

ACTS WEST WALES

England & Wales · Charity number 1157963

Details

Status Registered

Legal form CIO

Registered 2014-07-23

Register [View on the Charity Commission register](#)

Contact

Address Grace Court House
Market Square
Narberth
SA67 7AU

Phone 01834861999

Email info@pembrokeshire.foodbank.org.uk

Website pembrokeshire.foodbank.org.uk/

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE PUBLIC BENEFIT, THE RELIEF OF THOSE IN NEED BY REASON OF FINANCIAL HARDSHIP OR OTHER SOCIAL AND/OR ECONOMIC DISADVANTAGE IN PEMBROKESHIRE AND CARMARTHENSHIRE AND SUCH OTHER PARTS OF THE UNITED KINGDOM AND THE WORLD AS THE CHARITY TRUSTEES MAY FROM TIME TO TIME DECIDE.

Activities: The activities of ACTS West Wales. 1) Pembrokeshire Food Bank. 2) Cilrath Acre (a community food growing project). Further charitable activities may be added. The financial activity of Pembrokeshire Food Bank has been included in the annual accounts of Grace Church West Wales. Charity Number 1038463 up to 31st March 2015. From 1st April 2015 Acts West Wales has governance responsibility.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** The General Public/mankind

Geography

- Carmarthenshire
- Pembrokeshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£133,714	£127,249	-	-
2024-03-31	£116,730	£150,956	-	-
2023-03-31	£134,290	£147,229	-	-
2022-03-31	£82,147	£72,036	-	-
2021-03-31	£115,789	£58,937	-	-

Trustees

Name	Role	Appointed
PETER SARGENT	Chair	2014-11-07
Elaine Hutchinson		2022-09-29
Hayley Archer		2021-10-09
Ian Middlemist		2023-03-10
Libby Taylor		2023-03-10
Tirzah Redman-Knight		2017-06-01

ACTS WEST WALES

England & Wales - Charity number 1157963

Accounts

Acts West Wales Annual Reports 1st April 2024 to 31st March 2025

History

Acts West Wales was registered with the Charity Commissioners in July 2014 as an initiative of Grace Church West Wales, to meet charitable needs within the local community. The charity established Pembrokeshire Food Bank with a Trussell Trust franchise and opened food banks in Narberth, Haverfordwest and Letterston. Pembroke Dock Food Bank opened in 2016 and Neyland in 2020. Letterston was later relocated to Fishguard town. In the spring of 2022, the charity launched Cilrath Acre, a sister project to Pembrokeshire Food Bank, which focused on a regenerative food growing space - connecting people to nature, the land and locally grown food; helping to address food poverty and build community resilience.

Pembrokeshire Food Bank

Activity April 2023 to March 2024

Adults fed - 2312 (in 2024 - 2173 adults)

Children fed - 1255 (in 2024 -1241 children)

Volunteers - 60 (active) (in 2024 - 50 volunteers)

Stock received 35,075kg (in 2023 - 35,796kg)

Stock distributed 28,002kg (in 2023 - 32,116kg)

In Pembrokeshire, during 2024/25, the latest figures show that 3567 local people received emergency food supplies from Pembrokeshire Foodbank network and that 1255 of these were children. This number is a increase compared to the 2023/24 period when 3414 people received emergency food supplies. Our stock received figures also reveal a slight drop in donations of 721kg.

Clients receive a very generous three-day supply of non-perishable, nutritionally balanced food with additional FareShare perishable produce when available. This intervention resolves the immediate issues of hunger. Clients are also offered support and guidance on where to find further expert help, to try and resolve the contributing issues that created the food crisis.

As well as providing emergency food, Pembrokeshire Food Bank provides essentials like toiletries, cleaning and laundry supplies and pet food to individuals who are struggling, as well as signposting them to other services in the local area.

Pembrokeshire Food Bank and P.A.T.C.H. (an independent foodbank), have agreed with

one another to allow those in need to redeem food vouchers and access services in any foodbank centre across the county.

A partnership between Trussell Trust, ASDA and Tesco has enabled us to access some grant funding. This year again, we saw a fall in the number and value of corporate donations, however our monthly private donations through our Hand Full of Rice donation scheme remain strong. These income sources are essential in securing our managerial and administrative capacity which is needed to ensure efficient and smooth running of the large volunteer force which support our network of foodbanks in Pembrokeshire.

Each centre opened every week during the year, and each is a credit to the hard work and diligence of the amazing volunteers and donors. Local schools, businesses and churches continued to provide vital support to the Foodbank network. Major supermarkets including Tesco, Morrisons & Asda continued to be significant supporters and donors, allowing us to collect public donations within their stores via our permanent collection baskets, emptied weekly .

Pembrokeshire Foodbank continues partnering with the FareShare Charity. Through this initiative, good food destined for waste is sent to charities and community groups who transform it into nutritious meals. In addition, surplus perishable food can be taken home, free of charge, and no food voucher is required. The food redistributed is fresh, quality and 'in date' surplus from the food industry. Pembrokeshire Food Bank is thankful to many local food shops, growers, as well as Tesco & CO-OP, our main partners, for their ongoing commitment and provision to this scheme however, it is noted that the supply is becoming less and less, as retailers are discounting prices earlier and the take up from the public has increased. Our sister project Cilrath Acre, is now providing additional fruit and vegetables for us.

We collected and redistributed in this reported year 11.3 tons of food (26,905 meal portions) compared to the previous year 2023 when the total food collected was 12.9 tons (30,750 meal portions).

