



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 03/04/20 (Period start date) To 02/04/21 (Period end date)

Charity name: ACTS FAST

Charity registration number: 1157675

## Objectives and Activities

|  | SORP (Statement Of Recommended Practice) reference |   |
|--|--|---|
| Summary of the purposes of the charity as set out in its governing document  | Para 1.17  | Our aim is to ensure that other parent/carers are freed of the guilt, shame and isolation experienced when their child discloses sexual abuse and to reduce the impact of the trauma. Acts Fast also support partners and family members affected when someone they know has downloaded indecent child images online.   |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19                                 | <ul style="list-style-type: none"><li>• Acts Fast aims to relieve the distress of the non-abusive families, parents, carers and children who have been affected by sexual abuse.</li><li>• Acts Fast aims to shorten the road to recovery by preventing long-term damage to the holistic well-being of the individuals themselves and collectively within their family unit.</li><li>• Acts Fast aims to help and empower parents, carers and families within Dorset whose child has been sexually abused. This takes the form of both face to face and remote support in daytime and some evenings due to growing demand.</li></ul> <p>We run face to face emotional and practical support sessions in both group and individual settings. These last roughly one hour and protective parents and families can come alone or together, as frequently or infrequently as they need to. The attendance of these sessions do not have a time limit and families are welcomed to attend for as long as they need to. The sessions consist of:</p> <p>Encouraging open and supportive exploration of feelings regarding</p> |

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|   |           | <p>the disclosure, which is often very complex. Helping on a practical level regarding the disintegration of the family unit. Providing understanding support is a key benefit of our approach because of the unique set of circumstances.</p> <p>Providing Psycho-education trauma informed sessions on how trauma has affected the whole family and provide practical coping strategies. To help build resilience around the trauma the whole family is facing.</p> <p>Our emotional and practical support is bespoke to each parent, partner or family member, ensuring their voice, need of support is always at the forefront of how we develop our services.</p> <p>Starting to use social media platforms to promote best practice, supportive techniques and similar cross-organisation partnerships.</p> <p>We run a counselling service which starts by offering 24 sessions as a minimum, to be extended if necessary.</p> <p>As we support families from all over the UK, (due to only 2 other charities in the county supporting parents) we can also condense these emotional and practical support sessions into phone, text and email support. This may expand into social media and other methods in the future.</p> |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit. | Para 1.18 | The trustees are fully committed to supporting the charitable benefit of the organisation to the community it serves.   |

### Additional information (optional)

You may choose to include further statements where relevant about:

|                        | SORP reference |   |
|------------------------|----------------|---|
| Policy on grant making | Para 1.38      | <p>We have a policy on grant making within our policies and procedures, which sets out our aims and rationale around grant making and how funds should be used within the CIO. We continue to seek charitable funds from donors in order to fulfil the objectives of the charity.</p> <p>We continue to support our volunteers with regular clinical supervision, informal support and social activities (such as occasional social events). Building a</p> |

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|  |           | friendly and supportive environment is an important part of our organisation.  |
| Policy on social investment including program related investment | Para 1.38 | ACTS FAST continues to be a “force for good” in the local and specific community of families who have been affected by CSA. The charity continues to carefully steward it’s resources in such a way to maintain maximum benefit for those it serves. There is a transparent culture of integrity and there is a high degree of focusing resources on front line client support.  |
| Contribution made by volunteers                                  | Para 1.38 | We value our wonderful volunteers; they are an invaluable and integral part of the running of the charity. We rely heavily upon them to assist in running our important services, such as our counselling service and supporting our face to face emotional and practical support sessions, along with helping is to promote the charity. They play a key role in helping ensure we safely and appropriately support both clients and the collective team. |
| Other  |           |  |

