to raise extra money for general running costs that help with our day-to-day activities. To do this, we have planned various fundraising events in-house as well as externally.

In July, three members of our staff team took part and two completed the Yorkshire Three Peaks challenge, raising just over £1000. This was a great achievement for Arch-Way Project, and we hope to do more fundraising events like this in the future.



Arch-Fest PUNK!

We had our annual music festival *Arch-Fest* event in September 2022, which helped raise just under £500. This event is aimed at our attendees and the general public to help raise awareness around what we do at the Arch-Way Project. Our space is safe and familiar to our guests which makes them feel more confident to attend music hosted by us; often our guests feel isolated from what's going on in the community, because they don't feel comfortable enough to go to venues to watch and listen to live music and we combat that by transforming our HQ into a fully-functioning music venue so that our guests can enjoy live music in a safe and familiar setting.

This is our third Arch-Fest event, and it was enjoyed by all, especially our guests.



Crowdfunding

We have set up multiple crowdfunding pages throughout the year to help generate more funding to contribute towards day-to-day running costs which include tea, coffee, biscuits, and energy costs etc. Although we only received a small amount, every contribution helps. Not only is crowdfunding great for raising money but also to raise awareness; if one person can't contribute, they can share the page with their family and friends via social media. Our social media presence has greatly improved in the past year!

The Kitchen

In May 2022, we received our first kitchen inspection and passed with flying colours! We provide hot and nutritious meals to our guests every day and we have also introduced a luncheon club to our Past Times project.

Often, people living with a mental health problem and who are isolated and/or lonely tend to skip meals due to the simple fact that they don't enjoy eating alone. We combat this by providing a hot and nutritious home-cooked meal for a small fee and the meals are truly enjoyed by all. We cater to all tastes and rotate the meals we provide every month so that there is something to everyone's taste.

We're confident that we will continue providing safe and enjoyable meals for all to enjoy for the foreseeable future.



Hot meals are provided every day and are a part of our Back to Being Me project.

Environmental Impact

In September of 2022 we were awarded funding from the Screwfix foundation to repoint and install new windows in our building. The windows make our space much brighter and more welcoming as they're nicer to look at, as well as better for the environment and help to reduce our energy bills because they're double glazed and help retain heat so that we don't have to leave our heating on throughout the day.



Building Improvements

Not only did we have new windows installed, but we also had new floors fitted in our bathrooms, kitchen, and hallway. This change transformed our bathrooms and kitchen and made for a more hygienic and aesthetically more pleasing space. We received funding from B&Q which allowed us to make these improvements.



Building Connections

We have been working with local businesses to boost our reach and raise awareness around what we do in our community. The support from local businesses is vital for us as a small organisation and we jump at the chance to take part in any fundraising events where we work together to promote bettering mental health and wellbeing.

We took part in fundraising and raising awareness with *Shay Stadium* and raised £120 for general running costs.



We have been in partnership with *Lidl* via the *Neighbourly Scheme* for almost 7 years and have received many donations from them throughout the years. This past year has not been

any different! In December 2022, Lidl donated to us three turkeys and all of the trimmings for our Past Times Christmas party. The event was attended by 110 people and all of those people ate and enjoyed lunch, generously donated by Lidl via the neighbourly scheme.



Guests enjoying the Past Times project (funded by the Big Lottery)

Open Minds Night

Our 6-8 weekly platform for our guests' musical performances and creative writing/poetry.

This event is designed to help increase the confidence of our beneficiaries and to give them a platform to showcase their creativeness. We see around 15-30 attendees at every Open Minds Night, not only our guests but members of the public; to enjoy the music and the writing of those who access our interventions.

Each event is enjoyed by all, and building up to the next is always exhilarating.



A picture taken at our Open Minds Night.

