Charity registration number 1157894

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 OCTOBER 2023

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	M Saunders L McLellan D Burdon J Comb A Lambert S Kee Lisa Hertwig
Charity number	1157894
Principal address	8 Harebell Meadows Newton Aycliffe County Durham England DL5 4UG
Independent examiner	Robson Laidler Accountants Limited Fernwood House Fernwood Road Jesmond Newcastle upon Tyne Tyne and Wear England NE2 1TJ

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

CONTENTS

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 OCTOBER 2023

The trustees present their annual report and financial statements for the year ended 31 October 2023.

The Freeman Heart & Lung Transplant Association is a registered charity (registration number 1157894) and is also registered as a Charitable Incorporated Organisation (CIO).

Objectives and activities
The objectives of the CIO are:

1. The preservation and protection of good health and the relief of sickness of heart and lung transplant patients and former heart and lung transplant patients of the Freeman Hospital, Newcastle upon Tyne, who are sick and convalescing by;

   (a) Providing advice and support, either general or specific, in any matter relating to transplantation.

   (b) Providing specific financial assistance, if needed, but only for the purchase of medical equipment to improve the patient's conditions of life and where possible medical research to develop processes and procedures to improve quality of life of heart and lung transplant patients.

   (c) Providing and assisting, where possible, in the provision of amenities in the Freeman Hospital, including equipment and to the furtherance of education in staff for the benefit of heart and lung transplant patients.

2. To advance the education of the public in the needs of transplant patients and to mobilise, encourage, foster and maintain the interest and support of the public in transplant hospitals.

3. The preservation and protection of good health and the relief of sickness by promoting by any lawful charitable means the need for organ donation and the importance of the donor register.

Public benefit
The FHLTA have referred to the Charity Commission's guidance on public benefit when reviewing our aims and objectives and planning future activities.

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 OCTOBER 2023

Achievements and performance
Charitable activities
In the year 2022 – 2023 the Board focused on:

- FHLTA Christmas party 2022 including Annual General Meeting (AGM) – first social gathering since Covid 19 pandemic. Bringing together our transplant community.
- Funding of a further £15,000 for Paragnoix heart boxes (have had a further request for continued funding for this financial year).
- Fundraising packs created at a cost of £809.02 rolled out at the end of last year.
- Patient support fund of £8,500 entrusted to the transplant social workers to support adult and child patients and families (Freeman Heart & Lung transplants).
- Patient support of £250.00 entrusted to the transplant social workers provided in the way of £10 and £20 Sainsbury's vouchers for support with essentials around emergency admissions or longer stays in hospital.
- British Transplant Games went ahead this year in Coventry and we supported patients to attend at a cost of £10,216.87.
- WIFI provided and funded for a further year at the flats at Freeman Hospital £243.42.
- Fees, insurance and maintenance of the 2 FHLTA static caravan sited at Whitley Bay Holiday Park and Tattershall Lakes Country Park at a cost of £24,426.92.
- Further roll out of FHLTA Bags with Love project although due to existing stock this was at a smaller cost of £82.60. These bags are to support patients on wards at Freeman Hospital awaiting, or who have recently received a heart and/or lung transplant.
- Fundraising events, donations and memorials – patients, families and supporters of the FHLTA have raised an amazing £64,749.79 in support of what we do. Thank you to everyone.

Financial review
We are in a stable financial position for a small charity and are positive about the accounts this year and how the charity is running. At the end of this financial year the FHLTA's accounts reported an income of £98,769 and expenditure of £99,673.

Reserves
The FHLTA aims to hold free reserves of £40,000, which is reviewed by the Trustees annually, to act as a buffer to cover:
(1) Contingency: unexpected expenditure in the event of an emergency;
(2) Cash-flow: situations where a bill must be paid before the money to cover it has been received;
(3) Commitment: a commitment to expenditure which cannot be covered by the annual income;
(4) Closure: the charity becomes financially unsustainable and has to be wound up.

Free reserves at the year end were £261,697, which is higher than we aim to hold.
This is due the following issues being encountered:

- Medical Research: the FHLTA had pre agreed £48,000 following applications for Medical Research, although we did not receive invoices or the request for finds as we expected and therefore the budget is well under.

-Medical Conference: the FHLTA has funds designated to support 8 applications from medical staff with £1,000.00 towards costs to attend the International Society for Heart and Lung Transplantation (ISHLT). No medication staff applied for this support although we will make it available in the next financial year.

- The FHLTA's plans to support and fund improvement of the rehabilitation garden that overlooks Ward 38 has not been able to go ahead due restrictions within the NHS. Unfortunately, this is out of our control and sadly we are no longer able to pursue this.

- The FHLTA's plans to provide and maintain a vending machine for transplant outpatients has also come up against some NHS restrictions, although we are still trying to ensure this happens.

Going concern
The Trustees have performed an assessment of the Charity's ability to continue as a going concern, by reference to forecasts and working capital requirements for a period of 12 months from the date of approval of these financial statements. The Trustees are satisfied that the going concern basis of preparation for these financial statements is appropriate.

