

ACTS FAST

England & Wales · Charity number 1157675

Details

Status Registered

Legal form CIO

Registered 2014-07-01

Register [View on the Charity Commission register](#)

Contact

Address Acts Fast
Unit 5
Manor Farm Business Centre
Gussage St. Michael
Wimborne
Dorset

Phone 01202 797217

Email support@actsfast.org.uk

Website www.actsfast.org.uk

Activities

Objects: TO RELIEVE THE DISTRESS TO FAMILIES, PARENTS, CARERS AND CHILDREN WHO HAVE BEEN AFFECTED BY SEXUAL ABUSE

Activities: We provide emotional and practical support to Parents, Carer's and Family members whose child have been affected by childhood sexual abuse. We liken a disclosure irrespective of age to a "bomb going off the shrapnel hitting everyone around" We help build resilience around the trauma. Accessing our support can be by phone, email, text, face to face support in Bournemouth, Poole and Dorchester.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Bournemouth
- Devon
- Dorset
- Hampshire
- Poole
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-02	£141,552	£161,489	-	-
2024-04-02	£114,193	£148,908	-	-
2023-04-02	£142,965	£90,773	-	-
2022-04-02	£107,857	£105,042	-	-
2021-04-02	£94,389	£92,267	-	-

Trustees

Name	Role	Appointed
Sarah Vile	Chair	2024-01-23
Jill Suckling		2023-04-27
Kerensa Butcher		2024-01-18
Michael Sheath		2025-11-20
Simone Elizabeth Walls-MacDonald		2015-07-06

ACTS FAST

England & Wales - Charity number 1157675

Accounts



Charity Number 1157675

Annual Trustee Report 2024-2025

The trustees of ACTS FAST present their report with the financial statements of the charity for the year ended April 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

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SUMMARY

ACTS FAST are a specialist team of support workers and counsellors. ACTS FAST works in a trauma-informed capacity by providing a three-stage trauma-informed support service to parents, carers and adult family members of children who have been sexually abused, (CSA), and parents and family members of an individual who has accessed Indecent Images of Children (IIOC).

Following a disclosure of Child Sexual Abuse (CSA) “the impacts experienced by non-offending parents – and, in particular, mothers – as a result of their children’s CSA victimisation can mirror those outcomes experienced by victims and survivors” (Independent Inquiry into Child Sexual Abuse, 2022).

There is established and growing evidence, nationally and internationally, to both understand and demonstrate the impact on family members when someone is arrested for IIOC, widely referred to as “the knock”. Arrests usually take place within the family home when the rest of the family is present and recent research confirms the traumatic impact on the non-offending partner and children who witness not just the arrest of their loved one, but also witness the subsequent search of the family home and the removal of possessions for the purpose of forensic examination and analysis (Armitage, 2023).

Most partners of people arrested for possession of IIOC experience symptoms of Post Traumatic Stress Disorder (PTSD) (Armitage, 2023). The impact on children cannot be underestimated – one study illustrated that children were less likely to experience a “normal childhood” following “the knock” (Kilmer & Leon, 2017) and an earlier study found that instances of depression were high (Levenson & Tewkesbury, 2009).

OUR MISSION

“ACTS FAST provides support for non-abusive family members impacted by Child Sexual Abuse (CSA), breaking the cycle of trauma and abuse, empowering them to thrive”.

OUR VISION

To live in a world free of Child Sexual Abuse and the painful fall-out from when people access Indecent Images of Children.

OUR OBJECTIVES

In setting out our objectives and developing our services our Trustees have considered the Charity Commission’s public benefit guidance.

- 1) To increase and broaden our reach to potential clients in need.
- 2) To continue to enhance and improve our services in partnership with our professional staff, volunteers and client peers.
- 3) To continue to develop our Brighter Futures programme.
- 4) To sustainably increase our staff numbers with the rise of client numbers.
- 5) To continue to strive to have a minimal waiting period.
- 6) To continue to increase our links with the local community, national and international bodies.

SERVICES:

ACTS FAST provides a phased approach to recovery from trauma and each service involves a variety of psychoeducational techniques and integrates different ways of working. The three stages replicate Judith Herman's Tri-Phasic Trauma Model (Herman, 2002) and our aim is that the clients move through each service consecutively. The introduction of this model has meant that clients experience a more structured service delivery.

- 1) **Trauma Support** service to provide safety and stability for our clients.
- 2) **Counselling** to assist our clients to process and integrate their memories and experiences.
- 3) **Brighter Futures** focuses on reconnection and integration, helping our clients rebuild their lives and achieve post-traumatic growth.

SIGNIFICANT ACTIVITIES

- February '24 – March '25: therapy lead Vikki Taylor completed the Practice Leads Programme with the **CSA Centre of Expertise**. This is a 12-month course which provided access to leading academics and practitioners with support for developing our client services.
- June 2024: CEO Simone Gosden flew to Taiwan to speak at an International Symposium 'Exploring family support and parenting policies from a wellbeing perspective', having been invited by the Taiwan Fund for Children and Families to share the innovative work of ACTS FAST.
- '**Expert Voices**' was launched in April 2024 which recognises our clients as the experts and invites them to evaluate their experience of ACTS FAST and influence future service development. The project is delivered in two 1.5-hour sessions for 2-6 participants and is facilitated by a trustee and our CEO. The qualitative data from this project is currently being evaluated by Bournemouth University.
- The '**Wellbeing Scale**' was developed in 2023/4 and we have continued to use this in-house scale over the last year. It continues to demonstrate a significant increase in overall client wellbeing. A quantitative evaluation is currently being undertaken by Bournemouth University.
- December 2024: **BBC South Today** report on the work of ACTS FAST as their main feature throughout the days' bulletins.
- January 2025 – present: launch of a specialist training programme; '**After The Knock**' - a trauma-informed support programme designed for professionals working with secondary victims of 'the knock', such as statutory services including the Police and Children's Social Services. Evaluation of this training programme has been ongoing with the support of an Expert Working Party made up of police officers, academic researchers and leading national specialist practitioners within the field of Child Sexual Abuse and Exploitation.

IMPACT



“ACTS FAST helped me to separate my experience from my child’s. I am now able to hold my own trauma and my child’s trauma.”



“History is not going to repeat itself – I’m getting therapy so that I can be there for my child.”



“I no longer think about how to take my own life all day. ACTS FAST showed me life would get better. I know now that life is precious’.

In 2024/25 ACTS FAST supported 216 clients with 1965 hours of 1:1 support.

Client numbers for the financial year 2024/25	Compared to 2023/24	
Total number of clients supported in the time period	216	114
Total number of new referrals	196	108
Clients (parent/carer) seeking support following a disclosure of childhood sexual abuse (CSA) from their child	112 101 female 11 male	68 61 female 7 male
Clients seeking support after a partner was arrested for downloading indecent images of children (IIOC)	84 78 female 6 male	40 39 female 1 male
Number of assessment appointments in the reporting period	166	97
Number of support sessions via telephone call or text that were recorded	56	20
Counselling appointments	460	324
Trauma Support appointments	1266	899
Brighter Futures	17	0

All clients receive trauma support before accessing Brighter Futures under the new model.

FINANCIAL REVIEW

The last year has posed significant challenges for ACTS FAST from a financial perspective. We are nearing the end of our 4-year funding award from The National Lottery and this deficit means that the future of the service is uncertain. Our funding strategy encompasses bids and proposals which fulfil short-term needs as well as seeking to secure sustainable funding which enables ACTS FAST not just to remain active, but to proactively scale up our infrastructure and capacity in order to meet expanding client need.

TRUSTEES

The current Board of Trustees has been in place since January 2024 and comprises five members, bringing with them a diverse range of skills and knowledge including education, policing, business acumen, criminal and family court, counselling, and specialist knowledge in research and service delivery for primary and secondary victim-survivors of sexual trauma. The Trustee Board works dynamically with the Senior Leadership Team and staff. The board conducts annual Staff and SLT appraisals, Team Appraisals, and is actively involved in wider tasks such as reviewing staff and client policies, contributing to funding ideas. The board's collective passion and belief in the importance of this critical area of work is reflected in their 'hands'on' approach and willingness to be actively involved in contributing ideas and shaping strategy in ways which will encourage sustainability of service, and enable more clients to be supported.

Recruitment and Appointment of New Trustees

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Trustees are advised of any online training specifically regarding their roles. Trustees have access to a "Trustees Information Pack" in addition to annual safeguarding training and access to Community Action Network trustee events and training.

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

Trustees

S E Walls-MacDonald

Jill Suckling

Kerensa Butcher

Sarah Vile

Joe Whalen

Rachel Skinner (resigned 23.12.24)

C. Huang (resigned 11.07.24)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a constitution, and constitutes an unincorporated charity.

Independent Examiner

Marianne Lucken, 28 Norfolk Avenue, Christchurch, Dorset BH23 2SE.

ADMINISTRATIVE DETAILS

Registered Charity Number 1157675

Principal address

Unit 5 Manor Farm Business Centre Gussage St. Michael Wimborne Dorset BH21 5HT

Approved by order of the board on16/01/26.....and signed on its behalf by:

Sarah Vile.



Sarah Vile, Chair of Trustees.

REFERENCES

Armitage, R., Wager, N., Wibberley, D., Hudspith, L. & Gall, V. (2023) "We're Not Allowed to Have Experienced Trauma. We're Not Allowed to Go through the Grieving Process" - Exploring the Indirect Harms Associated with Child Sexual Abuse Material (CSAM) Offending and Its Impacts on non-offending Family Members. Available at: <https://www.tandfonline.com/doi/ful/10.1080/15564886.2023.2172504#abstract>

Kilmer, A. & Leon, C.S. (2017) "Nobody worries about our children: Unseen impacts of sex offender registration on families with school-age children and implications for desistance". *Criminal Justice Studies*, 30(2), pp. 181-201

Levenson, J. & Tewkesbury, R. (2009) "Collateral damage: Family members of registered sex offenders". *American Journal of Criminal Justice*, 34(1-2), pp.54-68.