Financials:

Arch-Way Project

Income and Expenditure Account 31st March 2023

<u>Income</u>	<u>31st March 2023</u>	<u>31st March 2022</u>	<u>Expenditure</u>	<u>31st March 2023</u>	<u>31st March 2022</u>
Venue Hire	890	1075	Stock	1,626	2,128
Other Income	2461		Food Costs	7,898	4,688
			Wages	98,378	81,994
Grants			Other Labour	20,509	1,904
Calderdale MBC	10623	6247	Casual Wages	19,725	25,498
Main Grants	76581	179177	Staff Pension Cost	1,691	1,011
Lush Retail		1812	Staff Training	459	4,511
Sir George		1000	Rent	11,750	8,000
Calderdale College		2000	Light & Heat	5,460	3,790
SW Yorks Ship		3325	Agm, Christmas Party & inductions	89	814
Charles Hayward Foundation		4000	Cleaning	2,261	1,855
Neighbourly	4950		Travel	2,809	475
Groundwork	4820		Telephone	1,515	882
HSBC Sfx Foundation	5000		Maintenance/Repairs	3,893	1,593
			Insurance	1,708	1,644
			Professional Fees	2,671	1,885
Other Funding			Uniform	7	674
Donations	8277	4908	Stationery & Postage	566	1,190
Cash Donations	540		Computer Expenses	2,289	1,537
			Advertising	2,462	844
			Equipment Hire	3,336	2,030
			Sundry	448	203
			Fundraising Services	2,940	
			Staff subs to repay/repaid	-2150	2150
			Overpaid wages to repay/repaid	-500	730
	<u>114,142</u>	<u>203,544</u>			
Bank Interest	0			<u>191,838</u>	<u>152,030</u>
	<u>114,142</u>	<u>203,544</u>	Surplus/Deficit for the period	<u>-77,696</u>	<u>51,514</u>
	<u>114,142</u>	<u>203,544</u>		<u>114,142</u>	<u>203,544</u>
Represented by:					
Balance forward 1/4/2022	109,460	57,946	Balance at bank 31/03/2023 (Current)	31,764	109,460
	<u>109,460</u>	<u>57,946</u>		<u>31,764</u>	<u>109,460</u>
Surplus/-deficit for the period	-77,696	51,514			
	<u>31,764</u>	<u>109,460</u>		<u>31,764</u>	<u>109,460</u>

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

29th August 2023
Chris Grant & Co Ltd. Chartered Management Accountants
87 Huddersfield Road
Mirfield
West Yorkshire
WF14 8AT

Restricted and Unrestricted grants:

08/04/2022 Calderdale MBC 1561.75 - Restricted
03/05/2022 Calderdale MBC 2000.00 - Restricted
06/07/2022 Calderdale MBC 1561.75 - Restricted
26/09/2022 Calderdale MBC 1561.75 - Restricted
11/01/2023 Calderdale MBC 1561.75 - Restricted
21/12/2022 Community Foundation 2376.00 - Restricted
24/03/2023 Groundwork 4820.00 - Restricted
10/05/2022 HSBC Sfx Foundation 5000.00 - Restricted
28/10/2022 Main Grants 15456.00 - Restricted
28/10/2022 Main Grants 16883.50 - Restricted
28/10/2022 Main Grants 16883.50 - Restricted
18/11/2022 Main Grants 9782.00 - Restricted
02/12/2022 Main Grants 9782.00 - Restricted
13/01/2023 Main Grants 7794.00 - Restricted
23/01/2023 The Neighbourly Foundation 4700.00 - Restricted
14/02/2023 The Neighbourly Foundation 250.00 – Restricted

TOTAL**101974.00****Declaration from Driton Hoti (Treasurer);**

I declare that the monies designated for specified purposes were used for what they were intended for, and I am happy with the financial decisions of the Arch-Way Project.

Signed:

Our Trustees:

Andrew Mullin – Chair

Nazam Hussain – Secretary

Driton Hoti – Treasurer

Naila Kauser - Trustee

Since the last report (21-22), Nazam Hussain took over as Secretary from Ben Marshall in February 2023.

