

OUTREACH YOUTH

Charity number 1158145

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2023



OUTREACH YOUTH

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OUTREACH YOUTH

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31ST MARCH 2023

Charity Name Outreach Youth

Registered Charity No. 1158145

Registered address 19 Tower Street
Ipswich
Suffolk
IP1 3BE

Website address www.outreachyouth.org.uk

Email address info@outreachyouth.org.uk

Trustees Pauline Henry – Chair
Russell Smith - Vice-Chair
Mark Sherman - Treasurer
Heidi Dix – Safeguarding Lead
Ronan Palmer

LGBT*Q+ Youth
Development Worker Andy Fell

Bankers The Co-Operative Bank
9 – 11 Queens Street
Ipswich, Suffolk IP1 1SW

Independent examiner Community360
Winsley's House,
High Street
Colchester,
Essex
CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

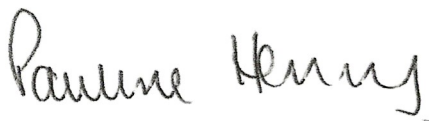
Chair of Trustees Report

Over 2022/23 Outreach youth has re-established its full provision of services delivering top quality youth work with and for young LGBT*Q+ people across Suffolk. Whilst most of the work is face to face, we have maintained some online provision to ensure access for those young people who are socially or physically isolated. Our understanding of young LGBT*Q people continues to develop as does our expertise. All our staff identify as LGBT*Q+ and include individuals from diverse communities including the Trans*community, people of colour and neurodiverse people. The staff team reflects the full range of young people who use the project and bring a variety of connections to the wider LGBT*Q+ community locally and nationally.

As trustees we are proud of the fact that the team of paid staff and volunteers have been supported to access a range of training opportunities including accredited youth work training thereby increasing their skills and abilities to deliver our youth work programme. At Outreach we look to reduce young people's social isolation, celebrate their skills and talents enabling them to feel proud of themselves in a space where they feel safe. The trustees are exceptionally proud of Outreach. We see ourselves working in close collaboration with our young people and are inspired by their resilience and compassion in the face of exceptional personal and social challenges.

We value the continued support and encouragement from the parents and carers of the young people and our partners. Their input and feedback ensure that we keep our provision under constant review. Whilst we have a Children in Need grant until 2025 the Trustees are constantly exploring different funding opportunities. This will be a priority in the year ahead, however we feel confident in the work of the charity and the positive feedback from young people confirms that we are making a difference to their lives.

I want to thank the whole staff team for their commitment to the young people, and the trustees for the time and energy they invest in the charity. This next year will be challenging as we look to secure a new base and new funding sources, however I am extremely optimistic that Outreach will continue to develop and ensure the voice of LGBT*Q+ young people shape services across the county.



Pauline Henry; Chair of Trustees.

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Throughout 2022 and 2023, Outreach youth has continued to offer a safe, supportive community to young LGBT*Q+ people across Suffolk, supporting and working alongside them and their families – fully re-opening our in-person groups and maintaining our digital work initiated during the COVID lockdowns.

Young LGBT*Q+ people involved with Outreach youth bring fantastic qualities to the project: their resilience, kindness and compassion, sense of humour, willingness to lend a hand to others, openness to being challenged and more.

They tell us that our youth work enhances and changes their lives. During this year, post-COVID, we have seen another increase in the numbers of children, young people, and parents accessing support from Outreach youth - an indication of our project's continued relevance and importance.

Our staff team provided youth work sessions with kindness, compassion, and humour, encouraging young people to get involved, supporting their emotional well-being and enabling them to connect with others.

Over the past twelve months, Outreach youth had contact with

2391 young people (LGBT*Q+ and non-LGBT*Q+)

140 young LGBT*Q+ people participated in youth work sessions on more than three occasions over this period

And provided

54 LGBT*Q+ youth group sessions in Ipswich and Bury St Edmunds, providing a safe, supportive, staffed space for young people to meet, participate in planned youth work activities, and have fun, offering **162** hours of youth group support.

28 online Trans* youth group sessions providing an online supportive space facilitated by qualified youth workers, offering **56** hours of support.

