

ASPIRE AND REACH

England & Wales · Charity number 1157641

Details

Other names A & R

Status Registered

Legal form CIO

Registered 2014-06-30

Register [View on the Charity Commission register](#)

Contact

Address 85 Crowther Road
Wolverhampton
WV6 0HX

Phone 07561120831

Email info@aspireandreach.org.uk

Website www.aspireandreach.org.uk

Activities

Objects: 1. THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION IN PARTICULAR BY THE PROVISION OF FACILITIES FOR THE PARTICIPATING IN THE SPORT OF KARATE.2. TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE WEST MIDLANDS IN PARTICULAR BUT NOT EXCLUSIVELY IN FOREIGN LANGUAGES AND IT SKILLS

Activities: During this year we: ? Review and benchmark the Charity syllabus, support practices and results; ? Ensure the range of activities available to our members is stimulating and challenging; ? Invest in service choice and the subsequent infrastructure of our Charity; ? Co-operate and share resources with local charities;

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Birmingham City
- Dudley
- Sandwell
- Walsall
- Wolverhampton

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-03-31 | £35,172 | £44,400 | - | - |
| 2024-03-31 | £32,009 | £20,921 | - | - |
| 2023-03-31 | £45,430 | £46,252 | - | - |
| 2022-03-31 | £22,339 | £16,425 | - | - |
| 2021-03-31 | £18,350 | £15,694 | - | - |

Trustees

| Name | Role | Appointed |
|--|------|------------|
| BRUNO EMANUEL DE ARAUJO GONCALVES GABRIEL | | 2014-06-28 |
| JUNIOR ANTHONY CRAWFORD-BROWN | | 2014-06-28 |
| STEPHEN JAMES STANLEY | | 2014-06-28 |

ASPIRE AND REACH

England & Wales - Charity number 1157641

Accounts

ASPIRE AND REACH

TRUSTEES ANNUAL REPORT 2025

The Governors of Aspire and Reach Charity present their annual report and accounts for the year ended 31 March 2025 and confirm they comply with the requirements of the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

OUR AIMS

Aspire and Reach is a well-established Charitable Incorporated Organisation committed to raising aspirations and hopes within underprivileged communities in the West Midlands. Our distinctive approach combines Sports, Education, and Mentoring to support and develop individuals.

The charity operates under a Declaration of Trust signed in March 2014 and a scheme sealed by the Charity Commissioners on 30 June 2014.

Our charitable objectives are:

- To promote healthy recreation, particularly through Martial Arts such as Karate and Jiu-Jitsu.
- To provide mentoring support to young people and vulnerable adults.
- To advance education, particularly in foreign languages and IT skills.

Through our structured development programmes, we aim to build self-confidence, motivation, and social skills, and to foster a sense of belonging and community contribution.

OUR OBJECTIVES

The Trustees have continued to focus on objectives that reflect the charity's ethos:

- Increase the duration and quality of physical activity among young people.
- Improve self-esteem and confidence.
- Broaden our reach into harder-to-reach communities.
- Continue workshops and support to existing beneficiaries.

- Provide clear exit routes and referrals to additional services.
 - Strengthen collaboration with local voluntary organisations.
 - Further develop and expand the Holiday Activity Programme.
-

ACHIEVEMENTS AND PERFORMANCE

In 2024–25, Aspire and Reach continued to grow in reach, ambition, and impact. We strengthened our services and deepened our commitment to the most vulnerable in our community.

Expansion of Our Programmes

We were proud to deliver a second year of **HOT FOOD FOR THE HOMELESS**, funded by the **National Lottery**, which enabled us to prepare and distribute more meals than ever before to rough sleepers and those facing housing insecurity in Wolverhampton. We have seen a notable rise in service users, including individuals arriving from outside the region, such as London, underlining the scale of need.

Youth Inclusion and Martial Arts Development

The **Heart of England Foundation**, through the **Inclusive Communities Fund**, provided valuable funding to expand our Martial Arts training for young people from disadvantaged backgrounds. This enabled free and inclusive access to structured sports and mentoring, empowering our youth through discipline, confidence-building, and community.

Strategic Planning Support

The **Postcode Local Trust** provided an unrestricted grant that has proven crucial in allowing us to focus on forward planning, sustainability, and organisational development—ensuring Aspire and Reach can continue to serve our community long into the future.

Holiday Clubs and Local Authority Collaboration

We continued our strong partnership with **Wolverhampton City Council**, delivering **Holiday Activity and Food (HAF) programmes** across several half-term breaks. These included food provision, physical and creative activities, entertainment, and emotional support—bringing joy and hope to local children and young people during school holidays.

Mentoring in Schools

Our **Mentoring Programme** has expanded in collaboration with **Merridale Primary School** and other educational institutions. We've worked closely with staff and pupil referral units to deliver holistic support that blends life coaching with Martial Arts, resulting in improved behaviour, emotional regulation, and academic engagement.

FINANCIAL REVIEW

During the financial year, we received:

- National Lottery funding for our **HOT FOOD FOR THE HOMELESS** project.
- Grants from **Heart of England** for Martial Arts expansion.
- An unrestricted grant from **Postcode Local Trust**, aiding our strategic planning.
- Continued support from **Wolverhampton City Council** for our Holiday Clubs.
- Smaller contributions from schools and other partners supporting our Mentoring Programme.

