

BODY GOSSIP

England & Wales · Charity number 1157875

Details

Status Registered

Legal form CIO

Registered 2014-07-16

Register [View on the Charity Commission register](#)

Contact

Address 7 Hillcrest
The Green
Horsted Keynes
Haywards Heath
West Sussex
RH17 7AD

Phone 07740195893

Email info@bodygossip.org

Website www.bodygossip.org

Activities

Objects: TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF THE PUBLIC THROUGHOUT THE UNITED KINGDOM, IN PARTICULAR THROUGH PROGRAMMES AND ACTIVITIES THAT TACKLE LOW SELF-ESTEEM WITH REGARD TO APPEARANCE AND BODY IMAGE.

Activities: Body Gossip promotes and protects the physical and mental health of the public throughout the UK, in particular through programmes and activities that tackle low self-esteem with regard to appearance and body image.

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Children/young People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£0	-
2024-03-31		£0	£0	-
2023-03-31		£0	£0	-
2022-03-31		£0	£0	-
2021-03-31		£0	£0	-

Trustees

Name	Role	Appointed
RUTH SARAH ROGERS BA HONS		2014-07-17

BODY GOSSIP

England & Wales - Charity number 1157875

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 04	Year 2024		Day 31	Month 03	Year 2025

01



Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	RUTH ROGERS	CHAIR		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	CHARITABLE INCORPORATED COMPANY
Trustee selection methods (eg. appointed by, elected by)	APPOINTED BY TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.



Summary of the objects of the charity set out in its governing document

To promote and protect the physical and mental health of the public throughout the United Kingdom, in particular through programmes and activities that tackle low self-esteem with regard to appearance and body image.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Education programme visiting schools, colleges and universities delivering the Body Gossip Performance Project, a 90 minute drama workshop combining creative writing and live performance to encourage a supported and open dialogue about body image and self esteem.

<http://bodygossip.org/performance-project>

Online community and support network providing positive advice and a space for comment about body image and self esteem:

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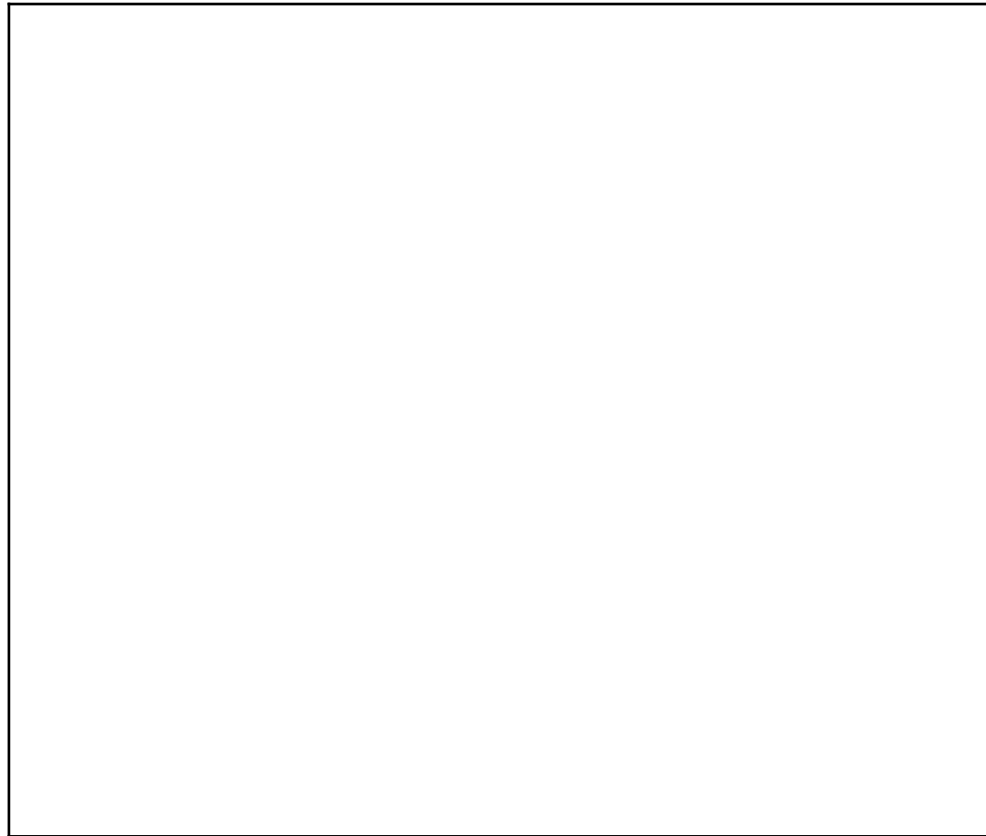
University programme, Body Gossip on Tour, run by students to create live performances of real body stories written by students:

<http://bodygossip.org/what-we-do/body-gossip-tour>

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

Body Gossip's activities were dormant in this year.

