

OUTREACH YOUTH

Charity number 1158145

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2021



OUTREACH YOUTH

CONTENTS FOR THE YEAR ENDED 31ST MARCH 2021

	Page
Legal & Admin	1
Trustees Annual Report	2 - 6
Receipts and Payments Account	7
Statement of Assets & Liabilities	8
Notes to the financial statements	9 - 10
Independent Examiner's Report	11

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Charity Name Outreach Youth

Registered Charity No. 1158145

Registered address Tower House
17, Tower Street
Ipswich
IP1 3BE

Website address www.outreachyouth.org.uk

Email address info@outreachyouth.org.uk

Trustees Pauline Henry – Chair
Russell Smith - Vice-Chair
Mark Sherman - Treasurer
Heidi Dix – Safeguarding Lead
Ronan Palmer
Gemma Thompson (resigned April 2020)

LGBT*Q+ Youth
Development Worker Andy Fell

Bankers The Co-Operative Bank
9 – 11 Queens Street
Ipswich, Suffolk IP1 1SW

Independent examiner Community360
Winsley's House,
High Street
Colchester,
Essex
CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

The Trustees present their annual for the year ended March 2021, incorporating the Reference and Administration information report on page 1.

Structure Governance and Management

Outreach youth was established in June 2006, by a group of young gay men and Andy Fell, as a voluntary organisation, became incorporated on 24th July 2014 and registered with the Charity Commission on 24th August 2014. Under the constitution the power to appoint Trustees, of which there shall be at least two and a maximum of 8, is vested in existing Trustees.

In the event of the Charity being wound up, the members of the Charitable Incorporated Organisation have no liability to contribute to its assets and no personal responsibility for settling its debts or liabilities

The full Board of Trustees met 6 times during the year in pursuance of the Charity's objectives, performance, policies, management and decide strategic direction and in support of the volunteers in their work with young people, families and partner organisations.

Objectives and Activities

To act as a resource for young people up to the age of 25 living the UK, with a focus on meeting the needs of those in the Lesbian, Gay, Bisexual and Transgender community, by providing advice and assistance and organising programmes of physical, educational and other activities as a means of;

- (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) advancing education;
- (c) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Public Benefit

The charity's public benefits are outlined in the charitable objectives above. The beneficiary age range for the charity's core work is up to the 26th birthday.

Financial Review

The financial statements are included in the Report, for the year and the financial situation at 31 March 2021.

While broadly satisfied with the financial position the Trustees are very conscious that there is a considerable unmet need that could be met by the Charity with greater funds.

The Trustees are focused on the longer-term development and sustainability of the Charity and being able to retain core services, the Reserves Policy informs this sustainability.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Safeguarding

The charity has reviewed its Safeguarding policy and procedures over the last twelve months. This has included working with young people to ensure that the Safeguarding practice is informed by the needs of LGBT*Q+ young people and undertaking a biannual NSPCC audit, this work will continue over the year. Outreach youth is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

REVIEW OF THE YEAR'S ACTIVITIES, PERFORMANCE AND ACHIEVEMENTS

Chair of Trustees Report

The past twelve months have been a challenging year for all young people, especially those we support at Outreach youth. The pandemic has changed how they have been able to live their lives. All their support systems have been thrown up in the air, which has negatively impacted their emotional health, well-being, and educational opportunities. So it is within this context, I say I am very proud of the way Outreach youth responded to the challenges posed by the pandemic. We continued to provide support and nurture to some of the most vulnerable young people in our community by moving all our provision online, working hard to maintain contact with young people who had been previously using the project. I am especially appreciative of the work of our staff team, Andy, George and Miyah and our volunteers Sarah and Ronan. They have had to learn new ways to make the sessions fun and informative and keep young people safe online. Our counselling provision added a new dimension to our offer and provided much needed intensive support for those who struggled through the pandemic. My thanks go to Julie, our counsellor, who worked with great creativity and energy to make the sessions as accessible as possible.

None of this would be possible without the continued financial support of our amazing funders. Children in Need have supported Outreach youth for the past two years providing the security to develop and grow this amazing charity and continue to do so. Ipswich Borough Council, through their Community Cash Grants have funded our home at Tower House and given us a real sense of identity. I would also like to thank all the individuals, schools and companies who have raised essential funds for us over the past year.

We continued to implement our BBC Children in Need plan, adapting where necessary to support our planned outcomes. Our external evaluator has supported our ongoing commitment to involve young people in all aspects of the work, and their consistently positive feedback keeps us all going.

I wish to thank our team of Trustees sincerely; we continued to meet regularly online and maintained a good oversight of the work of the charity. Our training with the staff team, "Black Lives Matter Cause All Live Matter", provided a necessary forum to develop our understanding of race and racism and to reconfirm our commitment to being a proactive, inclusive service for all young people.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

With sadness, the Trustees accepted the resignation of Gemma Thompson; we thank Gemma for her work and support and wish her well for the future.