Total restricted **£26,501.94** and unrestricted **£8,670** funds receipts respectively amount to total receipts to **£35,171.94**, with total resource expenditure of **£44,399.75** (see Financial Statements).

The charity continues to seek funding opportunities to grow our services sustainably and ensure we can respond to emerging needs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

There were no changes to report regarding our structure or governance. We remain committed to continuous improvement, transparency, and strong leadership.

We continue to recruit volunteers and support work experience placements, particularly through our Holiday Programmes, reinforcing community ownership and upskilling local residents.

Aspire and Reach

Income and Expenditure Account for Year Ended 31 March 2025

| | Unrestricted £ | Restricted £ | 2024 £ |
|-------------------------------------|-------------------|-------------------|-------------------|
| Income | | | |
| Loan | £0.00 | £0.00 | £0.00 |
| Transfers/Interest | £0.00 | £386.24 | £386.24 |
| Grants | £8,440.00 | £24,914.50 | £33,354.50 |
| Donations | £230.00 | £1,201.20 | £1,431.20 |
| Total Incoming Resources | £8,670.00 | £26,501.94 | £35,171.94 |
| Expenditure | | | |
| Equipment | £8,440.00 | £3,344.00 | £11,784.00 |
| Instructors/Mentors | £3,149.76 | £13,250.00 | £16,399.76 |
| Marketing | £0.00 | £982.78 | £982.78 |
| Lettings | £0.00 | £4,655.86 | £4,655.86 |
| Volunteers | £0.00 | £650.00 | £650.00 |
| Food/Drinks | £0.00 | £6,070.71 | £6,070.71 |
| Admin | £133.70 | £2,157.55 | £2,291.25 |
| Logistics/Other | £0.00 | £1,565.39 | £1,565.39 |
| Total Resources Expended | £11,723.46 | £32,676.29 | £44,399.75 |
| Net Income for the Year | -£3,053.46 | -£6,174.35 | -£9,227.81 |
| Total at 1 April 2024 | £14,254.83 | | |
| Total Funds at 31 March 2025 | £4,774.60 | | |

Balance Sheet at 31 March 2025

| | | |
|--|---|-----------------|
| Fixed Assets | | - |
| Current Assets | | |
| Bank and Cash | | £4,774.60 |
| Current Liabilities | | |
| Creditors: (Amounts due within one Year) | | - |
| Net Asset | £ | 4,774.60 |
| Funds | | |
| Unrestricted Funds | | £0.00 |
| Restricted Funds | | £4,774.60 |
| Total Funds | £ | 4,774.60 |

Signed: (Chair)

Date: 30 April 2025



**Report to the trustees/
members of**

Charity Name **ASPIRE
AND REACH**

**On accounts for the year
ended**

2024 - 2025

**Charity no
(if any)**

1157641

Set out on pages

3

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that:

- Accounting records were kept in accordance with section 130 of the Act
- The accounts are consistent with the accounting records,
- All receipts and invoices are kept according to payments made,
- No matters of material significance were detected.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

| | | | |
|----------------|-----------------|--------------|------------|
| Signed: | Paula Francisca | Date: | 31/05/2025 |
| Name: | Paula Francisca | | |

| | |
|---|--------------------------|
| Relevant professional qualification(s) or body (if any): | AAT Certified accountant |
| Address: | 28 Vauxhall Avenue |
| | WV1 4TA |
| | |

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, intended for the user to provide details of items for disclosure. The box is currently blank.

ASPIRE AND REACH

England & Wales - Charity number 1157641

Accounts

ASPIRE AND REACH

TRUSTEES ANNUAL REPORT 2024

The Governors of Aspire and Reach Charity present their annual report and accounts for the year ended 31 March 2024 and confirm they comply with the requirements of the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

OUR AIMS

The Charity operates under a Declaration of Trust dated and signed in March 2014 and a scheme which was sealed by the Charity Commissioners for England and Wales on 30 June 2014 which included the regulations for appointment of trustees.

Aspire And Reach is a well-established Charitable Incorporated Organisation that is committed to raising people's aspirations and hopes in areas of under privileged communities in the West Midlands, offering a unique package that links the benefits of Sports, Education and Mentoring.

The objects of the Charity are:

- (1) The promotion of community participation in healthy recreation in particular by the provision of facilities for participating in the sports in specific of karate, JiuJitsu and other Martial Arts Sports.*
- (2) Mentoring support to young people and vulnerable adults, the services can be combined with sports*
- (3) To advance the education of the public in the West Midlands in particular but not exclusively in foreign languages and IT skills*

We aim, through our work, to provide a sound service to children and young people. We seek to provide a structured personal development environment that improves our member's capabilities, competences, skills and foremost their undiscovered potential. We promote social and interpersonal skills, moral compass and physical development of our members through exercise, communication skills and mentoring. We provide an educational environment where each member can develop and fulfil his or her potential, building their self-confidence, motivation, drive, and inculcating a desire to contribute to the wider community. In so doing, we prepare our members for the opportunities, responsibilities and experience of current and later life.

