

OUTREACH YOUTH

England & Wales - Charity number 1158145

Details

Status Registered

Legal form CIO

Registered 2014-08-06

Register [View on the Charity Commission register](#)

Contact

Address Outreach youth
19 Tower Street
Ipswich
Suffolk
IP1 3BE

Phone 07999730289

Email info@outreachyouth.org.uk

Website www.outreachyouth.org.uk

Activities

Objects: To act as a resource for LGBT*Q+ people living in the UK, including a specific focus on meeting the needs of those young people up to the age of 25 in the Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBT*Q+)community, by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:(a) advancing in life and helping people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;(b) advancing education;(c) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Activities: The charity currently provides the following activities:- LGBTQ+ youth groups for young people - one to one support for young LGBTQ+ - support and guidance to young LGBTQ+ people under 25 years- partnership working with schools, colleges, statutory and voluntary sector providers - support to parents / carers who's children identify as LGBTQ+

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People

Geography

- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£162,837	£108,244	-	-
2024-03-31	£68,072	£76,588	-	-
2023-03-31	£90,891	£57,736	-	-
2022-03-31	£41,815	£45,712	-	-
2021-03-31	£55,004	£41,453	-	-

Trustees

Name	Role	Appointed
Pauline Henry	Chair	2017-03-29
Georgina Clark		2024-10-22
HEIDI DIX		2014-07-24
Jane Belinda Billings-Deed		2025-10-15
Ronan Palmer		2017-07-26
Ryan Buck		2024-10-22

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FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025



Connect | Develop | Support

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LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2025

Charity Name	Outreach youth
Registered Charity No.	1158145
Registered Address	19 Tower Street Ipswich Suffolk IP1 3BE
Website address	www.outreachyouth.org.uk
Email address	info@outreachyouth.org.uk
Trustees	Pauline Henry – Chair Mark Sherman – Treasurer Heidi Dix – Safeguarding Lead Ronan Palmer George Clark (appointed 22nd October 2024) Ryan Buck (appointed 22 October 2024)
Staff Team	Andy Fell (appointed CEO on 1st April 2024) Isiah - Senior Youth Worker Sarah - Youth Worker Miyah - Youth Worker Kara - Youth Worker Luke Youth Worker
Bankers	The Co-Operative Bank 9 – 11 Queens Street Ipswich Suffolk IP1 1SW
Independent examiner	Community 360 Winsley's House High Street Colchester Essex CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Chair of Trustees Report 2024/25

I am delighted to report that the charity has had another successful year. We now have an established team of four qualified part-time youth workers, a senior youth worker on 28 hrs per week and a full time Chief Executive Officer. The team has a wealth of experience, and our new recruits have brought additional skills and energy. As a result of our Reaching Communities funding we now have weekly sessions in Ipswich, fortnightly sessions in Bury St Edmunds, a digital offer, pop up sessions in Mid and west Suffolk and ongoing one to one support for young people and their families We have also established a weekly group for young people 18+ which has proved to be very successful and ensures that young people can continue to meet and socialise in a safe, supportive space as they move into adulthood.

We are very pleased to have recruited two new trustees over the past year. They are already making a significant contribution to the trustee group bringing fresh ideas and some challenge to our work. This new energy has helped us reflect on our priorities and how we want the charity to grow over the years ahead. We have agreed our three-year strategic plan and funding strategy to ensure the long-term sustainability of the charity. Our funding strategy sets out what resources are needed to deliver the youth work offer and how we secure the necessary funding over the lifetime of our five-year Reaching Communities programme. Our Children in Need funding will finish at the end of May but we are hopeful that we will secure a further three years of funding to support the delivery of the Five Ways to Wellbeing Programme in south and west Suffolk.

Young people continue to be at the heart of all we do and their contribution to our AGM made a significant impact on all who attended. Their ongoing participation in the planning, delivery and review of the work ensures that we keep a sharp focus on their specific needs and wellbeing. I wish to thank our dedicated youth work team and trustees, who continue to support Outreach youth and who use their experience and knowledge to ensure our work is of high quality and the charity is managed efficiently and effectively.



Pauline Henry

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Outreach youth 2024/2025 CEO Report.

Introduction

My report reflects on the work undertaken, the outcomes, and the challenges of Outreach youth during 2024/2025.

I am delighted to report on the work we have been able to deliver and are happy to share this overview of the activities and the LGBT*Q+ youth work provision we have provided. The impact we have had on young LGBT*Q+ people and their families, and to reflect on the lessons we have learned during the year.

This report draws from the insights gathered from young LGBT*Q+ people involved, their parents and/or caregivers, our youth workers and partners.

Overview

We provide LGBT*Q+ youth work provision and support for young people aged 12-25 who identify as LGBT*Q+ or who are questioning their sexuality and/or gender identity, as well as for their families.

The charity aims to improve mental health, foster community, and provide resources that promote acceptance, understanding, and empowerment.

We offer various youth work projects, including LGBT*Q+ youth groups, one-on-one support, targeted group work sessions, family support, social action, advocacy, and partnerships with local statutory and third sector organisations.

Impact and Outcomes

Over the twelve months of 2024/25, we had contact with

- 372 young LGBT*Q+ people
- 1152 young people whose sexuality and/or gender identity were not known
- 49 parents/caregivers of Trans* children

We provided the following sessions and support for young LGBT*Q+ people and their families.

- Ipswich LGBT*Q+ Youth Group: 48 sessions
- Bury St Edmunds LGBT*Q+ Youth Group: 46 sessions
- Brandon LGBT*Q+ Youth Group: 4 sessions
- Trans* youth Online: 44 sessions
- One to One Support: 258 sessions
- Trans* Families Support: 11 sessions
- SPACE (18-24 yrs): 23 sessions
- SOUL: 26 support sessions and 2 group sessions

During this period, many young LGBTQ+ people accessing Outreach youth are presenting with complex, overlapping and additional challenges.

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TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

We are seeing an increase in the number of neurodiverse young people contacting us, and across the wider cohort, many report experiencing high levels of anxiety, emotional distress, and social isolation. From our experience, these young people struggle to feel understood or safe in traditional support systems, making inclusive, trauma-informed youth work opportunities essential.

Our Youth Work

Our LGBT*Q+ youth work curriculum provides a framework for young people and youth workers to co-produce social and informal education activities based on their needs and interests.

Participation and empowerment are at the core of our youth work practice; young LGBT*Q+ people help shape our youth work by sharing what they need and what matters to them. They are actively engaged in planning and leading activities, providing suggestions and feedback, and jointly making decisions, ensuring that the sessions, activities and support we provide are relevant, useful, safe, and tailored to their needs, with opportunities also to be involved in the recruitment and induction of Trustee and youth workers, co-production of the Outreach youth AGM and supporting Trustee visits to youth work sessions.

Working in this way also supports their personal and social development by building their confidence, skills, and stronger connections with other young people and adults.

Over the year we continued to provide our high-quality LGBT*Q+ youth groups and one to one support, plus our Queer Prom, Drag Academy, introduced Holiday Programmes, social action projects and Pop Up sessions.

Impact & Benefits

Impact for young LGBT*Q+ people

Young LGBT*Q+ people, involved with Outreach youth, for more than three months, had the opportunity to complete our survey, sharing the difference Outreach youth had made to them.

- 92% had increased contact with other young LGBT*Q+ people
- 94% felt less socially isolated
- 94% had improved emotional well-being
- 84% had increased feelings of safety
- 93% were able to have a voice
- 84% felt the support to them was important

Additionally young LGBT*Q+ people who accessed one-to-one support reported that

- 77% felt less isolated
- 73% were better informed about Outreach youth and other support services

Young LGBT*Q+ people also told us

"increasing my contact with other LGBT+ young people has made me realise that I am not alone in this. No matter what happens, I don't have to do it alone; there are other people out there who understand what it feels like to be in my situation, and there are people whom I can spend time

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"before I found OY I barely left my room and if I did I would rarely leave the house. I wouldn't talk to anybody. I didn't have any friends. Now I have people that I can turn to when I need support and people that are there when I want to go out and do something."

"having an accepting safe space where I'm recognised as the gender I identify as was so liberating for my mental health."

"I've realised that not everybody in the world is out there to try and harm me. There are good people in society who will try and help and support me instead of insult and harm me. OY has helped me to increase my trust in society after being bullied to the point of trying to kill myself because of my identity. I'm not scared of every person that I meet anymore."

"I have selective mutism and so people often don't talk to me, but at outreach I feel much more comfortable talking to people and it's never held against me if I can't talk. When I attend trans on line, I'm also allowed to type in the chat rather than using a microphone. I'm able to communicate with other people without having to make myself uncomfortable/distressed."