Organisation Structure:

CEO

Operations Manager/General Manager

Project Manager

Project Worker

Volunteer

Declaration:

I am satisfied with how the Arch-Way Project and its staff and volunteers are operating the interventions and projects that are available to those in the community who need them the most. The projects are beneficial, and I have even taken part in some of the physical activities myself, much to my enjoyment and bettering of my general wellbeing. I am happy with the outcomes generated through the projects and interventions and I am excited for what the future has to offer at the Arch-Way Project.

Signed:

Andrew Mullin, Chair

Thank you to our supporters!



LOTTERY FUNDED



neighbourly
COMMUNITY
FUND

Calderdale
Council
**COMMUNITY
FOUNDATION
FOR CALDERDALE**



SCREWFIX



End of Report.

ARCH-WAY PROJECT

England & Wales - Charity number 1158349

Accounts



Arch-Way Project Management Report 21-22

The past year has been a great success for us at the Arch-Way Project, although quite challenging at times. Reopening in April 2021 after a tough year of the national lockdown, we saw an influx of service-users, old and new, which we had made plans and prepared for by employing new staff members to help manage and support the people who would need it most after the pandemic; and moving forward to achieve our goals.

We had spent months before reopening getting COVID ready; ensuring our space was safe and all our staff, volunteers and service-users would be safe from harm.



In August 2021, we interviewed and shortlisted 5 applicants after advertising the post of 'Project Worker' to help us better deal with the number of guests we were expecting to return and join us as new referrals. We made the decision to employ three great members of staff who have become very valuable to our team and have allowed us the time and space to grow the Arch-Way Project's presence further with people in the community and other organisations. We have opened and connected with the likes of Unmasked Mental Health,

the local RSPCA, Westgate Arcade, and Healthy Minds (who we have done a lot of work with over the past few years) and local businesses to support what we do.



The past year was challenging in many different respects; the uncertainty of how many service-users we would see come back to us and access our interventions, and how many new service-users we would receive and whether we could manage it.

We were quiet at first, introducing a 15-person capacity to help reduce the risk of spreading the coronavirus and keep our guests safe. We lifted this capacity as the weather began to brighten up and more people began being referred to us. We wanted and still want as many people to benefit from our interventions as possible, especially after such a tough year.



Back to Being Me

All the projects under 'Back to Being Me' have continued to be very popular amongst our service-users. There has been an introduction of two new interventions, a Singing/Songwriting group, and Tai Chi class. Both interventions have had a great and positive impact on our service-users and attracted more people to our projects.

Creative Writing group is going very strong. When we reopened, of course, the numbers were low. But it didn't take much time for the numbers to grow and for people to really benefit and engage with the group, building their confidence and self-esteem due to reading out their pieces of work and being encouraged by the group which has had a huge benefit and changes the dynamic on how they access the group. Newcomers who tend to be quite shy are reading aloud their work and gaining applause, which is amazing for their confidence and self-esteem.



Yoga/Pilates is also still going very strong and is very valuable and useful to our service-users as part of a healthy routine, and very mindful and relaxing. Yoga/Pilates relieves stress and tension, which a lot of people struggle with, and the those who access the group always leave with a smile on their face and looking a lot brighter.



Tai Chi has become a valuable part of what we do, and we see on average 12 of our service-users benefitting from it per week. The introduction of another physical wellbeing intervention has extended the reach of what we do to further people in the community.

The Singing/Songwriting group has extended the musical aspect of what we do at Arch-Way Project and introduced new volunteers, creating more volunteering opportunities here which is great for growth in confidence in those volunteering with us. All the service-users have been writing a song with the staff about the Arch-Way Project which we are going to record and get the service-users involved in the process to expand their creativity and interest in music and songwriting processes which has a fantastic positive impact on one's mental wellbeing.

The art group (Express Yourself) is still one of our most popular projects, and we have been doing more workshops to expand the interest and try draw more attention to it and broaden our service-users' artistic interests. Some of our service-users who previously didn't take part in the group are now engaging and becoming more interested in the group and creating pieces of art which they wouldn't particularly have an interest in doing before joining us.