12 SOUL sessions supporting LGBT*Q+ people of colour from Suffolk's LGBT*Q+ community, offering **36** hours of support.

75 One to One support sessions for young people offering 150 hours of support.

32 Dungeon and Dragon sessions providing 64 hours of social activity.

1 Pre-PRIDE Brunch

3 PRIDE picnics

1 SOUL PRIDE Lounge

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Links with Schools

We have developed working contact with 7 schools, supporting their staff with issues young LGBT*Q+ people were presenting, providing 274 hours of support.

The Difference We Make to LGBT*Q+ young people

Hearing from the young LGBT*Q+ people we support and work with is core to Outreach youth - this year, young people have told us as part of our evaluation process.

What difference does Outreach youth make to you?

In a recent online questionnaire for young people at our Ipswich LGBT*Q+ youth group, young people responded and, when asked,

"Has attending Outreach Youth's activities increased your contact with other LGBT*+ young people? **100% said Yes.**

"Do you feel less socially isolated as a result of attending Outreach Youth?" **92% said Yes**, 4% said Maybe, and 4% said No.

When we asked young people what difference this increased contact with other young LGBT*Q+ people made to them, they said;

'It's made me feel like I'm not alone and that I'm part of a proper community.'

'I've made a lot more LGBT*Q friends!'

'It's made me feel more confident in talking to new people and, overall, quite happy and accepted.'

'It makes me feel like I'm happy because I'm around people like me.'

'Given me support.'

'It's made me feel like I'm less alone. I'm not just the weird gay kid at school anymore.'

Warwick Edinburgh Emotional Well-Being (WEEWB) Scale

As part of our ongoing monitoring of the difference we make to LGBT*Q+ young people, we use the WEEWB scale over the time individual young people have contact with us.

Over the past year, this measurement has told us that the average difference for young people attending started at an initial score of 20.520, with the latest score of 22.69, – showing a positive difference 2.49

When surveyed, young people also told us that attending Outreach youth increases their self-esteem and self-confidence.

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TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Feedback from funder

"I also particularly enjoyed reading about the case study referred to as 'M'. Reading their journey from the start, then after receiving your support, to having the confidence to represent your project at various events is absolutely brilliant! What an outcome for that young person and a real credit to your team! For that young person to state they now 'feel themselves', after receiving your support is just so very heartwarming."

Events

Among the events we attended throughout the year were

Suffolk PRIDE, UK Black Pride, Ipswich May Day, Pride events at Suffolk New College and Otley Rural College, Farlingaye High School Mini-Fest, West Suffolk College Diversity Day and many more.

Partnerships

We develop partnerships with SCC Fostering & Adoption, training staff, kinship carers, foster carers and panel members.

With East Suffolk's Youth Development worker, Suffolk & North Essex Integrated Care Board, Survivors in Transition, Suffolk Community Foundation, Saxmundham High School, Northgate High School, East Bergholt High School, Debenham High School, SCC Public Health.

Outreach Youth reserves policy

The Trustees have set a reserves policy which requires that reserves be maintained at a level which ensures that OY's core activity could continue during a period of unforeseen difficulty and that a proportion of reserves be maintained in a readily realisable form. The trustees consider readily realisable reserves to be the amount of reserves that are designated or unrestricted and easily converted into cash should the need arise. The calculation of the required level of reserves is an integral part of OY's planning, budgeting and forecasting cycle. It considers the risks associated with each stream of income and expenditure varying from budget; the planned activity level; and OY's future commitments.

The Trustees assess the reserves policy on an annual basis. They discuss levels of readily realisable reserves, OY's main commitments and the foreseeable future requirements. The main risks to both income and expenditure are highlighted, and a calculation made of the possible financial consequences of adverse movements.

The Trustees use this information to ensure an adequate level of readily realisable reserves is maintained. In November 2022 the reserves policy was reviewed, and based on the risk analysis, a readily realisable reserves figure of a minimum of £35000 was agreed necessary with a maximum of £50000. This represented 6 months current running costs of the charity. It was agreed that OY would continue to separate staff, property and reserves designated funds to preserve the 6 months running costs separate to normal unrestricted funds.

As the vast majority of OY income is restricted, for specific projects, and often paid in advance, it was felt that the current risk level was low and unrestricted and designated reserves were there to maintain the project and pay the youth workers for at least 6 months if a funding stream was to end suddenly. This would enable OY time to find a suitable replacement for the funding. As of 30th October 2022, unrestricted and designated funds totalled £39,717.