Impact & Benefits

Engaging and supporting parents, caregivers and families

We recognise the pivotal role that families and caregivers play in the development and well-being of young LGBT*Q+ people. We know that for some parents/caregivers, their child's sexuality and/or gender identity can be challenging to accept or understand. Our work with individual parents, caregivers and families supports them and indirectly their child.

In our work with parents and caregivers

- 95% felt less isolated
- 84% felt more informed
- 89% felt more confident in supporting their child

Parents and caregivers told us about the impact they saw on their children

"This has helped our child's confidence and given them access to peers who are going through the same thing they are -this provides a level of support and community they don't get from school."

"Bringing young people together who can be themselves and great at making them feel comfortable and part of the group. The trans families' groups was invaluable for me as a parent as well when she first came out and I had no-one else to really talk to about it."

"I can't overstate the positive impact this has had on our teenager, and I have seen the difference in their friends at Outreach as well. They have said to me that even when they are having a really bad day at school it's easier to get through knowing that they have Outreach to look forward to."

OUTREACH YOUTH

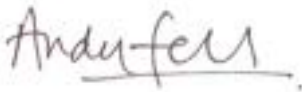
TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2025

Moving Forward

The past year has demonstrated the tremendous value of providing targeted support to young LGBT*Q+ people and their parents, caregivers and families. Through our LGBT*Q+ youth work, we have witnessed significant improvements in the wellbeing of the young LGBT*Q+ people we work with, as well as increased understanding and acceptance from their parents, caregivers and families. My thanks to our amazing youth work team and Trustees for believing in the work we do.

While challenges remain, they have provided valuable learning opportunities that will guide the next phase of the development of Outreach youth.

Moving forward, we will continue to focus on ensuring that no young LGBT*Q+ person in Suffolk is left behind. I am confident that the Outreach youth will continue to have a significant impact in the next twelve months.



Andy Fell
CEO

Risk Management

The Trustees regularly review organisational risk, and consider the major risks arise from continuity of funding for services and the preservation of cash in any financial crisis. The Reserves policy seeks to address these concerns. Trustees continue to review the Charity's long-term viability by diversifying income streams and establishing higher-value income.

Reserves Policy

Trustees place great importance on the sustainability of the Charity long-term and have regard to the importance of being able to retain the core of its well-trained and experienced workforce.

To this end, the primary aim of the Reserves Policy is to:

- enable continuity of services when experiencing short-term gaps in funding,
- allow the Charity to maintain its direct expenditure and cover liabilities,
- fulfil statutory and legal obligations including those to employees and suppliers,
- and allow for orderly winding-up of the Charity should this become necessary.

The reserves policy is reviewed and adjusted annually. The Trustees calculate the reserve policy in line with the primary aims noted above.

The Trustees will look to review and expense amounts held above the reserves policy in accordance with the objectives of the charity over the coming years.

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INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

I report on the accounts of Outreach Youth for the year ended 31 March 2025 which are set out on pages 8 to 11.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Courtier FMAAT AATQB for and on behalf of:
Community360



Winsley's House, High Street, Colchester, Essex

Date 15/10/2025

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RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 Unrestricted £	2025 Restricted £	2025 Designated £	2025 Total £	2024 Total £
Receipts						
Donations	2	3,345	-	-	3,345	3,390
Raising funds		-	-	-	-	-
Grants		-	155,805	-	155,805	61,736
Sales		1,972	-	-	1,972	2,410
Uncategorised Income		1,715	-	-	1,715	536
Total receipts		7,032	155,805	-	162,837	68,072
Payments						
Activities		190	3,743	-	3,933	824
Staff costs		-	80,191	-	80,191	54,618
Equipment		-	3,248	-	3,248	290
Office resources		-	1,334	-	1,334	2,598
Insurance		-	1,329	-	1,329	1,099
Professional fees		-	1,914	-	1,914	1,045
Publicity		-	4,679	-	4,679	1,526
Miscellaneous		240	-	-	240	50
Training		-	1,516	-	1,516	588
Removal & refurbishment		-	-	-	-	3,266
Rent		-	6,293	-	6,293	6,551
Venue hire		-	2,824	-	2,824	3,490
Website		-	108	-	108	160
Subscriptions fees		-	635	-	635	483
Total payments		431	107,813	-	108,244	76,588
Net of receipts						
/(payments)before transfers		6,601	47,991	-	54,593	(8,516)
Transfer between funds		-	-	-	-	-
Net of receipts						
/(payments) after transfers		6,601	47,991	-	54,593	(8,516)
Total funds						
Cash funds as 01/04/24		3,964	29,095	42,587	75,646	84,162
Cash funds as 31/03/25		10,565	77,086	42,587	130,238	75,646

Notes on page 10 and 11 form part of these accounts

OUTREACH YOUTH

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2025

	Notes	2025 £	2024 £
<u>Monetary assets</u>			
Cash at bank & in hand		130,238	75,646
		130,238	75,646
<u>Represented by funds</u>			
Unrestricted general fund	3	10,565	3,964
Designated funds	3	42,587	42,587
Restricted fund	3	77,086	29,095
		130,238	75,646

These accounts were approved by the Trustees and signed on their behalf by :

Signed:



M Sherman

Date: 13th October 2025.

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

1. These accounts have been prepared on a receipts and payments basis. The income did not exceed £250,000 and the charity is not a registered company.

2. Income	2025	2024
	£	£
Donations	3,345	3,390
	<u>3,345</u>	<u>3,390</u>

3. Fund balances	01/04/2024	Income	Expenses	Transfers	31/03/2025
	£	£	£	£	£
Restricted funds					
B&Q Foundation	724	-	(724)	-	-
East Suffolk DC	3,000	-	(259)	-	2,741
SCF Equity in Mind	14,817	-	(14,817)	-	-
Co-Op Community Care	-	3,339	(3)	-	3,336
LGBT Futures Equity Fund	1,000	-	-	-	1,000
Rope Trust	574	-	(184)	-	390
Postcode Places Trust	-	20,000	-	-	20,000
The National Lottery	-	99,649	(67,967)	-	31,682
Children In Need	8,980	32,817	(23,859)	-	17,938
Total restricted funds	<u>29,095</u>	<u>155,805</u>	<u>(107,813)</u>	<u>-</u>	<u>77,086</u>
Designated funds					
Staff fund	20,587	-	-	413	21,000
Reserves fund	11,000	-	-	2,000	13,000
Premises fund	11,000	-	-	2,000	13,000
	<u>42,587</u>	<u>-</u>	<u>-</u>	<u>4,413</u>	<u>47,000</u>
Unrestricted Funds	<u>3,964</u>	<u>7,031</u>	<u>(431)</u>	<u>(4,413)</u>	<u>6,152</u>
Total Funds	<u>75,646</u>	<u>162,836</u>	<u>(108,244)</u>	<u>-</u>	<u>130,238</u>

These amounts for the next financial year are included in the balances at 31st March 2025.

4. Key management personnel

Of the six members of staff (2024: 6) employed by Outreach youth, one is classed as key management personnel.

Self employed individuals are included within staff costs .

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

5. Number of employees	2025	2024
	No.	No.
No. employed during the period	<u>6</u>	<u>6</u>

6. Going concern

The charity is operating on a going concern basis.

7. Trustee remuneration & related parties

There were no related parties within the year.

None of the Trustees received any remuneration during the year.

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England & Wales - Charity number 1158145

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LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2024

Charity Name	Outreach youth
Registered Charity No.	1158145
Registered Address	19 Tower Street Ipswich Suffolk IP1 3BE
Website address	www.outreachyouth.org.uk
Email address	info@outreachyouth.org.uk
Trustees	Pauline Henry – Chair Mark Sherman – Treasurer Heidi Dix – Safeguarding Lead Ronan Palmer Russell Smith – (resigned 18th October 2023)
LGBT*Q+ Youth	Andy Fell Development Worker
Bankers	The Co-Operative Bank 9 – 11 Queens Street Ipswich Suffolk IP1 1SW
Independent examiner	Community 360 Winsley's House High Street Colchester Essex CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

Chair of Trustees Report 2023/24

I am delighted to report that this has been another successful year for Outreach youth. We have been able to develop our provision and now run regular sessions in Bury St Edmunds and Ipswich. The young people who are involved with Outreach continue to report high levels of satisfaction and are increasingly involved in the ongoing development of the charity.

The Trustees have reviewed our Strategic Plan and agreed a clear set of objects for the next three years. Our Finance Strategy is nearing completion and will confirm our actions to secure the long-term sustainability of the charity. We were very excited to hear that our Reaching Communities bid had been successful, which will secure core funding for the next five years starting April 2024. However, we will need to continue to actively fund raise to the match funding which is needed to deliver and develop our work across south and west Suffolk.

