



Annual Report

2023-2024

Charity Reg. No. 1157970

REFERENCE AND ADMINISTRATIVE INFORMATION AS AT OCTOBER 2021

Charity Name	Compassion
Registered Charity no.	1157970
Registered address	TBA
Website address	www.compass-ion.org
Trustees	Julia Korona Chair Nicholas Pearson Tracey Barton Vince Chandler Treasurer Kirsten Robins Katie Beaven
Projects Manager	Paula Devaux (succeeded by Tony Howard)
Bankers	Barclays Bank TBA

TRUSTEES' REPORT

FOR THE YEAR ENDING 31st March 2024

The Trustees present their annual report for the year ended March 2024, incorporating the Reference and Administration information on page 1.

Structure, Governance and Management

Compassion was established in 2001 as a voluntary organisation and became registered as a Charitable Incorporated Organisation, by the Charity Commission in 2014.

Under the constitution the power to appoint Trustees, of which there shall be at least 3 and is not limited by any maximum.

In the event of the Charity being wound up, the Trustees of the Charitable Incorporated Organisation have no liability to contribute to its assets and no personal responsibility for settling its debts or liabilities.

The Trustees met five times during the year in pursuance of the Charity's objectives, performance, policies, management and to decide strategic direction and in support of the volunteers in their work with women, children, young people, and partner organisations. All meetings took place remotely.

Objectives and Activities

1. The relief of emotional distress and suffering and the preservation and protection of the mental and physical health of men, women, young people, and children who have suffered or are exposed to domestic abuse by the provision of advice, information, programmes of support and such other ways as shall be determined.
2. To advance the education of the public, organisations, and agencies in all aspects of domestic violence including its impact on individuals and wider society.

Public benefit

The charity's public benefits are outlined in the charitable objectives above. All our charitable activities focus on the relief of need, hardship and distress of persons who have suffered and are suffering from domestic abuse and any children of such persons. These activities are undertaken to further our charitable purposes for the public benefit.

Financial Review

The financial statements are included in the report, for the year and the financial situation as at 31st March 2024.

REVIEW OF THE YEAR'S ACTIVITIES, PERFORMANCE AND ACHIEVEMENTS

Chair's Review 2023 - 2024

This year has seen us consolidate and refine our existing services for victims in the area. We have received 210 new referrals (over half of which were agency referrals) who were all victims of coercion, violence and whose lives have been damaged by trauma and are looking for ways to take back control of their lives.

During the year we provided four areas of direct support for our clients:

- Befriending on a one to one basis to (19 clients)
- Attendance at online and face to face support group – (over 50 clients)
- Access to free legal support at a monthly law clinic made possible by Birketts LLP (26 clients)
- Access to our programmes, designed to provide support and guidance for the future (75 clients).

Our ability to offer a hybrid form of support - online and face to face - allows us to be responsive to the individual needs of victims, some of which prefer in person support, whereas others who are suffering with complex trauma often feel unable to leave the house.

A key part of our service is the provision of three different programmes aimed at providing support for victims of coercive and physical abuse from their partners (VOICE) or a third party, parents who are suffering abuse by their children WIC (Who's In Charge) and young people wanting to find ways of developing healthy relationships with their peers (Escape the Trap).

During the year, we also ran a number of external activities, to raise the profile of the support we can offer victims and raising the whole level of public awareness around domestic abuse. We designed and launched our own domestic abuse campaign called #UseMyPhone which was rolled out in parallel with the National White Ribbon Campaign, 16 Days of Action. We also took part in the Rotary Christmas Tree Exhibition in Sudbury in December 23, which again raised the profile of the charity and of Domestic Abuse. Our theme was to highlight the devastating consequences of Domestic Abuse and pay our respects to the 108 victims of domestic homicide in the UK in 2022.

This year has enabled us to develop and strengthen our team to broaden our reach in the county and widen the kind of support we can give victims of Domestic Abuse. At the time of writing, because of this investment in planning, resource and training, our level of engagement in programme delivery and range of support has increased significantly thanks to work of the trustees, staff and volunteers at Compassion.

Julia Korona – Chair

Compassion**Charity number 1157970****Receipts and Payments Accounts for the Year Ended 31 March 2024**

Restricted Suffolk Police b/fwd	6182.04		
Restricted Community Action Suffolk b/fwd	2348.00		
Unrestricted Community Account B/Fwd	27123.70		
		Expenses:-	
		Insurance	786.54
Income			
Fundraising	2200.69	WIC Programme Co-Ordinator's	7825.00
		S Ansell fees	7155.00
Stanbury-Jones donations	480.00	Stationery costs etc	558.18
Suffolk Community Fund donation/grants	5080.00	Training	120.00
		Projector	57.99
		Trustees expenses reimbursements	0.00
Suffolk Police	20000.00	T Howard fund raising commissions	1302.00
Other donations		Miscellaneous	683.31
		Website	720.76
		Marketing	467.12
CAF anonymous donations	32.00		
Miscellaneous income	20.24	P Devaux administrator fees	15375.00
		Mileage costs	483.73
		Telephone costs	119.88
Trustees Mrs LD Rope Charity donation	5600.00	Charity Ball 2024 event costs	294.00
Gift Aid claims	726.92	DBS checks -Community Restart	0.00
		Community Fund	
Income Total	34139.85	Expenses Total	35948.51
		Restricted Suffolk Police c/fwd	3048.43
		Restricted Community Action Suffolk c/fwd	2348.00
		Unrestricted Community Account c/fwd	30796.65
	<u>69793.59</u>		<u>69793.59</u>

Bank reconciliation**Funds summary**

Income	34139.85	Restricted Funds	5396.43
Expenditure	<u>35948.51</u>	Unrestricted Funds	30796.65
-Loss/Profit for the Year	-1808.66		<u>36193.08</u>
Bank Accounts Brought Forward	32860.81		
Cash expenses	0.00		
Bank Accounts Carried Forward	<u>31052.15</u>		
O/s payments			
Bank balance per statement	<u>31052.15</u>		

Trustees expenses incurred during the year related to reimbursement of expenses of £N,NNN which are included in the expense ty in the accounts above.

No Trustees were paid for their services nor had any form of remuneration.

Independent Examiners Report

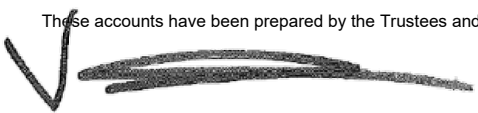
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These accounts have been prepared by the Trustees and approved by them on 7 January 2025


Vincent Chandler (acting Treasurer)

Trustees expenses incurred during the year related to reimbursement of expenses of £719 which are included in the expense type in the accounts above.

No Trustees were paid for their services nor had any form of remuneration.

Independent Examiners Report

I have examined these receipts and payments accounts as prepared by the Trustees and confirm that the charity qualifies for exemption from audit and also qualifies for exemption from preparing the accounts under the accruals basis.



Clare Anderson FCCA

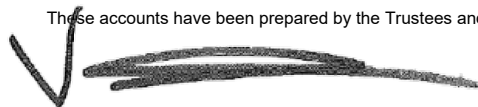
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