

South East London Arts Network  
Operating as



working creatively for a healthier happier community

# ANNUAL REPORT AND FINANCIAL STATEMENTS

for  
April 2022 to March 2023

Company Number: 07897115  
Charity Number: 1157803

The Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the accounts of South East London Arts Network Limited (Arts Network) for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and accounts of the charity.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

## AIMS OF THE CHARITY

The aims of the Charity as stated in the Articles of Association are:

- (1) To relieve the needs of people living in South East London who have severe and enduring mental health support needs by the provision of Arts activities
- (2) To advance the education of the public in the subject of severe and enduring mental health issues

### Strategy For Achieving These Aims

1. Arts Network's main strategy is to provide a range of creative workshops and personal development opportunities for people with complex mental ill health. Members are encouraged to get involved at all levels of the organisation and take an active part in the Charity's development. We also train members as facilitators and co facilitators. We organise and run several external workshops where members can facilitate or co-facilitate and share the skills they have learnt with members of the public.

2. Arts Network actively works to fight against the stigma that exists around mental health. We achieve this in a number of ways, including exhibiting members' work both in-house and in external exhibitions. Exhibitions are not only a great way to showcase our members' talents; they also provide opportunities for members to get involved with planning, preparation and delivery. In addition, members are encouraged (but never pressured) to assist in the running of exhibitions, helping with things such as welcoming people, talking to them about Arts Network and about their work as well as showing visitors around.

## BACKGROUND

Arts Network was originally formed as Network Arts in 1996 as a pilot project. In 2012, due to the restructuring of 'Day Services' by South London and Maudsley NHS Foundation Trust, Networks Arts was decommissioned. That same year it was reconstituted as South East London Arts Network Ltd by two of the original staff. It is now a Charity and a Company Limited by Guarantee. Changes have been made to ensure that all Company and Charity documentation are under the company name South East London Arts Network (SELAN) -

Arts Network is a Community Arts Charity for those who with complex mental ill health and live in Southeast London.

Arts Network provides an alternative approach to healthcare for those whose lives are severely impacted directly by their mental ill health.

Arts Network takes a holistic approach in the services it offers and provides an environment that facilitates the development of people in a positive and creative way.

Arts Network has provided supported, structured activities in a safe and welcoming environment where each member can develop at their own pace.

With on-going and continued support, members are encouraged to promote and develop their work and skills through organised exhibitions, internal and external public workshops. These public exhibitions and workshops help to promote a better understanding of mental health issues.

## EXISTING BOARD

The board currently consists of 3 elected Director/Trustees

### Active Trustees

Chair                    Hannah Dunstan (appointed 24 November 2022)

Trustees                Gill Phillips - Legal and HR (appointed 1 April 2016)  
                              Kate Emblen - Member Rep and Health and Safety (appointed 12 March 2019)

### Further trustees serving during 2022 – 23 are as follows:

William Nicholson – resigned as Chair on 24 November 2022  
Jake Strickland – resigned as Trustee on 23 November 2022  
Dave Sullivan – resigned as Trustee on 24 November 2022  
Claire Morris - resigned as Company Secretary in February 2023

All trustees are unpaid volunteers

### Registered office:

8-12 Eltham Road  
Lee Green  
London  
SE12 8TF

### Other professional bodies associated with the Charity:

#### Accountant:

Simon Erskine FCA FCIE DChA  
61 Mortimer Road  
London  
NW10 5QR

## STAFF TEAM

During 2022, Arts Network worked with Hodwell Associates consultancy to undertake a governance and management team review, including planning for Mo Saunders' retirement in September 2024. The review concluded with a set of recommendations which were implemented by the board from December 2022. In March 2023, Mo Saunders stepped down as Founder/CEO and took up post as Founder. Charlotte Wilson was offered and accepted an Interim CEO position, to be reviewed in September 2023. Em Greyharbour stepped into a new Head of Engagement post.

All staff are qualified in their field, and most have lived experience of mental ill health.

### Staff team and changes from April 2022 - March 2023

Mo Saunders:

- To 13 March 2023 – Founder / CEO, 3 days per week
- From 14 March 2023 – Founder, 2 days per week

Charlotte Wilson:

- To 17 June 2022 – Operations Manager (Parental Cover), 4 days per week
- 18 July 2022 - 13 March 2023 – Programme Manager, 4 days per week
- From 14 March 2023 – Interim CEO, 4 days per week

Em Greyharbour:

- Phased return from parental leave, from June 2022
- To 13 March 2023 - Operations Manager, 4 days per week
- From 14 March 2023 – Head of Engagement, 4 days per week

Declan McGill: Communications and Engagement Lead, 3 days per week

Lucy Thomas: Facilitator & Member & Gallery Co-ordinator, 4 days per week

Jannat Hussain: Facilitator, 2 days per week, rising to 3 days per week in October 2022

Jasmine Waldorf: From 20 September 2022 – Facilitator, 2 days per week

David Whiting: From October 2022 – Fundraiser (freelance)

Edward Freeman: From July 2022 – Member Advice & Advocacy (freelance)

Dareen Burnett: Left 20 April 2022 – Facilitator, 3 days per week

Ruth Pickard: Left 15 September 2022 - Facilitator, 3 days per week

Matthew Couper: Left 30 September 2022 – Development Director, 2 to 1 days per week (freelance)

## ORGANISATION STRUCTURE, GOVERNANCE & MANAGEMENT

### Governance

The Arts Network Board of Trustees is responsible for setting the strategy, direction and management of the Charity.