We are very fortunate to have a stable team of part-time workers who consistently deliver high-quality youth work with and for young people. There is an increasing demand for our services from young people, their families, and partner organisations. We continue to learn about our young people's needs and how best to support them and we see ourselves as being strong advocates for all young LGBT*Q + young people in Suffolk. Our work with our partners, including the local authority, health, voluntary sector and schools, has widened our reach and enabled us to have sustained contact with more young people across the county. Our digital offer ensures that young people living in rural Suffolk can still access our support.

I would like to thank our team of workers and my fellow trustees for their dedication and support. To have everyone's commitment makes the role of chair so much more enjoyable. However, we do need to expand our board and so one of our challenges for 24/25 is to recruit new Trustees.

Despite the pressure of securing ongoing funding, I am looking forward to 24/25 with optimism. Our young people continue to inspire us all.

Pauline Henry

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

LGBT*Q+ Youth Development Worker's Report

With almost 20 years' worth of experience in supporting LGBT*Q+ children & young people, we have seen and been a part of monumental changes and progress for LGBT*Q+ people across the UK.

However, informed by the experiences of LGBT+ young people attending Outreach youth, we know all too well that they are still likely to face LGBT*Q+-phobia and the disproportionate mental health challenges this is likely to cause.

Over the past twelve months, we had contact with 1109 young people under 18.

327 young LGBT*Q+ people of those young people engaged with Outreach youth on more than three occasions.

- 88% of young people said they felt less isolated through access Outreach youth.
- 88% of young people said their well-being improved.
- 80% of young people reported an increase in self-confidence and self-esteem.
- 98% of young people said they felt safe at Outreach youth.
- 100% would recommend it to other young LGBT*Q+ people.
- 102 In person groups
- 24 Online groups
- 168 One to One support
- One to One support themes – LGBT*Q+ Identities, Coming Out, Emotional Wellbeing & Mental Health, Isolation, Gender pathways, School, Keeping safe.

Our youth work team have achieved this through facilitating the following groups and work

- Ipswich LGBT*Q+ youth group
- Bury St Edmunds LGBT*Q+ youth group
- Outreach youth Hub, Tower Street, Ipswich
- Trans* Youth online
- One to One support
- SOUL for young people of colour from Suffolk's LGBT*Q+ community

These have been complimented with our targeted work

- Heads UP! – our emotional wellbeing ten-week programme for young Trans* people.
- Create – our arts-based project developing practical skills and awareness of LGBT*Q+ artists.
- Trans* Families our peer support group for parents and caregivers of young Trans* children.
- SPACE our project for young adults aged 18-24 years.

In 2023 we held our first Queer Prom, co-produced with young people it was an amazing event, filled with LGBT*Q+ joy and laughter. 40 + young people attended the Prom, complete with DJ, Gini Tonix – Drag Queen, karaoke, photobooth and buffet.

“Prom was amazing, I had so much fun and loved the dancing and food. I didn't go to my school prom as I just felt uncomfortable about it but here, I felt OK. – Thanks for arranging it.”

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During June 2023, we partnered with Suffolk Pride to facilitate the Youth Takeover event at The Hold in Ipswich. Young people from our Ipswich LGBT*Q+ youth group, met with Suffolk Pride to discuss what they felt young people would like to see and volunteered on the day, ensuring young people felt welcome and supported.

As a community partner of Sizewell C we have started to establish links with the Sizewell C LGBT*Q+ Network as a community partner. At its early stages we have had the opportunity to share the needs of young LGBT*Q+ people in Suffolk and the support we offer and work we undertake. Many of the issues discussed were also experienced by the network members as young people themselves.

Schools, colleges and other partners, we have continued to work with several partners to support young LGBT*Q+ people across Suffolk, this helps our desire to see young LGBT*Q+ people be able to access a supportive adult in these settings who understands what the young person maybe facing.

This has included

- Supporting student in schools who are LGBT+ or exploring their sexual orientation and/or gender identity.
- Increasing LGBT+ awareness, inclusion and safety throughout the whole school community through educational workshops, assemblies and staff training.
- Increasing the visibility and inclusion of LGBT+ identities and the LGBT+ community throughout the school and the wider community, and across the teaching curriculum.

What Young People Tell Us About Outreach youth

“Before I found Outreach youth, I barely left my room if I did, I would rarely leave the house. I wouldn't talk to anybody. I didn't have any friends. Now I have people that I can turn to when I need support and people that are there when I want to go out and do something.” 18 yrs.

“Helping people feel more accepted, supported and safe. Also helping people realise they are not alone, and people can relate to things. Attending sessions can also help with stuff like depression I have found.” 15 yrs.

“Increasing my contact with other LGBT*Q+ young people has made me realise that I am not alone in this. No matter what happens I don't have to do it alone, there are other people out there who understand what it feels like to be in my situation and there are people who I can spend time with without constantly being asked questions or feeling as if I'm being judged.” 16 yrs.

“It has made me happier and less isolated”. 13 yrs.

“Outreach is my happy place!”. 14 yrs.

What Parents Say

“My son found his tribe at Outreach youth; they are so different now.”

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TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2024

“They really look forward to their fortnightly session at Outreach youth and I can see the difference it makes to them, having a place they can go to where they can meet people like them and feel accepted. It has been a lifeline for us both. Thank you”

“When I came to meet the workers at Outreach on my sons first session, I was struck by how positive it felt and how they made us feel welcome. There was an energy in the session from the young people and it was obvious to me that they really liked being there. J has really enjoyed coming along, as they aren't in school, they don't have the social interactions most young people have, but since starting at Outreach I have seen them make friends and feel more connected with others.”

What Professionals Say

“I brought S along to the Hub in Ipswich to meet and talk about what they might be able to get involved with. S was so struck with the Hub space, and with how welcome they were made to feel and how there was no pressure and that it was very much about them and what they felt would be good for them. On the way home we talked about it and S decided to try to come along to a session, which they have done and although they feel anxious about coming, they have managed to attend several sessions and meet other young people.”

We have also been delivering ‘Working with Gender Diverse Young People’ training to professionals working in the Children and Young Peoples service at Suffolk County Council, some have feedback

“Think everyone should do this training, really helpful resource.” Social Worker

“This course was very beneficial. It was interesting & relevant to my caseload. Helpful to explore some common misconceptions & terms preferred by transgender people, rather than hoping to get it right – thank you.” Social Worker

“Amazing training, delivered in a relaxed and informative way, this will really help my work with families.” Family Support Worker

Our Staff Team

Our committed staff team of Isiah, Sarah, Heather, Eric and Kara, have over the past twelve months supported the young LGBT*Q+ people and parents contacting us. They have made a profound impact, creating safe spaces and fostering a sense of belonging that truly changes lives. They have shown remarkable compassion and resilience, empowering young people to embrace their true selves. I am immensely grateful of the positive difference they make every day. Thanks to them for being such inspiring advocates and role models.

Andy Fell
LGBT*Q+ Youth Development worker.

OUTREACH YOUTH

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

I report on the accounts of Outreach Youth for the year ended 31 March 2024 which are set out on pages 8 to 11.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT FATTQB for and on behalf of:
Community360



Winsley's House, High Street, Colchester, Essex

Date

18/10/2024

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 Unrestricted £	2024 Restricted £	2024 Designated £	2024 Total £	2023 Total £
Receipts						
Donations	2	3,390	-	-	3,390	6,802
Raising funds		-	-	-	-	2,711
Grants		-	61,736	-	61,736	80,607
Sales		2,410	-	-	2,410	-
Services		-	-	-	-	771
Uncategorised Income		536	-	-	536	-
Total receipts		6,336	61,736	-	68,072	90,891
Payments						
Activities		197	627	-	824	998
Staff costs		-	54,359	259	54,618	45,000
Equipment		191	99	-	290	2,423
Office resources		414	2,184	-	2,598	554
Insurance		349	750	-	1,099	847
Professional fees		901	144	-	1,045	552
Publicity		308	1,218	-	1,526	2,065
Miscellaneous		50	-	-	50	80
Training		-	588	-	588	327
Raising funds		-	-	-	-	48
Removal & refurbishment		260	3,006	-	3,266	-
Rent		1,134	5,417	-	6,551	1,756
Venue hire		185	3,305	-	3,490	2,372
Website		-	160	-	160	195
Subscriptions fees		125	358	-	483	519
Total payments		4,114	72,215	259	76,588	57,736
Net of receipts						
/(payments)before transfers		2,222	(10,479)	(259)	(8,516)	33,155
Transfer between funds		(4,000)	-	4,000	-	-
Net of receipts						
/(payments) after transfers		(1,778)	(10,479)	3,741	(8,516)	33,155
Total funds						
Cash funds as 01/04/23		5,742	39,574	38,846	84,162	51,007
Cash funds as 31/03/24		3,964	29,095	42,587	75,646	84,162

Notes on page 10 and 11 form part of these accounts

OUTREACH YOUTH

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2024

	Notes	2024 £	2023 £
<u>Monetary assets</u>			
Cash at bank & in hand		75,646	84,162
		75,646	84,162
<u>Represented by funds</u>			
Unrestricted general fund	3	3,964	5,742
Designated funds	3	42,587	38,846
Restricted fund	3	29,095	39,574
		75,646	84,162

These accounts were approved by the Trustees and signed on their behalf by :

Signed:



M Sherman

Date:

10th October 2024

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

1. These accounts have been prepared on a receipts and payments basis. The income did not exceed £250,000 and the charity is not a registered company.