Brief statement of the charity's policy on reserves

We do not have any financial reserves.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s) Ruth Rogers

Position (eg Secretary, Chair, etc) Chair

Date 13/1/26

BODY GOSSIP

England & Wales - Charity number 1157875

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Trustees' Annual Report for the period						
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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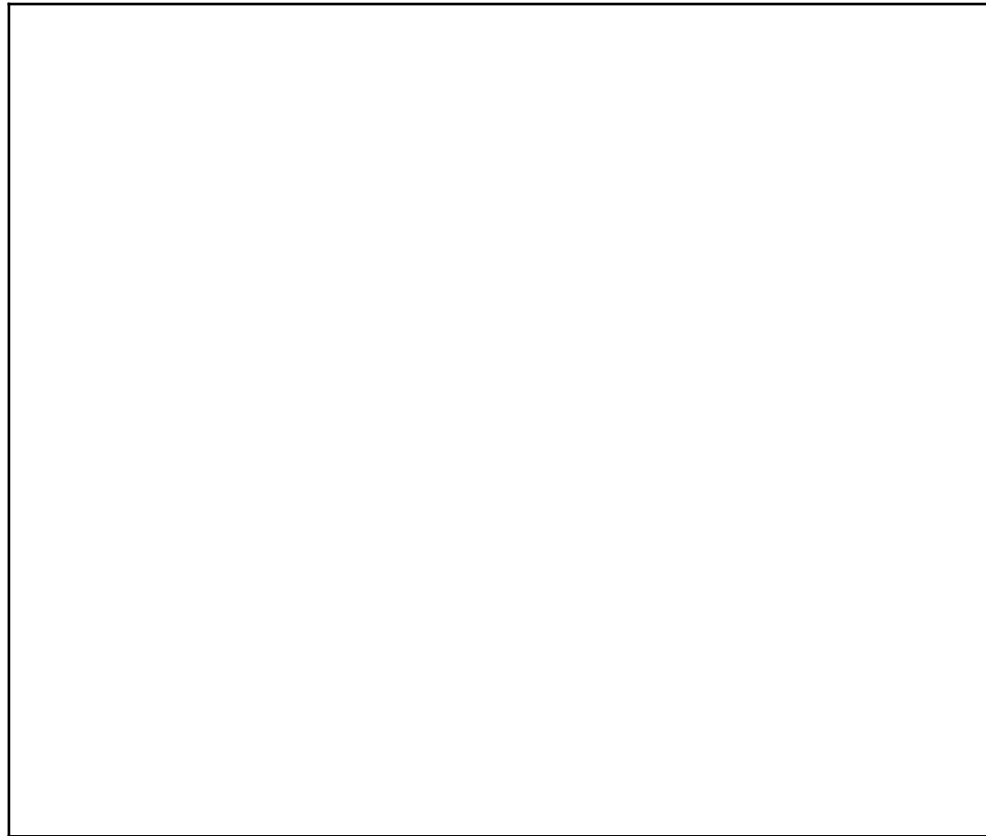
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Section F

