



ANNUAL REPORT 2024

CHAIRPERSON'S REPORT

I am proud to say that every year is a challenge for ICA because every year is a challenge for our community. I am proud to say that your trust in ICA continues to grow, and I'm proud to say that this trust allows ICA to reflect, advise and promote your preferred choices to the decision-makers and decision-takers who need to know. Portland has a strong community and a strong community voice; ICA plays a significant role in ensuring your voice is heard in all its variety. ICA delivers what it says on the tin – Island Community Action.

Indeed, your voice is behind everything we do, which is essential because the speed of change leaves little time to react to the ongoing crises that have profoundly affected our community. However, your feedback, gathered via our consultations, help ensure we have the insights and confidence we need ahead of time. Change-makers need and want to know what the Portland community thinks.

Every year, we hold a Public Speaking workshop (the world's number one phobia) for Portland Youth Council. In just two hours, they become 'transformers' emerging from a quiet nervous cocoon to stand up and speak loudly and coherently in front of their peers for one minute on a topic they've just been given. Now, that is what I call futureproofing Portland's voice.

At a more personal level, I am proud that ICA improves the quality of life of individual Portland residents. I was heartened to hear from a critical Portland service provider that no one needs to be lonely because we have ICA. I had to get the 'hanky' out. It's feedback like that that makes it all worthwhile.

I am also proud of our ICA volunteers. Their desire to give something back is phenomenal. The powerful word 'endorphins', often referred to as the body's natural "feel-good" chemical, play a crucial role in promoting wellbeing and fostering positive social behaviours. Released during acts of kindness, physical activity, and moments of joy, endorphins act as a natural reward system, encouraging behaviours that benefit both individuals and their communities. When people help others, whether through volunteering, offering support, or engaging in communal activities, the release of endorphins creates a sense of happiness and fulfilment and reinforces the desire to repeat such acts. This biochemical response strengthens social bonds, cultivates empathy, and fosters a sense of belonging, making endorphins essential for building compassionate and thriving communities. Endorphins power our ICA Volunteer Army, so why not come along and grab some for yourself?

Finally, I am proud of my ICA Team of Ferrets. Why Ferrets? The collective name for a group of ferrets is a business because they are always busy thinking, creating and delivering the community services you have told us you need. They are fantastic at their business!

For the ICA, this period has also been a time of opportunity amidst adversity. We've seen a notable increase in workload as we engage more deeply with large-scale initiatives to address the island's pressing challenges. Our collaborative efforts with Dorset Council, our partnerships with Portland and Weymouth Town Councils, Activate Performing Arts, b-side, Portland Sculpture & Quarry Trust, and We Are Weymouth have been remarkably fruitful.

Looking ahead, ICA will continue to enjoy supporting Portland as a place and Portland as a community. We are approaching the final year of support from the National Lottery, our key funder. With your support, we are determined to be here in two years, pumping out those endorphins and ensuring that Portland's community's voice is heard and acted upon.

Thank you for supporting and trusting ICA to be an influential voice on and off Portland.



Doug Pigg
Chair – Island Community Action (ICA)

KEY FUNDERS & SPONSORS

GRANTS

ICA gratefully received grant funding contributions from the following organisations in 2023



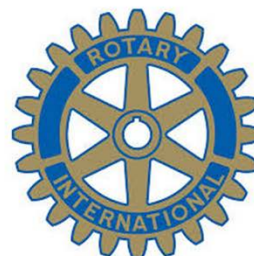
PORTLAND
TOWN COUNCIL



**Dorset
Community
Foundation**



PORTLAND COURT LEET



GRANT FUNDING

The National Lottery Community Fund: Reaching Communities – Funding contribution towards a range of new and expanded workstreams. Funding running 2021-26.

- **Portland Town Council** – Match funding contribution under a new five-year Service Level Agreement contribution for The Portland Project. Cover several extended and new services.
- **Dorset Council** – Funding contributions towards our core costs and Helping Hands (older and vulnerable people), Tails & Trails, and Year of Youth Action projects.
- **Dorset NHS's Mental Health & Wellbeing Fund (via the Dorset Community Foundation)** – Contribution towards a year of wellbeing activities.
- **Hall & Woodhouse** – Funding towards our Community Crafters project.
- **UK Research Institute (UKRI)** – Funding to cover delivery of the Weymouth & Portland Research Network's – *Voices from a Forgotten Town: Young and Vulnerable People Share Their Visions for the Future* project.

NON-GRANT DONATIONS & FUNDRAISING ACTIVITIES

In addition to ICA's successful grant applications, the charity was grateful to benefit from a range of local funding opportunities over the past 12 months, including

- **Portland Court Leet** – Towards Helping Hands
- **The Rotary Club of Island & Royal Manor of Portland** – Towards our Duke of Edinburgh's Award Scheme and Helping Hands (our older people's project)
- **Portland residents** – Legacy and local donations towards our core costs.

GENERATED INCOME

ICA generates income through a range of activities, including:

The Giving Lottery – An online alternative to ICA's original lottery at:

www.givinglottery.org.uk/support/island-community-action

One-off or regular donations – Made by cash, cheque, standing order or via Local Giving at: www.localgiving.com/charity/islandcommunityaction













Legacy gifts – Made via the donor's will, these contributions range from direct donations instead of flowers at a funeral to specified sums of money, a % of an entire estate or a particular item.

Donations of prizes – From unwanted gifts to free experiences, trips and treatments.

Merchandise

ICA sells cards, lottery tickets, merchandise and more. 2020 also saw us open our Teemill website at: <https://islandcommunityaction.teemill.com>



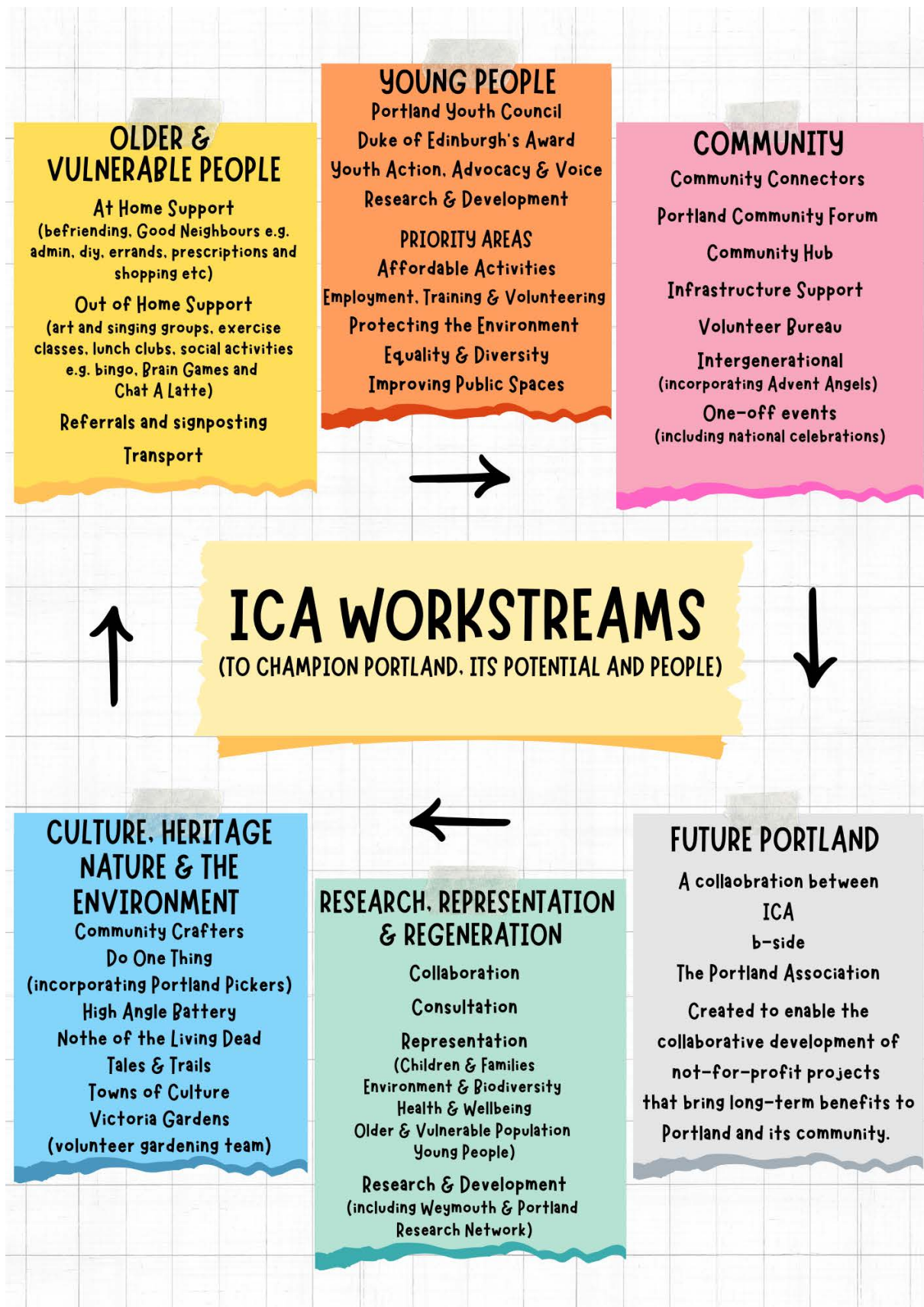
 <p>Unisex All merchandise printed on 100% organic cotton, using eco-friendly inks in a low carbon factory harnessing the power of renewable energy.</p>	 <p>Men's Add a splash of cool colour to your wardrobe with this stylish range of designer men's apparel. Perfect for you, for gifts, for all seasons.</p>	 <p>Women's Check out our collection of on trend merchandise, specifically designed for those who love unique, eye-catching designs and bold prints.</p>	 <p>Ammonite Women's Tee Designed by Red Stone - London, this stylish Ammonite design pays homage to Portland's position as a Jurassic Coast fossil hotspot.</p>
 <p>Kid's From fun prints to perfect fits, this collection has been designed to make kids look good and feel amazing.</p>	 <p>Rainbow Kid's Tee Forget your troubles and get ready to spread some positive vibes with our colourful Believe in Rainbows Kid's Tee.</p>	 <p>Cult Portland's weird and wacky reputation comes to the fore with a quirky twist on some well known cult brands.</p>	 <p>Hoodies A fresh collection of hoodies designed to make maximum impact with cool designs and cotton softness.</p>
 <p>Love Love is in the air and we want you to hold it close to your heart with our new Love Portland collection.</p>	 <p>Love Portland UK Tee If you're proud to be a Portlander or simply love the island, why not tell the world about it with a Portland UK Tee.</p>	 <p>Wild This collection pays tribute to Portland's wilder side. From its fossils and fauna to its stormy seas and water sports.</p>	 <p>White Boat Kid's Tee A perfect choice for kids that love getting out on the water...or have a bit of a passion for all things boaty!</p>

PROJECTS & SERVICES

For 2024, ICA restructured its workstreams to reflect our current workload.

All workstreams developed in response to our island's key challenges and the key needs and wants of local residents identified through ongoing consultation.

IN SUMMARY



IN DETAIL

1. HELPING HANDS – OLDER PEOPLE + THOSE IMPACTED BY DISABILITY AND / OR SERIOUS, LIFE-LIMITING OR TERMINAL ILLNESS (UNLESS OTHERWISE STATED):

- Advice
- Befriending (face-to-face and telephone)
- Dog walking
- Brain Games – conversation and games (suitable for those with mild dementia)
- Chat A Latte: Coffee, cake and good conversation.
- Chesil Art Group (Portland and Wyke Regis)
- Exercise: Get Together – gentle seated
- Exercise: Osteocise – mid-range
- Exercise: Fit+ – advanced aerobic
- Exercise: Yoga – mind and body (16yrs+)
- Food: The Dining Room, Sunday Lunch Club and other foodie outings
- Shopping: In-store @ Tesco
- Songs R Us: Singing group featuring harmonies and a wide range of songs.
- Special events (e.g. Senior's Christmas lunch and Christmas hampers)
- Social: Bingo (cash and prize)
- Social: Coffee mornings
- Transport: Medical and essential appointments
- Transport: Other (e.g. social outings, visiting relatives in care homes etc.)
- Good Neighbour Scheme (small tasks and errands e.g. admin, DIY, prescriptions, shopping etc.)

2. CHILDREN, YOUTH, FAMILIES – ICA is working in collaboration to develop and deliver a range of youth-focused services and activities. These include a youth volunteering scheme, life and leadership skills training, consultation activities, and large-scale events. ICA also manages the Portland Youth Council and the Duke of Edinburgh's Award Scheme (DofE).

ICA's ambition is to work both independently and in partnership to help strengthen Portland's 'youth voice,' ensuring young people are not only part of the local decision-making process but are also empowered to proactively lead and contribute to the development and delivery of collaborative solutions (built on robust and meaningful peer-led research and consultation) that not only respond to their key challenges and priorities but also build confidence, skills, and aspirations, leading to reduced incidences of marginalisation and improved long-term prospects and opportunities.

Current identified youth priorities include more affordable activities; employment, training and volunteering; protecting the environment; equality and diversity and improving public spaces.

3. COMMUNITY DEVELOPMENT (ALL AGES) – Currently includes:

- **Community Connectors** – Residents, volunteers and organisations trained to identify and signpost those in potential need of support.
- **Community Forum** – A space for local organisations to network, coordinate support, forward plan and build capacity.
- **Community Hub** – Advice, information and signposting to local residents around non-ICA-related subjects.
- **Events** – One-off large-scale community events, including national celebrations
- **Infrastructure support** – Advice, information and training delivered or organised through ICA for other local community-based organisations.
- **Volunteer Bureau** – Support for those wishing to volunteer or offer volunteer roles, from recruitment to training and DBS checks.

4. CULTURE, HERITAGE, NATURE & THE ENVIRONMENT (ALL AGES) –

Currently includes:

- **Community Crafters** – Using creativity and crafting for local good causes, with an aim to reduce isolation and loneliness, strengthen community and intergenerational bonds, and showcase Portland's amazing artistic talents.
- **Do One Thing** – Activities and events that engage and inspire individuals to protect and enhance Portland's amazing biodiversity and environment.
- **High Angle Battery** – Supporting Dorset and Portland Town Councils with all volunteer activities related to the HAB Improvements Project and its ongoing offer, to include the formation of a Friends of High Angle Battery group.
- **Nothe of the Living Dead** – An annual fundraiser between ICA, EPIC Games – Dorset and Nothe Fort. Described as a mash-up between The Walking Dead and Crystal Maze, the event sees participants attempt to solve a series of mental and physical challenges while being terrorised by a horde of hungry zombies.
- **Tales and Trails** – Interactive walking experiences that engage participants in Portland's landscape, biodiversity and environment, culture, history and heritage.
- **Victoria Gardens** – ICA supports the Gardens' volunteer gardening team.