At the first meeting following this AGM the elected board members will be asked to nominate a Chair, Treasurer and Secretary thus maintaining a link between the Board and the day-to-day running of the Charity. There is also a members' forum consisting of a member Trustee and any Arts Network members who wish to be involved. This is designed so there is a strong link between the membership and the Board.

It is hoped that the Board will consist of trustees with different skills and from various walks of life, including those with relevant experience in mental health, accounting, law, marketing and publicity, a carer an artist and at least one member from the Arts Network membership.

### Board Development

In June 2022, Hodwell Associates reviewed the existing board and made recommendations on its development. Three stages were identified: to appoint a new Chair, appoint new trustees and review the organisational structure. Following a recruitment process, Hannah Dunstan was appointed as Chair in November 2022. Recruitment for new trustees is ongoing.

### Organisational Structure

Arts Network's current staff team is made up of seven people on PAYE contracts, working between 14 and 28 hours per week and two people on freelance contracts. The Chief Executive is accountable to the Board of Trustees and works alongside the Founder as their gradual tapering from the CEO/Founder post continues until September 2024. The Chief Executive manages the Head of Engagement and the freelance fundraiser. The Head of Engagement manages the facilitator team, the Communications and Engagement Lead, other freelance posts and volunteers.

### Continuing Professional Development

Arts Network strives to provide opportunities for all staff to develop in ways that are relevant to both the individual and organisation. This year, the team has undertaken Active Bystander and Emergency First Aid at Work training (with member volunteers also taking part). We continue to work with Flourishing Lives to deliver Reflective Practice sessions for the team, which are facilitated online by a trained counsellor. The sessions provide structure for emotional support and in-depth reflection on working practice. Alongside this, we have established a continuous process of identifying areas of development for the team. We work towards these by discussing and setting goals to work towards throughout the year.

## FINANCIAL REVIEW

Details of the income and expenditure for the year are given in the Statement of Financial Activities on page 15 and the Balance Sheet is set out on page 16. Free reserves at the end of the year amounted to £28,418 which is below the reserves policy which calls for them to amount to 25% of running costs – i.e. approximately £50,000. The purpose of reserves is to pay redundancy costs if this becomes necessary; to pay for running costs during the wind-up period; and to cover unforeseen or unexpected costs.

The charity management and board are prioritising the need to build up reserves. Over the course of the year, the charity has been called upon to cover recruitment costs due to changes in senior management, and a shortfall due to a delay in a grant payment. Alternative funding was awarded to cover this. However, these factors have led to less unrestricted income being generated over the course of the year. Moving forward, the charity has plans in place to increase unrestricted funds to hold as reserves.

## PROGRAMME OF ACTIVITY

### Context

During 2022-23, the charity has been able to move away from online and distanced delivery to refocus on our in-person programme. This has been possible due to the relaxing of restrictions relating to the pandemic alongside a gradual increase in confidence in our members for leaving home, travelling and socialising. We have retained some elements of our Stay Connected programme, through our magazine, newsletters and online workshops. Our membership numbers remain stable, with about 110 Studio Members and 100 Associate Members at any given time. Our independent evaluation shows participants clearly “use creativity to achieve personal goals, gain confidence and skills, and develop healthy and supportive relationships”, whilst feeling happier, less lonely, safe and respected.

### In-person creative workshops in Lewisham

Alongside our open studio sessions, we increased and diversified our workshop offer based on demand. This included introduction of structured workshops exploring creative skills such as sculpture, painting, mask-making, animation and textile crafts. These have been co-facilitated and supported by four volunteer members. In total, we have delivered 315 workshops, with 103 members taking part.

### In-person creative workshops in Lambeth & Southwark

Funding from Maudsley Charity and City Bridge Trust has enabled Arts Network to begin outreach work in Lambeth and Southwark. We have focussed on short series of workshops in a variety of locations. We simplified our referral process, so participants don't need to become Studio Members of Arts Network to take part. After participating, a number of people have gone on to complete a full referral for Studio Membership, proving the outreach workshops are useful in engaging people who may need longer-term support. We had a total of 45 participants taking part across Lambeth and Southwark, supported by two volunteer members:

Art Academy, Southwark – we delivered 22 sessions through our partnership with the Art Academy, focussed on painting and printmaking. The group also visited Tate Modern, which is close to the Art Academy site.

Dulwich Picture Gallery, Southwark – we completed two residences at the gallery (Apr - May 22 and Feb - Mar 23), where participants explored the temporary exhibitions through creative activities. The first residency culminated in a public showcase of work made during the sessions.

Stockwell Park Community Centre, Lambeth – we held two drop-in, collaborative printmaking sessions at the centre in April and May 2022.