Home cooked meals is a very important part of what we do at Arch-Way Project. A lot of those living with mental health problems tend to have easier and cheaper meals that don't have much nutrition, and so we like to combat that by giving our service-users a fresh, home cooked style meal that is full of nutrition for only £2.50. We have on average around 20 diners per day which is a testament to the popularity of the meals we serve here. There's also the aspect of the kitchen in which we like to invite volunteers to take part in, one instance has led to paid work at a popular restaurant in the area, through volunteering with us.



Guided meditation is very popular amongst our guests, and we have now got a volunteer delivering the session which is much more beneficial than they way we delivered it before.

All Together Now (film club) has reduced in numbers but is still very popular amongst some of our elderly guests. We're aware that the group has diminished due to the pandemic and with most of the previous attendees being elderly, some have passed away or had to move into residential care. We are thinking of ways to invite more people to the film group; by creating a very classic cinema and providing popcorn, refreshments and ice-cream in the interval which is how a lot of cinemas used to operate and we think this will breathe some new life into the group and spark the interest of more people with it being a little more special.



Guitar lessons are going very well, our resident guitar tutor has 8 students per week and they're benefitting from them greatly. Their confidence has grown, and a couple of the students have even performed at our 'Open Minds Night' event! Which is a huge step for them personally.



Past Times

We reopened Past Times in July 2021, and although numbers were quite few, we have reached up to 60 attendees per week and we hope to reach at least 80 attendees by the end of summer. We have seen so many new faces which is fantastic because it shows that our reach is extending, and more people are finding out about what we do. This is due to our online presence and keeping in touch with other local organisations and residential homes in the area, we want as many people in the area to benefit as possible. Before the pandemic, we were in touch with Huddersfield University and began making plans to develop an 'Arch-Way Project model' which would allow other organisations to emulate 'Past Times' in their vicinity. This would be great for all communities around the country and would help Arch-Way Project become a nationally recognised organisation. These plans fell through because of the pandemic but we are now in the process of finding a PhD student to carry out the research needed to develop this model and we are hoping for the research to start in September 2022. By this time, we will hopefully have 80 attendees per week and gather as much research on Past Times as possible and the many benefits it has to those who attend.



The Hub

The Hub is a huge part of what we do at Arch-Way Project, and the impact it has on our guests is outstanding. The guests go into The Hub in low spirits and come out beaming, feeling more confident and surer of themselves. When you're so used to spending time alone, when the therapist is spending time and 'pampering' you, it's going to feel special. Our guests open up a lot more and get things off of their chest, which can feel very heavy, so they leave The Hub with a huge smile on their face and feeling much more relaxed and at ease. We have included nail treatments and hand massage as part of it, acquiring training for one of our newer members of staff to implement. We also had The Hub extended to facilitate Indian back and head massages, done professionally by the therapist. We have been able to increase volunteering opportunities due to the extension of The Hub and it has gained a lot of interest, helping local beauty therapists and masseuses to gain more experience to help them in their search for paid work elsewhere.



Music Events (Music for Minds)

We introduced more music events to fundraise for general running costs at Arch-Way Project, which has drawn more attention to what we do due to the online presence we've attained. More people in the community are supporting what we do online, we have over 1000 likes on Facebook which helps us with certain funders and fundraising purposes.

We saw the return of Arch-Fest with the theme SKA, which was very well attended and helped us to reach further afield by introducing more people to what we do in the community.

These events are designed to not only fundraise but mainly allow our service-users to access music events in a familiar place that they feel comfortable in which is very important and enables our service-users to attend events and build their confidence whilst doing so. We have established 'Music for Minds' which is the enabling of our service-users and other people living with mental health problems to access live music events to better their mental health. Music has a great and positive impact on people living with mental health problems and a lot of people who live with mental health problems tend to miss out on live music events due to lack of confidence and social anxiety.



Open Minds Night

We have thought up a way to allow our guests to showcase their creative writing, music, and artwork, on stage in front of their friends and family. This event is very popular and allows our guests the chance to get out on an evening which helps them to gain more independence and confidence. We do these events every 6-8 weeks which allows our guests to gather the materials for night and it's a favourite amongst our service-users and they plan and look forward to each one.