## Achievements and Performance

|   | SORP reference |  |
|---|----------------|--|
| Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p>2020 to 2021 has been a very difficult year for the charity, more so than ever because of the impact of the global coronavirus pandemic. It has been a very challenging for the entire staff and volunteer team because of the significant emotional and physical challenges that the pandemic has brought.</p> <p>The charity has continually operated throughout this time, supporting a growing number of families who have tragically been left with the consequences of loved ones experiencing CSA or being arrested as a result of viewing indecent images.</p> <p>Client numbers have been steadily increasing over this period and the charity needed to adapt to this change. Client referrals from professionals reduce over this period due to many public services sadly ceasing their operations during the pandemic. We however saw a growth in self and private referrals as many more families were struggling. To the later part of</p> |

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|  | <p>the year, we we're supporting in the region of over 140 families at any one time. This includes clients the charity support on 3 and 6 monthly intervals with phone/email/text support.</p> <p>The challenge of the pandemic saw the majority of our volunteers cease their activities for a 6-10 month period because of personal reasons, however the CEO continued to remotely support clients throughout this time. Feedback has been excellent with anonymised feedback comments such as...</p> <p><i>"I couldn't have done this without you. Thank you".</i></p> <p><i>"Thank you ACTS FAST for helping us through this time, your friendship and support has been incredible".</i></p> <p>We are very thankful to the CEO for her determination and support of these families whilst many others were not able to provide the same support.</p> <p>The new office space has been used much less than anticipated through this time due to work from home legislation, but the new space has been useful to have a "base" for administration.</p> <p><b>Plans for the future:</b></p> <p>To obtain further funding for the new financial year as a priority, alongside developing the charities evolving support.</p> <p>To continue to develop the new team by providing relevant training and support.</p> <p>Continue investing in building relationships and partnerships with other organisations with mutual goals and purposes. This requires a significant amount of time investment, but it is important for partnership working.</p> <p>Expanding the team when possible with more operations staff to support the CEO's role and administration.</p> <p>Building new relationships with supporters such as local Rotary clubs, Dorset High Sheriff and Police and Crime Commissioner and their respective candidates.</p> |
|--|---|

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|  |  | <p>Keep developing connections with Universities for the purpose of advancing research in line with the charities objectives. This could include research on children's experiences ("voice of the child") and other experiences families have in relation to CSA.</p> <p>Joining business networking and partnership groups to potentially raise awareness of the charity as well as gain support for fundraising.</p> <p>Develop our IT services and the technology we use so that as we grow, systems could be developed for sustainable remote working. This could include how we use laptops, where data is securely stored, updating content on the website etc.</p> <p>To develop our training offering so that we have more training materials for professionals. This may develop into</p> |
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

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|--|-----------|--|
| Achievements against objectives set                          | Para 1.41 | The CEO during this period successfully continued most support operations in addition to having more time to submit funding applications during the pandemic. This was under the pressure of having reduce team members. This was due to the pandemic pausing the majority of client facing operations for a period of a couple of months during "lockdowns". There were a number of successful grants (see financial sections below). |
| Performance of fundraising activities against objectives set | Para 1.41 | Fundraising has been exceptionally challenging during this period as the pandemic meant that most fundraising activities had to pause to some extent (at various times), and the focus was on delivering client support when possible. Thankfully we did receive some donations and grants which helped us stay solvent, particularly Covid support funding.   |
| Investment performance against objectives                    | Para 1.41 | No financial investments are in trust or were made during this financial period of operations.   |
| Other  |           | Staffing and team levels have continued to be an increasing pressure on the charity in light of increasing service demand. The   |

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|  |  | pandemic has been a double edge sword in that respect because we have had less people resources, a growing demand on services and evolving mental health challenges. |
|--|--|--|