5. RESEARCH, REPRESENTATION and REGENERATION – Currently includes:

- **Community Consultations** – ICA provides a range of community consultation services for itself and other organisations. Past clients include Eden – Portland, Dorset Council, NHS Dorset and Portland Town Council
- **Collaborations and Representation** – ICA continues to work in partnership with a number of groups and networks to improve Portland's infrastructure and support offer across a number of strands, including...
 - **Children and Families** e.g. working with Dorset's Child and Adolescent Mental Health Services (CAHMS), Chesil Locality – Portland Local Alliance Group (lead – Dorset NHS) and the Portland Family Hub (lead – DC).
 - **Environment and Biodiversity** e.g. supporting the delivery of Portland's Biodiversity Plan (lead – Portland Town Council).
 - **Health and Wellbeing** e.g. Portland Healthcare Steering Group (lead – Dorset's Integrated Care System) and Developing an Integrated Care Model for W&P (lead – NHS).
 - **Research and Development** – Weymouth & Portland Community Research Network – non-clinical (leads – ICA, Steps Youth Service, The Lantern Trust and Bournemouth University).

6. FUTURE PORTLAND – Originally delivered as a collaborative project between ICA, b-side and The Portland Association to inspire and empower residents to protect and enhance their local environment, biodiversity, and significant landmarks, Future Portland's founding members have since gone on to form the Future Portland Community Benefits Society (CBS).

Our organisations came together after local consultations revealed a strong desire for increased community-based innovation and vision for our island. Through the Future Portland CBS, we want to help address this ask by providing more support for the community development projects that our community deems important. The first initiative to be developed is The Pulpit Project.

ACHIEVEMENTS

TABLE 1: CLIENT / PARTICIPATION NUMBERS ACHIEVED FOR 2024

WORKSTREAM	NO. OF COURSES OR ACTIVITY SESSIONS	NO. OF PARTICIPANTS ENGAGING IN ACTIVITY	TOTAL INTERACTIONS (CALCULATION VARIES DEPENDING ON ACTIVITY)
	YEAR 3 ACHIEVED	YEAR 3 ACHIEVED	YEAR 3 ACHIEVED
HELPING HANDS (OLDER PEOPLE + THOSE IMPACTED BY CHRONIC/SERIOUS ILLNESS OR DISABILITY)			
Befriending (face-to-face and telephone sessions with befrienders)	N-A	N-A	1,170
Club activities (art, exercise, games)	N-A	N-A	3,417
Chat A Latte (coffee, conversation and informal speakers)	N-A	N-A	375
Food based activities (e.g. lunch clubs and foodie outings)	N-A	N-A	809
Good Neighbours errands (Includes basic DIY, prescription collections and deliveries, shopping and other small errands)	N-A	N-A	1,012
Purely social activities (non-food celebration and bingo)	N-A	N-A	3,165
Transport (essential appointments and activities)	N-A	N-A	2,890
Transport (in-store shopping)	N-A	N-A	292
Telephone catch-ups (by ICA office staff and volunteers – based on a minimum ten calls per day x 5 days weekly x 48 weeks)	N-A	N-A	2,400
SUB-TOTAL – ACTUALS ACHIEVED		835	15,530
CHILDREN, YOUTH AND FAMILIES			
Duke of Edinburgh's Award Scheme	71	10	710
Portland Youth Council (PYC) – Intro sessions (delivered to 11-16 year olds via education / youth based groups)	1	13	403
Portland Youth Council – Council sessions	31	13	375
PYC – Events/campaigns: Remembrance Day (200+ attendees), Christmas Sparkle (500+), Incinerator Public Day (150+), Equalities Day (500+), Easter Hunt (500+), Pirate Day (200+) and Island Vibes (300+)	7	2,350+	2,350+
PYC – Collaborations: Atlantic Academy, b-side, CAHMS, Casterbridge Speakers, Chesil Youth Pride, Court Leet, DofE, The Drop In, Future Portland, King Ramps, Portland Rotary, Portland Town Council, Save the Children, UK Parliament,	14	10	140
PYC – Training: Team Building, Running a Meeting, Public Speaking, European Democracy, UK Parliament, Campaign Delivery, Event Planning, PR & Marketing	8	13	130
SUB-TOTAL	132	2,409	4,108

WORKSTREAM	NO. OF COURSES OR ACTIVITY SESSIONS	NO. OF PARTICIPANTS ENGAGING IN ACTIVITY	TOTAL INTERACTIONS (CALCULATION VARIES DEPENDING ON ACTIVITY)
	YEAR 3 ACHIEVED	YEAR 3 ACHIEVED	YEAR 3 ACHIEVED
CULTURE, HERITAGE, NATURE & THE ENVIRONMENT			
Community Crafters: <ul style="list-style-type: none"> • Octopai (53 volunteers / 197 items) • Christmas Cosies (36 volunteers / 152 items) • Winter Warmers (25 volunteers / 94 blankets, scarfs and hats) • Easter Treasure Hunt (61 volunteers / 500 participants / 1,336 items) Woolly Waters (54 volunteers / 382 items)	5	229	1,170
Community Crafters/Spin A Yarn sessions	16	17	214
Nothe of the Living Dead (75 volunteers / 192 participants)	1	192	192
Specialist Activities/Courses <ul style="list-style-type: none"> • Wreath making (2 volunteers/19 participants) • Crochet one-to-one lessons x 2 (8 volunteers/11 adult participants + 43 children) • Growing Group – Portland Youth Council (2 volunteers/5 participants) • Kitesurfing – Youth (5 participants) • Maker's Market – Youth (12 participants) • Orchid workshop (2 volunteers/6 participants) • Local history walks x 3 (3 volunteers/97 participants) 	10	198	890
Environment Activities: Large-scale activities with Atlantic Academy (x 2 – BioBlitz and Do One Thing event – same students attended both events)	2	292	292
Environment Activities: Portland Pickers (9 people doing weekly picks / joint litter pick with St George's YR 5 class / beach litter pick with W&P Marine Litter Project / practice DofE walk and litter pick / Island Vibes Youth Event)	436	63	436
SUB-TOTAL	470	991	3,194

WORKSTREAM	NO. OF COURSES OR ACTIVITY SESSIONS	NO. OF PARTICIPANTS ENGAGING IN ACTIVITY	TOTAL INTERACTIONS (CALCULATION VARIES DEPENDING ON ACTIVITY)
	YEAR 3 ACHIEVED	YEAR 3 ACHIEVED	YEAR 3 ACHIEVED
COMMUNITY			
Advent Angels	24	24	24
Consultation events: <ul style="list-style-type: none"> Portland Healthcare & Wellbeing (various/in-depth face-to-face/minimum 104 respondents) Portland Family Hub (various/digital – for Dorset Council/552 respondents) Pulpit Inn (various/digital – for Future Portland/551 respondents) ICA (1 session/older people = 1 session/85 participants) Portland Youth Council – Skatepark (1 sessions/85 participants) 	5	1,377	1,377
Portland Community Forum (Healthcare x 2 sessions = 154 participants and Future Portland x 1 sessions = 52)	3	205	205
Community Connectors – Pilot with ICA volunteers and staff (includes everything from sorting Portland Foodbank vouchers for individual and family use to support with GP eConsults)	N-A	600+	600+
Infrastructure Support for local third sector community-based organisations (number of organisations supported)	N-A		
Minibus hires to support other organisations and groups	47	810	810
SUB-TOTAL	79	3,016	3,016
GRAND-TOTAL	681	7,251	25,848

ADDITIONAL 'OTHER' KEY STATS:

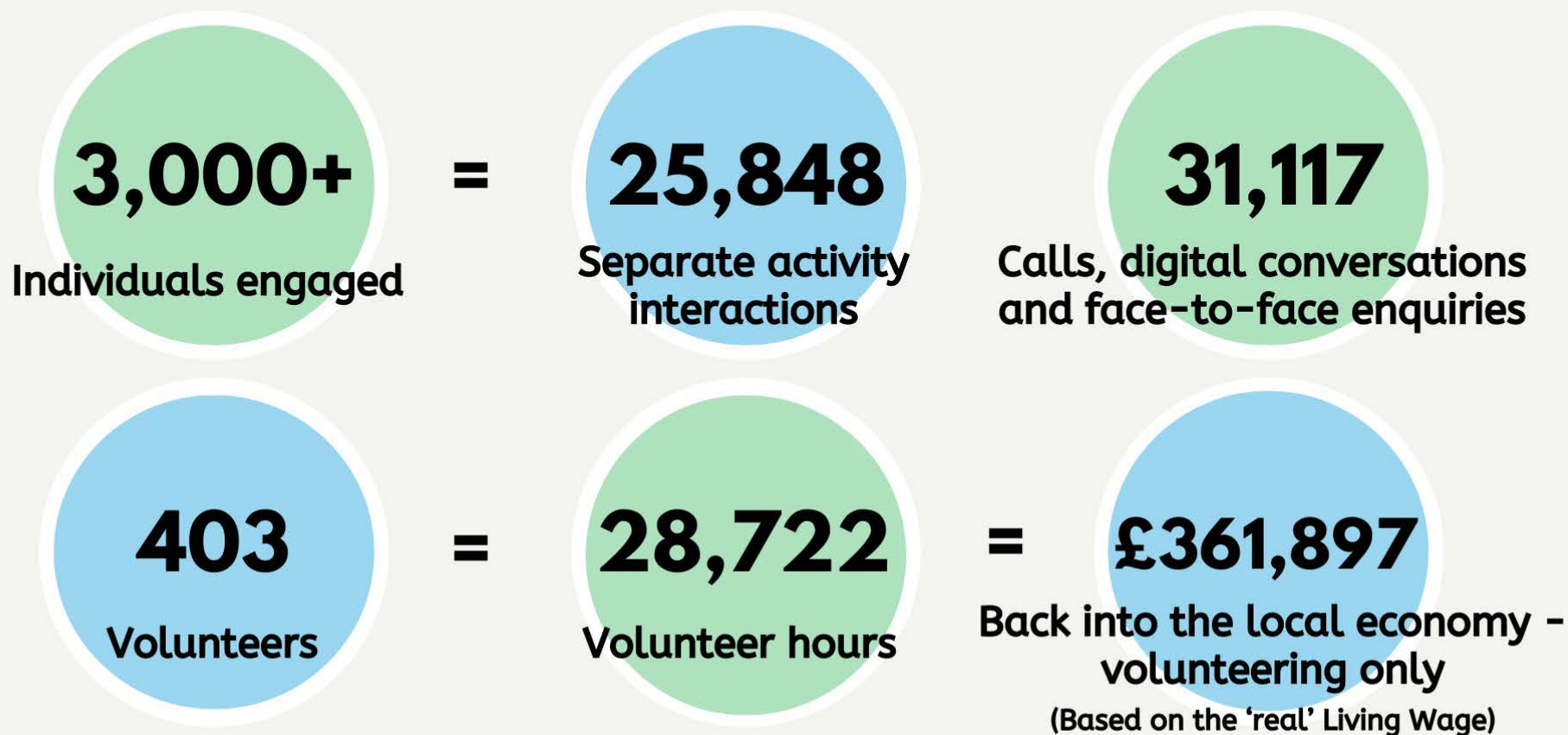
- **Enquiries**
 - 23,228 = total ICA-related phone calls, digital conversations and face-to-face enquiries
 - 7,889 = total non-ICA related phone calls, digital conversations and face-to-face enquiries

NB: We are confident these significant numbers have much to do with ICA's increasing role as a trusted information source, especially for older residents who may feel wary of other sources, have limited access to other sources or may not be digitally active or confident.

- **Digital...**
 - Facebook – Island Community Action = 2,284 likes / 2,731 followers
 - Facebook – Island Community Action Community Crafters = 476 members



ACHIEVEMENTS ACROSS ICA'S SIX WORKSTREAMS - SEPTEMBER 2023 TO AUGUST 2024



ICA also boosted the local economy through successful funding bids and job creation. Additional activities, like venue and tutor hire, and engaging local support services also contributed (around £33,000). In addition, ICA collaborated with 103 organisations during the period.

CLIENT DEMOGRAPHICS –

Number of clients/participants engaged:

The total number of clients/participants engaged across ICA's active workstreams are as follows:

- Helping Hands = 835
- Children, Youth and Families = 2,409
- Culture, Heritage, Nature and The Environment = 991
- Community = 3,016

TOTAL = 7,251 (excludes participants engaged via Portland representation events)

NB: The numbers above do include repeats. However, we are confident that the number of separate individuals engaged exceeds 3,000.

Age and gender breakdown of ICA clients/participants (figures are approximations based on a selection of key activities).

Age:

- 7% = 5-10yrs
- 22% = 11-15yrs
- 3% = 16-24yrs
- 3% = 25-34yrs.
- 6% = 35-44yrs
- 8% = 45-54yrs
- 13% = 55-64yrs
- 15% = 65-74yrs
- 22% = 75yrs+
- 1% prefer not to say

Gender breakdown

- 64% female
- 35% male
- 1% = Other

CLIENT / PARTICIPANT IMPACT

ICA regularly seeks feedback regarding the impact of its activities, services and support offer. This feedback enables us to measure impact and assess areas for improvement.

TABLE 2: CLIENT / PARTICIPANT IMPACT 'HELPING HANDS' FOR 2024

WORKSTREAM AND QUESTIONS	YES %	NO %	N/A %
HELPING HANDS (OLDER PEOPLE + THOSE IMPACTED BY DISABILITY AND / OR SERIOUS, LIFE OR TERMINAL ILLNESS)			
Has ICA's activities made you feel happier and / or more confident?	99	0	1
Have ICA's activities helped you feel less lonely and / or worried	98	1	1
Has ICA helped you socialise with others?	98	0	2
Have ICA's activities helped your mobility / health	93	3	4
Has ICA helped you feel safer?	94	2	4
CHILDREN, YOUTH AND FAMILIES			
In-depth evaluation not undertaken in Year 3	N/A	N/A	N/A
CREATIVE - COMMUNITY CRAFTERS			
In-depth evaluation not undertaken in Year 3	N/A	N/A	N/A

TABLE 3: CLIENT / PARTICIPANT IMPACT 'COURSES and TRAINING' FOR 2024

WORKSTREAM AND QUESTIONS	YES %	A LITTLE %	NOT SURE %	NO %	N/A %
COURSES AND TRAINING					
Did you enjoy this activity?	100				
Did this activity increase your knowledge and skills	90				10
Did this activity increase your overall confidence?	97	3			
Did this activity make you feel happier/more positive?	96	2	2		
Did this activity increase your opportunities to socialise?	92				8
Did this activity make you feel healthier?	76	9			15
Did this activity make you more involved in your community?	89	11		4	
Did this activity make you more likely to get involved with other community-based activities?	96	4			

VOLUNTEERS

TABLE 4: VOLUNTEER NUMBERS ACHIEVED 2024

WORKSTREAM	NO. OF INDIVIDUAL VOLUNTEERS	NO. OF VOLUNTEER HOURS
	ACHIEVED	ACHIEVED
VOLUNTEER BUREAU		
Helping Hands (includes older and vulnerable)	152	19,182
Families, children and young people (includes Portland Youth Council, DofE and Maker's Market)	38	2,502
Culture, Heritage, Nature and the Environment (includes Community Crafters, Portland Pickers and Tales & Trails)	234	3,072
Nothe of the Living Dead	75	1,200
Events and project support	24	576
ICA Board of Trustees	5	528
ICA staff team (extra hours in addition to paid hours)	4	1,662
TOTAL	538	28,722

NB: Allowing for 25% repeats, we're confident the number of individual volunteers lies around 403.