Darwin Court, Southwark – through a grant from the Peabody Community Fund, we started working at Darwin Court in January 2023. The sessions run in 10-week projects, with the first project focussing on storytelling and the second

on still life drawing. The building is in the direct locality of the new development Arts Network has secured, so our work at Darwin Court is important in building our presence in the community ahead of the eventual move.

### Stay Connected - online creative workshops

We continue to host two online workshops per week, as feedback from members tells us they are accessible and relevant. We combine discussion on art with practical creative activities. In order to help members who are not able to attend in person feel less isolated, we now deliver the sessions from our studio alongside other workshops, so they feel part of the community and wider activity.

### Stay Connected - magazine

To maintain this popular magazine alongside increasing in-person activity, we published issues bi-monthly, with a circulation of 820 per issue. The December 2022 issue was co-produced with members, who were supported to write creative activities, contribute designs for colouring-in pages, submit artwork and finish the sentence: 'Arts Network is...'. In the months where we didn't publish a magazine, we posted a Stay Connected newsletter to our membership, containing information on upcoming workshops and events, member news and a creative prompt.

### Trips

Arts Network continues to work with cultural venues and organisations across London to provide opportunities for our members to visit exhibitions and events, often including a creative workshop. The trips provide opportunity for members to gain confidence in using public transport, visiting new places and socialising. The trips this year included:

Kew Gardens – A visit for Community Open Week, where members took part in a variety of creative workshops and a tour of the gardens.

Migration Museum – the visit included a workshop led by Arts Network facilitators which informed a continuation project held at Arts Network. This accessible and local venue (in Lewisham Shopping Centre) meant this trip enabled one member to visit a museum for the first time.

Horniman Museum – our partnership has enabled free access to ticketed venues and events at the museum, including the Butterfly House and The Jerk Cookout – a festival celebrating Jamaican culture.

The Queen's Gallery – members visited the *Japan: Courts and Culture* exhibition and took part in a creative mindfulness workshop in the gallery.

Royal Academy of Arts – a visit to see the Making Modernism exhibition

Eltham Palace – members enjoyed a tour of the palace and gardens

Mexican Embassy – The artist Paula R Rodriguez invited members to contribute to an installation for their solo exhibition at the Mexican Residence, exploring Mexican culture and Day of the Dead. Paula facilitated paper flower-making workshops at Arts Network which formed part of an alter in the exhibition. A group of members enjoyed a visit to the exhibition, which included creative activities and a talk from Paula.

## Volunteer Programme

The volunteer programme at Arts Network continues to develop and ensure members have opportunities that are relevant to them. The group of members who undertook training in November 2021 have taken up the following opportunities: one volunteer supports a personal project session at Arts Network on a weekly basis; one volunteer co-facilitated sessions at Art Academy and continues at the Darwin Court sessions; another volunteer co-facilitated at both residencies held at Dulwich Picture Gallery; five volunteers developed and delivered creative sessions for the public at the Horniman Museum, three wrote activities that were published in Stay Connected and two members develop and co-facilitate ongoing crafting afternoons at Arts Network.

One member who has completed the volunteer training and co-facilitated a variety of workshops since, explains: 'When I first came to Arts Network, if someone said the word 'work' I would have shivered inside I was so frightened of it ... [Arts Network] has made me feel a bit more confident to be around people'. Since becoming a member, they have taken up paid employment, with Arts Network providing a reference.

## Exhibitions

Arts Network has a member of staff working as gallery co-ordinator, which ensures we have a regular programme of exhibitions at the Arts Network gallery and external venues. The exhibitions offer members the opportunity to showcase their work to peers and the public, resulting in increased confidence in sharing and talking about their work. The exhibition programme this year included:

### *Arts Network Gallery*

May – Aug 22 - a vibrant display of painting and drawing work by two members

Sept – Nov 22 – a showcase of work created during the Dulwich Picture Gallery project, inspired by Helen Frankenthaler

Nov 22 – Mar 23 – a display of work by two members inspired by nature

Mar 23 – onwards – group exhibition

### *External exhibitions*

May 22 - Dulwich Picture Gallery – A display of work created during the partnership project, including a wishing tree located in the gallery gardens

Oct – Nov 22 - Ninth Life, Catford - This was a varied showcase of work by Arts Network members and projects we have run with the wider community

Oct 22 - Two billboards designed by the social prescribing group were on display in Brockley and Forest Hill, to coincide with World Mental Health Day 2022

## Snack 'n' Chat

Held on a quarterly basis, Snack 'n' Chat meetings continue to be a valuable space for members to offer feedback and ideas on the creative programme and operations at Arts Network. Suggestions on workshops and visits are discussed with members and built into the programme of activity for the following months. The member-trustee is

present at the meetings, to provide updates on governance and ensure a direct link between members and the Board of Trustees.

## London Borough of Culture – Lewisham 2022

Arts Network was part of the Borough of Culture programme throughout 2022 in numerous ways:

Artist in Residence for a day – Arts Network hosted an artist for a day, who facilitated workshops in Chinese calligraphy for members and the public.