Receipts and Payments



CHARITY COMMISSION
FOR ENGLAND AND WALES

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestrict ed funds to the nearest £	Restrict ed funds to the nearest £	Endowme nt funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Community Fundraising	1,868	-	-	1,868	747
Corporate Donations	5,455	-	-	5,455	-
Donations	3,135	-	-	3,135	15,577
Grants	75,000	53,930	-	128,930	97,565
Payroll Giving	1,197	-	-	1,197	-
Training	600	-	-	600	-
Other revenue		367	-	367	300
	-	-	-	-	-
Sub total(Gross income for AR)	87,255	54,297	-	141,552	114,189
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	87,255	54,297	-	141,552	114,189

A3 Payments

Salaries	93,865	24,470	-	118,335	110,420
Employers NI	4,575		-	4,575	3,841
Pension	2,399		-	2,399	2,363
Counselling	3,333	3,400	-	6,733	1,695
Resources for service delivery	59	434	-	493	552
Consultancy	-	-		-	1,856
Fundraising Expenses	298			298	
Audit and Accountancy Supervision	1,980			1,980	1,860
Expenses	1,847	1,213	-	3,060	2,480
Overheads	1,102	42		1,144	1,105
IT Costs	12,282	4,129		16,411	15,104
Staff Training	3,761	-	-	3,761	4,708
Venue Hire	167	1,129	-	1,296	1,315
Insurance	575			575	575
HR & Recruitment	203			203	184
Subscriptions	226		-	226	2,241
Sub total	126,672	34,817	-	# 161,489	151,415

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-

Total payments	126,672	34,817	-	161,489	151,415
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Net of receipts/(payments)	-	-	-	-	-
	39,417	19,480	-	19,937	37,226
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	9,050	24,359	-	33,409	-
Cash funds this year end	-	-	-	-	-
	30,367	43,839	-	13,472	37,226

Section B Statement of assets and liabilities at the end of the period



Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest	Endowment funds to nearest £
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			£	
B1 Cash funds	NatWest Bank	13,472	-	-
			-	-
			-	-
			-	-
	Total cash funds (agree balances with receipts and payments account(s))	13,472	-	-
	Agreement Error	Agreement Error	OK	
	Unrestricted funds	Restricted funds	Endowment funds	
	to nearest £	to nearest £	to nearest £	
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details			
	Computer equipment	Unrestricted	1,834	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
Details	Fund to which liability	Amount due (optional)	When due (optional)	

B5 Liabilities

	relates)	
PAYE due	unrestrict ed	296	01 April 2025
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Sarah Vile	19/01/202 6
	Jill Suckling	19/01/202 6

Independent examiner's report to the Trustees of ACTS FAST

Independent examiner's report to the Trustees of ACTS FAST

I report to the trustees on my examination of the accounts of ACTS FAST ("the Trust") for the year ended 2 April 2025.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

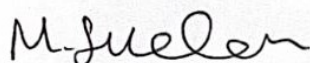
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

1. accounting records were not kept in accordance with section 130 of the Act or
2. the accounts do not accord with the accounting records
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Marianne Lucken
28 Norfolk Avenue
Christchurch
Dorset
BH23 2SE

Date: 25/07/25

ACTS FAST

England & Wales - Charity number 1157675

Accounts

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 2 April 2024
for
ACTS FAST**

**Ward Goodman Audit Services Ltd
4 Cedar Park
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF**

ACTS FAST

**Contents of the Financial Statements
for the Year Ended 2 April 2024**

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ACTS FAST

Report of the Trustees for the Year Ended 2 April 2024

The trustees present their report with the financial statements of the charity for the year ended 2 April 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

ACTS FAST are a specialist team of caring professionals delivering a unique service for secondary victims of Child Sexual Abuse (CSA). Staying up to date with research and national strategy, ACTS FAST takes a dynamic approach to developing quality services that adapt to our clients' needs.

OUR MISSION

"ACTS FAST provides support for non-abusive family members impacted by Child Sexual Abuse (CSA), breaking the cycle of trauma and abuse, empowering them to thrive".

OUR VISION

To live in a world free of Child Sexual Abuse and the painful fall-out from when people access Indecent Images of Children.

OUR OBJECTIVES

In setting out our objectives and developing our services our Trustees have considered the Charity Commission's public benefit guidance.

- 1) To increase and broaden our reach to potential clients in need.
- 2) To continue to enhance and improve our services in partnership with our professional staff, volunteers and client peers.
- 3) To continue to develop our Brighter Futures programme.
- 4) To sustainably increase our staff numbers with the rise of client numbers.
- 5) To continue to strive to have a minimal waiting period.
- 6) To continue to increase our links with the local community, national and international bodies.

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2024

OBJECTIVES AND ACTIVITIES

Significant activities

ACTS FAST works in a trauma-informed capacity by providing a three-stage trauma-informed support service to parents, carers and adult family members of children who have been sexually abused, and parents and family members of an individual who has accessed Indecent Images of Children (IIOC). Trauma-informed practice is an approach which is grounded in the understanding that exposure to trauma can impact upon an individual's neurological, biological, psychological and social development. Trauma-informed practice acknowledges the need to see beyond an individual's presenting behaviours and to ask, "what does this person need?"

There is established and growing evidence, nationally and internationally, to both understand and demonstrate the impact on family members when someone is arrested for IIOC, widely referred to as "the knock". Arrests usually take place within the family home when the rest of the family is present and recent research confirms the traumatic impact on the non-offending partner and children who witness not just the arrest of their father, their husband or fiancé, but also witness the subsequent search of the family home and the removal of possessions for the purpose of forensic examination and analysis (Armitage, 2023).

Most partners of men arrested for possession of IIOC experience symptoms of Post Traumatic Stress Disorder (PTSD) and 70% of women experience the symptoms for years, regardless of whether they stay with their partner or leave their partner (Armitage, 2023). The impact on children cannot be underestimated - one study illustrated that children were less likely to experience a "normal childhood" following "the knock" (Kilmer & Leon, 2017) and an earlier study found that instances of depression were high (Levenson & Tewkesbury, 2009). Quite often, the focus of attention on non-offending partners / parents is from professionals who are viewing them as "protective factors" in terms of whether they are able to protect and safeguard their children from harm, and this results in their individual support needs being overlooked (Thompson, 2017). The shame, secrecy and guilt associated with this type of offending behaviour is immense and leads to a fragmentation of social support which can elicit bereavement-style responses (Dwyer & Miller, 1996).

Research indicates that victim-survivors of child sexual abuse can be affected in a wide range of ways and trauma-informed responses from professionals can improve victim-survivor's ability and willingness to seek and accept support (CSA Centre, 2023).

An estimated 500,000 children are sexually abused in the UK each year (Radford et al. 2011). Following a disclosure of Child Sexual Abuse (CSA) "the impacts experienced by non-offending parents - and, in particular, mothers - as a result of their children's CSA victimisation can mirror those outcomes experienced by victims and survivors" (Independent Inquiry into Child Sexual Abuse, 2022). ACTS FAST understands that with therapeutic support to process their own trauma and understand the impact of trauma on their loved ones, parents are key to their child's recovery. By supporting parents to build resilience and a stable foundation that minimises the impact of sexual abuse trauma on their children, wider family and communities, ACTS FAST enables parents to take the lead in their child's care. Preserving family relationships and support networks and advocating to statutory services for the benefit of themselves and family members is a key element of the work carried out by ACTS FAST. In fact, sexually abused children whose parent(s) support and believe them have the potential to lead as healthy a life as those who have never experienced abuse (Centre of Expertise on Child Sexual Abuse, 2022).

'Parents can find it challenging to support a child who has been victimised at a time when they themselves might be struggling to cope with the emotional and practical strain following CSA. This can create a vicious circle in which the support that parents are able to provide to their child is compromised, thereby reducing the child's chances of experiencing resilience or recovery'

Independent inquiry into child sexual abuse (IICSA) Report 2022

The services of ACTS FAST provide a phased approach to recovery from trauma and each service involves a variety of psychoeducational techniques and integrates different ways of working. The three stages replicate Judith Herman's Tri-Phasic Trauma Model (Herman, 2002) and our aim is that the clients move through each service consecutively. The introduction of this model has meant that clients experience a more structured service delivery.

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2024

OBJECTIVES AND ACTIVITIES

ACTS FAST's three-stage service is as follows:

- 1) Trauma Support service to provide safety and stability for our clients.
- 2) Counselling to assist our clients to process and integrate their memories and experiences.
- 3) Brighter Futures focuses on reconnection and integration, helping our clients rebuild their lives and achieve post-traumatic growth.

Our Trauma Support and Counselling offer one-to-one support whilst our Brighter Futures is a peer-led facilitated group support programme. With Brighter Futures we are not only able to provide a safe space for clients to continue their recovery, but we also aim to mitigate the genuine isolation experienced by our clients.

The Brighter Futures programme has had significant review and development in close partnership with the Peoples Health Trust (PHT) to ensure that our clients, the PHT and staff are getting the best value.

Staff

In Dec 2022 ACTS FAST recruited a new CEO who has developed a new team at the charity. By identifying a Therapy Lead with specialist knowledge in the impact of trauma, ACTS FAST are demonstrating their commitment to trauma-informed practice and the development of a new service delivery for families impacted by Child Sexual Abuse.

Capacity within the team has expanded to include an additional part-time Trauma Support Worker and a sessional counsellor, increasing the client-facing team to 5 (2 full-time, 3 part-time).

The CEO has implemented the use of weekly welfare team briefings/staff feedback. This has been greatly appreciated and enhances our ethos of being an open, transparent, and healthy workplace.

The CEO and the Therapy Lead have worked together to enhance our data collection to give a more robust picture of how our services are working and have continued to refine the services we provide to an exceedingly high standard in partnership with our clients' feedback. Due to the diligent work being done we were able to increase our Therapy Lead to a full-time basis.

Moving forwards, we aim to employ more sessional counsellors so that we have a ready network of experienced trauma counsellors to hand. As our work continues to grow and we need to recruit permanent counsellors in order to meet increasing demand, we have the advantage of already having a working relationship with our sessional counsellors, many of whom have expressed an interest in being employed by ACTS FAST on a permanent basis. Their feedback indicates that they enjoy being part of a team and they passionately believe in the unique service we are providing.