OUR OBJECTIVES

Our objectives are set to reflect our primary aims and the ethos of the Charity. It is important to us that we maintain and enhance the success of the Charity in bringing change through personal development and community cohesion. This objective is, however, set in the context of the broader goals we set for the Charity and its beneficiaries. In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing physical and mental health and education of the public.

Our key objectives for the year included further development of last year's aims:

To increase beneficiaries' level and length of fitness and reduce idle time;

To improve Children's and Young People's self-esteem and confidence;

To broaden our services and extend the range of options to spread out to a vast community, particularly those who are hard to reach;

To provide continuing assistance to our beneficiaries already in receipt of support through courses/workshops;

To increase the provision of exit routes through signposting or referring to other agencies or services;

To develop our 'Programme Links' programme of co-operation and joint working with local Voluntary Sector Organisations;

To consolidate and expand our Holidays Activity programme, which we run on behalf of the City of Wolverhampton Council

ACHIEVEMENTS AND PERFORMANCE

Our Trustees are responsible for setting a strategy for achieving the objectives they have set. The focus of our strategy is on the development of our beneficiaries, their continued improvement of motivation and self-esteem to further contribute towards our community welfare.

In taking forward our strategy we:

- Review and benchmark the Charity syllabus, support practices and results;
- Ensure the range of activities available to our members is stimulating and challenging;
- Invest in service choice and the subsequent infrastructure of our Charity;
- Trailblazer - hubs of weekly FREE sessions to non-sportive young people (often in schools)
- Co-operate and share resources with local charities;
- Expand the Holiday Activity Programme to other geographic areas of Wolverhampton
- Provide further support to the homeless through our "HOT FOOD FOR THE HOMELESS 2 PROGRAMME", which is the second year that we have been delivering hot meals to homeless people, particularly the rough sleepers in Wolverhampton.

The past ten years we have been partially successful in securing funding for projects supported by the National Lottery, Local Authority and other organisations, where we managed to reach a considerable number of members of our community. Due to the King coronation, we had secured a small grant that has enabled us to throw a party to the community to commemorate the new king. We have secured a considerable amount of funding sponsored by the national government through the National Lottery.

Nevertheless, we have continuously seeking funding to further current programmes and start new ones. We have managed to brainstorm and rethink on different ways to overcome our difficulties. The remaining cash we've used for administrative expenses which has allowed us to keep the minimum operational level. Young people have been up to the challenge and have found the volunteer activities to be both beneficial and fulfilling. This opportunity provided to local young people renewed hope, motivation and has engaged the community which has helped to build on community cohesion.

In addition, a great deal of time, thought and effort was spent in promoting projects in collaboration with local schools, initially at a Primary level but we have now reached secondary schools as well.

Most recently, we have been approached by more schools and people's referral Unit staff keen to work with us on our Mentoring and Martial Arts Programme.

Since Easter 2023, we have delivered the Holiday Activity Programme on behalf of the Wolverhampton City Council in partnership with the Department of Education, which has been very successful among the young people who attended, their parents and carers and have been advocated by the Wolverhampton City Council to apply for similar Holiday Programmes.

The Heart of England Foundation has awarded a small grant for our Martial Arts programme, which is still under way.

Our Magic Little Grant of £500 have allowed to extend out homeless programme a little further and it has been much appreciated.

We continuously recruit volunteers or other people onboard for work experience purposes, particularly on our Holidays Programme.

FINANCIAL REVIEW

Total receipts of restricted funds for the year was £ **32,108.66** and total resources expenses was £ **20,920.82** as per Financial Statements.

We have received funding from the City of Wolverhampton Council for three Holidays Activity Fund for the period of one week during the half terms. The Wolverhampton Voluntary Council Action have granted us with a small grant and sports England offered us a substantial grant, although small it was over 10K. The National Lottery awarded Aspire and Reach with one of their small grants which gave us the opportunity to develop a Homeless programme. Our organisation have developed substantial more projects when we compare with the previous year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

We do not have any changes to report regarding the structure, governance and management team.

Aspire and Reach

Income and Expenditure Account for Year Ended 31 March 2024

| | Unrestricted £ | Restricted £ | 2023 £ |
|-------------------------------------|-------------------|-------------------|-------------------|
| Income | | | |
| Loan | £0.00 | £0.00 | £0.00 |
| Transfers/Interest | £0.00 | £0.00 | £0.00 |
| Grants | £0.00 | £31,280.46 | £31,280.46 |
| Donations | £0.00 | £728.20 | £728.20 |
| Total Incoming Resources | £0.00 | £32,008.66 | £32,008.66 |
| Expenditure | | | |
| Equipment | £0.00 | £2,108.11 | £2,108.11 |
| Instructors/Mentors | £354.00 | £6,257.00 | £6,611.00 |
| Marketing | £0.00 | £821.17 | £821.17 |
| Lettings | £190.00 | £1,360.00 | £1,550.00 |
| Volunteers | £0.00 | £1,350.00 | £1,350.00 |
| Food/Drinks | £0.00 | £4,096.79 | £4,096.79 |
| Admin | £242.86 | £356.60 | £599.46 |
| Other | £0.00 | £3,784.29 | £3,784.29 |
| Total Resources Expended | £786.86 | £20,133.96 | £20,920.82 |
| Net Income for the Year | -£786.86 | £11,874.70 | £11,087.84 |
| Total at 1 April 2023 | £611.18 | | |
| Total Funds at 31 March 2024 | £14,254.83 | | |

