

OUTREACH YOUTH

Charity number 1158145

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025



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OUTREACH YOUTH

CONTENTS FOR THE YEAR ENDED 31 MARCH 2025

	Page
Legal & Admin	1
Trustees Annual Report	2 - 6
Independent Examiner's Report	7
Receipts and Payments Account	8
Statement of Assets & Liabilities	9
Notes to the financial statements	10 - 11

OUTREACH YOUTH

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2025

Charity Name	Outreach youth
Registered Charity No.	1158145
Registered Address	19 Tower Street Ipswich Suffolk IP1 3BE
Website address	www.outreachyouth.org.uk
Email address	info@outreachyouth.org.uk
Trustees	Pauline Henry – Chair Mark Sherman – Treasurer Heidi Dix – Safeguarding Lead Ronan Palmer George Clark (appointed 22nd October 2024) Ryan Buck (appointed 22 October 2024)
Staff Team	Andy Fell (appointed CEO on 1st April 2024) Isiah - Senior Youth Worker Sarah - Youth Worker Miyah - Youth Worker Kara - Youth Worker Luke Youth Worker
Bankers	The Co-Operative Bank 9 – 11 Queens Street Ipswich Suffolk IP1 1SW
Independent examiner	Community 360 Winsley's House High Street Colchester Essex CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Chair of Trustees Report 2024/25

I am delighted to report that the charity has had another successful year. We now have an established team of four qualified part-time youth workers, a senior youth worker on 28 hrs per week and a full time Chief Executive Officer. The team has a wealth of experience, and our new recruits have brought additional skills and energy. As a result of our Reaching Communities funding we now have weekly sessions in Ipswich, fortnightly sessions in Bury St Edmunds, a digital offer, pop up sessions in Mid and west Suffolk and ongoing one to one support for young people and their families. We have also established a weekly group for young people 18+ which has proved to be very successful and ensures that young people can continue to meet and socialise in a safe, supportive space as they move into adulthood.

We are very pleased to have recruited two new trustees over the past year. They are already making a significant contribution to the trustee group bringing fresh ideas and some challenge to our work. This new energy has helped us reflect on our priorities and how we want the charity to grow over the years ahead. We have agreed our three-year strategic plan and funding strategy to ensure the long-term sustainability of the charity. Our funding strategy sets out what resources are needed to deliver the youth work offer and how we secure the necessary funding over the lifetime of our five-year Reaching Communities programme. Our Children in Need funding will finish at the end of May but we are hopeful that we will secure a further three years of funding to support the delivery of the Five Ways to Wellbeing Programme in south and west Suffolk.

Young people continue to be at the heart of all we do and their contribution to our AGM made a significant impact on all who attended. Their ongoing participation in the planning, delivery and review of the work ensures that we keep a sharp focus on their specific needs and wellbeing. I wish to thank our dedicated youth work team and trustees, who continue to support Outreach youth and who use their experience and knowledge to ensure our work is of high quality and the charity is managed efficiently and effectively.



Pauline Henry

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Outreach youth 2024/2025 CEO Report.

Introduction

My report reflects on the work undertaken, the outcomes, and the challenges of Outreach youth during 2024/2025.

I am delighted to report on the work we have been able to deliver and are happy to share this overview of the activities and the LGBT*Q+ youth work provision we have provided. The impact we have had on young LGBT*Q+ people and their families, and to reflect on the lessons we have learned during the year.

This report draws from the insights gathered from young LGBT*Q+ people involved, their parents and/or caregivers, our youth workers and partners.

Overview

We provide LGBT*Q+ youth work provision and support for young people aged 12-25 who identify as LGBT*Q+ or who are questioning their sexuality and/or gender identity, as well as for their families.

The charity aims to improve mental health, foster community, and provide resources that promote acceptance, understanding, and empowerment.

We offer various youth work projects, including LGBT*Q+ youth groups, one-on-one support, targeted group work sessions, family support, social action, advocacy, and partnerships with local statutory and third sector organisations.

Impact and Outcomes

Over the twelve months of 2024/25, we had contact with

- 372 young LGBT*Q+ people
- 1152 young people whose sexuality and/or gender identity were not known
- 49 parents/caregivers of Trans* children

We provided the following sessions and support for young LGBT*Q+ people and their families.

- Ipswich LGBT*Q+ Youth Group: 48 sessions
- Bury St Edmunds LGBT*Q+ Youth Group: 46 sessions
- Brandon LGBT*Q+ Youth Group: 4 sessions
- Trans* youth Online: 44 sessions
- One to One Support: 258 sessions
- Trans* Families Support: 11 sessions
- SPACE (18-24 yrs): 23 sessions
- SOUL: 26 support sessions and 2 group sessions

During this period, many young LGBTQ+ people accessing Outreach youth are presenting with complex, overlapping and additional challenges.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

We are seeing an increase in the number of neurodiverse young people contacting us, and across the wider cohort, many report experiencing high levels of anxiety, emotional distress, and social isolation. From our experience, these young people struggle to feel understood or safe in traditional support systems, making inclusive, trauma-informed youth work opportunities essential.