FareShare food is available at all five Food Banks during their opening hours. Our collaboration continues between businesses, Food Banks, and Community Fridges to reduce food waste and support the community.

The Trustees are grateful to the Food Bank management team and the amazing band of able volunteers across Pembrokeshire who, week by week, enable people to get access to good quality emergency food supplies.

Pembrokeshire Food Bank opening times and locations:

Haverfordwest: Hill Park Baptist Church Tuesdays 10am - 1pm

Narberth: Grace Court House Wednesdays 10am - 1pm

Fishguard: Bethel English Baptist Church Thursdays 10am - 1pm
Pembroke Dock: Bethel Baptist Church Thursdays 10am - 1pm.
Neyland: Bethesda Baptist Church, Tuesdays 10am -1pm
Tenby , Deer Park Baptist Church Mondays 11-1pm .

Cilrath Acre Annual Report 2024/25

At the start of the financial year, in March 2024 Cilrath Acre received a Community Land Advisory Service (CLAS) Award from Social Farms & Gardens. The award celebrates projects that effectively used land to tackle environmental challenges and community wellbeing and was great opportunity to showcase Cilrath Acre to organisations and community groups across Wales.

Growing activities were supported by volunteers at our weekly volunteer sessions. A successful season produced a wide range of fruit and vegetables which were enjoyed by volunteers and also supported Pembrokeshire Foodbank. Between March and November 2024 over 574kg of fresh produce was delivered to Pembrokeshire Foodbank, supporting those most in need. This equated to 7,175 portions of fresh food (based on portion calculations from NHS and WHO).

The first of the year's workshops was held in March 2024 with a further 11 workshops held during 2024. Workshops focused on land based skills including willow weaving and fermentation as well as growing focused topics such as composting and biochar. In total 91 people attended workshops held at Cilrath Acre throughout the year.

Cilrath Acre hosted two networking events in collaboration with both Pembrokeshire County Council and PLANED (Pembrokeshire Local Food Partnership). Community engagement events continued to be a successful way to engage the local community in project activities and volunteering opportunities. Cilrath Acre attended the Span Arts Plant sale in May, Narberth Food Festival in September and the Queen's Hall Volunteering Fair in October. Open days were also held to encourage visits and engagement in volunteering activities.

The project continued to run volunteer sessions every Tuesday and Thursday and, over the course of the year, 24 new volunteers attended at least once. In total 48 different people participated in weekly sessions.

In September 2024 the project received a capital grant from Pembrokeshire Local Food Partnership, which supported the purchase of key resources (seeds, compost and tools) to prepare for the 2025 growing season. Towards the end of the 2024 the project secured funding from Pembrokeshire County Council's Enhancing Pembrokeshire Grant which enabled project planning for the new year.

In January 2025 a Lead Grower role was appointed to on a job share basis, working alongside the two existing posts (Volunteer and Learning Coordinator and Project and Partnership Coordinator). The Lead Growers worked with Pembrokeshire Foodbank and Volunteers to develop an ambitious growing plan for 2025. A Workshop Programme was also developed and published ahead of the first planned workshop in April.

Towards the end of the year, in February, Cilrath Acre once again collaborated with Queen's Hall Narberth to deliver a Seed Swap event. This was a popular event attended by 95 people from the local community.



Receipts and payments accounts

CC16a

For the period
from

01/04/2024

To

31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATION	14,385	32,151	-	46,535	35,503
DONATION (TESCO TOP UP)	-	1,583	-	1,583	4,978
GIFT AID TAX	-	2,661	-	2,661	2,823
GRANT (RESTRICTED)	892	63,285	-	64,177	48,926
HANDFUL OF RICE	15,094	-	-	15,094	15,448
INTEREST.	-	3,498	-	3,498	3,942
CHARITABLE ACTIVITIES	- 4,836	-	-	- 4,836	110
Transfer from CA	5,000	-	-	5,000	5,000
Sub total (Gross income for AR)	30,535	103,179	-	133,714	116,730
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	30,535	103,179	-	133,714	116,730
A3 Payments					
SALARIES	- 270	75,059	-	74,789	71,857
TRAVEL	3,774	6,659	-	10,433	12,699
TELEPHONE.	286	-	-	286	300
STATIONERY	684	806	-	1,491	1,945
SUBSCRIPTIONS	580	-	-	580	848
INSURANCE	845	-	-	845	730
MAINTENANCE	6,374	7,204	-	13,579	23,299
OPERATING COSTS	13,376	6,870	-	20,246	31,841
LEGAL AND PROFESSIONAL	-	-	-	-	2,437
TRANSFER FROM CA TO PFB	5,000	-	-	5,000	5,000
Sub total	30,650	96,599	-	127,249	150,956
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	30,650	96,599	-	127,249	150,956
Net of receipts/(payments)	- 115	6,580	-	6,465	- 34,226
A5 Transfers between funds	13,372	- 13,372	-	-	-
A6 Cash funds last year end	13,793	80,539	-	94,332	94,332
Cash funds this year end	27,049	73,748	-	100,797	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Epworth Cash Plus Fund 70581017	17,501	68,573	-
	Pembrokeshire FoodBank 51605046	12,004	-	
	Pembrokeshire Food Bank Petty Cash	53	-	
	Cilrath Acre 01625292	2,552	5,175	-
	Cilrath Acre Petty Cash	43	-	-
	Total cash funds		27,049	73,748
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Unrestricted funds to nearest £	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A Independent Examiner's Report