Balance Sheet at 31 March 2024

| | | |
|--|---|------------------|
| Fixed Assets | | - |
| Current Assets | | |
| Bank and Cash | | - |
| Current Liabilities | | |
| Creditors: (Amounts due within one Year) | | - |
| Net Asset | £ | - |
| Funds | | |
| Unrestricted Funds | | 14,254.83 |
| Restricted Funds | | - |
| Total Funds | £ | 14,254.83 |

Signed: (Chair)

Date: 30 April 2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
ASPIRE AND REACH

**On accounts for the year
ended**

2023 - 2024

**Charity no
(if any)**

1157641

Set out on pages

2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that:

- Accounting records were kept in accordance with section 130 of the Act
- The accounts are consistent with the accounting records,
- All receipts and invoices kept according to payments made,
- No matters of material significance were detected.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: *Paula Francisca*

Date: 03/11/2024

Name: Paula Francisca

**Relevant professional
qualification(s) or body
(if any):**

AAT Certified accountant

Address: 28 Vauxhall avenue

WV1 4TA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

ASPIRE AND REACH

England & Wales - Charity number 1157641

Accounts

ASPIRE AND REACH

TRUSTEES ANNUAL REPORT 2023

The Governors of Aspire and Reach Charity present their annual report and accounts for the year ended 31 March 2023 and confirm they comply with the requirements of the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

OUR AIMS

The Charity operates under a Declaration of Trust dated and signed in March 2014 and a scheme which was sealed by the Charity Commissioners for England and Wales on 30 June 2014 which included the regulations for appointment of trustees.

Aspire And Reach is a well-established Charitable Incorporated Organisation that is committed to raising people's aspirations and hopes in areas of under privileged communities in the West Midlands, offering a unique package that links the benefits of Sports, Education and Mentoring.

The objects of the Charity are:

- (1) The promotion of community participation in healthy recreation in particular by the provision of facilities for participating in the sports in specific of karate, JiuJitsu and other Martial Arts Sports.*
- (2) Mentoring support to young people and vulnerable adults, the services can be combined with sports*
- (3) To advance the education of the public in the West Midlands in particular but not exclusively in foreign languages and IT skills*

We aim, through our work, to provide a sound service to children and young people. We seek to provide a structured personal development environment that improves our member's capabilities, competences, skills and foremost their undiscovered potential. We promote social and interpersonal skills, moral compass and physical development of our members through exercise, communication skills and mentoring. We provide an educational environment where each member can develop and fulfil his or her potential, building their self-confidence, motivation, drive, and inculcating a desire to contribute to the wider community. In so doing, we prepare our members for the opportunities, responsibilities and experience of current and later life.

OUR OBJECTIVES

Our objectives are set to reflect our primary aims and the ethos of the Charity. It is important to us that we maintain and enhance the success of the Charity in bringing change through personal development and community cohesion. This objective is, however, set in the context of the broader goals we set for the Charity and its beneficiaries. In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing physical and mental health and education of the public.

Our key objectives for the year included further development of last year's aims:

To increase beneficiaries' level and length of fitness and reduce idle time;

To improve Children's and Young People's self-esteem and confidence;

To broaden our services and extend the range of options to spread out to a vast community, particularly those who are hard to reach;

To provide continuing assistance to our beneficiaries already in receipt of support through courses/workshops;

To increase the provision of exit routes through signposting or referring to other agencies or services;

To develop our 'Programme Links' programme of co-operation and joint working with local Voluntary Sector Organisations;

To consolidate and expand our Holidays Activity programme, which we run on behalf of the City of Wolverhampton Council

ACHIEVEMENTS AND PERFORMANCE

Our Trustees are responsible for setting a strategy for achieving the objectives they have set. The focus of our strategy is on the development of our beneficiaries, their continued improvement of motivation and self-esteem to further contribute towards our community welfare.

In taking forward our strategy we:

- Review and benchmark the Charity syllabus, support practices and results;
- Ensure the range of activities available to our members is stimulating and challenging;
- Invest in service choice and the subsequent infrastructure of our Charity;
- Trailblazer - hubs of weekly FREE sessions to non-sportive young people (often in schools)
- Co-operate and share resources with local charities;
- Expand the Holiday Activity Programme to other geographic areas of Wolverhampton

The past nine years we have been partially successful in securing funding for projects supported by the National Lottery, Local Authority and other organisations, where we managed to reach a considerable number of members of our community. The reminiscent effects of COVID-19 has

presented itself with interesting opportunities to reach out to more members of our local community. We have secured a modest amount of funding sponsored by the national government through the National Lottery.

Nevertheless, we have continuously seeking funding although unsuccessful, we have managed to brainstorm and rethink on different ways to overcome our difficulties. The remaining cash we've used for administrative expenses which has allowed us to keep the minimum operational level. Young people have been up to the challenge and have found the volunteer activities to be both beneficial and fulfilling. This opportunity provided to local young people renewed hope, motivation and has engaged the community which has helped to build on community cohesion.