Pauline Henry
Chair of Trustees

Review of the year's activities, performance and achievements

LGBT*Q+ Youth Development Workers report

Despite the challenges of COVID-19, Outreach youth continued to offer a community to young LGBT*Q+ people across Suffolk, supporting and working alongside them and their families – focusing on online support and, when possible face to face, informed by Government and National Youth Agency guidance.

While working online has been beneficial for some young people, we also know that it was challenging for some, and some young people withdrew from contact with the charity. Through lack of internet access or suitable IT equipment, not being 'out' to family, not having a private space at home they could use to join online sessions and living in a non-accepting home.

Despite these challenges, the staff team provided an online youth work setting with kindness, compassion, and humour, which encouraged young people to get involved, supporting their emotional well-being and connect with others.

Young people told us that our youth work enhanced and improved their lives during the past year.

67 young people participated in youth work sessions on more than three occasions over this period.

LGBT*Q+ youth group is an online safe, supportive, staffed space for young people to meet, participate in planned youth work activities, and have fun. Enabling us to support young LGBT*Q+ people across Suffolk.

We provided 32 online LGBT*Q+ youth group sessions.

One to One Support – an online space to meet individually with an LGBT*Q+ youth worker. For some young people, these were just one-off sessions; others requested to meet for more sessions. Moving online enabled us to make our _

Service more accessible to young people by meeting at times that suited them and again helped us support individual young LGBT*Q+ people across Suffolk.

We provided online one to one support to 18 young people.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Targeted Support

Our targeted support continued to respond to the specific emotional well-being and physical well-being challenges, within the LGBT*Q+ youth population, with COVID-19 having a significant impact on the lives of LGBT*Q+ young people.

LGBT*Q+ Counselling

Our counselling provision for young LGBT*Q+ people continued to support individual's online – supporting the needs of young people as the year progressed.
A total of 8 young people were able to access counselling.

Young Women's Project

For young women identifying as Lesbian, Bisexual, Pansexual, or questioning their sexuality, our project moved online like our other sessions.

The safe weekly online space continued to enable the young women to discuss important issues, plan and deliver sessions, obtain and offer peer support and increase their social network.

8 young women attended 28 sessions.

Trans* Families

Our Trans* Families parents decided not to move online, as they felt that this was not what they required. However, a small number of parents agreed to be available for new parents to make contact. They were happy to chat online or via text to offer the previously provided support of the physical group.

We linked 11 new parents with 5 current parents.

LGBT*Q+ Schools Work

With the closure of schools and move to online learning, our contact with schools reduced; however, we did have contact with 4 schools, supporting their staff with issues young LGBT*Q+ people were presenting.

Our Impact on LGBT*Q+ young people

It is vital that we hear from the young LGBT*Q+ people we support and work with - this is what some young people have told us as part of our evaluation process

What difference does Outreach youth makes to you?

I'm not entirely sure how to put this; this group has made it substantially easier to socialise with other people like me that I likely wouldn't have been able to have had the opportunity of meeting originally. It's a comfortable, relaxed environment where I can learn about something new while also feeling like I'm just 'hanging out' with my friends - I always look forward to a session, be that because we've created something unique for it, the dynamics we've created with each person in the group or perhaps we're doing something new, it's been the highlight of my Fridays and has emotionally picked me up on many occasions. Above all else, this is a safe space for people like us to go and I get to come back every week with people I care about - that makes it so amazing.

J - 17

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

I hope I don't tread on anyone's messages, but here goes. I haven't been in the group for that long, as I am one of the new additions and I wasn't here when the group met in person but since I have joined the group it has seriously brightened my week :) Over lockdown my mental health was on a massive decline being able to talk openly and freely with other people similar to me was of so much help to me and seriously helped my get back on a more positive mental track. I have also formed closer relationships with people I hadn't spoken before and it was such a pleasure to talk about things all the way from politics to celebrity crushes. I haven't always been the most confident about my sexuality but these sessions have really helped me become more confident about where I actually sit. So yeah, I love the group and it's perhaps my favourite day of the week.

M – 16

For the few sessions that I have attended, it's been a really nice, educational and fun time, it's a very safe feeling and all around comfortable place to express emotions and opinions without the fear of being judged. When I have attended, I feel heard and I feel like I've learnt things about the world and the people around me in a way that helps me to cope and move forward in life, I've been given valuable information about how I can progress my school life and future career in a way that doesn't damage my mental health! To sum up what I've said, this group is genuinely beneficial to my mental health and I've noticed it helps the other people in the group as well, I give this group a 10/10 for being awesome! :)

K - 14

This is more than just "some group". It is a group, but it is so much more than that. It's a support network - a place to go to share our troubles, worries, tribulations and fears. We can share our feelings openly without the fear of being judged or overlooked. Somewhere to feel believed in and supported. It is a place of friendship - making connections with one another because we all share things in common. Somewhere we can go to relax and have a laugh with the friends we are likely to hold close to us for a long time. Meeting other people that you can say "you're just like me!" to - a place to feel included. It's a place of education - so many meaningful conversations about the world, movements and communities have been had here. We learn from each other and listen to each other's interests, in turn learning about subjects that we might never have looked into before. It is a place of respect - being able to be open with everyone and never feel judged or intimidated. Having everyone support you in your endeavours is something that I hold dearly and I feel so lucky to have met these wonderful people who support me through everything I do. But most importantly, it is family. The closeness I feel with everyone in this group is astounding and I don't know what I'd do without them. It may seem cliché or dramatic, but I don't remember what life was like before this wonderful group came into my life. I look forward to groups because I know that when I get home from school, whether we're meeting face to face or online, I'm going to see my friends and have a wonderful time with the people I love.

