

OUTREACH YOUTH

Charity number 1158145

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2022



OUTREACH YOUTH

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OUTREACH YOUTH

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31ST MARCH 2022

Charity Name Outreach Youth

Registered Charity No. 1158145

Registered address Tower House
17, Tower Street
Ipswich
IP1 3BE

Website address www.outreachyouth.org.uk

Email address info@outreachyouth.org.uk

Trustees Pauline Henry – Chair
Russell Smith - Vice-Chair
Mark Sherman - Treasurer
Heidi Dix – Safeguarding Lead
Ronan Palmer

LGBT*Q+ Youth
Development Worker Andy Fell

Bankers The Co-Operative Bank
9 – 11 Queens Street
Ipswich, Suffolk IP1 1SW

Independent examiner Community360
Winsley's House,
High Street
Colchester,
Essex
CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022

Chair of Trustees Report

It has been another challenging year for services to young people. Whilst the lockdown eased, there were continuing uncertainties concerning the pandemic and the impact on young people's learning. National and local evidence has emerged of the adverse effects of the pandemic on the emotional health and well-being of young people generally and LGBT*Q+ young people in particular. Our young people faced the daunting challenge of returning to their communities with depleted resilience and considerable anxiety.

At Outreach youth, we slowly began to open up the project by providing face-to-face and online sessions. We supported young people to come together, creating a safe place to meet with their peers and begin socialising. We worked with them to develop a range of resources which we have since used to raise awareness among young people and adults. We established several productive relationships with schools both in the south and west of Suffolk and supported them in developing their provision for LGBT*Q+ young people.

As a follow on to our Black Lives Matter training, we recruited a new worker to network with the Black community and contact LGBT*Q+ young people of colour, who have developed our Soul Project (strength opportunity unity learning). I am particularly proud of this work and its positive impact on the charity's overall work.

We have continued to deliver our Children in Need project, with the final report due in June 2022. We have commissioned an external evaluation of this work, shaping our future planning and delivery. We successfully secured a further three years of Children in Need follow-on funding, which will enable us to consolidate the learning and sustain our provision for LGBT*Q+ young people in Suffolk. However, we will need to identify new funding sources to enable the charity to respond to this vulnerable group's ever-increasing needs.

The charity has grown from strength to strength, and I wish to thank our staff team, notably Andy Fell, for their commitment, expertise and dedication.

Young people's feedback tells us that we are doing a good job and their parents and carers consistently appreciate the care and support we provide for their young people.

I also wish to thank our dedicated team of Trustees, who continue to support the charity and use their experience and knowledge to ensure it operates efficiently and effectively.

I anticipate that 2022/23 will see the charity grow and young people take an ever-prominent role in our developments.

Pauline Henry
Chair of Trustees

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TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022

LGBT*Q+ youth Development Workers Report

Outreach youth continued to offer a community to young LGBT*Q+ people across Suffolk, supporting and working alongside them and their families – focusing on reopening our in-person groups and maintaining our digital work initiated during the COVID lockdowns.

It was clear from the conversations our youth workers had with young LGBT*Q+ people that lockdown had been particularly tricky for them regarding their emotional well-being. So we focused on supporting young people's self-care and confidence.

Our staff team provided youth work sessions with kindness, compassion, and humour, encouraging young people to get involved, supporting their emotional well-being and enabling them to connect with others.

Young people continue to tell us that our youth work has improved their lives over the past 12 months.

167 young LGBT*Q+ people participated in youth work sessions on more than three occasions over this period

63 hours of LGBT*Q+ youth group support

80 non-LGBT*Q+ people were also involved in our work – as allies.

247 young people had contact with Outreach youth

LGBT*Q+ youth group is a safe, supportive, staffed space for young people to meet, participate in planned youth work activities, and have fun, enabling us to support young LGBT*Q+ people across Suffolk.

We provided **33** LGBT*Q+ youth group sessions.

We provided **32** online LGBT*Q+ youth group sessions.

Trans* Online Group a safe online space for young Trans* people across Suffolk to meet together.

We provided **47** online sessions totalling **54** hours.

One to One support – offering individual meetings with an LGBT*Q+ youth worker. These were just one-off sessions, or some young people requested to meet for more sessions. We continued to provide these online as well with the focus of encouraging the young person to join a physical or online group to extend their support network and meet other young people like themselves.

We provided online one-to-one support to **32** young people providing **85** hours of support.

