

Dare to Live Report 2022

Objectives of Dare to Live Trust

The Dare to Live Trust aims to improve wellbeing and ease challenges that service (service members) men and women experience as they transition into civilian life. It also aims to support families of veterans, and young adults who may experience challenges as they transition into adult life.

These aims are met by delivering one to three-day programmes using a combination of theory, classroom exercises and outdoor experiential activities with the horses, overseen by a team of highly qualified facilitators.

Overview of 2022

New Equine Site: Tyes Cross Farm RH19 5HS – Moorcroft Equine Welfare Centre - update

In March 2021 Sun's 4 horses, along with 7 horses owned by Mary Joy Johnson, moved to Tyes Cross Farm, Sharphorne, with the promise of a 5-year renewable lease minimum tenancy 10 years so that Dare to Live could develop the site under a Farm Business Tenancy (FBT) using relevant funding. Sadly, the expected lease agreement of 10 years was not forthcoming in time for fundraising needs, leaving the access route to the horses too hazardous for humans and horses during the coming 2022 winter.

An offer to move to Moorcroft Equine Welfare Centre (MERC) near Horsham became available, and with no other alternatives, we moved the herd to a 70-acre field, with a mile long track early November 2022. It was a hopeful opportunity to establish the Dare to Live Centre as the equine facilities included indoor and outdoor arenas and classrooms. As IFQM had privately brought a number the mudmats for Tyes Cross Farm (as proposed in 2021 report), with a view to Dare to Live Fundraising at a later stage to buy them, we were able to move them to MERC, ready for the winter.

However, by late November, extreme flooding of the area of land we had rented was experienced, (the mudmats unusable), which we later discovered is a common occurrence known to CEO Mary Frances who, despite other grazing being available on site, did not support the welfare needs of the D2L herd by providing alternative land for all horses in need. Equine site rental agreements were not upheld, some of our horses were deliberately abused by being stabled 24/7 and denied their normal affiliative herd behaviours, and it was untenable for any D2L horse to stay at the site under these circumstances.

By this time we had also become aware of number other serious equines welfare issues at MERC towards other horses in their care, as well as inappropriate business and staff management behaviours acted out by CEO of MERC. These behaviours were also perpetrated against D2L staff and continues with vexatious behaviours such withholding of equine equipment belonging to IFEEL Qualifications, which is now being resolved through legal action. Sun reported the abusive of the CEO's behaviours towards horses (as encouraged by her own staff) and staff, to MERC Trustees who were disinterested.

Sun and other D2LT staff also reported MERC to HEIR, and are in the process of letting BHS, NEWC and the charities commission know of what has occurred.

Fortuitously, friends of both Mary Joy and Sun were able to offer 2 adequate equine sites near our homes in Forest Row and Sharpthorne where we were able to split the herd again and move them safely in early Dec 2022.

2022 was another frustrating as no courses were run and rather demoralising year for Dare to Live facilitators – we were all (horses and humans) impacted by stress, additionally so, as the winter was excessively long and very wet.

On the positive side, a new member of staff, Lydie Glendinning and her horse Jupiter, joined the D2L herd at MERC (now with Sun in Hartfield) and her energy and enthusiasm, helped ensure that both herds resettled, and we managed the travails of Tye Cross, MERC and the wet winter.

Dare to Live Research Project

Sun has now established working relationship with [Dr Celia Grummitt](#) who is CEO of [GUL outdoor therapy services](#).

Our agreed draft position statement to date is, ‘to combine our shared knowledge, skills, and IP in order to provide the gold standard in regulated HEI qualifications training and regulated EAS professional practice provision, including eco therapy, for Human Wellbeing and Behaviour Change. To be UKs leading NHS service provider of HEI practitioners within EAS services, that provide regulated services for child and adult clients’.

GUL has a professional project manager for funding resourcing and our main focus is to collectively evaluate all past data outcomes from GUL, D2L and IFQM student case studies and then to align all evaluation processes for all future projects.

Over the past few years Sun has been member the steering group that have founded the [Human Equine Interaction Register \(HEIR\)](#) and is co-lead of the training and professional standards team for the [National Council of Integrative Psychotherapist \(NCIP\)](#) as it becomes a member of the [Professional Standards Association \(PSA\)](#) – the regulatory body for professional practice in the healthcare industries.

Current shared live projects include Armed Forces Equine Charity-GUL and Dare to Live programmes, NHS Surrey Veterans Suicide Prevention Service, and a start up charity Horses 4 Wellbeing in Cheltenham.

Dare to Live going forward - New Site?

All previous contacts like Peter Mosse from [The Association of ex-Service Drop-In Centres \(ASDIC\)](#) and Dorinda Wolfe-Murray from [First Light Trust](#), and invitations to apply for further Armed Forces Covenant Trust grants, as well as funds from the racing industry charities are still available, despite, the lack of long term/permanent D2L site. Mary Joy and sun are allowed to run D2L programmes with limited numbers from their current temporary sites and are considering making new funding applications for future programmes and site costs.