Our Youth Work

Our LGBT*Q+ youth work curriculum provides a framework for young people and youth workers to co-produce social and informal education activities based on their needs and interests.

Participation and empowerment are at the core of our youth work practice; young LGBT*Q+ people help shape our youth work by sharing what they need and what matters to them. They are actively engaged in planning and leading activities, providing suggestions and feedback, and jointly making decisions, ensuring that the sessions, activities and support we provide are relevant, useful, safe, and tailored to their needs, with opportunities also to be involved in the recruitment and induction of Trustee and youth workers, co-production of the Outreach youth AGM and supporting Trustee visits to youth work sessions.

Working in this way also supports their personal and social development by building their confidence, skills, and stronger connections with other young people and adults.

Over the year we continued to provide our high-quality LGBT*Q+ youth groups and one to one support, plus our Queer Prom, Drag Academy, introduced Holiday Programmes, social action projects and Pop Up sessions.

Impact & Benefits

Impact for young LGBT*Q+ people

Young LGBT*Q+ people, involved with Outreach youth, for more than three months, had the opportunity to complete our survey, sharing the difference Outreach youth had made to them.

- 92% had increased contact with other young LGBT*Q+ people
- 94% felt less socially isolated
- 94% had improved emotional well-being
- 84% had increased feelings of safety
- 93% were able to have a voice
- 84% felt the support to them was important

Additionally young LGBT*Q+ people who accessed one-to-one support reported that

- 77% felt less isolated
- 73% were better informed about Outreach youth and other support services

Young LGBT*Q+ people also told us

"increasing my contact with other LGBT+ young people has made me realise that I am not alone in this. No matter what happens, I don't have to do it alone; there are other people out there who understand what it feels like to be in my situation, and there are people whom I can spend time

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

"before I found OY I barely left my room and if I did I would rarely leave the house. I wouldn't talk to anybody. I didn't have any friends. Now I have people that I can turn to when I need support and people that are there when I want to go out and do something."

"having an accepting safe space where I'm recognised as the gender I identify as was so liberating for my mental health."

"I've realised that not everybody in the world is out there to try and harm me. There are good people in society who will try and help and support me instead of insult and harm me. OY has helped me to increase my trust in society after being bullied to the point of trying to kill myself because of my identity. I'm not scared of every person that I meet anymore."

"I have selective mutism and so people often don't talk to me, but at outreach I feel much more comfortable talking to people and it's never held against me if I can't talk. When I attend trans on line, I'm also allowed to type in the chat rather than using a microphone. I'm able to communicate with other people without having to make myself uncomfortable/distressed."

Impact & Benefits

Engaging and supporting parents, caregivers and families

We recognise the pivotal role that families and caregivers play in the development and well-being of young LGBT*Q+ people. We know that for some parents/caregivers, their child's sexuality and/or gender identity can be challenging to accept or understand. Our work with individual parents, caregivers and families supports them and indirectly their child.

In our work with parents and caregivers

- 95% felt less isolated
- 84% felt more informed
- 89% felt more confident in supporting their child

Parents and caregivers told us about the impact they saw on their children

"This has helped our child's confidence and given them access to peers who are going through the same thing they are -this provides a level of support and community they don't get from school."

"Bringing young people together who can be themselves and great at making them feel comfortable and part of the group. The trans families' groups was invaluable for me as a parent as well when she first came out and I had no-one else to really talk to about it."

"I can't overstate the positive impact this has had on our teenager, and I have seen the difference in their friends at Outreach as well. They have said to me that even when they are having a really bad day at school it's easier to get through knowing that they have Outreach to look forward to."

OUTREACH YOUTH

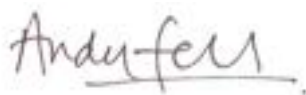
TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Moving Forward

The past year has demonstrated the tremendous value of providing targeted support to young LGBT*Q+ people and their parents, caregivers and families. Through our LGBT*Q+ youth work, we have witnessed significant improvements in the wellbeing of the young LGBT*Q+ people we work with, as well as increased understanding and acceptance from their parents, caregivers and families. My thanks to our amazing youth work team and Trustees for believing in the work we do.

While challenges remain, they have provided valuable learning opportunities that will guide the next phase of the development of Outreach youth.

Moving forward, we will continue to focus on ensuring that no young LGBT*Q+ person in Suffolk is left behind. I am confident that the Outreach youth will continue to have a significant impact in the next twelve months.



Andy Fell
CEO

Risk Management

The Trustees regularly review organisational risk, and consider the major risks arise from continuity of funding for services and the preservation of cash in any financial crisis. The Reserves policy seeks to address these concerns. Trustees continue to review the Charity's long-term viability by diversifying income streams and establishing higher-value income.