Targeted Support

Our targeted support continued to respond to the specific emotional well-being and physical well-being challenges, within the LGBT*Q+ youth population, with COVID-19 having a significant impact on the lives of LGBT*Q+ young people.

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SOUL Project – our SOUL project has established itself as the project of young people of colour in Suffolk's LGBT*Q+ communities. Over the past twelve months, the support we offer to Isiah has developed strong contacts within the Black communities in Suffolk and has raised the profile of Outreach youth and the support we provide to young people. This has included media coverage, invitations to meet with school students and participation in various local and national events.

We had contact with **8** young people and developed a network with **18** organisations.

LGBT*Q+ Counselling

Our counselling provision for young LGBT*Q+ people continued to support individuals online – supporting the needs of young people as the year progressed.

A total of **6** young people were able to access counselling.

Trans* Families

Our Trans* Families parents decided not to move online, as they felt this was not what they required. However, a small number of parents agreed to be available for new parents to make contact. They were happy to chat online or via text to offer the previously provided support of the physical group.

We linked **16** new parents with **3** current parents.

LGBT*Q+ Schools Work

With schools reopening, we have developed working contact with **12** schools, supporting their staff with issues young LGBT*Q+ people were presenting.

- online visits to **3** school LGBT*Q+ groups - **9** sessions - 90 mins per session - **15.5** hours.
- in person visits **3** school LGBT*Q+ groups - **39** sessions - 60 mins per session - **39** hours

Our Impact on LGBT*Q+ young people

We must hear from the young LGBT*Q+ people we support and work with - this is what some young people have told us as part of our evaluation process.

What difference does Outreach youth make to you?

"It's a safe space for me."

" Outreach means to me,

- a place I can be myself & freely express myself & dress how I want comfortably, that isn't my home.

- a place with other queer people and being able to connect with other members of the community :0)"

"I come to Outreach because it's something fun to do, and it gets me to socialize with people outside of school!"

"To me, Outreach is a safe space where I can meet new people who may or may not have similar interests to me."

"I love Outreach because I can act like myself instead of masking all the time. It's nice to see a variety of people who are similar. I can have a place where I feel safe."

"Outreach means safety and a break from everything else."

" The time of the week to be you and not get judged."

"Outreach, to me, is a safe space where I can chat to some really cool people about common

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"Fun 2 hours every fortnight, comfortable place with cool and caring people."

"Outreach for me is a place to meet new LGBT*Q+ friends :0) – it's a good support network."

"Outreach youth is family."

Warwick Edinburgh Emotional Well-Being (WEEWB) Scale

As part of our ongoing monitoring of the difference we make to LGBT*Q+ young people, we use the WEEWB scale over the time individual young people have contact with us. Over the past year, this measurement has told us that;

The average difference for young people attending started at an initial score of 3.57. with the latest score of 3.43. – showing a positive difference. 0.14.

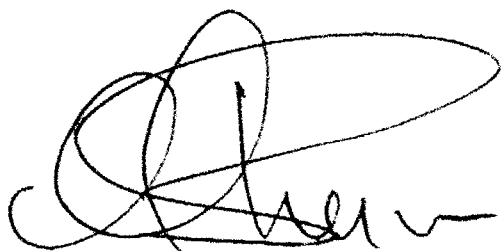
Feedback from funder

We were pleased to receive this feedback from BBC Children in Need – following submission of our final year report from our three year funding.

"The report evidenced an outstanding project rooted in strong relationships between workers and the young people supported. The support delivered demonstrated an in depth understanding of young people's needs with a specialist and holistic service evidenced.

The positive differences achieved by the project were very well described. The adaptations to COVID and the evolving needs this created in the young people supported were impressive to see, for example the increase in mental health needs and the identification of autism needs were met with great responses in terms of buddy systems and ensuring safe and calming spaces were available for those who need them.

There was a strong range of monitoring and evaluation tools used which were centred on young people feedback and voice. The learning section too evidenced how the project and organisation adapt and evolve in line with changing external circumstances and crucially young people needs."