We continue to develop and enhance our support and encouragement for ACTS FAST staff, volunteers, and trustees by promoting regular opportunities for Continuous Professional Development.

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2024

OBJECTIVES AND ACTIVITIES TRUSTEES

A whole service evaluation was carried out by Community Action Network which resulted in recommendations around our charity governance. These recommendations have all been met. As part of this process the Trustees completed a skills audit and after a very successful recruitment drive, five potential candidates were invited to apply, were interviewed, references taken, and DBS checks completed. Even though none of the Board have any direct contact with clients, it has always been part of ACTS FAST ethos to have stringent checks on all personnel due to the sensitive nature of our work.

Five trustees were recruited to the Board, bringing with them a diverse range of skills and knowledge including education, policing, business acumen, criminal and family court, counselling, and specialist knowledge in research and service delivery for primary and secondary victim-survivors of sexual trauma.

The Trustee Board has continued to improve our communications within the Board and with the office team in order to fulfil our governance duties. With the assistance of the Community Action Network (CAN) a trustee audit was completed, the outcome of which informed our actions in establishing our current Strategy Plan.

In maintaining an open, honest and transparent workplace and our commitment to the future, the Trustees and the office staff all attended our Strategy Day in January 2024, kindly hosted by CAN. Following this, we have collectively honed all of our policies and procedures, increased our communication networks, refined our data gathering, and continue to nurture high morale.

The Trustee Board and ACTS FAST office, in partnership, have also achieved the implementation of monthly Trustee Reports, the use of WhatsApp, SharePoint and increased visits to the office to meet with staff.

The Board committed itself to quarterly meetings, with an agreement that additional meetings will be held as and when required (for example, grant planning, welcoming and "onboarding" new trustees).

Following safeguarding training in April 2024, safeguarding is now a mandatory agenda item at each Board meeting.

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2024

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Clients

At the time of writing this report, ACTS FAST are supporting 108 clients, compared to 74 clients in 2023. In addition, client-facing hours increased by 75% from 300 to 1354 hours of 1-to-1 support.

The total number of client-facing hours can be broken down as follows:

- Trauma support sessions - 899 hours
- Counselling - 323 hours
- Advocacy and ad-hoc support - 34 hours
- Assessment - 97 hours
- Brighter Futures - 1

Of the total number of clients ACTS FAST are currently supporting, 68 are parents of victims of Child Sexual Abuse, and 40 are partners / adult family members of those who have accessed IIOC.

53% of our referrals are self-referrals.

ACTS FAST continues to show a significant impact with our unique trauma-informed service for those often forgotten - the non-abusive parents, carers and family members of sexually abused children or partners of individuals viewing IIOC.

Clients have reported significant improvement in their wellbeing with a mean score rise from 66.5% to 82.6%, with an 83% attendance rate across both services. Our data suggests that there is a reduction in the number of clients needing counselling after attending our Trauma Support service - 75% are not needing a referral, 25% are referred to our Counselling Service. The increase in reported wellbeing coupled with a high attendance rate and the reduction in the need for Counselling shows the significant impact of our Trauma Support Service in alleviating our clients' distress.

IMPACT

"ACTS FAST helped me to separate my experience from my child's. I am now able to hold my own trauma and my child's trauma."

"History is not going to repeat itself - I'm getting therapy so that I can be there for my child."

"ACTS FAST helped me to be open to other services and accept the help available for me and my child."

"I no longer think about how to take my own life all day. ACTS FAST showed me life would get better. I know now that life is precious."

FINANCIAL REVIEW

Financial position

Our total income for 2023-2024 was £114,193. This is a decrease of £28,773 from 2022-2023 (£142,966).

Our main financial contribution came from the National Lottery, a total of £75,000.

Our total expenditure for 2023-2024 was £148,908. This is an increase of £58,134 from 2022-2023 (£90,774).

A significant difference between the 2 years' expenditures has been due to employing staff wages (the previous year the Chair of Trustees headed the office for 4 months without a wage).

At the year-end 2024, the charity had reserves totalling £32,603 (2023 - £67,318) of which £22,423 (2023 - £25,683) were restricted balances. Free reserves (defined as total funds less any restricted balances or fixed assets as applicable) at the year-end totalled £6,051 (£41,635 - 2023).

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2024

FINANCIAL REVIEW

Reserves policy

Acts Fast Reserve's Policy aim is for the Reserves to be built up to cover 6 months of operational costs, with the current policy being 3 months, however the current level falls short of this target.

This is reflective to give stability and cover for our greatest time which is our counselling service at 24 weeks. Our Brighter Future Peer Support runs for 16 weeks, and this ends at the end of the programme. Whereas we do give flexibility for our clients receiving Trauma Support Service. Initially this is set for a 6-week period with the added benefit of being able to be expanded as the client needs evolve over time/circumstances.

The 3-month reserves policy is in place as our vulnerable clients need the time to either complete their counselling sessions or have the time, with our assistance, to find another suitably trained Trauma-Informed Counsellor to see them safely through their journey.

Going concern

The principal risk to ACTS FAST continues to be not securing the financial revenue to provide our expert service and keeping it free to those that need it at the time they need it.

ACTS FAST does not charge clients a fee for our services as we want our services to be free and available to our clients regardless of their ability to pay. We do accept donations from clients.

ACTS FAST is heavily reliant upon on grants, particularly the National Lottery, to financially support the running of the office and services. We are in our third year of financial support from the National Lottery.

In 2023-2024 we have continued to strive to increase our match-funding and to widen our receivership of other grants. The strategy for 2024-2025 will be to see a significant rise in self-funding activities.

We, the Board, remain committed to promoting ACTS FAST as being the experts in our field, continuing to develop, maintain and strengthen robust relationships with partner agencies, e.g., universities, local councils, police, and sexual assault referral clinics. By increasing the diversity of expertise of our Board members we are encouraging new and creative ways to promote the charity and to develop its influence, scope and reputation.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a constitution, and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

Induction and training of new trustees

Trustees are advised of any online training specifically regarding their roles. Trustees have access to a "Trustees Information Pack" in addition to annual safeguarding training and access to Community Action Network trustee events and training.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1157675

ACTS EAST

**Report of the Trustees
for the Year Ended 2 April 2024**

Principal address

Unit 5
Manor Farm Business Centre
Gussage St. Michael
Wimbome
Dorset
BH21 5H1

Trustees

S E Walls-MacDonald
R Armitage (resigned 7.7.23)
C Huang (resigned 11.7.24)
I Cole (resigned 1.7.23)
N D Spreadbury MBE (resigned 4.4.23)
J Whalen (appointed 26.1.24)
S Vile (appointed 23.1.24)
K Butcher (appointed 18.1.24)
R Skinner (appointed 30.11.23)
J Suckling (appointed 27.4.23)

Independent Examiner

Ward Goodman Audit Services Ltd
4 Cedar Park
Ferndown Industrial Estate
Wimbome
Dorset
BH21 7SF

Approved by order of the board of trustees on 26th Nov '24 and signed on its behalf by:



.....
S E Walls-MacDonald - Trustee

**Independent Examiner's Report to the Trustees of
ACTS FAST**

Independent examiner's report to the trustees of ACTS FAST

I report to the charity trustees on my examination of the accounts of ACTS FAST (the Trust) for the year ended 2 April 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



I M Rodd BSc FCA FCCA

Ward Goodman Audit Services Ltd
4 Cedar Park
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

Date: 29 November 2024

ACTS FAST

**Statement of Financial Activities
for the Year Ended 2 April 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	88,327	25,566	113,893	141,966
Other trading activities	4	-	-	-	1,000
Other income		300	-	300	-
Total		<u>88,627</u>	<u>25,566</u>	<u>114,193</u>	<u>142,966</u>
EXPENDITURE ON					
Raising funds		2,811	-	2,811	-
Charitable activities					
Charitable activity		117,271	28,826	146,097	90,774
Total		<u>120,082</u>	<u>28,826</u>	<u>148,908</u>	<u>90,774</u>
NET INCOME/(EXPENDITURE)		(31,455)	(3,260)	(34,715)	52,192
RECONCILIATION OF FUNDS					
Total funds brought forward		41,635	25,683	67,318	15,126
TOTAL FUNDS CARRIED FORWARD		<u>10,180</u>	<u>22,423</u>	<u>32,603</u>	<u>67,318</u>

The notes form part of these financial statements

ACTSFAST

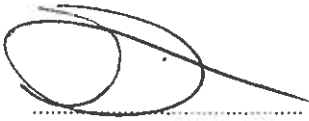
Balance Sheet
2 April 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	9	4,129	-	4,129	-
CURRENT ASSETS					
Debtors	10	377	-	377	70
Cash at bank and in hand		8,989	22,423	31,412	72,276
		<u>9,366</u>	<u>22,423</u>	<u>31,789</u>	<u>72,346</u>
CREDITORS					
Amounts falling due within one year	11	(3,315)	-	(3,315)	(5,028)
		<u>6,051</u>	<u>22,423</u>	<u>28,474</u>	<u>67,318</u>
NET CURRENT ASSETS					
		<u>6,051</u>	<u>22,423</u>	<u>28,474</u>	<u>67,318</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>10,180</u>	<u>22,423</u>	<u>32,603</u>	<u>67,318</u>
NET ASSETS					
		<u>10,180</u>	<u>22,423</u>	<u>32,603</u>	<u>67,318</u>
FUNDS					
	12				
Unrestricted funds				10,180	41,635
Restricted funds				22,423	25,683
				<u>32,603</u>	<u>67,318</u>
TOTAL FUNDS					
				<u>32,603</u>	<u>67,318</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

26th Nov '24

and were signed on its behalf by:



S E Walls-MacDonald - Trustee

The notes form part of these financial statements

ACTS FAST

Notes to the Financial Statements for the Year Ended 2 April 2024

1. LEGAL FORM

ACTS FAST is a Charitable Incorporated Organisation (CIO) registered in England and Wales with the Charity Commission (registered number 1157675). The principal address can be found on the reference and administrative details of the report of the trustees.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Capital additions are not depreciated in year of acquisition.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2024**

2. ACCOUNTING POLICIES - continued

Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

3. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	13,327	12,388
Grants	100,566	129,578
	113,893	141,966

Grants received, included in the above, are as follows:

	2024	2023
	£	£
National Lottery	75,000	79,435
People's Health Trust	8,936	8,936
Allen Lane Foundation	6,679	-
Sovereign Housing Association	951	-
Patricia Routledge Foundation	2,000	-
Alice Ellen Cooper	5,000	-
Hedley Foundation	2,000	-
Albert Hunt Trust	-	1,000
Dorset Council	-	5,000
Dorset Police	-	32,207
Dorset Community Fund	-	1,000
MCF Cliniko Grant	-	1,500
Other	-	500
	100,566	129,578

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2024**

4. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Support sessions	<u>-</u>	<u>1,000</u>

5. SUPPORT COSTS

	Finance	Other	Governance costs	Totals
	£	£	£	£
Charitable activity	<u>14</u>	<u>1,046</u>	<u>1,980</u>	<u>3,040</u>

Independent examiner fees were £1,980 (inclusive of irrecoverable VAT) for the year ended 2 April 2024 (2023 - £1,860).