In addition, ICA delivered:

- 83 x individuals to non-ICA volunteering roles
- The Advent Angels Christmas Campaign (celebrating formal and informal volunteer heroes across the island)

Age and gender breakdown of ICA clients/participants (figures are approximations based on a selection of key activities).

Age:

- 1% = 5-10yrs
- 4% = 11-15yrs
- 6% = 16-24yrs
- 7% = 25-34yrs
- 7% = 35-44yrs
- 8% = 45-54yrs
- 22% = 55-64yrs
- 35% = 65-74yrs
- 10% = 75yrs+

Gender:

- 63% female
- 36% male

Total volunteer hours

This figure is an estimate because so much volunteering goes unlogged e.g. odd errands carried out by befrienders or Good Neighbour volunteers. However, based on what we do know, we can say that volunteers gave a total of 28,722 hours during the year. This equates to £361,897 back into the local economy (based on UK Real Living Wage, £12.60 per hour).

ICA's evaluation survey showed the key reasons people decide to volunteer are that it:

- Makes them feel happy/positive
- Allows them to give something back to their community
- Helps them feel connected to their community
- Extends their social networks
- Makes them feel needed and useful
- Allows them to participate in activities that interest them

100% reported that volunteering with ICA also increased their confidence and awareness around the island's wider support offer, volunteering opportunities and other activities in general.

We also experience individuals transitioning from client to volunteer and back again.

YOUNG PEOPLE

PORTLAND YOUTH COUNCIL (PYC)

PYC priorities remain:

1. Improve employment, training and volunteering opportunities.
2. Promote equality and diversity
3. Protect the environment
4. Increase social opportunities and affordable activities
5. Improve Public spaces.

Achievements:

- 13 Youth Councillors (76% retention rate throughout Yr 2)
- 31 regular PYC sessions
- 1,027 total hours
- 14 organisations partnered with
- 1,000+ public interactions with PYC activities
- 200 11-16 year-olds presented to (ahead of the Yr 2 elections)

DUKE OF EDINBURGH'S AWARD

ICA worked with Dorset Council to pilot the DofE Bronze Award for young people on Portland.

The pilot was open to all 11-16 year-olds but those from low-income/disadvantaged backgrounds were prioritised and ICA put special measures in place to ensure they could participate e.g. securing additional funding to cover participation and equipment.

Achievements:

- 10 participants
- 13 sessions
- 1,049 total hours (participants)/220 total hours (supporting volunteers)
- 14 organisations partnered with
- 1,000+ public interactions with PYC activities
- 200 11-16 year-olds presented to (ahead of the Yr 2 elections)

Year2

September - October 2023

Recruitment

Assembly for estimated 200 students at Atlantic Academy

Open evening

Social Media campaign

17 Youth Councillors appointed



Sessions & Activities

Youth Council led interviews

Team building day

Save the Children campaign training

November - December 2023



Sessions & Activities

Laying a wreath for Remembrance Day

Fed into 'Future Portland' environment event

Fed into the Incinerator appeal

10 members joined The Duke of Edinburgh's Award scheme pilot

Running a Meeting training

Fundraising strategy planning

Portland Christmas Sparkle event - four separate activities delivered



January - February 2024



Sessions & Activities

Continuation of The Duke of Edinburgh's Award scheme

Designing and installing b-side's 'Love your Community' window display

Portland Rotary coffee morning fundraiser

Launch 'Maker's Market' to inspire young entrepreneurs (PYC idea/ICA delivered)

Public Speaking Training

European Democracy discussion

UK Parliament workshop

16 members continue
(one having stepped down)





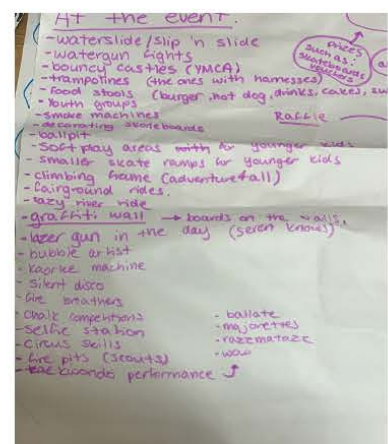
Sessions & Activities

Continuation of The Duke of Edinburgh's Award scheme.

Event planning workshop with King Ramps

Equalities Day at Atlantic Academy, exploring protected characteristics with guests sharing their personal experiences. Event organised by ICA and previous PYC member Joe Pascoe, supported by current members Lola Carney and Leah Foot

Supported ICA's Easter Hunt



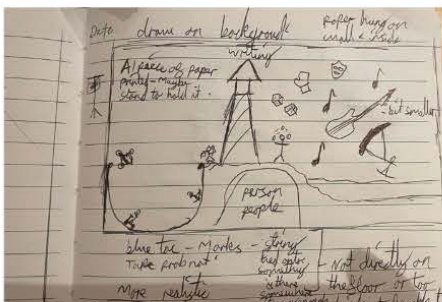


Sessions & Activities

Second practice camp for The Duke of Edinburgh's Award scheme

Event planning + PR & Marketing and design work for Island Vibes event

PYC members participate in CAHMS consultation.



June 2024

Sessions & Activities

Portland Rotary presentation preparation and delivery

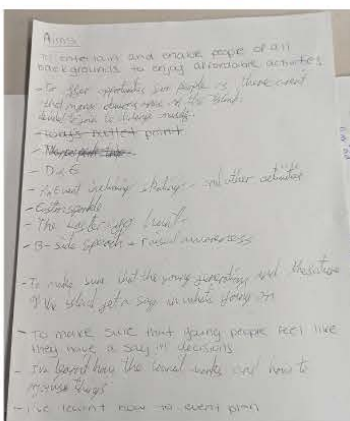
Island Vibes event planning and tasks

Fundraised at Portland Pirate Fayre

Growing Club completed

Final DofE expedition

3 work experience students join ICA



Sessions & Activities

Portland Town Council presentation preparation and delivery

Island Vibes event planning and tasks

Island Vibes event delivered

DofE Bronze award completion

1 work experience student joins ICA



PORTLAND YOUTH COUNCIL

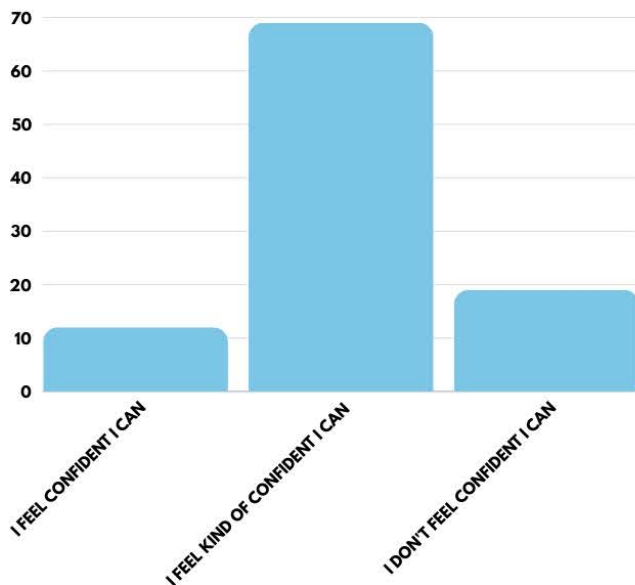
Participant Progress

ON JOINING

September 2023

I am able to make a difference in my community

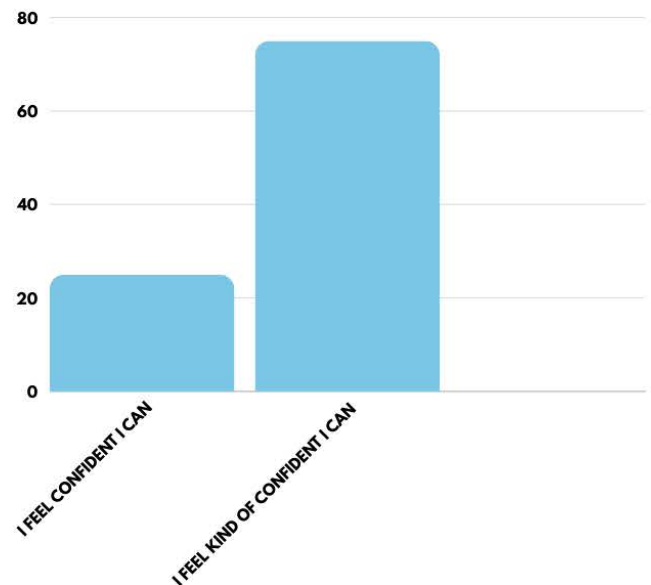
I feel confident I can = 15%
I feel kind of confident I can = 62%
I don't feel confident I can = 23%



CURRENT

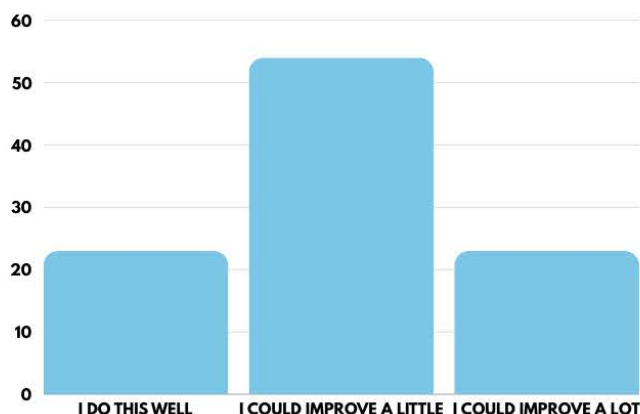
July 2024

I feel confident I can = 39%
I feel kind of confident I can = 61%

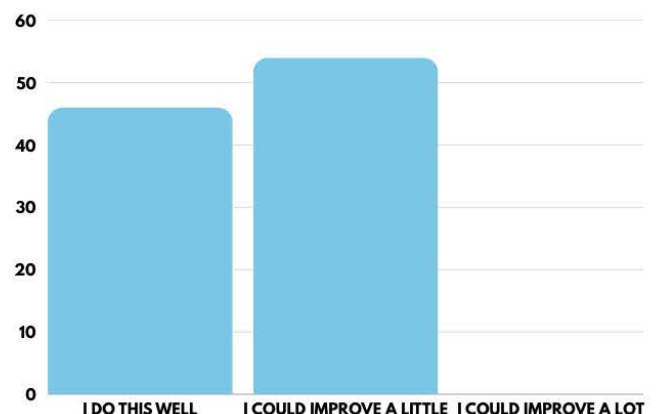


Helping others make their voice heard

I do this well = 23%
I could improve a little = 54%
I could improve a lot = 23%



I do this well = 46%
I could still improve a little = 54%



PORTLAND YOUTH COUNCIL

Participant Progress

ON JOINING

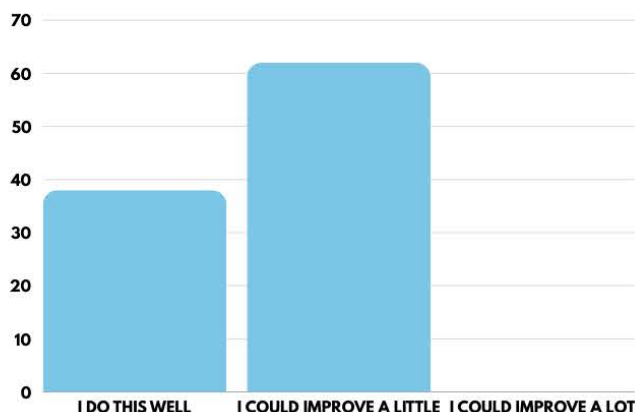
September 2023

CURRENT

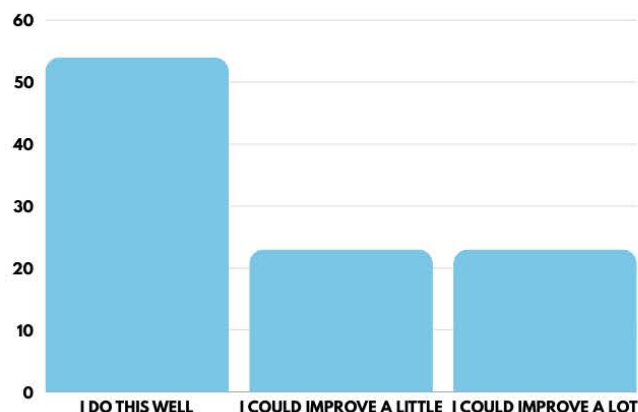
July 2024

Public speaking

I could improve a little = 38%
I could improve a lot = 62%

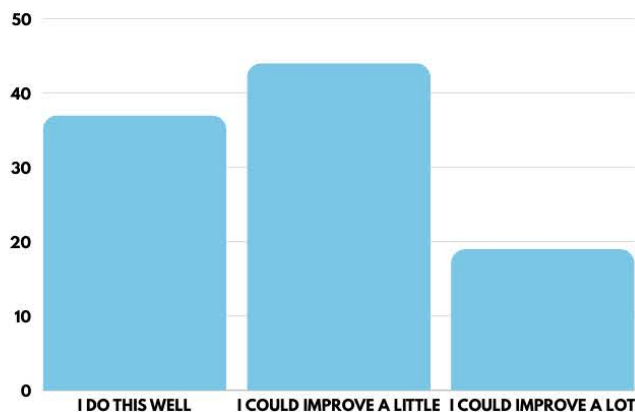


I do this well = 54%
I could still improve a little = 23%
I could still improve a lot = 23%

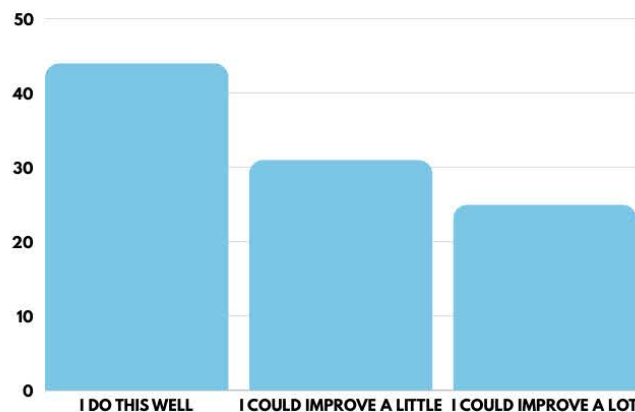


Able to make a difference in my own life

I do this well = 31%
I could improve a little = 61%
I could improve a lot = 8%



I do this well = 61%
I could still improve a little = 31%
I could still improve a lot = 8%



