

# **OUTREACH YOUTH**

Charity number 1158145

## **FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024**



# OUTREACH YOUTH

## CONTENTS FOR THE YEAR ENDED 31 MARCH 2024

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	Page
Legal & Admin	1
Trustees Annual Report	2 - 6
Independent Examiner's Report	7
Receipts and Payments Account	8
Statement of Assets & Liabilities	9
Notes to the financial statements	10 - 11

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# OUTREACH YOUTH

## LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2024

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Charity Name	Outreach youth
Registered Charity No.	1158145
Registered Address	19 Tower Street Ipswich Suffolk IP1 3BE
Website address	<a href="http://www.outreachyouth.org.uk">www.outreachyouth.org.uk</a>
Email address	<a href="mailto:info@outreachyouth.org.uk">info@outreachyouth.org.uk</a>
Trustees	Pauline Henry – Chair Mark Sherman – Treasurer Heidi Dix – Safeguarding Lead Ronan Palmer Russell Smith – (resigned 18th October 2023)
LGBT*Q+ Youth	Andy Fell Development Worker
Bankers	The Co-Operative Bank 9 – 11 Queens Street Ipswich Suffolk IP1 1SW
Independent examiner	Community 360 Winsley's House High Street Colchester Essex CO1 1UG

# OUTREACH YOUTH

## TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

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### Chair of Trustees Report 2023/24

I am delighted to report that this has been another successful year for Outreach youth. We have been able to develop our provision and now run regular sessions in Bury St Edmunds and Ipswich. The young people who are involved with Outreach continue to report high levels of satisfaction and are increasingly involved in the ongoing development of the charity.

The Trustees have reviewed our Strategic Plan and agreed a clear set of objects for the next three years. Our Finance Strategy is nearing completion and will confirm our actions to secure the long-term sustainability of the charity. We were very excited to hear that our Reaching Communities bid had been successful, which will secure core funding for the next five years starting April 2024. However, we will need to continue to actively fund raise to the match funding which is needed to deliver and develop our work across south and west Suffolk.

We are very fortunate to have a stable team of part-time workers who consistently deliver high-quality youth work with and for young people. There is an increasing demand for our services from young people, their families, and partner organisations. We continue to learn about our young people's needs and how best to support them and we see ourselves as being strong advocates for all young LGBT\*Q + young people in Suffolk. Our work with our partners, including the local authority, health, voluntary sector and schools, has widened our reach and enabled us to have sustained contact with more young people across the county. Our digital offer ensures that young people living in rural Suffolk can still access our support.

I would like to thank our team of workers and my fellow trustees for their dedication and support. To have everyone's commitment makes the role of chair so much more enjoyable. However, we do need to expand our board and so one of our challenges for 24/25 is to recruit new Trustees.

Despite the pressure of securing ongoing funding, I am looking forward to 24/25 with optimism. Our young people continue to inspire us all.

Pauline Henry

# OUTREACH YOUTH

## TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

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### LGBT\*Q+ Youth Development Worker's Report

With almost 20 years' worth of experience in supporting LGBT\*Q+ children & young people, we have seen and been a part of monumental changes and progress for LGBT\*Q+ people across the UK.

However, informed by the experiences of LGBT+ young people attending Outreach youth, we know all too well that they are still likely to face LGBT\*Q+-phobia and the disproportionate mental health challenges this is likely to cause.

Over the past twelve months, we had contact with 1109 young people under 18.

327 young LGBT\*Q+ people of those young people engaged with Outreach youth on more than three occasions.

- 88% of young people said they felt less isolated through access Outreach youth.
- 88% of young people said their well-being improved.
- 80% of young people reported an increase in self-confidence and self-esteem.
- 98% of young people said they felt safe at Outreach youth.
- 100% would recommend it to other young LGBT\*Q+ people.
- 102 In person groups
- 24 Online groups
- 168 One to One support
- One to One support themes – LGBT\*Q+ Identities, Coming Out, Emotional Wellbeing & Mental Health, Isolation, Gender pathways, School, Keeping safe.

Our youth work team have achieved this through facilitating the following groups and work

- Ipswich LGBT\*Q+ youth group
- Bury St Edmunds LGBT\*Q+ youth group
- Outreach youth Hub, Tower Street, Ipswich
- Trans\* Youth online
- One to One support
- SOUL for young people of colour from Suffolk's LGBT\*Q+ community

These have been complimented with our targeted work

- Heads UP! – our emotional wellbeing ten-week programme for young Trans\* people.
- Create – our arts-based project developing practical skills and awareness of LGBT\*Q+ artists.
- Trans\* Families our peer support group for parents and caregivers of young Trans\* children.
- SPACE our project for young adults aged 18-24 years.

In 2023 we held our first Queer Prom, co-produced with young people it was an amazing event, filled with LGBT\*Q+ joy and laughter. 40 + young people attended the Prom, complete with DJ, Gini Tonix – Drag Queen, karaoke, photobooth and buffet.