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2023

	Note	2023 Unrestricted £	2023 Restricted £	2023 Designated £	2023 Total £	2022 Total £
Receipts						
Donations	2	6,802	-	-	6,802	1,086
Raising funds		2,711	-	-	2,711	1,537
Grants		-	80,607	-	80,607	39,192
Services		771	-	-	771	-
Total receipts		10,284	80,607	-	90,891	41,815
Payments						
Activities		300	698	-	998	541
Staff costs		-	40,113	4,887	45,000	32,462
Equipment		647	1,776	-	2,423	1,260
Office resources		36	518	-	554	1,200
Insurance		-	847	-	847	335
Professional fees		158	394	-	552	595
Publicity		694	1,371	-	2,065	770
Miscellaneous		80	-	-	80	525
Training		155	172	-	327	4,540
Travel		-	-	-	-	32
Raising funds		-	48	-	48	-
Rent		-	1,756	-	1,756	2,278
Venue hire		570	1,802	-	2,372	335
Website		160	35	-	195	-
Bank charges		-	-	-	-	3
Subscriptions fees		242	277	-	519	836
Total payments		3,042	49,807	4,887	57,736	45,712
Net of receipts /(payments) before transfers		7,242	30,800	(4,887)	33,155	(3,897)
Transfer between funds		(3,600)	-	3,600	-	-
Net of receipts /(payments) after transfers		3,642	30,800	(1,287)	33,155	(3,897)
Total funds						
Cash funds as 01/04/22		2,100	8,774	40,133	51,007	54,904
Cash funds as 31/03/23		5,742	39,574	38,846	84,162	51,007

Notes on page 9 and 10 form part of these accounts

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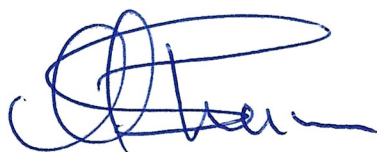
STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST MARCH 2023

	Notes	2023 £	2022 £
<u>Monetary assets</u>			
Cash at bank & in hand	4	84,162	51,007
		84,162	51,007
<u>Represented by funds</u>			
Unrestricted general fund	3	5,742	2,100
Designated funds	3	38,846	40,133
Restricted fund	3	39,574	8,774
		84,162	51,007

These accounts were approved by the Trustees and signed on their behalf by :

Signed:

M Sherman



Date:

4th October 2023

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

1. These accounts have been prepared on a receipts and payments basis. The income did not exceed £250,000 and the charity is not a registered company.

2. Income	2023 £	2022 £
Donations	6,802	1,086
	6,802	1,086

3. Fund balances	01/04/2022 £	Income £	Expenses £	Transfers £	31/03/2023 £
Restricted funds					
Annie Tranmer Charitable Trust	-	648	(55)	-	593
SCC Public Mental Health	-	20,800	(7,680)	-	13,120
Trans Youth Summit	100	-	(100)	-	-
SCF Equity in Mind	-	22,727	(8,177)	-	14,550
LGBT Futures Equity Fund	-	1,000	-	-	1,000
Local Giving - Magic Little grants	-	500	(500)	-	-
Rope Trust	588	-	-	-	588
Ipswich Borough Council	754	3,500	(3,152)	-	1,102
Children In Need	7,333	31,432	(30,143)	-	8,622
Total restricted funds	8,774	80,607	(49,807)	-	39,574
Designated funds					
Staff fund	25,733	-	(4,887)	-	20,846
Reserves fund	7,200	-	-	1,800	9,000
Premises fund	7,200	-	-	1,800	9,000
	40,133	-	(4,887)	3,600	38,846
Unrestricted Funds	2,100	10,284	(3,042)	(3,600)	5,742
Total Funds	51,007	90,891	(57,736)	-	84,162

In the financial year £20,800 was received for SCC Public Mental Health, however £9,454 of this is for use in 23-24. The SCF Equity in Mind fund had an income of £22,727 in the financial year, however £11,363 is to be used in 23-24.

These amounts for the next financial year are included in the balances at 31st March 2023.

4. Key management personnel

Of the five members of staff (2022: 4) employed by Outreach Youth, one is classed as key management personnel.

Self employed individuals are included within staff costs .

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

5. Number of employees

No. employed during the period

2023

No.

5

2022

No.

4

6. Going concern

The charity is operating on a going concern basis.