

THE FREYA FOUNDATION

England & Wales · Charity number 1157764

Details

Status Registered

Legal form Other

Registered 2014-07-08

Register [View on the Charity Commission register](#)

Contact

Address 12 Lewis Road
Bristol
BS13 7JB

Phone 07586935055

Email thefreyafoundation@gmail.com

Website www.thefreyafoundation.co.uk

Activities

Objects: TO PROMOTE PHYSICAL AND MENTAL HEALTH AND PROVIDE RELIEF FOR CHILDREN WHO SUFFER WITH PYRUVATE DEHYDROGENASE DEFICIENCY (PDH) AND THEIR IMMEDIATE FAMILIES BY(A) PROVIDING SUPPORT TO THE FAMILIES THROUGH FUNDING AND ADVICE(B) SUPPORTING RESEARCH INTO THE CURE AND MANAGEMENT OF PDH(C) RAISING PUBLIC AWARENESS OF PDH AND EDUCATING THE PUBLIC ABOUT THE CONDITION

Activities: supporting families affected by PDH deficiency (which is a rare metabolic disorder)Raising awareness of PDH deficiency Working with medical professionals such as doctors and dieticians to provide families up to date information

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** Children/young People

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-18	£75,626	£45,203	-	-
2024-05-18	£56,728	£54,135	-	-
2023-05-18	£30,584	£42,190	-	-
2022-05-18	£20,841	£37,462	-	-
2021-05-18	£44,657	£10,926	-	-

Trustees

Name	Role	Appointed
DAVID HAYWARD		2014-07-08
KELLY GILBERT		2014-06-11
Lisa Saundry		2022-09-25
Richard James Nicholls		2022-06-16
STEVEN WATSON		2014-07-08

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Trustee Report and Accounts

For the year ended 18 May 2025

Trustee's Annual Report & Accounts
For the year ending 18 May 2025

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Charity details

Charity Number	1157764
Operational Address	12 Lewis Road Bedminster Down Bristol BS13 7JB
Trustees	Kelly Gilbert Steven Watson David Hayward Michelle Perry Richard Nicholls Lisa Saundry
Charity Manager & Founder	Kelly Gilbert
Bankers	Lloyds Bank PLC 25 Gresham Street London EC2V 7HN

Charity Manager's foreword

The Freya Foundation was formed in 2014 by myself and my husband, Dave Gilbert, after our daughter Freya was diagnosed with Pyruvate Dehydrogenase deficiency (PDH Deficiency).

This means that those born with this disorder are unable to convert some of their food into energy. Unfortunately, those born with this condition have severe medical issues often resulting in death in childhood. There is no known cure currently.

We had little knowledge of PDH Deficiency, what it meant and how to look after Freya. We were offered very little support, and we felt completely lost and scared. We wondered how many other parents with children who were diagnosed with PDH Deficiency managed. After much research and communications, we fast realised there was no support and little reliable information, so we decided to create a charity with the main aims being:

- Raise awareness of the condition throughout the UK
- Build a support network of families
- Support research into the condition

This is our 10th year as a charity, and we now support 33 families across the UK. Each year brings new families, and we have been working closely with hospitals across the U.K not only with the research project but also continue providing support and guidance throughout their diagnosis.

We continue to have several strands of activity as we continue to grow and support our many families: -

1. Family support group
2. Counselling support
3. Family meet up
4. Research
5. Bereavement and sibling support

This year was a massive achievement for us as we celebrated our 10-year anniversary as a charity, something I am massively proud of.

As my challenge this year I decided to run the distance of 10 marathons in 10 months (ish), one for each of the years we've been running. I was very fortunate in having many Freya supporters join me on this crazy mission. It was a huge success although very tiring.

The last run was a marathon distance, and I was joined 10 others who braved the elements to complete the 26.2 miles. Due to various injuries, we had to slow the pace a little, but we were determined to complete it even if we did get rather wet. The marathon finished with us arriving at our local community centre where we were met by nearly 150 people and rapturous applause. This was a great evening of celebration and acknowledgement of our achievements over the last 10 years, we were even joined by many of the Freya Families we support.