Reserves Policy

Trustees place great importance on the sustainability of the Charity long-term and have regard to the importance of being able to retain the core of its well-trained and experienced workforce.

To this end, the primary aim of the Reserves Policy is to:

- enable continuity of services when experiencing short-term gaps in funding,
- allow the Charity to maintain its direct expenditure and cover liabilities,
- fulfil statutory and legal obligations including those to employees and suppliers,
- and allow for orderly winding-up of the Charity should this become necessary.

The reserves policy is reviewed and adjusted annually. The Trustees calculate the reserve policy in line with the primary aims noted above.

The Trustees will look to review and expense amounts held above the reserves policy in accordance with the objectives of the charity over the coming years.

OUTREACH YOUTH

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

I report on the accounts of Outreach Youth for the year ended 31 March 2025 which are set out on pages 8 to 11.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act)) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Courtier FMAAT AATQB for and on behalf of:
Community360



Winsley's House, High Street, Colchester, Essex

Date 15/10/2025

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 Unrestricted £	2025 Restricted £	2025 Designated £	2025 Total £	2024 Total £
Receipts						
Donations	2	3,345	-	-	3,345	3,390
Raising funds		-	-	-	-	-
Grants		-	155,805	-	155,805	61,736
Sales		1,972	-	-	1,972	2,410
Uncategorised Income		1,715	-	-	1,715	536
Total receipts		7,032	155,805	-	162,837	68,072
Payments						
Activities		190	3,743	-	3,933	824
Staff costs		-	80,191	-	80,191	54,618
Equipment		-	3,248	-	3,248	290
Office resources		-	1,334	-	1,334	2,598
Insurance		-	1,329	-	1,329	1,099
Professional fees		-	1,914	-	1,914	1,045
Publicity		-	4,679	-	4,679	1,526
Miscellaneous		240	-	-	240	50
Training		-	1,516	-	1,516	588
Removal & refurbishment		-	-	-	-	3,266
Rent		-	6,293	-	6,293	6,551
Venue hire		-	2,824	-	2,824	3,490
Website		-	108	-	108	160
Subscriptions fees		-	635	-	635	483
Total payments		431	107,813	-	108,244	76,588
Net of receipts						
/(payments)before transfers		6,601	47,991	-	54,593	(8,516)
Transfer between funds		-	-	-	-	-
Net of receipts						
/(payments) after transfers		6,601	47,991	-	54,593	(8,516)
Total funds						
Cash funds as 01/04/24		3,964	29,095	42,587	75,646	84,162
Cash funds as 31/03/25		10,565	77,086	42,587	130,238	75,646

Notes on page 10 and 11 form part of these accounts

OUTREACH YOUTH

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2025

	Notes	2025 £	2024 £
<u>Monetary assets</u>			
Cash at bank & in hand		130,238	75,646
		130,238	75,646
<u>Represented by funds</u>			
Unrestricted general fund	3	10,565	3,964
Designated funds	3	42,587	42,587
Restricted fund	3	77,086	29,095
		130,238	75,646

These accounts were approved by the Trustees and signed on their behalf by :

Signed:

M Sherman



Date: 13th October 2025.

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

1. These accounts have been prepared on a receipts and payments basis. The income did not exceed £250,000 and the charity is not a registered company.

2. Income	2025 £	2024 £
Donations	3,345	3,390
	3,345	3,390

3. Fund balances	01/04/2024 £	Income £	Expenses £	Transfers £	31/03/2025 £
Restricted funds					
B&Q Foundation	724	-	(724)	-	-
East Suffolk DC	3,000	-	(259)	-	2,741
SCF Equity in Mind	14,817	-	(14,817)	-	-
Co-Op Community Care	-	3,339	(3)	-	3,336
LGBT Futures Equity Fund	1,000	-	-	-	1,000
Rope Trust	574	-	(184)	-	390
Postcode Places Trust	-	20,000	-	-	20,000
The National Lottery	-	99,649	(67,967)	-	31,682
Children In Need	8,980	32,817	(23,859)	-	17,938
Total restricted funds	29,095	155,805	(107,813)	-	77,086
Designated funds					
Staff fund	20,587	-	-	413	21,000
Reserves fund	11,000	-	-	2,000	13,000
Premises fund	11,000	-	-	2,000	13,000
	42,587	-	-	4,413	47,000
Unrestricted Funds	3,964	7,031	(431)	(4,413)	6,152
Total Funds	75,646	162,836	(108,244)	-	130,238

These amounts for the next financial year are included in the balances at 31st March 2025.

4. Key management personnel

Of the six members of staff (2024: 6) employed by Outreach youth, one is classed as key management personnel.

Self employed individuals are included within staff costs .

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

5. Number of employees

No. employed during the period

2025

No.

6

2024

No.

6

6. Going concern

The charity is operating on a going concern basis.

7. Trustee remuneration & related parties

There were no related parties within the year.

None of the Trustees received any remuneration during the year.