Trips

Our new members of staff organised a day trip out to Whitby which was enjoyed by all! 28 of our guests went on the trip and went and did separate activities in different groups, with members of our staff and volunteer team with them. For weeks afterwards all who went spoke about it, took inspiration from it as themes for the writing and art group. It was a great success and a lot of fun!



Dedication

The end of the year saw the loss of a dear friend and long-time member of staff, Sheila Coll. This had a very detrimental impact to what we do at Arch-Way Project, we were very quiet for a few weeks due to people having to manage the loss in their own time and space, but we kept our doors open just in case those people needed our support and space to grieve the loss. We thought up ways to make our environment even less stressful so that people felt comfortable upon their return. We soon got back to some kind of normality, although our team will never be the same due to this loss. Sheila's work and impact on our guests, staff and volunteers will be carried with us for years to come. We will never forget her work and her dedication to our ethos and what we do and hope to do in the future at Arch-Way Project.



Arch-Way Project
Income and Expenditure Account 31st March 2022

<u>Income</u>	31st March 2022	31st March 2021	<u>Expenditure</u>	31st March 2022	31st March 2021
Venue Hire	1075	650	Stock	2,128	1,389
			Food Costs	4,688	318
Grants			Wages	81,994	57,465
Calderdale MBC	6247		Other Labour	1,904	1,440
Main Grants	179177	81824	Casual Wages	25,498	20,350
Lush Retail	1812		Staff Pension Cost	1,011	838
Sir George	1000		Staff Expenses		40
Calderdale College	2000		Staff Training	4,511	1,056
SW Yorks Ship	3325		Rent	8,000	7,000
Charles Hayward Foundation	4000		Light & Heat	3,790	2,507
Rates Grant		10000	Agm, Christmas Party & inductions	814	
Community Foundation		810	Cleaning	1,855	511
Bulldog TST		4190	Travel	475	131
Neighbourly		2500	Telephone	882	2,850
Edward Gostlin		5000	Maintenance/Repairs	1,593	3,500
Other Funding			Insurance	1,644	2,334
Donations	4908	2204	Professional Fees	1,885	3,541
Cash Donations		48	Uniform	674	
			Stationery & Postage	1,190	2,386
			Computer Expenses	1,537	1,038
			Advertising	844	
			Equipment Hire	2,030	
			Sundry	202	75
			Tablet distribution		6,266
	<u>203,544</u>	<u>107,225</u>	Staff subs to repay	2150	
			Overpaid wages to repay	730	
Bank Interest	0			<u>152,029</u>	<u>115,037</u>
	<u>203,544</u>	<u>107,225</u>			
			Surplus/Deficit for the period	51,515	-7,812
	<u>203,544</u>	<u>107,225</u>		<u>203,544</u>	<u>107,225</u>
<u>Represented by:</u>					
Balance forward 1/4/2021	57,946	65,757	Balance at bank 31/03/2022 (Current)	109,460	57,946
	<u>57,946</u>	<u>65,757</u>		<u>109,460</u>	<u>57,946</u>
Surplus/-deficit for the period	51,515	-7,812			
	<u>109,460</u>	<u>57,946</u>		<u>109,460</u>	<u>57,946</u>

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

13th Sept 2022

Chris Grant & Co Ltd. Chartered Management Accountants

87 Huddersfield Road

Mirfield

West Yorkshire

WF14 8AT

Signatures' technical details

Signatures

garyflowitt@yahoo.co.uk
13/09/2022, 16:22:29 BST

Fingerprint
00b083670524fd6a65342b64f96d2c4e1ff89fde
Signature
Gary Flowitt

Event log

10.50.11.86 13/09/2022, 15:10:38 BST
Signing request created.

System 13/09/2022, 15:10:40 BST
Notification sent to garyflowitt@yahoo.co.uk.