Report to the trustees	ACTS West Wales Ltd		
On accounts for the year ended	31 March 2025	Charity no (if any)	1157963
	Set out on pages		
	1		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:		Date:	5 January 2026
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Name:	Lisa Evans
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Relevant professional qualification(s) or body (if any):	
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Address:	Unit 3a Narberth Bridge Business Park, Narberth SA67 8RA



Receipts and payments accounts

CC16a

For the period
from

01/04/2024

To

31/03/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
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	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	30,535	103,179	-	133,714	116,730
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	Cilrath Acre Petty Cash	43	-	-
	Total cash funds		27,049	73,748
	(agree balances with receipts and payments account(s))	OK	OK	OK
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B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A Independent Examiner's Report

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:		Date:	5 January 2026
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Name:	Lisa Evans
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Relevant professional qualification(s) or body (if any):	
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Address:	Unit 3a Narberth Bridge Business Park, Narberth SA67 8RA

ACTS WEST WALES

England & Wales - Charity number 1157963

Accounts

Acts West Wales Annual Reports 1st April 2023 to 31st March 2024

History

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Pembrokeshire Food Bank

Activity April 2023 to March 2024

Adults fed - 2173 (in 2023 -2292 adults)

Children fed - 1241 (in 2023 - 2030 children)

Volunteers - 50 (active) (in - 2023 - 58 volunteers)

Stock received 35,796kg (in 2023 41,898kg)

Stock distributed 32,116kg (in 2023 35,923kg)

In Pembrokeshire, during 2023/24, the latest figures show that 3414 local people received emergency food supplies from Pembrokeshire Foodbank network and that 1241 of these were children. This number is a decrease compared to the 2022/23 period when 5022 people received emergency food supplies. There has been notably less demand from families, which is reflected in these lower figures for both adults and children receiving assistance. Our stock received figures also reveal a significant drop in donations of 6102kg.

Clients receive a very generous three-day supply of non-perishable, nutritionally balanced food with additional FareShare perishable produce when available. This intervention resolves the immediate issues of hunger. Clients are also offered support and guidance on where to find further expert help, to try and resolve the contributing issues that created the food crisis.

As well as providing emergency food, Pembrokeshire Food Bank provides essentials like toiletries, cleaning and laundry supplies and pet food to individuals who are struggling, as well as signposting them to other services in the local area.

Pembrokeshire Food Bank and P.A.T.C.H. (an independent foodbank), have agreed with one another to allow those in need to redeem food vouchers and access services in any foodbank centre across the county.

A partnership between Trussell Trust , ASDA and Tesco has enabled us to access some grant funding .This year, we saw a fall in the number and value of corporate donations, However our monthly private donations through our Hand Full of Rice donation scheme remain strong. These income sources are essential in securing our managerial and administrative capacity which is needed to ensure efficient and smooth running of the large volunteer force which support our foodbanks across the county

Each centre opened every week during the year, and each is a credit to the hard work and diligence of the amazing volunteers and donors. Local schools, businesses and churches continued to provide vital support to the Foodbank network.

Major supermarkets including Tesco, Morrisons & Asda continued to be significant supporters and donors, allowing us to collect public donations within their stores via our permanent collection baskets, emptied weekly .

During the year being reported, Deer Park Baptist Church in Tenby has opened as a food parcel collection point and community cafe.

Pembrokeshire Foodbank continues partnering with the FareShare Charity. Through this initiative, good food destined for waste is sent to charities and community groups who transform it into nutritious meals. In addition, surplus perishable food can be taken home, free of charge, and no food voucher is required. The food redistributed is fresh, quality and 'in date' surplus from the food industry. Pembrokeshire Food Bank is thankful to many local food shops, growers, as well as Tesco & CO-OP, our main partners, for their ongoing commitment and provision to this scheme however, it is noted that the supply is becoming less and less, as retailers are discounting prices earlier and the take up from the public has increased. Our sister project Cilrath Acre, is now providing additional fruit and vegetables for us.

We collected and redistributed in this reported year 12.9 tons of food (30,750 meal portions) compared to the previous year 2023 when the total food collected was 17.02 tons (40,526 meal portions).

FareShare food is available at all five Food Banks during their opening hours. Our collaboration continues between businesses, Food Banks, and Community Fridges to reduce food waste and support the community.

The Trustees are grateful to the Food Bank management team and the amazing band of able volunteers across Pembrokeshire who, week by week, enable people to get access to good quality emergency food supplies.

Pembrokeshire Food Bank opening times and locations:

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Fishguard: Bethel English Baptist Church Thursdays 10am - 1pm

Pembroke Dock: Bethel Baptist Church Thursdays 10am - 1pm.

Neyland: Bethesda Baptist Church, Tuesdays 10am -1pm

Tenby , Deer Park Baptist Church Mondays 11-1pm

Cilrath Acre

Activity April 2023 to March 2024.

May 2023 saw Cilrath Acre's first full growing season begin with seasonal, fresh produce starting to be produced sufficiently for a weekly delivery to be made to the Foodbank, and for volunteers to enjoy some benefit as well.

Volunteers who had assisted in the initial start up continued to remain engaged and there was a 36% increase in the volunteer base with new people taking an interest.

A stall was held at the Narberth Span Arts 'Big Plant Sale' where donations were given of surplus plants, and the opportunity to engage at Cilrath Acre was advertised with the handing out of leaflets.

An open day was held in the summer, which attracted visitors to the site and generated further interest.

Cilrath Acre was represented with a stand at the Narberth Food Festival in September which was a positive step in attracting new volunteers to join the Cilrath Acre team.

October saw local Rainbows (younger Brownies group) attending, demonstrating how community groups can access the space to run outdoor sessions. The Acre was also host to an event which brought together other community focused growing projects from around Pembrokeshire, with 22 guests attending.