PORTLAND YOUTH COUNCIL

Participant Progress

ON JOINING

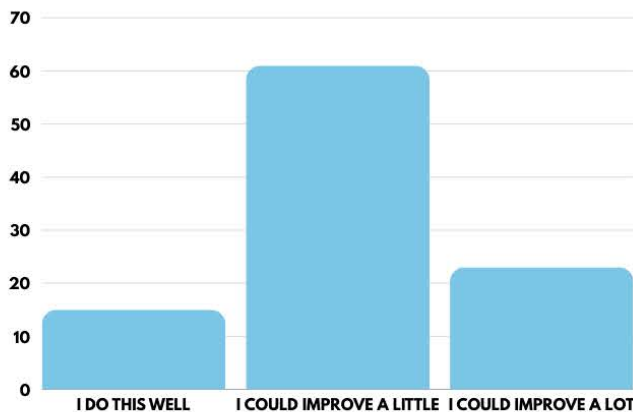
September 2023

CURRENT

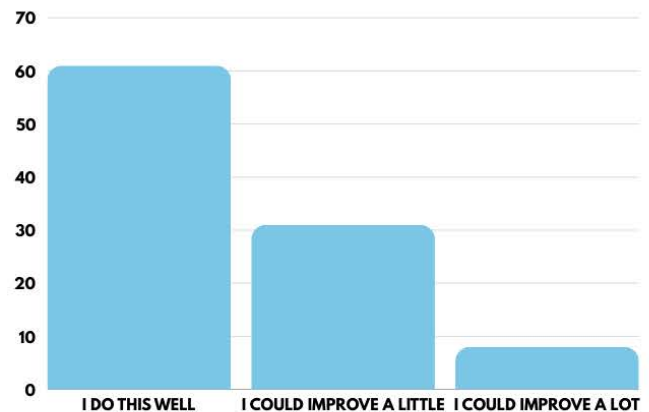
July 2024

Time management

I do this well = 15%
I could improve a little = 61%
I could improve a lot = 23%

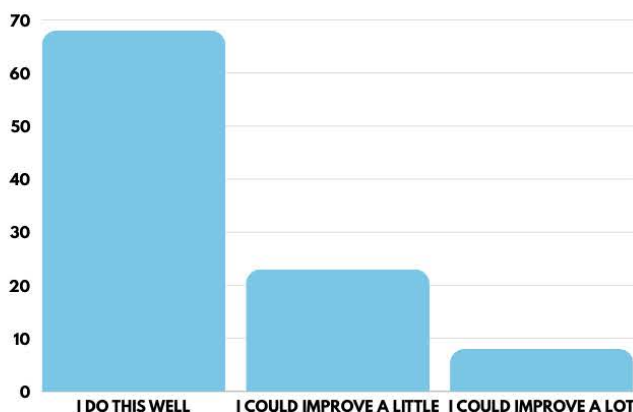


I do this well = 61%
I could still improve a little = 31%
I could still improve a lot = 8%

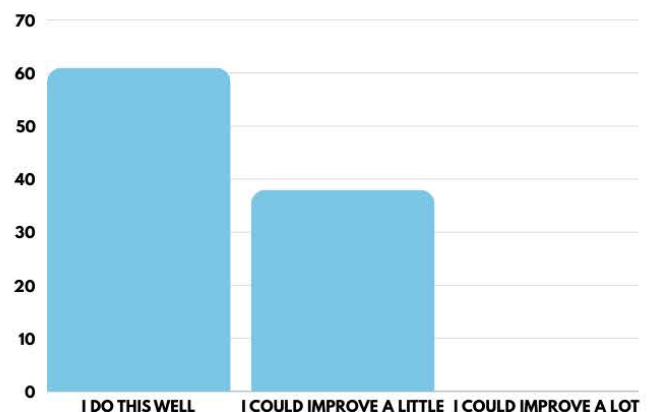


Organising an event

I do this well = 68%
I could improve a little = 23%
I could improve a lot = 8%



I do this well = 61%
I could still improve a little = 38%



September 2023 - July 2024



99%

Members reported that they do feel their voices are heard enough in the decision making process and ways in which things are done in the Youth Council.



100%

Members reported that they have achieved something they didn't think they could ever have achieved at the start of the project.



100%

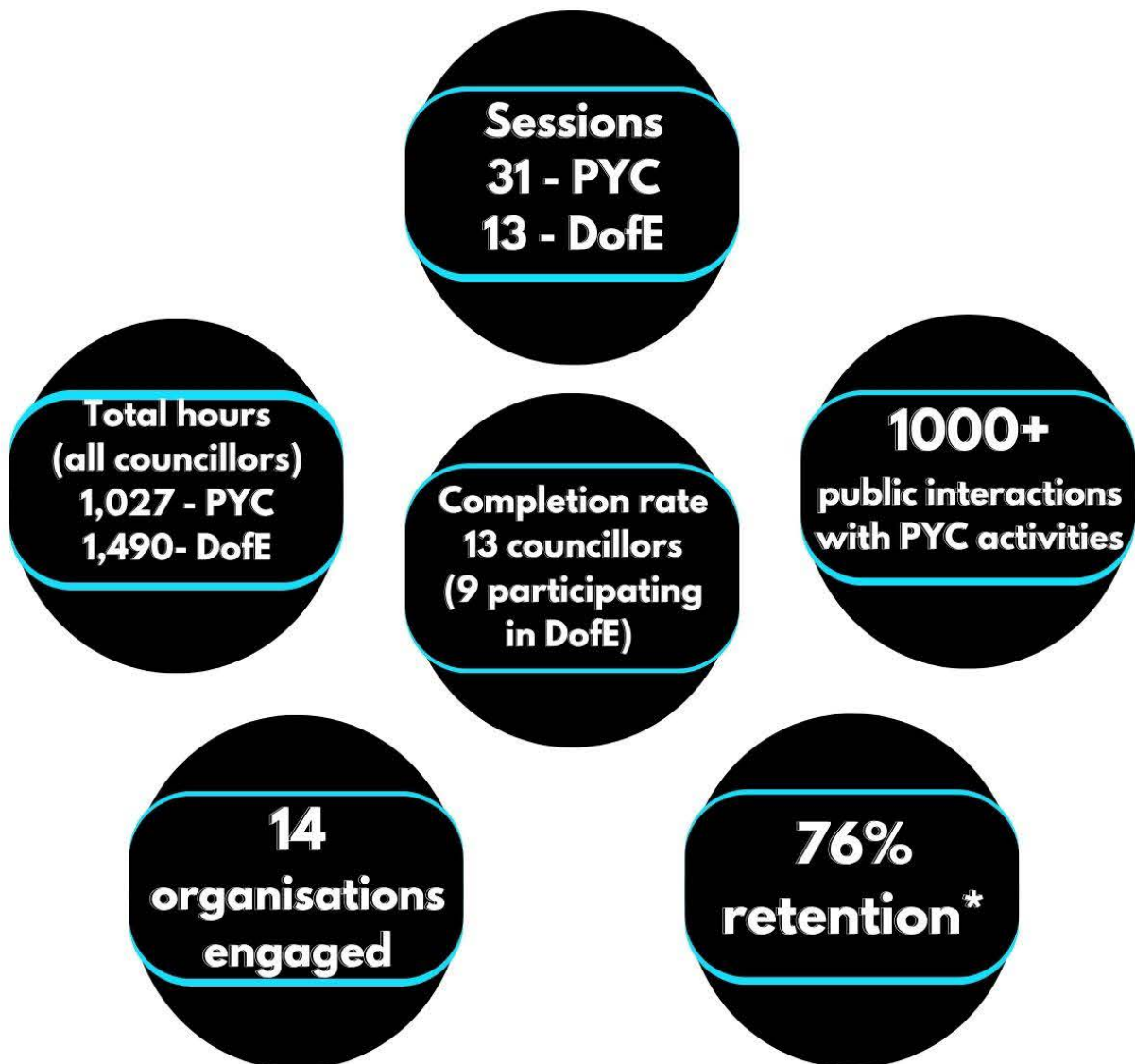
Have got what they wanted and more from the project



PORTLAND YOUTH COUNCIL

Summary of Youth Councillor Engagement

YEAR 2
September 2023-July 2024



***Within the delivery period of the project.**

YEAR2 ADDED VALUE

In Year 2 the Portland Youth Council, supported by Island Community Action and Portland Town Council, has achieved the following to date:

Fed into two large-scale and incredibly significant events for the island, including...

FUTURE PORTLAND

A showcase for those leading the way in protecting the UK's coastlines, green spaces, biodiversity and landmark buildings.

PORTLAND WASTE INCINERATOR APPEAL

Portland Youth Council fed into the recent appeal process, representing the island's youth voice against the development.

First participants in a newly launched Duke of Edinburgh's Award Scheme for the island.

Co-developing Portland's new Maker's Market offer for budding new young entrepreneurs across the island. The scheme will provide the basic skills required to kick-start a pop-up business.

Planning Portland's first Skate Jam (July 2024). The Jam featured skateboard training sessions and pro-demos, and also formed part of a bigger event, Island Vibes, which showcased a range of other affordable activities and support services for young people.

QUOTES

FROM YOUTH COUNCILLORS

"When I look at the people in this group, I think these are the people who are going to make a difference to Portland."

LUCY, AGED 11

"Being part of the Youth Council has improved my confidence. When I first started I was nervous to talk to people, however, as we have continued through the year I have felt more comfortable. In the past year I have participated in lots of training such as public speaking and team building. The Youth Council has given me the opportunity to speak in front of 50 adults in the same room, which I didn't think I'd ever achieve"

GRACE, AGED 13

"There are no opportunities to make a difference in my life. I want to make a difference. Making a difference sounded cool. If I missed out, then I'd regret it. They're good people doing this and I would have missed out being part of them."

ISABELLE, AGED 13

"The Youth Council has taught me that even though we might not make all the differences we originally set out to make, we can still make positive changes and perhaps inspire others to make even bigger difference in the future. Also the plan can change and we can still make a difference and it can still feel just as good."

MIYA-LEI, AGED 15

"I decided to apply to be head boy of my school because of my experience as part of Portland Youth Council. The training and activities I took part in gave me all the skills and knowledge that I needed to be part of the Student Leadership Team, but wouldn't have had before. I was able to answer all the questions in my Head Boy interview with confidence and give examples of things I've already done, or ideas I had for how we could bring Youth Council projects and delivery structures into the school community too. I was really excited to be given the role of Head of Chesil Cove House and Equalities lead."

"Being part of Portland Youth Council has made my CV look stronger, which is great for my 6th form interview next week and eventually my uni application. It's given me confidence, skills and knowledge to consult with people, run projects, talk in public, reflect on my work and be accepted onto my schools Student Leadership Team. I'd definitely recommend joining to anyone wanting to make Portland a better place for young people to grow up and to progress their own personal journey."

JOE PASCOE, AGED 15

"Well done everyone. It's great to see how well you guys are doing from when I started."

CHARLIE BUSH, AGED 18 (FORMER FIRST YEAR COUNCILLOR)

QUOTES

FROM THE WIDER COMMUNITY

"It's been amazing to see their transformation, particularly those who've gone from being the shyest members of the group to leaders in their own right. Hearing their ambitions and self-belief increase, watching them walk into a room of adults with the confidence that their voice matters, and being there the moment they recognise that they really can contribute towards a more opportunity rich Portland for young people has been a privilege.

Their confidence and positivity have changed me too - made me feel more inspired about our ability to make a difference for our community. I've learned a lot from them."

"I have noticed a difference in every single member of the Portland Youth Council. In fact, over the past few months, all of them have grown in confidence and knowledge, which has made them more creative and adventurous in their aspirations.

They've come to the table with fresh ideas and approaches around the ways in which they want to improve not just their own lives but also the lives of other young people on the island. We've been there to support them on this journey and also to provide them with the tools needed to create the building blocks for positive change.

GEORGINA – ICA PROJECT CO-ORDINATOR

ON FUTURE PORTLAND EVENT, AFTER YOUTH COUNCIL MEMBERS SPOKE ABOUT THE CHALLENGES THEIR GENERATION FACES LIVING ON PORTLAND

"I was really moved by how well the young people spoke about the lack of work experiences opportunities compared to 10 miles up the road, which feels wrong. Their voices were so powerful and had the biggest applause."

CARRIE MASON, LOCAL ARTIST

"Portland Youth Council were excellence. Well done to them."

PORTLAND TOWN COUNCILLOR, SANDRA WEST

ON PORTLAND YOUTH COUNCIL'S INCINERATOR SPEECH

"I found the Youth Council's words to be incredibly moving. If this development happens, they would likely be most affected, not just from a health point of view but also because of its negative impact on the economy and environment. I didn't really realise this until I heard their words. They are an amazing group of people and make me proud to live on the island !"

SHARON STANTON, LOCAL BUSINESS OWNER

QUOTES

FROM THE WIDER COMMUNITY

ON PORTLAND YOUTH COUNCIL'S PRIDE WINDOW

"That's a beautiful display! Well done Youth Council!"

ANAICK HUMBERT, RESIDENT

"Well done everyone, amazing job!"

JO LUXTON, ST. GEORGE'S PRIMARY SCHOOL HEADTEACHER

ON THE YOUTH ENTREPRENEUR, MAKER'S MARKET, PROJECT

"What a great project - the kids and the community will gain so much from this."

BRIDGET PASCOE, RESIDENT

GENERAL

"Very inspired by all the work your youth council have already achieved.

This youth council is the aspiration."

EMMA SCOTT, COMMUNITY DEVELOPMENT OFFICER AND LEAD FACILITATOR FOR
ANONYMOUS FESTIVAL AND DORCHESTER TOWN COUNCIL

"It's so nice to see our young people taking an active interest in our community and
lovely to see them doing something so nice for others in the community too.

Their parents must be very proud of them."

ELIZABETH GINGELL, RESIDENT

"These young people are leading our future."

CARRIE DALBY, RESIDENT

"Lovely to see young people getting involved."

LORRAINE BASH, RESIDENT

"As a teacher on the island, I see the positive influence and impact that
young people can have on their peers on a daily basis.
To watch Portland's Youth Council now channelling this positive energy
into the wider community, through so many amazing activities
and events has been remarkable. They are fantastic role models for Portland's
young people and the wider community."

