



Dare to Live Report 2021

Objectives of Dare to Live Trust

The Dare to Live Trust aims to improve wellbeing and ease challenges that servicemen and women experience as they transition into civilian life. It also aims to support families of veterans, and young adults who may experience challenges as they transition into adult life.

These aims are met by delivering one to three-day programmes using a combination of theory, classroom exercises and outdoor experiential activities with the horses, overseen by a team of highly qualified facilitators.

Overview of 2021

New People – New Energy – New Directions

After the challenges of 2020 and the pandemic, Sun spent time connecting with people to re-think the future of Dare to Live and what we could offer. Mary Joy Johnson was invited become a co-director of a series of new programmes 'For Those That Care' in response to Covid-19 SARS virus impact on the health sector aimed primarily at all social and health care workers, volunteers and carers of those most affected by lockdown.

During this development of ideas, Mary Joy was given notice of her equine site, and she and Sun decided to share resources and join their herds together to form a new herd – it is proposed that this becomes the 'The Dare to Live Herd'.

New Equine Site: Tyes Cross Farm RH19 5HS

The Trust has, to date, utilised the private land and premises of Sun Tui & Robin Evans. With their move from Hale Court Farm an alternative home for the horses was sought. A connection was made with a local land owner, Tony Grubb, who hosts a school for children with autism, also a charity. He was inspired by the work of the charity and discussions were held regarding the possibility of renting some land from him.

In March 2021 Sun's 4 horses, along with 7 horses owned by Mary Joy Johnson, moved to 21.59 acres of grazing land and 4 acres of woodland at Tyes Cross Farm, Sharpthorne, with the promise of a 5-year renewable lease minimum tenancy 10 years so that Dare to Live could develop the site under a Farm Business Tenancy (FBT).

For the lease agreement to qualify as a FBT, planning permission would have been required from Mid Sussex District Council (MSDC) to convert the classification of the land from simple grazing to farm business, to allow for siting of a container and trackway which we needed to build out of [Mudcontrol Mats](#) due to difficult access of the site in winter.

[Mudcontrol Mats](#) – the supplier ran a charity discount special offer off 10sqm meter free if we buy 28sqm at discount price of £8,328 saving over £2K. IFEELQ has purchased them on behalf of D2L as offer closed 12th September 2021 which was inadequate time to put the full proposal together for Trustees as the discussions with the landowner progressed. The idea was to use



- £2k out of funds donated over the last 3years
- £6.3k from targeted fund raising

Applications to secure planning permission on the land to convert to a Farm Business Tenancy (FBT) and to build facilities are looked at more favourably by planners where they are submitted by charities and the benefitting community is wider than that of a single business. The security of tenure that an FBT provides combined with the charitable status also opens up more funding opportunities. This looked like a good fit and mutual opportunity for both Tony Grubb the landlord, as well the future security of Dare to Live.

Dare to Live Research Project

Covid has impacted plans on all D2L research projects which are currently on hold, as all supporting research staff are time restricted due working long hours to adapt their university courses to meet the student's education and exam needs.

Dare to Live Veterans Wales – Armed Forces Covenant Trust Fund £35K

Equus Ferus based in Wales, were awarded £35K by the Armed Forces Covenant Trust to deliver a 3-day Dare to Live Forces in Transition programme, 3 x 1-day partners programmes and 6 x 2-hour online follow on support sessions for 9 veterans and their key supporter (family or friend). This programme will start January 2021 and finish December 2021.

The 3-day programme for 9 veterans, the 3 x 1-day programmes for veteran's and their partners and the 6 x 2-hour online follow up support programmes have all been successfully delivered. Sun is currently writing up the service evaluation and a series of case studies for the Armed Forces Covenant Trust and these will be used as part of the IFEEL Method research.

Dare to Live Veteran Programmes – New Site

Sun has been contacted by Peter Mosse from [The Association of ex-Service Drop-In Centres \(ASDIC\)](#) who has offered support with funding for future Dare to Live projects when the new site is ready.

Dorinda Wolfe-Murray from [First Light Trust](#), has allocated funds for future Dare to Live programmes when the new site is ready. Sun already works as a clinical consultant for First Light Trust and has treated several veterans since 2018.

Dare to Live has been invited to apply for further Armed Forces Covenant Trust grants when the new site is ready.

2021 Funding

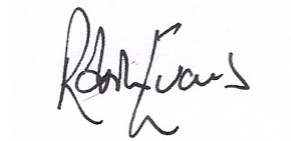
1. The Trust received £14,723 grant funding toward completed programme delivery.
2. Legal & General continued to include Dare to Live in their 'Pennies from Heaven' donation scheme, whereby employees donate the penny amounts from their pay cheques. In 2020 this amounted to £2,020 and £1,626 ytd in 2021.

3. Benenden School CCF raised £2,200.
4. Minor funding came in through personal and organisation donations amounting to £506.