## Financial Review

|  |           |   |
|--|-----------|---|
| Review of the charity's financial position at the end of the period            | Para 1.21 | <p>The charity was able to raise sufficient funds to remain solvent and operate in its usual manner supporting families. Although £94,388 was raised by the charity predominantly from donations, the year ended with a closing balance of £14,263 due to higher staffing costs (maternity pay for example) and investment in phone's and computer equipment. Of note, there were four larger donations from Dorset Police (£16,485), CAF (£6,708), Talbot Village Trust (£10,000) and The National Lottery (£45,420) that helped sustain operations during this period and support work in response to the global pandemic. This funding has been spent in accordance with the restricted/unrestricted stipulations, with the purpose of advancing the aims of the charity to support families in need of therapeutic and emotional support.</p> <p>As previously mentioned, the fundraising climate has been particularly harsh in this operating year, with immense challenges of raising funds from organisations which had ceased giving financial support (for a variety of Covid related reasons). As a charity we found this very challenging but are pleased that we have managed to stay solvent and finish the year with a small positive bank balance.</p> <p>Our income and expenditure summary account can be seen below.</p> |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | Reserves in this period are minimal, with a closing balance of £14,263. It was the CEO's intention during this time to operate with a 6 month reserve in place, however this hasn't been possible in light of increased staff costs and reduced fundraising income.   |
| Amount of reserves held  | Para 1.22 | £14,263 for general operating   |
| Reasons for holding zero reserves  | Para 1.22 | Limited ability and availability to raise funds from external sources due to the Covid pandemic.  |
| Details of fund materially in deficit  | Para 1.24 | N/A   |
| Explanation of any uncertainties about the                                     | Para 1.23 | There is a small amount of operating reserve, and the charities aim will be to  |

|                                       |  |  |
|---------------------------------------|--|--|
| charity continuing as a going concern |  | raise funds as quickly as possible in the new financial year. It is concerning that incoming funds remain low, but it is hoped that with some focus it will be possible to replenish reserves. |
|---------------------------------------|--|--|

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |                                |                    |
|---|-----------|--|--------------------------------|--------------------|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 | <b>Date Received</b>   | <b>INCOME</b>                  |                    |
|   |           |  | CARRY OVER FROM FY2020         |                    |
|   |           | 23/02/2020   | DCF Neighbourhood Fund         | £ 2,500.00         |
|   |           |  | Maternity Leave Provision      | £ 6,095.95         |
|   |           |  | Unrestricted Donations         | £ 2,183.55         |
|   |           |  | Superior Seals Donation        | £ 1,361.08         |
|   |           |  | <b>Total Carry Over FY2020</b> | <b>£ 12,140.58</b> |
|   |           |  | GRANTS                         |                    |
|   |           | 09/04/2020   | Co-op                          | £ 1,587.84         |
|   |           | 17/04/2020   | DCF Corona Fund                | £ 2,000.00         |
|   |           | 27/05/2020   | Talbot Village Trust           | £ 10,000.00        |
|   |           | 29/05/2020   | CAF                            | £ 6,708.00         |
|   |           | 05/06/2020   | National Lottery               | £ 45,420.00        |
|   |           | 01/09/2020   | OPCC                           | £ 16,485.00        |
|   |           |  | <b>Total Grants</b>            | <b>£ 82,200.84</b> |
|   |           |  | DONATIONS                      |                    |
|   |           | various dates  | Unrestricted Donations         | £ 427.50           |
|   |           |  | <b>Total Donations</b>         | <b>£ 427.50</b>    |
|   |           |  |                                |                    |
|   |           |  | <b>TOTAL INCOME</b>            | <b>£ 94,768.92</b> |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | All investments made by the charity in terms of financial resources or assets of a physical or digital nature should be in line with the overall aims and objectives of the charity.   |                                |                    |
|   |           | Investments should be made based on an evaluation of their merits and be openly discussed with those involved in decision making, such as trustees or members of the management team.  |                                |                    |
|   |           | There is a policy that any one-off spends over £500 should be discussed with the trustees beforehand.  |                                |                    |
|   |           | There should be a generous investment in partnership or partnering relationships with other organisations for the benefit of the clients and community the charity serves. This may involve commitments in time and other resources (e.g. financial) as and when deemed appropriate for advancing the objectives of the charity. The charity's investments must always be made in good faith for the aim of supporting families affected by CSA or the non-offending families of those who have downloaded/viewed indecent images of children. |                                |                    |
|   |           | This investment policy acknowledges that it may not always be possible to measure the tangible returns from social or financial investments due to their nature, but reasonable accounts should be given with an explanation of the aims or purposes of said investments.  |                                |                    |



