

REGISTERED COMPANY NUMBER: 08776627 (England and Wales)
REGISTERED CHARITY NUMBER: 1157780

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024
FOR
LIVING WORDS ARTS**

Xeinadin South East Ltd
19 North Street
Ashford
Kent
TN24 8LF

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for the Year Ended 30 November 2024

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees of Living Words Arts who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

We are a charity that works for the benefit of: 1) advancing public education in, and appreciation of the arts in particular, but not exclusively the arts of literature and theatre; and 2) the advancement of health by the provision of arts and literature activities that support, nurture and improve health and well being, particularly for individuals from marginalised and isolated groups and those who struggle to communicate.

We exist to provide improved wellbeing, through the use of the arts, when working with people affected by dementias, other neurological issues, isolation and/or mental ill health and terminal illness - and to take their words out to the public in artistic formats, to challenge societal attitudes towards the stigma of their condition. We champion the voices of those seldom heard. We are very grateful to all of our partnerships, funders and supporters.

2023 - 2024 sees a lowering in our income from previous years though large reach and impact. Funding spent in 2023 -2024 was from: Kent County Council; Arts Council; BBC; NCCH; and NHS. We also ran specific fundraisers and received monies from donations. We would like to thank JJ Systems who continue to give us monthly support. Thank You to everyone who supported us through this year, including trustee Reinhard Guss who delivered his final Open Garden fundraisers for Living Words. We are hugely grateful for a legacy bequeathed to us which will help us share our Listen out Loud methodology with people in the coming years. Thank you to Screen South, who partnered with us, as well as Kent County Council Suicide Prevention and Public Health.

Key highlights and overview of Dec 2023- end Nov 2024 year, were:

- Delivered Normal? Festival of the Brain's 'A Series of Fortunate Events' - 10 events across a weekend, in the run up to Christmas exploring our brains through, science, the lived experience and artists with a focus on neurodivergence and resilience.
- Delivered our CPD accredited courses for professional carers, reaching more and further afield people living with dementias.
- Commissioned to deliver 'Why work with artists?' understanding cross-sector working and creative health Workshops for Kent County Council staff members.
- Commissioned by Kent County Council and NHS to create and produce a film with Living Warriors participants - shared at events, online and on featured on the BBC.
- Commissioned by BBC Ideas to make a film '5 Myths About Dementia' with project participants.
- Was integral in starting and being a core member of CHAFF - Creative Health Alliance For Folkestone, working with other local creative health organisations to see how we might best unite, pool resources and support each other. Initiative supported by NCCH and KCC.
- Began filming about Multi System Atrophy, a rare neurological condition
- Delivered talks and conversations with prominent LGBTQIA+ national writers with/for our local community

- Had our work platformed at local and regional mental health and suicide prevention conferences, including delivering talks and panels

- Ran online workshops for Taiwanese artists and social care via our previous British Council led trip to Taiwan

We enter 2024/25 with a commitment to make a film and get a publishing deal for the best way to share the Listen Out Loud practice, with support from our legacy monies. Personally, I hope that, like us, you are inspired by our work and want to be part of Living Words story. As trustees we are committed to finding sustainable ways to share Living Words' Listen Out Loud method, which is the backbone of all of our work.

If you would like to donate, details about how to do this are at the end of this report. Please consider supporting us, every pound counts. And if you are interested in joining us in any other way, contact info@livingwords.org.uk.

Lauretta Kavanagh, chair
27th August 2025

OBJECTIVES AND ACTIVITIES

Objectives and aims

Living Words Arts is a registered charity, registered charity number 1157780. We exist to provide improved wellbeing, through the use of the arts, when working with people affected by dementias, isolation and/or ill mental health - and to take their words out to the public in artistic formats, to challenge societal attitudes towards the stigma of their condition. Our self-employed staff are writers, actors, theatre makers, illustrators, animators and singers. We rely on project funding to carry out this work.

