

SHANTHI VIHARA AND MEDITATION CENTRE

England & Wales · Charity number 1158024

Details

Other names THE SHANTHI BUDDHIST VIHARA & COMMUNITY CENTRE OF NOTTINGHAM

Status Registered

Legal form Other

Registered 2014-07-28

Register [View on the Charity Commission register](#)

Contact

Address 11 Second Avenue
Nottingham
NG7 6JJ

Phone 01158224552

Email shanthibuddhistvihara@gmail.com

Website <https://shanthivihara.co.uk/>

Activities

Objects: TO ADVANCE THE BUDDHIST RELIGION IN THE UK FOR THE BENEFIT OF THE PUBLIC THROUGH THE HOLDING OF PRAYER MEETINGS, LECTURES, AND THE PUBLIC CELEBRATION OF RELIGIOUS FESTIVALS.

Activities: 1. Ministering to the spiritual, educational and moral development, and also to the material needs where necessary of the Buddhist Community in Nottingham & Nottinghamshire; 2. Advancing knowledge of Buddhism & Buddhist Philosophy, Mindfulness Meditation, and Buddhist culture & civilisation; 3. Charitable activities directed at alleviating suffering resulting from natural and man-made disasters.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Religious Activities, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Nottingham City
- Nottinghamshire

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £46,752 | £15,400 | - | - |
| 2023-12-31 | £33,141 | £29,021 | - | - |
| 2022-12-31 | £27,258 | £14,699 | - | - |
| 2021-12-31 | £27,117 | £12,037 | - | - |
| 2020-12-31 | £25,804 | £22,131 | - | - |

Trustees

| Name | Role | Appointed |
|--|-------|------------|
| RAVI SANJEEWA PATHIRANNEHELAGEDON | Chair | 2023-07-30 |
| Buddhika Dharmakeerthi Epa | | 2023-07-30 |
| Dr Mallawa Arachchige Don Asanka Mallawaarachchi | | 2023-07-30 |
| Gammanage Lalith Perera | | 2023-07-30 |
| Manjula Nishantha Kariyawasam | | 2023-07-30 |
| Rev Suwachaseela Nepalaye | | 2023-07-30 |
| Rukman Chandra DeSilva | | 2023-07-30 |
| SUNIL SILVA | | 2025-08-29 |
| Sajith Senarathne Meththasingha Arachchige | | 2023-07-30 |
| Sumal Pradeep Wickramasinghe Korallalage | | 2025-08-29 |
| Thuiappuarachchige Don Ranal De Alwis | | 2025-08-29 |
| VENERABLE AMITHA TELDENIYAYE | | 2014-09-14 |
| Wanniachchige Gayasri Chaminda Fonseka | | 2025-08-29 |
| Wijesinghe Jayakody Arachchilage Sumith Darmapriya Jayakody | | 2025-08-29 |

SHANTHI VIHARA AND MEDITATION CENTRE

England & Wales - Charity number 1158024

Accounts

Trustees' Report for the period 01 January 2024 to 31 December 2024

| | |
|----------------------|---|
| Charity name | Shanthi Vihara & Meditation Centre |
| Charity registration | 1158024 |
| Address | 523 Nuttall Road, Nottingham, NG8 5DG |
| Trustees | Venerable Amitha Teldeniyaye Venerable Wimalajeewa Anamaduwa Venarable Suwachaseela Nepalaye Mr Ravi Sanjeewa (Chair) Mr Gihan De Silva Mr Rukman De Silva Mr Buddhika Epa Mr Manjula Kariyawasam Dr Asanka Mallawaarachchi Mr Sajith Meththasinghe Mr Lalith Perera Mr Ruwan Thushara |
| Auditors | Fisc Financial Service Ltd, 27 Wordsworth Road, High Wycombe, Buckinghamshire, HP11 2UR |
| Bankers | NatWest, 134 Front Street, Arnold, Nottingham, NG5 7BF Santander, 63 Market Street, Loughborough, LE11 3ER |

Structure, Governance & Management

Shanthi Vihara & Meditation Centre (“Vihara”) is governed by its Constitution. Trustees are elected in a biennial General Meeting, and each has a biennial tenure. All registered members of the Vihara are invited to the aforementioned General Meeting, and, *inter alia*, elect the Trustees. Trustees are not paid and there are no other paid workers - the Vihara being totally reliant on volunteers. The Trustees meet regularly to plan events and to oversee the running of the Vihara.

The Principal Aims and Objectives

- a) to promote the study of, and to profoundly reflect on, Buddha’s teachings and to raise awareness and understanding of the principles of Buddhist philosophy and ethics amongst both professing Buddhists as well as other members of the General Public who wish to pursue an interest in such matters.
- b) to facilitate the conduct of regular acts of Buddhist devotional practices.
- c) to be a place where guided mindfulness-meditation is taught and practised.
- d) to introduce and advance the level of public awareness of Buddhist history, art, sculpture, culture, festivals and tradition.

- e) to strive to promote greater understanding and integration within the local and regional communities, of which the Vihara and its members constitute an integral part.
- f) in keeping with the Buddhist principles & compassion for all sentient beings, to work both locally and internationally for the alleviation, to the highest practicable extent, of suffering, disadvantage and deprivation arising from social and/or economic circumstances or resulting from natural or man-made disasters.

Activities and Main Achievements

Trustees are continuing with their aspirations in selling the current premises and replacing it with a more suitable property.

As in previous years, the Vihara was able to mark the notable religious occasions in the Buddhist calendar - such as Vesak (May full moon day marking Buddha's birth, enlightenment and the death), Poson (June full moon day marking the arrival of Buddhism in Sri Lanka) and Katina (marking the traditional end of the rainy season retreat), as well as marking the Sinhalese & Tamil New Year celebration in April.

Religious observations, sermons and meditation sessions were carried out every Saturday after the monthly full moon days.

During the year weekly sessions of meditation and discussions in English of Buddhist discourses were conducted, with regular participants & led by the Chief Incumbent monk. Monthly open sessions of mindfulness meditation, organised by Doctors at Grantham Hospital and conducted by the Chief Incumbent Monk, were also held at the said Hospital, with participants from within & without the hospital.

Sunday schools for children were conducted weekly in Sheffield and Nottingham. Enhanced DBS checks & validations for all Sunday School lay teachers and clergy, 11 in total, were carried out during the year.

By invitation, monks visited schools for meetings with junior and senior students, for introductory Buddhism, introductory meditation, religious discussions and Question & Answers.

By invitation again, they continued to visit University of Derby for monthly meditation sessions attended by both students and staff.

Monks have continued to provide spiritual guidance and advice to the temples/Viharas in Middlesborough and Hull, as well as supplementing the presence of monks as and when needed by those two places.

While monks chant daily for the welfare of all living beings, they also performed specific chanting & blessings for those who visited the Vihara on their special occasions, such as commencement of schooling, University Entrance, examinations, employment, business, anniversaries and other special occasions.