Risks
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Charity's principal financial instruments comprise cash and cash equivalents. Other financial assets and liabilities, such as trade creditors and trade debtors, arise directly from the Charity's operating activities.

The main risks associated with the Charity's financial assets and liabilities are set out below. The Charity does not undertake any hedging activity and any significant financial risks are addressed on a case-by-case basis.

Interest rate risk
The Charity invests surplus cash in floating rate interest yielding bank accounts, therefore financial assets, interest income and cash flows can be affected by movements in interest rates. However, the Trustees do not consider there to be any significant exposure. The Charity has no bank borrowings.

Price risk
There is no significant exposure to changes in the carrying value of financial liabilities.

Credit risk
The Charity's policy is aimed at minimising such losses. Individual exposures and overdue debts are monitored with customers to ensure that the Charity's exposure to bad debts is not significant.

Liquidity risk
The Charity aims to mitigate liquidity risk by managing cash generated by its operations. Flexibility is maintained by retaining surplus cash in readily accessible bank deposit accounts. Limits on spending authority are in place.

Foreign currency risk
There are minimal transactions in foreign currency. As a result, no hedging activity is undertaken to mitigate this risk.

Investment policy
The Charity ensures that any investment strategy it adopts does not put at adverse risk any of the assets it is responsible for.

Funds are placed on deposit at the highest possible interest rates, consistent with cash flow requirements.

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 OCTOBER 2023

FUTURE PLANS
The FHLTA aims to continually meet the objectives set out in its governing document. The FHLTA Trustees will meet regularly throughout the year to review the accounts, budget and expenditure against budget. The Treasurer will provide a monthly report and access to live account records as required.

In addition to the below 2023 -2024 budget we are planning to:

- To fund an application received for silicone hearts to support heart transplantation research.
- To fund a further application received for 10 Paragonix heart box units following successful outcomes.
- Provide electronic devices for the use of Children whilst in hospital with the remaining grant.
- Hold a family Spring/Summer event in 2024, to encourage our transplant community, families and friends to come together (all are welcome).
- Upgrade to Whitely Bay caravan in 2024 to ensure our pitch lease continues (caravans need to be under a certain age).

Budget going forward:

Designated funds for medical research/staff:	£ 50,000.00
Designated funds for FHLTA bags with love:	£ 4,000.00
Designated funds for Mental Health:	£ 3,000.00
Designated funds for medical conference:	£ 8,000.00
Designated funds for social worker transplant fund:	£ 12,000.00
TOTAL for designated funds:	**£ 77,000.00**

Restricted funds:
Funds for the purpose of that specified by the person(s) donating or raising the funds. These funds will be recorded separately.

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 OCTOBER 2023

Structure, governance and management
Governing document
The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The trustees who served during the year and up to the date of signature of the financial statements were:

M Saunders	
D Airey	(Deceased 21 April 2023)
L McLellan	
D Burdon	
J Comb	
A Lambert	
P Woodward	(Resigned 31 July 2023)
S Kee	
Lisa Hertwig	

Recruitment and appointment of new trustees
From time to time it is necessary for the Charity to recruit new Trustees to replace those that have either resigned during their term of office, or by way of anticipating planned retirements after the completion of a single term of three years.

When a vacancy occurs, the Board will determine the mix of skills and experience needed so as to ensure a fully functioning team of Trustees and will seek to identify individuals who appear to have the qualities and interest in what we do. After fair assessment by a panel of the Board, a proposed applicant is recommended for appointment.

The trustees' report was approved by the Board of Trustees.

.....
J Comb
Trustee
Dated: 28.2.2024

.....
A Lambert
Trustee
Dated: 19.1.24

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

I report to the trustees on my examination of the financial statements of Freeman Heart & Lung Transplant Association (the charity) for the year ended 31 October 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Nicholas Cunningham FCCA
Robson Laidler Accountants Limited
Fernwood House
Fernwood Road
Jesmond
Newcastle upon Tyne
Tyne and Wear
NE2 1TJ
England

Dated: 15-2-2024....

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 OCTOBER 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and legacies	2	21,220	-	21,220	49,805	-	49,805
Charitable activities	3	18,559	-	18,559	25,605	-	25,605
Other trading activities	4	51,537	-	51,537	65,944	-	65,944
Investments	5	7,453	-	7,453	6,140	-	6,140
Total income		98,769	-	98,769	147,494	-	147,494
Expenditure on:							
Raising funds	6	4,093	-	4,093	3,774	-	3,774
Charitable activities	7	94,729	851	95,580	97,595	1,001	98,596
Total expenditure		98,822	851	99,673	101,369	1,001	102,370
Net income/(expenditure) and movement in funds		(53)	(851)	(904)	46,125	(1,001)	45,124
Reconciliation of funds:							
Fund balances at 1 November 2022		421,350	3,606	424,956	375,225	4,607	379,832
Fund balances at 31 October 2023		421,297	2,755	424,052	421,350	3,606	424,956