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|--|------------------|---|
| <p>A description of the principal risks facing the charity</p> | <p>Para 1.46</p> | <p>The charity remains exposed to the risks of financial liquidity as the years closing balance is quite small. Financial pressures remain a significant risk and should be regularly evaluated where possible.</p> <p>The global pandemic has put exceptional pressure on the team of staff and volunteers because of reduced team resources combined with a growth in evolving service demand. The charity will need to continue to adapt it's support model and evolve in line with the currently rapidly changing situation.</p> <p>Recruiting and embedding volunteers remains a challenge as the Covid pandemic has made it very hard to recruit new volunteers as the main focus in society is dealing with the impact of Covid.</p> |
| <p>Other</p>   |                  |   |

|  |                     |              |                |                    |            |                   |                   |              |      |                   |
|--|---------------------|--------------|----------------|--------------------|------------|-------------------|-------------------|--------------|------|-------------------|
| <b>Acts Fast</b>   |                     |              |                |                    |            |                   |                   |              |      |                   |
| <b>Income and expenditure account for the year ended 31 March 2021</b> |                     |              |                |                    |            |                   |                   |              |      |                   |
|  |                     |              |                |                    |            |                   |                   |              |      | <i>Year to</i>    |
|  | <b>Unrestricted</b> | <b>B/fwd</b> | <b>Lottery</b> | <b>Cheshire CF</b> | <b>DCF</b> | <b>Dorset PCC</b> | <b>Restricted</b> | <b>Total</b> |      | <b>31/03/2020</b> |
| <b>Opening Balances</b>  | 9,676.98            | 2,463.60     | -              | -                  | -          | -                 | 2,463.60          | 12,140.58    |      | 21,672.26         |
| <b>Donations received</b>  | 25,483.71           | -            | 45,420.00      | 5,000.00           | 2,000.00   | 16,485.00         | 68,905.00         | 94,388.71    |      | 32,592.48         |
| <b>Expenditure</b>   |                     |              |                |                    |            |                   |                   |              |      |                   |
| Salaries   |                     |              | 31,179.58      | 5,000.00           | 2,000.00   | 10,375.98         | 48,555.56         | 48,555.56    |      | 27,432.39         |
| SMP  | 5,828.76            |              |                |                    |            |                   | -                 | 5,828.76     |      | -                 |
| Tax and NI   | 5,211.72            | 2,463.60     |                |                    |            | 6,109.02          | 8,572.62          | 13,784.34    |      | 3,786.48          |
| Travel and expenses  | 362.90              |              |                |                    |            |                   | -                 | 362.90       |      | 1,191.30          |
| Telephone  |                     |              | 1,742.69       |                    |            |                   | 1,742.69          | 1,742.69     |      | 1,437.32          |
| Web site maintenance   |                     |              | 435.33         |                    |            |                   | 435.33            | 435.33       |      | 72.00             |
| DBS checks   | -                   |              |                |                    |            |                   | -                 | -            |      | 37.20             |
| Insurance  |                     |              | 418.50         |                    |            |                   | 418.50            | 418.50       |      | 477.50            |
| Printing, post and stationery  |                     |              | 261.24         |                    |            |                   | 261.24            | 261.24       |      | 180.71            |
| Publicity  | 248.97              |              |                |                    |            |                   | -                 | 248.97       |      | 462.80            |
| Premises cost  | 1,595.17            |              | 5,876.53       |                    |            |                   | 5,876.53          | 7,471.70     |      | 3,274.87          |
| Training courses   | 3,730.31            |              |                |                    |            |                   | -                 | 3,730.31     |      | 326.19            |
| Office equipment   | -                   |              | 3,232.57       |                    |            |                   | 3,232.57          | 3,232.57     |      | 135.86            |
| Supervision  | 868.10              |              | 1,327.60       |                    |            |                   | 1,327.60          | 2,195.70     |      | 2,375.13          |
| Events   | 175.50              |              |                |                    |            |                   | -                 | 175.50       |      | 142.50            |
| Sundries   | 2,875.94            |              | 945.96         |                    |            |                   | 945.96            | 3,821.90     |      | 791.91            |
| <b>Total expenditure</b>   | 20,897.37           | 2,463.60     | 45,420.00      | 5,000.00           | 2,000.00   | 16,485.00         | 71,368.60         | 92,265.97    |      | 42,124.16         |
| <b>Balance carried forward</b>   | 14,263.32           | -            | -              | -                  | -          | -                 | -                 | 14,263.32    |      | 12,140.58         |
| <b>Represented by bank balance</b>                                     |                     |              |                |                    |            |                   |                   | 14,263.32    |      | 21,672.26         |
|  |                     |              |                |                    |            | -                 |                   | -            | 0.00 |                   |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