In addition, a great deal of time, thought and effort was spent in promoting projects in collaboration with local schools, initially at a Primary level but we have now reached secondary schools as well.

Most recently, we have been approached by more schools and people's referral Unit staff keen to work with us on our Mentoring and Martial Arts Programme.

Since Easter 2022, we have delivered the Holiday Activity Programme on behalf of the Wolverhampton City Council in partnership with the Department of Education, which has been very successful among the young people who attended, their parents and carers and have been advocated by the Wolverhampton City Council to apply for similar Holiday Programmes.

We continuously recruit volunteers or other people onboard for work experience purposes, particularly on our Holidays Programme.

FINANCIAL REVIEW

Total receipts of restricted funds for the year was £ **30,581.70** and restricted funds was £ **2,166.83** as per Financial Statements.

We have received a small grant from National Lottery and subsequent small grants from the city of Wolverhampton Council. Our organisation have been more prolific on the previous years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

We do not have any changes to report regarding the structure, governance and management team.

We have kept the same structure as at our inception nine years ago.

Aspire and Reach

Income and Expenditure Account for Year Ended 31 March 2023

| | Unrestricted £ | Restricted £ | 2023 £ |
|-------------------------------------|-------------------|-------------------|-------------------|
| Income | | | |
| Loan | £200.00 | £0.00 | £200.00 |
| Transfers/Interest | £4,810.40 | £0.00 | £4,810.40 |
| Grants | £0.00 | £39,440.10 | £39,440.10 |
| Donations | £979.37 | £0.00 | £979.37 |
| Total Incoming Resources | £5,989.77 | £39,440.10 | £45,429.87 |
| Expenditure | | | |
| Equipment | £326.32 | £0.00 | £326.32 |
| Instructors/Mentors | £308.00 | £22,859.34 | £23,167.34 |
| Marketing | £271.19 | £490.00 | £761.19 |
| Lettings | £120.00 | £10,489.00 | £10,609.00 |
| Transport | £0.00 | £2,395.00 | £2,395.00 |
| Food/Drinks | £0.00 | £5,037.66 | £5,037.66 |
| Admin | £415.15 | £1,053.48 | £1,468.63 |
| Other | £547.43 | £1,939.71 | £2,487.14 |
| Total Resources Expended | £1,988.09 | £44,264.19 | £46,252.28 |
| Net Income for the Year | £4,001.68 | -£4,824.09 | -£822.41 |
| Total at 1 April 2022 | £9,108.90 | | £9,108.90 |
| Total Funds at 31 March 2023 | £13,110.58 | -£4,824.09 | £8,286.49 |

Balance Sheet at 31 March 2023

| | | |
|--|---|-----------------|
| Fixed Assets | | - |
| Current Assets | | |
| Bank and Cash | | 8,286.49 |
| Current Liabilities | | |
| Creditors: (Amounts due within one Year) | | - |
| Net Asset | £ | 8,286.49 |
| Funds | | |
| Unrestricted Funds | | 13,110.58 |
| Restricted Funds | - | 4,824.09 |
| Total Funds | £ | 8,286.49 |

Signed: (Chair)

Date: 30 April 2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
ASPIRE AND REACH

**On accounts for the year
ended**

2022 - 2023
**Charity no
(if any)** 1157641

Set out on pages

2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

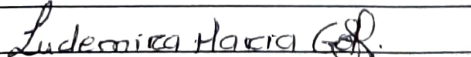
**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act
- HSBC Account 82826755: on 28/02/2023 £103.02 was paid to amazon, but when adding up the amazon invoice the total amount was £99.14 (£88.15+£10.99), there is a £3.88 discrepancy
- HSBC account 82826763; Petty cash 09/04/2022, the invoices total amount was £27.98, however there is payment of £27.09, leaving £0.90 underpayment

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: 

