

INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2025**

Charity Number 1158119

INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

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INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

MEMBERS OF THE BOARD OF TRUSTEES AND PROFESSIONAL ADVISERS

The board of trustees

Nigel Green
Margaret Eleanor Maclean Whitehead
Trevor Smith
James David Jenkinson (Appointed 24 June 2024)
Amit Malik (Appointed 17 October 2024)

Registered office

9 Pine View
Winstanley
Wigan
WN3 6DF

Independent Examiner

Derby Community Accountancy Service
Babington Lodge
128 Green Lane
Derby
DE1 1RY

INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

The trustees have the pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

OBJECTIVES AND ACTIVITIES

The object of the International Physical Literacy Association (IPLA) is to advance the education of the public in general on the subject of physical literacy, which can be defined as the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities.

SUMMARY OF THE MAIN ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT IN RELATION TO THESE OBJECTS

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustees meetings.

ACHIEVEMENTS AND PERFORMANCE

Chairs Report 2024-25

The work of all our active members, from a Trustee, Operations Committee, and Country Lead perspective has continued to support the sharing and development of physical literacy worldwide. Our team has been involved in so many ways, supporting individuals, organisations, and projects both within the UK and worldwide. Most of this work is voluntary and I would like to thank everyone who contributed their time to the association over the last year. Advocating for physical literacy, educating and training individuals and contributing to research, have all been in focus throughout the year. MW continues to provide a motivation for us all and it is great that she continues to stay engaged, as much as possible, considering her current circumstances. In no particular order I have provided a review of our work over the year.

NG has continued his involvement in the YST/SE PL Action Group, developing and sharing materials and ideas to ignite, excite and provide a real focus for PL in the national physical education, physical activity, school sport area of interest – see link [Physical Literacy Toolkit - Youth Sport Trust](#). This links to the work of TS in relation to Workforce Development and to the Positive Futures work, led by Sport England/Think Public, where TS and NW are involved in projects related to environment and early years. NG continues to provide support to groups involved in the wider range of projects. TS and NG continue to have discussions and work with CC from Sport England, where they both worked on creating materials that supported these PL developments.

Work on the PL in Atlantic Canada project with Memorial University Newfoundland and the Abilities Centre Toronto, has continued, led by KP, although of late there have been challenges with movement of staff from within the different organisations, but hopefully this will get back on track soon.

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With AM taking on the international coordination role, AKR has stepped up to the India Lead role, and this has also supported the work on the Piramal Project where training and resources, in the form of lesson plans, have been provided for government schools in India. It is hoped that further work will develop as the concept gains more traction in this organisation. AM has continued to engage other countries and provide opportunities to share PL globally.

The GloPL project led by JC provided a journal article on PL in Europe along with an action framework. GloPL highlighted clear issues related to the inclusion of Assessment, Key Principles, Network, SDGs/IDGs. Work continues in this field.

NG was invited to China by UCLan, to share what was happening in relation to PL around the world. There was significant interest in PL from the lecturers who are employed by UCLan and are based at Hunan Normal University, Changsha. They are keen to look at PL and personal trainers as well as PL within ITE. There is potential for this work to continue next year.

GB took over the role of Research Lead and is developing our research engagement worldwide.

NG and KRJ provided an online session as part of the 2025 Spectrum Institute for Teaching and Learning (SITL) Workshop Series, themed “Embedding the Spectrum into Teaching and Learning”. They analysed a video demonstrating a cricket session where peer teaching was used, and unpacked the video in relation to PL. The intention is to do this in relation to the other Mosston styles, and these resources could then be shared on the SITL website and our website as an indication of how teaching styles can impact on PL. NG has been invited to provide a keynote at their conference in Athens in May next year and KRJ may also attend to provide a workshop session.

Contact has been made with NAHPL – USA, thanks to AP, The National Association of Health and Physical Literacy are a young organisation like us, with very similar aims. The two organisations agreed that sharing materials would be a good idea and are in the process of exploring an MOU in the first instance.

NG attended the International Sports Federation World Teacher Games and provided sessions on PL for the 250 delegates from 30 different countries.

A Definition and Sharing of PL Webinar saw John Cairney (Aus/Can), Raymond Sum (Hong Kong/China), Amit Malik (India) and Charlie Crane (England) take part in a webinar, which was well received.

TS and KRJ have worked with CIMSPA (Chartered Institute for the Management of Sport and Physical Activity) to review Professional Standards, and there is now have a draft document with a PL focus for individuals working in the PA/PE/Sport arena.

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The PL Book, led by EDM has allowed many of our members to not only contribute to chapters but also to edit sections. Publication is scheduled for 2026.

NG provided a short online presentation to the Chinese Physical Literacy Association about PL, to clarify certain points related to the concept, but also to share some of the work KRJ, others from Taiwan and Hong Kong have been doing in relation to IDGs and PL.

TS attended a meeting in London related to IPLA being 'Ready for Funding' bids. We have rewritten and revised all our policies, which are now available on the website.

We updated our website, thanks to KR and this provided us with a fresh new website. Blog posts and case studies have all been uploaded.

KB joined the IPLA and has brought a strategic/marketing focus to the organisation. Podcasts are in the development phase along with a financial strategic review.

KRJ led a Webinar –Physical Literacy: Multi-disciplinary practices - sharing the concept more widely - including David Kennedy, Vassiliki Riga and Ignacio Sabaté and how they have shared the concept in their different environments (Health Care, University and with Coaches).

Links with LNIPE (India) and UCLAN (Preston and Cyprus) have been made, with the aim of considering how they can collaborate in relation to PE and PL.