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 2 April 2024 nor for the year ended 2 April 2023.

Trustees' expenses

In the year ended 2 April 2024, two trustees (2023:1) were reimbursed for travel expenses of £358 (2023:£1,221).

7. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	110,563	65,095
Social security costs	3,853	601
Other pension costs	2,363	1,379
	<u>116,779</u>	<u>67,075</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Head count	<u>7</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2024**

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	111,095	30,871	141,966
Other trading activities	1,000	-	1,000
Total	112,095	30,871	142,966
EXPENDITURE ON			
Charitable activities			
Charitable activity	80,389	10,385	90,774
NET INCOME	31,706	20,486	52,192
RECONCILIATION OF FUNDS			
Total funds brought forward	9,929	5,197	15,126
TOTAL FUNDS CARRIED FORWARD	41,635	25,683	67,318

9. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	4,129
NET BOOK VALUE	
At 2 April 2024	4,129
At 2 April 2023	-

ACTS FAST

Notes to the Financial Statements - continued
for the Year Ended 2 April 2024

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2024	2023
		£	£
Trade debtors		-	70
Prepayments and accrued income		377	-
		<u>377</u>	<u>70</u>
11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2024	2023
		£	£
Trade creditors		1,277	2,747
Other creditors		-	396
Accruals and deferred income		2,038	1,885
		<u>3,315</u>	<u>5,028</u>
12. MOVEMENT IN FUNDS			
		Net	At
	At 3.4.23	movement	2.4.24
	£	in funds	£
		£	
Unrestricted funds			
General fund	41,635	(31,455)	10,180
Restricted funds			
Organisational Development	8,707	(4,372)	4,335
Brighter Futures Dorset Community Fund	5,454	(446)	5,008
DPCC Operation Relentless	1,630	(1,630)	-
MCF Relief Chest Scheme	5,000	(5,000)	-
Nature Heals Seed Fund	1,000	-	1,000
Active Communities Fund	3,892	(3,892)	-
Allen Lane Foundation	-	4,451	4,451
Hedley Foundation	-	1,725	1,725
Alice Ellen Cooper Foundation	-	4,231	4,231
Patricia Routledge Trust	-	1,588	1,588
Sovereign Housing Association	-	85	85
	<u>25,683</u>	<u>(3,260)</u>	<u>22,423</u>
TOTAL FUNDS	<u>67,318</u>	<u>(34,715)</u>	<u>32,603</u>

ACTS FAST

Notes to the Financial Statements - continued
for the Year Ended 2 April 2024

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	88,627	(120,082)	(31,455)
Restricted funds			
Organisational Development	-	(4,372)	(4,372)
Brighter Futures Dorset Community Fund	-	(446)	(446)
DPCC Operation Relentless	-	(1,630)	(1,630)
MCF Relief Chest Scheme	-	(5,000)	(5,000)
Active Communities Fund	8,936	(12,828)	(3,892)
Allen Lane Foundation	6,679	(2,228)	4,451
Hedley Foundation	2,000	(275)	1,725
Alice Ellen Cooper Foundation	5,000	(769)	4,231
Patricia Routledge Trust	2,000	(412)	1,588
Sovereign Housing Association	951	(866)	85
	<u>25,566</u>	<u>(28,826)</u>	<u>(3,260)</u>
TOTAL FUNDS	<u>114,193</u>	<u>(148,908)</u>	<u>(34,715)</u>

Comparatives for movement in funds

	At 3.4.22 £	Net movement in funds £	At 2.4.23 £
Unrestricted funds			
General fund	9,929	31,706	41,635
Restricted funds			
Organisational Development	5,197	3,510	8,707
Brighter Futures Dorset Community Fund	-	5,454	5,454
DPCC Operation Relentless	-	1,630	1,630
MCF Relief Chest Scheme	-	5,000	5,000
Nature Heals Seed Fund	-	1,000	1,000
Active Communities Fund	-	3,892	3,892
	<u>5,197</u>	<u>20,486</u>	<u>25,683</u>
TOTAL FUNDS	<u>15,126</u>	<u>52,192</u>	<u>67,318</u>

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2024**

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	112,095	(80,389)	31,706
Restricted funds			
Organisational Development	4,435	(925)	3,510
Albert Hunt Trust	1,000	(1,000)	-
Brighter Futures Dorset Community Fund	5,500	(46)	5,454
DPCC Operation Relentless	5,000	(3,370)	1,630
MCF Relief Chest Scheme	5,000	-	5,000
Nature Heals Seed Fund	1,000	-	1,000
Active Communities Fund	8,936	(5,044)	3,892
	<u>30,871</u>	<u>(10,385)</u>	<u>20,486</u>
TOTAL FUNDS	<u>142,966</u>	<u>(90,774)</u>	<u>52,192</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 3.4.22 £	Net movement in funds £	At 2.4.24 £
Unrestricted funds			
General fund	9,929	251	10,180
Restricted funds			
Organisational Development	5,197	(862)	4,335
Brighter Futures Dorset Community Fund	-	5,008	5,008
Nature Heals Seed Fund	-	1,000	1,000
Allen Lane Foundation	-	4,451	4,451
Hedley Foundation	-	1,725	1,725
Alice Ellen Cooper Foundation	-	4,231	4,231
Patricia Routledge Trust	-	1,588	1,588
Sovereign Housing Association	-	85	85
	<u>5,197</u>	<u>17,226</u>	<u>22,423</u>
TOTAL FUNDS	<u>15,126</u>	<u>17,477</u>	<u>32,603</u>

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2024**

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	200,722	(200,471)	251
Restricted funds			
Organisational Development	4,435	(5,297)	(862)
Albert Hunt Trust	1,000	(1,000)	-
Brighter Futures Dorset Community Fund	5,500	(492)	5,008
DPCC Operation Relentless	5,000	(5,000)	-
MCF Relief Chest Scheme	5,000	(5,000)	-
Nature Heals Seed Fund	1,000	-	1,000
Active Communities Fund	17,872	(17,872)	-
Allen Lane Foundation	6,679	(2,228)	4,451
Hedley Foundation	2,000	(275)	1,725
Alice Ellen Cooper Foundation	5,000	(769)	4,231
Patricia Routledge Trust	2,000	(412)	1,588
Sovereign Housing Association	951	(866)	85
	<u>56,437</u>	<u>(39,211)</u>	<u>17,226</u>
TOTAL FUNDS	<u><u>257,159</u></u>	<u><u>(239,682)</u></u>	<u><u>17,477</u></u>

Lottery Organisational Development Fund - Restricted to cover review cost and implementation of improvements in processes.

DPCC Operation Relentless - Restricted towards Operation Relentless which aims to contribute to a reduction in anti-social behaviours and/or increase public feeling of safety/reassurance.

Brighter Futures Dorset Community Fund - Funding of volunteer led social/support groups for people with shared experiences.

MCF Relief Chest Scheme - Restricted to fund salaries.

Albert Hunt Trust - Restricted to fund the salary of the trauma support worker.

Nature Heals Seed Fund - Restricted towards growing materials and equipment.

Active Communities Fund - Restricted to fund salaries.

Allen Lane Foundation - Restricted towards the part-time salary of a trauma support work.

Hedley Foundation - Restricted to fund trauma support services for families affected by sexual abuse.

Alice Ellen Cooper Foundation - Restricted to fund trauma support services for families affected by sexual abuse.

Patricia Routledge Trust - Restricted to fund trauma support services for families affected by sexual abuse.

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2024**

12. MOVEMENT IN FUNDS - continued

Sovereign Housing Association - Restricted to fund trauma support services for families affected by sexual abuse.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 2 April 2024.

ACTS FAST

England & Wales - Charity number 1157675

Accounts

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 2 April 2023
for
ACTS FAST**

Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

ACTS FAST

**Contents of the Financial Statements
for the Year Ended 2 April 2023**

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Detailed Statement of Financial Activities	17 to 18

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2023

The trustees present their report with the financial statements of the charity for the year ended 2 April 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees would like to acknowledge that the previous accounts (2022/23) were submitted to the Charity Commission late. Following a period of change to the leadership team and challenges exasperated by Covid-19.

A new leadership team is now in place bringing stability to the organisation. This coincides with updates to the trustee procedures and membership board. A whole charity review supported by Community Action Network and the appointment of a Finance Officer to support the CEO.

OBJECTIVES AND ACTIVITIES

Objectives and aims

ACTS FAST was founded to relieve the distress by supporting the non-abusive families, parents, carers of children who have been affected by sexual abuse, sexual assault and/or by the viewing of indecent images of children.

Significant activities

The Trustees have had regard to the guidance issued by the Charity Commission on public benefit in all meetings and all Board correspondences in planning our activities for the year.

ACTS FAST delivers this service by providing a 3-tier support package.

The initial support is with our psycho-educational Trauma Support Service. This is to aid the client to reach a manageable level of stability from the shock and trauma after hearing of the disclosure of abuse and/or receiving 'the knock' ('the knock' is the time when the Police arrive to arrest/detain a person for suspected viewing of indecent images of children).