ANITA BUSBY-WILCOCKS, TEACHER - ATLANTIC ACADEMY



Island Vibes

ACHIEVEMENTS

July 2024

SKATE JAM

150+ people attended

29 young people competed

20 free skateboard lessons

5 signed up for a Friends of Portland Skatepark group

85 responses to our consultation

43% new users to the skatepark

New skateboarding kit given for free to competition winners

PYC and ICA ACTIVITIES

180+ engagements with our environment activities

150 native Portland plants, grown from seed, given free to attendees

43 one-to-one crochet lessons and beginner's kits given out

10 new sign ups to PYC/ICA activities

28 entered the chalk competition

14 young entrepreneurs attended, making a combined total of £870

20 engaged in the acceptance parade, with many more contributing to the flag design

EXTERNAL ORGANISATIONS

17 organisations attended

300+ engagements with those stalls, with 9 new confirmed member sign ups

£1000 donation secured by one organisation

Collaboration and networking opportunities

Island Vibes – Portland Youth Council’s large-scale event for 2024

July saw hundreds enjoy a day of free fun on Portland. Delivered by ICA, the event was developed and planned for local children and young people through Portland’s Youth Council (PYC) – a group of 11–16-year-olds who represent the youth wing of Portland Town Council.

The event included a youth activity showcase, a young entrepreneur’s market, and a Skate Jam with competitions, tuition, and demonstrations.

The PYC meet regularly to discuss the issues impacting Portland’s young people and their potential solutions. The concept for Island Vibes originated during one of these meetings, following a series of youth-led consultations that evidenced a lack of affordable activities for young people across the island. After further research, to discover what was actually available, the PYC proposed the event as a way of showcasing the activities they’d found.

A total of 17 groups attended, all providing free taster sessions, information and demonstrations. Organisations ranged from b-side, The Community Boxing Hub, CS Boardsports Power Kiting, Dorset Council and The Drop In to Platinum Dance School, Portland Museum, Royal Manor Theatre Playmakers and St John Ambulance.

Gavin Sandford from The Community Boxing Hub, said, ***“Attending this event has taken our organisation to another level. It was a fantastic day that gave us the opportunity to meet potential new members, engage with new beneficiaries and raise our profile in the community.”***

Mairead Smith, PE Teacher at Atlantic Academy added, ***“I wasn’t aware of the number of physical activities available on the island that I could signpost our students to.”***

Alongside established groups like 1st Portland Scouts and Reay’s Traditional Taekwondo, PYC also demonstrated free activities that can be enjoyed independently at home. This included arts and crafts, environment, and gardening activities. The latter was showcased after seven PYC members started a project, with support from Isle of Portland Orchids, to grow native Portland wildflowers from seed. 150 of these plants were given out free, with 177 people in total engaging with the event’s environment-based activities.

Stephanie Rowland–Pilgrim toured the activities on offer with her 6 year old daughter Elora while her older child Isabelle, aged 12yrs ran a Youth Council stall. Stephanie said, ***“I couldn’t believe how much is available locally and to be given the chance to try different activities out is such a wonderful idea. Because of today Elora is going to be starting Taekwondo and is feeling confident and excited about it, because she’s now met the leaders and knows exactly what to expect.”***

Thanks to a kick starter legacy donation from the family of Ben Milner, a local man who unexpectedly and tragically passed away in 2022, PYC were also able to promote skateboarding through a series of lessons prior to the event and a Skate Jam during it. Ben had a passion for skateboarding and grew up skating along the seawall at Chesil Beach. As a teenager, he was also part of a small group of friends who petitioned the council to construct a skatepark in its current location, adjacent to Portland Beach Road.

Ben’s family felt it was a fitting tribute to use the donation to bring the community together for an event promoting the benefits of skateboarding. The PYC agreed, with members spending the entire year leading up to it raising additional funds to cover the cost of Bournemouth-based company King Ramps to deliver the Skate Jam element, which included professional scooter, BMX and skateboard demos, competitions and tuition.

Crowds of all ages thoroughly enjoyed this element, with many not only feeding into a consultation around the island's skateboarding facilities but also requesting for it to become an annual event. Local 17 year old Alfie Leggit said, ***"This has got me on my BMX again for the first time in a year and I think that I'll definitely start using the skatepark again after this. It's been a really good, really inspiring day."***

The young entrepreneur's market, selling products created by local children and young people, included everything from cakes and stickers to jewellery and hair braiding.

Glitter tattoos and face painting were offered by 10 year old friends Ruby Hope and Imogen Burley. When asked about the day Ruby said, ***"We've had brilliant fun, I've learnt a lot about hard work and earning my own money. I can't wait to do it again because I'm saving up for a new skateboard."***

Combined, the young entrepreneurs made an impressive £800, which they say has certainly motivated them to continue.

Overall the event was a huge success, with many new sign-ups to local activities by children and young people, a heightened awareness of the wide range of activities available, new opportunities for collaboration between local community and youth organisations and an insight into how different community spaces can be used creatively to bring the community together.

As the PYC enters its third year, their hope is to offer more positive activities and solutions, and to also attract more members and support. For more information, please contact Island Community Action at office@islandcommunityaction.org.uk or call 01305 823789.









Duke of Edinburgh Award Portland Pilot Year Report 2023–2024



Delivery Timeline

OCTOBER

Volunteer recruitment and training
2 x funding applications submitted – Dorset Council (DC)
and John Thornton Young Achiever's Foundation (JTYAF)

NOVEMBER

Information session for young people and parents

DECEMBER

Launch and registration
Funding awards agreed

JANUARY

Introduction to DofE and team building session
Setting up eDofE and agreeing section planning session

FEBRUARY

Navigation and map reading session
Cooking and meal planning session

MARCH

Trip to Go Outdoors, Poole to purchase new kit
Camping skills session

APRIL

Practice camp, Cerne Abbas
Planning for Purbeck camp session
Practice expedition, Purbeck

MAY

Assessed expedition route and meal planning session
Assessed expedition project planning session
Volunteer recruitment information session

JUNE

Outline of assessment criteria for expedition session
Assessed expedition, Purbeck
Recruitment assembly for 2024-2025 intake

JULY

Project presentation and 'fun' awards
Showcase recruitment and fundraising event
2024-2025 registration and section planning

AUGUST

Summer break

SEPTEMBER

New intake introduction camp on Portland
Award Presentation for 2023- 2024



Achievements

PARTICIPANT DEMOGRAPHICS:

Number of young people = 10

7 x Yr 9

2 x Yr 10

1 x Yr 11

3 x Pupil Premium

2 x SEN

1 x young carer x 1

2 x medical needs



EXPEDITION SKILLS:

3 x camps

2 x 2hr training sessions

Attendance @ 92%

HOURS VOLUNTEERED:

Young people x 1,490

Volunteers x 220

**(includes expedition
overnight hours)**



**DISTANCE: 9 of the young people have each walked 44km
(27.3 miles)!**

Resources Secured

THANKS TO

**Dorset Council
Resilience Fund
£1,000**

**John Thornton Young
Achiever's Foundation
£1,700**

Kit now owned:

**5 x tents
11 x sleeping bags
10 x rucksacks (and liners)
10 x roll mats
10 x pairs of walking boots
10 x waterproof jackets
10 x waterproof trousers
2 x camping stoves
(meths)
2 x travel first aid kits
2 x OS maps Purbeck**

Additional donations:

**Thick blanket
2x camping stoves
(gas canisters)
3 x hammocks
2 x map cases
pots, pans, cutlery**



NEW / IMPROVED

LIFE SKILLS

Basic First Aid
Cooking
Communication
Commitment
Critical thinking
Decision making
Employability
Focus
Initiative
Leadership
Planning
Problem solving
Responsibility
Self awareness
Self management
Teamwork
Time management

HEALTH & WELLBEING

Aspirations
Confidence
Connections
Fitness
Friendships
Happiness
Independence
Positivity
Resilience
Self belief
Self expression
Self esteem
Sense of identity

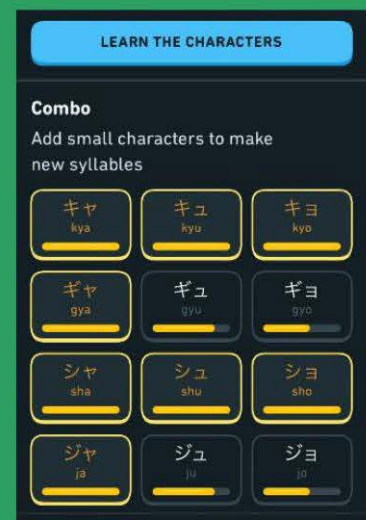


New Skills Learnt

Minimum 1 hr per week x 3 months

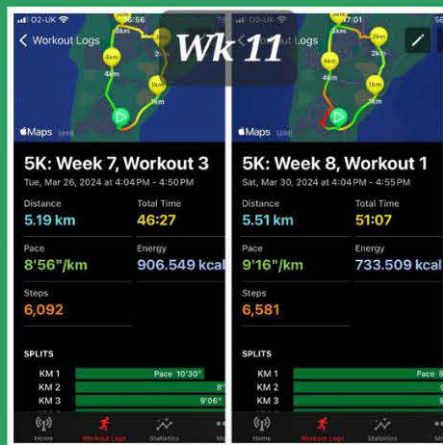
3 x a language
3 x a musical instrument
1 x crochet
2 x animal care
1 x artistic skills

SECTION ACHIEVED 100%



Physical Challenge Completed

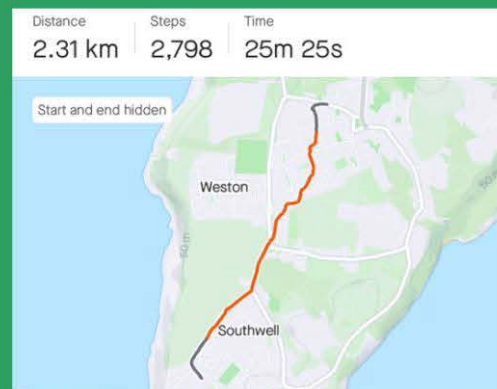
Minimum 1hr per week x three months



1 x Couch to 5k
2 x walking fitness
3 x netball x
1 x dance
1 x roller skating
1 x climbing
1 x kite surfing



SECTION ACHIEVED: 100%



Volunteering in the Community

Minimum 1hr per week x 6 months



9 x Portland Youth Council

**1 x Young Leader
(at Youth Board Gaming Group)**

SECTIONED ACHIEVED 100%



Training, Planning and Leading an Expedition and Associated Project

Completed 13 x 2hr training sessions for the expedition

Completed independent planning sessions for the expedition, including agreeing routes, roles and meals/ shopping

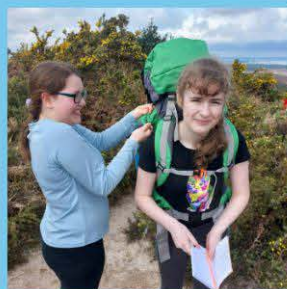
Attended 3 x shopping trips for food and equipment

Completed x 2 practice expeditions and camps

Successfully completed an assessed, independent expedition and camp

Successfully planned, collected data and presented their Team Projects to a 'live audience'

SECTION ACHIEVED 90%



Participant's Take

"I discovered that I really like the hot food that I cooked in the rain!" Gabe

"Walking across the hilltop was fun because we were all laughing and the scenery was really nice." Lillian

"I think that learning how to put up a tent will be a good skill to have because it's fun to camp with your friends." Grace

"I feel really proud of myself for what I've achieved today. I never thought I'd be able to walk that far." Issy G

"Walking with your friends is really fun, our group laughed so much." Chloe

"I was in charge of getting quotes from our group for our project, it kept me focused and made me laugh a lot." Isy B

"I've learnt that I'm the best cook of my team which I've enjoyed doing. I also took some very aesthetically pleasing photos for our group project which I'm proud of." Leah

"I've learnt a lot about map reading and navigation, so felt pretty impressed with myself when it was my turn to use the compass to get our bearings." Lola



Going Forward

**From August 2024
Dorset Council stopped all of it's
involvement in the DofE initiative.**

**In response, ICA has agreed
to take on delivery of
for Portland's open DofE Award
as a Licenced Organisation .**

**We been working in
collaboration with
Atlantic Academy
to achieve this.**

**28 young people have enrolled
for the 2024 – 2025
Bronze Award group!**

**8 volunteers have been recruited to help
support the delivery of the Award.**

COMMUNITY

SENIOR'S CHRISTMAS MEAL

ICA's annual festive lunch for 85 older residents at The Lobster Pot, Portland Bill



ADVENT ANGELS

Special treats for 24 local community champions, from those who've volunteered or supported another person or cause to those who've survived a challenging period in their life.

Advent Angels are nominated for by the community. Each receives a hamper package donated by local residents or businesses.



CULTURE. HERITAGE. NATURE & THE ENVIRONMENT

BIO-BLITZ FOR 2024

Throughout the 2023-2024 funded period ICA's BioBlitz and Environment Days engaged with 292 separate Atlantic Academy students. During these sessions students got hands-on with a multitude of different animals and plants/ We received 100% positive feedback from participating students.

To deliver the sessions, ICA worked with a range of local experts and enthusiasts, all of whom have committed to collaborate with the project long-term



COMMUNITY CRAFTERS

Community Crafters (crafting for community-based good causes) aims to reduce isolation and loneliness and strengthen community and intergenerational bonds through a range of large-scale crafting projects.

EASTER TREASURE HUNT – 2024

1,366 individual items were distributed to over 500 children during ICA's 2024 Easter Hunt.

The items were provided by ICA's Community Crafters team who made and donated 200 small, knitted egg decorations (each containing a small egg), 78 large Easter toys (each with one or more eggs), 200 individual cakes, 30 hot chocolates and 60 small Easter chocolates.

Separate fundraising also enabled ICA to donate a further 80 large eggs, 250 small eggs, 90 mixed Easter treats and 100 sunflower growing kits.

Here are a few shots of the event, including our Lucky Ducky star prize hamper winner.



WOOLLY WATERS – SUMMER 2024

This public art installation was created by 54 crochet and knitting legends, who made and donated 400 items. A team of supporting ladies then volunteered nearly 100 hours, over five weeks, to sew all the crafted items onto the fishing net backdrop. The oldest contributor was 89yrs and the youngest 14yrs. The installation also formed part of b-side's 2024 Fringe Festival.



OCTOPI – 2024

Octopi created for every new baby born on the island continued throughout 2024.



COMMUNITY REPRESENTATION

Over the last year ICA has also represented Portland's community across a range of different steering/working groups, including:

1. Continued from the previous year...

- The Integrated Care Partnership (ICP)...
 - Portland Health & Wellbeing Steering Group
 - Family Hubs Development Group
 - Integrated Neighbourhood Working Group (frailty, falls etc.)
- Portland Hospital Development Group
- Dorset Community Mental Health Alliance Group
- Weymouth and Portland Innovation Group (Mental Health & Wellbeing)
- Weymouth and Portland Community Research Network
- High Angle Battery Delivery Group
- Bibby Stockholm Community Group.

2. New for this year...

- Portland Local Alliance Group (Children, Young People and Families)
- Dorset Towns of Culture (Weymouth and Portland chosen for 2025).

Of these, the most significant over the year has been our work with the ICP.