Dare to Live Trust Developments for 2022

1. Mary Joy has started Fundraising for £8,500 for [Mudcontrol Mats on Go Fund Me](#)
2. We intend to apply for the £50K National Lottery Facilities grant once lease has been agreed.
3. We have started a number of Sussex grant fund applications for new 'For Those That Care' programmes offer programmes for referral pathways from Adoption Southeast Region which covers East & West Sussex, Kent and Surrey, Sussex NHS staff and Sussex Police:
Ashworth Charitable Trust 3K
Chapman Charitable Trust 2K
East Grinstead Memorial Fund 5K
Sussex Community Foundation £10K
4. A [Best of British](#) funder raiser event at Goodwood has been secured for October 2022 where it is hoped to raise £3K.
5. The completion of Dare to Live Wales service evaluation to add to the overall research data that Sun is collating and in continued discussion with Hartpury write up as a peer re-viewed paper.

Signed on behalf of the Trustees



Robin Evans, Trustee



Summary of 2021 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2021

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2021, which are set out on pages 1 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

Name:

Relevant professional qualification or body:

Address:

Date:



Peter Morris

Actuary

16 Michael Fields, Forest Row, East Sussex

RH118 5BH

4 October 2022

4/10/2022

As at: 31-Dec-21

As at: 31-Dec-21

Income

Donations	5,083.65
Grant	14,722.77
Other	3.76
	19,810.18

Expenditure

Delivery	10,452.17
Research	-
Development	3,500.00
Marketing	-
Administration	5,542.21
Travel & Accom	-
Bank	6.00
Total	19,500.38

Surplus/(Deficit)	309.80
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Cash	5,286.97
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Debtors	-
of which:	

Creditors	340.92
of which:	
Balens Insurance Ltd	340.92

The financial summary and CC39a accounts were prepared by Mr Robin Evans, trustee of the Dare to Live Trust.



The Dare to Live Trust			Charity No.	1157442	CC39a
Annual accounts for the period					
Period start date	01-Jan-21	To	Period end date	31-Dec-21	

Section A Statement of financial activities

Descriptions by natural category	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		5,084	-	-	5,084	2,452
Fundraising events		-	-	-	-	-
Interest and dividends		4	-	-	4	1
Grants for services		14,723	-	-	14,723	-
		-	-	-	-	-
Total incoming resources	S01	19,810	-	-	19,810	2,452
Resources expended (Notes 4-7)						
Programme Delivery		10,452	-	-	10,452	-
Wages, salaries, pensions and NI		-	-	-	-	-
Cost of fundraising events		-	-	-	-	-
Accreditation		-	-	-	-	-
Legal and professional fees		-	-	-	-	-
Research		-	-	-	-	-
Programme Development		3,500	-	-	3,500	-
Marketing materials & printing		-	-	-	-	-
Administration		5,542	-	-	5,542	613
Travel & Accommodation		-	-	-	-	-
Bank charges and interest		6	-	-	6	3
		-	-	-	-	-
Total resources expended	S02	19,500	-	-	19,500	616
Net incoming/(outgoing) resources before transfers	S03	310	-	-	310	1,836
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	310	-	-	310	1,836
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	310	-	-	310	1,836
Total funds brought forward	S09	4,636	-	-	4,636	17,052
Total funds carried forward	S10	4,946	-	-	4,946	4,946

Section B Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	5,287	4,636
Total current assets	B09	5,287	4,636
Creditors: amounts falling due within one year (Note 11)	B10	341	-
Net current assets/(liabilities)	B11	4,946	4,636
Total assets less current liabilities	B12	4,946	4,636
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	4,946	4,636
Funds of the Charity			
Unrestricted funds	B16	4,946	4,636
Designated funds	B17	-	-
Total unrestricted funds		4,946	4,636
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	4,946	4,636

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C		Notes to the accounts		(cont)	
Note 2		Accounting policies			
<i>This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.</i>					
INCOMING RESOURCES					
Recognition of incoming resources		These are included in the Statement of Financial Activities (SoFA) when: < the charity becomes entitled to the resources; < the trustees are virtually certain they will receive the resources; and < the monetary value can be measured with sufficient reliability.			
Incoming resources with related expenditure		Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.			
Grants and donations		Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.			
Tax reclaims on donations and gifts		Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.			
Contractual income and performance related grants		This is only included in the SoFA once the related goods or services have been delivered.			
Gifts in kind		Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.			
Donated services and facilities		These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			
Volunteer help		This is included in the accounts when receivable.			
Investment income		This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			
Investment gains and losses					
EXPENDITURE AND LIABILITIES					
Liability recognition		Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.			
Grants with performance conditions		Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			
Grants payable without performance conditions		These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.			
ASSETS					
Tangible fixed assets for use by charity		These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.			
Investments		Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.			
Stocks and work in progress		These are valued at the lower of cost or market value.			
POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE		None			

3. NA
4. NA
5. NA

Section C	Notes to the accounts	(cont)
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Note 6 **Paid employees**

Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	-	-
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	-	-

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work	-	-
	-	-
	-	-
Total	-	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

7. NA
8. NA
9. NA

Section C**Notes to the accounts****(cont)****Note 10 Debtors and prepayments***Please complete this note if the charity has any debtors or prepayments.***Analysis of debtors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	-	-	-	-
Total	-	-	-	-

Note 11 Creditors and accruals*Please complete this note if the charity has any creditors or accruals.***11.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Loans and overdrafts	-	-	-	-
Trade creditors	341	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	-	-	-	-
Total	341	-	-	-

11.2 Security over assets*If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.*

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEEL (Emma Meyer's business; partner of Trustee Robin Evans)		9,882	-
Total		9,882	-

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties			-	-
Due from trustees and related parties			-	-
Total			-	-

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.