Other optional information

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Ruth Rogers

Full name(s) Ruth Rogers

Position (eg Secretary, Chair, etc) Chair

Date 24/1/25

BODY GOSSIP

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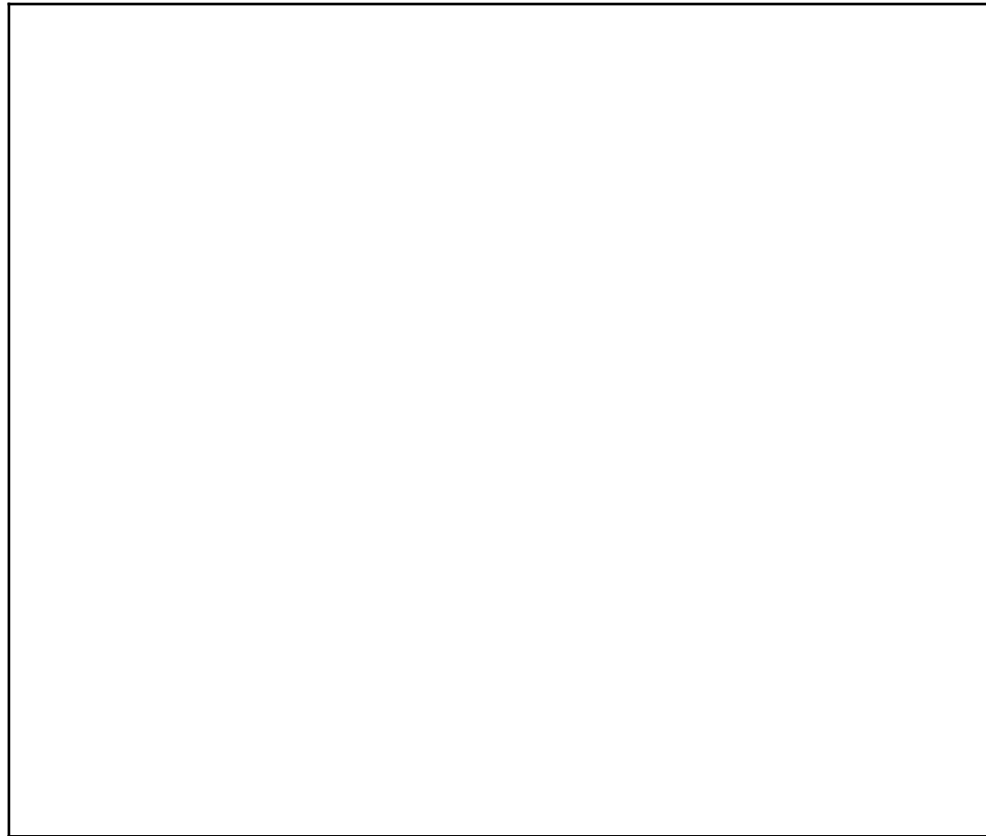
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Other optional information

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Signed on behalf of the charity's trustees

Signature(s) Ruth Rogers

Full name(s) Ruth Rogers

Position (eg Secretary, Chair, etc) Chair

Date 13/5/24

BODY GOSSIP

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42 HANBURY STREET	
LONDON	
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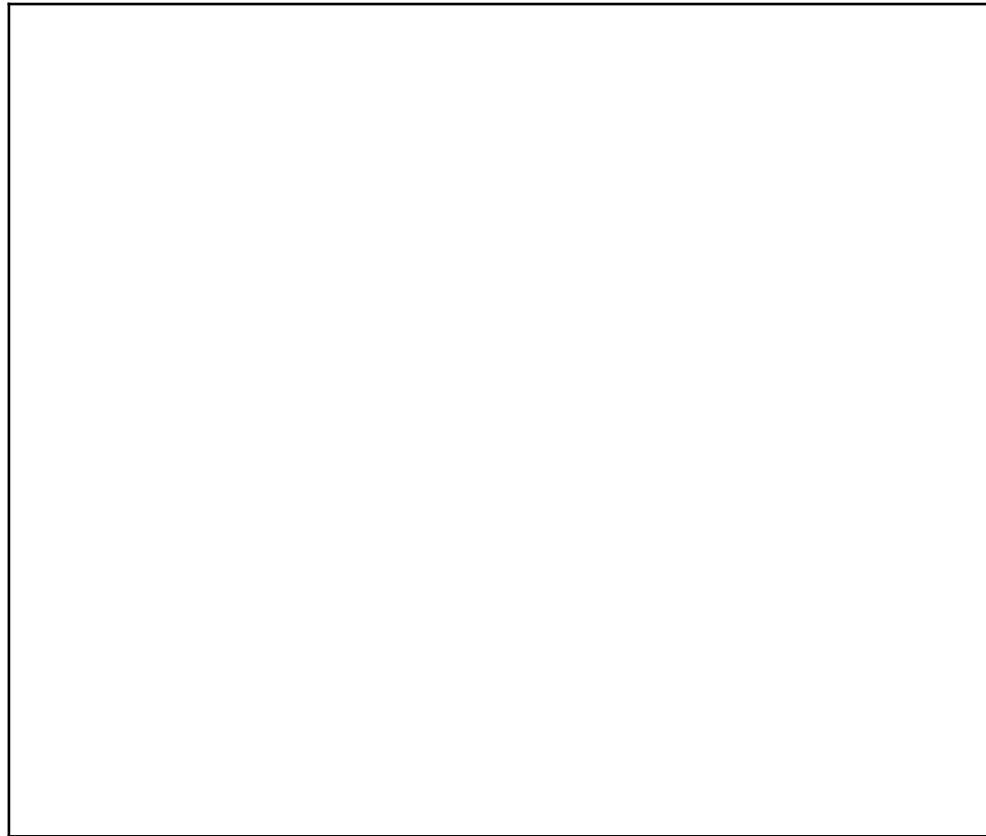
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Section F