RL has worked hard on a research bid related to Older Adults and PL, drawing a group together to prepare a research bid submission. This is still work in progress, but a very important area of work.

Conversations were had with the Special Olympics – KP and NG had several discussions with the organisation and provided a potential long-term plan, but unfortunately the organisation is not ready to commit financially to a long-term project. Hopefully this will change in the future.

Bedford Borough Council are keen to explore a potential collaboration with the IPLA to support workforce development of the local sport and physical activity sector. They currently deliver a programme called Beyond Limits, which aims to create a fully inclusive physical activity ecosystem for individuals with Special Educational Needs and Disabilities (SEND) across Bedford Borough. While the programme has already generated positive outcomes, they are now looking to expand its impact by enhancing the skills and confidence of local providers through high-quality, targeted training. They would be interested in working with IPLA to deliver a series of CPD-certified workshops focused on - Physical literacy-informed practice, and Inclusive and adaptive physical activity delivery. KP and NG are in discussions with OF and Bedford Council.

We spent a lot of time discussing our Offer/Membership. We felt that targeting the NGBs may be our best starting point but are keen to get the right approach and not overcommit. We have recently targeted English Table Tennis and Street Games/Neurodiverse to explore how this might

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work. Strategies to provide a PL Health Check have been developed and this will allow a structure to engaging and working with organisations.

NG has been involved in the ePhyLi Erasmus + project over the last three years and provided the keynote and panel discussion for the final conference in Cyprus. The eight learning modules, app, interactive learning tasks and comic books have been translated into four languages and are freely available on the site – <https://www.ephyliproject.eu/> . A PL Facilitator Reflection document has been developed by NG, and this was shared at the conference. An article to support this idea will also be written to provide a complete PL holistic focus for practitioners.

Active Environments – this has been a growing area of discussion, and TS has been to several meetings/events on the theme, particularly with regard to the emerging campaign for Play provision (in England). A recent PhD study explored the contribution that standard play equipment makes to young people's physical skill development, which included a strong call to developers, landscape architects and planners to take responsibility for commissioning "good" provision. TS presented, alongside a landscape architect to a major leisure facility provider and an invited group of planners, architects etc. to spell out the positive impact that a "PL informed" approach to design can have. This built on the work with the Patchwork Programme, Lands Improvement and Bedford Borough Council. The international PLEED group also supports this work.

As we move into 2026, the IPLA will strive to impact globally on advocating for physical literacy, helping others understand the concept in more depth, engaging in research and providing opportunities for sharing developments.

FINANCIAL REVIEW

The reserves at 31st March 2025 are £26013. The Trustees aim to ensure that they have reserves of £5000 on an ongoing basis which they consider would cover a 12 month period of operation if required.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

9 Pine View, Winstanley, Wigan, WN3 6 DF is the principal address of the charity. which registered with the charity commission on 5 August 2014 amended on 23 October 2015.

Trustee selection methods

A skills audit has been undertaken to discover those skills which are required by the trustee body. Efforts are made to recruit trustees who meet the skill requirement.

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Risk management policy

The trustees examine the major risks that the charity faces each financial year when preparing and updating the strategic plan. The charity has developed systems to monitor and control these risks to mitigate any impact that they may have on the charity in the future.

Registered office:

Signed on behalf of the trustees

9 Pine View
Winstanley
Wigan
WN3 6DF

Nigel Green

Nigel Green
Trustee

Approved by the trustees on: **14 November 2025**

INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF INTERNATIONAL PHYSICAL LITERACY ASSOCIATION YEAR ENDED 31 MARCH 2025

I report on the accounts of the charity for the year ended 31 March 2025 which are set out on pages 8 and 9.

Respective responsibilities of the trustees and examiner

As the charity trustees of the charitable incorporated association (CIO), you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M Newey

Mark Newey ACMA
Derby Community Accountancy Service
Babington Lodge
128 Green Lane
Derby
DE1 1RY

Date **14 November 2025**

INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

RECEIPTS AND PAYMENTS ACCOUNT

YEAR ENDED 31 MARCH 2025

Year to 31 st March 2024		Unrestricted Funds	Restricted Funds	Year to 31 st March 2025
£		£	£	£
22641	Opening Balances	24754	0	24754
	Receipts			
4064	Events & Conferences	0	0	0
1196	IPLA Subscriptions	4288	0	4288
700	Other Revenue	239	0	239
11427	Sales	5054	0	5054
17387		9581	0	9581
	Payments			
4157	Direct Expenses	274	0	274
143	Bank fees	184	0	184
4496	Consulting	599	0	599
1934	General Expenses	1216	0	1216
982	Insurance	517	0	517
3562	IT Software & Consumables	4631	0	4631
0	International Travel	130	0	130
0	National Travel	771	0	771
15274		8322	0	8322
2113	Net Movement of Funds	1259	0	1259
0	Transfer between funds	0	0	0
24754	Closing Balances	26013	0	26013

INTERNATIONAL PHYSICAL LITERACY ASSOCIATION

STATEMENT OF ASSETS AND LIABILITIES AS AT 31st MARCH 2025

31 st March 2024 £		31 st March 2025 £
	Current Assets	
24754	HSBC Current Account	25993
0	Paypal Account	20
<u>0</u>	Debtors	<u>0</u>
24754		26013
<u>0</u>	Less Liabilities	<u>0</u>
<u>24754</u>	Total Net Assets	<u>26013</u>

Trustee : N Green
Nigel Green

Date : 14 November 2025