Date: 04/10/2023

Name: Ludemira Duarte Goth

**Relevant professional
qualification(s) or body
(if any):**

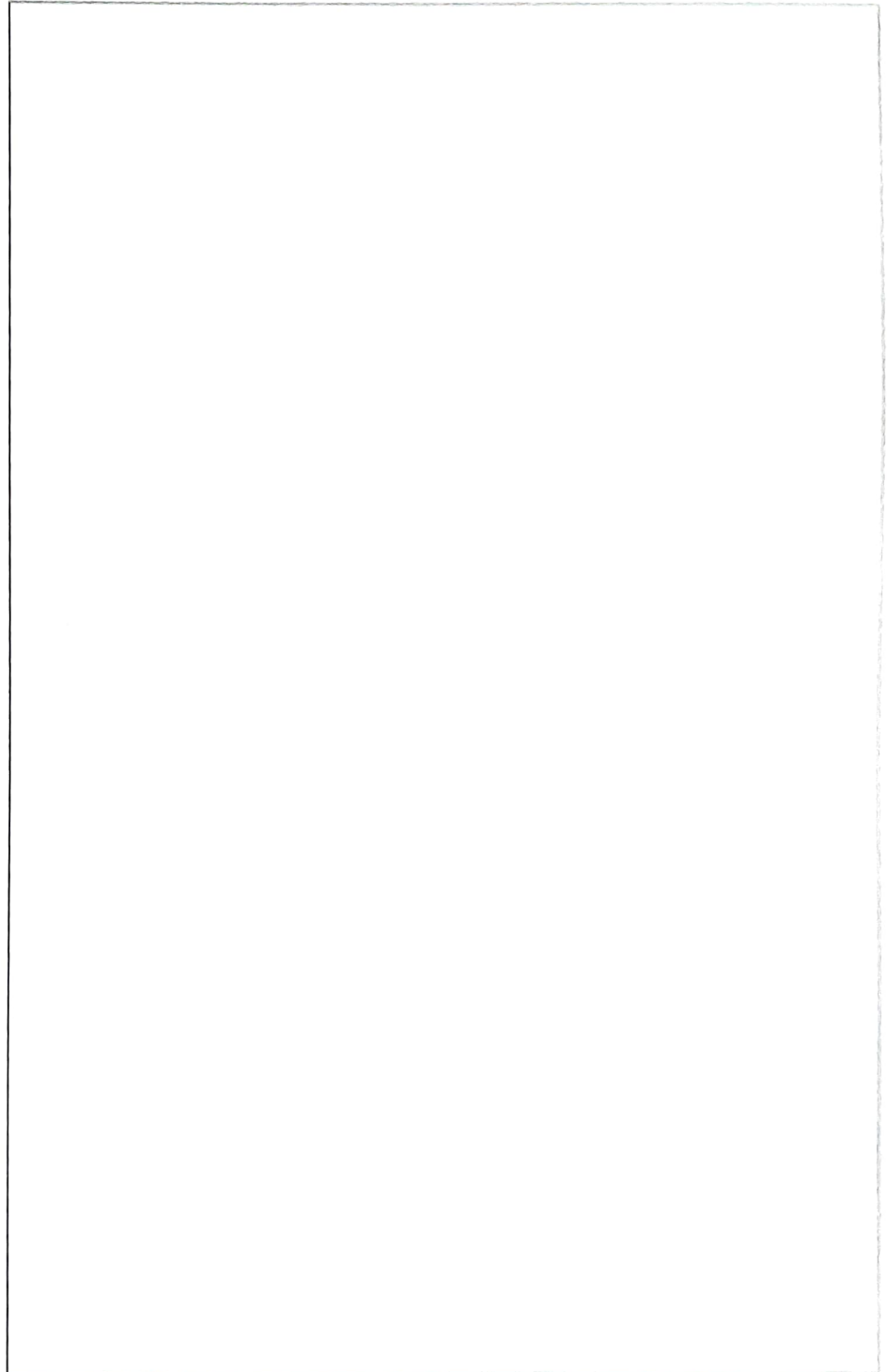
BA Honours Degree Accounting and Finance

Address:

140 Lunt Road, Bilston
WV14 7AT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



ASPIRE AND REACH

England & Wales - Charity number 1157641

Accounts

ASPIRE AND REACH

TRUSTEES ANNUAL REPORT 2022

The Governors of Aspire and Reach Charity present their annual report and accounts for the year ended 31 March 2022 and confirm they comply with the requirements of the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

OUR AIMS

The Charity operates under a Declaration of Trust dated and signed in March 2014 and a scheme which was sealed by the Charity Commissioners for England and Wales on 30 June 2014 which included the regulations for appointment of trustees.

Aspire And Reach is a well established Charitable Incorporated Organisation that is committed to raising people's aspirations and hopes in areas of under privileged communities in the West Midlands, offering a unique package that links the benefits of Sports, Education and Mentoring.

The objects of the Charity are:

- (1) The promotion of community participation in healthy recreation in particular by the provision of facilities for participating in the sports in specific of karate, JiuJitsu and other Martial Arts Sports.*
- (2) Mentoring support to young people and vulnerable adults, the services can be combined with sports*
- (3) To advance the education of the public in the West Midlands in particular but not exclusively in foreign languages and IT skills*

We aim, through our work, to provide a sound service to children and young people. We seek to provide a structured personal development environment that improves our member's capabilities, competences, skills and foremost their undiscovered potential. We promote social and interpersonal skills, moral compass and physical development of our members through exercise, communication skills and mentoring. We provide an educational environment where each member can develop and fulfil his or her potential, building their self-confidence, motivation, drive, and inculcating a desire to contribute to the wider community. In so doing, we prepare our members for the opportunities, responsibilities and experience of current and later life.

OUR OBJECTIVES

Our objectives are set to reflect our primary aims and the ethos of the Charity. It is important to us that we maintain and enhance the success of the Charity in bringing change through personal development and community cohesion. This objective is, however, set in the context of the broader goals we set for the Charity and its beneficiaries. In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing physical and mental health and education of the public.

Our key objectives for the year included further development of last year's aims:

To increase beneficiaries' level and length of fitness and reduce idle time;

To improve Children's and Young People's self-esteem and confidence;

To broaden our services and extend the range of options to spread out to a vast community, particularly those who are hard to reach;

To provide continuing assistance to our beneficiaries already in receipt of support through courses/workshops;

To increase the provision of exit routes through signposting or referring to other agencies or services;

To develop our 'Programme Links' programme of co-operation and joint working with local Voluntary Sector Organisations

ACHIEVEMENTS AND PERFORMANCE

Our Trustees are responsible for setting a strategy for achieving the objectives they have set. The focus of our strategy is on the development of our beneficiaries, their continued improvement of motivation and self-esteem to further contribute towards our community welfare.