Mosaic bench – We received Borough of Culture funding from Lewisham Council to create a Gaudi inspired mosaic bench at Wild Cat Wilderness – a local community greenspace. Mosaic workshops took place at Arts Network and building began in summer 2022, to be completed in summer 2023. The bench will be in a peaceful orchard area of the space, adding colour and allowing space for visitors to sit and enjoy the natural surroundings.

Teatro Vivo – we hosted a drama workshop led by Teatro Vivo, which explored the climate emergency and what members think Lewisham should be doing to act. The ideas formed in the workshop helped Teatro Vivo to develop a public theatre piece performed around the borough.

Lewisham People's Day – Arts Network hosted a stall and collaborative creative workshop at Lewisham People's Day festival, where we interacted with approximately 300 people.

Thriving Communities – see below

## Social Prescribing Pilot – Thriving Communities

Arts Network received a grant from the Lewisham Thriving Communities project, which was funded by the UK Government through the UK Community Renewal Fund. The project was coordinated by Entelechy Arts, working on behalf of a consortium of culture and health organisations in Lewisham. Connected Communities handled referrals through social prescribing - 33 referrals were received across the 12 organisations taking part, with Arts Network receiving nine of these.

A series of eight workshops took place from June to August 2022, where participants were supported to create art using techniques that were new to them. From artwork and discussions during the workshops, a billboard design displaying a positive message related to mental health was produced and displayed in two locations in Lewisham for World Mental Health Day 2022.

We identified that many of the participants would be able to access our Studio Membership through our existing referral process and social prescribing is a potential stream for people to access longer-term support where needed.

## Member support

Significant time has been delegated to our management team to provide flexible support to members outside of our creative programme. This includes spending time with members who are struggling with their mental health or have a practical issue they need advocacy or assistance with. When required, we liaise with their care team and make referrals to other local organisations who can provide specialist support. We work with an advisor who we refer members to for practical support issues, such as debt, housing and welfare benefits. In addition, we monitor member attendance and after a short period of absence, check in with a phone call; firstly to the member and then to their care

team or carer if we are concerned for their wellbeing, or have not had contact for some time. In recognition of the cost-of-living crisis, we signpost all members to local food banks and community meals.

## Digital engagement

Arts Network's digital presence continues to develop across three areas:

Social media – engagement across Instagram, Twitter, Facebook and YouTube has continued to steadily increase. Engagement on Instagram is particularly successful, with follower numbers exceeding 1000 for the first time, and care is taken to ensure a visually exciting, relevant and regular stream of content is published.

E-newsletters – we continue to send a monthly newsletter to stakeholders, via email, which provides updates on our programme, public workshops and showcases member work and news.

Website – the Arts Network website hosts a digital archive of our Stay Connected magazine and YouTube workshops, all of which is free and open access. Options to sign-up to the newsletter and make a monetary donation continue to be used by the public and stakeholders. Our Communications & Engagement Lead ensures the website is kept up to date with relevant information. Discussions to redevelop the website to ensure clarity and accessibility are ongoing, with additional funding required to facilitate this.

## PARTNERSHIP DEVELOPMENT

### Horniman Museum and Gardens

Arts Network's established relationship with the Horniman has continued to develop and thrive this year, with a particular focus on opportunities for member volunteers:

#### *Public workshops*

We have supported five members to deliver creative workshops in the Horniman's Hands on Base. Members attended a 3-hour training session at the Horniman where they learn about objects in the handling collection and how to safely handle them. They then attended further sessions at Arts Network, where they developed a workshop inspired by the object/s from the handling collection, before delivering their 2-hour workshop with the public at the Horniman. Members receive a small 'thank you' payment from the Horniman upon delivering a workshop.

#### *Object in Focus*

The Horniman's Object in Focus project provided opportunity for Arts Network to receive a loan of objects from the museum collection. This year, we received a collection of ammonites which were situated in our workroom for members to view and learn from. We held a series of workshops inspired by the ammonites and planned a fossil hunting trip to Lesnes Abbey Woods (to take place in April 2023).

#### *Online workshops*

The Community Engagement Team delivered online sessions for our members throughout the year as part of our regular online workshop programme. The sessions were discussion based and inspired by objects from the museum collection, often on the current Stay Connected theme. These sessions have ensured access to the museum for our members who are not able to visit in person.

As part of our independent evaluation this year, the Community Engagement Coordinator at the Horniman commented:

"We have a long and productive partnership history with Arts Network and have worked on many projects together, from event programming to museum exhibitions. We both have a really good idea of how the other one works which makes everything much easier in terms of partnership. For this reason, Arts Network are one of our most reliable partners even for fairly last-minute proposals – we also know that the ethos and leadership is aligned with the way we approach things too. We value the partnership highly and are always open to fresh ideas and new ways of working together."

### Tower Bridge

Arts Network was pleased to be selected by one of our funders, City Bridge Trust, to benefit from a project in partnership with Tower Bridge. During August, the artist-in-residence at Tower Bridge, Melissa Scott-Miller, delivered observational drawing workshops for Arts Network members. The first workshop took place at Arts Network and a nearby park, and the second at Tower Bridge. During her residency, Melissa Scott-Miller created five oil paintings, three of which were auctioned, with proceeds of £3965 being donated to Arts Network. We would like to thank City Bridge Trust, Tower Bridge and Melissa Scott-Miller for their generous support on this project.