|                                |                   |             |                 |       |
|--------------------------------|-------------------|-------------|-----------------|-------|
| Charity Name                   |                   | No (if any) |                 | CC16a |
| Receipts and payments accounts |                   |             |                 |       |
| For the period from            | Period start date | To          | Period end date |       |
|                                | 01/04/2020        |             | 31/03/2021      |       |

## Section A Receipts and payments

|   | Unrestricted funds | Restricted funds | Endowment funds  | Total funds      | Last year        |
|---|--------------------|------------------|------------------|------------------|------------------|
|   | to the nearest £   | to the nearest £ | to the nearest £ | to the nearest £ | to the nearest £ |
| <b>A1 Receipts</b>                                    |                    |                  |                  |                  |                  |
| Donations, legacies and grants                        | 25,484             | 68,905           | -                | 94,389           | 32,593           |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b> (Gross income for AR)                | 25,484             | 68,905           | -                | 94,389           | 32,593           |
| <b>A2 Asset and investment sales, (see table).</b>    |                    |                  |                  |                  |                  |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | -                  | -                | -                | -                | -                |
| <b>Total receipts</b>                                 | 25,484             | 68,905           | -                | 94,389           | 32,593           |
| <b>A3 Payments</b>                                    |                    |                  |                  |                  |                  |
| Wages/salaries and National Insurance                 | 11,040             | 57,129           | -                | 68,169           | 31,218           |
| Travel and expenses                                   | 363                | -                | -                | 363              | 1,191            |
| Telephone   | -                  | 1,743            | -                | 1,743            | 1,437            |
| Website maintenance                                   | -                  | 435              | -                | 435              | 72               |
| DBS checks  | -                  | -                | -                | -                | 37               |
| Liability insurance                                   | -                  | 418              | -                | 418              | 478              |
| Printing, post and stationery                         | -                  | 261              | -                | 261              | 181              |
| Publicity   | 240                | -                | -                | 240              | 463              |
| Premises cost   | 1,595              | 5,876            | -                | 7,471            | 3,275            |
| Training courses                                      | 3,730              | -                | -                | 3,730            | 326              |
| Office equipment                                      | -                  | 3,233            | -                | 3,233            | 136              |
| Supervision   | 868                | 1,328            | -                | 2,196            | 2,375            |
| Events  | 175                | -                | -                | 175              | 143              |
| Sundries  | 2,878              | 946              | -                | 3,824            | 792              |
| <b>Sub total</b>                                      | 20,898             | 71,369           | -                | 92,267           | 42,124           |
| <b>A4 Asset and investment purchases, (see table)</b> |                    |                  |                  |                  |                  |
|   | -                  | -                | -                | -                | -                |
|   | -                  | -                | -                | -                | -                |
| <b>Sub total</b>                                      | -                  | -                | -                | -                | -                |
| <b>Total payments</b>                                 | 20,898             | 71,369           | -                | 92,267           | 42,124           |
| <b>Net of receipts/(payments)</b>                     | 4,586              | 2,464            | -                | 2,122            | 9,531            |
| <b>A5 Transfers between funds</b>                     | -                  | -                | -                | -                | -                |
| <b>A6 Cash funds last year end</b>                    | 9,677              | 2,464            | -                | 12,141           | 21,672           |
| <b>Cash funds this year end</b>                       | 14,263             | -                | -                | 14,263           | 12,141           |