Monks visited the homes of those devotees who wished to mark, especially death, anniversaries at home, as well as visiting homes and hospitals to offer blessings, psychological & spiritual support for those who were critically ill. Additionally, monks

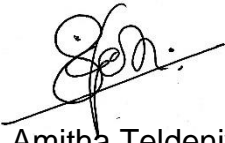
performed religious rites to those who were on death bed and were present at funerals to conduct Buddhist religious rites.

Financial Report for year end 31 December 2024

Accounts for the year ending 31 December 2024 and Auditors' Report are submitted simultaneous to this report.

I, the chief incumbent monk, on behalf of the Board of Trustees of Shanthy Vihara and Meditation Centre hereby declare that this report is complete and accurate for the Vihara activities for the period between 01 January 2024 and 31 December 2024.

Signed on behalf of the Board of Trustees

A handwritten signature in black ink, consisting of stylized, cursive letters, positioned above a horizontal line.

Ven. Amitha Teldeniyaye
Chief Incumbent and Executive Trustee

Unaudited Financial Statements for the Period Ended 31 December 2024

for

SHANTHI VIHARA AND MEDITATION CENTRE

SHANTHI VIHARA AND MEDITATION CENTRE

**Income Statement
For the Year Ended 31 December 2024**

| | 31.12.2024 | 31.12.2023 |
|---|----------------------|---------------------|
| | £ | £ |
| TURNOVER | 46,508 | 33,141 |
| Other Income | 244 | - |
| Depreciation and other amounts written off assets | (2,550) | (2,550) |
| Other Charges | (12,850) | (26,471) |
| Taxation | - | - |
| | <hr/> | <hr/> |
| PROFIT | <u>31,352</u> | <u>4,120</u> |

SHANTHI VIHARA AND MEDITATION CENTRE

**Balance Sheet
31 December 2024**

| | 31.12.2024 | | 31.12.2023 | |
|--|-------------------|-----------------------|-------------------|-----------------------|
| | <i>£</i> | <i>£</i> | <i>£</i> | <i>£</i> |
| FIXED ASSETS | | 107,193 | | 109,743 |
| CURRENT ASSETS | | <u>75,845</u> | | <u>28,738</u> |
| NET CURRENT ASSETS | | <u>75,845</u> | | <u>28,738</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>183,038</u> | | <u>138,481</u> |
| RESERVES | | <u>183,038</u> | | <u>138,481</u> |

NOTES TO THE FINANCIAL STATEMENTS

1 STATUTORY INFORMATION

SHANTHI VIHARA AND MEDITATION CENTRE is a Charity Organization registered with Charity Commission for England and Wales. The charity registered number and registered office address are as below:

Registered Number : 1158024

Registered Office : No 523, Nuthall Road, Nottingham, NG8 5DG

2 AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2023 - NIL).

SHANTHI VIHARA AND MEDITATION CENTRE

**Balance Sheet
31 December 2024**

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2024

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006

The director acknowledges

Responsibility for :

- (a) ensuring that the company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements were approved by the Board of Directors and authorised for issue on 11 August 2025 and were signed by :

Director

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Profit and Loss Account
For the Year Ended 31 December 2024**

| | 31.12.2024 | | 31.12.2023 | |
|-------------------------------------|-------------------|-----------------|-------------------|---|
| | £ | £ | £ | £ |
| TURNOVER | | | | |
| Covenanted/Regular Income | 17,659 | | 33,141 | |
| Gift Aid Tax Rebates | 19,939 | | - | |
| Occasional Donations | 8,910 | | - | |
| | | <u>46,508</u> | <u>33,141</u> | |
| Other Income | | | | |
| Deposit Account Interest | | <u>244</u> | <u>-</u> | |
| | | 46,752 | 33,141 | |
| Expenditure | | | | |
| Business Rates and Water Rates | 1,957 | | 1,535 | |
| Insurance | - | | 540 | |
| Light and Heat | 2,459 | | 2,767 | |
| Licenses | 164 | | 308 | |
| Telephone | 604 | | 952 | |
| Repairs and maintenance | - | | 1,134 | |
| Sponsorship/Fees | 3,241 | | 2,904 | |
| Accountancy | 860 | | 360 | |
| Donation | - | | 566 | |
| Sundry | - | | 184 | |
| Religious and Damma school expenses | 3,474 | | 14,620 | |
| Printing and Stationary | - | | 271 | |
| | | <u>(12,760)</u> | <u>(26,141)</u> | |
| | | 33,992 | 7,000 | |
| Finance Cost | | | | |
| Bank Charges | <u>90</u> | | <u>330</u> | |
| | | (90) | (330) | |
| Carried Forward | | <u>33,902</u> | <u>6,670</u> | |

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Profit and Loss Account
For the Year Ended 31 December 2024**

| | 31.12.2024 | | 31.12.2023 |
|---------------------|-------------------|----------------------|---------------------|
| | <i>£</i> | <i>£</i> | |
| Brought Forward | | 33,902 | 6,670 |
| Depreciation | | | |
| Freehold Property | 2,500 | | 2,500 |
| Computer equipment | <u>50</u> | | <u>50</u> |
| | | <u>(2,550)</u> | <u>(2,550)</u> |
| NET PROFIT | | <u>31,352</u> | <u>4,120</u> |

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Balance sheet
For the Period Ended 31 December 2024**

| | 31.12.2024 | 31.12.2023 |
|--|-----------------------|-----------------------|
| | £ | £ |
| FIXED ASSETS | | |
| Work of Art | 3,160 | 3,160 |
| Freehold Property | 103,750 | 106,250 |
| Fixtures and fittings | 254 | 254 |
| Computer Equipment | 29 | 79 |
| | <u>107,193</u> | <u>109,743</u> |
| CURRENT ASSETS | | |
| Bank Account - 1 | 13,157 | 8,565 |
| Bank Account - 2 | 45,355 | 3,584 |
| Bank Account - 3 | 17,333 | 16,590 |
| | <u>75,845</u> | <u>28,738</u> |
| NETCURRENT ASSETS | <u>75,845</u> | <u>28,738</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | <u>183,038</u> | <u>138,481</u> |
| NET ASSETS | <u>183,038</u> | <u>138,481</u> |
| RESERVES | | |
| Other Reserves | 73,360 | 73,360 |
| Property Development Fund | 13,205 | - |
| Retained earnings | 96,473 | 65,121 |
| | <u>183,038</u> | <u>138,481</u> |

SHANTHI VIHARA AND MEDITATION CENTRE

Contents of the Financial Statements For the Year Ended 31 December 2024

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Section A

Independent Examiner's Report

Report to the trustees

SHANTHI VIHARA AND MEDITATION CENTRE

On accounts for the year
ended

31st December 2024

Charity no
(if any)

1158024

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

11/08/2025

Name:

Shamila Siriwardene

Relevant professional
qualification(s) or body
(if any):

B. Com (Hon), CFO

Address:

Fisc Financial Service Ltd

27 Wordsworth Road, High Wycombe, Buckinghamshire

HP11 2UR

SHANTHI VIHARA AND MEDITATION CENTRE

England & Wales - Charity number 1158024

Accounts

Trustees' Report for the period 01 January 2023 to 31 December 2023

| | |
|----------------------|---|
| Charity name | Shanthi Vihara & Meditation Centre |
| Charity registration | 1158024 |
| Address | 523 Nuttall Road, Nottingham, NG8 5DG |
| Trustees | Venerable Amitha Teldeniyaye Venerable Wimalajeewa Anamaduwa Venarable Suwachaseela Nepalaye Mr Ravi Sanjeewa (Chair) Mr Priyantha Bandara Mr Gihan De Silva Mr Rukman De Silva Mr Buddhika Epa Mr Manjula Kariyawasam Dr Asanka Mallawaarachchi Mr Sajith Meththasinghe Mr Lalith Perera Mr Ruwan Thushara |
| Auditors | Mintax Ltd, 13 Cambridge Road, North Harrow, Middx. HA2 7LA |
| Bankers | NatWest, 134 Front Street, Arnold, Nottingham, NG5 7BF Santander, 63 Market Street, Loughborough, LE11 3ER |

Structure, Governance & Management

Shanthi Vihara & Meditation Centre ("Vihara") is governed by its Constitution. Trustees are elected in a biennial General Meeting and each has a biennial tenure. All registered members of the Vihara are invited to the aforementioned General Meeting, and, *inter alia*, elect the Trustees. Trustees are not paid and there are no other paid workers - the Vihara being totally reliant on volunteers. The Trustees meet regularly to plan events and to oversee the running of the Vihara.

The Principal Aims and Objectives

- a. to promote the study of, and to profoundly reflect on, Buddha's teachings and to raise awareness and understanding of the principles of Buddhist philosophy and ethics amongst both professing Buddhists as well as other members of the General Public who wish to pursue an interest in such matters.
- b. to facilitate the conduct of regular acts of Buddhist devotional practices.
- c. to be a place where guided mindfulness-meditation is taught and practised.
- d. to introduce and advance the level of public awareness of Buddhist history, art, sculpture, culture, festivals and tradition.
- e. to strive to promote greater understanding and integration within the local and regional communities, of which the Vihara and its members constitute an integral part.

- f. in keeping with the Buddhist principles & compassion for all sentient beings, to work both locally and internationally for the alleviation, to the highest practicable extent, of suffering, disadvantage and deprivation arising from social and/or economic circumstances or resulting from natural or man-made disasters.

Activities and Main Achievements

Trustees, recognising the restrictions & limitations of the current premises, decided to look for a more suitable property that can accommodate all of the needs & functions of the Vihara. An *ad hoc* committee headed by Trustee Mr Kariyawasam was formed for this project.

As in previous years, the Vihara was able to mark the notable religious occasions in the Buddhist calendar - such as Vesak (May full moon day marking Buddha's birth, enlightenment and the death), Poson (June full moon day marking the arrival of Buddhism in Sri Lanka) and Katina (marking the traditional end of the rainy season retreat), as well as marking the Sinhalese & Tamil New Year celebration in April.

Religious observations, sermons and meditation were carried out every Saturday after the monthly full moon days.

During the year weekly sessions of meditation and discussions in English of Buddhist discourses were conducted, with regular participants & led by the Chief Incumbent monk.

Sunday schools for children were conducted weekly in Sheffield and Nottingham.

Enhanced DBS checks & validations for all Sunday School lay teachers and clergy, 12 in total, were carried out during the year.

On invitation, monks visited schools for meetings with junior and senior students, for introductory Buddhism, introductory meditation, religious discussions and Question & Answers.

By invitation also, they also visited University of Derby for regular meditation sessions attended by both students and staff.

Monks have provided spiritual guidance and advice to the newly inaugurated temples/Viharas in Middlesbrough and Hull, as well as supplementing the presence of monks as and when needed by those two places.

While monks chant daily for the welfare of all living beings, they also performed specific chantings & blessings for those who visited the Vihara on their special occasions, such as commencement of schooling, examinations, employment, business, anniversaries and other special occasions.

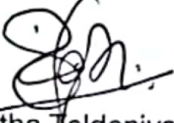
Monks visited the homes of those devotees who wished to mark, especially death, anniversaries at home, as well as visiting homes and hospitals to offer blessings, psychological & spiritual support for those who were critically ill. Additionally, monks performed religious rites to those who were on death bed and were present at funerals to conduct Buddhist religious rites.

Financial Report for y/e 31 December 2023

Accounts for the year ending 31 December 2023 and Auditors' Report are submitted simultaneous to this report.

I, the chief incumbent monk, on behalf of the Board of Trustees of Shanthi Vihara and Meditation Centre hereby declare that this report is complete and accurate for the Vihara activities for the period between 01 January 2023 and 31 December 2023.

Signed on behalf of the Board of Trustees



Ven. Amitha Teldeniyaye
Chief Incumbent and Lead Trustee
2023

Unaudited Financial Statements for the Year Ended 31 December 2023

for

SHANTHI VIHARA AND MEDITATION CENTRE

SHANTHI VIHARA AND MEDITATION CENTRE

Income Statement for the Year Ended 31 December 2023

| | 31.12.23 £ | 31.12.22 £ |
|---|---------------|---------------|
| TURNOVER | 33,141 | 27,258 |
| Other income | - | 19 |
| Depreciation and other amounts written off assets | (2,550) | (2,550) |
| Other charges | (26,471) | (12,149) |
| Taxation | - | - |
| PROFIT | <u>4,120</u> | <u>12,578</u> |

SHANTHI VIHARA AND MEDITATION CENTRE (Registered number:)

**Balance Sheet
31 December 2023**

| | 31.12.23 | | 31.12.22 | |
|--|----------|----------------|----------|----------------|
| | £ | £ | £ | £ |
| FIXED ASSETS | | 109,743 | | 112,293 |
| CURRENT ASSETS | | 28,738 | | 22,068 |
| NET CURRENT ASSETS | | <u>28,738</u> | | <u>22,068</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>138,481</u> | | <u>134,361</u> |
| RESERVES | | <u>138,481</u> | | <u>134,361</u> |

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

SHANTHI VIHARA AND MEDITATION CENTRE is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number:

Registered office:

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2022 - NIL).