### Hear Myself Think

Following a successful project with Hear Myself Think in 2021, Arts Network was invited to take part in their second project during August and September. A series of six online creative writing workshops was facilitated by six writers. The workshops acted as research for the facilitators in the development of an audio-theatre series which is available online. Each episode features a monologue from a different character, 'offering instruction, comfort and the restorative power of good company', alongside 'opportunities for active engagement with your own wellbeing'. Members who took part in the workshops benefitted from creative support and guidance from each facilitator and some submitted their work for publishing on an online archive of participant writing.

### Sydenham Arts

Arts Network was invited to contribute to Sydenham Art's Creative Futures programme, which supports young people into the creative industries through skills development and mentoring opportunities. Arts Network delivered a workshop on art journaling and mindful art, which offered a toolkit of creative activities to support wellbeing and was well received by participants.

### SLaM Volunteer Programme

Arts Network sits on the South London and Maudsley volunteer consortium (VolCo). This group meets every 3-4 months to share best practise and discuss further opportunities for volunteers. Arts Network volunteers are offered the opportunity of training through the SLaM volunteer programme and are supported to apply for a free DBS check upon completion. VolCo recently invested in Assemble (volunteer management software) which aims to support volunteers with managing their roles as well as a platform to apply for roles and/or 'shifts'. It will also record the hours volunteered which will highlight how essential their contribution is towards the organisation.

### National Network

At the start of pandemic, we established a national network to exchange thoughts of ways of working and best practice. The group also noticed a lack of diversity within the sector and Arts Network has led the way on producing and managing an inclusion training programme. Meetings take place on a quarterly basis, usually online. Members of the National Network can be found on our website: <https://artsnetwork.org.uk/wp/national-network/>

### Dulwich Picture Gallery

*As detailed above in 'In-person creative workshops in Lambeth & Southwark' section*

In addition, a small group of members took part in the Gallery's The Past for the Present project, where a team of community researchers visited Arts Network for a workshop with the group. The aim was to understand how local people engage with the gallery and the research will be used to develop new programmes.

### Wild Cat Wilderness

*As detailed above in 'London Borough of Culture' section*

## IMPACT

Arts Network commissioned Converge Evaluation & Research Team (CERT), a group of researchers with lived experience of mental health challenges based at York St John University to complete an annual evaluation of the charity's work. CERT have carried out evaluation for Arts Network since 2018, however the key difference this year was the involvement of a group of Arts Network members as co-researchers. The group took the lead as much as possible, from designing evaluation methods to analysis of data and drawing conclusions.

The evaluation found Arts Network provides a welcoming and safe space where people suffering from severe mental illness can find a place of belonging, a home, a sanctuary and oasis, a space where they are both appreciated and respected.

The researchers asked how important Arts Network is to members' lives: 'the four most common answers were "I look forward to learning new things"; "It takes my mind off things"; "I feel part of a community at Arts Network"; and "it's something I really look forward to each week"'. Data gathered through the evaluation "indicates that Arts Network members believe it helps them engage more broadly in their community".

The world cloud below was created from words added to a mind-map by the member co-researcher group, during one of their sessions with CERT:



## FUNDING SOURCES

Arts Network would like to thank our funders for the financial and additional organisational support they have kindly provided. Their support has allowed us to grow and develop whilst continuing to provide a supportive and creative community to those in need.

This year we have been funded by: The National Lottery Community Fund, City Bridge Trust, Pegasus Trust, The London Community Foundation, Maudsley Charity and Garfield Weston Foundation.

We also send our thanks to members of the community who have generously donated to the charity throughout the year.

## FUTURE DEVELOPMENTS

### Programme

We will continue to develop our programme of activities to ensure they are relevant and accessible to our members and participants. Embedding our volunteer programme within our work and developing clear pathways for members will remain a focus. We will also refine our process for keeping in touch with members, to ensure we are maximising and sustaining engagement. Following the success of our outreach projects and learning from piloting social pre-scripting, we are continuing to build short-term engagement into our programme. For accessibility we are looking to

adopt a tailored referral process for short workshop series, whilst supporting participants to go on to complete a referral for our Studio Membership when appropriate.

### Southwark building

Arts Network has secured space in a new build site to be located on Rodney Road in Southwark. We will be the tenants of a community space housed on the first floor of the building, which will primarily hold a hotel in addition to a shop. Planning permission was granted in February 2023, with Arts Network's use of the community space being a key factor in the application. The build is expected to be completed in 18 months from breaking ground.

The lease will be secured for 10 years, with no rental payments. We will be responsible for ensuring other local community groups and organisations also have free access to the space. The building will be accessible and is well located for public transport. Plans for the space includes: a public gallery, studio and workshop spaces, café area and meeting rooms. The space will become Arts Network's main base, however we will retain a presence in Lewisham to ensure our existing membership have options for accessing our programme.

### Funding strategy

Much of our funding comes to an end in 2023, so planning and applications are underway to ensure we can continue to develop our creative programme, whilst adapting based on learning from the past few years. We have positive relationships with our current funders and will be returning to them for new and continued project funding, whilst identifying other trusts and foundations to approach where needed, particularly for unrestricted grants.