| Section B Statement of assets and liabilities at the end of the period |  |                                    |                                  |                                 |
|--|--|------------------------------------|----------------------------------|---------------------------------|
| Categories   | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| B1 Cash funds  | Bank account   | 14,263                             | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  | <b>Total cash funds</b>                              | 14,263                             | -                                | -                               |
|  | (agree balances with receipts and payments accounts) | OK                                 | OK                               | OK                              |
|  |  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| B2 Other monetary assets   | Details  | -                                  | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  |  | -                                  | -                                | -                               |
|  |  | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
| B3 Investment assets   | Details  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
| B4 Assets retained for the charity's own use                           | Details  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  |                                    | -                                | -                               |
|  |  | Fund to which liability relates    | Amount due (optional)            | When due (optional)             |
| B5 Liabilities   | Details  |                                    | -                                |                                 |
|  |  |                                    | -                                |                                 |
|  |  |                                    | -                                |                                 |
|  |  |                                    | -                                |                                 |
|  |  |                                    | -                                |                                 |
| Signed by one or two trustees on behalf of all the trustees            | Signature  | Print Name                         |                                  | Date of approval                |
|  | N Spreadbury   | Mr Noel Spreadbury                 |                                  | 01/02/2022                      |



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Acts Fast

On accounts for the year  
ended

31 March 2021

Charity no  
(if any) 1157675

Set out on pages

1

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2021.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

A COX

Date:

02/02/2022

Name:

ASHLEY COX

Relevant professional  
qualification(s) or body  
(if any):

ICAEW

Address:

14 HALSTOCK CRESCENT, POOLE, BH17 9BA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Nothing to report

## Structure, Governance and Management

|   |           |   |
|---|-----------|---|
| Description of charity's trusts:  |           |   |
| Type of governing document (trust deed, royal charter)  | Para 1.25 | CIO document with governing document outlining purpose and structure.                 |
| How is the charity constituted? (e.g unincorporated association, CIO)   | Para 1.25 | CIO   |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Three existing trustee members must agree regarding the appointment of a new trustee. |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 | <p><b>Organisation of the board:</b><br/>The board of trustees meet every quarter in addition to the July AGM or sooner (if required).</p> <p><b>Trustee induction and training:</b><br/>Training opportunities are available to trustees if they wish to attend any training that Acts Fast provides for the staff and volunteers. Trustees are informed of any upcoming training via email. Additionally, we advise of any Online training specifically regarding their roles. Trustees have access to a "Trustees Information Pack" in addition to annual safeguarding training and access to CAN network trustee events and training.</p> <p><b>Partnership working:</b><br/>The Shores – Sexual Assault Referral Centre (SARC)<br/>STARS Dorset – sexual recovery trauma service<br/>Bournemouth &amp; Poole College – working with families to produce posters to highlight CSA.<br/>Family Counselling Trust – Providing counselling for families and children<br/>Dorset Mind<br/>Dorset Police<br/>POLIT (paedophile online investigation team) as part of Dorset police<br/>Dorset's Police and Crime Commissioner<br/>Bournemouth University<br/>Keele University<br/>CIS'ters – Survivor led group for women, as female children/teens, were raped/SA<br/>Barnardo's</p> |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 |  |
| Relationship with any related parties   | Para 1.51 |  |

|       |  |   |
|-------|--|---|
|       |  | <p>NSPCC with Local Safeguarding Children's Board (LSCB) – raising awareness of Child Sexual Abuse in Dorset</p> <p>ACTS FAST are part of the Local Safeguarding Children's Board, child sexual abuse subgroup, contributing and working alongside other agencies to inform and gain more knowledge around how to best support children and families.</p> <p>Ensuring our pathways are stronger, ensuring quicker support to individuals affected by Sexual Abuse.</p> <p>TST (The Survivors Trust) who work with over 130 sexual violence agencies in the country.</p> <p>MOSAC - partnership to petition &amp; take forwards "The voice of the child" concerns to the Ministry of Justice with Martyn Underhill (Dorset Police Crime Commissioner).</p> |
| Other |  | N/A   |