We had a wonderful time and managed to raise just over £1,200 on the night and more in sponsorship.

We continue to work tirelessly and dedicate our time in improving information available to families with our latest project being the first patient information leaflet which will be released later on this year. This leaflet is the first of its kind and will be available to anyone affected by PDH Deficiency this is due to our important collaboration with Great Ormond Street Hospital (GOSH)

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For the year ending 18 May 2025

Finally, I would like to express my thanks on behalf of the trustees for all the support received on our journey so far and look forward to your continued support as we continue to grow and support more families in the future.

Trustee's Annual Report

Objectives and Activities

The primary objective of the charity is to promote physical and mental health, and provide relief for children suffering from Pyruvate Dehydrogenase Deficiency (PDH) and their immediate families by:

- Providing support families through funding and advice
- Research into the cure and management of PDH.
- Raising public awareness of PDH and educating the public about the condition.

The charity also works and networks with medical professionals primarily from Bristol Children's Hospital and Great Ormond Street Hospital, to streamline and improve diagnosis, treatment and research efforts into PDH, and provide a support network for families living with PDH and bereaved families. In the year for which this report covers the main activities undertaken by the charity are as follows:

- Large family meet ups to share experiences, have chance to discuss and learn of new developments from the medical experts.
- Increased counselling services.
- Online support.
- Family support group.
- Fundraising activities including our 10-year celebration and Marathon.

Achievements and Performance

Since the announcement of the breakthrough last year in the research on PDH Deficiency progress is continuing to be made.

Patient journey documents were produced in association with The Freya Foundation and published via Great Ormond Street Hospital (GOSH) this year. The patient journey is an important step and one we are very proud of as it offers information for patients, families and medical professionals once a diagnosis has been received, as well as signposting families to the Freya Foundation for further support.

In September of 2024 the Freya Foundation celebrated its 10th birthday. Going into the 10th year Kelly, the charity Founder and Manager, set herself the task of running 10 marathons in 10 months which was completed, crossing the finish line into a fundraiser and 10th birthday party for the charity.

During the year we were awarded £19,435 from The National Lottery Community Fund to cover the costs of our family meet up.

Future – in the year ahead we will be:

1. Holding our family meet up at Chessington World of Adventure in October 2025, where there will be presentations from the medical team at Great Ormond Street Hospital and Research progress update from the team at University College London.
2. Continue to offer support and counselling to those in need, as well as grants to families that are struggling.
3. Continue to offer Freya Foundation merchandise at the Charity events.

Financial Review

All reserves left over at the end of the financial year are carried over into the following year entirely for the use of the charity in the fulfilment of its objectives as set out above.

Over the past year the charity has mostly raised funds through donations made by individuals from sponsored events and activities, leading to a surplus of £30,423 (2024: £2,592).

Our unrestricted reserves have increased this year to £62,612 (2024: £34,219). These reserves are being built up in preparation for further funding of research in the next couple of years.

In each year our expenditure has enabled the formation of an informal support network of families giving the opportunity for them to meet and support one another as well as with experts to ask questions and gain information on the latest treatments and research from medical experts and dieticians.

Signed:



Name: David Hayward

Position: Trustee

Independent examiner's report to the Trustees of The Freya Foundation

I report to the Trustees on my examination of the accounts of The Freya Foundation (the Charity). As set out on page 8 for the period ended 18 May 2025.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *Andrew Webb*