### CERT evaluation suggestions

The report written by CERT detailed six suggested areas of development for Arts Network, including, in brief: consolidating our programme rather than expanding; continuing to develop community outreach, particularly in Southwark; a careful and considered approach for the move to Southwark; to seek funding for a Social Return on Investment calculation; review access to trips for members and finally, utilising online workshops, social media and Stay Connected as tools for income streams and audience engagement.

### Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006.

This report was approved and authorised for issue by the Trustees on 21 October 2023 and signed on their behalf by:



GILL PHILLIPS, Chair

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOUTH EAST LONDON ARTS NETWORK LIMITED**

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I report to the charity trustees on my examination of the accounts of South East London Arts Network Limited for the year ended 31 March 2023 which are set out on pages 15 to 24.

This report is made solely to the Trustees, as a body, in accordance with regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Trustees for my independent examination work, for this report, or for the statement I have given below.

### **Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).



**Simon Erskine FCA FCIE DChA**  
61 Mortimer Road  
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NW10 5QR

21 October 2023

## SOUTH EAST LONDON ARTS NETWORK LIMITED

### STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
<b>INCOME FROM:</b>					
Grants and donations	2	34,780	116,110	150,890	181,345
Hire of studio space		10,505	-	10,505	9,415
Other income		349	-	349	177
External Workshop Sales		150	-	150	289
Interest Income		60	-	60	-
<b>TOTAL</b>		<b>45,844</b>	<b>116,110</b>	<b>161,954</b>	<b>191,226</b>
<b>EXPENDITURE ON:</b>					
Staff costs	3	52,323	97,384	149,707	138,834
Freelance contractors		-	6,084	6,084	36,531
Support costs	4	32,073	-	32,073	15,296
Staff Training		-	1,106	1,106	2,252
Project costs:					
Stay Connected		-	3,193	3,193	5,461
Centre 70		-	-	-	795
Lewisham and Southwark Outreach		-	2,636	2,636	216
Materials		-	606	606	314
Equipment		-	676	676	45
Advocacy and Advice		-	1,120	1,120	-
Event / Exhibition Costs		-	230	230	70
Travel		-	372	372	-
<b>TOTAL</b>		<b>84,396</b>	<b>113,407</b>	<b>197,803</b>	<b>199,814</b>
<b>Net income/(expenditure)</b>		<b>(38,552)</b>	<b>2,703</b>	<b>(35,849)</b>	<b>(8,588)</b>
<b>RECONCILIATION OF FUNDS:</b>					
TOTAL FUNDS BROUGHT FORWARD		66,970	13,118	80,088	88,676
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>£ 28,418</b>	<b>£ 15,821</b>	<b>£ 44,239</b>	<b>£ 80,088</b>

### NOTE ON COMPARATIVES

An analysis of the comparatives between restricted and unrestricted funds are given in Note 12 on page 24.

The annexed notes form part of these financial statements

**BALANCE SHEET**  
**As at 31 March 2023**

	Notes	2023	2022
		£	£
<b>FIXED ASSETS</b>			
Tangible assets	6	7,142	9,522
<b>CURRENT ASSETS</b>			
Debtors	7	-	1,215
Cash at bank and in hand		21,403	51,635
Deposit account		40,079	40,018
		<u>61,482</u>	<u>92,868</u>
<b>CREDITORS: amounts falling due within one year</b>	8	(24,385)	(22,302)
<b>NET CURRENT ASSETS</b>		<u>37,097</u>	<u>70,566</u>
<b>NET ASSETS</b>		<u>£ 44,239</u>	<u>£ 80,088</u>
<b>FUNDS</b>			
Restricted funds	9	15,821	13,118
Unrestricted funds:			
Designated property fund	9	12,000	12,000
General fund	9	16,418	54,970
		<u>28,418</u>	<u>66,970</u>
		<u>£ 44,239</u>	<u>£ 80,088</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

For the year ending 31 March 2023 the Charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- (i) The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476;
- (ii) The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements were approved, and authorised for issue, by the Trustees on 21 October 2023 and signed on their behalf by:-



GILL PHILLIPS, Chair

The annexed notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31 March 2023**

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**1. ACCOUNTING POLICIES**

***(a) General information and basis of preparation of financial statements***

South East London Arts Network Limited is a charitable company limited by guarantee registered in England; its registered office is as shown on page 2. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity.

The charity constitutes a public benefit entity as defined by the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 (SORP 2019), FRS 102, the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice as it applies from 1 January 2019.

The financial statements are prepared under the historical cost convention.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

***(b) Fund accounting***

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

***(c) Income recognition***

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP 2019.

The charity receives government grants from the London Borough of Lewisham to help with its work. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31 March 2023**

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**(d) Expenditure recognition**

All expenditure is accounted for on an accruals basis and is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the expenditure heading for which expenditure arose.

**(e) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price.

**(s) Leases**

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis

**(u) Employee benefits**

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

**(v) Tax**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**(w) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**(x) Judgements and key sources of estimation uncertainty**

No judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies and there are no key sources of estimation uncertainty.