We would like you to support us in our crucial work, so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

What we aim to do: our objectives and activities
Our mission

As drawn up in our Story of Change, our mission is to improve society's recognition of the value of people affected by to the dementias, mental ill health and isolation, through improving all peoples' understanding, awareness and communication skills. We do this through: 1) advancing public education in, and appreciation of the arts in particular, but not exclusively the arts of literature and theatre; and 2) the advancement of health by the provision of arts and literature activities that support, nurture and improve health and well-being, particularly for individuals from marginalised and isolated groups and those who struggle to communicate.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

Charitable activities

A bit more about our work

- Participatory 1 to 1s, staff workshops & care home sharing events

These are in the form of 3 month long care home residency programmes, as part of our Living Experience strand, and in 5/6 weekly blocks as our Living Warriors programme. We work in our Listen Out Loud methodology, which is our practice that we are wanting to share more widely via online courses, and the development of geographical hubs. LIVING EXPERIENCE involves residencies in care homes, settings, day centres and hospitals, working one-to-one with people experiencing dementia and their carers & families. Staff workshops and sharings embed the use of people's Living Words books & enhance wellbeing through deeper connection. LIVING WARRIORS uses the same method to work with people experiencing ongoing mental health concerns. Projects take place in our specially build library hub, with artists working one-to-one with people and in small groups.

- Artistic outcomes - incl. books, films, songs, readings

Participants words' - with full ethical consents and continued communication with the person, the advocate/power of attorney, the relatives, and the care home (as appropriate) - are taken out to the public through high quality art form. This is to enable the voice of people in late stage dementias, end of life, or ongoing mental health challenges to be heard, and then stigma over time, we aim, reduced. Participants and families are involved in this process as much or little as they indicate, extending to collaboration.

- Talks/presentations/sharings - theatres, conferences, literary festivals, & on radio

- We further share our work on invitation at arts, science and literary events.

- Festival - incl. pre fest outreach

- We share our practice and the words of people with dementias, those with mental ill health and those who are isolated at Normal? Festival of the Brain. We programme unheard voices, stories and neurological diversity. We aim to promote difference and positive communication practices in our community. We also bring people to the arts who have had little or no interaction with art forms since school.

New projects

We are delighted to be furthering our development work into film, as well as delivering master classes and cross sector working consultancy.

FINANCIAL REVIEW

Financial position

How we funded our work

Our work is funded project to project, with additional donations from individuals, fundraisers and charitable bodies. The work carried out is tremendous and we are aware we do so much on not a huge amount.

Total income received during the year was XXX with expenditure of XXX, leaving a net surplus of XXX

Reserves policy

Our reserves remain low, this is something we would like more support with - to feed into our longer term sustainability. We are focussed on delivery, and funded project to project, and are committed to continue to build our reserves.

FUTURE PLANS

We aim to increase our levels of core and unrestricted funds, to be able to implement our plan to enable the charity to be truly sustainable. We are open to help on this and would also like help in being connected to philanthropists and potential legacy funds. Whilst donations to the large charities are the rule for a lot of wills, we would like to become the exception. Money given to us goes directly to impact people as our overheads are so much lower than larger charities. In the UK there are over 850,000 people living with a dementia. 38% of people in the UK have a family member or close friend living with a dementia. The main dementia organisations are focussing on finding a cure, and funding is mainly focussing on this, with no guarantee of a positive outcome. There are people living with dementia NOW who need our projects. By 2050 it is predicted that every person will be affected by dementias, either directly or through caring for another.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited from those who have known of the charity and it's work for a number of years, either by observation of the charity's activities or contacts through the other trustees and directors.

Once an individual expresses an interest in becoming a trustee, they are invited to attend a board meeting as an observer. After this, they are put forward to be appointed.

We are looking to expand our trustee team, and are looking to represent the diverse world in which we live and that our work represents. Please contact us if you are interested in supporting us further.

Key management remuneration

The board of trustees and the key management personnel of the charity are in charge of:

- a. directing and controlling the charity
- b. running and operating the charity on a day to day business

The trustees give of their time freely and act in a supportive, advisory and overseeing capacity

Any conflicts of interest with any parts of the charity's work must be disclosed by trustees upon discovery of conflict.