Name: ANDREW WEBB

Address: 36 PRIORY COURT ROAD, BRISTOL . BS9 4DE

Date: 15 JANUARY 2026

Trustee's Annual Report & Accounts
For the year ending 18 May 2025

**Receipts and payments accounts
for the year ending 18 May 2025**

	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Receipts				
Donations & Grants	15,008	19,435	34,443	29,699
Fundraising events				-
Fundraiser	36,700		36,700	24,400
Hunters	510		510	1,586
Other	3,973		3,973	1,042
Total Receipts	56,191	19,435	75,626	56,727
Payments				
Cost of fundraising and events	11,307		11,307	5,431
Research Grants				13,000
Family Gatherings/Support	1,944	13,744	15,688	17,171
Wages/Salaries	171	3,661	3,832	5,439
Printing, Postage, Stationery	1,373		1,373	1,522
Telephone	609		609	579
Sundry	1,645		1,645	147
Office Running Costs	4,800		4,800	4,800
Merchandise	5,949		5,949	6,046
Total Payments	27,798	17,405	45,203	54,135
Net of receipts/(payments)	28,393	2,030	30,423	
Cash Funds B/fwd from 2024	34,219	3,661	37,880	
Cash Funds at year-end	62,612	5,691	68,303	-

THE FREYA FOUNDATION

England & Wales - Charity number 1157764

Accounts



the
Freya
foundation

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The Freya Foundation

Trustee Report and Accounts

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Charity details

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Trustees	Kelly Gilbert Steven Watson David Hayward Michelle Perry Richard Nicholls Lisa Saundry
Charity Manager & Founder	Kelly Gilbert
Bankers	Lloyds Bank PLC 25 Gresham Street London EC2V 7HN

Charity Manager's foreword

The Freya Foundation was formed in 2014 by myself and my husband, Dave Gilbert, after our daughter Freya was diagnosed with Pyruvate Dehydrogenase deficiency (PDH).

This means that those born with this disorder are unable to convert some of their food into energy. Unfortunately, those born with this condition have severe medical issues often resulting in death in childhood. There is no known cure currently.

We had little knowledge of PDH, what it meant and how to look after Freya. We were offered very little support, and we felt completely lost and scared. We wondered how many other parents with children who were diagnosed with PDH managed. After much research and communications, we quickly realised there was no support and little reliable information, so we decided to create a charity with the main aims being:

- Raise awareness of the condition throughout the UK
- Build a support network of families
- Support research into the condition

This is our 9th year as a charity, and we now support 27 families across the UK. Each year brings new families, and we have been working closely with hospitals across the U.K not only with the research project but also to continue providing support and guidance throughout their diagnosis.

We now have several strands of activity as we continue to grow and support our many families: -

1. Family support group
2. Respite support
3. Counselling support
4. Family meet up
5. Research
6. Bereavement and sibling support

In August 2023 we held our annual fundraiser – Pullin' for Freya. We had decided to get together a team of friends, family and Freya family members to pull a Boeing 737 a distance of 50 metres. It was a tremendous day and what is more it was successful, not only did the team succeed we also raised £2,000.

An exciting development this year was the inception of the first ever gene therapy project with a team from UCL (University College London). The aim is to develop a model gene therapy for PDH Deficiency. The UCL team are currently undertaking a pre-clinical proof of concept study to determine whether this gene therapy could be used in clinical trials. This project is the first of its kind in the UK and Europe. We are excited to see how the project will progress, and we will report on it regularly.

We have also affiliated with MetabERN (the European Reference Network for Hereditary Metabolic Disorders) and as a result of our collaboration we have produced the first ever patient Journey for PDH Deficiency. When a patient is diagnosed with PDH Deficiency they will receive the same patient journey information whether they are in the UK or Europe. This includes information on symptoms, diagnosis, treatment, monitoring and adult life.

The patient journey is currently published in the following languages: English, Portuguese, Norwegian, Polish, Spanish, Swedish and Georgian and will soon be available in French, Dutch, German, Italian, and Estonian. The goal is to get them translated into many more languages over the coming months.

We continue to work extremely hard behind the scenes, and this patient journey is the first steps towards getting standardised patient guidelines written, which as you can imagine takes a huge amount of time and legal red tape.