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 March 2023

### 2. INCOME FROM DONATIONS AND GRANTS

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
2023				
Pegasus Charitable Trust	20,000	-	20,000	20,000
IGEN Trust	-	-	-	34,220
The National Lottery Community Fund	-	50,000	50,000	50,000
Maudsley Charity	-	6,237	6,237	12,474
City Bridge Trust	-	45,757	45,757	41,100
London Borough of Lewisham	-	4,132	4,132	-
Peabody London Community Fund	-	9,984	9,984	-
Drapers Charitable Fund	-	-	-	10,000
Garfield Weston Foundation	10,000	-	10,000	10,000
Donations	4,780	-	4,780	3,551
	<b>£ 34,780</b>	<b>£ 116,110</b>	<b>£ 150,890</b>	<b>£ 181,345</b>
2022				
Pegasus Charitable Trust	-	20,000	20,000	
IGEN Trust	-	34,220	34,220	
The National Lottery Community Fund	-	50,000	50,000	
Maudsley Charity	-	12,474	12,474	
City Bridge Trust	-	41,100	41,100	
London Borough of Lewisham	-	-	-	
Drapers Charitable Fund	10,000	-	10,000	
Garfield Weston Foundation	10,000	-	10,000	
Donations	3,551	-	3,551	
	<b>£ 23,551</b>	<b>£ 157,794</b>	<b>£ 181,345</b>	

### 3. STAFF NUMBERS AND COSTS

	2023 £	2022 £
Wages and salaries	140,793	123,935
Social security costs - current year	6,623	5,382
Social security costs - under-payment from prior years	-	7,729
Pension costs	2,291	1,788
	<b>£ 149,707</b>	<b>£ 138,834</b>

The average weekly number of employees during the period was 7.1 (2022 - 6.6).

No employee received remuneration of more than £60,000.

## NOTES TO THE FINANCIAL STATEMENTS

### for the year ended 31 March 2023

<b>4. SUPPORT COSTS</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Property service charges	5,975	3,480
Business rates	1,913	889
Equipment depreciation	2,380	2,381
Fees payable to independent examiner	1,960	1,280
Professional fees	2,324	13
Accountancy and payroll fees	-	888
Insurance	514	536
Building costs (fire and alarm)	1,677	1,440
Gas, electricity, water	13,678	3,108
Telephone & Internet	298	748
Sundry expenses	1,354	533
	<b>£ 32,073</b>	<b>£ 15,296</b>

## 5. TRUSTEES, KEY MANAGEMENT PERSONNEL AND RELATED PARTY TRANSACTIONS

During the year, no Trustees received any remuneration or reimbursed expenses (2022 - the same).

As well as the Trustees, the Charity's key management personnel comprise the Strategic Director, a freelance consultant who was paid fees of £6,084 (2022 - £15,691), and the senior staff comprising Chief Executive, Operations Manager and maternity cover for the latter; these senior staff received employment benefits of £87,450 (2022 - £72,753).

There were no other related party transactions.

## 6. TANGIBLE FIXED ASSETS

	<b>Equipment</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2022 and 31 March 2023	<b>11,903</b>
<b>Depreciation</b>	
At 1 April 2022	<b>2,381</b>
Charge for the year	<b>2,380</b>
At 31 March 2023	<b>4,761</b>
<b>Net book value</b>	
At 31 March 2022	<b>£ 9,522</b>
At 31 March 2023	<b>£ 7,142</b>

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31 March 2023**

<b>7. DEBTORS</b>	<b>2023</b>	<b>2022</b>
<b>Due within one year</b>	<b>£</b>	<b>£</b>
Prepayments	-	1,215

<b>8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade creditors	-	1,530
Pension contributions payable	543	478
Social security and other taxes	5,267	1,419
Other creditors	-	10,532
Accruals	18,575	8,343
	<b>£ 24,385</b>	<b>£ 22,302</b>

**9. STATEMENT OF FUNDS**

<b>2023</b>	<b>Brought Forward</b>	<b>Incoming Resources</b>	<b>Resources Expended</b>	<b>Transfers</b>	<b>Carried Forward</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>RESTRICTED FUNDS</b>					
Pegasus Charitable Trust	10,000	-	(10,000)	-	-
The National Lottery					
Community Fund	-	50,000	(41,667)	-	8,333
Maudsley Charity	3,118	6,237	(9,355)	-	-
City Bridge Trust	-	45,757	(45,757)	-	-
London Borough of					
Lewisham and Micro Bid	-	4,132	(4,132)	-	-
Drapers Charitable Fund	-	9,984	(2,496)	-	7,488
	<b>£ 13,118</b>	<b>£ 116,110</b>	<b>£ (113,407)</b>	<b>£ Nil</b>	<b>£ 15,821</b>

The grant from Pegasus was given towards the cost of two salaries, the Stay Connected project and associated running costs.

The grant from the National Lottery was given towards the cost of four senior management posts and associated running costs.

The grant from Maudsley was given towards the cost of one salary, two workroom facilitators and volunteer costs. They also contribute to the setting up and running costs for workshops in Lambeth and Southwark.