Next, is a 24-week counselling service with an expert Trauma Counsellor. This is offered free-of charge to our clients to enable all who need the service access to it without the fear of financial hardship.

Finally, harking back to our roots (as we started as a support group) and after conducting a pilot programme, from Oct 2022 we now offer a facilitated peer support group for clients who have gone through our Trauma Support and Counselling. The main aim is to have a greater impact on reducing the feelings of isolation or of 'being the only one', therefore by conducting an expertly facilitated group and creating a safe place for clients to meet can be done. To enable the implementation of our Brighter Futures Project we received full funding from the People's Health Lottery.

"I understood, for the first time I think, that I wasn't alone, isolated with this."

ACTS FAST continues with its open-door policy, meaning once a client has left they can always return if they find they need further support.

"At present I feel more able to cope but life always brings challenges so in the future I may need to turn to the charity again for support."

"This is a very special place for parents dealing with these traumatic events - a lifeline for life really."

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2023

OBJECTIVES AND ACTIVITIES

We have a policy on grant making within our policies and procedures, which sets out our aims and rationale around grant making and how funds should be used within the CIO. We continue to seek charitable funds from donors in order to fulfil the objectives of the charity. We continue to support our volunteers with regular clinical supervision, informal support and social activities (such as occasional social events). Building a friendly and supportive environment is an important part of our organisation.

ACTS FAST continues to be a "force for good" in the local and specific community of families who have been affected by CSA. The charity continues to carefully steward its resources in such a way to maintain maximum benefit for those it serves. There is a transparent culture of integrity and there is a high degree of focusing resources on front line client support.

We value our wonderful volunteers; they are an invaluable and integral part of the running of the charity. Volunteers support ACTS FAST delivery of services, such as our counselling service and supporting our face to face emotional and practical support sessions, along with helping us to promote the charity. They play a key role in helping ensure we safely and appropriately support both clients and the collective team.

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Throughout the year 2022-2023 we have received excellent on-going support from our Community Action Network Team (CAN), Survivors Trust, The National Lottery, the DPCC, and the People's Lottery, to enable us to face challenges, and positively facilitate changes and improvements to the staff structure and service delivery.

ACTS FAST has also had the privilege of being nominated as the Charity of the Year by the New Chairman of the Blandford Masonic Lodge and CAN Hero of the Month for September 2022.

ACTS FAST have continued throughout this process with the close involvement of the Board of Trustees and with our main funder The National Lottery. This close supportive relationship was particularly evident when the Chair of Trustees stepped into the day-to-day running of the office whilst awaiting the appointment of our new CEO Manager. Due to the Chair of Trustees managing the office Aug-Dec 2022 until the New Manager was appointed in January 2023 there was an increase in the travel expenses budget and a decrease in the CEO/Manager salary during this period.

This period gave a great opportunity for the Board to have an intimate daily hands-on review of the running of the office. This enabled us to access, plan, implement and evaluate current practice and initiate changes - part of which has been the funding of a full external audit, increasing our employed team and reviewing ACTS FAST's office location.

Changes made to the staff numbers and personnel have strengthened ACTS FAST ability to meet the expectations of staff, funders, the Board, and services to our clients. This has also led to implementation of clearer boundaries of peoples' job roles and responsibilities, opening further pathways of communication from staff to the Board, and improving the flow of our services to our clients.

We have welcomed a new Therapy Manager, a Therapy Lead for our Brighter Futures Project and employing our bookkeeper. By internally employing our bookkeeper we can enhance and improve the gathering of financial data, the format, presentation of our accounting model and the use of financial forecasting.

As part of our continued IT and Comms development we have continued to transfer our data to a secure electronic database system and have been able to extrapolate more details from our client base and how we are achieving our aims and objectives. From April 2022-March 2023 we have seen a total of 74 clients (64 F, 10 M).

The location of the office itself was reviewed regarding accessibility. Being rural there are difficulties with accessibility via public transport and we are located on the first floor with only stair access. The other properties available during the review were either on the high-street, or within business parks. All would have increased our rent on average by 50%. Plus, due to the nature and sensitivity of our clients, having a more public location could have impacted our clients' privacy. To mitigate these issues clients are offered to be seen online or we can hire a private safe space nearer the client where they can meet in-person closer to their location.

ACTS FAST

Report of the Trustees for the Year Ended 2 April 2023

FINANCIAL REVIEW

Financial position

Total income for 2022-2023 was £142,965 - an increase of 32.5% on the previous year.

Total expenditure for 2022-2023 was £90,773 - a decrease of 15.4% on the previous year.

With the National Lottery's continued support another £75K for 2023-2024 and the brought forward £49K we enter 2023-2024 on a positive footing.

At the year end 2023, the charity had reserves totalling £67,318 (2022 - £15,126) of which £25,684 (2022 - £5,197) were restricted balances. Free reserves (defined as total funds less any restricted balances or fixed assets as applicable) at the year end totalled £41,634 (2022 - £9,929).

The strategy is to review the Reserves Policy parameters and increase the targeting of unrestricted funding/donations/sponsorships and to continue to review existing expenditure.

As Acts Fast is growing with staff and client numbers the financial reserves figure is also increasing. Along with the strategy already mentioned above, and by employing our bookkeeper we now have the added ability of forecasting and streamlining our path towards achieving 100% financial reserves in realistic terms.

Reserves policy

Acts Fast Reserve's Policy is for the Reserves to be built up to cover 6 months of operational costs.

This is reflective to give stability and cover for our greatest time which is our counselling service at 24 weeks. Our Brighter Future Peer Support runs for 16 weeks, and this ends at the end of the programme. Whereas we do give flexibility for our clients receiving Trauma Support Service. Initially this is set for a 6-week period with the added benefit of being able to be expanded as the client needs evolve over time/circumstances.

The 6-month reserves policy is in place as our vulnerable clients need the time to either complete their counselling sessions or have the time, with our assistance, to find another suitably trained Trauma-Informed Counsellor to see them safely through their journey.

The Charity is growing, and the monies raised came pre-dominantly through restricted grants.

Going concern

ACTS FAST does not charge clients a fee for our services as we want our services to be free and available to our clients regardless of their financial ability to pay. We do accept donations from clients.

ACTS FAST is heavily reliant upon on grants, particularly the National Lottery, to financially support the running of the office and services. We are in our second year of a three-year programme of financial support from the National Lottery. The strategy for 2023-2024 will see a significant rise in match-funding with the exploration of other funders and fundraising, e.g., through challenge events.

Also, to remain experts in our field, we will continue to maintain, strengthen, and develop robust relationships with partner agencies, e.g., universities, local councils, police, and sexual assault referral clinics. And to continue to develop and enhance our support and encouragement for ACTS FAST staff, volunteers, and trustees with their CPD.

A description of the principal risks facing the charity

The principal risk to ACTS FAST would be not securing the financial revenue to provide our expert service and keeping it free to those that need it at the time they need it.

"Again, thank you for providing this very bespoke support - it really has been fantastic."

ACTS FAST

**Report of the Trustees
for the Year Ended 2 April 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a constitution, and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.

Induction and training of new trustees

Trustees are advised of any online training specifically regarding their roles. Trustees have access to a "Trustees Information Pack" in addition to annual safeguarding training and access to CAN network trustee events and training.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1157675

Principal address

Unit 5
Manor Farm Business Centre
Gussage St. Michael
Wimborne
Dorset
BH21 5HT


Trustees

S E Walls-MacDonald
R Armitage (appointed 1.6.22)
C Huang
T Cole
N D Spreadbury MBE

Independent Examiner

Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

Approved by order of the board of trustees on23.10.23..... and signed on its behalf by:



S E Walls-MacDonald - Trustee

**Independent Examiner's Report to the Trustees of
ACTS FAST**

Independent examiner's report to the trustees of ACTS FAST

I report to the charity trustees on my examination of the accounts of ACTS FAST (the Trust) for the year ended 2 April 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



I M Rodd BSc FCA FCCA

Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

Date: 25 October 2023.....

ACTS FAST

**Statement of Financial Activities
for the Year Ended 2 April 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	111,094	30,871	141,965	107,859
Other trading activities	4	1,000	-	1,000	-
Total		<u>112,094</u>	<u>30,871</u>	<u>142,965</u>	<u>107,859</u>
 EXPENDITURE ON					
Charitable activities					
Charitable activity		<u>80,389</u>	<u>10,384</u>	<u>90,773</u>	<u>107,296</u>
 NET INCOME		31,705	20,487	52,192	563
 RECONCILIATION OF FUNDS					
Total funds brought forward		9,929	5,197	15,126	14,563
 TOTAL FUNDS CARRIED FORWARD		<u><u>41,634</u></u>	<u><u>25,684</u></u>	<u><u>67,318</u></u>	<u><u>15,126</u></u>

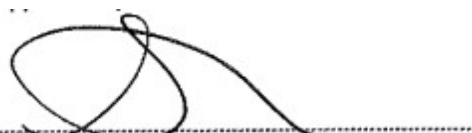
The notes form part of these financial statements

ACTS EAST

**Balance Sheet
2 April 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	9	70	-	70	-
Cash at bank and in hand		46,592	25,684	72,276	17,033
		<u>46,662</u>	<u>25,684</u>	<u>72,346</u>	<u>17,033</u>
CREDITORS					
Amounts falling due within one year	10	(5,028)	-	(5,028)	(1,907)
		<u>41,634</u>	<u>25,684</u>	<u>67,318</u>	<u>15,126</u>
NET CURRENT ASSETS					
		<u>41,634</u>	<u>25,684</u>	<u>67,318</u>	<u>15,126</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>41,634</u>	<u>25,684</u>	<u>67,318</u>	<u>15,126</u>
NET ASSETS					
		<u>41,634</u>	<u>25,684</u>	<u>67,318</u>	<u>15,126</u>
FUNDS					
	11			41,634	9,929
Unrestricted funds				25,684	5,197
Restricted funds				<u>67,318</u>	<u>15,126</u>
TOTAL FUNDS					
				<u>67,318</u>	<u>15,126</u>