In November the Shared Prosperity Fund - Sustainable Communities Grant administered by Pembrokeshire County Council approved a substantial funding bid, which paved the way for continued funding for two part time staff for 12 months and enabled the commissioning of consultants "Patch of the Planet" to work along with volunteers and stakeholders to develop a Permaculture Design for the whole of the acre site.

In January 2024 a premium brand compost toilet (Natsol) was installed, thanks to funding from Pembrokeshire Coast Sustainable Development Fund with match funding from Milford Haven Port Authority 'Green Energy Fund'.

February 2024 Cilrath Acre held a successful "Seed Swap" event in collaboration with Queen's Hall in Narberth. This was a really positive community event, which attracted good feedback and interest in Cilrath Acre.

At the year end, in March, phase one of the permaculture design was implemented with saw substantial shrub and tree planting across the acre, a conservation pond being made and a large storage shed erected. A workshop programme for the public to attend was published and the first workshop was held where the grafting of apple trees was taught.



Receipts and payments accounts

CC16a

For the period from	01/04/2023	To	31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATION	8,889	26,614	-	35,503	66,830
DONATION (TESCO TOP UP)	14	4,964	-	4,978	49,187
GIFT AID TAX	-	2,823	-	2,823	13,863
GRANT (RESTRICTED)	25,672	23,254	-	48,926	3,016
HANDFUL OF RICE	15,448	-	-	15,448	1,394
INTEREST.	-	3,942	-	3,942	-
CHARITABLE ACTIVITIES	110	-	-	110	-
Transfer from PFB to CA	5,000	-	-	5,000	-
Sub total (Gross income for AR)	55,133	61,596	-	116,730	134,290
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	55,133	61,596	-	116,730	134,290
A3 Payments					
SALARIES	11,274	60,583	-	71,857	59,240
TRAVEL	6,679	6,020	-	12,699	13,210
TELEPHONE.	300	-	-	300	236
STATIONERY	1,945	-	-	1,945	1,607
SUBSCRIPTIONS	848	-	-	848	422
INSURANCE	730	-	-	730	689
MAINTENANCE	10,911	12,388	-	23,299	23,223
OPERATING COSTS	20,573	11,269	-	31,841	48,302
LEGAL AND PROFESSIONAL	-	2,437	-	2,437	300
Transfer to CA	-	5,000	-	5,000	-
Sub total	53,259	97,696	-	150,956	147,229
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	53,259	97,696	-	150,956	147,229
Net of receipts/(payments)	1,874	- 36,100	-	- 34,226	- 12,939
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11,919	116,639	-	128,558	128,558
Cash funds this year end	13,793	80,539	-	94,332	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Epworth Cash Plus Fund 70581017	-	77,575	-
	Pembrokeshire FoodBank 51605046	7,457	-	-
	Pembrokeshire Food Bank Petty Cash	21	-	-
	Cilrath Acre 01625292	6,284	2,964	-
	Cilrath Acre Petty Cash	30	-	-
	Total cash funds		13,793	80,539
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees

ACTS West Wales Ltd

On accounts for the year
ended

31 March 2024

Charity no
(if any)

1157963

Set out on pages

1

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

31 January 2025

Name:

Lisa Evans

Relevant professional
qualification(s) or body
(if any):

Address:

Unit 3a Narberth Bridge Business Park, Narberth SA67 8RA

ACTS WEST WALES

England & Wales - Charity number 1157963

Accounts

**Acts West Wales Annual Report and Accounts
for 1st April 2022 to 31st March 2023
Charity number: 1157963**

Acts West Wales
ANNUAL REPORT AND INDEPENDENTLY
EXAMINED ACCOUNTS - CONTENTS

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**Acts West Wales
CHARITY INFORMATION
1st April 2022 to 31st March 2023**

Registered Office

Grace Court House
Market Square
Narberth
SA67 7AU

Accountants

Easy Accounting Services Ltd
Unit 3
Narberth Bridge Business Park
Narberth
Pembrokeshire
SA67 8RA

Independent Examiner's Report to the Trustees of Acts West Wales

I report on the accounts for the year ended 31st March 2023, which are set out on pages seven and eight.

Responsibilities and basis of report

As the charity's trustee you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept as required by section 130 of the Act; or
2. That the accounts do not accord with those records; or
3. That the accounts do not comply with the accounting requirements of the Act; or
4. That there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

Easy accounting Services Ltd
Unit 3
Narberth Bridge Business Park
Narberth
Pembrokeshire
SA67 8RA

Date:

Acts West Wales Annual Reports 1st April 2022 to 31st March 2023

History

Acts West Wales was registered with the Charity Commissioners in July 2014 as an initiative of Grace Church West Wales, to meet charitable needs within the local community. The charity established Pembrokeshire Food Bank with a Trussell Trust franchise and opened foodbanks in Narberth, Haverfordwest and Letterston. Pembroke Dock Food Bank opened in 2016 and Neyland in 2020. Letterston was later relocated to Fishguard town. In the spring of 2022 the charity launched Cilrath Acre, a sister project to Pembrokeshire Food Bank, which focused on a regenerative food growing space - connecting people to nature, the land and locally grown food; helping to address food poverty and build community resilience.

Pembrokeshire Food Bank

In Pembrokeshire, during 2022/23, the latest figures show that 5,022 local people received emergency food supplies from Pembrokeshire Foodbank network and that 2,030 of these were children. This number is an increase compared to the 2021/22 period when 4,637 people received emergency food supplies. Pembrokeshire Food Bank and P.A.T.C.H. (an independent foodbank), have actively collaborated with one another when necessary, allowing those in need to redeem food vouchers and access services in any foodbank centre across the county.