SHANTHI VIHARA AND MEDITATION CENTRE (Registered number:)

**Balance Sheet - continued
31 December 2023**

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements were approved by the Board of Directors and authorised for issue on 1 October 2024 and were signed by:

Director

SHANTHI VIHARA AND MEDITATION CENTRE

Detailed Profit and Loss Account for the Year Ended 31 December 2023

| | 31.12.23 | | 31.12.22 | |
|------------------------------|-------------------|-------------------|-------------------|-------------------|
| | £ | £ | £ | £ |
| Turnover | | | | |
| Covenanted /Regular Income | 33,141 | | 15,900 | |
| Other Variable Income | - | | 200 | |
| Occasional Donations | - | | 11,158 | |
| | <u> </u> | 33,141 | <u> </u> | 27,258 |
| Other income | | | | |
| Deposit account interest | | - | | 19 |
| | | <u> </u> | | <u> </u> |
| | | 33,141 | | 27,277 |
| Expenditure | | | | |
| Event Expenses | 14,620 | | 2,059 | |
| Business Rates & Water Rates | 1,535 | | 1,420 | |
| Insurance | 540 | | - | |
| Light and heat | 2,767 | | 1,794 | |
| Licenses | 308 | | 308 | |
| Telephone | 952 | | 645 | |
| Post and stationery | 271 | | 290 | |
| Repairs and maintenance | 1,134 | | - | |
| Sponsorship/Fees | 2,904 | | 1,759 | |
| Sundry expenses | 184 | | - | |
| Accountancy | 360 | | 360 | |
| Donations | 566 | | 3,025 | |
| | <u> </u> | 26,141 | <u> </u> | 11,660 |
| | | <u> </u> | | <u> </u> |
| | | 7,000 | | 15,617 |
| Finance costs | | | | |
| Bank charges | 330 | | 91 | |
| Bank loan interest | - | | 398 | |
| | <u> </u> | 330 | <u> </u> | 489 |
| Carried forward | | <u> </u> | | <u> </u> |
| | | 6,670 | | 15,128 |

This page does not form part of the statutory financial statements

SHANTHI VIHARA AND MEDITATION CENTRE

Detailed Profit and Loss Account for the Year Ended 31 December 2023

| | 31.12.23 | | 31.12.22 | |
|---------------------|-------------------|--------------|-------------------|---------------|
| | £ | £ | £ | £ |
| Brought forward | | 6,670 | | 15,128 |
| Depreciation | | | | |
| Freehold property | 2,500 | | 2,500 | |
| Computer equipment | 50 | | 50 | |
| | <u> </u> | 2,550 | <u> </u> | 2,550 |
| NET PROFIT | | <u>4,120</u> | | <u>12,578</u> |

This page does not form part of the statutory financial statements

SHANTHI VIHARA AND MEDITATION CENTRE

Detailed Balance Sheet for the Year Ended 31 December 2023

| | 31.12.23 | 31.12.22 |
|--|----------------|----------------|
| | £ | £ |
| FIXED ASSETS | | |
| Work of Art | 3,160 | 3,160 |
| Freehold property | 106,250 | 108,750 |
| Fixtures and fittings | 254 | 254 |
| Computer equipment | 79 | 129 |
| | <u>109,743</u> | <u>112,293</u> |
| CURRENT ASSETS | | |
| Bank Account - 1 | 8,565 | 4,285 |
| Bank Account - 2 | 3,583 | 11,669 |
| Bank account no. 3 | 16,590 | 6,114 |
| | <u>28,738</u> | <u>22,068</u> |
| NET CURRENT ASSETS | <u>28,738</u> | <u>22,068</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | <u>138,481</u> | <u>134,361</u> |
| NET ASSETS | <u>138,481</u> | <u>134,361</u> |
| RESERVES | | |
| Other reserves | 73,360 | 73,360 |
| Retained earnings | 65,121 | 61,001 |
| | <u>138,481</u> | <u>134,361</u> |

This page does not form part of the statutory financial statements



**Independent examiner's report on
the accounts**

Report to the trustees

SHANTHI VIHARA AND MEDITATION CENTRE

**On accounts for the year
ended**

31st December 2023

**Charity no
(if any)**

1158024

Set out on pages

1 - 7

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

S. Nandini

Date:

01/10/2024

Name:

NANDINI SIRIDARAN

**Relevant professional
qualification(s) or body
(if any):**

B.Sc (Hon), FMAAT

Address:

MINTAX LTD

Accounts & Tax Consultants
13, Cambridge Road, North Harrow
Middlesex, Harrow, HA2 7LA

SHANTHI VIHARA AND MEDITATION CENTRE

England & Wales - Charity number 1158024

Accounts



Trustees' Report for the period 01 January 2022 to 31 December 2022

| | |
|-------------------------|--|
| Charity Name | : Shanthi Vihara & Meditation Centre |
| Charity Registration | : 1158024 |
| Charity Address | : No 523, Nuthall Road, Nottingham, NG8 5DG |
| Trustees for the Period | : Venerable Amitha Teldeniyaye Mr. Ravi Sanjeewa Mr. Upul Bandara Mr. Priyantha Bandara Mr. Buddhika Epa Mr. Lalith Perera Mr. Rukman De Silva |
| Accountants | : Mintax Ltd, 13 Cambridge Road, North Harrow, Middlesex Harrow, HA2 7LA |
| Bankers | : Natwest, 134 Front Street, Arnold, Nottingham, NG5 7BF Santander, 63 Market Street, Loughborough, LE11 3ER |

Structure, Governance & Management

Shanthi Vihara & Meditation Centre ("Vihara") is governed by its Constitution. Trustees are elected in a biennial General Meeting. All registered members of the Vihara are invited to the General Meeting and elect the board of Trustees. Trustees are not paid and there are no other paid workers - the Vihara being totally reliant on volunteers. Trustees meet regularly to plan events and to oversee the running of the Vihara.

The Principal Aims and Objectives

- a. to promote the study of, and to profoundly reflect on, Buddha's teachings and to raise awareness and understanding of the principles of Buddhist philosophy and ethics amongst both professing Buddhists as well as other members of the General Public who wish to pursue an interest in such matters.
- b. to facilitate the conduct of regular acts of Buddhist devotional practices.
- c. to be a place where guided mindfulness-meditation is taught and practiced.
- d. to introduce and advance the level of public awareness of Buddhist history, art, sculpture, culture, festivals, and tradition.
- e. to strive to promote greater understanding and integration within the local and regional communities, of which the Vihara and its members constitute an integral part.

- f. in keeping with the Buddhist principles compassion for all sentient beings, to work both locally and internationally for the alleviation, to the highest practicable extent, of suffering, disadvantage and deprivation arising from social and/or economic circumstances or resulting from natural or man-made disasters.

Activities and Main Achievements

As in previous years, the Vihara was able to mark the notable religious occasions in the Buddhist calendar - such as Vesak (May full moon day marking Buddha's birth, enlightenment and the death), Poson (June full moon day marking the arrival of Buddhism in Sri Lanka) and Katina (marking the traditional end of the rainy season retreat), as well as marking the Sinhalese & Tamil New Year celebration in April.

Religious observations, sermons and meditation were carried out every Saturday after the monthly full moon days.

During the year another successful weekly meditation programme was carried out via Zoom - with many regular participants, led by the Chief Incumbent monk. These were recorded and are available on YouTube for public welfare.

Sunday schools for children were conducted weekly at Sheffield and Nottingham. Enhanced DBS checks & validation for all Sunday School lay teachers were carried out during the year.

On invitation, monks visited schools for religious discussions.

While monks chant daily for the welfare of all living beings, they also performed specific chanting & blessings for those who visited the Vihara on their special occasions, such as commencement of schooling, examinations, employment, business, anniversaries etc.

Monks visited the homes of those devotees who wished to mark, especially death anniversaries at home, as well as visiting homes and hospitals to offer blessings, psychological & spiritual support for those who were critically ill. Additionally, monks performed religious rites to those who were on death bed and were present at funerals to conduct Buddhist religious rites.