The financial statements were approved by the Board of Trustees and authorised for issue on23.10.23..... and were signed on its behalf by:



S E Walls-MacDonald - Trustee

ACTS FAST

Notes to the Financial Statements for the Year Ended 2 April 2023

1. LEGAL FORM

ACTS FAST is a Charitable Incorporated Organisation (CIO) registered in England and Wales with the Charity Commission (registered number 1157675). The principal address can be found on the reference and administrative details of the report of the trustees.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

ACTS EAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

2. ACCOUNTING POLICIES - continued

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

3. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	12,387	7,343
Grants	129,578	100,516
	<u>141,965</u>	<u>107,859</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
National Lottery	79,435	92,450
Dorset Community Foundation	-	4,316
Public Health Dorset	-	3,250
Albert Hunt Trust	1,000	-
Dorset Council	5,000	-
Dorset Police	32,207	-
Dorset Community Fund	1,000	-
People's Health Trust	8,936	-
MCF Cliniko Grant	1,500	-
Other	500	500
	<u>129,578</u>	<u>100,516</u>

4. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Support sessions	1,000	-
	<u>1,000</u>	<u>-</u>

ACTS EAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

5. SUPPORT COSTS

	Finance	Other	Governance costs	Totals
	£	£	£	£
Charitable activity	<u>22</u>	<u>3,364</u>	<u>1,860</u>	<u>5,246</u>

Independent examiner fees were £1,860 (inclusive of irrecoverable VAT) for the year ended 2 April 2023 (2022 - £1,860).

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 2 April 2023 nor for the year ended 2 April 2022.

Trustees' expenses

In the year ended 2 April 2023, one Trustee was reimbursed travel expenses of £1,221 (2022: £nil).

7. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	65,095	77,352
Social security costs	601	6,096
Other pension costs	1,379	1,067
	<u>67,075</u>	<u>84,515</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Head count	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>7,343</u>	<u>100,516</u>	<u>107,859</u>
EXPENDITURE ON			
Charitable activities			
Charitable activity	<u>11,977</u>	<u>95,319</u>	<u>107,296</u>
NET INCOME/(EXPENDITURE)	(4,634)	5,197	563

ACTS EAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	14,563	-	14,563
	9,929	5,197	15,126
	9,929	5,197	15,126

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	70	-
	70	-
	70	-

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	2,747	-
Other creditors	396	-
Accruals and deferred income	1,885	1,907
	5,028	1,907
	5,028	1,907

11. MOVEMENT IN FUNDS

	At 3.4.22 £	Net movement in funds £	At 2.4.23 £
Unrestricted funds			
General fund	9,929	31,705	41,634
Restricted funds			
Organisational Development	5,197	3,510	8,707
Brighter Futures Dorset Community Fund	-	5,454	5,454
DPCC Operation Relentless	-	1,630	1,630
MCF Relief Chest Scheme	-	5,000	5,000
Nature Heals Seed Fund	-	1,000	1,000
Active Communities Fund	-	3,893	3,893
	5,197	20,487	25,684
TOTAL FUNDS	15,126	52,192	67,318

ACTS EAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	112,094	(80,389)	31,705
Restricted funds			
Organisational Development	4,435	(925)	3,510
Albert Hunt Trust	1,000	(1,000)	-
Brighter Futures Dorset Community Fund	5,500	(46)	5,454
DPCC Operation Relentless	5,000	(3,370)	1,630
MCF Relief Chest Scheme	5,000	-	5,000
Nature Heals Seed Fund	1,000	-	1,000
Active Communities Fund	8,936	(5,043)	3,893
	<u>30,871</u>	<u>(10,384)</u>	<u>20,487</u>
TOTAL FUNDS	<u><u>142,965</u></u>	<u><u>(90,773)</u></u>	<u><u>52,192</u></u>

Comparatives for movement in funds

	At 3.4.21 £	Net movement in funds £	At 2.4.22 £
Unrestricted funds			
General fund	14,563	(4,634)	9,929
Restricted funds			
Organisational Development	-	5,197	5,197
	<u>14,563</u>	<u>563</u>	<u>15,126</u>
TOTAL FUNDS	<u><u>14,563</u></u>	<u><u>563</u></u>	<u><u>15,126</u></u>

ACTS EAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,343	(11,977)	(4,634)
Restricted funds			
Lottery	9,950	(9,950)	-
Dorset Community Foundation	4,316	(4,316)	-
Organisational Development	7,500	(2,303)	5,197
Local Giving Ltd	500	(500)	-
Lottery Community Fund	75,000	(75,000)	-
Public Health Dorset	3,250	(3,250)	-
	<u>100,516</u>	<u>(95,319)</u>	<u>5,197</u>
TOTAL FUNDS	<u><u>107,859</u></u>	<u><u>(107,296)</u></u>	<u><u>563</u></u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 3.4.21 £	Net movement in funds £	At 2.4.23 £
Unrestricted funds			
General fund	14,563	27,071	41,634
Restricted funds			
Organisational Development	-	8,707	8,707
Brighter Futures Dorset Community Fund	-	5,454	5,454
DPCC Operation Relentless	-	1,630	1,630
MCF Relief Chest Scheme	-	5,000	5,000
Nature Heals Seed Fund	-	1,000	1,000
Active Communities Fund	-	3,893	3,893
	<u>-</u>	<u>25,684</u>	<u>25,684</u>
TOTAL FUNDS	<u><u>14,563</u></u>	<u><u>52,755</u></u>	<u><u>67,318</u></u>

ACTS EAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	119,437	(92,366)	27,071
Restricted funds			
Lottery	9,950	(9,950)	-
Dorset Community Foundation	4,316	(4,316)	-
Organisational Development	11,935	(3,228)	8,707
Local Giving Ltd	500	(500)	-
Lottery Community Fund	75,000	(75,000)	-
Public Health Dorset	3,250	(3,250)	-
Albert Hunt Trust	1,000	(1,000)	-
Brighter Futures Dorset Community Fund	5,500	(46)	5,454
DPCC Operation Relentless	5,000	(3,370)	1,630
MCF Relief Chest Scheme	5,000	-	5,000
Nature Heals Seed Fund	1,000	-	1,000
Active Communities Fund	8,936	(5,043)	3,893
	<u>131,387</u>	<u>(105,703)</u>	<u>25,684</u>
TOTAL FUNDS	<u>250,824</u>	<u>(198,069)</u>	<u>52,755</u>

Dorset Community Foundation - Funding for a Brighter Futures Pilot.

Local giving grant - Contribution toward running costs of the charity.

Lottery Organisational Development Fund - Restricted to cover review cost and implementation of improvements in processes.

National Lottery Community Fund - Restricted to fund salaries.

National Lottery Small grant - For the provision of clinical supervision, support sessions and admin support.

Public Health Dorset - Funding for the Brighter Futures project.

Albert Hunt Trust - Restricted to fund the salary of the trauma support worker.

DPCC Operation Relentless - Restricted towards Operation Relentless which aims to contribute to a reduction in anti-social behaviours and/or increase public feeling of safety/reassurance.

Brighter Futures Dorset Community Fund - Funding of volunteer led social/support groups for people with shared experiences.

MCF Relief Chest Scheme - Restricted to fund salaries.

Nature Heals Seed Fund - Restricted towards growing materials and equipment.

ACTS FAST

**Notes to the Financial Statements - continued
for the Year Ended 2 April 2023**

11. MOVEMENT IN FUNDS - continued

Active Communities Fund - Restricted to fund salaries.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 2 April 2023.

ACTS EAST

**Detailed Statement of Financial Activities
for the Year Ended 2 April 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	12,387	7,343
Grants	129,578	100,516
	141,965	107,859
Other trading activities		
Support sessions	1,000	-
	142,965	107,859
EXPENDITURE		
Charitable activities		
Wages	65,095	77,352
Social security	601	6,096
Pensions	1,379	1,067
Insurance	542	542
Telephone	1,331	2,277
Postage and stationery	54	68
Sundries	235	2,586
Travel and expenses	1,585	-
Website maintenance	158	566
Consultancy Fees	797	-
Premises cost	11,157	11,994
Training courses	1,242	45
Equipment and repairs	-	100
Supervision	1,080	1,450
IT Expenses	92	-
DBS checks and recruitment	179	58
	85,527	104,201
Support costs		
Finance		
Bank charges	22	24
Other		
Professional fees	2,525	300
Subscriptions and licenses	839	911
	3,364	1,211

This page does not form part of the statutory financial statements

ACTS FAST

**Detailed Statement of Financial Activities
for the Year Ended 2 April 2023**

	2023 £	2022 £
Other		
Governance costs		
Auditors' remuneration	1,860	1,860
Total resources expended	90,773	107,296
Net income	52,192	563

This page does not form part of the statutory financial statements

ACTS FAST

England & Wales - Charity number 1157675

Accounts



Trustees' Annual Report for the period

From **03/04/20** (Period start date) To **02/04/21** (Period end date)

Charity name: **ACTS FAST**

Charity registration number: 1157675

Objectives and Activities

	SORP (Statement Of Recommended Practice) reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Our aim is to ensure that other parent/carers are freed of the guilt, shame and isolation experienced when their child discloses sexual abuse and to reduce the impact of the trauma. Acts Fast also support partners and family members affected when someone they know has downloaded indecent child images online.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none"> • Acts Fast aims to relieve the distress of the non-abusive families, parents, carers and children who have been affected by sexual abuse. • Acts Fast aims to shorten the road to recovery by preventing long-term damage to the holistic well-being of the individuals themselves and collectively within their family unit. • Acts Fast aims to help and empower parents, carers and families within Dorset whose child has been sexually abused. This takes the form of both face to face and remote support in daytime and some evenings due to growing demand. <p>We run face to face emotional and practical support sessions in both group and individual settings. These last roughly one hour and protective parents and families can come alone or together, as frequently or infrequently as they need to. The attendance of these sessions do not have a time limit and families are welcomed to attend for as long as they need to. The sessions consist of:</p> <p>Encouraging open and supportive exploration of feelings regarding</p>

