

# STALHAM COMMUNITY GYM

England & Wales · Charity number 1157745

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2014-07-07

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 34 Wilson Road  
Stalham  
Norfolk  
NR12 9FL

**Phone** 07547 321874

**Email** [stalhamcommunitygym@gmail.com](mailto:stalhamcommunitygym@gmail.com)

**Website** [www.stalhamcommunitygym.org.uk](http://www.stalhamcommunitygym.org.uk)

## Activities

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**Objects:** 1. TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF STALHAM, NORWICH AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE SAID INHABITANTS;2. THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION BY THE PROVISION OF A COMMUNITY GYM;3. THE OF ADVANCEMENT OF EDUCATION AND THE PROMOTION OF GOOD HEALTH BY THE PROVISION OF INFORMATION, ADVICE AND TRAINING IN SUBJECTS RELATING TO HEALTH INCLUDING EXERCISE AND HEALTHY EATING.

**Activities:** Stalham Community Gym provides a health, wellbeing and fitness service to residents of Stalham and surrounding area.

## Classification

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- **How:** Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- Norfolk

## Finances

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| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2024-12-31 | £24,143 | £24,892     | -      | -         |
| 2023-12-31 | £21,194 | £18,583     | -      | -         |
| 2022-12-31 | £14,512 | £16,162     | -      | -         |
| 2021-12-31 | £13,250 | £11,404     | -      | -         |
| 2020-12-31 | £10,534 | £10,580     | -      | -         |

## Trustees

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| Name                 | Role  | Appointed  |
|----------------------|-------|------------|
| <b>Helen Munford</b> | Chair | 2018-11-27 |
| Alan Clements        |       | 2018-03-03 |
| Lis Brooks           |       | 2018-03-03 |
| Sarah Reyner         |       | 2018-11-27 |