In taking forward our strategy we:

- Review and benchmark the Charity syllabus, support practices and results;
- Ensure the range of activities available to our members is stimulating and challenging;
- Invest in service choice and the subsequent infrastructure of our Charity;
- Trailblazer - hubs of weekly FREE sessions to non-sportive young people (often in schools)
- Co-operate and share resources with local charities;

The last eight years we have not been very successful in securing funding for projects supported by the National Lottery where we expected to reach a considerable number of members of our community. COVID-19 has presented itself with interesting opportunities to reach out to more member of our local community. We have secured a considerable amount of funding sponsored by the national government through the National Lottery.

Nevertheless, we have continuously seeking funding although unsuccessful, we have managed to brainstorm and rethink on different ways to overcome our difficulties. The remaining cash we've used for administrative expenses which has allowed us to keep the minimum operational level. Young people have been up to the challenge and have found the volunteer activities to be both beneficial and fulfilling. This opportunity provided to local young people renewed hope, motivation and has engaged the community which has helped to build on community cohesion.

In addition, a great deal of time, thought and effort was spent in promoting projects in collaboration with local schools, initially at a Primary level but we have now reached secondary schools as well.

Most recently, we have been approached by more schools and people's referral Unit staff keen to work with us on mentoring and Martial Arts Programme.

More recently we have delivered the Easter Holiday Activity Programme on behalf of the Wolverhampton City Council in partnership with the Department of Education, which was very successful among the young people who attended, their parents and carers and have been suggested by the Wolverhampton City Council to apply for the Summer Holiday Programme.

We took a couple a people onboard as work experience on our most recent project during the easter holidays, Sarah Humpage as part of her placement for her University course and Alice Bailey to build her working curriculum, which no she is a member of the Youth Engagement Strategy programme from the Wolverhampton City Council.

FINANCIAL REVIEW

Total receipts on restricted funds for the year was £ **22,026** as per financial Statements. The remaining funds from a previous loan (received from an interest free), of which most was invested on running costs of the charity.

Towards the end of the 2021-2022 financial year, we have received from Sported Foundation a small amount for running costs amounting £200.

Furthermore, there is no other income to declare during this financial year, which was a better then the previous year in terms of financial resources as we did received substantial funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Being a fairly new organisation, we do not have any changes to report regarding the structure, governance and management team.

We have kept the same structure as at our inception eight years ago.

Aspire and Reach

Income and Expenditure Account for Year Ended 31 March 2022

| | Unrestricted £ | Restricted £ | 2022 £ |
|-------------------------------------|------------------|-------------------|-------------------|
| Income | | | |
| Loan | 244.29 | 0 | 244.29 |
| Transfers/Interest | 69.16 | 0 | 69.16 |
| Grants | 0 | 22026 | 22026 |
| Total Incoming Resources | £313.45 | £22,026.00 | £22,339.45 |
| Expenditure | | | |
| Equipment | 324.2 | 320 | 644.2 |
| Instructors/Mentors | 1444.29 | 10910 | 12354.29 |
| Marketing | 41.57 | 662.45 | 704.02 |
| Lettings | 0 | 0 | 0 |
| Admin | 378.66 | 2343.65 | 2722.31 |
| Other | 0 | 0 | 0 |
| Total Resources Expended | £2,188.72 | £14,236.10 | £16,424.82 |
| Net Income for the Year | -1875.27 | 7789.9 | 5914.63 |
| Total at 1 April 2021 | 1709.36 | | 1709.36 |
| Total Funds at 31 March 2022 | -£165.91 | £7,789.90 | £7,623.99 |

Balance Sheet at 31 March 2022

| | | |
|--|---|-----------------|
| Fixed Assets | | - |
| Current Assets | | |
| Bank and Cash | | 7,623.99 |
| Current Liabilities | | |
| Creditors: (Amounts due within one Year) | | - |
| Net Asset | £ | 7,623.99 |
| Funds | | |
| Unrestricted Funds | - | 165.91 |
| Restricted Funds | | 7,789.90 |
| Total Funds | £ | 7,623.99 |

Signed: (Chair)

Date: 30 April 2022

ASPIRE AND REACH

England & Wales - Charity number 1157641

Accounts

TRUSTEES ANNUAL REPORT

The Governors of Aspire and Reach Charity present their annual report and accounts for the year ended 31 March 2021 and confirm they comply with the requirements of the Charities Act 1993, as amended by the Charities Act 2006, the trust deed and the Charities SORP 2005.

OUR AIMS

The Charity operates under a Declaration of Trust dated and signed in March 2014 and a scheme which was sealed by the Charity Commissioners for England and Wales on 30 June 2014 which included the regulations for appointment of trustees.

Aspire And Reach is a new Charitable Incorporated Organisation that is committed to raising people's aspirations and hopes in areas of under privileged communities in the West Midlands, offering a unique package that links the benefits of Sports, Education and Mentoring.