As referenced in last year's evaluation, this work started with a public meeting, chaired by ICA, regarding the increasing challenges with Portland's healthcare. ICA was asked to take a position on the Portland Health & Wellbeing Steering Group to represent the island's residents.

The following slides describe the journey of that partnership work to date.

PORTLAND'S HEALTHCARE SERVICES

CREATING AN IMPROVED HEALTH AND WELLBEING OFFER FOR PORTLAND - THE STARTING POINT

In February 2023, Portland's community came together with members from Dorset's Integrated Care Partnership (ICP) - made up of the NHS, councils and groups from the community and voluntary sector.

The public meeting, organised by the Portland Hospital Development Group and chaired by Island Community Action (ICA), presented 12 questions to the ICP panel. All focused on Portland's significant health and wellbeing challenges, including:

Portland Hospital

(including the loss of its MIU, Xray and beds)

GP and hospital access -

regular and same day/urgent

(including securing appointments, accessing services on and off the island, and the range of services and support available locally for families, children, older people and those with chronic and critical conditions)

Dentistry and pharmacy

Community-based (non-statutory) services

PORTLAND'S HEALTHCARE SERVICES

THE LAST 12 MONTHS

The public meeting ended with a commitment from the ICP to continue the conversation and work towards an improved and more focused health and wellbeing offer for local residents.

In the 12 months that followed, the ICP (working collaboratively with representatives from Portland's community, delivered:

A new Portland Steering Group
(to help develop and drive activity)

30+ Community Conversations
(in-depth conversations with a range of local people focused on their everyday lives, including the positives and challenges).

Current stats analysis (clinical and non-clinical)

Public feedback/engagement sessions.

"We recognise that our vision for working together to achieve the best possible improvements in the health and wellbeing of our communities can only be achieved by listening to, and working with, people and communities.

Never before has there been such strong recognition of the importance of working together with people and communities – with you."

PORTLAND'S HEALTHCARE SERVICES

DORSET'S INTEGRATED CARE PARTNERSHIP
(NHS, COUNCILS AND THE VOLUNTARY SECTOR)
HAVE COMPLETED THEIR 12 MONTH REVIEW
OF PORTLAND'S HEALTHCARE OFFER

YOU ARE NOW INVITED TO FIND OUT
ABOUT THE WORK THEY'VE BEEN DOING
AND THEIR FUTURE PLANS FOR
OUR ISLAND'S SERVICES



TUESDAY 14TH MAY
EASTON METHODIST HALL
7-8.30PM (FEEDBACK)
8.30-9PM (REFRESHMENTS)

PORTLAND'S HEALTHCARE SERVICES

HIGHLIGHTS FROM THE PUBLIC FOLLOW-UP MEETING WITH DORSET'S INTEGRATED CARE PARTNERSHIP (NHS, COUNCILS AND THE VOLUNTARY SECTOR)

FAMILY HUB

Portland Family Hub confirmed. Portland Hospital proposed as main hub (TBC), with additional outreach across island. Phase 1 launch autumn 2024.

ROYAL MANOR HEALTHCARE

Improved telephone system and e-consult services.

New GP provision at Portland Hospital (pilot project offering GP services two days a week).

Leg Club

Creation of a Lower Limb Health team to incorporate and link other services (e.g. diabetes, podiatry, district nurses and hospital consultants).

Expanded Patient Participation Group.

PORTLAND HOSPITAL

Increased range of services operating and planned.

Includes district nurses, health visitors, community rehabilitation teams, frailty support, physiotherapy, podiatry, pulmonary rehabilitation, COPD clinics, pain management, anti-coagulation and heart failure support, mental health support (e.g. psychiatric clinics, community health teams and counselling), visiting screening services (e.g. diabetic eye and mobile breast units + MRI scanner), COVID-19 vaccine clinics and Citizens Advice.

PORTLAND'S HEALTHCARE SERVICES

HIGHLIGHTS FROM THE PUBLIC FOLLOW-UP MEETING WITH DORSET'S INTEGRATED CARE PARTNERSHIP (NHS, COUNCILS AND THE VOLUNTARY SECTOR)

IMPROVED COMMUNICATION

Monthly ICP information updates in Free Portland News
(under banner OUR DORSET).

New OUR DORSET website dedicated to Portland.

PHARMACY

Fortuneswell and Easton teams merged, creating a
new management team and improved service offer.

ICP ADDITIONAL PRIORITIES

Improving support for those with long-term conditions.

Addressing root causes for frequent users of
urgent care services.

Improving 'at home' support to prevent hospital
admissions (e.g. provision of Acute Hospital at
Home/Virtual Wards to support those needing health
care at home - can also include remote monitoring).

Focus on pro-active prevention and regular
reviews for the most vulnerable.

OTHER

New Dorset apprenticeship and training schemes for
healthcare professionals, including dentists.

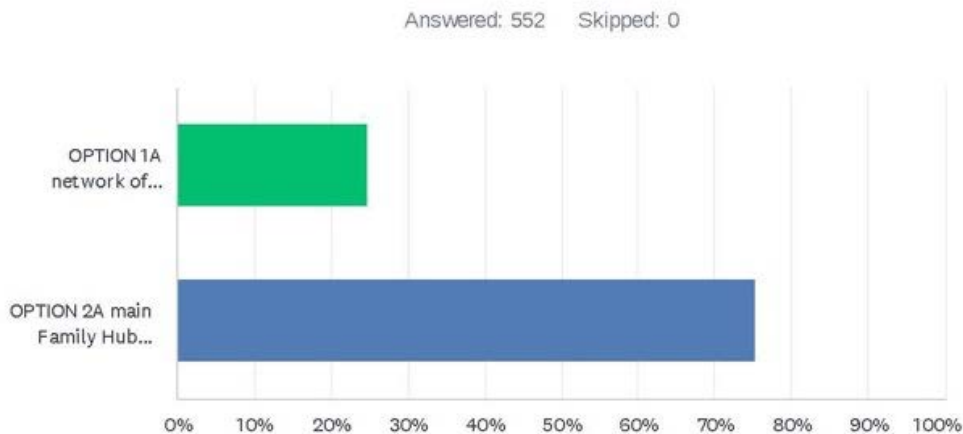
Collaboration between NHS, councils and community
sector organisations to continue across health and
additional areas (including social care and transport).

Portland creating blue print for rest of Dorset.

FAMILY HUB – As part of ICA’s ongoing representation work across health and wellbeing, we have also supported Dorset Council with the development of Portland’s Family Hub.

Initially, the proposal was to deliver this offer via a range of small satellite hubs across the island. However, following conversations with local residents, ICA proposed that a central hub should be provided in addition to any satellite offer, putting it in line with other areas of Dorset. To test this proposal, Dorset Council asked ICA to deliver a community consultation exercise on behalf of Dorset Council.

Q6 Location options (please tick your preference)



ANSWER CHOICES	RESPONSES	
OPTION 1A network of venues across the island, including Islander's Youth & Community Centre, Portland Community Venue and Portland Library. Option 1 would see the identified buildings developed to offer spaces such as:-Private rooms for one-to-one appointments, such as midwifery, health visiting and counselling.-Multi-purpose rooms for group and workshop sessions and meetings.-Spaces for larger groups, such as stay and play sessions or activities for young people.Venues would work collaboratively to plan and deliver services and support across the different sites, with clear information for families so they know what they can access where and when.	24.82%	137
OPTION 2A main Family Hub located on the site of Portland Community Hospital.This option would also include a range of services and activities at other local sites, including those identified in Option 1. In addition, Option 2 would see part of the hospital renovated to provide dedicated spaces such as:-Private rooms for one-to-one appointments, such as midwifery, health visiting and counselling.-Multi-purpose rooms for group and workshop sessions and meetings.-Spaces for larger groups, such as stay and play sessions or activities for young people.-A reception area providing a warm welcome for anyone wanting to drop in order to access information, advice or support.Again, venues would work collaboratively to plan and deliver services and support across the different sites.	75.18%	415
TOTAL		552

The consultation covered everything from the type of services to be delivered to the method of delivery and their physical location. When it came to location, the results were clear with 75% opting for a main hub with satellite support. – 552 responses were received in total.

As a direct result of this consultation, Dorset Council are now working with NHS Dorset to develop the Family Hub at Portland’s Community Hospital. This will be complemented by a smaller satellite offer at the top of the island.

ADDITIONAL COMMUNITY CONSULTATIONS

During the funded period ICA have delivered a range of other consultations, including...

The Pulpit Inn – A local consultation to ascertain the community’s interest in purchasing The Pulpit Inn for community use.

In addition to the question of ‘purchase’ the consultation asked residents about their service/activity preferences and key priorities e.g. affordability and accessibility for the site.

We received 551 responses, with 91% stating an interest to purchase.

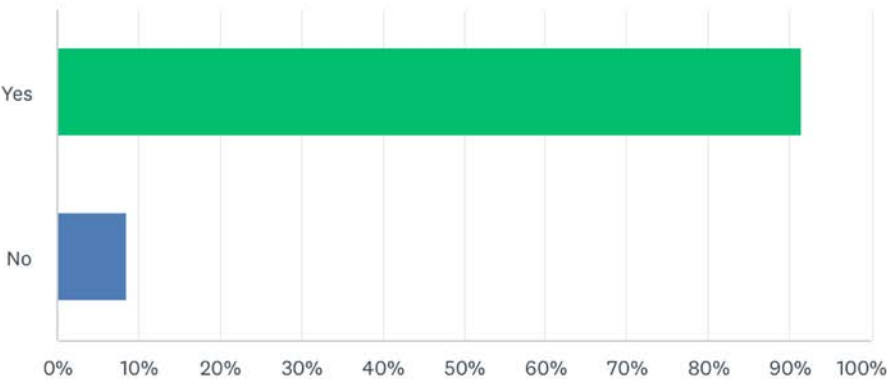
As a direct result of this consultation, ICA and b-side collaboratively registered the venue as an Asset of Community Value.

Along with The Portland Association, ICA and b-side are also in the process of forming the Future Portland Community Benefit Society, which will allow us to take a more collaborative and proactive role in large-scale community-based initiatives.

The Pulpit Inn represents the first of these initiatives. We are now progressing this work to look at purchase and development options.

Are you in favour of a community bid to purchase and develop The Pulpit Inn site? This could be refurbishment or build (please tick)

Answered: 551 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	91.47%	504
No	8.53%	47
TOTAL		551

PARTNERSHIPS and COLLABORATIONS

TABLE 5: LIST FOR 2024 – TOTAL 103 ORGANISATIONS

PARTNER		NATURE OF PARTNERSHIP
1	1 st Portland Scouts	Event, promotion, referrals and transport support
1	Ants on a Rock	Transport support and provided group with promotional opportunity via Island Vibes event.
1	Atlantic Academy	Consultations, events, Growing Local activities, and project delivery
1	Bobbys Bargain Bookcase	Collaborative project, promotion and donation coordination
1	Bibby Stockholm Barge	Volunteer recruitment, and funding advice and infrastructure support for community groups applying for Asylum Seeker Community Fund.
1	b-side	Events and collaborative projects, including Future Portland collaboration
1	Bournemouth University	Joint project delivery – UKRI funded ‘Weymouth and Portland Research Network’
1	Casterbridge Speakers	Collaborative workshop
1	Chemists, including Boots Easton	Prescriptions
1	Chesil Equestrian	Event
1	Chesil Walled Garden	Volunteer recruitment and promotion
1	Chesil Youth Pride (Dorset Council, Space Youth Project, The Drop In Portland, Weymouth College, Dorset Police)	Youth consultation
1	Children's and Adolescent Mental Health Service	Advice and Youth consultation
1	Domiciliary care providers	Volunteer recruitment and collaborative projects
1	Dorset Blind Association	Volunteer recruitment, promotion and referrals
1	Dorset Citizen's Advice Bureau	Advice, information sharing and collaborative events
1	Dorset Community Action	Cross-referrals
3	Dorset Council – Adult Social Care & Children's Services	Transport for their trips
3	Dorset Council – Other (Communities & Partnerships; Environment, Policy & Partnerships; Social Mobility Commissioning and Refugee Resettlement Team)	Joint projects, funding, advice, information sharing, input into Dorset's evolving statutory offer, Portland based project support.
1	Dorset Integrated Care Partnership (NHS, Dorset Council and a range of voluntary organisations)	Joint project delivery. ICA a lead partner on the Portland Healthcare Steering Group and Portland Hospital & Healthcare Development Group
1	Dorset Mind	Advice, information sharing. cross-referrals
3	Dorset hospitals (Dorset County, Westhaven and Weymouth)	Support referrals for hospital leavers
1	Dorset Fire & Rescue	Advice, information sharing. cross-referrals
1	Dorset Memory Box Library	Volunteer recruitment, donation coordination and joint evaluation / client consultation.
3	Dorset NHS (Transformation Team, Strategic Commissioning, Urgent Care)	Support referrals for hospital leavers
1	Dorset Super League Darts	Transport for their trips

PARTNER		NATURE OF PARTNERSHIP
1	The Drop-In Portland Youth Service	Events, activities and referrals.
1	Duke of Edinburgh's Award	Collaborative training and project delivery
1	Eden Portland	Consultation, collaborative events and activities
1	EPIC Games Dorset	Collaborative events
1	European Parliament	Youth consultation and workshop
1	Friends of Victoria Gardens	Volunteer management, recruitment and infrastructure support
1	Grove Prison Museum	Volunteer recruitment and donation coordination
1	Housing & Care 21 (Foylebank Court)	Lunch clubs, training kitchen
1	Island & Royal Manor of Portland Rotary	Funding, information sharing, event support and transport for their trips.
2	Isle of Portland Orchids	Collaborative workshops
1	Islanders Youth and Community Centre	Advice, volunteer recruitment, referrals and collaborative project
1	King Ramps	Collaborative skateboarding workshops and Island Vibes event
1	Lantern Trust	Cross-referrals and joint project delivery – UKRI funded 'Weymouth and Portland Research Network'
1	Macpherson House	Transport for their trips
1	NHS Health Visitor team	Collaborative project, information sharing and referrals.
1	Nothe Fort	Collaborative events
1	Opera Circus	Staff and resource sharing, activities and project delivery.
1	Platinum Dance & Acrobatics School	Provided group with promotional opportunity via Island Vibes event.
1	Portland Carers Group	Advice, information sharing, cross-referrals
1	Portland Churches	Information sharing, cross-referrals
1	Portland Community Hospital	Service support, cross-referrals
1	Portland Community Partnership (PCP)	Advice, information sharing, project support.
1	Portland Connect / Tricuro	Cross-referrals
1	Portland Community Fridge	Information sharing
1	Portland Foodbank	Shared resources, cross-referrals
1	Portland Gig Rowing Club	Advice
1	Portland Marina	Joint projects
1	Portland Library	Information sharing and project delivery
1	Portland Outdoor Centre	Event and promotion
1	Portland Permaculture Group	Growing Local stakeholder
1	Portland Town Council	Portland Project co-funder, information and resource sharing, Growing Local stakeholder?
1	Portland United Football Club (Youth)	Transport for their trips
1	Public Health Dorset	Growing Local stakeholder, ICA also member of the Dorset Health & Wellbeing Board