“Prom was amazing, I had so much fun and loved the dancing and food. I didn't go to my school prom as I just felt uncomfortable about it but here, I felt OK. – Thanks for arranging it.”

## OUTREACH YOUTH

### TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

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During June 2023, we partnered with Suffolk Pride to facilitate the Youth Takeover event at The Hold in Ipswich. Young people from our Ipswich LGBT\*Q+ youth group, met with Suffolk Pride to discuss what they felt young people would like to see and volunteered on the day, ensuring young people felt welcome and supported.

As a community partner of Sizewell C we have started to establish links with the Sizewell C LGBT\*Q+ Network as a community partner. At its early stages we have had the opportunity to share the needs of young LGBT\*Q+ people in Suffolk and the support we offer and work we undertake. Many of the issues discussed were also experienced by the network members as young people themselves.

Schools, colleges and other partners, we have continued to work with several partners to support young LGBT\*Q+ people across Suffolk, this helps our desire to see young LGBT\*Q+ people be able to access a supportive adult in these settings who understands what the young person maybe facing.

This has included

- Supporting student in schools who are LGBT+ or exploring their sexual orientation and/or gender identity.
- Increasing LGBT+ awareness, inclusion and safety throughout the whole school community through educational workshops, assemblies and staff training.
- Increasing the visibility and inclusion of LGBT+ identities and the LGBT+ community throughout the school and the wider community, and across the teaching curriculum.

#### What Young People Tell Us About Outreach youth

"Before I found Outreach youth, I barely left my room if I did, I would rarely leave the house. I wouldn't talk to anybody. I didn't have any friends. Now I have people that I can turn to when I need support and people that are there when I want to go out and do something." 18 yrs.

"Helping people feel more accepted, supported and safe. Also helping people realise they are not alone, and people can relate to things. Attending sessions can also help with stuff like depression I have found." 15 yrs.

"Increasing my contact with other LGBT\*Q+ young people has made me realise that I am not alone in this. No matter what happens I don't have to do it alone, there are other people out there who understand what it feels like to be in my situation and there are people who I can spend time with without constantly being asked questions or feeling as if I'm being judged." 16 yrs.

"It has made me happier and less isolated". 13 yrs.

"Outreach is my happy place!". 14 yrs.

#### What Parents Say

"My son found his tribe at Outreach youth; they are so different now."

## OUTREACH YOUTH

### TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

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“They really look forward to their fortnightly session at Outreach youth and I can see the difference it makes to them, having a place they can go to where they can meet people like them and feel accepted. It has been a lifeline for us both. Thank you”

“When I came to meet the workers at Outreach on my sons first session, I was struck by how positive it felt and how they made us feel welcome. There was an energy in the session from the young people and it was obvious to me that they really liked being there. J has really enjoyed coming along, as they aren’t in school, they don’t have the social interactions most young people have, but since starting at Outreach I have seen them make friends and feel more connected with others.”

#### What Professionals Say

“I brought S along to the Hub in Ipswich to meet and talk about what they might be able to get involved with. S was so struck with the Hub space, and with how welcome they were made to feel and how there was no pressure and that it was very much about them and what they felt would be good for them. On the way home we talked about it and S decided to try to come along to a session, which they have done and although they feel anxious about coming, they have managed to attend several sessions and meet other young people.”

We have also been delivering ‘Working with Gender Diverse Young People’ training to professionals working in the Children and Young Peoples service at Suffolk County Council, some have feedback

“Think everyone should do this training, really helpful resource.” Social Worker

“This course was very beneficial. It was interesting & relevant to my caseload. Helpful to explore some common misconceptions & terms preferred by transgender people, rather than hoping to get it right – thank you.” Social Worker

“Amazing training, delivered in a relaxed and informative way, this will really help my work with families.” Family Support Worker

#### Our Staff Team

Our committed staff team of Isiah, Sarah, Heather, Eric and Kara, have over the past twelve months supported the young LGBT\*Q+ people and parents contacting us. They have made a profound impact, creating safe spaces and fostering a sense of belonging that truly changes lives. They have shown remarkable compassion and resilience, empowering young people to embrace their true selves. I am immensely grateful of the positive difference they make every day. Thanks to them for being such inspiring advocates and role models.

Andy Fell  
LGBT\*Q+ Youth Development worker.

## OUTREACH YOUTH

### INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

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I report on the accounts of Outreach Youth for the year ended 31 March 2024 which are set out on pages 8 to 11.