The grant from City Bridge Trust was given towards the salary costs of a member support officer and two facilitators.

**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31 March 2023

	Brought Forward £	Incoming Resources £	Resources Expended £	Transfers £	Carried Forward £
<b>SUMMARY OF FUNDS</b>					
Designated property fund	12,000	-	-	-	12,000
General fund	54,970	45,844	(84,396)	-	16,418
	66,970	45,844	(84,396)	-	28,418
Restricted funds	13,118	116,110	(113,407)	-	15,821
	<u>£ 80,088</u>	<u>£ 161,954</u>	<u>£ (197,803)</u>	<u>£ Nil</u>	<u>£ 44,239</u>

The Charity's property is due for redevelopment and the lease can be terminated at 6 months' notice. The purpose of the designated property fund is to cover the costs in seeking new premises and any other related costs.

	<i>Brought Forward</i> £	<i>Incoming Resources</i> £	<i>Resources Expended</i> £	<i>Transfers</i> £	<i>Carried Forward</i> £
2022					
<b>RESTRICTED FUNDS</b>					
Pegasus	10,000	20,000	(20,000)	-	10,000
IGEN Trust	-	34,220	(34,220)	-	-
The National Lottery					
Community Fund	-	50,000	(50,000)	-	-
Maudsley Charity	3,118	12,474	(12,474)	-	3,118
City Bridge Trust	-	41,100	(41,100)	-	-
	<u>£ 13,118</u>	<u>£ 157,794</u>	<u>£ (157,794)</u>	<u>£ Nil</u>	<u>£ 13,118</u>

The purpose of all the grants were as for 2023 except for the Igen funding which was given towards the cost of two salaries, three workroom facilitators and associated running costs.

<b>SUMMARY OF FUNDS</b>					
Designated property fund	-	-	-	12,000	12,000
General fund	75,558	33,432	(42,020)	(12,000)	54,970
Unrestricted funds	75,558	33,432	(42,020)	-	66,970
Restricted funds	13,118	157,794	(157,794)	-	13,118
	<u>£ 88,676</u>	<u>£ 191,226</u>	<u>£ (199,814)</u>	<u>£ Nil</u>	<u>£ 80,088</u>

**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31 March 2023

**10. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

2023	Unrestricted Funds		Restricted funds £	Total Funds £
	Designated fund £	General fund £		
Tangible fixed assets	-	7,142	-	7,142
Net current assets	12,000	9,276	15,821	37,097
	<u>£ 12,000</u>	<u>£ 16,418</u>	<u>£ 15,821</u>	<u>£ 44,239</u>
<i>Unrestricted Funds</i>				
2022	<i>Designated fund</i>	<i>General fund</i>	<i>Restricted funds</i>	<i>Total Funds</i>
	£	£	£	£
<i>Tangible fixed assets</i>		9,522		9,522
<i>Net current assets</i>	12,000	45,448	13,118	70,566
	<u>£ Nil</u>	<u>£ 54,970</u>	<u>£ 13,118</u>	<u>£ 80,088</u>

**11. OTHER FINANCIAL COMMITMENTS**

	2023 £	2022 £
Total future minimum lease payments under non-cancellable operating leases for each of the following periods are as follows:		
Not later than one year	<u>3,830</u>	<u>3,830</u>

## NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

## 12. COMPARATIVE SOFA FOR THE YEAR ENDED 31 MARCH 2022

		<i>Unrestricted Funds 2022 £</i>	<i>Restricted Funds 2022 £</i>	<i>Total Funds 2022 £</i>
	<i>Notes</i>			
<b>INCOME FROM:</b>				
Grants and donations	2	23,551	157,794	181,345
Hire of studio space		9,415	-	9,415
Other income		177	-	177
External Workshop Sales		289	-	289
<b>TOTAL</b>		<b>33,432</b>	<b>157,794</b>	<b>191,226</b>
<b>EXPENDITURE ON:</b>				
Staff costs	3	26,724	112,110	138,834
Freelance contractors		-	36,531	36,531
Support costs	4	15,296	-	15,296
Staff Training		-	2,252	2,252
Project costs:				
Stay Connected		-	5,461	5,461
Centre 70		-	795	795
Lewisham and Southwark Outreach		-	216	216
Materials		-	314	314
Equipment		-	45	45
Events/exhibitions		-	70	70
<b>TOTAL</b>		<b>42,020</b>	<b>157,794</b>	<b>199,814</b>
<b>Net income/(expenditure)</b>		<b>(8,588)</b>	<b>-</b>	<b>(8,588)</b>
<b>RECONCILIATION OF FUNDS:</b>				
TOTAL FUNDS BROUGHT FORWARD		75,558	13,118	88,676
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>£ 66,970</b>	<b>£ 13,118</b>	<b>£ 80,088</b>

**NOTE**

In the 2021 statutory accounts Hire of studio space was included as part of Grants and donations; this year they have been shown separately. The Trustees consider that it is more helpful to have the above detail of expenditure and have therefore re-stated the comparatives shown above accordingly.

As explained in Note 9 the split of the brought forward balances between Restricted funds and the General fund have been changed for the current and prior year.