## Reference and Administrative details

|                             |   |
|-----------------------------|---|
| Charity name                | ACTS FAST   |
| Other name the charity uses | Acts Fast   |
| Registered charity number   | 1157675   |
| Charity's principal address | ACTS FAST, Unit 5 Manor Farm Business Centre,<br>Wimborne, Dorset, BH21 5HT |
|                             |   |

## Names of the charity trustees who manage the charity

|    | Trustee name           | Office (if any) | Dates acted if not for whole year | Reference   |
|----|------------------------|-----------------|-----------------------------------|---|
| 1  | Dr Andrew Mayers       | Chair           |                                   | PhD, MBPsS, FRSA<br>FRSA Principal<br>Academic in<br>Psychology at<br>Bournemouth<br>University (BU)                                  |
| 2  | Mr Noel Spreadbury     | Treasurer       |                                   | MBE, ACIB   |
| 3  | Simone Walls-MacDonald | Trustee         |                                   | Co-founder  |
| 4  | Dr Terri Cole          | Trustee         |                                   | PhD, Senior Lecturer in<br>Forensic<br>Psychology at BU   |
| 5  | Jonathan McKinney      | Trustee         |                                   | Child protection,<br>safeguarding and<br>criminal investigation<br>trainer for Dorset<br>Police & independent<br>safeguarding trainer |
| 6  | Dr Ching-Yu Huang      | Trustee         |                                   | Lecturer in Psychology<br>Keele University  |
| 7  | Dr John McAlaney       | Trustee         |                                   | Chartered Psychologist and<br>Chartered Scientist at<br>Bournemouth University  |
| 8  |                        |                 |                                   |   |
| 9  |                        |                 |                                   |   |
| 10 |                        |                 |                                   |   |
| 11 |                        |                 |                                   |   |
| 12 |                        |                 |                                   |   |
| 13 |                        |                 |                                   |   |
| 14 |                        |                 |                                   |   |
| 15 |                        |                 |                                   |   |
| 16 |                        |                 |                                   |   |
| 17 |                        |                 |                                   |   |
| 18 |                        |                 |                                   |   |
| 19 |                        |                 |                                   |   |
| 20 |                        |                 |                                   |   |

## Corporate trustees – names of the directors at the date the report was approved

| Director name |  |  |
|---------------|--|--|
|               |  |  |
|               |  |  |
|               |  |  |
|               |  |  |
|               |  |  |
|               |  |  |

Name of trustees holding title to property belonging to the charity



[illegible]

## Funds held as custodian trustees on behalf of others

|   |      |
|---|------|
| Description of the assets held in this capacity   | None |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A  |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         | N/A  |

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

#### Name of chief executive or names of senior staff members (Optional information)

Amanda Gulliver

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

## Other optional information

### Risk management:

Risk is managed in accordance with our charity governance code which underpins procedures put in place to mitigate any exposure to risk whether it may be relating to services provided by the charity or financial. The trustees are satisfied with these systems and review them on an ongoing basis.

### RESPONSIBILITIES OF THE TRUSTEES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year.

### In preparing those financial statements:

- The Trustees are required to select suitable accounting policies and then apply them consistently;

- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the Charity to enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the Charity, hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|  |                    |  |
|--|--------------------|--|
| <b>Signature(s)</b>                        | Noel Spreadbury    |  |
| <b>Full name(s)</b>                        | Mr Noel Spreadbury |  |
| <b>Position (eg Secretary, Chair, etc)</b> | Treasurer/Trustee  |  |
| <b>Date</b>                                | 01/02/22           |  |