Other optional information



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Signed on behalf of the charity's trustees

Signature(s) Ruth Rogers

Full name(s) Ruth Rogers

Position (eg Secretary, Chair, etc) Chair

Date 5/1/23

BODY GOSSIP

England & Wales - Charity number 1157875

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From	Period start date			To	Period end date		
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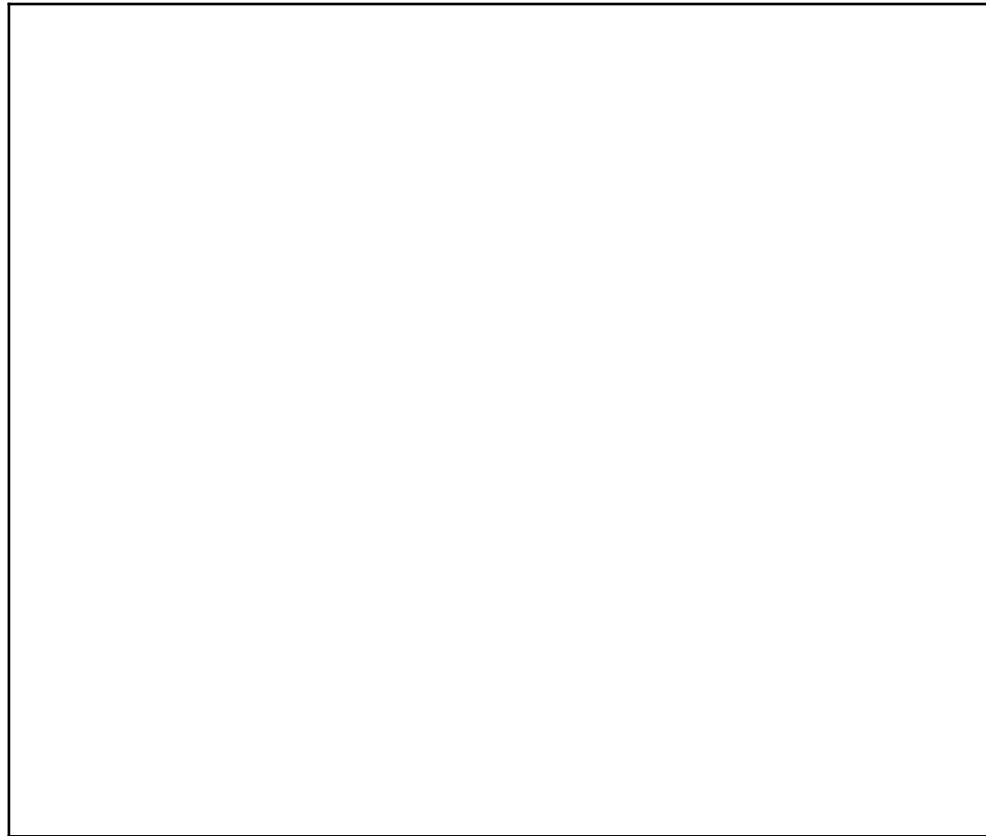
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Other optional information

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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Ruth Rogers

Full name(s) Ruth Rogers

Position (eg Secretary, Chair, etc) Chair

Date 28/1/22