

# Shrewsbury Triratna Buddhist Centre

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## Trustees' Annual Report

For the period 6 April 2024 to 5 April 2025

## Report on Activities

### Overview

During the reporting period, the Shrewsbury Triratna Buddhist Centre delivered a consistent programme of activities aligned with its charitable purposes, namely the advancement of Buddhism for the benefit of the public. We provided opportunities for meditation and devotional practice, Buddhist study and community engagement, serving both established practitioners and members of the wider public.

Activities were delivered primarily at the Centre's premises, with some online provision.

### Meditation and Devotional Practice

Meditation remained central to the Centre's activities throughout the year. The programme included regular open meditation sessions, guided meditations, chanting sessions, and monthly meditation support sessions. These activities were generally open to the public, with the exception of the meditation support sessions, and supported mental wellbeing, emotional resilience and spiritual development.

### Buddhist Education and Study

The Centre offered structured learning opportunities to support engagement with Buddhist teachings and practice. These included public courses, study groups, Dharma talks and themed Sangha events, chapter meetings for Order Members, and study groups based in the Centre library.

### Community Engagement and Wellbeing

Alongside its core religious activities, the Centre hosted community-focused activities including yoga and Pilates classes and a community choir.

## **Festivals and Special Events**

We marked key dates in the Buddhist calendar, including the Buddha's enlightenment and his passing away. We also celebrated the Sangha as a spiritual community and the life of influential Indian Buddhist leader Dr B R Ambedkar.

For the first time, 2025 was launched with an event we christened the Rainy Season Retreat. This was a series of additional events each day for January on top of our normal open classes, the aim of which was to give the Sangha the opportunity to engage more intensely with practice.

## **Governance**

The Centre hosted trustees' meetings and other governance and planning meetings to ensure effective oversight, safeguarding and strategic development.

## **Financial Review**

Total income: £36,053

Total expenditure: £33,929

Surplus for the year: £2,123

## **Public Benefit**

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit.

**Triratna Shrewsbury****Receipts and payments account for years ended 5 April**

	<b>2025</b>	<b>2024</b>	<b>variance</b>
<b>Receipts</b>			
Donations from regular activities	1,603	2,467	- 864
Donations from intro courses, etc.	7,476	5,142	2,334
Planned giving	9,760	11,630	- 1,870
Gift aid reclaim	-	3,587	- 3,587
Bookshop sales	903	1,310	- 407
Flat rental	8,725	6,720	2,005
Room hire	1,593	2,853	- 1,260
Fundraising	575	6,382	- 5,807
One-off gifts	190	200	- 10
Outreach groups	638	-	638
Retreats	4,544	3,117	1,427
Stock adjustment	45	2,059	- 2,014
Sundry	-	25	- 25
<b>Total</b>	<b>36,053</b>	<b>45,492</b>	- 9,439
<b>Payments</b>			
Accountancy fees	571	510	61
Bookshop and library	903	941	- 38
CCPAS and DBS	150	358	- 208
Chair and mitra meetings	674	736	- 62
Cleaning, kitchen, shrine expenses	924	1,122	- 198
ECA development fund	1,705	1,399	306
Fundraising contributions	80	1,438	- 1,358
Garden	-	845	- 845
Insurance	1,275	1,249	26
Loan interest	-	609	- 609
Maintenance	4,181	3,243	938
Office expenses	1,055	221	833
Outreach groups	1,481	-	1,481
Payment fees	432	-	432
Private preceptors retreat	238	285	- 48
Publicity	823	838	- 16
Retreat allowance	1,792	1,958	- 166
Retreats - venue hire	3,900	4,202	- 302
Sundry	-	482	- 482
Support - Chair & Centre co-ord.	9,600	2,400	7,200
Visiting teachers expenses	144	908	- 764
Training for teachers	608	420	188
Travel	-	263	- 263
Utilities	3,395	2,168	1,226
<b>Total</b>	<b>33,929</b>	<b>26,596</b>	7,334
<b>Surplus for the year</b>	<b>2,123</b>	<b>18,896</b>	- 16,773

## Triratna Shrewsbury

### Balance sheets as at 5 April

	2025	2024
<b>Assets</b>		
Premises	201,356	201,356
Cash at bank	14,890	12,741
Debtors	150	-
Bookshop stock	2,104	2,059
<b>Total Assets</b>	<b>218,499</b>	<b>216,155</b>
<b>Less Liabilities</b>		
Creditors	221	-
<b>Net Assets</b>	<b>218,279</b>	<b>216,155</b>
<b>Financed by:</b>		
Accumulated fund	216,155	197,259
Add surplus for the year	2,123	18,896
	<u><b>218,279</b></u>	<u><b>216,155</b></u>

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHREWSBURY BUDDHIST CENTRE

I report on the accounts of the charity the Shrewsbury Buddhist Centre for the Year Ended 5<sup>th</sup> April 2025

## RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

As the charity's trustees you are responsible for the preparation of the accounts: you consider that the audit requirement of section 43(2)e of the Charities Act 1993 (the Act) does not apply; it is my responsibility to state, on the basis of procedures specified in the General Directions given by the charity Commissioners under section 43(7) (b) of the Act, whether particular matters have come to my attention.

## BASIS OF INDEPENDENT EXAMINERS REPORT.

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with records. It includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide evidence that would be required in an audit, and consequently I do not express an audit opinion given by the accounts.

## INDEPENDENT EXAMINER'S STATEMENT

All records that were asked for were provided to me in my examination, and no matters came to light that suggested true and accurate records were not being kept.

Signed:



W. McGinley  
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21<sup>st</sup> January 2026