The objects of the Charity are:

- (1) The promotion of community participation in healthy recreation in particular by the provision of facilities for participating in the sports in specific of karate, JiuJitsu and other Martial Arts Sports.*
- (2) Mentoring support to young people and vulnerable adults, the services can be combined with sports*
- (3) To advance the education of the public in the West Midlands in particular but not exclusively in foreign languages and IT skills*

We aim, through our work, to provide a sound service to children and young people. We seek to provide a structured personal development environment that improves our member's capabilities, competences, skills and foremost their undiscovered potential. We promote social and interpersonal skills, moral compass and physical development of our members through exercise, communication skills and mentoring. We provide an educational environment where each member can develop and fulfil his or her potential, building their self-confidence, motivation, drive, and inculcating a desire to contribute to the wider community. In so doing, we prepare our members for the opportunities, responsibilities and experience of current and later life.

OUR OBJECTIVES

Our objectives are set to reflect our primary aims and the ethos of the Charity. It is important to us that we maintain and enhance the success of the Charity in bringing change through personal

development and community cohesion. This objective is, however, set in the context of the broader goals we set for the Charity and its beneficiaries. In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing physical and mental health and education of the public.

Our key objectives for the year included further development of last year's aims:

To increase beneficiaries' level and length of fitness and reduce idle time;

To improve Children's and Young People's self-esteem and confidence;

To broaden our services and extend the range of options to spread out to a vast community, particularly those who are hard to reach;

To provide continuing assistance to our beneficiaries already in receipt of support through courses/workshops;

To increase the provision of exit routes through signposting or referring to other agencies or services;

To develop our 'Programme Links' programme of co-operation and joint working with local Voluntary Sector Organisations

ACHIEVEMENTS AND PERFORMANCE

Our Trustees are responsible for setting a strategy for achieving the objectives they have set. The focus of our strategy is on the development of our beneficiaries, their continued improvement of motivation and self-esteem to further contribute towards our community welfare.

In taking forward our strategy we:

- Review and benchmark the Charity syllabus, support practices and results;
- Ensure the range of activities available to our members is stimulating and challenging;
- Invest in service choice and the subsequent infrastructure of our Charity;
- Trailblazer - hubs of weekly FREE sessions to non-sportive young people (often in schools)
- Co-operate and share resources with local charities;

The last five years we have not been very successful in securing funding for projects supported by the National Lottery where we expected to reach a considerable number of members of our community. COVID-19 has presented itself with interesting opportunities to reach out to more member of our local community. We have secured a considerable amount of funding sponsored by the national government through the National Lottery.

Nevertheless, we have continuously seeking funding although unsuccessful, we have managed to brainstorm and rethink on different ways to overcome our difficulties. The remaining cash we've

used for administrative expenses which has allowed us to keep the minimum operational level. Young people have been up to the challenge and have found the volunteer activities to be both beneficial and fulfilling. This opportunity provided to local young people renewed hope, motivation and has engaged the community which has helped to build on community cohesion.

In addition, a great deal of time, thought and effort was spent in promoting projects in collaboration with local schools, initially at a Primary level but we have a vision of reaching secondary schools as well.

FINANCIAL REVIEW

Total receipts on restricted funds for the year was £ **18,350** as per financial Statements. The remaining funds from a previous loan (received from an interest free), of which most was invested on running costs of the charity.

Towards the end of the 2020-2021 financial year, we have received from Wolverhampton Council (through Ethnic Minority Council) a small amount for running costs amounting £150.

Furthermore, there is no other income to declare during this financial year, which was a better then the previous year in terms of financial resources as we did received substantial funding.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Being a fairly new organisation, we do not have any changes to report regarding the structure, governance and management team.

We have kept the same structure as at our inception a seven years ago.

Aspire and Reach

Income and Expenditure Account for Year Ended 31 March 2021

| | Unrestricted £ | Restricted £ | 2021 £ |
|-------------------------------------|-----------------|------------------|----------------|
| Income | | | |
| Loan | 0 | 0 | 0 |
| Transfers/Interest | 0 | 0 | 0 |
| Grants | 18350 | 0 | 18350 |
| Total Incoming Resources | 18350 | 0 | 18350 |
| Expenditure | | | |
| Equipment | 399 | 953.98 | 1352.98 |
| Tuition | 4000 | 7640 | 11640 |
| Marketing | 0 | 328.09 | 328.09 |
| Admin | 1123.15 | 1250.08 | 2373.23 |
| Total Resources Expended | 5522.15 | 10172.15 | 15694.3 |
| Net Income for the Year | 12827.85 | -10172.15 | 2655.7 |
| Total at 1 April 2020 | 400.44 | | 400.44 |
| Total Funds at 31 March 2021 | 13228.29 | -10172.15 | 3056.14 |

Balance Sheet at 31 March 2021

| | |
|--|----------------|
| Fixed Assets | 0 |
| Current Assets | |
| Bank and Cash | 3056.14 |
| Current Liabilities | |
| Creditors: (Amounts due within one Year) | 0 |
| Net Asset | 3056.14 |
| Funds | |
| Unrestricted Funds | 13228.29 |
| Restricted Funds | -10172.15 |
| Total Funds | 3056.14 |

Signed: (Chair)

Date: 30 April 2021