2. Income	2024	2023
	£	£
Donations	3,390	6,802
	<u>3,390</u>	<u>6,802</u>

3. Fund balances	01/04/2023	Income	Expenses	Transfers	31/03/2024
	£	£	£	£	£
Restricted funds					
Annie Tranmer Charitable Trust	593	-	(593)	-	-
B&Q Foundation		4,250	(3,526)	-	724
SCC Public Mental Health	13,120	-	(13,120)	-	-
East Suffolk DC	-	3,000	-	-	3,000
SCF Equity in Mind	14,550	22,727	(22,460)	-	14,817
LGBT Futures Equity Fund	1,000	-	-	-	1,000
Rope Trust	588	-	(14)	-	574
Ipswich Borough Council	1,102	-	(1,102)	-	-
Children In Need	8,622	31,759	(31,401)	-	8,980
Total restricted funds	<u>39,573</u>	<u>61,736</u>	<u>(72,215)</u>	<u>-</u>	<u>29,095</u>
Designated funds					
Staff fund	20,846	-	(259)	-	20,587
Reserves fund	9,000	-	-	2,000	11,000
Premises fund	9,000	-	-	2,000	11,000
	<u>38,846</u>	<u>-</u>	<u>(259)</u>	<u>4,000</u>	<u>42,587</u>
Unrestricted Funds	<u>5,742.00</u>	<u>6,336</u>	<u>(4,114)</u>	<u>(4,000)</u>	<u>3,964</u>
Total Funds	<u>84,161</u>	<u>68,072</u>	<u>(76,588)</u>	<u>-</u>	<u>75,646</u>

These amounts for the next financial year are included in the balances at 31st March 2024.

4. Key management personnel

Of the six members of staff (2023: 5) employed by Outreach Youth, one is classed as key management personnel.

Self employed individuals are included within staff costs .

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

5. Number of employees

No. employed during the period

2024	2023
No.	No.
6	5

6. Going concern

The charity is operating on a going concern basis.

7. Trustee remuneration & related parties

There were no related parties within the year.

None of the Trustees received any remuneration during the year.

OUTREACH YOUTH

England & Wales - Charity number 1158145

Accounts

OUTREACH YOUTH

Charity number 1158145

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023**



OUTREACH YOUTH

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OUTREACH YOUTH

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31ST MARCH 2023

Charity Name Outreach Youth

Registered Charity No. 1158145

Registered address 19 Tower Street
Ipswich
Suffolk
IP1 3BE

Website address www.outreachyouth.org.uk

Email address info@outreachyouth.org.uk

Trustees Pauline Henry – Chair
Russell Smith - Vice-Chair
Mark Sherman - Treasurer
Heidi Dix – Safeguarding Lead
Ronan Palmer

LGBT*Q+ Youth
Development Worker Andy Fell

Bankers The Co-Operative Bank
9 – 11 Queens Street
Ipswich, Suffolk IP1 1SW

Independent examiner Community360
Winsley's House,
High Street
Colchester,
Essex
CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

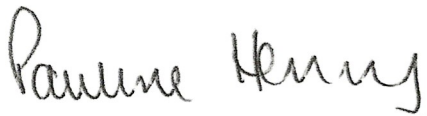
Chair of Trustees Report

Over 2022/23 Outreach youth has re-established its full provision of services delivering top quality youth work with and for young LGBT*Q+ people across Suffolk. Whilst most of the work is face to face, we have maintained some online provision to ensure access for those young people who are socially or physically isolated. Our understanding of young LGBT*Q people continues to develop as does our expertise. All our staff identify as LGBT*Q+ and include individuals from diverse communities including the Trans*community, people of colour and neurodiverse people. The staff team reflects the full range of young people who use the project and bring a variety of connections to the wider LGBT*Q+ community locally and nationally.

As trustees we are proud of the fact that the team of paid staff and volunteers have been supported to access a range of training opportunities including accredited youth work training thereby increasing their skills and abilities to deliver our youth work programme. At Outreach we look to reduce young people's social isolation, celebrate their skills and talents enabling them to feel proud of themselves in a space where they feel safe. The trustees are exceptionally proud of Outreach. We see ourselves working in close collaboration with our young people and are inspired by their resilience and compassion in the face of exceptional personal and social challenges.

We value the continued support and encouragement from the parents and carers of the young people and our partners. Their input and feedback ensure that we keep our provision under constant review. Whilst we have a Children in Need grant until 2025 the Trustees are constantly exploring different funding opportunities. This will be a priority in the year ahead, however we feel confident in the work of the charity and the positive feedback from young people confirms that we are making a difference to their lives.

I want to thank the whole staff team for their commitment to the young people, and the trustees for the time and energy they invest in the charity. This next year will be challenging as we look to secure a new base and new funding sources, however I am extremely optimistic that Outreach will continue to develop and ensure the voice of LGBT*Q+ young people shape services across the county.



Pauline Henry; Chair of Trustees.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Throughout 2022 and 2023, Outreach youth has continued to offer a safe, supportive community to young LGBT*Q+ people across Suffolk, supporting and working alongside them and their families – fully re-opening our in-person groups and maintaining our digital work initiated during the COVID lockdowns.

Young LGBT*Q+ people involved with Outreach youth bring fantastic qualities to the project: their resilience, kindness and compassion, sense of humour, willingness to lend a hand to others, openness to being challenged and more.

They tell us that our youth work enhances and changes their lives. During this year, post-COVID, we have seen another increase in the numbers of children, young people, and parents accessing support from Outreach youth - an indication of our project's continued relevance and importance.

Our staff team provided youth work sessions with kindness, compassion, and humour, encouraging young people to get involved, supporting their emotional well-being and enabling them to connect with others.

Over the past twelve months, Outreach youth had contact with

2391 young people (LGBT*Q+ and non-LGBT*Q+)

140 young LGBT*Q+ people participated in youth work sessions on more than three occasions over this period

And provided

54 LGBT*Q+ youth group sessions in Ipswich and Bury St Edmunds, providing a safe, supportive, staffed space for young people to meet, participate in planned youth work activities, and have fun, offering **162** hours of youth group support.

28 online Trans* youth group sessions providing an online supportive space facilitated by qualified youth workers, offering **56** hours of support.

12 SOUL sessions supporting LGBT*Q+ people of colour from Suffolk's LGBT*Q+ community, offering **36** hours of support.

75 One to One support sessions for young people offering 150 hours of support.

32 Dungeon and Dragon sessions providing 64 hours of social activity.

1 Pre-PRIDE Brunch

3 PRIDE picnics

1 SOUL PRIDE Lounge

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Links with Schools

We have developed working contact with 7 schools, supporting their staff with issues young LGBT*Q+ people were presenting, providing 274 hours of support.

The Difference We Make to LGBT*Q+ young people

Hearing from the young LGBT*Q+ people we support and work with is core to Outreach youth - this year, young people have told us as part of our evaluation process.

What difference does Outreach youth make to you?

In a recent online questionnaire for young people at our Ipswich LGBT*Q+ youth group, young people responded and, when asked,

"Has attending Outreach Youth's activities increased your contact with other LGBT*+ young people? **100% said Yes.**

"Do you feel less socially isolated as a result of attending Outreach Youth?" **92% said Yes, 4% said Maybe, and 4% said No.**

When we asked young people what difference this increased contact with other young LGBT*Q+ people made to them, they said;

'It's made me feel like I'm not alone and that I'm part of a proper community.'

'I've made a lot more LGBT*Q friends!'

'It's made me feel more confident in talking to new people and, overall, quite happy and accepted.'

'It makes me feel like I'm happy because I'm around people like me.'

'Given me support.'

'It's made me feel like I'm less alone. I'm not just the weird gay kid at school anymore.'

Warwick Edinburgh Emotional Well-Being (WEEWB) Scale

As part of our ongoing monitoring of the difference we make to LGBT*Q+ young people, we use the WEEWB scale over the time individual young people have contact with us.

Over the past year, this measurement has told us that the average difference for young people attending started at an initial score of 20.520. with the latest score of 22.69. – showing a positive difference 2.49

When surveyed, young people also told us that attending Outreach youth increases their self-esteem and self-confidence.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Feedback from funder

"I also particularly enjoyed reading about the case study referred to as 'M'. Reading their journey from the start, then after receiving your support, to having the confidence to represent your project at various events is absolutely brilliant! What an outcome for that young person and a real credit to your team! For that young person to state they now 'feel themselves', after receiving your support is just so very heartwarming."