Thanks

The trustees would like to pay tribute to:

- our local community in Folkestone, who support us & impact our national reach
- our volunteers for their time, support, and commitment
- the members of staff who give of their time out of hours in support of the work of Living Words Arts

Related parties

During the year N Ewbank, trustee, loaned Living Words £3,500 at an interest rate of 5% per annum. This remains outstanding.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

08776627 (England and Wales)

Registered Charity number

1157780

Registered office

Gf05
The Glassworks
Mill Bay
Folkestone
Kent
CT20 1JG

Trustees

R Guss
Ms A Bruce
K Gilfoy
Ms L Kavanagh
N Ewbank

Company Secretary

T A Ernst

Independent Examiner

Xeinadin South East Ltd
19 North Street
Ashford
Kent
TN24 8LF

29/08/2025

Approved by order of the board of trustees on and signed on its behalf by:

Lauretta Kavanagh

.....
Ms L Kavanagh - Trustee

Independent examiner's report to the trustees of Living Words Arts ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 November 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Rosanna Turner ACA DChA

Xeinadin South East Ltd
19 North Street
Ashford
Kent
TN24 8LF

Date:29.08.2025.....

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 30 November 2024

	Notes	Unrestricted fund £	Restricted funds £	30.11.24 Total funds £	30.11.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		46,156	-	46,156	3,316
Charitable activities					
Projects & Workshops		19,472	3,000	22,472	105,449
Performances & Events		-	-	-	4,500
Investment income	2	<u>10</u>	<u>-</u>	<u>10</u>	<u>24</u>
Total		<u>65,638</u>	<u>3,000</u>	<u>68,638</u>	<u>113,289</u>
EXPENDITURE ON					
Charitable activities					
Projects & Workshops		38,120	19,524	57,644	60,558
Performances & Events		<u>-</u>	<u>-</u>	<u>-</u>	<u>59,483</u>
Total		<u>38,120</u>	<u>19,524</u>	<u>57,644</u>	<u>120,041</u>
NET INCOME/(EXPENDITURE)		27,518	(16,524)	10,994	(6,752)
RECONCILIATION OF FUNDS					
Total funds brought forward		(448)	16,524	16,076	22,828
TOTAL FUNDS CARRIED FORWARD		<u>27,070</u>	<u>-</u>	<u>27,070</u>	<u>16,076</u>

The notes form part of these financial statements

BALANCE SHEET
30 November 2024

	Notes	Unrestricted fund £	Restricted funds £	30.11.24 Total funds £	30.11.23 Total funds £
CURRENT ASSETS					
Debtors	6	37,800	-	37,800	-
Cash at bank		<u>58</u>	<u>-</u>	<u>58</u>	<u>18,400</u>
		37,858	-	37,858	18,400
CREDITORS					
Amounts falling due within one year	7	(10,788)	-	(10,788)	(2,324)
		<u>27,070</u>	<u>-</u>	<u>27,070</u>	<u>16,076</u>
NET CURRENT ASSETS					
		<u>27,070</u>	-	27,070	16,076
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>27,070</u>	-	27,070	16,076
NET ASSETS					
		<u>27,070</u>	<u>-</u>	<u>27,070</u>	<u>16,076</u>
FUNDS					
	9				
Unrestricted funds				27,070	(448)
Restricted funds				<u>-</u>	<u>16,524</u>
TOTAL FUNDS					
				<u>27,070</u>	<u>16,076</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29.08.2025 and were signed on its behalf by:

Lauretta Kavanagh

.....
L Kavanagh - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	30.11.24	30.11.23
	£	£
Deposit account interest	<u>10</u>	<u>24</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	30.11.24	30.11.23
	£	£
Depreciation - owned assets	<u>-</u>	<u>536</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 November 2024 nor for the year ended 30 November 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 November 2024 nor for the year ended 30 November 2023.

5. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 December 2023 and 30 November 2024	<u>2,442</u>
DEPRECIATION	
At 1 December 2023 and 30 November 2024	<u>2,442</u>
NET BOOK VALUE	
At 30 November 2024	<u>-</u>
At 30 November 2023	<u>-</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.24	30.11.23
	£	£
Other debtors	<u>37,800</u>	<u>-</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.11.24	30.11.23
	£	£
Other loans (see note 8)	3,500	-
Accruals and deferred income	<u>7,288</u>	<u>2,324</u>
	<u>10,788</u>	<u>2,324</u>

8. LOANS

An analysis of the maturity of loans is given below:

	30.11.24	30.11.23
	£	£
Amounts falling due within one year on demand:		
Other loans	<u>3,500</u>	<u>-</u>