Vihara's own charitable project "Athwela" (Joining Hands) aiding housing for the poor & the needy families in Sri Lanka was able to provide much needed funds through fund raising at the Sinhalese & Tamil New Year event and through a cricket festival.

The Vihara also made material contributions to the Food Bank, via its Nottinghamshire Hub at Hope, Boundary Road, Beeston.

Financial Report for year end 31 December 2022

Accounts for the year ending 31 December 2022 and Auditors' Report are submitted simultaneous to this report.

Trustees are pleased to record that the outstanding mortgage on the Vihara property was paid off in full.

I, the chief incumbent monk, on behalf of the Board of Trustees of Shanthy Vihara and Meditation Centre hereby declare that this report is complete and accurate for the Vihara activities for the period between 01 January 2022 and 31 December 2022.

Signed on behalf of the Board of Trustees

A handwritten signature in black ink, consisting of several loops and a long horizontal stroke at the bottom.

Ven. Amitha Teldeniyaye

Chief Incumbent and Lead Trustee

19th August 2023

Unaudited Financial Statements for the Year Ended 31 December 2022

for

SHANTHI VIHARA AND MEDITATION CENTRE

SHANTID VIHARA AND MEDITATION CENTRE

Contents of the Financial Statements for the Year Ended 31 December 2022

| | Page |
|----------------------------------|------|
| Income Statement | 1 |
| Balance Sheet | 2 |
| Detailed Profit and Loss Account | 4 |
| Detailed Balance Sheet | 6 |

SHANTHI VIHARA AND MEDITATION CENTRE

**Income Statement
for the Year Ended 31 December 2022**

| | 31.12.22 | 31.12.21 |
|---|---------------|---------------|
| | £ | £ |
| TURNOVER | 27,258 | 27,117 |
| Other income | 19 | |
| Depreciation and other amounts written off assets | (2,550) | (2,640) |
| Other charges | (12,149) | (9,397) |
| Taxation | | |
| PROFIT | <u>12,578</u> | <u>15,080</u> |

SHANTHI VIHARA AND MEDITATION CENTRE
Balance Sheet
31 December 2022

| | 31.12.22 | 31.12.21 |
|--|----------------|----------------|
| | £ | £ |
| FIXED ASSETS | 112,293 | 114,843 |
| CURRENT ASSETS | 22,068 | 74,766 |
| NET CURRENT ASSETS | <u>22,068</u> | <u>74,766</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | <u>134,361</u> | <u>189,609</u> |
| CREDITORS | | |
| Amounts falling due after more than one year | | 54,825 |
| NET ASSETS | <u>134,361</u> | <u>134,784</u> |
| RESERVES | <u>134,361</u> | <u>134,784</u> |

NOTE TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

SHANTHI VIHARA AND MEDITATION CENTRE is a Charity Organisation registered with Charity Commission for England and Wales. The charity registered number and registered office address are as below:

Registered Charity Number: 1158024

Registered office: 523, Nuthall Road, Nottingham, NG8 5DG

SHANTID VIHARA AND MEDITATION CENTRE

Balance Sheet - continued 31 December 2022

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 August 2023.

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Profit and Loss Account
for the Year Ended 31 December 2022**

| | 31.12.22 | £ | 31.12.21 | £ |
|------------------------------|-------------------|-----------|-------------------|--------|
| Turnover | | | | |
| Covenanted /Regular Income | 15,900 | | 15,380 | |
| Other Variable Income | 200 | | 90 | |
| Gift Aid Tax Rebates | | | 6,426 | |
| Occasional Donations | 11,158 | | 1,980 | |
| Fund Raising Events | <u> </u> | | <u>3,241</u> | |
| | | 27,258 | | 27,117 |
| Other income | | | | |
| Deposit account interest | | <u>19</u> | | |
| | | 27,277 | | 27,117 |
| Expenditure | | | | |
| Event Expenses | 2,059 | | | |
| Business Rates & Water Rates | 1,420 | | 1,479 | |
| Insurance | | | 984 | |
| Light and heat | 1,794 | | 981 | |
| Licenses | 308 | | 162 | |
| Web Related Expenses | | | 428 | |
| Telephone | 645 | | 550 | |
| Post and stationery | 290 | | | |
| Repairs and maintenance | | | 47 | |
| Sponsorship/Fees | 1,759 | | 1,746 | |
| Sundry expenses | | | 493 | |
| Accountancy | 360 | | | |
| Donations | <u>3,025</u> | | <u> </u> | |
| | | 11,660 | | 6,870 |
| | | 15,617 | | 20,247 |
| Finance costs | | | | |
| Bank charges | 91 | | 90 | |
| Bank loan interest | <u>398</u> | | <u>2,437</u> | |
| | | 489 | | 2,527 |
| Carried forward | | 15,128 | | 17,720 |

This page does not form part of the statutory financial statements

SHANTID VIHARA AND MEDITATION CENTRE

**Detailed Profit and Loss Account
for the Year Ended 31 December 2022**

| | 31.12.22 | | 31.12.21 | |
|---------------------|-------------------|---------------|-------------------|---------------|
| | £ | £ | £ | £ |
| Brought forward | | 15,128 | | 17,720 |
| Depreciation | | | | |
| Freehold property | 2,500 | | 2,500 | |
| Plant and machinery | | | 90 | |
| Computer equipment | 50 | | 50 | |
| | <u> </u> | 2,550 | <u> </u> | 2,640 |
| NET PROFIT | | <u>12,578</u> | | <u>15,080</u> |

This page does not form part of the statutory financial statements

SHANTID VIHARA AND MEDITATION CENTRE

Detailed Balance Sheet for the Year Ended 31 December 2022

| | 31.12.22 | 31.12.21 |
|---|----------|----------|
| | £ | £ |
| FIXED ASSETS | | |
| Work of Art | 3,160 | 3,160 |
| Freehold property | 108,750 | 111,250 |
| Fixtures and fittings | 254 | 254 |
| Computer equipment | 129 | 179 |
| | <hr/> | <hr/> |
| | 112,293 | 114,843 |
| | <hr/> | <hr/> |
| CURRENT ASSETS | | |
| Bank Account - 1 | 4,285 | 36,680 |
| Bank Account - 2 | 11,669 | 1,991 |
| Bank Account - 3 | 6,114 | 36,095 |
| | <hr/> | <hr/> |
| | 22,068 | 74,766 |
| | <hr/> | <hr/> |
| NET CURRENT ASSETS | 22,068 | 74,766 |
| | <hr/> | <hr/> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | 134,361 | 189,609 |
| | <hr/> | <hr/> |
| CREDITORS | | |
| Amounts falling due after more than one year | | |
| Bank loans more 5 yr by instal | | (54,825) |
| | <hr/> | <hr/> |
| NET ASSETS | 134,361 | 134,784 |
| | <hr/> | <hr/> |
| RESERVES | | |
| Other reserves | 73,369 | 86,361 |
| Retained earnings | 61,001 | 48,423 |
| | <hr/> | <hr/> |
| | 134,361 | 134,784 |
| | <hr/> | <hr/> |