Dare to Live Trust funding applications - updates

1. £8,500 for [Mudcontrol Mats on Go Fund Me](#), no further funding raised though still live
2. National Lottery Facilities grant app to be made once lease has been agreed - until we have more permanent site with significant lease we cannot apply for this.
3. Sussex grant fund applications for new 'For Those That Care' programmes offer programmes for referral pathways from Adoption Southeast Region which covers East & West Sussex, Kent and Surrey, Sussex NHS staff and Sussex Police:
Ashworth Charitable Trust 3K – not accepted
Chapman Charitable Trust 2K - not accepted
East Grinstead Memorial Fund 5K - not accepted
Sussex Community Foundation £10K - not accepted

2022 – to date Funds Received

1. Legal & General continued to include Dare to Live in their 'Pennies from Heaven' donation scheme, whereby employees donate the penny amounts from their pay cheques. In 2020 this amounted to £2,020 , 2021 £1,626 and in 2022 £2,274.
2. Minor funding came in through personal and organisation donations amounting to £651.27.
3. A [Best of British](#) funder raiser event Goodwood raised £1,600.00

Signed on behalf of the Trustees



Robin Evans, Trustee



Summary of 2022 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2022

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2022, which are set out on pages 1 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

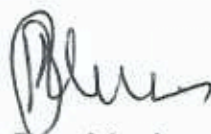
Signed

Name:

Relevant professional qualification or body:

Address:

Date:



Peter Morris

Actuary

16 Michael Fields, Forest Row, East Sussex
RH18 5BH

9 October 2023

31-Dec-22

Expenditure

[illegible]

Delivery	-
Research	-
Acceditation	140.00
Development	-
Marketing	-
Administration	2,913.14
Facility Rental	4,219.62
Facilities Management	3,391.95
Wages	1,250.00
Travel & Accom	-
Bank	6.20
Total	11,920.91

Surplus/(Deficit)	(2,695.36)
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Cash	2,591.61
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Debtors	-
of which:	

Creditors	-
of which:	

10/09/2023



The Dare to Live Trust			Charity No.	1157442	CC39a
Annual accounts for the period					
Period start date	01-Jan-22	To	Period end date	31-Dec-22	

Section A Statement of financial activities

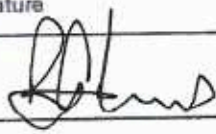
Descriptions by natural category	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		4,525	-	-	4,525	5,084
Fundraising events		-	-	-	-	-
Interest and dividends		1	-	-	1	1
Grants for services		4,700	-	-	4,700	14,723
		-	-	-	-	-
Total incoming resources	S01	9,226	-	-	9,226	19,810
Resources expended (Notes 4-7)						
Programme Delivery		-	-	-	-	10,452
Wages, salaries, pensions and NI		1,250	-	-	1,250	-
Accreditation		140	-	-	140	-
Facilities Rental		4,220	-	-	4,220	-
Facilities Management		3,392	-	-	3,392	-
Research		-	-	-	-	-
Programme Development		-	-	-	-	3,500
Marketing materials & printing		-	-	-	-	-
Administration		2,913	-	-	2,913	5,542
Travel & Accommodation		-	-	-	-	-
Bank charges and interest		6	-	-	6	6
		-	-	-	-	-
Total resources expended	S02	11,921	-	-	11,921	19,500
Net incoming/(outgoing) resources before transfers	S03	- 2,695	-	-	- 2,695	310
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	- 2,695	-	-	- 2,695	310
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	- 2,695	-	-	- 2,695	310
Total funds brought forward	S09	5,287	-	-	5,287	17,052
Total funds carried forward	S10	2,592	-	-	2,592	5,287

Section B

Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	2,592	5,287
Total current assets	B09	2,592	5,287
Creditors: amounts falling due within one year (Note 11)	B10	-	341
Net current assets/(liabilities)	B11	2,592	4,946
Total assets less current liabilities	B12	2,592	4,946
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	2,592	4,946
Funds of the Charity			
Unrestricted funds	B16	2,592	4,948
Designated funds	B17	-	-
Total unrestricted funds		2,592	4,948
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	2,592	4,948

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval
	31 Aug 23

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C Notes to the accounts (cont)

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: { the charity becomes entitled to the resources; { the trustees are virtually certain they will receive the resources; and { the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaim on donations and gifts	Incoming resources from tax reclaim are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Volunteer help	This is included in the accounts when receivable.
Investment income	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.
Investment gains and losses	

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM THOSE
ABOVE

None

3. NA
4. NA
5. NA

Section C	Notes to the accounts	(cont)
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Note 6 **Paid employees**
Please complete this note if the charity has any employees.

6.1 Staff Costs

Gross wages, salaries and benefits in kind
Employer's National Insurance costs
Pension costs

This year £	Last year £
1,250	-
-	-
-	-
-	-
Total staff costs	-

6.2 Average number of full-time equivalent employees in the year

The parts of the charity in which the employees work

This year Number	Last year Number
-	-
-	-
-	-
-	-
Total	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

The costs of the scheme to the charity for the year
The amount of any contributions outstanding at the year end
The amount of any contributions prepaid at the year end

This year £	Last year £

7. NA
8. NA
9. NA

Section C

Notes to the accounts

(cont)

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors

Amounts falling due within one year		Amounts falling due after more than one year	
This year	Last year	This year	Last year
£	£	£	£
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-
Total	-	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

Amounts falling due within one year		Amounts falling due after more than one year	
This year	Last year	This year	Last year
£	£	£	£
-	-	-	-
-	341	-	-
-	-	-	-
-	-	-	-
-	-	-	-
Total	341	-	-

11.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEEL (Emma Meyer's business; partner of Trustee Robin Evans)		-	9,882
Total		-	9,882

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties			-	-
Due from trustees and related parties			-	
Total			-	-

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.