System 13/09/2022, 16:21:49 BST
Signing page opened by signee garyflowitt@yahoo.co.uk.

System 13/09/2022, 16:22:29 BST
Signee garyflowitt@yahoo.co.uk signed document.

System 13/09/2022, 16:22:30 BST
Signing process completed.

Summary

Envelope's ID: blc7c1p7
Document's hash: 28a721490ae57157b447c3ea340d6994d17127bd96cec1f1bdd6aa5fa38e40fa
Final stamp: 13/09/2022, 16:22:31 BST

Arch-Way Project Income and Expenditure Account 31st March 2022					
Income	31st March 2022	31st March 2021	Expenditure	31st March 2022	31st March 2021
Venue Hire	1075	650	Block	2,128	1,389
			Food Costs	4,688	318
			Wages	81,994	57,485
Grants	6247		Other Labour	1,904	1,440
Calderdale MBC	179,777	81834	Casual Wages	25,468	20,250
Leah Festival	1812		Staff Pension Cost	1,011	838
St George	3000		Staff Expenses		40
Calderdale College	2000		Staff Training	4,511	1,054
Stn York Ship	3325		Fuel	6,000	2,000
Charles Heywood Foundation	4000		Light & Heat	3,790	2,507
Rosea Grant		10000	Align Christmas Party & Inductions	814	
Community Foundation		810	Cleaning	1,855	511
Building YST		4150	Travel	475	131
Neighbourly		7000	Telephone	882	2,850
Edward Godwin		5000	Maintenance/Repairs	1,593	3,500
			Insurance	1,644	2,334
Other Funding		2304	Professional Fees	1,885	3,541
Donations			Uniform	674	
Cash Donations	4908	48	Stationery & Postage	1,390	2,386
			Computer Expenses	1,307	1,038
			Advertising	844	
			Equipment Hire	2,030	
			Sundry	202	75
			Tablet distribution		6,266
	203,544	107,225			
			Staff rate to repay	2150	
Bank Interest	0		Overpaid wages to repay	750	
	203,544	107,225		180,029	115,037
			Surplus/Deficit for the period	51,515	-7,812
	203,544	107,225		203,544	107,225
Reconcended Inc.					
Balance forward 1/4/2021	57,946	65,757	Balance at bank 31/03/2022 (Current)	105,460	57,946
	57,946	65,757		105,460	57,946
Surplus/deficit for the period	51,515	-7,812			
	105,460	57,946		105,460	57,946
In connection with my examination, no matter has come to my attention:					
(1) which gives me reasonable cause to believe that in any material respect the requirements:					
to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or					
(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.					
13th Sept 2022 Chris Grant & Co Ltd, Chartered Management Accountants 87 Woodfield Road, Micklefield West Yorkshire WF14 8AT					

Verification QR Code



Auditors report 21-22

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

13th Sept 2022

Chris Grant & Co Ltd. Chartered Management Accountants
87 Huddersfield Road
Mirfield
West Yorkshire

ARCH-WAY PROJECT

England & Wales - Charity number 1158349

Accounts



Arch-Way Project Management report 2020-2021

Towards the end of March, we closed our doors to further prevent the spread of COVID-19 and help our country establish a faster recovery.

Although it was tough, we had no choice but to close our doors to help our country establish a faster recovery from the pandemic.

We started thinking of ways to keep in contact with our most vulnerable guest, therefore, we applied for funding in April to supply our members of staff with mobile phones which allowed staff to make weekly phone calls to help our most vulnerable attendees to still feel connected and less isolated.

We started to think of the long-term effects of the pandemic on our attendees and applied for funds to employ three new members of staff – to help better deal with the after-effects of the pandemic.

We also received funding to supply a boredom-busting care package to our attendees (those who supplied us with their address). This was to ensure our attendees felt remembered and cared for.

Our main aim was to ensure our guests did not feel as though they were forgotten, so we applied for funding to supply mobile tablets to those who wanted one so that they could keep in contact with one another as well as

attend online support groups and our weekly writing group which was held via zoom.