9. MOVEMENT IN FUNDS

	At 1.12.23 £	Net movement in funds £	At 30.11.24 £
Unrestricted funds			
General fund	(448)	27,518	27,070
Restricted funds			
KCC	537	(537)	-
ACE Project	<u>15,987</u>	<u>(15,987)</u>	<u>-</u>
	<u>16,524</u>	<u>(16,524)</u>	<u>-</u>
TOTAL FUNDS	<u>16,076</u>	<u>10,994</u>	<u>27,070</u>

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	65,638	(38,120)	27,518
Restricted funds			
KCC	-	(537)	(537)
ACE Project	<u>3,000</u>	<u>(18,987)</u>	<u>(15,987)</u>
	<u>3,000</u>	<u>(19,524)</u>	<u>(16,524)</u>
TOTAL FUNDS	<u><u>68,638</u></u>	<u><u>(57,644)</u></u>	<u><u>10,994</u></u>

Comparatives for movement in funds

	At 1.12.22 £	Net movement in funds £	At 30.11.23 £
Unrestricted funds			
General fund	22,828	(23,276)	(448)
Restricted funds			
KCC	-	537	537
ACE Project	<u>-</u>	<u>15,987</u>	<u>15,987</u>
	<u>-</u>	<u>16,524</u>	<u>16,524</u>
TOTAL FUNDS	<u><u>22,828</u></u>	<u><u>(6,752)</u></u>	<u><u>16,076</u></u>

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	39,569	(62,845)	(23,276)
Restricted funds			
KCC	3,500	(2,963)	537
Flux NHS	19,500	(19,500)	-
BBC Film	3,200	(3,200)	-
ACE Project	<u>47,520</u>	<u>(31,533)</u>	<u>15,987</u>
	<u>73,720</u>	<u>(57,196)</u>	<u>16,524</u>
TOTAL FUNDS	<u>113,289</u>	<u>(120,041)</u>	<u>(6,752)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.12.22 £	Net movement in funds £	At 30.11.24 £
Unrestricted funds			
General fund	22,828	4,242	27,070
	<u>22,828</u>	<u>4,242</u>	<u>27,070</u>
TOTAL FUNDS	<u>22,828</u>	<u>4,242</u>	<u>27,070</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,207	(100,965)	4,242
Restricted funds			
KCC	3,500	(3,500)	-
Flux NHS	19,500	(19,500)	-
BBC Film	3,200	(3,200)	-
ACE Project	<u>50,520</u>	<u>(50,520)</u>	<u>-</u>
	<u>76,720</u>	<u>(76,720)</u>	<u>-</u>
TOTAL FUNDS	<u>181,927</u>	<u>(177,685)</u>	<u>4,242</u>

10. RELATED PARTY DISCLOSURES

During the year, N Ewbank, a trustee loaned the charity £3,500 at a rate of 5% per annum. This remains outstanding at the year end.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 30 November 2024

	30.11.24 £	30.11.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,356	3,316
Legacies	<u>37,800</u>	<u>-</u>
	46,156	3,316
Investment income		
Deposit account interest	10	24
Charitable activities		
Other Income	3,149	467
Contract Income	12,823	19,912
Grants	<u>6,500</u>	<u>89,570</u>
	<u>22,472</u>	<u>109,949</u>
Total incoming resources	68,638	113,289
EXPENDITURE		
Charitable activities		
Wages	-	16,001
Telephone	742	270
Postage and stationery	804	350
Advertising	660	2,565
Artist Wages	39,880	58,903
Production Costs	4,924	21,376
Training	180	3,203
Travel	283	576
Rent	3,902	3,941
Professional Fees	-	240
IT Costs & Software	<u>240</u>	<u>5,690</u>
	51,615	113,115
Support costs		
Management		
Insurance	527	527
Finance		
Bank charges	192	92
Computer equipment	<u>-</u>	<u>536</u>
	192	628

This page does not form part of the statutory financial statements

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 30 November 2024

	30.11.24 £	30.11.23 £
Finance		
Other 3		
Bank loan interest	88	-
Governance costs		
Sundries	2,612	2,870
Accountancy and legal fees	<u>2,610</u>	<u>2,901</u>
	<u>5,222</u>	<u>5,771</u>
Total resources expended	<u>57,644</u>	<u>120,041</u>
Net income/(expenditure)	<u><u>10,994</u></u>	<u><u>(6,752)</u></u>

Document Activity Report

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