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

BALANCE SHEET

AS AT 31 OCTOBER 2023

	Notes	2023 £	2023 £	2022 £	2022 £
Fixed assets					
Tangible assets	12		81,076		94,557
Current assets					
Debtors	13	1,969		2,531	
Cash at bank and in hand		342,279		329,770	
		344,248		332,301	
Creditors: amounts falling due within one year	14	1,272		1,902	
Net current assets			342,976		330,399
Total assets less current liabilities			424,052		424,956
The funds of the charity					
Restricted income funds	15		2,755		3,606
Unrestricted funds			421,297		421,350
			424,052		424,956

The financial statements were approved by the trustees on 19.1.24

.....
J Comb
Trustee

.....
A Lambert
Trustee

FREEMAN HEART & LUNG TRANSPLANT ASSOCIATION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 OCTOBER 2023

1 Accounting policies

Charity information

Freeman Heart & Lung Transplant Association is a Charitable Incorporated Organisation (charity number: 1157894) registered in England and Wales. The registered office and other statutory information is shown on the contents page.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

1 Accounting policies **(Continued)**

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	Straight line over 10 years

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from tax on its charitable activities.

2 Income from donations and legacies

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Donations and gifts	21,220	49,805

3 Income from charitable activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Charitable income		
Income from services	18,559	25,605

4 Income from other trading activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising events	51,537	65,944

5 Income from investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Rental income	4,465	4,012
Interest receivable	2,988	2,128
	7,453	6,140

6 Expenditure on raising funds

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising and publicity		
Staging fundraising events	4,093	3,774

7 Expenditure on charitable activities

	Charitable expenditure 2023 £	Charitable expenditure 2022 £
Direct costs		
Depreciation and impairment	13,481	13,481
Insurance	290	417
Telephone	2,544	2,801
Computer software & website	6,741	4,574
Games and special events	16,331	5,648
Motor and travel	4,130	2,050
Hospital purchases	23,635	45,152
Caravan site costs	26,166	21,993
	93,318	96,116
Share of support and governance costs (see note 8)		
Support	678	1,052
Governance	1,584	1,428
	95,580	98,596
Analysis by fund		
Unrestricted funds	94,729	97,595
Restricted funds	851	1,001
	95,580	98,596

8 Support costs

	Support costs £	Governance costs £	2023 £	Support costs £	Governance costs £	2022 £
Sundries	103	-	103	384	-	384
Postage and stationery	575	-	575	668	-	668
Independent examination fees	-	1,584	1,584	-	1,428	1,428
	678	1,584	2,262	1,052	1,428	2,480
Analysed between						
Charitable activities	678	1,584	2,262	1,052	1,428	2,480

9 Trustees

There were no trustees' remuneration or other benefits for the year ended 31 October 2023 nor for the year ended 31 October 2022.

Trustees' expenses
During the year 6 trustees were paid expenses for phone and travel costs totalling £6,327 (2022: 5 trustees paid £6,366).

10 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 November 2022	134,819
At 31 October 2023	134,819
Depreciation and impairment	
At 1 November 2022	40,262
Depreciation charged in the year	13,481
At 31 October 2023	53,743
Carrying amount	
At 31 October 2023	81,076
At 31 October 2022	94,557

13 Debtors

Amounts falling due within one year:	2023 £	2022 £
Trade debtors	331	2,445
Prepayments and accrued income	1,638	86
	1,969	2,531

14 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	-	606
Accruals and deferred income	1,272	1,296
	1,272	1,902

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Balance at 1 November 2022 £	Resources expended £	Balance at 31 October 2023 £
Flats	188	-	188
Internet at mobile home	1,697	(851)	846
Tablets	1,721	-	1,721
	3,606	(851)	2,755

Flats fund:
This fund represents donations received for the upkeep of flats

Internet fund:
This fund represents donations received for the set-up of Wi-Fi

Tablets fund
This fund represents donations received for the purchase of Fire tablets which are to be allocated to transplant wards

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 November 2022	Incoming resources	Resources expended	Transfers	At 31 October 2023
	£	£	£	£	£
Designated funds	86,000	-	-	(9,000)	77,000
General funds	335,350	98,769	(98,822)	9,000	344,297
	421,350	98,769	(98,822)	-	421,297

Previous year:	At 1 November 2021	Incoming resources	Resources expended	Transfers	At 31 October 2022
	£	£	£	£	£
Designated funds	98,000	-	-	(12,000)	86,000
General funds	277,225	147,494	(101,369)	12,000	335,350
	375,225	147,494	(101,369)	-	421,350

The above funds have been designated for the purposes set out in the trustees report.

17 Analysis of net assets between funds

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
Fund balances at 31 October 2023 are represented by:			
Tangible assets	81,076	-	81,076
Current assets/(liabilities)	340,221	2,755	342,976
	421,297	2,755	424,052

	Unrestricted funds 2022	Restricted funds 2022	Total 2022
	£	£	£
Fund balances at 31 October 2022 are represented by:			
Tangible assets	94,557	-	94,557
Current assets/(liabilities)	326,793	3,606	330,399
	421,350	3,606	424,956

18 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).