Events

Among the events we attended throughout the year were

Suffolk PRIDE, UK Black Pride, Ipswich May Day, Pride events at Suffolk New College and Otley Rural College, Farlingaye High School Mini-Fest, West Suffolk College Diversity Day and many more.

Partnerships

We develop partnerships with SCC Fostering & Adoption, training staff, kinship carers, foster carers and panel members.

With East Suffolk's Youth Development worker, Suffolk & North Essex Integrated Care Board, Survivors in Transition, Suffolk Community Foundation, Saxmundham High School, Northgate High School, East Bergholt High School, Debenham High School, SCC Public Health.

Outreach Youth reserves policy

The Trustees have set a reserves policy which requires that reserves be maintained at a level which ensures that OY's core activity could continue during a period of unforeseen difficulty and that a proportion of reserves be maintained in a readily realisable form. The trustees consider readily realisable reserves to be the amount of reserves that are designated or unrestricted and easily converted into cash should the need arise. The calculation of the required level of reserves is an integral part of OY's planning, budgeting and forecasting cycle. It considers the risks associated with each stream of income and expenditure varying from budget; the planned activity level; and OY's future commitments.

The Trustees assess the reserves policy on an annual basis. They discuss levels of readily realisable reserves, OY's main commitments and the foreseeable future requirements. The main risks to both income and expenditure are highlighted, and a calculation made of the possible financial consequences of adverse movements.

The Trustees use this information to ensure an adequate level of readily realisable reserves is maintained. In November 2022 the reserves policy was reviewed, and based on the risk analysis, a readily realisable reserves figure of a minimum of £35000 was agreed necessary with a maximum of £50000. This represented 6 months current running costs of the charity. It was agreed that OY would continue to separate staff, property and reserves designated funds to preserve the 6 months running costs separate to normal unrestricted funds.

As the vast majority of OY income is restricted, for specific projects, and often paid in advance, it was felt that the current risk level was low and unrestricted and designated reserves were there to maintain the project and pay the youth workers for at least 6 months if a funding stream was to end suddenly. This would enable OY time to find a suitable replacement for the funding. As of 30th October 2022, unrestricted and designated funds totalled £39,717.

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2023

	Note	2023 Unrestricted £	2023 Restricted £	2023 Designated £	2023 Total £	2022 Total £
Receipts						
Donations	2	6,802	-	-	6,802	1,086
Raising funds		2,711	-	-	2,711	1,537
Grants		-	80,607	-	80,607	39,192
Services		771	-	-	771	-
Total receipts		10,284	80,607	-	90,891	41,815
Payments						
Activities		300	698	-	998	541
Staff costs		-	40,113	4,887	45,000	32,462
Equipment		647	1,776	-	2,423	1,260
Office resources		36	518	-	554	1,200
Insurance		-	847	-	847	335
Professional fees		158	394	-	552	595
Publicity		694	1,371	-	2,065	770
Miscellaneous		80	-	-	80	525
Training		155	172	-	327	4,540
Travel		-	-	-	-	32
Raising funds		-	48	-	48	-
Rent		-	1,756	-	1,756	2,278
Venue hire		570	1,802	-	2,372	335
Website		160	35	-	195	-
Bank charges		-	-	-	-	3
Subscriptions fees		242	277	-	519	836
Total payments		3,042	49,807	4,887	57,736	45,712
Net of receipts /(payments) before transfers		7,242	30,800	(4,887)	33,155	(3,897)
Transfer between funds		(3,600)	-	3,600	-	-
Net of receipts /(payments) after transfers		3,642	30,800	(1,287)	33,155	(3,897)
Total funds						
Cash funds as 01/04/22		2,100	8,774	40,133	51,007	54,904
Cash funds as 31/03/23		5,742	39,574	38,846	84,162	51,007

Notes on page 9 and 10 form part of these accounts

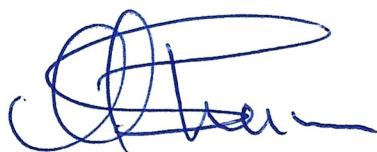
OUTREACH YOUTH

STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST MARCH 2023

	Notes	2023 £	2022 £
<u>Monetary assets</u>			
Cash at bank & in hand	4	84,162	51,007
		<u>84,162</u>	<u>51,007</u>
<u>Represented by funds</u>			
Unrestricted general fund	3	5,742	2,100
Designated funds	3	38,846	40,133
Restricted fund	3	39,574	8,774
		<u>84,162</u>	<u>51,007</u>

These accounts were approved by the Trustees and signed on their behalf by :

Signed:



M Sherman

Date:

4th October 2023

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

1. These accounts have been prepared on a receipts and payments basis. The income did not exceed £250,000 and the charity is not a registered company.

2. Income	2023	2022
	£	£
Donations	6,802	1,086
	<u>6,802</u>	<u>1,086</u>

3. Fund balances	01/04/2022	Income	Expenses	Transfers	31/03/2023
	£	£	£	£	£
Restricted funds					
Annie Tranmer Charitable Trust	-	648	(55)	-	593
SCC Public Mental Health	-	20,800	(7,680)	-	13,120
Trans Youth Summit	100	-	(100)	-	-
SCF Equity in Mind	-	22,727	(8,177)	-	14,550
LGBT Futures Equity Fund	-	1,000	-	-	1,000
Local Giving - Magic Little grants	-	500	(500)	-	-
Rope Trust	588	-	-	-	588
Ipswich Borough Council	754	3,500	(3,152)	-	1,102
Children In Need	7,333	31,432	(30,143)	-	8,622
Total restricted funds	<u>8,774</u>	<u>80,607</u>	<u>(49,807)</u>	<u>-</u>	<u>39,574</u>
Designated funds					
Staff fund	25,733	-	(4,887)	-	20,846
Reserves fund	7,200	-	-	1,800	9,000
Premises fund	7,200	-	-	1,800	9,000
	<u>40,133</u>	<u>-</u>	<u>(4,887)</u>	<u>3,600</u>	<u>38,846</u>
Unrestricted Funds	<u>2,100</u>	<u>10,284</u>	<u>(3,042)</u>	<u>(3,600)</u>	<u>5,742</u>
Total Funds	<u>51,007</u>	<u>90,891</u>	<u>(57,736)</u>	<u>-</u>	<u>84,162</u>

In the financial year £20,800 was received for SCC Public Mental Health, however £9,454 of this is for use in 23-24. The SCF Equity in Mind fund had an income of £22,727 in the financial year, however £11,363 is to be used in 23-24.

These amounts for the next financial year are included in the balances at 31st March 2023.

4. Key management personnel

Of the five members of staff (2022: 4) employed by Outreach Youth, one is classed as key management personnel.

Self employed individuals are included within staff costs .

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

5. Number of employees

No. employed during the period

2023

No.

5

2022

No.

4

6. Going concern

The charity is operating on a going concern basis.

OUTREACH YOUTH

England & Wales - Charity number 1158145

Accounts

OUTREACH YOUTH

Charity number 1158145

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2022**



OUTREACH YOUTH

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OUTREACH YOUTH

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31ST MARCH 2022

Charity Name Outreach Youth

Registered Charity No. 1158145

Registered address Tower House
17, Tower Street
Ipswich
IP1 3BE

Website address www.outreachyouth.org.uk

Email address info@outreachyouth.org.uk

Trustees Pauline Henry – Chair
Russell Smith - Vice-Chair
Mark Sherman - Treasurer
Heidi Dix – Safeguarding Lead
Ronan Palmer

LGBT*Q+ Youth
Development Worker Andy Fell

Bankers The Co-Operative Bank
9 – 11 Queens Street
Ipswich, Suffolk IP1 1SW

Independent examiner Community360
Winsley's House,
High Street
Colchester,
Essex
CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022

Chair of Trustees Report

It has been another challenging year for services to young people. Whilst the lockdown eased, there were continuing uncertainties concerning the pandemic and the impact on young people's learning. National and local evidence has emerged of the adverse effects of the pandemic on the emotional health and well-being of young people generally and LGBT*Q+ young people in particular. Our young people faced the daunting challenge of returning to their communities with depleted resilience and considerable anxiety.

At Outreach youth, we slowly began to open up the project by providing face-to-face and online sessions. We supported young people to come together, creating a safe place to meet with their peers and begin socialising. We worked with them to develop a range of resources which we have since used to raise awareness among young people and adults. We established several productive relationships with schools both in the south and west of Suffolk and supported them in developing their provision for LGBT*Q+ young people.

As a follow on to our Black Lives Matter training, we recruited a new worker to network with the Black community and contact LGBT*Q+ young people of colour, who have developed our Soul Project (strength opportunity unity learning). I am particularly proud of this work and its positive impact on the charity's overall work.