PARTNER		NATURE OF PARTNERSHIP
1	Raeys Martial Arts	Provided group with promotional opportunity via Island Vibes event.
1	Room 2 Reward	Promotion and project delivery
1	Royal Manor Health Centre	Data sharing, cross-referrals, volunteer recruitment and Growing Local stakeholder
1	Royal Manor Theatre	Event, promotion and volunteer recruitment
1	Save The Children	Advice and bespoke training workshop for Portland Youth Council
1	Southwell Area Living Together (S.A.L.T)	Event support and transport for their trips
1	St George's Primary School	Project promotion
1	St John Ambulance Portland	Promotion, advice, collaborative workshop and training
1	Steps Youth Service	Joint project delivery – UKRI funded 'Weymouth and Portland Research Network'
1	Sweethill farm	Event, promotion, collaborative project and advice
1	The Community Hub Boxing Academy	Provided group with promotional opportunity via Island Vibes event.
1	The Open Arms	Promotion, referrals and advice
1	The Portland Association	Future Portland collaboration
1	The Sanctuary	Volunteer recruitment, cross-referrals, infrastructure support for funding and governance.
1	UK Parliament	Collaborative training workshop for Portland Youth Council
3	Universities (Bournemouth, Exeter and Nottingham Trent)	Information sharing, joint projects and funding bids and conference ./ event support
13	Venues	C2000, Easton Methodist Church, Lobster Pot, Masonic Hall, Islanders Youth and Community Centre, Royal Manor Health Centre, St. George's Centre, St. Georges primary school, St. John's Hall, Wellworthys Sports & Social Club, Sweethill Farm, Wyke Regis Community Centre, and YMCA
1	Volunteer Centre Dorset	Joint projects, advice, information sharing, DBS checks, PR, general support (including VC Connect)
1	Weldmar Hospice Dorset	Advice and event support, volunteer recruitment, signposting and project delivery
1	Weymouth and Portland Marine Litter Project	Signposting and promotion
1	Wyke Regis / Lanehouse Medical Practice	Data sharing, cross-referrals and volunteer recruitment

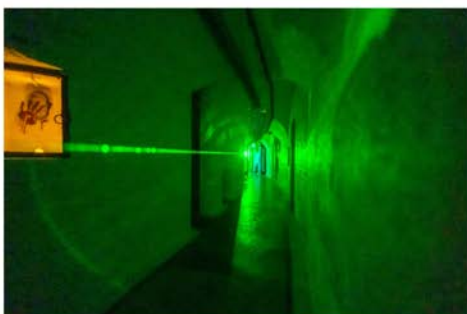
ISLAND COMMUNITY ACTION
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Receipts					
Grants and donations	2	9,750	120,256	130,006	131,346
Fundraising and sponsorship		2,392	1,060	3,452	2,011
Motor vehicles/Minibus		15,345	-	15,345	11,305
Clubs and Memory Café		19,082	271	19,353	17,272
Interest		320	-	320	27
Total receipts		46,888	121,587	168,475	161,961
Payments					
Portland Shed demerged from ICA		-	-	-	9,917
Souvenirs of Place and Love purchases		-	-	-	9,035
Salaries and wages	3	5,000	86,635	91,635	87,772
Pension		-	4,286	4,286	1,912
Shop Purchases and Consumables		-	13,912	13,912	3,072
Events tickets		-	1,175	1,175	-
Rent		7,800	1,144	8,944	9,636
Rates, water and electric		5,766	-	5,766	2,940
Insurance		-	1,408	1,408	2,073
Telephone		-	-	-	10
Postage, stationery, printing and advertising		-	540	540	437
Photocopier Hire		1,282	-	1,282	(401)
Motor		3,097	12,073	15,170	9,043
Vehicle hire		-	1,215	1,215	-
Repairs and maintenance		-	80	80	1,037
Subscriptions and membership fees		200	272	472	231
Sundries		517	208	725	913
IT		1,220	1,260	2,480	2,086
Christmas box donations		-	-	-	-
Training, tutors and speakers		-	9,285	9,285	7,408
Fundraising		475	2,000	2,475	1,221
P.R. and marketing		499	768	1,267	1,257
Room hire		180	10,095	10,275	6,720
Accountancy fees		102	1,644	1,746	1,716
Consultancy fees		-	30	30	-
Catering Costs		-	-	-	2,290
Capital					
Computer equipment		-	-	-	-
Fixtures, fittings and equipment		386	-	386	(725)
Total payments		26,523	148,031	174,554	159,600
Net receipts before transfers		20,365	(26,443)	(6,078)	2,361
Transfers between funds		(28,637)	28,637	-	-
Net movement in funds at bank and in hand for the year		(8,272)	2,194	(6,078)	2,361
Bank and cash balances 31 March 2023		20,056	88,669	108,725	106,364
Bank and cash balances 31 March 2024		11,784	90,863	102,647	108,725

FUNDRAISING

ICA continues to deliver large scale fundraisers, including Nothe of the Living Dead.

The theme for this year's event was Dead Men Tell No Tales, a marine inspired adventure featuring zombie pirates and a host of marine monsters. The event, which sold out and attracted 107 volunteers of all ages and backgrounds, is a charity fundraiser between ICA, EPIC Games Dorset and Nothe Fort.



ADVERTISING & PR

ICA has continued to benefit from promotion across a range of media platforms, including BBC Radio Solent, Wessex FM, 105 FM, the Dorset Echo, the Free Portland News, partner newsletters and social media.

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Integrated Care Partnership meeting with Portland community

16th May

HEALTH PORTLAND



Residents have say on healthcare one year on from public meeting (Image: Cristiano Magaglio)



By Cristiano Magaglio

Community Reporter

[@CristianoJourn](#)

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0 Comments

A PARTNERSHIP of healthcare, volunteer and council groups heard local concerns at a public meeting on Portland.

In February 2023, Portland's community joined Dorset's Integrated Care Partnership (ICP) - comprised of the NHS, Dorset Council, community groups and the voluntary sector to address the isle's significant health and care challenges.

The ICP said at the time it was committed to working towards improving services for locals.

More than one year on the ICP held another meeting to update the community and address concerns.

Island Community Action: Registered Charity 1157970

The Easton Centre, Portland, Dorset, DT5 1EB / 01305 823789

office@islandcommunityaction.org.uk / www.islandcommunityaction.org



Held at the Easton Methodist Church Hall, more than 80 members of the public attended.

Emphasised throughout the meeting were the efforts by the groups to work together to address the community's needs.

One of the largest issues has been transport on and off the island, particularly for specialist care not possible on Portland. Volunteer groups have even sometimes been needed to step in and bridge the gap.

Addressing transport, NHS Dorset Chief Medical Officer Dr Paul Johnson said: "We would love to say we got transport done. It is a big challenge but it is something we are working on. It is a struggle to get anywhere in the county given the rurality."

Also of concern to residents was Portland Community Hospital, which is often regarded as underutilised and diminished.

[Read more: Growing anger over cuts at Portland Hospital](#)

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Laura Godfrey, a GP working with practices across Dorset, spoke about the Minor Injuries Unit at Portland Hospital. She said: "Support is needed and should be available but when we looked at the data it was much wider. It was about the care of elderly people, mental health, social isolation, and support for young families. A Minor Injuries Unit is not going to solve all these issues.

"We have been working together and the key thing is to break down these walls between services. So we can provide you with the right care and support rather than working in a little bubble. Getting this right will take time.

Weymouth and Portland named next Towns of Culture for 2025

6th August



Weymouth and Portland are well known for artistic events such as B-side, Inside Out and artistic features such as sand sculptures (Image: Graham Hunt, Lisa Lindqvist, B-side and Pete Millson)

By Tom Lawrence

Reporter

[X@tlawjourn](#)

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2 Comments

WEYMOUTH and Portland will become the next Towns of Culture after winning a joint bid.

Representatives from local councils, and organisations representing the arts, business and communities in Portland and Weymouth are celebrating after learning their bid to become Dorset Towns of Culture 2025 was successful.

It is part of a new County of Culture scheme which will see a town, village or hamlet named the cultural capital of Dorset and lead to a year of cultural activity, backed by funding.

As previously reported, Weymouth and Portland had applied to become the next Town of Culture, following Bridport which became the first Town of Culture in a trial period for the second half of 2024.

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The Easton Centre, Portland, Dorset, DT5 1EB / 01305 823789

office@islandcommunityaction.org.uk / www.islandcommunityaction.org

Weymouth and Portland faced competition from Sherborne, with Sherborne Town Council having also submitted a bid.

The initiative is run by the Arts Development Agency which today announced that Portland and Weymouth will take the baton from Bridport in 2025, which will see a year of creative events planned across the two towns.

Rocca Holly-Nambi, Director, b-side, said: "We are delighted Portland and Weymouth are Dorset's Town of Culture 2025. Weymouth and Portland have a diverse, vibrant, and ambitious art scene.

"We know this venture will be the catalyst to reveal, showcase, and celebrate our many creative people and places.

"Together we will co-create a year of culture that propels us towards a creative future, for all those that live, love, and visit our unique home."

Matt Ryan, Town Clerk at Portland Town Council, and Jane Biscombe, Town Clerk at Weymouth Town Council, said: "Both Town Councils are looking forward to working with local residents, artists, and community organisations to help deliver a year of fun and creativity where everyone can have a go at new skills, develop existing ones or just enjoy some new experiences taking place across Portland and Weymouth."

Kate Wood, Artistic & Executive Director at Activate Performing Arts, said: "Activate are thrilled with this success.

"We have had the real pleasure of working in Portland and Weymouth for many years – bringing international artists to present extraordinary performances, working with artists based in the county and running workshops with children and community groups.

"Everyone we have spoken to has a real appetite for more creative activity for the towns.

"We are looking forward to working with all the partners and the communities and bring our two rules with us: anything's possible, and everyone's invited."

Kim Wilcocks, CEO, Island Community Action, added: "Island Community Action are absolutely thrilled to be part of the winning team selected for Dorset's County of Culture, 2025.

"We look forward to working alongside our phenomenal partners and the community to deliver an amazing year of creative, innovative and inspirational events and activities."

Dawn Rondeau-Irvine, Chief Operations Officer, We Are Weymouth, said: "Working in partnership to achieve this result for Portland & Weymouth is incredible news, for everyone.

"We are excited about the possibilities for our towns as both the businesses and residents enjoy developing new initiatives to build on the arts and culture scene.

"We hope this will create positive change for the local economy both in 2025 and beyond as we build on this legacy for future generations."

Arts Development Agency CEO David Lockwood added: "I'm delighted that Portland and Weymouth will be joint Towns of Culture for 2025.

"The ambition for culture to transform people and place is inspiring, as is the collaboration between creatives, communities, businesses and civic organisations.

"I can't wait to see and experience the extraordinary cultural activity that this opportunity will unleash, and to enjoy the legacy for years to come."

For more information about Towns of Culture 2025, visit the Arts Development Company **[website](#)**.

Further announcements about events and activities and how to get involved will be publicised by the partners in due course.



Island Community Action

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FUTURE PORTLAND

Originally delivered as a collaborative project between ICA, b-side and The Portland Association to inspire and empower residents to protect and enhance their local environment, biodiversity, and significant landmarks, Future Portland's founding members have since gone on to form the Future Portland Community Benefit Society (CBS).

DONATE TO ICA AND YOUR MONEY
STAYS ON THE ISLAND, SUPPORTING
LOCAL PEOPLE AND PROJECTS.



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PORTLAND PROJECT

Running 2021-26, The Portland Project is part-funded by the National Lottery Community Fund and Portland Town Council. The Project's workstreams are outlined below:



DONATE TO ICA AND YOUR MONEY
STAYS ON THE ISLAND, SUPPORTING
LOCAL PEOPLE AND PROJECTS.



REFLECTIONS & THE FUTURE

Like last year, 2024 has been a year of ups and downs – with the downs taking centre stage, from the continued impact of the ongoing financial and political crisis to the devastating news that the government had approved Powerfuel's plans for an incinerator at Portland Port. The repercussions of these events have been felt by most of us, whether as residents or local organisations.

The impact on ICA has been significant. We have seen a continued increase in our volume of work, as we become more involved in the larger-scale initiatives set up to combat the island's ongoing challenges. These initiatives have included positive ongoing collaborations with Dorset Council around the soon-to-be-opened Portland Family Hub and Dorset NHS's Integrated Neighbourhood Working Group, focusing on frailty and falls.

We have also experienced success working in collaboration with Portland and Weymouth Town Councils, Activate Performing Arts, b-side, Portland Sculpture & Quarry Trust and We Are Weymouth, which culminated in a successful partnership bid to host the 2025 Dorset Town of Culture initiative. Run by the Arts Development Company, with Dorset Council input, will see this partnership come together with the wider community to deliver an inspirational year of cultural activity across 2025.

In addition, 2024 saw us continuing to support Dorset Council's Rediscovering the High Angle Battery Project, managing Portland Youth Council and taking over the non-uniformed delivery of Portland's Duke of Edinburgh's Awards programme.

With all this in mind and looking ahead to 2025, our key priorities will focus on:

- **Growing our income** – we currently have only 1.5 years left under our National Lottery Reaching Communities grant and must work hard to raise our income and reduce our reliance on grant funding, if we are to secure our long-term sustainability.
- **Collaboration and consultation** – we will continue to prioritise both activities as key routes through which to tackle Portland's challenges. This will include strengthening and diversifying our partnerships with statutory and non-statutory organisations.
- **Community engagement** – we will continue to prioritise working with local residents to ensure our approaches, activities and services always reflect their wants and needs. We will also strive to progress and support their engagement to inspire more with the confidence to proactively contribute to (and drive) the delivery of local projects, whatever their skills, knowledge, experience, personal circumstances or availability.
- **The Future Portland Community Benefit Society** – set up to provide a mechanism through which to support and drive the delivery of a more diverse and impactful range of projects that our community deem important.

In conclusion, we can confidently say that this has been our most challenging yet successful year to date. A year that has not only seen us implement many new approaches but has also raised a hugely important conundrum – how do we continue to deliver against the ever-increasing demand being placed on us especially as we enter the penultimate year of National Lottery funding.