		<p>the disclosure, which is often very complex. Helping on a practical level regarding the disintegration of the family unit. Providing understanding support is a key benefit of our approach because of the unique set of circumstances.</p> <p>Providing Psycho-education trauma informed sessions on how trauma has affected the whole family and provide practical coping strategies. To help build resilience around the trauma the whole family is facing.</p> <p>Our emotional and practical support is bespoke to each parent, partner or family member, ensuring their voice, need of support is always at the forefront of how we develop our services.</p> <p>Starting to use social media platforms to promote best practice, supportive techniques and similar cross-organisation partnerships.</p> <p>We run a counselling service which starts by offering 24 sessions as a minimum, to be extended if necessary.</p> <p>As we support families from all over the UK, (due to only 2 other charities in the county supporting parents) we can also condense these emotional and practical support sessions into phone, text and email support. This may expand into social media and other methods in the future.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	Para 1.18	The trustees are fully committed to supporting the charitable benefit of the organisation to the community it serves.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<p>We have a policy on grant making within our policies and procedures, which sets out our aims and rationale around grant making and how funds should be used within the CIO. We continue to seek charitable funds from donors in order to fulfil the objectives of the charity.</p> <p>We continue to support our volunteers with regular clinical supervision, informal support and social activities (such as occasional social events). Building a</p>

		friendly and supportive environment is an important part of our organisation.
Policy on social investment including program related investment	Para 1.38	ACTS FAST continues to be a “force for good” in the local and specific community of families who have been affected by CSA. The charity continues to carefully steward it’s resources in such a way to maintain maximum benefit for those it serves. There is a transparent culture of integrity and there is a high degree of focusing resources on front line client support.
Contribution made by volunteers	Para 1.38	We value our wonderful volunteers; they are an invaluable and integral part of the running of the charity. We rely heavily upon them to assist in running our important services, such as our counselling service and supporting our face to face emotional and practical support sessions, along with helping is to promote the charity. They play a key role in helping ensure we safely and appropriately support both clients and the collective team.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>2020 to 2021 has been a very difficult year for the charity, more so than ever because of the impact of the global coronavirus pandemic. It has been a very challenging for the entire staff and volunteer team because of the significant emotional and physical challenges that the pandemic has brought.</p> <p>The charity has continually operated throughout this time, supporting a growing number of families who have tragically been left with the consequences of loved ones experiencing CSA or being arrested as a result of viewing indecent images.</p> <p>Client numbers have been steadily increasing over this period and the charity needed to adapt to this change. Client referrals from professionals reduce over this period due to many public services sadly ceasing their operations during the pandemic. We however saw a growth in self and private referrals as many more families were struggling. To the later part of</p>

the year, we we're supporting in the region of over 140 families at any one time. This includes clients the charity support on 3 and 6 monthly intervals with phone/email/text support.

The challenge of the pandemic saw the majority of our volunteers cease their activities for a 6-10 month period because of personal reasons, however the CEO continued to remotely support clients throughout this time. Feedback has been excellent with anonymised feedback comments such as...

"I couldn't have done this without you. Thank you".

"Thank you ACTS FAST for helping us through this time, your friendship and support has been incredible".

We are very thankful to the CEO for her determination and support of these families whilst many others were not able to provide the same support.

The new office space has been used much less than anticipated through this time due to work from home legislation, but the new space has been useful to have a "base" for administration.

Plans for the future:

To obtain further funding for the new financial year as a priority, alongside developing the charities evolving support.

To continue to develop the new team by providing relevant training and support.

Continue investing in building relationships and partnerships with other organisations with mutual goals and purposes. This requires a significant amount of time investment, but it is important for partnership working.

Expanding the team when possible with more operations staff to support the CEO's role and administration.

Building new relationships with supporters such as local Rotary clubs, Dorset High Sheriff and Police and Crime Commissioner and their respective candidates.

		<p>Keep developing connections with Universities for the purpose of advancing research in line with the charities objectives. This could include research on children’s experiences (“voice of the child”) and other experiences families have in relation to CSA.</p> <p>Joining business networking and partnership groups to potentially raise awareness of the charity as well as gain support for fundraising.</p> <p>Develop our IT services and the technology we use so that as we grow, systems could be developed for sustainable remote working. This could include how we use laptops, where data is securely stored, updating content on the website etc.</p> <p>To develop our training offering so that we have more training materials for professionals. This may develop into</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The CEO during this period successfully continued most support operations in addition to having more time to submit funding applications during the pandemic. This was under the pressure of having reduce team members. This was due to the pandemic pausing the majority of client facing operations for a period of a couple of months during “lockdowns”. There were a number of successful grants (see financial sections below).
Performance of fundraising activities against objectives set	Para 1.41	Fundraising has been exceptionally challenging during this period as the pandemic meant that most fundraising activities had to pause to some extent (at various times), and the focus was on delivering client support when possible. Thankfully we did receive some donations and grants which helped us stay solvent, particularly Covid support funding.
Investment performance against objectives	Para 1.41	No financial investments are in trust or were made during this financial period of operations.
Other		Staffing and team levels have continued to be an increasing pressure on the charity in light of increasing service demand. The

		pandemic has been a double edge sword in that respect because we have had less people resources, a growing demand on services and evolving mental health challenges.
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>The charity was able to raise sufficient funds to remain solvent and operate in its usual manner supporting families. Although £94,388 was raised by the charity predominantly from donations, the year ended with a closing balance of £14,263 due to higher staffing costs (maternity pay for example) and investment in phone's and computer equipment. Of note, there were four larger donations from Dorset Police (£16,485), CAF (£6,708), Talbot Village Trust (£10,000) and The National Lottery (£45,420) that helped sustain operations during this period and support work in response to the global pandemic. This funding has been spent in accordance with the restricted/unrestricted stipulations, with the purpose of advancing the aims of the charity to support families in need of therapeutic and emotional support.</p> <p>As previously mentioned, the fundraising climate has been particularly harsh in this operating year, with immense challenges of raising funds from organisations which had ceased giving financial support (for a variety of Covid related reasons). As a charity we found this very challenging but are pleased that we have managed to stay solvent and finish the year with a small positive bank balance.</p> <p>Our income and expenditure summary account can be seen below.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>Reserves in this period are minimal, with a closing balance of £14,263. It was the CEO's intention during this time to operate with a 6 month reserve in place, however this hasn't been possible in light of increased staff costs and reduced fundraising income.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>£14,263 for general operating</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	<p>Limited ability and availability to raise funds from external sources due to the Covid pandemic.</p>
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>N/A</p>
<p>Explanation of any uncertainties about the</p>	<p>Para 1.23</p>	<p>There is a small amount of operating reserve, and the charities aim will be to</p>

charity continuing as a going concern		raise funds as quickly as possible in the new financial year. It is concerning that incoming funds remain low, but it is hoped that with some focus it will be possible to replenish reserves.
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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<table border="1"> <thead> <tr> <th data-bbox="694 409 858 432">Date Received</th> <th data-bbox="858 409 1198 432">INCOME</th> <th data-bbox="1198 409 1382 432"></th> </tr> </thead> <tbody> <tr> <td></td> <td data-bbox="858 432 1198 454">CARRY OVER FROM FY2020</td> <td></td> </tr> <tr> <td data-bbox="694 454 858 477">23/02/2020</td> <td data-bbox="858 454 1198 477">DCF Neighbourhood Fund</td> <td data-bbox="1198 454 1382 477">£ 2,500.00</td> </tr> <tr> <td></td> <td data-bbox="858 477 1198 499">Maternity Leave Provision</td> <td data-bbox="1198 477 1382 499">£ 6,095.95</td> </tr> <tr> <td></td> <td data-bbox="858 499 1198 521">Unrestricted Donations</td> <td data-bbox="1198 499 1382 521">£ 2,183.55</td> </tr> <tr> <td></td> <td data-bbox="858 521 1198 544">Superior Seals Donation</td> <td data-bbox="1198 521 1382 544">£ 1,361.08</td> </tr> <tr> <td></td> <td data-bbox="858 544 1198 566">Total Carry Over FY2020</td> <td data-bbox="1198 544 1382 566">£ 12,140.58</td> </tr> <tr> <td></td> <td data-bbox="858 566 1198 589">GRANTS</td> <td></td> </tr> <tr> <td data-bbox="694 589 858 611">09/04/2020</td> <td data-bbox="858 589 1198 611">Co-op</td> <td data-bbox="1198 589 1382 611">£ 1,587.84</td> </tr> <tr> <td data-bbox="694 611 858 633">17/04/2020</td> <td data-bbox="858 611 1198 633">DCF Corona Fund</td> <td data-bbox="1198 611 1382 633">£ 2,000.00</td> </tr> <tr> <td data-bbox="694 633 858 656">27/05/2020</td> <td data-bbox="858 633 1198 656">Talbot Village Trust</td> <td data-bbox="1198 633 1382 656">£ 10,000.00</td> </tr> <tr> <td data-bbox="694 656 858 678">29/05/2020</td> <td data-bbox="858 656 1198 678">CAF</td> <td data-bbox="1198 656 1382 678">£ 6,708.00</td> </tr> <tr> <td data-bbox="694 678 858 701">05/06/2020</td> <td data-bbox="858 678 1198 701">National Lottery</td> <td data-bbox="1198 678 1382 701">£ 45,420.00</td> </tr> <tr> <td data-bbox="694 701 858 723">01/09/2020</td> <td data-bbox="858 701 1198 723">OPCC</td> <td data-bbox="1198 701 1382 723">£ 16,485.00</td> </tr> <tr> <td></td> <td data-bbox="858 723 1198 745">Total Grants</td> <td data-bbox="1198 723 1382 745">£ 82,200.84</td> </tr> <tr> <td></td> <td data-bbox="858 745 1198 768">DONATIONS</td> <td></td> </tr> <tr> <td data-bbox="694 768 858 790">various dates</td> <td data-bbox="858 768 1198 790">Unrestricted Donations</td> <td data-bbox="1198 768 1382 790">£ 427.50</td> </tr> <tr> <td></td> <td data-bbox="858 790 1198 813">Total Donations</td> <td data-bbox="1198 790 1382 813">£ 427.50</td> </tr> <tr> <td></td> <td data-bbox="858 813 1198 835"></td> <td></td> </tr> <tr> <td></td> <td data-bbox="858 835 1198 857">TOTAL INCOME</td> <td data-bbox="1198 835 1382 857">£ 94,768.92</td> </tr> </tbody> </table>	Date Received	INCOME			CARRY OVER FROM FY2020		23/02/2020	DCF Neighbourhood Fund	£ 2,500.00		Maternity Leave Provision	£ 6,095.95		Unrestricted Donations	£ 2,183.55		Superior Seals Donation	£ 1,361.08		Total Carry Over FY2020	£ 12,140.58		GRANTS		09/04/2020	Co-op	£ 1,587.84	17/04/2020	DCF Corona Fund	£ 2,000.00	27/05/2020	Talbot Village Trust	£ 10,000.00	29/05/2020	CAF	£ 6,708.00	05/06/2020	National Lottery	£ 45,420.00	01/09/2020	OPCC	£ 16,485.00		Total Grants	£ 82,200.84		DONATIONS		various dates	Unrestricted Donations	£ 427.50		Total Donations	£ 427.50					TOTAL INCOME	£ 94,768.92
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Investment policy and objectives including any social investment policy adopted	Para 1.46	<p>All investments made by the charity in terms of financial resources or assets of a physical or digital nature should be in line with the overall aims and objectives of the charity.</p> <p>Investments should be made based on an evaluation of their merits and be openly discussed with those involved in decision making, such as trustees or members of the management team.</p> <p>There is a policy that any one-off spends over £500 should be discussed with the trustees beforehand.</p> <p>There should be a generous investment in partnership or partnering relationships with other organisations for the benefit of the clients and community the charity serves. This may involve commitments in time and other resources (e.g. financial) as and when deemed appropriate for advancing the objectives of the charity. The charity's investments must always be made in good faith for the aim of supporting families affected by CSA or the non-offending families of those who have downloaded/viewed indecent images of children.</p> <p>This investment policy acknowledges that it may not always be possible to measure the tangible returns from social or financial investments due to their nature, but reasonable accounts should be given with an explanation of the aims or purposes of said investments.</p>																																																												