This page does not form part of the statutory financial statements



**Independent examiner's report on the
accounts**

Report to the trustees/members of

SHANTHI VIHARA AND MEDITATION CENTRE

On accounts for the year ended

31st DECEMBER 2022

Charity no

1158024

Set out on pages

1-4

Responsibilities and basis of report :

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2022.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement :

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

S. Nandini

Date:

19/08/2023

Name:

NANDINI SRIDARAN

Relevant professional qualification:

B.Sc (Hon), FMAAT

Address:

MINTAX LTD
Accountants & Tax Consultants
13, Cambridge Road, North Harrow
Middlesex, Harrow
HA2 7LA

SHANTHI VIHARA AND MEDITATION CENTRE

England & Wales - Charity number 1158024

Accounts



Trustees' Report for the period 01 January 2021 to 31 December 2021

| | |
|-------------------------|--|
| Charity Name | : Shanthi Vihara & Meditation Centre |
| Charity Registration | : 1158024 |
| Charity Address | : No 523, Nuthall Road, Nottingham, NG8 5DG |
| Trustees for the Period | : Venerable Amitha Teldeniyaye Mr. Ravi Sanjeewa Mr. Thejana Punchihewa (Resigned on 18 Nov 2021) Mr. Upul Bandara Mr. Priyantha Bandara Mr. Buddhika Epa Mr. Lalith Perera Mr. Rukman De Silva |
| Accountants | : Mintax Ltd, 13 Cambridge Road, North Harrow, Middlesex Harrow, HA2 7LA |
| Bankers | : Natwest, 134 Front Street, Arnold, Nottingham, NG5 7BF Santander, 63 Market Street, Loughborough, LE11 3ER |

Structure, Governance & Management

Shanthi Vihara & Meditation Centre ("Vihara") is governed by its Constitution. Trustees are elected in a biennial General Meeting. All registered members of the Vihara are invited to the General Meeting and elect the board of Trustees. Trustees are not paid and there are no other paid workers - the Vihara being totally reliant on volunteers. Trustees meet regularly to plan events and to oversee the running of the Vihara.

The Principal Aims and Objectives

- a. to promote the study of, and to profoundly reflect on, Buddha's teachings and to raise awareness and understanding of the principles of Buddhist philosophy and ethics amongst both professing Buddhists as well as other members of the General Public who wish to pursue an interest in such matters.
- b. to facilitate the conduct of regular acts of Buddhist devotional practices.
- c. to be a place where guided mindfulness-meditation is taught and practiced.
- d. to introduce and advance the level of public awareness of Buddhist history, art, sculpture, culture, festivals, and tradition.

- e. to strive to promote greater understanding and integration within the local and regional communities, of which the Vihara and its members constitute an integral part.
- f. in keeping with the Buddhist principles compassion for all sentient beings, to work both locally and internationally for the alleviation, to the highest practicable extent, of suffering, disadvantage and deprivation arising from social and/or economic circumstances or resulting from natural or man-made disasters.

Activities and Main Achievements

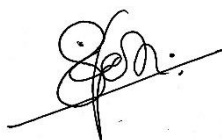
- a) 2021 was a year with staged relaxations and tightening of COVID-19 restrictions. Always complying within the public guidelines, the Vihara was able to mark the notable religious occasions in the Buddhist calendar such as Vesak (May full moon day marking Buddha's birth, enlightenment and the death), Poson (June full moon day marking the arrival of Buddhism in Sri Lanka) and Kathina (marking the traditional end of the rainy season retreat) - be it virtual, with restricted attendances allowed or with full attendance of devotees.
- b) Sunday schools for children were conducted via Zoom, and so were most of the sessions. On invitation, monks visited schools for religious discussions.
- c) While monks chant daily for the welfare of all living beings, they also performed specific chanting & blessings for those who visited the Vihara on their special occasions, such as commencement of schooling, examinations, employment, business, anniversaries etc.
- d) Monks visited the homes of those devotees who wished to mark, especially death anniversaries at home, as well as visiting homes and hospitals to offer blessings, psychological & spiritual support for those who were critically ill. Additionally, monks performed religious rites to those who were on death bed and were present at funerals to conduct Buddhist religious rites.
- e) The Vihara also made material contributions to the Food Bank.
- f) The Biennial General Meeting was held on 31 July 2021.

Financial Report for year end 31 December 2021

Accounts for the year ending 31 December 2021 and Auditors' Report are submitted simultaneous to this report.

I, the chief incumbent monk, on behalf of the Board of Trustees of Shanthy Vihara and Meditation Centre hereby declare that this report is complete and accurate for the Vihara activities for the period between 01 January 2021 and 31 December 2021.

Signed on behalf of the Board of Trustees



Ven. Amitha Teldeniyaye

Chief Incumbent and Lead Trustee

28th October 2022

Financial Statements for the Year Ended 31 December 2021

for

SHANTHI VIHARA AND MEDITATION CENTRE

SHANTHI VIHARA AND MEDITATION CENTRE

**Contents of the Financial Statements
for the Year Ended 31 December 2021**

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| Balance Sheet | 2 |
| Detailed Profit and Loss Account | 3 |
| Detailed Balance Sheet | 5 |

SHANTHI VIHARA AND MEDITATION CENTRE

**Income Statement
for the Year Ended 31 December 2021**

| | 31.12.21 £ | 31.12.20 £ |
|---|---------------|---------------|
| TURNOVER | 27,117 | 25,774 |
| Other income | - | 30 |
| Depreciation and other amounts written off assets | (2,640) | (2,844) |
| Other charges | (9,397) | (19,287) |
| Taxation | - | - |
| | <hr/> | <hr/> |
| PROFIT | <u>15,080</u> | <u>3,673</u> |

SHANTHI VIHARA AND MEDITATION CENTRE

Balance Sheet 31 December 2021

| | 31.12.21 | | 31.12.20 | |
|--|----------|----------------|----------------|----------------|
| | £ | £ | £ | £ |
| FIXED ASSETS | | 114,843 | | 117,483 |
| CURRENT ASSETS | 74,766 | | 44,969 | |
| CREDITORS | | | | |
| Amounts falling due within one year | <u>-</u> | | <u>(3,504)</u> | |
| NET CURRENT ASSETS | | <u>74,766</u> | | <u>41,465</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 189,609 | | 158,948 |
| CREDITORS | | | | |
| Amounts falling due after more than one year | | <u>54,825</u> | | <u>155,275</u> |
| NET ASSETS | | <u>134,784</u> | | <u>3,673</u> |
| RESERVES | | <u>134,784</u> | | <u>3,673</u> |

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

SHANTHI VIHARA AND MEDITATION CENTRE is a Charity Organisation registered with Charity Commission for England and Wales. The charity registered number and registered office address are as below:

Registered number: 1158024

Registered office: No 523, Nuthall Road, Nottingham, NG8 5DG

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was NIL (2020 - NIL).