We have continued to deliver our Children in Need project, with the final report due in June 2022. We have commissioned an external evaluation of this work, shaping our future planning and delivery. We successfully secured a further three years of Children in Need follow-on funding, which will enable us to consolidate the learning and sustain our provision for LGBT*Q+ young people in Suffolk. However, we will need to identify new funding sources to enable the charity to respond to this vulnerable group's ever-increasing needs.

The charity has grown from strength to strength, and I wish to thank our staff team, notably Andy Fell, for their commitment, expertise and dedication.

Young people's feedback tells us that we are doing a good job and their parents and carers consistently appreciate the care and support we provide for their young people.

I also wish to thank our dedicated team of Trustees, who continue to support the charity and use their experience and knowledge to ensure it operates efficiently and effectively.

I anticipate that 2022/23 will see the charity grow and young people take an ever-prominent role in our developments.

Pauline Henry
Chair of Trustees

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022

LGBT*Q+ youth Development Workers Report

Outreach youth continued to offer a community to young LGBT*Q+ people across Suffolk, supporting and working alongside them and their families – focusing on reopening our in-person groups and maintaining our digital work initiated during the COVID lockdowns.

It was clear from the conversations our youth workers had with young LGBT*Q+ people that lockdown had been particularly tricky for them regarding their emotional well-being. So we focused on supporting young people's self-care and confidence.

Our staff team provided youth work sessions with kindness, compassion, and humour, encouraging young people to get involved, supporting their emotional well-being and enabling them to connect with others.

Young people continue to tell us that our youth work has improved their lives over the past 12 months.

167 young LGBT*Q+ people participated in youth work sessions on more than three occasions over this period

63 hours of LGBT*Q+ youth group support

80 non-LGBT*Q+ people were also involved in our work – as allies.

247 young people had contact with Outreach youth

LGBT*Q+ youth group is a safe, supportive, staffed space for young people to meet, participate in planned youth work activities, and have fun, enabling us to support young LGBT*Q+ people across Suffolk.

We provided **33** LGBT*Q+ youth group sessions.

We provided **32** online LGBT*Q+ youth group sessions.

Trans* Online Group a safe online space for young Trans* people across Suffolk to meet together.

We provided **47** online sessions totalling **54** hours.

One to One support – offering individual meetings with an LGBT*Q+ youth worker. These were just one-off sessions, or some young people requested to meet for more sessions. We continued to provide these online as well with the focus of encouraging the young person to join a physical or online group to extend their support network and meet other young people like themselves.

We provided online one-to-one support to **32** young people providing **85** hours of support.

Targeted Support

Our targeted support continued to respond to the specific emotional well-being and physical well-being challenges, within the LGBT*Q+ youth population, with COVID-19 having a significant impact on the lives of LGBT*Q+ young people.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022

SOUL Project – our SOUL project has established itself as the project of young people of colour in Suffolk's LGBT*Q+ communities. Over the past twelve months, the support we offer to Isiah has developed strong contacts within the Black communities in Suffolk and has raised the profile of Outreach youth and the support we provide to young people. This has included media coverage, invitations to meet with school students and participation in various local and national events.

We had contact with **8** young people and developed a network with **18** organisations.

LGBT*Q+ Counselling

Our counselling provision for young LGBT*Q+ people continued to support individuals online – supporting the needs of young people as the year progressed.

A total of **6** young people were able to access counselling.

Trans* Families

Our Trans* Families parents decided not to move online, as they felt this was not what they required. However, a small number of parents agreed to be available for new parents to make contact. They were happy to chat online or via text to offer the previously provided support of the physical group.

We linked **16** new parents with **3** current parents.

LGBT*Q+ Schools Work

With schools reopening, we have developed working contact with **12** schools, supporting their staff with issues young LGBT*Q+ people were presenting.

- online visits to **3** school LGBT*Q+ groups - **9** sessions - 90 mins per session - **15.5** hours.
- in person visits **3** school LGBT*Q+ groups - **39** sessions - 60 mins per session - **39** hours

Our Impact on LGBT*Q+ young people

We must hear from the young LGBT*Q+ people we support and work with - this is what some young people have told us as part of our evaluation process.

What difference does Outreach youth make to you?

"It's a safe space for me."

" Outreach means to me,

- a place I can be myself & freely express myself & dress how I want comfortably, that isn't my home.

- a place with other queer people and being able to connect with other members of the community :0)"

"I come to Outreach because it's something fun to do, and it gets me to socialize with people outside of school!"

"To me, Outreach is a safe space where I can meet new people who may or may not have similar interests to me."

"I love Outreach because I can act like myself instead of masking all the time. It's nice to see a variety of people who are similar. I can have a place where I feel safe."

"Outreach means safety and a break from everything else."

" The time of the week to be you and not get judged."

"Outreach, to me, is a safe space where I can chat to some really cool people about common

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022

"Fun 2 hours every fortnight, comfortable place with cool and caring people."

"Outreach for me is a place to meet new LGBT*Q+ friends :0) – it's a good support network."

"Outreach youth is family."

Warwick Edinburgh Emotional Well-Being (WEEWB) Scale

As part of our ongoing monitoring of the difference we make to LGBT*Q+ young people, we use the WEEWB scale over the time individual young people have contact with us. Over the past year, this measurement has told us that;

The average difference for young people attending started at an initial score of 3.57. with the latest score of 3.43. – showing a positive difference. 0.14.

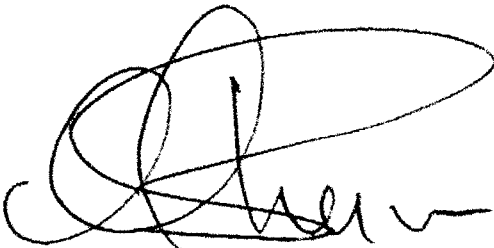
Feedback from funder

We were pleased to receive this feedback from BBC Children in Need – following submission of our final year report from our three year funding.

"The report evidenced an outstanding project rooted in strong relationships between workers and the young people supported. The support delivered demonstrated an in depth understanding of young people's needs with a specialist and holistic service evidenced.

The positive differences achieved by the project were very well described. The adaptations to COVID and the evolving needs this created in the young people supported were impressive to see, for example the increase in mental health needs and the identification of autism needs were met with great responses in terms of buddy systems and ensuring safe and calming spaces were available for those who need them.

There was a strong range of monitoring and evaluation tools used which were centred on young people feedback and voice. The learning section too evidenced how the project and organisation adapt and evolve in line with changing external circumstances and crucially young people needs."



M Sherman

Date 21st September 2022

OUTREACH YOUTH

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2022

I report on the accounts of Outreach Youth for the year ended 31 March 2022 which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

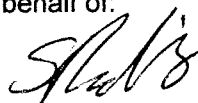
In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:
Community360

Winsley's House, High Street, Colchester, Essex



Date 22/9/2022

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2022

	Note	2022 Unrestricted £	2022 Restricted £	2022 Designated £	2022 Total £	2021 Total £
Receipts						
Donations	2	1,086	-	-	1,086	-
Raising funds		1,537	-	-	1,537	-
Grants		600	38,592	-	39,192	55,004
Total receipts		<u>3,223</u>	<u>38,592</u>	<u>-</u>	<u>41,815</u>	<u>55,004</u>
Payments						
Activities		-	541	-	541	1,045
Staff costs		70	32,392	-	32,462	31,572
Equipment		523	737	-	1,260	69
Office resources		9	1,191	-	1,200	1,259
Insurance		-	335	-	335	-
Professional fees		-	595	-	595	655
Publicity		-	770	-	770	847
Miscellaneous		122	403	-	525	205
Training		1,230	3,310	-	4,540	3,810
Travel		-	32	-	32	-
Rent		-	2,278	-	2,278	1,646
Venue hire		-	335	-	335	175
Bank charges		3	-	-	3	-
Subscriptions fees		50	786	-	836	170
Total payments		<u>2,007</u>	<u>43,705</u>	<u>-</u>	<u>45,712</u>	<u>41,453</u>
Net of receipts /(payments) before transfers		1,216	(5,113)	-	(3,897)	13,551
Transfer between funds		<u>(11,400)</u>	<u>(28,733)</u>	<u>40,133</u>	<u>-</u>	<u>-</u>
Net of receipts /(payments) after transfers		(10,184)	(33,846)	40,133	(3,897)	13,551
Total funds						
Cash funds as 01/04/21		12,284	42,620	-	54,904	41,353
Cash funds as 31/03/22		<u><u>2,100</u></u>	<u><u>8,774</u></u>	<u><u>40,133</u></u>	<u><u>51,007</u></u>	<u><u>54,904</u></u>

Notes on page 9 and 10 form part of these accounts

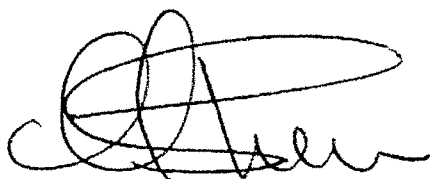
OUTREACH YOUTH

STATEMENT OF ASSETS AND LIABILITIES FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	2022 £	2021 £
<u>Monetary assets</u>			
Cash at bank & in hand	4	51,007	54,904
		<u>51,007</u>	<u>54,904</u>
<u>Represented by funds</u>			
Unrestricted general fund	3	2,100	12,284
Designated funds	3	40,133	-
Restricted fund	3	8,774	42,620
		<u>51,007</u>	<u>54,904</u>

These accounts were approved by the Trustees and signed on their behalf by :

Signed:



M Sherman

Date: 21st September 2022

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

1. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on a cash basis.