Charity Manager's foreword continued

2025 is the 10th year of the charity. To mark this special anniversary, we shall be holding a party in September where I will cross the finish line after completing a full marathon distance which completes my challenge of the distance of 10 marathons in 10 months, which I started in January 2024.

Finally, I would like to express my thanks on behalf of the trustees for all the support received on our journey so far and look forward to your continued support as we continue to grow and support more families in the future.

Kelly Gilbert
Founder

Trustee's Annual Report

Objectives and Activities

The primary objective of the charity is to promote physical and mental health, and provide relief for children suffering from Pyruvate Dehydrogenase Deficiency (PDH) and their immediate families by:

- Providing support families through funding and advice
- Research into the cure and management of PDH.
- Raising public awareness of PDH and educating the public about the condition.

The charity also works and networks with medical professionals primarily from Bristol Children's Hospital and Great Ormond Street Hospital, to streamline and improve diagnosis, treatment and research efforts into PDH, and provide a support network for families living with PDH and bereaved families. In the year for which this report covers the main activities undertaken by the charity are as follows:

- Large family meet ups to share experiences, have chance to discuss and learn of new developments from the medical experts.
- Offer respite services as extra support to families.
- Increased counselling services.
- Online support.
- Family support group.
- Fundraising activities including a plane pull.

Achievements and Performance

We continue to support and fund a research project which has made a major breakthrough in its research into PDH.

This year has seen us become affiliated with MetabERN, the European Reference Network for Hereditary Metabolic Disorders, as a supporting patient partner. With this affiliation, we will be working closely with a wide range of medical professionals who help deliver the best care for those affected by rare metabolic disorders, specifically for us, PDH Deficiency.

This is a massive achievement and milestone for us as the result of this affiliation will mean that there will be clear patient guidelines distributed throughout hospitals ensuring that PDH Deficiency is better understood, and treatments are better recognised.

We held a very successful fundraising event called "Pulling for Freya" this was thought up by our treasurer, seeing 21 'plane pullers' travelling to Dorset to pull a Boeing737. This event was well supported by families of the Freya Foundation and friends that travelled from many areas of the country.

Hunters Estate Agents in Bishopsworth have given us amazing support over the past year and in May 2023 they presented us with a cheque in excess of £8,000, which they had raised over the previous year. They have also continued to support us during 2024, we would like to say a massive 'Thank you' to them.

There have been many individual fund-raising activities and events. In May 2023 Emma and Theo ran the "Great Manchester Run", Rose Winter completed the "100 mile London Bike Ride" and Hannah Murphey completed the London Marathon in April 2024. We would like to say a huge thank you to everyone who has taken on fundraising challenges to support us this year.

During the year we were also awarded a grant of £9,100 from the National Lottery Community Fund towards administrative support within the charity, we are very grateful to them for supporting us.

January '24 saw the start of Kelly's challenge to celebrate the 10th Year of The Freya Foundation, by completing the distance of 10 marathons in 10 months. Finishing on 21 September '24 with a full marathon.

Trustee Annual Report Continued

There was a Clay Pigeon shoot supporting Lila and family in February, which raised almost £2,000. A Just Giving page was set up when Lila was newly diagnosed, sharing the proceeds between The Freya Foundation and the hospice that support them.

We would like to thank all our amazing families for the work they all do to support the Foundation. You are all amazing.

During November '23 we had another successful family meet up, at Chessington World of Adventure, with guest speakers from UCL (University College London) who gave details to families of our groundbreaking research project into PDH Deficiency

Future – in the year ahead we will be:

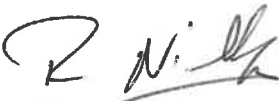
1. Having our family meet up at Ribby Hall.
2. Celebrate The Freya Foundations 10th. year. We shall be doing Kelly's challenge with a celebration event on completion of the final marathon in September.
3. Continue to offer Counselling and Grants to families struggling in the current climate.
4. Offer Freya Foundation merchandise at the Charity events.