M Sherman

Date 21st September 2022

OUTREACH YOUTH

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2022

I report on the accounts of Outreach Youth for the year ended 31 March 2022 which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

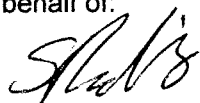
In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:
Community360

Winsley's House, High Street, Colchester, Essex



Date 22/9/2022

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RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2022

	Note	2022 Unrestricted £	2022 Restricted £	2022 Designated £	2022 Total £	2021 Total £
Receipts						
Donations	2	1,086	-	-	1,086	-
Raising funds		1,537	-	-	1,537	-
Grants		600	38,592	-	39,192	55,004
Total receipts		<u>3,223</u>	<u>38,592</u>	<u>-</u>	<u>41,815</u>	<u>55,004</u>
Payments						
Activities		-	541	-	541	1,045
Staff costs		70	32,392	-	32,462	31,572
Equipment		523	737	-	1,260	69
Office resources		9	1,191	-	1,200	1,259
Insurance		-	335	-	335	-
Professional fees		-	595	-	595	655
Publicity		-	770	-	770	847
Miscellaneous		122	403	-	525	205
Training		1,230	3,310	-	4,540	3,810
Travel		-	32	-	32	-
Rent		-	2,278	-	2,278	1,646
Venue hire		-	335	-	335	175
Bank charges		3	-	-	3	-
Subscriptions fees		50	786	-	836	170
Total payments		<u>2,007</u>	<u>43,705</u>	<u>-</u>	<u>45,712</u>	<u>41,453</u>
Net of receipts /(payments) before transfers		1,216	(5,113)	-	(3,897)	13,551
Transfer between funds		<u>(11,400)</u>	<u>(28,733)</u>	<u>40,133</u>	<u>-</u>	<u>-</u>
Net of receipts /(payments) after transfers		(10,184)	(33,846)	40,133	(3,897)	13,551
Total funds						
Cash funds as 01/04/21		12,284	42,620	-	54,904	41,353
Cash funds as 31/03/22		<u>2,100</u>	<u>8,774</u>	<u>40,133</u>	<u>51,007</u>	<u>54,904</u>

Notes on page 9 and 10 form part of these accounts

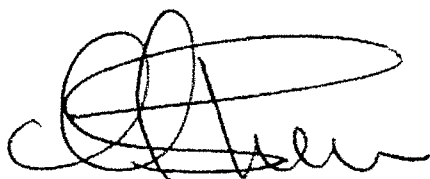
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STATEMENT OF ASSETS AND LIABILITIES FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	2022 £	2021 £
<u>Monetary assets</u>			
Cash at bank & in hand	4	51,007	54,904
		51,007	54,904
<u>Represented by funds</u>			
Unrestricted general fund	3	2,100	12,284
Designated funds	3	40,133	-
Restricted fund	3	8,774	42,620
		51,007	54,904

These accounts were approved by the Trustees and signed on their behalf by :

Signed:



M Sherman

Date: 21st September 2022

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

1. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on a cash basis.

2. Income				2022	2021
				£	£
Donations				1,086	-
				<u>1,086</u>	<u>-</u>
3. Fund Balances	01/04/2021	Income	Expenses	Transfers	31/03/2022
	£	£	£	£	£
Restricted Funds					
LGBTQ Youth Dev. Post	3,000	-	-	(3,000)	-
SCC Public Trans Youth	164	-	(64)	-	100
SCC Public Helth T Fam	-	-	-	-	-
SCF/CCF - Volunteers Ridgeons	150	-	(150)	-	-
Tesco - Bags for Life	-	-	-	-	-
Rope Trust	588	-	-	-	588
Ipswich Borough Council	2,954	3,500	(5,700)	-	754
Children In Need	7,765	35,092	(35,524)	-	7,333
NHS - CCG	28,000	-	(2,267)	(25,733)	-
Total Restricted Funds	<u>42,620</u>	<u>38,592</u>	<u>(43,705)</u>	<u>(28,733)</u>	<u>8,774</u>
Designated Funds					
Staff Fund	-	-	-	25,733	25,733
Reserves Fund	-	-	-	7,200	7,200
Premises Fund	-	-	-	7,200	7,200
	<u>-</u>	<u>-</u>	<u>-</u>	<u>40,133</u>	<u>40,133</u>
Unrestricted Funds	<u>12,284</u>	<u>3,223</u>	<u>(2,007)</u>	<u>(11,400)</u>	<u>2,100</u>
Total Funds	<u>54,904</u>	<u>41,815</u>	<u>(45,712)</u>	<u>-</u>	<u>51,007</u>

4. Key management personnel

Of the four members of staff (2021: three) employed by Outreach Youth, one is classed as key management personnel.

Self employed individuals are included within staff costs are .

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

5. Number of employees

No. employed during the period

2022

No.

4

2021

No.

3

6. Going concern

The charity is operating on a going concern basis.