2. Income				2022	2021
				£	£
Donations				1,086	-
				<u>1,086</u>	<u>-</u>
3. Fund Balances	01/04/2021	Income	Expenses	Transfers	31/03/2022
	£	£	£	£	£
Restricted Funds					
LGBTQ Youth Dev. Post	3,000	-	-	(3,000)	-
SCC Public Trans Youth	164	-	(64)	-	100
SCC Public Health T Fam	-	-	-	-	-
SCF/CCF - Volunteers Ridgeons	150	-	(150)	-	-
Tesco - Bags for Life	-	-	-	-	-
Rope Trust	588	-	-	-	588
Ipswich Borough Council	2,954	3,500	(5,700)	-	754
Children In Need	7,765	35,092	(35,524)	-	7,333
NHS - CCG	28,000	-	(2,267)	(25,733)	-
Total Restricted Funds	<u>42,620</u>	<u>38,592</u>	<u>(43,705)</u>	<u>(28,733)</u>	<u>8,774</u>
Designated Funds					
Staff Fund	-	-	-	25,733	25,733
Reserves Fund	-	-	-	7,200	7,200
Premises Fund	-	-	-	7,200	7,200
	<u>-</u>	<u>-</u>	<u>-</u>	<u>40,133</u>	<u>40,133</u>
Unrestricted Funds	<u>12,284</u>	<u>3,223</u>	<u>(2,007)</u>	<u>(11,400)</u>	<u>2,100</u>
Total Funds	<u>54,904</u>	<u>41,815</u>	<u>(45,712)</u>	<u>-</u>	<u>51,007</u>

4. Key management personnel

Of the four members of staff (2021: three) employed by Outreach Youth, one is classed as key management personnel.

Self employed individuals are included within staff costs are .

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

5. Number of employees

No. employed during the period

2022	2021
No.	No.
<u>4</u>	<u>3</u>

6. Going concern

The charity is operating on a going concern basis.

OUTREACH YOUTH

England & Wales - Charity number 1158145

Accounts

OUTREACH YOUTH

Charity number 1158145

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st MARCH 2021



OUTREACH YOUTH

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OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Charity Name Outreach Youth

Registered Charity No. 1158145

Registered address Tower House
17, Tower Street
Ipswich
IP1 3BE

Website address www.outreachyouth.org.uk

Email address info@outreachyouth.org.uk

Trustees Pauline Henry – Chair
Russell Smith - Vice-Chair
Mark Sherman - Treasurer
Heidi Dix – Safeguarding Lead
Ronan Palmer
Gemma Thompson (resigned April 2020)

LGBT*Q+ Youth
Development Worker Andy Fell

Bankers The Co-Operative Bank
9 – 11 Queens Street
Ipswich, Suffolk IP1 1SW

Independent examiner Community360
Winsley's House,
High Street
Colchester,
Essex
CO1 1UG

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

The Trustees present their annual for the year ended March 2021, incorporating the Reference and Administration information report on page 1.

Structure Governance and Management

Outreach youth was established in June 2006, by a group of young gay men and Andy Fell, as a voluntary organisation, became incorporated on 24th July 2014 and registered with the Charity Commission on 24th August 2014. Under the constitution the power to appoint Trustees, of which there shall be at least two and a maximum of 8, is vested in existing Trustees.

In the event of the Charity being wound up, the members of the Charitable Incorporated Organisation have no liability to contribute to its assets and no personal responsibility for settling its debts or liabilities

The full Board of Trustees met 6 times during the year in pursuance of the Charity's objectives, performance, policies, management and decide strategic direction and in support of the volunteers in their work with young people, families and partner organisations.

Objectives and Activities

To act as a resource for young people up to the age of 25 living the UK, with a focus on meeting the needs of those in the Lesbian, Gay, Bisexual and Transgender community, by providing advice and assistance and organising programmes of physical, educational and other activities as a means of;

- (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) advancing education;
- (c) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Public Benefit

The charity's public benefits are outlined in the charitable objectives above. The beneficiary age range for the charity's core work is up to the 26th birthday.

Financial Review

The financial statements are included in the Report, for the year and the financial situation at 31 March 2021.

While broadly satisfied with the financial position the Trustees are very conscious that there is a considerable unmet need that could be met by the Charity with greater funds.

The Trustees are focused on the longer-term development and sustainability of the Charity and being able to retain core services, the Reserves Policy informs this sustainability.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Safeguarding

The charity has reviewed its Safeguarding policy and procedures over the last twelve months. This has included working with young people to ensure that the Safeguarding practice is informed by the needs of LGBT*Q+ young people and undertaking a biannual NSPCC audit, this work will continue over the year. Outreach youth is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

REVIEW OF THE YEAR'S ACTIVITIES, PERFORMANCE AND ACHIEVEMENTS

Chair of Trustees Report

The past twelve months have been a challenging year for all young people, especially those we support at Outreach youth. The pandemic has changed how they have been able to live their lives. All their support systems have been thrown up in the air, which has negatively impacted their emotional health, well-being, and educational opportunities. So it is within this context, I say I am very proud of the way Outreach youth responded to the challenges posed by the pandemic. We continued to provide support and nurture to some of the most vulnerable young people in our community by moving all our provision online, working hard to maintain contact with young people who had been previously using the project. I am especially appreciative of the work of our staff team, Andy, George and Miyah and our volunteers Sarah and Ronan. They have had to learn new ways to make the sessions fun and informative and keep young people safe online. Our counselling provision added a new dimension to our offer and provided much needed intensive support for those who struggled through the pandemic. My thanks go to Julie, our counsellor, who worked with great creativity and energy to make the sessions as accessible as possible.

None of this would be possible without the continued financial support of our amazing funders. Children in Need have supported Outreach youth for the past two years providing the security to develop and grow this amazing charity and continue to do so. Ipswich Borough Council, through their Community Cash Grants have funded our home at Tower House and given us a real sense of identity. I would also like to thank all the individuals, schools and companies who have raised essential funds for us over the past year.

We continued to implement our BBC Children in Need plan, adapting where necessary to support our planned outcomes. Our external evaluator has supported our ongoing commitment to involve young people in all aspects of the work, and their consistently positive feedback keeps us all going.

I wish to thank our team of Trustees sincerely; we continued to meet regularly online and maintained a good oversight of the work of the charity. Our training with the staff team, "Black Lives Matter Cause All Live Matter", provided a necessary forum to develop our understanding of race and racism and to reconfirm our commitment to being a proactive, inclusive service for all young people.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

With sadness, the Trustees accepted the resignation of Gemma Thompson; we thank Gemma for her work and support and wish her well for the future.

Pauline Henry
Chair of Trustees

Review of the year's activities, performance and achievements

LGBT*Q+ Youth Development Workers report

Despite the challenges of COVID-19, Outreach youth continued to offer a community to young LGBT*Q+ people across Suffolk, supporting and working alongside them and their families – focusing on online support and, when possible face to face, informed by Government and National Youth Agency guidance.

While working online has been beneficial for some young people, we also know that it was challenging for some, and some young people withdrew from contact with the charity. Through lack of internet access or suitable IT equipment, not being 'out' to family, not having a private space at home they could use to join online sessions and living in a non-accepting home.

Despite these challenges, the staff team provided an online youth work setting with kindness, compassion, and humour, which encouraged young people to get involved, supporting their emotional well-being and connect with others.

Young people told us that our youth work enhanced and improved their lives during the past year.

67 young people participated in youth work sessions on more than three occasions over this period.

LGBT*Q+ youth group is an online safe, supportive, staffed space for young people to meet, participate in planned youth work activities, and have fun. Enabling us to support young LGBT*Q+ people across Suffolk.

We provided 32 online LGBT*Q+ youth group sessions.

One to One Support – an online space to meet individually with an LGBT*Q+ youth worker. For some young people, these were just one-off sessions; others requested to meet for more sessions. Moving online enabled us to make our _
Service more accessible to young people by meeting at times that suited them and again helped us support individual young LGBT*Q+ people across Suffolk.

We provided online one to one support to 18 young people.

