

## **Trustees' Report for the period 01 January 2024 to 31 December 2024**

Charity name	Shanthi Vihara & Meditation Centre
Charity registration	1158024
Address	523 Nuttall Road, Nottingham, NG8 5DG
Trustees	Venerable Amitha Teldeniyaye Venerable Wimalajeewa Anamaduwa Venarable Suwachaseela Nepalaye Mr Ravi Sanjeewa (Chair) Mr Gihan De Silva Mr Rukman De Silva Mr Buddhika Epa Mr Manjula Kariyawasam Dr Asanka Mallawaarachchi Mr Sajith Meththasinghe Mr Lalith Perera Mr Ruwan Thushara
Auditors	Fisc Financial Service Ltd, 27 Wordsworth Road, High Wycombe, Buckinghamshire, HP11 2UR
Bankers	NatWest, 134 Front Street, Arnold, Nottingham, NG5 7BF Santander, 63 Market Street, Loughborough, LE11 3ER

### **Structure, Governance & Management**

Shanthi Vihara & Meditation Centre ("Vihara") is governed by its Constitution. Trustees are elected in a biennial General Meeting, and each has a biennial tenure. All registered members of the Vihara are invited to the aforementioned General Meeting, and, *inter alia*, elect the Trustees. Trustees are not paid and there are no other paid workers - the Vihara being totally reliant on volunteers. The Trustees meet regularly to plan events and to oversee the running of the Vihara.

### **The Principal Aims and Objectives**

- a) to promote the study of, and to profoundly reflect on, Buddha's teachings and to raise awareness and understanding of the principles of Buddhist philosophy and ethics amongst both professing Buddhists as well as other members of the General Public who wish to pursue an interest in such matters.
- b) to facilitate the conduct of regular acts of Buddhist devotional practices.
- c) to be a place where guided mindfulness-meditation is taught and practised.
- d) to introduce and advance the level of public awareness of Buddhist history, art, sculpture, culture, festivals and tradition.

- e) to strive to promote greater understanding and integration within the local and regional communities, of which the Vihara and its members constitute an integral part.
- f) in keeping with the Buddhist principles & compassion for all sentient beings, to work both locally and internationally for the alleviation, to the highest practicable extent, of suffering, disadvantage and deprivation arising from social and/or economic circumstances or resulting from natural or man-made disasters.

## **Activities and Main Achievements**

Trustees are continuing with their aspirations in selling the current premises and replacing it with a more suitable property.

As in previous years, the Vihara was able to mark the notable religious occasions in the Buddhist calendar - such as Vesak (May full moon day marking Buddha's birth, enlightenment and the death), Poson (June full moon day marking the arrival of Buddhism in Sri Lanka) and Katina (marking the traditional end of the rainy season retreat), as well as marking the Sinhalese & Tamil New Year celebration in April.

Religious observations, sermons and meditation sessions were carried out every Saturday after the monthly full moon days.

During the year weekly sessions of meditation and discussions in English of Buddhist discourses were conducted, with regular participants & led by the Chief Incumbent monk. Monthly open sessions of mindfulness meditation, organised by Doctors at Grantham Hospital and conducted by the Chief Incumbent Monk, were also held at the said Hospital, with participants from within & without the hospital.

Sunday schools for children were conducted weekly in Sheffield and Nottingham. Enhanced DBS checks & validations for all Sunday School lay teachers and clergy, 11 in total, were carried out during the year.

By invitation, monks visited schools for meetings with junior and senior students, for introductory Buddhism, introductory meditation, religious discussions and Question & Answers.

By invitation again, they continued to visit University of Derby for monthly meditation sessions attended by both students and staff.

Monks have continued to provide spiritual guidance and advice to the temples/Viharas in Middlesbrough and Hull, as well as supplementing the presence of monks as and when needed by those two places.

While monks chant daily for the welfare of all living beings, they also performed specific chanting & blessings for those who visited the Vihara on their special occasions, such as commencement of schooling, University Entrance, examinations, employment, business, anniversaries and other special occasions.

Monks visited the homes of those devotees who wished to mark, especially death, anniversaries at home, as well as visiting homes and hospitals to offer blessings, psychological & spiritual support for those who were critically ill. Additionally, monks

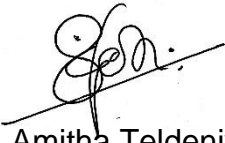
performed religious rites to those who were on death bed and were present at funerals to conduct Buddhist religious rites.

### **Financial Report for year end 31 December 2024**

Accounts for the year ending 31 December 2024 and Auditors' Report are submitted simultaneous to this report.

I, the chief incumbent monk, on behalf of the Board of Trustees of Shanthi Vihara and Meditation Centre hereby declare that this report is complete and accurate for the Vihara activities for the period between 01 January 2024 and 31 December 2024.

Signed on behalf of the Board of Trustees

A handwritten signature in black ink, consisting of stylized, cursive letters, likely representing the name 'Amitha'.