Financial Review

All reserves left over at the end of the financial year are carried over into the following year entirely for the use of the charity in the fulfilment of its objectives as set out above.

Over the past year the charity has raised £56.7k (2023 – 30.5k) from donations from Hunters and individuals from sponsored events and activities.

In each year our expenditure has enabled the formation of an informal support network of families giving the opportunity for them to meet and support one another as well as with experts to ask questions and gain information on the latest treatments and research from medical experts and dieticians. In this year the funding of the research project has also enabled a major break through on the road towards the management and possible cure for PDH.

Signed: 
Name: RICHARD NICHOLLS
Position: TRUSTEE

Independent examiner's report to the Trustees of The Freya Foundation

I report to the Trustees on my examination of the accounts of The Freya Foundation (the Charity). As set out on page 8 for the period ended 18 May 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 
Name: ANDREW WEBB
Address: 36 PRIORY COURT RD, BRISTOL
Date: 12 FEB 2025

Trustee's Annual Report & Accounts
For the year ending 18 May 2024

**Receipts and payments accounts
for the year ending 18 May 2024**

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Receipts				
Donations & Grants	20,599	9,100	29,699	5,080
Fundraising events				-
Fundraiser	24,400		24,400	17,900
Hunters	1,586		1,586	5,400
Other	1,042		1,042	2,204
Total Receipts	47,627	9,100	56,727	30,584
Payments				
Cost of fundraising and events	5,431		5,431	8,525
Research Grants	13,000		13,000	
Family Gatherings/Support	17,171		17,171	19,046
Wages/Salaries		5,439	5,439	3,212
Printing, Postage, Stationery	1,522		1,522	1,435
Telephone	579		579	556
Sundry	147		147	816
Office Running Costs	4,800		4,800	8,600
Merchandise	6,046		6,046	-
Total Payments	48,696	5,439	54,135	42,190
Net of receipts/(payments)	(1,069)	3,661	2,592	-11,606
Cash Funds B/fwd from 2023	35,289	0	35,289	
Cash Funds at year-end	34,220	3,661	37,881	-

THE FREYA FOUNDATION

England & Wales - Charity number 1157764

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Trustee Report and Accounts

For the year ended 18 May 2021

Trustee's Annual Report & Accounts
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Charity details

Charity Number	1157761
Operational Address	12 Lewis Road Bedminster Down Bristol BS13 7JB
Trustees	Kelly Gilbert Steven Watson David Hayward Michelle Perry (appointed 1 st November 2020)
Charity Manager & Founder	Kelly Gilbert
Bankers	Lloyds Bank PLC 25 Gresham Street London EC2V 7HN

Charity Manager's foreword

The Freya Foundation was formed in 2014 by myself and my husband, Dave Gilbert, after our daughter Freya was diagnosed with Pyruvate Dehydrogenase deficiency (PDH) This means that those born with this disorder are unable to convert some of the food into energy. Unfortunately, those born with this condition have severe medical issues often resulting in death in childhood. There is no known cure currently.

We had little knowledge of PDH what it meant and how to look after Freya. We were offered little or no support and we felt completely lost and scared. We wondered how many other parents with children who were diagnosed with PDH managed. After much research and communications, we fast realised there was no support and little reliable information so we decided to create a charity with the main aims being

- Raise awareness of the condition throughout the UK
- Build a support network of families
- Support research into the condition

As we head into our seventh year, it is pleasing to report that the Freya Foundation now supports 28 families across the UK.

We now have 6 strands of activity as we continue to grow and support our many families

1. Family support group
2. Respite support
3. Counselling support
4. Family meet up
5. Research
6. Family grants

2020/2021 was an incredibly difficult year for so many reasons. Covid came and completely changed how we operated as a charity.

We couldn't run our usual family meet up so instead we offered our families a one-off grant so they could access a day out of their choice at a time that suited them. Many of the families had to shield, cutting them off from support and access to help. As a charity our main aim was to try and continue to provide support to our families.