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Targeted Support

Our targeted support continued to respond to the specific emotional well-being and physical well-being challenges, within the LGBT*Q+ youth population, with COVID-19 having a significant impact on the lives of LGBT*Q+ young people.

LGBT*Q+ Counselling

Our counselling provision for young LGBT*Q+ people continued to support individual's online – supporting the needs of young people as the year progressed.
A total of 8 young people were able to access counselling.

Young Women's Project

For young women identifying as Lesbian, Bisexual, Pansexual, or questioning their sexuality, our project moved online like our other sessions.
The safe weekly online space continued to enable the young women to discuss important issues, plan and deliver sessions, obtain and offer peer support and increase their social network.
8 young women attended 28 sessions.

Trans* Families

Our Trans* Families parents decided not to move online, as they felt that this was not what they required. However, a small number of parents agreed to be available for new parents to make contact. They were happy to chat online or via text to offer the previously provided support of the physical group.
We linked 11 new parents with 5 current parents.

LGBT*Q+ Schools Work

With the closure of schools and move to online learning, our contact with schools reduced; however, we did have contact with 4 schools, supporting their staff with issues young LGBT*Q+ people were presenting.

Our Impact on LGBT*Q+ young people

It is vital that we hear from the young LGBT*Q+ people we support and work with - this is what some young people have told us as part of our evaluation process

What difference does Outreach youth makes to you?

I'm not entirely sure how to put this; this group has made it substantially easier to socialise with other people like me that I likely wouldn't have been able to have had the opportunity of meeting originally. It's a comfortable, relaxed environment where I can learn about something new while also feeling like I'm just 'hanging out' with my friends - I always look forward to a session, be that because we've created something unique for it, the dynamics we've created with each person in the group or perhaps we're doing something new, it's been the highlight of my Fridays and has emotionally picked me up on many occasions. Above all else, this is a safe space for people like us to go and I get to come back every week with people I care about - that makes it so amazing.

J - 17

OUTREACH YOUTH

TRUSTEES ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2021

I hope I don't tread on anyone's messages, but here goes. I haven't been in the group for that long, as I am one of the new additions and I wasn't here when the group met in person but since I have joined the group it has seriously brightened my week :) Over lockdown my mental health was on a massive decline being able to talk openly and freely with other people similar to me was of so much help to me and seriously helped my get back on a more positive mental track. I have also formed closer relationships with people I hadn't spoken before and it was such a pleasure to talk about things all the way from politics to celebrity crushes. I haven't always been the most confident about my sexuality but these sessions have really helped me become more confident about where I actually sit. So yeah, I love the group and it's perhaps my favourite day of the week.

M – 16

For the few sessions that I have attended, it's been a really nice, educational and fun time, it's a very safe feeling and all around comfortable place to express emotions and opinions without the fear of being judged. When I have attended, I feel heard and I feel like I've learnt things about the world and the people around me in a way that helps me to cope and move forward in life, I've been given valuable information about how I can progress my school life and future career in a way that doesn't damage my mental health! To sum up what I've said, this group is genuinely beneficial to my mental health and I've noticed it helps the other people in the group as well, I give this group a 10/10 for being awesome! :)

K - 14

This is more than just "some group". It is a group, but it is so much more than that. It's a support network - a place to go to share our troubles, worries, tribulations and fears. We can share our feelings openly without the fear of being judged or overlooked. Somewhere to feel believed in and supported. It is a place of friendship - making connections with one another because we all share things in common. Somewhere we can go to relax and have a laugh with the friends we are likely to hold close to us for a long time. Meeting other people that you can say "you're just like me!" to - a place to feel included. It's a place of education - so many meaningful conversations about the world, movements and communities have been had here. We learn from each other and listen to each other's interests, in turn learning about subjects that we might never have looked into before. It is a place of respect - being able to be open with everyone and never feel judged or intimidated. Having everyone support you in your endeavours is something that I hold dearly and I feel so lucky to have met these wonderful people who support me through everything I do. But most importantly, it is family. The closeness I feel with everyone in this group is astounding and I don't know what I'd do without them. It may seem cliché or dramatic, but I don't remember what life was like before this wonderful group came into my life. I look forward to groups because I know that when I get home from school, whether we're meeting face to face or online, I'm going to see my friends and have a wonderful time with the people I love.

I – 15

Warwick Edinburgh Emotional Well Being (WEEWB) Scale

As part of our ongoing monitoring of the difference we make to LGBT*Q+ young people, we use the WEEWB scale over the time that individual young people have contact with us.

Over the past year this measurement has told us that;

The average difference for young people attending started at an initial score of 3.57. with a latest score of 3.43. – showing a positive difference. 0.14.

M Sherman



Date 19th August 2021

OUTREACH YOUTH

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2021

	Note	2021 Unrestricted £	2021 Restricted £	2021 Total £	2020 Total £
Receipts					
Donations	2	-	-	-	4,775
Raising Funds		-	-	-	1,218
Grants	3	2,565	52,439	55,004	60,589
Total receipts		<u>2,565</u>	<u>52,439</u>	<u>55,004</u>	<u>66,583</u>
Payments					
Activities		173	872	1,045	1,888
Staff Costs		329	31,243	31,572	28,052
Equipment		-	69	69	2,628
Office resources		191	1,068	1,259	627
Insurance		-	-	-	426
Professional Fees		-	655	655	192
Publicity		-	847	847	2,841
Miscellaneous		-	205	205	347
Training		60	3,750	3,810	660
Travel		-	-	-	1,094
Rent		-	1,646	1,646	1,980
Venue Hire		-	175	175	1,352
Subscriptions fees		50	120	170	25
Total payments		<u>803</u>	<u>40,650</u>	<u>41,453</u>	<u>42,112</u>
Net of Receipts /(Payments) before transfers		1,762	11,789	13,551	24,470
Transfer between funds		-	-	-	-
Net of Receipts /(Payments) after transfers		1,762	11,789	13,551	24,470
Total Funds					
Cash funds as 01/04/20		10,522	30,831	41,353	16,883
Cash funds as 31/03/21		<u><u>12,284</u></u>	<u><u>42,620</u></u>	<u><u>54,904</u></u>	<u><u>41,353</u></u>

Notes on page 9 and 10 form part of these accounts

OUTREACH YOUTH

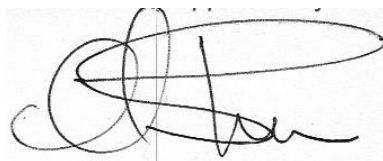
STATEMENT OF ASSETS AND LIABILITIES FOR THE YEAR ENDED 31ST MARCH 2021

	Notes	2021 £	2020 £
<u>Monetary Assets</u>			
Cash at Bank & In Hand	4	54,904	41,353
		54,904	41,353
<u>Represented by Funds</u>			
Unrestricted General Fund	3	12,284	10,522
Restricted Fund	3	42,620	30,831
		54,904	41,353

These accounts were approved by the Trustees and signed on their behalf by :

Signed:

M Sherman



Date: 19th August 2021

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

1. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on a cash basis.

2. Income	2021	2020
	£	£
Donations	-	4,775
	<u>-</u>	<u>4,775</u>

3. Fund Balances	01/04/2020	Income	Expenses	Transfers	31/03/2021
	£	£	£	£	£
Restricted					
LGBTQ Youth Dev. Post	3,000	-	-	-	3,000
SCC Public Trans Youth	1,248	-	(1,065)	-	183
SCC Public Helth T Fam	3,822	-	(3,822)	-	-
SCF/CCF - Volunteers Ridgeons	150	-	-	-	150
Tesco - Bags for Life	394	-	(394)	-	-
Rope Trust	588	-	-	-	588
Ipswich Borough Council	742	4,000	(1,788)	-	2,954
Children In Need	7,887	33,440	(33,562)	-	7,765
NHS - CCG	13,000	15,000	-	-	28,000
	<u>30,830</u>	<u>52,440</u>	<u>(40,631)</u>	<u>-</u>	<u>42,640</u>
Unrestricted Funds	<u>10,522</u>	<u>2,565</u>	<u>(803)</u>	<u>-</u>	<u>12,284</u>

4. Cash Funds	2021	2020
	£	£
Community Direct Plus Account	54,904	41,342
	<u>54,904</u>	<u>41,342</u>

OUTREACH YOUTH

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2021

5. Key Management Personnel

The two members of staff employed by Outreach Youth are not key management personnel.

Self employed individuals are included within staff costs are .

6. Number of Employees

No. employed during the period

2021 No.	2020 No.
3	2

7. Going Concern

The charity is operating on a going concern basis.

OUTREACH YOUTH

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2021

I report on the accounts of Outreach Youth for the year ended 31 March 2021 which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:
Community360

Winsley's House, High Street, Colchester, Essex



Date

Handwritten signature

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on

19th August 2021