Ven. Amitha Teldeniyaye  
Chief Incumbent and Executive Trustee

**Unaudited Financial Statements for the Period Ended 31 December 2024**

**for**

**SHANTHI VIHARA AND MEDITATION CENTRE**

**SHANTHI VIHARA AND MEDITATION CENTRE**

**Income Statement  
For the Year Ended 31 December 2024**

	<b>31.12.2024</b>	<b>31.12.2023</b>
	<i>£</i>	<i>£</i>
<b>TURNOVER</b>	46,508	33,141
Other Income	244	-
Depreciation and other amounts written off assets	(2,550)	(2,550)
Other Charges	(12,850)	(26,471)
Taxation	-	-
	<hr/>	<hr/>
<b>PROFIT</b>	<b><u><u>31,352</u></u></b>	<b><u><u>4,120</u></u></b>

## SHANTHI VIHARA AND MEDITATION CENTRE

### Balance Sheet 31 December 2024

	31.12.2024	31.12.2023
	£	£
FIXED ASSETS	107,193	109,743
CURRENT ASSETS	<u>75,845</u>	<u>28,738</u>
NET CURRENT ASSETS	<u>75,845</u>	<u>28,738</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b><u>183,038</u></b>	<b><u>138,481</u></b>
<b>RESERVES</b>	<b><u>183,038</u></b>	<b><u>138,481</u></b>

### NOTES TO THE FINANCIAL STATEMENTS

#### 1 STATUTORY INFORMATION

SHANTHI VIHARA AND MEDITATION CENTRE is a Charity Organization registered with Charity Commission for England and Wales. The charity registered number and registered office address are as below:

Registered Number : 1158024

Registered Office : No 523, Nuthall Road, Nottingham, NG8 5DG

#### 2 AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2023 - NIL).

## **SHANTHI VIHARA AND MEDITATION CENTRE**

### **Balance Sheet 31 December 2024**

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2024

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006

The director acknowledges

Responsibility for :

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements were approved by the Board of Directors and authorised for issue on 11 August 2025 and were signed by :

Director

# SHANTHI VIHARA AND MEDITATION CENTRE

## Detailed Profit and Loss Account For the Year Ended 31 December 2024

	31.12.2024		31.12.2023	
	£	£	£	£
<b>TURNOVER</b>				
Covenanted/Regular Income	17,659		33,141	
Gift Aid Tax Rebates	19,939		-	
Occasional Donations	8,910		-	
		46,508		33,141
<b>Other Income</b>				
Deposit Account Interest		244		-
		46,752		33,141
<b>Expenditure</b>				
Business Rates and Water Rates	1,957		1,535	
Insurance	-		540	
Light and Heat	2,459		2,767	
Licenses	164		308	
Telephone	604		952	
Repairs and maintainance	-		1,134	
Sponsorship/Fees	3,241		2,904	
Accountancy	860		360	
Donation	-		566	
Sundry	-		184	
Religious and Damma school expenses	3,474		14,620	
Printiing and Stationary	-		271	
		(12,760)		(26,141)
		33,992		7,000
<b>Finance Cost</b>				
Bank Charges	90		330	
		(90)		(330)
Carried Forward		33,902		6,670



# SHANTHI VIHARA AND MEDITATION CENTRE

## Detailed Profit and Loss Account For the Year Ended 31 December 2024

	31.12.2024	31.12.2023
	£	£
Brought Forward	33,902	6,670
<b>Depreciation</b>		
Freehold Property	2,500	2,500
Computer equipment	<u>50</u>	<u>50</u>
	<u>(2,550)</u>	<u>(2,550)</u>
<b>NET PROFIT</b>	<b><u>31,352</u></b>	<b><u>4,120</u></b>

# SHANTHI VIHARA AND MEDITATION CENTRE

## Detailed Balance sheet For the Period Ended 31 December 2024

	31.12.2024	31.12.2023
	£	£
<b>FIXED ASSETS</b>		
Work of Art	3,160	3,160
Freehold Property	103,750	106,250
Fixtures and fittings	254	254
Computer Equipment	29	79
	<u>107,193</u>	<u>109,743</u>
<b>CURRENT ASSETS</b>		
Bank Account - 1	13,157	8,565
Bank Account - 2	45,355	3,584
Bank Account - 3	17,333	16,590
	<u>75,845</u>	<u>28,738</u>
<b>NETCURRENT ASSETS</b>	<u>75,845</u>	<u>28,738</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>183,038</u>	<u>138,481</u>
<b>NET ASSETS</b>	<u><b>183,038</b></u>	<u><b>138,481</b></u>
<b>RESERVES</b>		
Other Reserves	73,360	73,360
Property Development Fund	13,205	-
Retained earnings	96,473	65,121
	<u><b>183,038</b></u>	<u><b>138,481</b></u>

## SHANTHI VIHARA AND MEDITATION CENTRE

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Section A

Independent Examiner's Report

Report to the trustees

SHANTHI VIHARA AND MEDITATION CENTRE

On accounts for the year  
ended

31<sup>st</sup> December 2024

Charity no  
(if any)

1158024

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

11/08/2025

Name:

Shamila Siriwardene

Relevant professional  
qualification(s) or body  
(if any):

B. Com (Hon), CFO

Address:

Fisc Financial Service Ltd

27 Wordsworth Road, High Wycombe, Buckinghamshire

HP11 2UR