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Profit and Loss Account
for the Year Ended 31 December 2021**

| | 31.12.21 | | 31.12.20 | |
|------------------------------|--------------|--------------|--------------|---------------|
| | £ | £ | £ | £ |
| Turnover | | | | |
| Covenanted /Regular Income | 15,380 | | 16,470 | |
| Other Operating Income | - | | 632 | |
| Other Variable Income | 90 | | - | |
| Gift Aid Tax Rebates | 6,426 | | - | |
| Occasional Donations | 1,980 | | 8,672 | |
| Fund Raising Events | <u>3,241</u> | | <u>-</u> | |
| | | 27,117 | | 25,774 |
| Other income | | | | |
| Deposit account interest | | <u>-</u> | | <u>30</u> |
| | | 27,117 | | 25,804 |
| Expenditure | | | | |
| Business Rates & Water Rates | 1,479 | | 1,469 | |
| Insurance | 984 | | 483 | |
| Light and heat | 981 | | 1,028 | |
| Licenses | 162 | | 160 | |
| Web Related Expenses | 428 | | - | |
| Telephone | 550 | | 637 | |
| Repairs and maintenance | 47 | | 4,432 | |
| Sponsorship/Fees | 1,746 | | 3,105 | |
| Sundry expenses | <u>493</u> | | <u>3,769</u> | |
| | | <u>6,870</u> | | <u>15,083</u> |
| | | 20,247 | | 10,721 |
| Finance costs | | | | |
| Bank charges | 90 | | 90 | |
| Bank loan interest | <u>2,437</u> | | <u>4,114</u> | |
| | | <u>2,527</u> | | <u>4,204</u> |
| Carried forward | | 17,720 | | 6,517 |

This page does not form part of the statutory financial statements

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Profit and Loss Account
for the Year Ended 31 December 2021**

| | 31.12.21 | | 31.12.20 | |
|-----------------------|-----------|----------------------|----------|---------------------|
| | £ | £ | £ | £ |
| Brought forward | | 17,720 | | 6,517 |
| Depreciation | | | | |
| Freehold property | 2,500 | | 2,500 | |
| Plant and machinery | 90 | | 90 | |
| Fixtures and fittings | - | | 254 | |
| Computer equipment | <u>50</u> | | <u>-</u> | |
| | | <u>2,640</u> | | <u>2,844</u> |
| NET PROFIT | | <u><u>15,080</u></u> | | <u><u>3,673</u></u> |

This page does not form part of the statutory financial statements

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Balance Sheet
for the Year Ended 31 December 2021**

| | 31.12.21 | 31.12.20 |
|---|----------------|----------------|
| | £ | £ |
| FIXED ASSETS | | |
| Work of Art | 3,160 | 3,160 |
| Freehold property | 111,250 | 113,750 |
| Plant and machinery | - | 90 |
| Fixtures and fittings | 254 | 254 |
| Computer equipment | <u>179</u> | <u>229</u> |
| | <u>114,843</u> | <u>117,483</u> |
| CURRENT ASSETS | | |
| Bank Account - 1 | 36,680 | 18,575 |
| Bank Account - 2 | 1,991 | 3,601 |
| Bank Account - 3 | <u>36,095</u> | <u>22,793</u> |
| | <u>74,766</u> | <u>44,969</u> |
| CREDITORS | | |
| Amounts falling due within one year | | |
| Sundry creditors | <u>-</u> | <u>(3,504)</u> |
| NET CURRENT ASSETS | <u>74,766</u> | <u>41,465</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | <u>189,609</u> | <u>158,948</u> |
| CREDITORS | | |
| Amounts falling due after more than one year | | |
| Bank loans more 5 yr. by instal | (54,825) | (56,501) |
| Well Wishers' donations | - | (50,556) |
| Land & Buildings Acquisition B/F | - | (48,218) |

This page does not form part of the statutory financial statements

SHANTHI VIHARA AND MEDITATION CENTRE

**Detailed Balance Sheet
for the Year Ended 31 December 2021**

| | 31.12.21 <u>£</u> | 31.12.20 <u>£</u> |
|-------------------|-----------------------|----------------------|
| | <u>(54,825)</u> | <u>(155,275)</u> |
| NET ASSETS | <u><u>134,784</u></u> | <u><u>3,673</u></u> |
| RESERVES | | |
| Other reserves | 86,361 | - |
| Retained earnings | <u>48,423</u> | <u>3,673</u> |
| | <u><u>134,784</u></u> | <u><u>3,673</u></u> |

This page does not form part of the statutory financial statements



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Report to the trustees/members of

SHANTHI VIHARA AND MEDITATION CENTRE

On accounts for the year ended

31st DECEMBER 2021

Charity no

1158024

Set out on pages

1-6

Responsibilities and basis of report :

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2021.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement :

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

S. Nandini

Date:

31/10/2022

Name:

NANDINI SRIDARAN

Relevant professional qualification:

B.Sc (Hon), FMAAT

Address:

MINTAX LTD
Accountants & Tax Consultants
13, Cambridge Road, North Harrow
Middlesex, Harrow
HA2 7LA

SHANTHI VIHARA AND MEDITATION CENTRE

England & Wales - Charity number 1158024

Accounts



Trustees Report for the period 1st January 2020 to 31st December 2020

| | |
|-------------------------|---|
| Charity Name | : Shanthi Vihara & Meditation Centre |
| Charity Registration | : 1158024 |
| Charity Address | : No 523, Nuthall Road, Nottingham, NG8 5DG |
| Trustees for the Period | : Venerable Amitha Teldeniyaye Mr. Ravi Sanjeewa Mr. Thejana Punchihewa Mr. Upul Bandara Mr. Priyantha Bandara Mr. Buddhika Epa Mr. Lalith Perera |
| Accountants | : Mintax Ltd, 13, Cambridge Road, North Harrow, Middlesex Harrow, HA2 7LA |
| Bankers | : Natwest, 75, Main Street, Bulwell, Nottingham, NG6 8QP Santander, 63 Market Street, Loughborough, LE11 3ER |

Structure Governance and Management

The Shanthi Vihara and Meditation Centre (hereafter termed as "Vihara") is governed by its Constitution and its trustees are selected in a General Meeting held every two years, for a tenure of two years. All registered members of the Vihara are invited to attend this meeting and elect the trustees. There are no paid workers, and the Vihara totally relies on volunteers. The trustees meet regularly to plan events and to oversee the running of the Vihara.

The Principal Aims and Objectives

- a) to promote the study of, and reflection on, the teachings of the Buddha, and to raise awareness and understanding of the principles of Buddhist philosophy and ethics among both professing Buddhists as well as among other members of the general public who wish to pursue an interest in such matters.
- b) to facilitate the conduct of regular acts of Buddhist devotional practices.
- c) to be a place where guided mindfulness-meditation is taught and practiced.
- d) to introduce and advance the level of public awareness of Buddhist history, art, sculpture, culture, festivals and tradition.
- e) to strive to promote greater understanding and integration within the local and regional communities, of which the Vihara and its members constitute an integral part;

- f) in keeping with the Buddhist principles of compassion for all sentient beings, to work both locally and internationally for the alleviation, to the highest practicable extent, of suffering, disadvantage and deprivation arising from social and/or economic circumstances or resulting from natural or man-made disasters.