A partnership between Trussell Trust, Asda and Tesco have enabled us to access grant funding. Monthly private donations also continue to increase through our 'Handful of Rice' donation scheme. These income sources are essential in securing managerial and administrative capacity, which, year on year, is in greater demand than ever before.

Activity	2022 / 2023
Adults Fed	2851 / 2992
Children Fed	2301 / 2030
Stock received	41,898kg / 36,038kg.
Stock distributed	32,560Kg / 42,444kg.
Volunteers	40 (active) / 60

Each centre opened every week during the year, and each is a credit to the hard work and diligence of the amazing volunteers and donors. Local schools, businesses and churches continued to provide vital support to the Foodbank network. Clients receive a very generous three-day supply of non-perishable, nutritionally balanced food with additional FareShare perishable produce when

available. This intervention resolves the immediate issues of hunger. Clients are also offered support and guidance on where to find further expert help, to try and resolve the contributing issues that created the food crisis. Major supermarkets including Tesco, Morrisons & Asda continued to be significant supporters and donors.

As well as providing emergency food, Pembrokeshire Food Bank provides essentials like toiletries, cleaning and laundry supplies and pet food to individuals who are struggling, as well as signposting them to other services in the local area. Pembrokeshire Foodbank continues partnering with the FareShare Charity. Through this initiative, good food destined for waste is sent to charities and community groups who transform it into nutritious meals. In addition, surplus perishable food can be taken home, free of charge, and no food voucher is required. The food redistributed is fresh, quality and in date surplus from the food industry. Pembrokeshire Food Bank is thankful to many local food shops, growers, as well as Tesco & CO-OP, our main partners, for their ongoing commitment and provision to this scheme. FareShare food is available at all five Food Banks during their opening hours. Our collaboration continues between businesses, Food Banks, and Community Fridges to reduce food waste and support the community. During 2022-23, FareShare perishable food collected totaled 17,021kg, which was distributed through the county via our centres. This equates to 40,526 individual meal portions.

The Trustees are grateful to the Food Bank management team and the amazing band of able volunteers across Pembrokeshire who, week by week, enable people to get access to good quality emergency food supplies.

Pembrokeshire Food Bank opening times and locations:

Haverfordwest: Hill Park Baptist Church Tuesdays 10am - 1pm

Narberth: Grace Court House Wednesdays 10am - 1pm

Fishguard: Bethel English Baptist Church Thursdays 10am - 1pm

Pembroke Dock: Bethel Baptist Church Thursdays 10am - 1pm.

Neyland: Bethesda Baptist Church, Tuesdays 10am -1pm

Cilrath Acre

In May 2022 a part time 'Project Manager' was employed to steer the project forward towards its objectives, and to hold a particular responsibility regarding funding applications and public engagement. Through social media, local events, and open community days at Cilrath Acre, the project was publicised around the county.

In October 2022 a part time 'Growing and Volunteer Coordinator' was employed to oversee and manage volunteer sessions and develop a growing plan for the following growing season.


Through the autumn and winter months the community growing project quickly attracted volunteers who worked together as an enthusiastic team to build the infrastructure required for the growing project.

During this time a substantial field shelter, essential for team activities and breaks out of the elements, was built.

Through the autumn and winter months volunteers initially focused on completing the setting up of the site infrastructure, which included multiple raised growing beds, pathways, and substantial habitat hedge shelter around the acre.

Some modest levels of growing winter vegetables took place in the polytunnel, and, in early spring, seeds were sown for the beginning of the 2023 growing season in earnest.

Peter Sargent
Chair of Trustees

	CHARITY COMMISSION FOR ENGLAND AND WALES		ACTS West Wales	1157963	
	Receipts and payments accounts				CC16a
	For the period from	01/04/2022	To	31/03/2023	
Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	66,830	-	-	66,830	29,837
Grant income	-	49,187	-	49,187	39,693
Handful of rice	13,863	-	-	13,863	10,671
Gift aid	-	3,016	-	3,016	1,911
Interest received	-	1,394	-	1,394	35
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	80,693	53,597	-	134,290	82,147
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	80,693	53,597	-	134,290	82,147
A3 Payments					
Wages and salaries	25,844	33,396	-	59,240	29,267
Travel	13,210	-	-	13,210	8,267
Telephone	236	-	-	236	1,188
Stationery and printing	1,607	-	-	1,607	894
Subscriptions	422	-	-	422	415
Insurance	689	-	-	689	572
Repairs and maintenance	17,945	5,278	-	23,223	1,421
Operating costs	19,903	28,399	-	48,302	18,668
Legal and professional fees	-	300	-	300	135
Sub total	79,856	67,373	-	147,229	60,827
A4 Asset and investment purchases, (see table)					
	-	-	-	-	11,209
	-	-	-	-	-
Sub total	-	-	-	-	11,209
Total payments	79,856	67,373	-	147,229	72,036
Net of receipts/(payments)	837	- 13,776	-	- 12,939	10,111
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	54,864	106,750	-	161,614	118,423
Cash funds this year end	55,701	92,974	-	148,675	128,534
Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B1 Cash funds	Bank account balance	55,701	92,974	-	
		-	-	-	
		-	-	-	
	Total cash funds	55,701	92,974	-	
	(agree balances with receipts and payments account(s))	OK	OK	OK	
		Unrestricted funds	Restricted funds	Endowment funds	

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

ACTS WEST WALES

England & Wales - Charity number 1157963

Accounts

**Acts West Wales Annual Report and Accounts
for 1st April 2021 to 31st March 2022
Charity number: 1157963**

Acts West Wales
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Acts West Wales
CHARITY INFORMATION
1st April 2021 to 31st March 2022

Registered Office

Grace Court House
Market Square
Narberth
SA67 7AU

Accountants

Easy Accounting Services Ltd
Unit 3
Narberth Bridge Business Park
Narberth
Pembrokeshire
SA67 8RA

Independent Examiner's Report to the Trustees of Acts West Wales

I report on the accounts for the year ended 31st March 2022, which are set out on pages seven and eight.