The tablets were delivered over the course of three weeks and at a social distance to ensure both our attendees and staff were safe.



At the end of July, we prepared for reopening our doors due to the easing of lockdown. Unfortunately, this was unable to go forward due to government restrictions – we were due to reopen in August.

Although we couldn't reopen, we received funding i.e. for the new members of staff and went forward with shortlisting and the interviews.

Plans for Huddersfield University to interview our guests went forwards. The study was to highlight the support systems in the area and how people received support during the lockdown. The study showed that those who attended Arch-Way Project services and received regular phone calls and other services from us during the lockdown fared in their mental wellbeing than those who did not receive our support. This study was carried out by PHD students and will be written up as a formal study which we can use for evidence towards contracted work which will ensure sustainability for the future of the Arch-Way Project.

Guidance from the council allowed us to reopen for 4 hours over the course of two days per week which allowed us to reopen two of our groups – the creative writing group and art group. We were allowed a limit of 15 people in the building at one time – which helped over 50% of our most vulnerable attendees receive some form of normality to return.

For the next six months we kept running these limited services which was very beneficial to those who attended, reducing isolation and loneliness as well as providing an outlet for creativity.

Christmas Party:

We hosted a Christmas party on the 18th December which is the day we closed – up until January 2021.

We provided food and drink and a few games – of course following social-distancing measures. This gave the attendees a sense of connection and allowed a little normality to return into their lives. A lot of our attendees live alone – so when we were able to provide the small party/get together – it was very well received.

Arch-Way Project
Income and Expenditure Account 31st March 2021

<u>Income</u>	31st March 2021	31st March 2020	<u>Expenditure</u>	31st March 2021	31st March 2020
Venue Hire	650	1253	Stock	1,389	2,023
			Materials		3,109
Grants			Food Costs	318	1,742
Calderdale MBC		2359	Wages	57,465	56,983
Rates Grant	10000		Other Labour	1,440	3,229
Community Foundation	810		Casual Wages	20,350	25,200
Main Grants	81824	154699	Staff Pension Cost	838	414
Bulldog TST	4190		Staff Expenses	40	447
Halifax Opportunities		496	Staff Training	1,056	
Suez		15749	Rent	7,000	6,833
Barchester Health		1000	Light & Heat	2,507	5,350
Neighbourly	2500	5000	Cleaning	511	681
Edward Gostlin	5000		Travel	131	466
			Telephone	2,850	752
Other Funding			Maintenance/Repairs	3,500	19,437
Donations	2204	6690	Workshop Setup		1,270
Cash Donations	48		Tablet distribution	6,266	
			Insurance	2,334	1,853
			Professional Fees	3,541	2,496
			Uniform		1,223
			Stationery & Postage	2,386	2,946
			Computer Expenses	1,038	1,545
			Advertising		338
			Sundry	75	216
			Pastimes Contribution		
			Bank Charges & Interest		180
	<u>107,225</u>	<u>187,246</u>			
Bank Interest	0				
	<u>107,225</u>	<u>187,246</u>		<u>115,037</u>	<u>138,733</u>
			Surplus/Deficit for the period	-7,811	48,513
	<u>107,225</u>	<u>187,246</u>		<u>107,225</u>	<u>187,246</u>
<u>Represented by:</u>					
Balance forward 1/4/2020	65,757	17,245	Balance at bank 31/03/2021 (Current)	57,946	65,757
	<u>65,757</u>	<u>17,245</u>		<u>57,946</u>	<u>65,757</u>
Surplus/-deficit for the period	-7,811	48,513			
	<u>57,946</u>	<u>65,757</u>		<u>57,946</u>	<u>65,757</u>

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

16th Sept 2021
Chris Grant & Co Ltd. Chartered Management Accountants
87 Huddersfield Road
Mirfield
West Yorkshire
WF14 8AT

In connection with my examination, no matter has come to my attention:
(1) which gives me reasonable cause to believe that in any material respect the requirements:
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of the accounts to be reached.

16th Sept 2021

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