I – 15

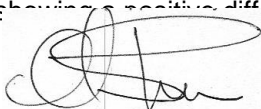
Warwick Edinburgh Emotional Well Being (WEEWB) Scale

As part of our ongoing monitoring of the difference we make to LGBT*Q+ young people, we use the WEEWB scale over the time that individual young people have contact with us.

Over the past year this measurement has told us that;

The average difference for young people attending started at an initial score of 3.57. with a latest score of 3.43. – showing a positive difference. 0.14.

M Sherman



Date 19th August 2021

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2021

	Note	2021 Unrestricted £	2021 Restricted £	2021 Total £	2020 Total £
Receipts					
Donations	2	-	-	-	4,775
Raising Funds		-	-	-	1,218
Grants	3	2,565	52,439	55,004	60,589
Total receipts		<u>2,565</u>	<u>52,439</u>	<u>55,004</u>	<u>66,583</u>
Payments					
Activities		173	872	1,045	1,888
Staff Costs		329	31,243	31,572	28,052
Equipment		-	69	69	2,628
Office resources		191	1,068	1,259	627
Insurance		-	-	-	426
Professional Fees		-	655	655	192
Publicity		-	847	847	2,841
Miscellaneous		-	205	205	347
Training		60	3,750	3,810	660
Travel		-	-	-	1,094
Rent		-	1,646	1,646	1,980
Venue Hire		-	175	175	1,352
Subscriptions fees		50	120	170	25
Total payments		<u>803</u>	<u>40,650</u>	<u>41,453</u>	<u>42,112</u>
Net of Receipts /(Payments) before transfers		1,762	11,789	13,551	24,470
Transfer between funds		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net of Receipts /(Payments) after transfers		1,762	11,789	13,551	24,470
Total Funds					
Cash funds as 01/04/20		10,522	30,831	41,353	16,883
Cash funds as 31/03/21		<u>12,284</u>	<u>42,620</u>	<u>54,904</u>	<u>41,353</u>

Notes on page 9 and 10 form part of these accounts

OUTREACH YOUTH

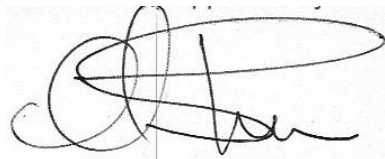
STATEMENT OF ASSETS AND LIABILITIES FOR THE YEAR ENDED 31ST MARCH 2021

	Notes	2021 £	2020 £
<u>Monetary Assets</u>			
Cash at Bank & In Hand	4	54,904	41,353
		54,904	41,353
<u>Represented by Funds</u>			
Unrestricted General Fund	3	12,284	10,522
Restricted Fund	3	42,620	30,831
		54,904	41,353

These accounts were approved by the Trustees and signed on their behalf by :

Signed:

M Sherman



Date: 19th August 2021

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

1. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on a cash basis.

2. Income	2021 £	2020 £
Donations	-	4,775
	<u>-</u>	<u>4,775</u>

3. Fund Balances	01/04/2020 £	Income £	Expenses £	Transfers £	31/03/2021 £
Restricted					
LGBTQ Youth Dev. Post	3,000	-	-	-	3,000
SCC Public Trans Youth	1,248	-	(1,065)	-	183
SCC Public Helth T Fam	3,822	-	(3,822)	-	-
SCF/CCF - Volunteers Ridgeons	150	-	-	-	150
Tesco - Bags for Life	394	-	(394)	-	-
Rope Trust	588	-	-	-	588
Ipswich Borough Council	742	4,000	(1,788)	-	2,954
Children In Need	7,887	33,440	(33,562)	-	7,765
NHS - CCG	13,000	15,000	-	-	28,000
	<u>30,830</u>	<u>52,440</u>	<u>(40,631)</u>	<u>-</u>	<u>42,640</u>
Unrestricted Funds	<u>10,522</u>	<u>2,565</u>	<u>(803)</u>	<u>-</u>	<u>12,284</u>

4. Cash Funds	2021 £	2020 £
Community Direct Plus Account	54,904	41,342
	<u>54,904</u>	<u>41,342</u>

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

5. Key Management Personnel

The two members of staff employed by Outreach Youth are not key management personnel.

Self employed individuals are included within staff costs are .

6. Number of Employees

No. employed during the period

2021 No.	2020 No.
<u>3</u>	<u>2</u>

7. Going Concern

The charity is operating on a going concern basis.

OUTREACH YOUTH

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

I report on the accounts of Outreach Youth for the year ended 31 March 2021 which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:
Community360

Winsley's House, High Street, Colchester, Essex



Date

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on

19th August 2021