Responsibilities and basis of report

As the charity's trustee you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept as required by section 130 of the Act; or
2. That the accounts do not accord with those records; or
3. That the accounts do not comply with the accounting requirements of the Act; or
4. That there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

Easy accounting Services Ltd
Unit 3
Narberth Bridge Business Park
Narberth
Pembrokeshire
SA67 8RA

Date:

Acts West Wales Annual Reports and Accounts for 1st April 2021 to 31st March 2022.

History

Acts West Wales was created by the Leadership of Grace Church West Wales to enable the church to have a better legal and financial entity to operate some of its charitable work in the community. Acts West Wales registered with the Charity Commission in July 2014. The first piece of work it took on was the creation and operation of Pembrokeshire Food Bank. The Trussell Trust franchise was transferred from Grace Church to Acts West Wales in April 2015. At present the Foodbank is its sole activity. In the initial development phase, foodbanks were set up in Narberth, Haverfordwest and Letterston. Pembroke Dock Foodbank opened in 2016. In March 2020, Neyland Foodbank opened and Letterston was relocated to Fishguard town.

This year

In Pembrokeshire, during 2021- 2022, the latest figures show that 4,637 local people received emergency food supplies from Pembrokeshire Foodbank network and that 2301 of these were children. This number is a small decrease compared to the 2020-21 period when 5132 people received emergency food supplies. The Covid restrictions and regulations eased in part allowing a welcome partial recovery of the local tourism economy on which the area heavily relies. However, Covid and its far reaching implications were still major factors in this demand. Pembrokeshire Foodbank and P.A.T.C.H. a large independent foodbank, have actively collaborated with one another, allowing those in need to redeem food vouchers and access services in any foodbank centre across the county.

A partnership between Trussell Trust and Asda has enabled us to successfully bid for a grant for partial funding of staff salaries of which we are in the final year . Monthly private donations also continue to increase through our Handful of Rice donation scheme. These income sources are essential in securing our managerial and administrative capacity, which, year on, is in greater demand than ever before.

Activity ...2021 / 2020

Adults Fed	2499 / 2851
Children Fed	2138 / 2301
Stock received	34,236 kg / 41,898 kg
Stock distributed	35,923 kg / 32,560 kg
Volunteers.....	39 (active)/ 40

During the year under review, the continuation of the Covid pandemic and subsequent changes in lockdown restrictions, Pembrokeshire's five Trussell Trust Foodbanks remained open and operational with minimum volunteers to ensure a safe and compliant environment for our teams and our clients. In compliance with the restrictions, our community cafes remained closed to the public, and the appointment system for both emergency parcels and Fairshare worked well.

Each centre opened every week during the crisis without a COVID outbreak and is a credit to the hard work and due diligence of our amazing volunteers through this difficult and challenging time.. Local schools, businesses and churches continued to provide vital support to the Foodbank network. Clients receive a very generous five day supply of non perishable nutritionally balanced food with additional Fairshare perishable produce when available. This intervention resolves the immediate issues of hunger. They are also offered support and guidance on where to find further expert help to resolve the contributing issues that created the food crisis. Major supermarkets including TESCO, MORRISONS & ASDA continued to be significant supporters and donors over this challenging time.

As well as providing emergency food, Pembrokeshire Foodbank provides essentials like toiletries, cleaning and laundry supplies and pet food to individuals who are struggling, as well as signposting them to other services in the local area. Pembrokeshire Foodbank, continues partnering with the Fare-Share Charity. Through this initiative, good food destined for waste is sent to charities and community groups who transform it into nutritious meals. In addition, surplus

perishable food can be taken, free of charge and no food voucher is required. The food redistributed is fresh, quality and in date surplus from the food industry. Pembrokeshire Foodbank is thankful to many local food shops, growers, as well as TESCO & CO-OP, our main partners, for their ongoing commitment and provision to this scheme. Fare-Share food is available at all five Foodbanks during their opening hours. Covid compliance has been met by pre bagging a selection of items and closely managing the distribution. Our collaboration continues between businesses, Foodbanks and Community Fridges to reduce food waste and support the community.

The Trustees are grateful to the Foodbank management team and the amazing band of able volunteers across Pembrokeshire, who week by week enable people to get access to good quality emergency food supplies and who allowed the Foodbank network to remain open throughout the ongoing Covid crisis.

Pembrokeshire Foodbank opening times and locations :

Haverfordwest: Hill Park Baptist Church Tuesdays 10am - 1pm
Narberth: Grace Court House Wednesdays 10am - 1pm
Fishguard: Bethel English Baptist Church Thursdays 10am - 1pm
Pembroke Dock: Bethel Baptist Church Thursdays 10am - 1pm.
Neyland: Bethesda Baptist Church, Tuesdays 10am -1pm

Cilrath Acre. A new Acts West Wales community initiative.