Activities and Main Achievements

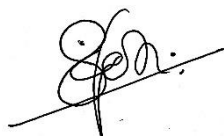
- a) Completion of monthly (January & February only in 2020, due to COVID-19 lockdowns & restrictions) religious observations on the full moon ('pöya') days, or at the closest weekend to these respective dates, that was practical and convenient for the devotees.
- b) Virtually celebrated the annual Buddhist landmarks - Full moon day in May ('Vesak pöya' day) and the full moon day in June ('Poson pöya; day), and abandoning the other usual landmarks, due to COVID-19 restrictions.
- c) Completion of the weekly special programmes over the rainy retreat period ('Vassana') and completion of the special ceremony to mark the end of this period ('Kathina') - strictly adhering to restrictions as specified by Public Health England between July & October 2020.
- d) Continuation, virtually, of meditation sessions every Saturday.
- e) Sunday schools in Nottingham and Sheffield had to be cancelled due to COVID-19 restrictions, but some sessions were conducted online using Zoom technology.
- f) Under strict allowances afforded by Public Health England to builders and tradesmen during COVID-19 restrictions, much needed essential repairs and renovations were carried out to the Vihara premises.

Financial Report

The Vihara is mainly funded by regular direct debit donations, other donations and funds raised during fund raising events/activities. These cover all day to day running costs. The only outstanding debt is the mortgage and is now down to £ 56,501. Current reserves of the vihara total £ 51,891.

I, the chief incumbent monk, on behalf of the board of trustees of the Shanthe Vihara and Meditation Centre hereby declare that this report is accurate and complete for the vihara activities for the period 1st January 2020 to 31st December 2020.

Signed on behalf of the Board of Trustees



Ven. Amitha Teldeniyaye

Chief Incumbent and Lead Trustee

28th October 2021

SHANTHI VIHARA & MEDITATION CENTRE
Summary of Accounts for year ended 31st December 2020

Income and Expenditure Account

All Values in GBP

| Income | 2020 | 2019 |
|------------------------------|---------------|---------------|
| <i>Regular Income</i> | | |
| Covenanted Donations | 16,470 | 11,470 |
| Gift Aid Tax Rebates | - | - |
| Other Regular Income | - | - |
| | 16,470 | 11,470 |
| <i>Variable Income</i> | | |
| Occasional donations | 8,672 | 5,410 |
| Fund-raising events | - | 19,014 |
| Other variable income | - | 2,200 |
| | 8,672 | 26,624 |
| Interest received | 30 | 36 |
| Other Operating Income | 632 | 632 |
| Total Income | 25,804 | 38,763 |
| Expenditure | | |
| <i>Overhead Expenses</i> | | |
| Mortgage | 4,114 | 4,249 |
| Council Tax | 939 | 981 |
| Water Rates | 530 | 1,433 |
| Insurances | 483 | 483 |
| Gas usage | 672 | 1,385 |
| Electricity | 356 | 1,038 |
| Telephones | 637 | 403 |
| TV License | 160 | 178 |
| | 7,891 | 10,150 |
| <i>Variable Expenses</i> | | |
| Fund-raising expenses | - | 11,472 |
| Travel costs | - | - |
| Building Maintenance | 4,432 | - |
| Sponsorship/ Fees | 3,105 | 504 |
| Sundries | 3,769 | - |
| | 11,306 | 11,976 |
| <i>Depreciation</i> | | |
| Works of Art | - | - |
| Land & Buildings | 2,500 | 2,500 |
| Other Equipment | 90 | 90 |
| Furniture | 254 | 254 |
| | 2,844 | 2,844 |
| Bank Charges | 90 | 90 |
| Total Expenditure | 22,131 | 25,060 |
| Net Surplus/(Deficit) | 3,673 | 13,703 |

SHANTHI VIHARA & MEDITATION CENTRE
Summary of Accounts for year ended 31st December 2020

Balance Sheet

| Fixed Assets | 2020 | 2019 |
|-----------------------------------|-----------------|-----------------|
| <i>At Cost</i> | | |
| Works of Art | 3,160 | 3,160 |
| Land & Buildings | 125,000 | 125,000 |
| Computer Equipment | 329 | 329 |
| Other Equipment | 450 | 450 |
| Furniture | 1,270 | 1,270 |
| Kitchen & Catering Equipment | 900 | 900 |
| | 131,109 | 131,109 |
| <i>Accumulated Depreciation</i> | | |
| Works of Art | - | - |
| Land & Buildings | -11,250 | -8,750 |
| Computer Equipment | -100 | -50 |
| Other Equipment | -360 | -360 |
| Furniture | -1,016 | -1,016 |
| Kitchen & Catering Equipment | -900 | -900 |
| | -13,626 | -11,076 |
| <i>Net Book Value (NBV)</i> | | |
| Works of Art | 3,160 | 3,160 |
| Land & Buildings | 113,750 | 116,250 |
| Computer Eqmt | 229 | 279 |
| Other Eqmt | 90 | 90 |
| Furniture | 254 | 254 |
| Kitchen & Catering Eqmt | 0 | 0 |
| Total Fixed Assets (NBV) | 117,483 | 120,033 |
| Current Assets | | |
| Accrued Income | 0 | 0 |
| Cash at Bank-Santander | 18,575 | 13,976 |
| Cash at Bank-Natwest | 3,601 | 3,778 |
| Cash at Bank-NW Reserve | 22,793 | 20,243 |
| Total Current Assets | 44,969 | 37,996 |
| Current Liabilities | | |
| <i>Falling due after one year</i> | | |
| Bank Loans | -56,501 | -59,000 |
| Well Wishers' Loans/ donations | -50,556 | -50,556 |
| | -107,057 | -109,556 |
| Deferred Capital Donations | -6,030 | -6,030 |
| Transfers to P&L A/c | 2,526 | 2,526 |
| Total Current Liabilities | -110,561 | -113,060 |
| Net Assets | 51,891 | 44,969 |

SHANTHI VIHARA & MEDITATION CENTRE
Summary of Accounts for year ended 31st December 2020

| | Reserves | | |
|---|-----------------|----------------|----------------|
| | | 2020 | 2019 |
| Income & Expenditure Account for Application to | | -3,673 | -13,703 |
| Land & Buildings Acquisition B/F | | -48,218 | -31,266 |
| | Total | -51,891 | -44,969 |



Independent examiner's report on the
accounts

Report to the trustees/members of

SHANTHI VIHARA AND MEDITATION CENTRE

On accounts for the year ended

31st DECEMBER 2020

Charity no

1158024

Set out on pages

1-4

Responsibilities and basis of report :

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2020.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement :

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

S. Nandini

Date:

27th October 2021

Name:

NANDINI SRIDARAN

Relevant professional qualification:

B.Sc (Hon), FMAAT

Address:

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