

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 01	Month 04	Year 2024		Day 31	Month 03

01



Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	RUTH ROGERS	CHAIR		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED COMPANY
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.



Summary of the objects of the charity set out in its governing document

To promote and protect the physical and mental health of the public throughout the United Kingdom, in particular through programmes and activities that tackle low self-esteem with regard to appearance and body image.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Education programme visiting schools, colleges and universities delivering the Body Gossip Performance Project, a 90 minute drama workshop combining creative writing and live performance to encourage a supported and open dialogue about body image and self esteem.

<http://bodygossip.org/performance-project>

Online community and support network providing positive advice and a space for comment about body image and self esteem:

<https://www.facebook.com/bodygossip>

Online film archives of real body stories written by the general public, available for educational and personal use:

<http://bodygossip.org/what-we-do/films>

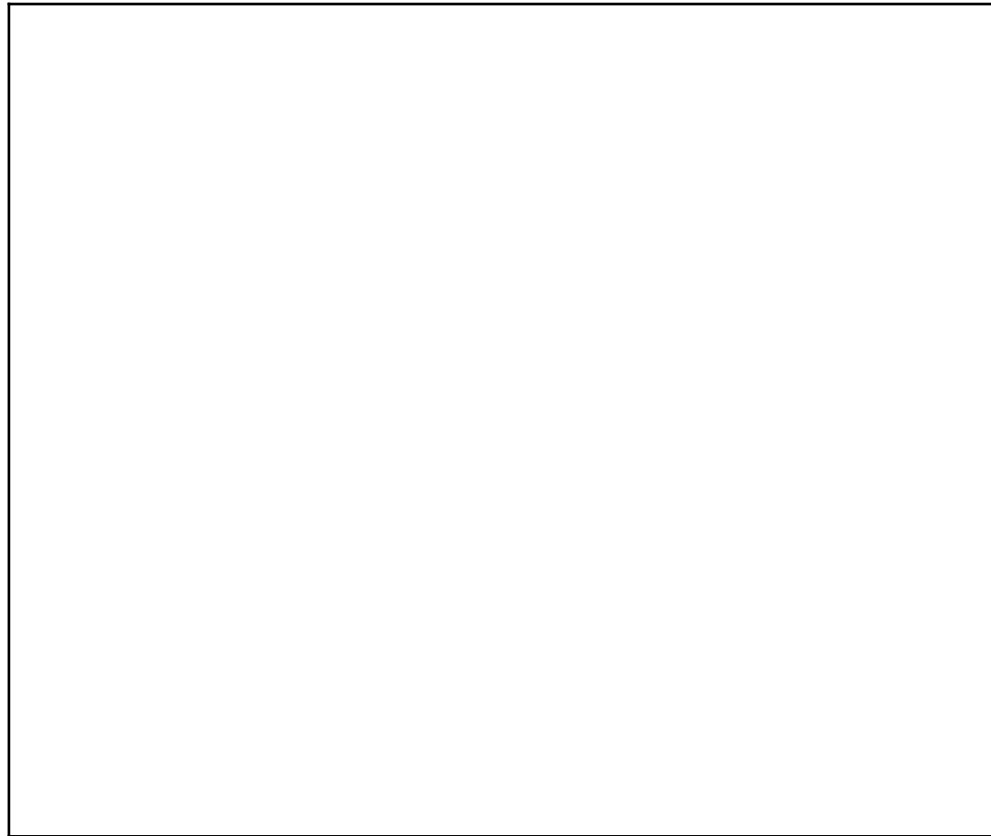
University programme, Body Gossip on Tour, run by students to create live performances of real body stories written by students:

<http://bodygossip.org/what-we-do/body-gossip-tour>

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main
achievements of the charity
during the year**

Body Gossip's activities were dormant in this year.

Brief statement of the charity's policy on reserves

We do not have any financial reserves.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Ruth Rogers

Position (eg Secretary, Chair, etc)

Chair

Date

13/1/26