The telephone and email support that we give provides PDH information, advice and support. Callers have access to a fully qualified counsellor should they wish and we call families regularly to ensure they are given as much support as they require.

Finally, I would like to express my thanks on behalf of the trustees for all the support we have received on our journey so far and look forward to your continued support as we continue to grow and support more families in the future.

Trustee's Annual Report

Objectives and Activities

The primary objective of the charity is to promote physical and mental health, and provide relief for children suffering from Pyruvate Dehydrogenase Deficiency (PDH) and their immediate families by;

- Provide support to the families through funding and advice.
- Supporting research into the cure and management of PDH.
- Raising public awareness of PDH and educating the public about the condition.

The charity also works and networks with medical professionals, primarily from Bristol Children's Hospital and Great Ormond Street Hospital, to streamline and improve diagnosis, treatment and research efforts into PDH, and provides a support network for families living with PDH and bereaved families.

In the year for which this report covers the main activities undertaken by the charity are as follows:

- Individual family days out instead of a big meet up, due to Covid-19 restrictions preventing a large meet up
- Offered respite services as extra support to families as most external support services were either stopped or restricted.
- Increased counselling services
- Online Support
- Family Support Group

Achievements and Performance

Research project into PDH continues, we are the first ever charity to support a research project of this kind.

We were awarded £7,200 from the Coronavirus Community Support fund distributed by the National Lottery community fund to enable us to support our families with respite care that had been stopped during the pandemic.

Future Plans – In the year ahead we will be:

- 1 – Issuing a grant of £16,000 to fund year 2 of our 5 year research project.
- 2 – Planning our next annual meet for 2022.
- 3 – Continue to support our respite and counselling services.

Trustee's Annual Report (continued)

Financial Review

All reserves left over at the end of the financial year are carried over into the following financial year entirely for the use of the charity in the fulfilment of its objectives as set out above.

The charity raised funds through the use of a fundraiser (August – November), and through private donations made by individuals usually from sponsored events/activities.

In previous years expenditure has enabled the formation of an informal support network of families and provided opportunity for families to meet and support one another as well as meet with experts to ask questions and gain information on the latest treatments and research from medical experts and dieticians. During 2020/21 we have continued to support families by giving our families a one-off grant so they could access a day out of their choice at a time that suited them as we were not able to hold our annual meet up in a big group.

Signed:



Name:

David Hayward

Position:

Trustee

Independent examiner's report to the Trustees of The Freya Foundation

I report to the Trustees on my examination of the accounts of The Freya Foundation (the Charity). As set out on page 8 for the period ended 18 May 2021.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

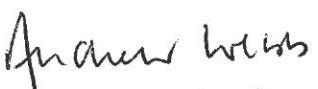
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

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2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 
Name: ANDREW WEBB
Address: 36 PRIORY COURT RD., BS9 4JE
Date: 20 OCTOBER 2021

Trustee's Annual Report & Accounts
For the year ending 18 May 2021

**Receipts and payments accounts
for the year ending 18 May 2021**

	2021 Unrestricted Funds £	2021 Restricted Funds £	2021 Total Funds £	2020 Total Total Funds £
Receipts				
Donations & Grants	29,441	13,700	43,141	44,032
Fundraising events	-	-	-	33
Other	1,516	-	1,516	1588
Total Receipts	30,957	13,700	44,657	45,653
Payments				
Cost of fundraising and events	3,879		3,879	3,606
Research Grants			-	16,541
Family Gatherings		3,112	3,112	13,109
Wages/Salaries	1,936		1,936	2,860
Printing, Postage, Stationery	1,082		1,082	692
Telephone	407		407	523
Sundry	510		510	437
Total Payments	7,814	3,112	10,926	37,768
Net of receipts/(payments)	23,143	10,588	33,731	7,885
Cash Funds B/fwd from 2020	20,840	8,945	29,785	
Cash Funds at year-end	43,983	19,533	63,516	29,785