Kim Wilcocks, CEO – ICA

ISLAND COMMUNITY ACTION

The Easton Centre
Portland
Dorset
DT5 1EB

Tel: (01305) 823789

Email: office@islandcommunityaction.org.uk

Facebook: www.facebook.com/islandcommunityaction

Twitter: https://twitter.com/ICA_PortlandUK

Website: <https://islandcommunityaction.org>

Opening Hours (for calls and visits – outside of these times email or message)	
Monday	10.00 am – 2.00 pm
Tuesday	10.00 am – 2.00 pm
Wednesday	10.00 am – 2.00 pm
Thursday	10.00 am – 2.00 pm
Friday	10.00 am – 2.00 pm
Saturday	CLOSED
Sunday	CLOSED

Management Committee

Chair – Douglas Pigg
Secretary – Anita Busby-Wilcocks
Treasurer – Mervyn Burden
Trustee – Pauline Carlyle

Employees

CEO – Kim Wilcocks
Project Manager – Jackie Carpenter
Project Manager – Katy Pascoe
Project Coordinator – Georgina Bolt
Project Coordinator – Nicky Turrell

All ICA staff are part-time.

ICA continues to work to a code of practice and ensure its Safeguarding and Equal Opportunities policies are adhered to at all times. ICA has full public and employer's liability insurance in place. A copy of these documents + our constitution and all other policies can be viewed at the ICA office.

ISLAND COMMUNITY ACTION

REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

ALBERT GOODMAN

CHARTERED ACCOUNTANTS

**LEANNE HOUSE
6 AVON CLOSE
WEYMOUTH, DORSET
DT4 9UX**

ISLAND COMMUNITY ACTION

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ISLAND COMMUNITY ACTION

CHARITY INFORMATION

Board of Trustees

Chairman	Douglas Pigg
Treasurer	Lynda Gallie
Secretary	Anita Busby-Wilcocks
Trustee	Diana Bedford

Charity Number

1157978

Charity Offices

The Easton Centre
Portland
DT5 1EB

Independent Examiner

Michelle Ferris FCA
Albert Goodman LLP
Chartered Accountants
Leanne House
6 Avon Close
Weymouth
Dorset
DT4 9UX

ISLAND COMMUNITY ACTION

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their report and accounts for the year ended 31 March 2024.

Constitution, objects and policies

The charity was originally administered and managed by way of a Constitution which was first adopted on 23 June 1998. The original charity registered with the Charity Commission on 15 April 1999 under charity number 1075124. A new Charitable Incorporated Organisation was formed and registered with the Charity Commission on 24 July 2014. The new Charitable Incorporated Organisation took over the assets and activities of the original charity with that original charity becoming a linked charity of the new Charitable Incorporated Organisation. The report and accounts for the year include the assets and activities for both charities. The objects of both charities are similar and are to promote any charitable purposes for the benefit of the community of Portland by associating together volunteers and organisations in a common effort to advance education, protect health, relieve poverty, sickness and distress.

Committee and Management

Day to day management of the charity lies with the Chief Executive Officer (CEO) reporting to the Board of Trustees, which includes a Chair and a Treasurer. The Board of Trustees holds a minimum of four face-to-face meetings in each year and other ad-hoc digital / online meetings, as required.

Investment Powers

The Constitution authorises the committee to use all money raised to further its objects and for no other purpose.

Public benefit

The charity has the public benefit in focus in all of its activities and all of those activities are directed at improving the quality of life of the residents of Portland.

Objectives, activities and achievements

Island Community Action (ICA) is a small, Dorset based charity. Since 1999, we have been supporting local communities through projects that:

- Tackle deprivation.
- Improve psychological, physical and social wellbeing.
- Reduce the impact of isolation and / or loneliness.
- Support individuals to live happier and more independent lives for longer.
- Increase life chances and quality of life through 'hands on' experiences, learning and training.
- Support those wishing to volunteer or offer volunteering roles.
- Improves community cohesion
- Inspires and facilitates collaborative working and the sharing of best practice across sectors
- Enable, support and showcase local enterprises, initiatives and activities that improve infrastructure and the environment, and contribute to regeneration and sustainable development

Under ICA's new five-year initiative, The Portland Project, 11 workstreams are being developed and delivered to achieve our objectives:

1. **HELPING HANDS** – Supporting those aged 50 years plus (in particular those impacted by poor mental, physical and / or social wellbeing, including isolation and loneliness) and also those of any age impacted by disability and / or serious, life limiting or terminal illness. Achieved through a range of over 20 activities and services, including befriending, lunch clubs and transport.
2. **CHILDREN, YOUTH, FAMILIES** – Working in collaboration with other organisations, to support their work and develop other complementary activities, including a youth volunteering scheme, life and leadership skills training, consultation activities, events and a Portland Youth Council.

ISLAND COMMUNITY ACTION

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

3. COMMUNITY DEVELOPMENT (ALL AGES) – Currently includes:

- **Community Connectors** – Residents, volunteers and organisations trained to identify and signpost those in potential need of support.
- **Community Forum** – A space for local organisations to network, coordinate support, forward plan and build capacity.
- **Community Hub** – Advice, information and signposting to local residents around non-ICA-related subjects.
- **Events** – One-off large-scale community events, including national celebrations
- **Infrastructure support** – Advice, information and training delivered or organised through ICA for other local community-based organisations.
- **Volunteer Bureau** – Support for those wishing to volunteer or offer volunteer roles, from recruitment to training and DBS checks.

4. CULTURE, HERITAGE, NATURE & THE ENVIRONMENT (ALL AGES) – Currently includes:

- **Community Crafters** – Using creativity and crafting for local good causes, with an aim to reduce isolation and loneliness, strengthen community and intergenerational bonds, and showcase Portland's amazing artistic talents.
- **Do One Thing** – Activities and events that engage and inspire individuals to protect and enhance Portland's amazing biodiversity and environment.
- **High Angle Battery** – Supporting Dorset and Portland Town Councils with all volunteer activities related to the HAB Improvements Project and its ongoing offer, to include the formation of a Friends of High Angle Battery group.
- **Nothe of the Living Dead** – An annual fundraiser between ICA, EPIC Games – Dorset and Nothe Fort. Described as a mash-up between The Walking Dead and Crystal Maze, the event sees participants attempt to solve a series of mental and physical challenges while being terrorised by a horde of hungry zombies.
- **Tales and Trails** – Interactive walking experiences that engage participants in Portland's landscape, biodiversity and environment, culture, history and heritage.
- **Victoria Gardens** – ICA supports the Gardens' volunteer gardening team.

5. RESEARCH, REPRESENTATION and REGENERATION – Currently includes:

- **Community Consultations** – ICA provides a range of community consultation services for itself and other organisations. Past clients include Eden – Portland, Dorset Council, NHS Dorset and Portland Town Council.
- **Collaborations and Representation** – ICA continues to work in partnership with a number of groups and networks to improve Portland's infrastructure and support offer across a number of strands, including...
 - **Children and Families** e.g. working with Dorset's Child and Adolescent Mental Health Services (CAHMS), Chesil Locality – Portland Local Alliance Group (lead – Dorset NHS) and the Portland Family Hub (lead – DC).
 - **Environment and Biodiversity** e.g. supporting the delivery of Portland's Biodiversity Plan (lead – Portland Town Council).
 - **Health and Wellbeing** e.g. Portland Healthcare Steering Group (lead – Dorset's ICS) and Developing an Integrated Care Model for W&P (lead – NHS).
- **Research and Development** – Weymouth & Portland Community Research Network – non-clinical (leads – ICA, Steps Youth Service, The Lantern Trust and Bournemouth University).

ISLAND COMMUNITY ACTION

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

- 6. FUTURE PORTLAND** – Originally delivered as a collaborative project between ICA, b-side and The Portland Association to inspire and empower residents to protect and enhance their local environment, biodiversity, and significant landmarks, Future Portland's founding members have since gone on to form the Future Portland Community Benefits Society (CBS).

Our organisations came together after local consultations revealed a strong desire for increased community-based innovation and vision for our island. Through the Future Portland CBS, we want to help address this ask by providing more support for the community development projects that our community deems important. The first initiative to be developed is The Pulpit Project.

Risk management

The Trustees have examined the major strategic operational risks which the charity faces and confirm that systems have been established to highlight and lessen these risks.

Reserves policy

It is the policy of the charity to maintain sufficient unrestricted funds to meet approximately six months unrestricted expenditure and to assist with funding any future developments.

Statement of Trustee's responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards relevant to smaller charities preparing their account on the receipts and payments basis.

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that Year. In preparing these financial statements, the trustees are required to:

select suitable accounting policies and then apply them consistently;
make judgments and accounting estimates that are reasonable and prudent;
state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Trustees on 30 January 2025 and signed on their behalf by:

D Pigg (Trustee)

L Gallie (Trustee)

ISLAND COMMUNITY ACTION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ISLAND COMMUNITY ACTION

I report to the trustees on my examination of the accounts of Island Community Action ("the charity") for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not comply with these records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Michelle Ferris BSc (Hons) FCA DChA
For and on behalf of

Albert Goodman LLP
Chartered Accountants

30 January 2025

Leanne House
6 Avon Close
Weymouth
Dorset
DT4 9UX

ISLAND COMMUNITY ACTION
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Receipts					
Grants and donations	2	9,750	120,256	130,006	131,346
Fundraising and sponsorship		2,392	1,060	3,452	2,011
Motor vehicles/Minibus		15,345	-	15,345	11,305
Clubs and Memory Café		19,082	271	19,353	17,272
Interest		320	-	320	27
Total receipts		<u>46,888</u>	<u>121,587</u>	<u>168,475</u>	<u>161,961</u>
Payments					
Portland Shed demerged from ICA		-	-	-	9,917
Souvenirs of Place and Love purchases		-	-	-	9,035
Salaries and wages	3	5,000	86,635	91,635	87,772
Pension		-	4,286	4,286	1,912
Shop Purchases and Consumables		-	13,912	13,912	3,072
Events tickets		-	1,175	1,175	-
Rent		7,800	1,144	8,944	9,636
Rates, water and electric		5,766	-	5,766	2,940
Insurance		-	1,408	1,408	2,073
Telephone		-	-	-	10
Postage, stationery, printing and advertising		-	540	540	437
Photocopier Hire		1,282	-	1,282	(401)
Motor		3,097	12,073	15,170	9,043
Vehicle hire		-	1,215	1,215	-
Repairs and maintenance		-	80	80	1,037
Subscriptions and membership fees		200	272	472	231
Sundries		517	208	725	913
IT		1,220	1,260	2,480	2,086
Christmas box donations		-	-	-	-
Training, tutors and speakers		-	9,285	9,285	7,408
Fundraising		475	2,000	2,475	1,221
P.R. and marketing		499	768	1,267	1,257
Room hire		180	10,095	10,275	6,720
Accountancy fees		102	1,644	1,746	1,716
Consultancy fees		-	30	30	-
Catering Costs		-	-	-	2,290
Capital					
Computer equipment		-	-	-	-
Fixtures, fittings and equipment		386	-	386	(725)
Total payments		<u>26,523</u>	<u>148,031</u>	<u>174,554</u>	<u>159,600</u>
Net receipts before transfers		20,365	(26,443)	(6,078)	2,361
Transfers between funds		<u>(28,637)</u>	<u>28,637</u>	<u>-</u>	<u>-</u>
Net movement in funds at bank and in hand for the year		(8,272)	2,194	(6,078)	2,361
Bank and cash balances 31 March 2023		<u>20,056</u>	<u>88,669</u>	<u>108,725</u>	<u>106,364</u>
Bank and cash balances 31 March 2024		<u>11,784</u>	<u>90,863</u>	<u>102,647</u>	<u>108,725</u>

ISLAND COMMUNITY ACTION

STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2024

	2024 £	2023 £
Current Assets		
Cash at bank and in hand		
Cash at Bank	102,647	108,725
Cash in hand	-	-
	<u>102,647</u>	<u>108,725</u>
Total bank and cash balances per receipts and payments account	<u>102,647</u>	<u>108,725</u>
Other Assets and Liabilities:		
Fixed Assets		
Motor vehicles and trailer	13,081	16,354
Fixtures, fittings and equipment	7,557	8,891
	<u>20,638</u>	<u>25,245</u>
Current Liabilities		
Creditors	(1,614)	(1,614)
	<u>(1,614)</u>	<u>(1,614)</u>
Net Assets	<u>121,671</u>	<u>132,356</u>

The accounts were approved by the Trustees on 30 January 2025 and signed on their behalf by:

D Pigg (Trustee)

L Gallie (Trustee)

ISLAND COMMUNITY ACTION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting Policies

Basis of preparation of accounts

The accounts are prepared under the historical cost convention and include the results of the charity's operations which are described in the Committee's Report and all of which are continuing.

The accounts have been prepared in accordance with applicable accounting standards.

Amounts in the Receipts and Payments Account are included as amounts are received and paid by the charity. The Receipts and Payments Account does not therefore include any accruals or prepayments.

Value added tax

Value added tax is not recoverable by the charity, and as such is included in the relevant costs in the Receipts and Payments Account.

2. Grants and Donations

	£
Restricted funds	
Dorset Council	21,434
National Lottery Community Fund	66,750
Save the Children	627
Hall & Woodhouse	1,186
Dorset Community Foundation	5,213
UKRI	5,821
John Turner Foundation	1,700
Portland Town Council	15,115
Court Leet	250
Charities Aid Foundation	2,000
Portland Rotary Club	160
	<hr/> 120,256
Unrestricted	
General donations	<hr/> 9,750
	9,750
Total	<hr/> <hr/> 130,006

ISLAND COMMUNITY ACTION

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

3. Staff Costs and Emoluments

	2024	2023
	£	£
Salaries and wages	75,648	86,124
Employers National Insurance Contributions	15,987	1,648
	<u>91,635</u>	<u>85,616</u>

No employee received emoluments of more than £60,000 per annum (2023: £60,000)

The average weekly number of employees during the year, calculated as full time equivalents, were as follows:

	2024	2023
	No.	No.
Charitable activities	4	4

4. Restricted Funds

The income funds of the charity include restricted funds comprising the following balances of grants and donations held on trust and to be applied for specific purposes.

	Balance 1 April 2023 £	Income/ receipts £	Payments £	Transfers from/(to) General funds £	Balance 31 March 2024 £
Growing Local Project	11,535	5,840	(9,402)	-	7,974
Helping hands	-	3,010	(31,647)	28,637	-
Portland Project	77,134	93,482	(104,982)	-	65,634
High Angle Battery Project	-	2,000	(2,000)	-	-
Weymouth & Portland Research Network					
- Forgotten Towns: Voices project	-	17,255	-	-	17,255
	<u>88,669</u>	<u>121,587</u>	<u>(148,031)</u>	<u>28,637</u>	<u>90,863</u>

Growing Local Project received funding from Dorset Community Foundation & Save the Children.

Helping Hands received funding from Joan Turner Foundation, and various individuals.

In addition to the restricted funds raised, unrestricted funds were also allocated to this project and this is reflected by the transfer

Portland Project received funding from National Lottery, Portland Town Council, Hall & Woodhouse, Portland Rotary Club and Dorset Council.

High Angle Battery Project received funding from the Charities Aid Foundation.

Weymouth & Portland Research Network - Forgotten Towns: Voices Project received funding from UK Research and Innovation.