<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	<p>The charity remains exposed to the risks of financial liquidity as the years closing balance is quite small. Financial pressures remain a significant risk and should be regularly evaluated where possible.</p> <p>The global pandemic has put exceptional pressure on the team of staff and volunteers because of reduced team resources combined with a growth in evolving service demand. The charity will need to continue to adapt it's support model and evolve in line with the currently rapidly changing situation.</p> <p>Recruiting and embedding volunteers remains a challenge as the Covid pandemic has made it very hard to recruit new volunteers as the main focus in society is dealing with the impact of Covid.</p>
<p>Other</p>		

Acts Fast										
Income and expenditure account for the year ended 31 March 2021										
	Unrestricted	B/fwd	Lottery	Cheshire CF	DCF	Dorset PCC	Restricted	Total	Year to 31/03/2020	
Opening Balances	9,676.98	2,463.60	-	-	-	-	2,463.60	12,140.58	21,672.26	
Donations received	25,483.71	-	45,420.00	5,000.00	2,000.00	16,485.00	68,905.00	94,388.71	32,592.48	
Expenditure										
Salaries			31,179.58	5,000.00	2,000.00	10,375.98	48,555.56	48,555.56	27,432.39	
SMP	5,828.76						-	5,828.76	-	
Tax and NI	5,211.72	2,463.60				6,109.02	8,572.62	13,784.34	3,786.48	
Travel and expenses	362.90						-	362.90	1,191.30	
Telephone			1,742.69				1,742.69	1,742.69	1,437.32	
Web site maintenance			435.33				435.33	435.33	72.00	
DBS checks	-						-	-	37.20	
Insurance			418.50				418.50	418.50	477.50	
Printing, post and stationery			261.24				261.24	261.24	180.71	
Publicity	248.97						-	248.97	462.80	
Premises cost	1,595.17		5,876.53				5,876.53	7,471.70	3,274.87	
Training courses	3,730.31						-	3,730.31	326.19	
Office equipment	-		3,232.57				3,232.57	3,232.57	135.86	
Supervision	868.10		1,327.60				1,327.60	2,195.70	2,375.13	
Events	175.50						-	175.50	142.50	
Sundries	2,875.94		945.96				945.96	3,821.90	791.91	
Total expenditure	20,897.37	2,463.60	45,420.00	5,000.00	2,000.00	16,485.00	71,368.60	92,265.97	42,124.16	
Balance carried forward	14,263.32	-	-	-	-	-	-	14,263.32	12,140.58	
Represented by bank balance								14,263.32	21,672.26	
							-	-	0.00	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name			No (if any)	
Receipts and payments accounts				
For the period from	Period start date	To	Period end date	
	01/04/2020		31/03/2021	

CC16a

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations, legacies and grants	25,484	68,905	-	94,389	32,593
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	25,484	68,905	-	94,389	32,593
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	25,484	68,905	-	94,389	32,593
A3 Payments					
Wages/salaries and National Insurance	11,040	57,129	-	68,169	31,218
Travel and expenses	363	-	-	363	1,191
Telephone	-	1,743	-	1,743	1,437
Website maintenance	-	435	-	435	72
DBS checks	-	-	-	-	37
Liability insurance	-	418	-	418	478
Printing, post and stationery	-	261	-	261	181
Publicity	249	-	-	249	463
Premises cost	1,595	5,876	-	7,471	3,275
Training courses	3,730	-	-	3,730	326
Office equipment	-	3,233	-	3,233	136
Supervision	868	1,328	-	2,196	2,375
Events	175	-	-	175	143
Sundries	2,878	946	-	3,824	792
Sub total	20,898	71,369	-	92,267	42,124
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	20,898	71,369	-	92,267	42,124
Net of receipts/(payments)	4,586	2,464	-	2,122	9,531
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9,677	2,464	-	12,141	21,672
Cash funds this year end	14,263	-	-	14,263	12,141

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	14,263	-	-
		-	-	-
		-	-	-
	Total cash funds	14,263	-	-
	(agree balances with receipts and payments accounts)	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	N Spreadbury	Mr Noel Spreadbury		01/02/2022



Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Acts Fast		
On accounts for the year ended	31 March 2021	Charity no (if any)	1157675
Set out on pages	1 <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2021.

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: A COX Date: 02/02/2022

Name: ASHLEY COX

Relevant professional qualification(s) or body (if any): ICAEW

Address: 14 HALSTOCK CRESCENT, POOLE, BH17 9BA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing to report

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO document with governing document outlining purpose and structure.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Three existing trustee members must agree regarding the appointment of a new trustee.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>Organisation of the board: The board of trustees meet every quarter in addition to the July AGM or sooner (if required).</p> <p>Trustee induction and training: Training opportunities are available to trustees if they wish to attend any training that Acts Fast provides for the staff and volunteers. Trustees are informed of any upcoming training via email. Additionally, we advise of any Online training specifically regarding their roles. Trustees have access to a "Trustees Information Pack" in addition to annual safeguarding training and access to CAN network trustee events and training.</p> <p>Partnership working: The Shores – Sexual Assault Referral Centre (SARC) STARS Dorset – sexual recovery trauma service Bournemouth & Poole College – working with families to produce posters to highlight CSA. Family Counselling Trust – Providing counselling for families and children Dorset Mind Dorset Police POLIT (paedophile online investigation team) as part of Dorset police Dorset's Police and Crime Commissioner Bournemouth University Keele University CIS'ters – Survivor led group for women, as female children/teens, were raped/SA Barnardo's</p>
	Para 1.51	
	Para 1.51	
The charity's organisational structure and any wider network with which the charity works		
Relationship with any related parties		

		<p>NSPCC with Local Safeguarding Children's Board (LSCB) – raising awareness of Child Sexual Abuse in Dorset</p> <p>ACTS FAST are part of the Local Safeguarding Children's Board, child sexual abuse subgroup, contributing and working alongside other agencies to inform and gain more knowledge around how to best support children and families.</p> <p>Ensuring our pathways are stronger, ensuring quicker support to individuals affected by Sexual Abuse.</p> <p>TST (The Survivors Trust) who work with over 130 sexual violence agencies in the country.</p> <p>MOSAC - partnership to petition & take forwards "The voice of the child" concerns to the Ministry of Justice with Martyn Underhill (Dorset Police Crime Commissioner).</p>
Other		N/A

Reference and Administrative details

Charity name	ACTS FAST
Other name the charity uses	Acts Fast
Registered charity number	1157675
Charity's principal address	ACTS FAST, Unit 5 Manor Farm Business Centre, Wimborne, Dorset, BH21 5HT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Reference
1	Dr Andrew Mayers	Chair		PhD, MBPsS, FRSA FRSA Principal Academic in Psychology at Bournemouth University (BU)
2	Mr Noel Spreadbury	Treasurer		MBE, ACIB
3	Simone Walls-MacDonald	Trustee		Co-founder
4	Dr Terri Cole	Trustee		PhD, Senior Lecturer in Forensic Psychology at BU
5	Jonathan McKinney	Trustee		Child protection, safeguarding and criminal investigation trainer for Dorset Police & independent safeguarding trainer
6	Dr Ching-Yu Huang	Trustee		Lecturer in Psychology Keele University
7	Dr John McAlaney	Trustee		Chartered Psychologist and Chartered Scientist at Bournemouth University
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Amanda Gulliver

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Risk management:

Risk is managed in accordance with our charity governance code which underpins procedures put in place to mitigate any exposure to risk whether it may be relating to services provided by the charity or financial. The trustees are satisfied with these systems and review them on an ongoing basis.

RESPONSIBILTIES OF THE TRUSTEES

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year.

In preparing those financial statements:

- The Trustees are required to select suitable accounting policies and then apply them consistently;

- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time, the financial position of the Charity to enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the Charity, hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Noel Spreadbury	
Full name(s)	Mr Noel Spreadbury	
Position (eg Secretary, Chair, etc)	Treasurer/Trustee	
Date	01/02/22	