At a Trustees meeting held in November 2021 Trustees unanimously voted in favour of the launch of a new initiative to be called "Cilrath Acre". It was to be in support of the charity's objectives and to dovetail harmoniously with the charity's existing work and effectively create a sister project to Pembrokeshire Food Bank.

The new project focuses on an acre of land at Cilrath Fach Farm near Narberth, which has been made available to the charity free of charge for a community food growing project. The vision for Cilrath Acre is for it to become a productive and regenerative growing space, bringing together community and connecting people to nature, the land and locally grown food with the aim of taking positive action in response to the climate emergency whilst addressing food poverty and building community resilience.

In January 2022 the Trustees approved a budget of £30,000-00 of undesignated funds to be allocated to the project with the intention that Cilrath Acre should endeavour to become self sustaining in the future. This budget was to include employment of a Project Manager for 16 hours a week to help launch the project and ensure its long term success.

In March 2022 a substantial 70ft commercial polytunnel was erected with funding provided by Pembrokeshire County Council and a season of activity commenced, during which essential infrastructure items were established on Cilrath Acre including fencing and a water supply.

A working partnership was formed between Acts West Wales and the Charity 'Tir Coed' who had a proven track record concerning land-based community projects, and who wanted to establish short term horticultural training programmes with local people interested in gaining food growing skills and in particular those who were identified as under employed and in need of support and encouragement.

Peter Sargent
Chair of Trustees - Acts West Wales

Acts West Wales
1st April 2021 to 31st March 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

ACTS West Wales

1157963

Receipts and payments accounts

CC16a

For the period
from

01/04/2021

To

31/03/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	29,837	-	-	29,837	59,084
Grant income		39,693	-	39,693	43,776
Handful of rice	10,671		-	10,671	9,026
Gift aid	1,911		-	1,911	3,697
Interest Received	35		-	35	206
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	42,454	39,693	-	82,147	115,789
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	42,454	39,693	-	82,147	115,789
A3 Payments					
Wages and salaries		29,267	-	29,267	24,159
Travel		8,267	-	8,267	7,899
Telephone	1,188		-	1,188	1,104
Stationery and Printing	894		-	894	523
Subscriptions	415		-	415	141
Insurance	572		-	572	553
Repairs and maintenance	1,421		-	1,421	3,423
Sundry expenses	18,668		-	18,668	87
Legal and professional fees	135		-	135	35
Sub total	23,293	37,534	-	60,827	37,924
A4 Asset and investment purchases, (see table)					
Equipment expensed		11,209	-	11,209	18,928
	-	-	-	-	-
Sub total	-	11,209	-	11,209	18,928
Total payments	23,293	48,743	-	72,036	56,852
Net of receipts/(payments)	19,161	- 9,050	-	10,111	58,937
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end				-	62,549
Cash funds this year end	19,161	- 9,050	-	10,111	121,486

Acts West Wales
1st April 2021 to 31st March 2022

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account balance	68,038	63,559	-
		-		-
		-	-	-
	Total cash funds	68,038	63,559	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets				-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

ACTS WEST WALES

England & Wales - Charity number 1157963

Accounts

Annual Report and Accounts for 1st April 2020 to 31st March 2021

Acts West Wales: Charity Number 1157963: A Charitable Incorporated Organisation.
Currently operating solely as Pembrokeshire Food Bank
Grace Court House
Market Square
Narberth
Pembrokeshire
SA67 7EY

Trustees

Peter Sargent
Barry James
Tirzah Redman-Knight.
Patricia Rogers
Hayley Archer (from 9/10/21)
Basil Foraud (from 9/10/21)

Ian Watling (to 27/5/21)

New trustees are appointed by a resolution passed at a properly convened meeting of the existing charity trustees

History

Acts West Wales was created by the Leadership of Grace Church West Wales to enable the church to have a better legal and financial entity to operate some of its charitable work in the community. Acts West Wales registered as a charitable incorporated organisations (CIO) with the Charity Commission in July 2014. The first piece of work it took on was the creation and operation of Pembrokeshire Food Bank with a Trussell Trust franchise. This franchise was transferred from Grace Church to Acts West Wales in April 2015. At present the Foodbank is its sole activity. In the initial development phase, foodbanks were set up in Narberth, Haverfordwest and Letterston. Pembroke Dock Foodbank opened in 2016. In March 2020, Neyland Foodbank opened and Letterston was relocated to Fishguard town.

This Year

In Pembrokeshire, during 2020 - 2021, the latest figures show that 5132 local people received emergency food supplies from Pembrokeshire Foodbank and that 2301 of these were children. This number is an increase compared to the 2019-20 period when 3777 people received emergency food supplies. Covid lock down restrictions and the negative effect on the local tourism economy of which the area heavily relies, were major factors in this rise in demand. Pembrokeshire Foodbank and P.A.T.C.H. a large independent foodbank, have actively collaborate with one another, allowing those in need to redeem food vouchers and access services in any foodbank centre across the county. Indeed, Pembrokeshire undertook to supply PATCH's emergency food parcels whilst they were temporarily closed due to a COVID outbreak.

A partnership between Trussell Trust and Asda has enabled us to successfully bid for a grant for partial funding of staff salaries of which we are in year 2 of 3. This continues to be essential in securing our managerial and administrative capacity, which, year on, is in greater demand than ever before.