#### **Respective responsibilities of trustees and examiner**

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

#### **Basis of independent examiner's Statement**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

#### **Independent examiner's statement**

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:  
Community360



Winsley's House, High Street, Colchester, Essex

Date

18/10/2024

## OUTREACH YOUTH

### RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 Unrestricted £	2024 Restricted £	2024 Designated £	2024 Total £	2023 Total £
<b>Receipts</b>						
Donations	2	3,390	-	-	3,390	6,802
Raising funds		-	-	-	-	2,711
Grants		-	61,736	-	61,736	80,607
Sales		2,410	-	-	2,410	-
Services		-	-	-	-	771
Uncategorised Income		536	-	-	536	-
<b>Total receipts</b>		<b>6,336</b>	<b>61,736</b>	<b>-</b>	<b>68,072</b>	<b>90,891</b>
<b>Payments</b>						
Activities		197	627	-	824	998
Staff costs		-	54,359	259	54,618	45,000
Equipment		191	99	-	290	2,423
Office resources		414	2,184	-	2,598	554
Insurance		349	750	-	1,099	847
Professional fees		901	144	-	1,045	552
Publicity		308	1,218	-	1,526	2,065
Miscellaneous		50	-	-	50	80
Training		-	588	-	588	327
Raising funds		-	-	-	-	48
Removal & refurbishment		260	3,006	-	3,266	-
Rent		1,134	5,417	-	6,551	1,756
Venue hire		185	3,305	-	3,490	2,372
Website		-	160	-	160	195
Subscriptions fees		125	358	-	483	519
<b>Total payments</b>		<b>4,114</b>	<b>72,215</b>	<b>259</b>	<b>76,588</b>	<b>57,736</b>
<b>Net of receipts</b>						
<b>/(payments)before transfers</b>		<b>2,222</b>	<b>(10,479)</b>	<b>(259)</b>	<b>(8,516)</b>	<b>33,155</b>
Transfer between funds		(4,000)	-	4,000	-	-
<b>Net of receipts</b>						
<b>/(payments) after transfers</b>		<b>(1,778)</b>	<b>(10,479)</b>	<b>3,741</b>	<b>(8,516)</b>	<b>33,155</b>
<b>Total funds</b>						
<b>Cash funds as 01/04/23</b>		<b>5,742</b>	<b>39,574</b>	<b>38,846</b>	<b>84,162</b>	<b>51,007</b>
<b>Cash funds as 31/03/24</b>		<b>3,964</b>	<b>29,095</b>	<b>42,587</b>	<b>75,646</b>	<b>84,162</b>

Notes on page 10 and 11 form part of these accounts

## OUTREACH YOUTH

### STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2024

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	Notes	2024 £	2023 £
<b><u>Monetary assets</u></b>			
Cash at bank & in hand		75,646	84,162
		<b><u>75,646</u></b>	<b><u>84,162</u></b>
<b><u>Represented by funds</u></b>			
Unrestricted general fund	3	3,964	5,742
Designated funds	3	42,587	38,846
Restricted fund	3	29,095	39,574
		<b><u>75,646</u></b>	<b><u>84,162</u></b>

These accounts were approved by the Trustees and signed on their behalf by :

Signed:



M Sherman

Date:

10<sup>th</sup> October 2024

# OUTREACH YOUTH

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

1. These accounts have been prepared on a receipts and payments basis. The income did not exceed £250,000 and the charity is not a registered company.

2. Income	2024 £	2023 £
Donations	3,390	6,802
	<b>3,390</b>	<b>6,802</b>

3. Fund balances	01/04/2023 £	Income £	Expenses £	Transfers £	31/03/2024 £
<b>Restricted funds</b>					
Annie Tranmer Charitable Trust	593	-	(593)	-	-
B&Q Foundation		4,250	(3,526)	-	724
SCC Public Mental Health	13,120	-	(13,120)	-	-
East Suffolk DC	-	3,000	-	-	3,000
SCF Equity in Mind	14,550	22,727	(22,460)	-	14,817
LGBT Futures Equity Fund	1,000	-	-	-	1,000
Rope Trust	588	-	(14)	-	574
Ipswich Borough Council	1,102	-	(1,102)	-	-
Children In Need	8,622	31,759	(31,401)	-	8,980
<b>Total restricted funds</b>	<b>39,573</b>	<b>61,736</b>	<b>(72,215)</b>	<b>-</b>	<b>29,095</b>
<b>Designated funds</b>					
Staff fund	20,846	-	(259)	-	20,587
Reserves fund	9,000	-	-	2,000	11,000
Premises fund	9,000	-	-	2,000	11,000
	<b>38,846</b>	<b>-</b>	<b>(259)</b>	<b>4,000</b>	<b>42,587</b>
<b>Unrestricted Funds</b>	<b>5,742.00</b>	<b>6,336</b>	<b>(4,114)</b>	<b>(4,000)</b>	<b>3,964</b>
<b>Total Funds</b>	<b>84,161</b>	<b>68,072</b>	<b>(76,588)</b>	<b>-</b>	<b>75,646</b>

These amounts for the next financial year are included in the balances at 31st March 2024.

### 4. Key management personnel

Of the six members of staff (2023: 5) employed by Outreach Youth, one is classed as key management personnel.

Self employed individuals are included within staff costs .

## OUTREACH YOUTH

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

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#### 5. Number of employees

No. employed during the period

**2024**

**No.**

**6**

**2023**

**No.**

**5**

#### 6. Going concern

The charity is operating on a going concern basis.

#### 7. Trustee remuneration & related parties

There were no related parties within the year.

None of the Trustees received any remuneration during the year.