Activity 2020 / 2019

Adults Fed 2851 / 2026 Children Fed 2301 / 1751
Stock received 41,898 kg / 21,497 kg
Stock distributed 32,560 Kg / 23,491 kg
Volunteers 40 (active) / 61

During the year under review, the Covid pandemic and subsequent lock down restrictions forced Pembrokeshire Foodbank's network of five branches to rapidly adapt to the developing situation. As a result of the ever increasing restrictions, it had to dramatically scale back its operations, close its cafes to the public, reduce team numbers to the essential minimum, re-work its food distribution and introduce a appointment system for both emergency parcels and Foodshare. This created safe working environments for both volunteers and clients. Each centre continued to remain operational during the crisis and is a credit to the hard work and due diligence of our amazing volunteers. Local schools, businesses and churches continued to provide vital support to the Foodbank network. Clients receive a very generous three day supply of non perishable nutritionally balanced food along with additional Foodshare perishable produce when available. This intervention resolves the immediate issues of hunger. They are also offered support and guidance on where to find further expert help to help resolve the contributing issues that created the food crisis. Major supermarkets including TESCO, MORRISON & ASDA continued to be significant supporters and donors over this difficult period.

As well as providing emergency food, Pembrokeshire Foodbank provides essentials like toiletries, cleaning and laundry supplies and pet food to individuals who are struggling, as well as signposting them to other services in the local area. Pembrokeshire Foodbank, continues partnering with the Fare-Share Charity. Through this initiative, good food destined for waste is sent to charities and community groups who transform it into nutritious meals. In addition, surplus perishable food can be taken, free of charge and no food voucher is required. The food redistributed is fresh, quality and in date surplus from the food industry. Pembrokeshire Foodbank is thankful to many local food shops, as well as TESCO & CO-OP, our main partners, for their ongoing commitment and provision to this scheme. Fare-Share food is available at all five Foodbanks during their opening hours. Covid compliance has been met by pre bagging a selection of items and closely managing the distribution. Many restaurant and catering businesses contacted us in the early weeks of lock down, offering food stock for further re distribution. Our collaboration continues between businesses, Foodbanks and Community Fridges to reduce food waste and support the community.

The Trustees are grateful to the Foodbank management team and the amazing band of able volunteers across Pembrokeshire who week by week enable people to get access to good quality emergency food supplies and allowed the Foodbank network to remain open throughout the Covid crisis. The trustees extend their thanks to Bethesda Baptist Church in Neyland, Hill Park Baptist Church in Haverfordwest, Bethel English Baptist Church in Fishguard, Bethel Baptist Church Pembroke Dock and Grace Church Narberth for hosting Pembrokeshire Food Bank rent free.

Pembrokeshire Foodbank opening times and locations :

Haverfordwest: Hill Park Baptist Church Tuesdays 10am - 1pm

Narberth: Grace Court House Wednesdays 10am - 1pm

Fishguard: Bethel English Baptist Church Thursdays 10am - 1pm

Pembroke Dock: Bethel Baptist Church Thursdays 10am - 1pm.

Neyland: Bethesda Baptist Church, Tuesdays 10am -1pm

Peter Sargent

Chair Of Trustees, Acts West Wales

23rd November 2021

**Acts West Wales Annual Report and Accounts
for 1st April 2020 to 31st March 2021
Charity number: 1157963**

Acts West Wales
ANNUAL REPORT AND INDEPENDENTLY
EXAMINED ACCOUNTS - CONTENTS

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Acts West Wales
CHARITY INFORMATION
1st April 2020 to 31st March 2021

Registered Office

Grace Court House
Market Square
Narberth
SA67 7AU

Accountants

Easy Accounting Services Ltd
Unit 3
Narberth Bridge Business Park
Narberth
Pembrokeshire
SA67 8RA

Independent Examiner's Report to the Trustees of Acts West Wales

I report on the accounts for the year ended 31st March 2021, which are set out on pages five and six.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. That accounting records were not kept as required by section 130 of the Act; or
2. That the accounts do not accord with those records; or
3. That the accounts do not comply with the accounting requirements of the Act; or
4. That there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

Easy accounting Services Ltd
Unit 3
Narberth Bridge Business Park
Narberth
Pembrokeshire
SA67 8RA

Date:

Acts West Wales
1st April 2020 to 31st March 2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

ACTS West Wales

1157963

Receipts and payments accounts

CC16a

For the period from	01/04/2020	To	31/03/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	59,084	-	-	59,084	-
Grant income		43,776	-	43,776	-
Handful of rice	9,026		-	9,026	-
Gift aid	-	3,697	-	3,697	-
Interest Received	-	206	-	206	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	68,110	47,679	-	115,789	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	68,110	47,679	-	115,789	-
A3 Payments					
Wages and salaries	11,599	12,560	-	24,159	-
Travel	6,576	1,323	-	7,899	-
Telephone	1,104		-	1,104	-
Stationery and Printing	523		-	523	-
Subscriptions	141		-	141	-
Insurance	553		-	553	-
Repairs and maintenance	3,423		-	3,423	-
Sundry expenses	87		-	87	-
Legal and professional fees	35		-	35	-
Sub total	24,041	13,883	-	37,924	-
A4 Asset and investment purchases, (see table)					
Equipment expensed	1,273	17,655	-	18,928	-
	-	-	-	-	-
Sub total	1,273	17,655	-	18,928	-
Total payments	25,314	31,538	-	56,852	-
Net of receipts/(payments)	42,796	16,141	-	58,937	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	62,549
Cash funds this year end	42,796	16,141	-	58,937	62,549

Acts West Wales
1st April 2020 to 31st March 2021

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account balance	90,148	31,338	-
		-		-
		-	-	-
	Total cash funds	90,148	31,338	-
	(agree balances with receipts and payments account(s))			

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets				-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval