

THE DARE TO LIVE TRUST

England & Wales · Charity number 1157442

Details

Status Registered

Legal form CIO

Registered 2014-06-11

Register [View on the Charity Commission register](#)

Contact

Address 12 Bluebell Lane
Sharpthorne
RH19 4PF

Phone 01342891889

Email admin@daretolive.org.uk

Website www.daretolive.org.uk

Activities

Objects: TO PROMOTE AND IMPROVE THE HEALTH AND WELLBEING OF INDIVIDUALS SUFFERING FROM DEPRESSION, ANXIETY OR THE EMOTIONAL AND PSYCHOLOGICAL EFFECTS OF TRAUMA BY PROVIDING THEM WITH EDUCATION, TRAINING AND SUPPORT.

Activities: The objects of the CIO are to promote and improve the health and wellbeing of individuals suffering from depression, anxiety or the emotional and psychological effects of trauma by providing them with education, training and support.

Classification

- **How:** Provides Human Resources, Provides Services, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- East Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£594	£3,321	-	-
2023-12-31	£53,350	£2,543	-	-
2022-12-31	£9,226	£11,921	-	-
2021-12-31	£19,810	£19,500	-	-
2020-12-31	£2,452	£1,836	-	-

Trustees

Name	Role	Appointed
ROBIN EVANS	Chair	2014-07-22
DEBRA LOGAN		2014-07-22
GUY EVANS		2014-06-14
Simon Bennett TD		2014-07-22

THE DARE TO LIVE TRUST

England & Wales - Charity number 1157442

Accounts

Dare to Live Report 2024

Objectives of Dare to Live Trust

"The objects of the CIO are to promote and improve the health and wellbeing of individuals suffering from depression, anxiety or the emotional and psychological effects of trauma by providing them with education, training and support", May 2014.

In the past Dare to Live have specified supporting serving military, veterans and their families. Over the past recent years there has been an increase in significant support through initiatives like Armed Forces Covenant for this client group and it was proposed last year, 2023, to broaden the outreach to include other client groups such as carers, teachers and first responders. A further client group of young adults with significant trauma, is now also proposed.

Overview of 2024

No workshop programmes took place in 2024. As reported in 2023 the lack of availability of core delivery staff and lack of access to an equine herd, meant a rethink was needed, as to how Dare to Live could continue to meet its objectives and serve the community.

Discussions were held with several charities about the provision of therapy for individuals suffering with complex trauma including the Criminal Justice Services but no terms were agreed. Over the past 9 years a charity called [The Boys Clubhouse](#) has closely followed the work of IFEEL Method Qualifications and two of their outreach team qualified in 2024 to work with clients presenting with life and/or mild/moderate trauma challenges. Since October 2024 Dare to Live has provided funds to work with clients 1:1 who have extreme PTSD and C-PTSD, including military veterans.

Dare to Live Trust funding applications - updates

National Lottery Awards for All application to be made in 2026

2024 Funding Awards

- 3.5k in donations received
- Legal & General continued to include Dare to Live in their 'Pennies from Heaven' donation scheme
- Additional funding came in through personal and organisational donations.

Signed on behalf of the Trustees





Summary of 2024 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2024

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2024, which are set out on pages 1 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Name:

Peter Morris

Relevant professional qualification or body:

Actuary

Address:

16 Michael Fields, Forest Row, East Sussex
RH18 5BH

Date:

19 October 2025

As at: 31-Dec-24		As at: 31-Dec-23	
Income		Expenditure	
Donations	3,516.48	Delivery	2,700.00
Grant	-	Research	-
Service provision	-3,073.08	Acceditation	-
Other	150.47	Development	-
		Marketing	-
		Administration	616.38
		Facility Rental	-
		Facilities	-
		Wages	-
		Travel & Accom	-
		Bank	4.70
	593.87	Total	3,321.08
Surplus/(Deficit)		Surplus/(Deficit)	
	(2,727.21)		50,807.40
Cash		Cash	
	50,672.10		53,399.31
Debtors		Debtors	
of which:		of which:	
Creditors		Creditors	
of which:		of which:	

The financial summary and CC39a accounts were prepared by Mr Robin Evans, trustee of the Dare to Live Trust.



The Dare to Live Trust		Charity No.	1157442	CC39a	
Annual accounts for the period					
Period start date	01-Jan-24	To	Period end date		31-Dec-24

Section A Statement of financial activities

Descriptions by natural category	Note	Restricted			Total this year £	Total last year £
		Unrestricted funds £	income funds £	Endowment funds £		
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		3,516	-	-	3,516	53,340
Fundraising events			-	-	-	-
Interest and dividends		150	-	-	150	11
Grants for services		- 3,073	-	-	- 3,073	-
		-	-	-	-	-
Total incoming resources	S01	594	-	-	594	53,351
Resources expended (Notes 4-7)						
Programme Delivery		2,700	-	-	2,700	-
Wages, salaries, pensions and NI		-	-	-	-	-
Accreditation		-	-	-	-	-
Facilities Rental		-	-	-	-	-
Facilities Management		-	-	-	-	-
Research		-	-	-	-	-
Programme Development		-	-	-	-	-
Marketing materials & printing		-	-	-	-	-
Administration		616	-	-	616	2,538
Travel & Accommodation		-	-	-	-	-
Bank charges and interest		5	-	-	5	5
		-	-	-	-	-
Total resources expended	S02	3,321	-	-	3,321	2,543
Net incoming/(outgoing) resources before transfers	S03	- 2,727	-	-	- 2,727	50,807
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	- 2,727	-	-	- 2,727	50,807
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	- 2,727	-	-	- 2,727	50,807
Total funds brought forward	S09	53,399	-	-	53,399	53,399
Total funds carried forward	S10	50,672	-	-	50,672	53,399

Section B Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	50,672	53,399
Total current assets	B09	50,672	53,399
Creditors: amounts falling due within one year (Note 11)	B10	-	-
Net current assets/(liabilities)	B11	50,672	53,399
Total assets less current liabilities	B12	50,672	53,399
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	50,672	53,399
Funds of the Charity			
Unrestricted funds	B16	50,672	53,399
Designated funds	B17	-	-
Total unrestricted funds		50,672	53,399
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	50,672	53,399

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval
-----------	------------------



1st Aug. 2025

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C	Notes to the accounts	(cont)
------------------	------------------------------	---------------

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> < the charity becomes entitled to the resources; < the trustees are virtually certain they will receive the resources; and < the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.
Donated services and facilities	Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable. These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Investment income	This is included in the accounts when receivable.
Investment gains and losses	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE	None
---	------

- 3. NA
- 4. NA
- 5. NA

Section C **Notes to the accounts** **(cont)**

Note 6 **Paid employees**

Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	-	2,000
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	-	2,000

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work	-	-
	-	-
	-	-
Total	-	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

- 7. NA
- 8. NA
- 9. NA

Section C **Notes to the accounts** **(cont)**

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	-	-	-	-
Total	-	-	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

Analysis of creditors	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	-	-	-	-
Total	-	-	-	-

11.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEEL (Emma Meyer's business; partner of Trustee Robin Evans)		2,700	2,000
Total		2,700	2,000

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties			-	-
Due from trustees and related parties			-	-
Total			-	-

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.

THE DARE TO LIVE TRUST

England & Wales - Charity number 1157442

Accounts



Dare to Live Report 2023

Objectives of Dare to Live Trust

"The objects of the CIO are to promote and improve the health and wellbeing of individuals suffering from depression, anxiety or the emotional and psychological effects of trauma by providing them with education, training and support", May 2014.

In the past Dare to Live have specified supporting serving military, veterans and their families. Over the past 5 years there has been an increase in significant support through initiatives like Armed Forces Covenant for this client group and it is now proposed to broaden the outreach to include other client groups such as carers, teachers and first responders.

Overview of 2023

No programmes took place in 2023. The challenges of the various site moves took it's toll on both Mary Joy and Sun Tui, especially when the herd was split. In the late summer 2023 the owners of the site where Sun had her herd, sadly died - this meant the site had to be sold.

Sun reached out to several possible investors from personal connections to buy the site, but no investor was forthcoming.

By the Autumn of 2023 Sun experienced health issues and was unable to work consistently. Sun had to let her herd go - all her horses were rehomed.

Dare to Live Research Project

All research work has been suspended until Sun is well enough to re-engage.

2022 Dare to Live Trust funding applications - updates

The Dare to Live Trust, Charity No. 1157442. 12 Bluebell Lane, East Grinstead RH19 4PF
Trustees: Simon Bennett, Debra Logan, Guy Evans, Robin Evans

1. £8,500 for Mudcontrol Mats on Go Fund Me, no further funding raised though still live. Update 2023: This has now been closed and the mats owned by Sun and Mary Joy have been sold
2. National Lottery Facilities grant app to be made once lease has been agreed - until we have more permanent site with significant lease we cannot apply for this.
Update 2023: N/A
3. Sussex grant fund applications for new 'For Those That Care' programmes offer
Update 2023: N/A

2023 Funding Awards

1. Peter O'Sullivan Trust Fund £20K

Awarded in November 2023 for a young adult professional (entrepreneur) development programme. This money needs to be re-allocated to another project.

2. Legacy Fund £30K

Payment received from the estate of a benefactor. Additional £20k expected in 2025.

3. Legal & General

Continued to include Dare to Live in their 'Pennies from Heaven' donation scheme, whereby employees donate the penny amounts from their pay cheques.

4. Additional funding came in through personal and organisation donations.

Signed on behalf of the Trustees

Robin Evans, Trustee





Summary of 2023 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2023

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2023, which are set out on pages 1 to 8

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Name:

Peter Morris

Relevant professional qualification or body:

Actuary

Address:

16 Michael Fields, Forest Row, East Sussex
RH18 5BH

Date:

22 September 2024



The Dare to Live Trust			Charity No.	1157442	CC39a
Annual accounts for the period					
Period start date	01-Jan-23	To	Period end date	31-Dec-23	

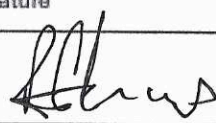
Section A Statement of financial activities

Descriptions by natural category	Note	Restricted			Total this year	Total last year
		Unrestricted funds	income funds	Endowment funds		
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		53,340	-	-	53,340	4,525
Fundraising events			-	-	-	-
Interest and dividends		11	-	-	11	1
Grants for services		-	-	-	-	4,700
		-	-	-	-	-
Total incoming resources	S01	53,351	-	-	53,351	9,226
Resources expended (Notes 4-7)						
Programme Delivery		-	-	-	-	-
Wages, salaries, pensions and NI		-	-	-	-	1,250
Accreditation		-	-	-	-	140
Facilities Rental		-	-	-	-	4,220
Facilities Management		-	-	-	-	3,392
Research		-	-	-	-	-
Programme Development		-	-	-	-	-
Marketing materials & printing		-	-	-	-	-
Administration		2,538	-	-	2,538	2,913
Travel & Accommodation		-	-	-	-	-
Bank charges and interest		5	-	-	5	6
		-	-	-	-	-
Total resources expended	S02	2,543	-	-	2,543	11,921
Net incoming/(outgoing) resources before transfers	S03	50,808	-	-	50,808	2,695
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	50,808	-	-	50,808	2,695
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	50,808	-	-	50,808	2,695
Total funds brought forward	S09	2,592	-	-	2,592	5,287
Total funds carried forward	S10	53,400	-	-	53,400	5,287

Section B Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	53,399	2,592
Total current assets	B09	53,399	2,592
Creditors: amounts falling due within one year (Note 11)	B10	-	341
Net current assets/(liabilities)	B11	53,399	2,251
Total assets less current liabilities	B12	53,399	2,251
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	53,399	2,251
Funds of the Charity			
Unrestricted funds	B16	53,399	2,592
Designated funds	B17	-	-
Total unrestricted funds	B18	53,399	2,592
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	53,399	2,592

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval
	29 TH JUL '24

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C Notes to the accounts (cont)

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: { the charity becomes entitled to the resources; { the trustees are virtually certain they will receive the resources; and { the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Volunteer help	This is included in the accounts when receivable.
Investment income	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.
Investment gains and losses	

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM THOSE
ABOVE**

None

- 3. NA
- 4. NA
- 5. NA

Section C **Notes to the accounts** **(cont)**

Note 6 **Paid employees**
Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	2,000	1,250
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	2,000	1,250

6.2 Average number of full-time equivalent employees in the year

		This year Number	Last year Number
The parts of the charity in which the employees work		-	-
		-	-
		-	-
	Total	-	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

- 7. NA
- 8. NA
- 9. NA

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	-	-	-	-
Total	-	-	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	-	-	-	-
Total	-	-	-	-

11.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEEL (Emma Meyer's business; partner of Trustee Robin Evans)		2,000	-
Total		2,000	-

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties			-	-
Due from trustees and related parties			-	-
Total			-	-

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2023, which are set out on pages 1 to 8

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Name:

Peter Morris

Relevant professional qualification or body:

Actuary

Address:

16 Michael Fields, Forest Row, East Sussex
RH18 5BH

Date:

22 September 2024

THE DARE TO LIVE TRUST

England & Wales - Charity number 1157442

Accounts

Dare to Live Report 2022

Objectives of Dare to Live Trust

The Dare to Live Trust aims to improve wellbeing and ease challenges that service (service members) men and women experience as they transition into civilian life. It also aims to support families of veterans, and young adults who may experience challenges as they transition into adult life.

These aims are met by delivering one to three-day programmes using a combination of theory, classroom exercises and outdoor experiential activities with the horses, overseen by a team of highly qualified facilitators.

Overview of 2022

New Equine Site: Tyes Cross Farm RH19 5HS – Moorcroft Equine Welfare Centre - update

In March 2021 Sun's 4 horses, along with 7 horses owned by Mary Joy Johnson, moved to Tyes Cross Farm, Sharphorne, with the promise of a 5-year renewable lease minimum tenancy 10 years so that Dare to Live could develop the site under a Farm Business Tenancy (FBT) using relevant funding. Sadly, the expected lease agreement of 10 years was not forthcoming in time for fundraising needs, leaving the access route to the horses too hazardous for humans and horses during the coming 2022 winter.

An offer to move to Moorcroft Equine Welfare Centre (MERC) near Horsham became available, and with no other alternatives, we moved the herd to a 70-acre field, with a mile long track early November 2022. It was a hopeful opportunity to establish the Dare to Live Centre as the equine facilities included indoor and outdoor arenas and classrooms. As IFQM had privately brought a number the mudmats for Tyes Cross Farm (as proposed in 2021 report), with a view to Dare to Live Fundraising at a later stage to buy them, we were able to move them to MERC, ready for the winter.

However, by late November, extreme flooding of the area of land we had rented was experienced, (the mudmats unusable), which we later discovered is a common occurrence known to CEO Mary Frances who, despite other grazing being available on site, did not support the welfare needs of the D2L herd by providing alternative land for all horses in need. Equine site rental agreements were not upheld, some of our horses were deliberately abused by being stabled 24/7 and denied their normal affiliative herd behaviours, and it was untenable for any D2L horse to stay at the site under these circumstances.

By this time we had also become aware of number other serious equines welfare issues at MERC towards other horses in their care, as well as inappropriate business and staff management behaviours acted out by CEO of MERC. These behaviours were also perpetrated against D2L staff and continues with vexatious behaviours such withholding of equine equipment belonging to IFEEL Qualifications, which is now being resolved through legal action. Sun reported the abusive of the CEO's behaviours towards horses (as encouraged by her own staff) and staff, to MERC Trustees who were disinterested.

Sun and other D2LT staff also reported MERC to HEIR, and are in the process of letting BHS, NEWC and the charities commission know of what has occurred.



Fortuitously, friends of both Mary Joy and Sun were able to offer 2 adequate equine sites near our homes in Forest Row and Sharpthorne where we were able to split the herd again and move them safely in early Dec 2022.

2022 was another frustrating and rather demoralising year for Dare to Live facilitators – we were all (horses and humans) impacted by stress, additionally so, as the winter was excessively long and very wet.

On the positive side, a new member of staff, Lydie Glendinning and her horse Jupiter, joined the D2L herd at MERC (now with Sun in Hartfield) and her energy and enthusiasm, helped ensure that both herds resettled, and we managed the travails of Tye Cross, MERC and the wet winter.

Dare to Live Research Project

Sun has now established working relationship with [Dr Celia Grummitt](#) who is CEO of [GUL outdoor therapy services](#).

Our agreed draft position statement to date is, ‘to combine our shared knowledge, skills, and IP in order to provide the gold standard in regulated HEI qualifications training and regulated EAS professional practice provision, including eco therapy, for Human Wellbeing and Behaviour Change. To be UKs leading NHS service provider of HEI practitioners within EAS services, that provide regulated services for child and adult clients’.

GUL has a professional project manager for funding resourcing and our main focus is to collectively evaluate all past data outcomes from GUL, D2L and IFQM student case studies and then to align all evaluation processes for all future projects.

Over the past few years Sun has been member the steering group that have founded the [Human Equine Interaction Register \(HEIR\)](#) and is co-lead of the training and professional standards team for the [National Council of Integrative Psychotherapist \(NCIP\)](#) as it becomes a member of the [Professional Standards Association \(PSA\)](#) – the regulatory body for professional practice in the healthcare industries.

Current shared live projects include Armed Forces Equine Charity-GUL and Dare to Live programmes, NHS Surrey Veterans Suicide Prevention Service, and a start up charity Horses 4 Wellbeing in Cheltenham.

Dare to Live going forward - New Site?

All previous contacts like Peter Mosse from [The Association of ex-Service Drop-In Centres \(ASDIC\)](#) and Dorinda Wolfe-Murray from [First Light Trust](#), and invitations to apply for further Armed Forces Covenant Trust grants, as well as funds from the racing industry charities are still available, despite, the lack of long term/permanent D2L site. Mary Joy and sun are allowed to run D2L programmes with limited numbers from their current temporary sites and are considering making new funding applications for future programmes and site costs.


Dare to Live Trust funding applications - updates

1. £8,500 for [Mudcontrol Mats on Go Fund Me](#), no further funding raised though still live
2. National Lottery Facilities grant app to be made once lease has been agreed - until we have more permanent site with significant lease we cannot apply for this.
3. Sussex grant fund applications for new 'For Those That Care' programmes offer programmes for referral pathways from Adoption Southeast Region which covers East & West Sussex, Kent and Surrey, Sussex NHS staff and Sussex Police:
Ashworth Charitable Trust 3K – not accepted
Chapman Charitable Trust 2K - not accepted
East Grinstead Memorial Fund 5K - not accepted
Sussex Community Foundation £10K - not accepted

2022 – to date Funds Received

1. Legal & General continued to include Dare to Live in their 'Pennies from Heaven' donation scheme, whereby employees donate the penny amounts from their pay cheques. In 2020 this amounted to £2,020 , 2021 £1,626 and in 2022 £2,274.
2. Minor funding came in through personal and organisation donations amounting to £651.27.
3. A [Best of British](#) funder raiser event Goodwood raised £1,600.00

Signed on behalf of the Trustees



Robin Evans, Trustee



Summary of 2022 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2022

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2022, which are set out on pages 1 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

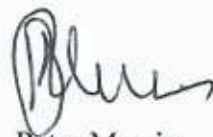
Signed

Name:

Relevant professional qualification or body:

Address:

Date:



Peter Morris

Actuary

16 Michael Fields, Forest Row, East Sussex
RH18 5BH

9 October 2023



The Dare to Live Trust			Charity No.	1157442	CC39a
Annual accounts for the period					
Period start date	01-Jan-22	To	Period end date	31-Dec-22	

Section A Statement of financial activities

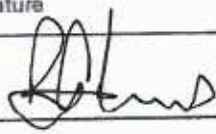
Descriptions by natural category	Note	Restricted			Total this year £	Total last year £
		Unrestricted funds £	income funds £	Endowment funds £		
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		4,525	-	-	4,525	5,084
Fundraising events		-	-	-	-	-
Interest and dividends		1	-	-	1	1
Grants for services		4,700	-	-	4,700	14,723
		-	-	-	-	-
Total incoming resources	S01	9,226	-	-	9,226	19,810
Resources expended (Notes 4-7)						
Programme Delivery		-	-	-	-	10,452
Wages, salaries, pensions and NI		1,250	-	-	1,250	-
Accreditation		140	-	-	140	-
Facilities Rental		4,220	-	-	4,220	-
Facilities Management		3,392	-	-	3,392	-
Research		-	-	-	-	-
Programme Development		-	-	-	-	3,500
Marketing materials & printing		-	-	-	-	-
Administration		2,913	-	-	2,913	5,542
Travel & Accommodation		-	-	-	-	-
Bank charges and interest		6	-	-	6	6
		-	-	-	-	-
Total resources expended	S02	11,921	-	-	11,921	19,500
Net incoming/(outgoing) resources before transfers	S03	- 2,695	-	-	- 2,695	310
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	- 2,695	-	-	- 2,695	310
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	- 2,695	-	-	- 2,695	310
Total funds brought forward	S09	5,287	-	-	5,287	17,052
Total funds carried forward	S10	2,592	-	-	2,592	5,287

Section B

Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	2,592	5,287
Total current assets	B09	2,592	5,287
Creditors: amounts falling due within one year (Note 11)	B10	-	341
Net current assets/(liabilities)	B11	2,592	4,946
Total assets less current liabilities	B12	2,592	4,946
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	2,592	4,946
Funds of the Charity			
Unrestricted funds	B16	2,592	4,948
Designated funds	B17	-	-
Total unrestricted funds		2,592	4,948
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	2,592	4,948

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval
	31 AUG 23

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C Notes to the accounts (cont)

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: { the charity becomes entitled to the resources; { the trustees are virtually certain they will receive the resources; and { the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Volunteer help	This is included in the accounts when receivable.
Investment income	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.
Investment gains and losses	

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM THOSE
ABOVE**

None

- 3. NA
- 4. NA
- 5. NA

Section C **Notes to the accounts** **(cont)**

Note 6 **Paid employees**
Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	1,250	-
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	1,250	-

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work	-	-
	-	-
	-	-
Total	-	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

- 7. NA
- 8. NA
- 9. NA

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	-	-	-	-
Total	-	-	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Loans and overdrafts	-	-	-	-
Trade creditors	-	341	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	-	-	-	-
Total	-	341	-	-

11.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEEL (Emma Meyer's business; partner of Trustee Robin Evans)		-	9,882
Total		-	9,882

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties			-	-
Due from trustees and related parties			-	-
Total			-	-

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.

THE DARE TO LIVE TRUST

England & Wales - Charity number 1157442

Accounts



Dare to Live Report 2021

Objectives of Dare to Live Trust

The Dare to Live Trust aims to improve wellbeing and ease challenges that servicemen and women experience as they transition into civilian life. It also aims to support families of veterans, and young adults who may experience challenges as they transition into adult life.

These aims are met by delivering one to three-day programmes using a combination of theory, classroom exercises and outdoor experiential activities with the horses, overseen by a team of highly qualified facilitators.

Overview of 2021

New People – New Energy – New Directions

After the challenges of 2020 and the pandemic, Sun spent time connecting with people to re-think the future of Dare to Live and what we could offer. Mary Joy Johnson was invited to become a co-director of a series of new programmes 'For Those That Care' in response to Covid-19 SARS virus impact on the health sector aimed primarily at all social and health care workers, volunteers and carers of those most affected by lockdown.

During this development of ideas, Mary Joy was given notice of her equine site, and she and Sun decided to share resources and join their herds together to form a new herd – it is proposed that this becomes the 'The Dare to Live Herd'.

New Equine Site: Tyes Cross Farm RH19 5HS

The Trust has, to date, utilised the private land and premises of Sun Tui & Robin Evans. With their move from Hale Court Farm an alternative home for the horses was sought. A connection was made with a local land owner, Tony Grubb, who hosts a school for children with autism, also a charity. He was inspired by the work of the charity and discussions were held regarding the possibility of renting some land from him.

In March 2021 Sun's 4 horses, along with 7 horses owned by Mary Joy Johnson, moved to 21.59 acres of grazing land and 4 acres of woodland at Tyes Cross Farm, Sharpthorne, with the promise of a 5-year renewable lease minimum tenancy 10 years so that Dare to Live could develop the site under a Farm Business Tenancy (FBT).

For the lease agreement to qualify as a FBT, planning permission would have been required from Mid Sussex District Council (MSDC) to convert the classification of the land from simple grazing to farm business, to allow for siting of a container and trackway which we needed to build out of [Mudcontrol Mats](#) due to difficult access of the site in winter.

[Mudcontrol Mats](#) – the supplier ran a charity discount special offer of 10sqm free if we buy 28sqm at discount price of £8,328 saving over £2K. IFEELQ has purchased them on behalf of D2L as the offer closed 12th September 2021 which was inadequate time to put the full proposal together for Trustees as the discussions with the landowner progressed. The idea was to use



- £2k out of funds donated over the last 3years
- £6.3k from targeted fund raising

Applications to secure planning permission on the land to convert to a Farm Business Tenancy (FBT) and to build facilities are looked at more favourably by planners where they are submitted by charities and the benefitting community is wider than that of a single business. The security of tenure that an FBT provides combined with the charitable status also opens up more funding opportunities. This looked like a good fit and mutual opportunity for both Tony Grubb the landlord, as well the future security of Dare to Live.

Dare to Live Research Project

Covid has impacted plans on all D2L research projects which are currently on hold, as all supporting research staff are time restricted due working long hours to adapt their university courses to meet the student's education and exam needs.

Dare to Live Veterans Wales – Armed Forces Covenant Trust Fund £35K

Equus Ferus based in Wales, were awarded £35K by the Armed Forces Covenant Trust to deliver a 3-day Dare to Live Forces in Transition programme, 3 x 1-day partners programmes and 6 x 2-hour online follow on support sessions for 9 veterans and their key supporter (family or friend). This programme will start January 2021 and finish December 2021.

The 3-day programme for 9 veterans, the 3 x 1-day programmes for veteran's and their partners and the 6 x 2-hour online follow up support programmes have all been successfully delivered. Sun is currently writing up the service evaluation and a series of case studies for the Armed Forces Covenant Trust and these will be used as part of the IFEEL Method research.

Dare to Live Veteran Programmes – New Site

Sun has been contacted by Peter Mosse from [The Association of ex-Service Drop-In Centres \(ASDIC\)](#) who has offered support with funding for future Dare to Live projects when the new site is ready.

Dorinda Wolfe-Murray from [First Light Trust](#), has allocated funds for future Dare to Live programmes when the new site is ready. Sun already works as a clinical consultant for First Light Trust and has treated several veterans since 2018.

Dare to Live has been invited to apply for further Armed Forces Covenant Trust grants when the new site is ready.

2021 Funding

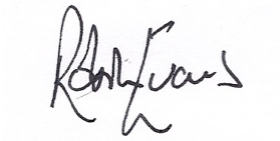
1. The Trust received £14,723 grant funding toward completed programme delivery.
2. Legal & General continued to include Dare to Live in their 'Pennies from Heaven' donation scheme, whereby employees donate the penny amounts from their pay cheques. In 2020 this amounted to £2,020 and £1,626 ytd in 2021.

3. Benenden School CCF raised £2,200.
4. Minor funding came in through personal and organisation donations amounting to £506.

Dare to Live Trust Developments for 2022

1. Mary Joy has started Fundraising for £8,500 for [Mudcontrol Mats on Go Fund Me](#)
2. We intend to apply for the £50K National Lottery Facilities grant once lease has been agreed.
3. We have started a number of Sussex grant fund applications for new 'For Those That Care' programmes offer programmes for referral pathways from Adoption Southeast Region which covers East & West Sussex, Kent and Surrey, Sussex NHS staff and Sussex Police:
Ashworth Charitable Trust 3K
Chapman Charitable Trust 2K
East Grinstead Memorial Fund 5K
Sussex Community Foundation £10K
4. A [Best of British](#) funder raiser event at Goodwood has been secured for October 2022 where it is hoped to raise £3K.
5. The completion of Dare to Live Wales service evaluation to add to the overall research data that Sun is collating and in continued discussion with Hartpury write up as a peer re-viewed paper.

Signed on behalf of the Trustees



Robin Evans, Trustee



Summary of 2021 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2021

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2021, which are set out on pages 1 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

Name:

Relevant professional qualification or body:

Address:

Date:



Peter Morris

Actuary

16 Michael Fields, Forest Row, East Sussex

RH118 5BH

4 October 2022

4/10/2022



The Dare to Live Trust		Charity No.	1157442	CC39a
Annual accounts for the period				
Period start date	01-Jan-21	To	Period end date	

Section A Statement of financial activities

Descriptions by natural category	Note	Restricted			Total this year	Total last year
		Unrestricted funds	income funds	Endowment funds		
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		5,084	-	-	5,084	2,452
Fundraising events		-	-	-	-	-
Interest and dividends		4	-	-	4	1
Grants for services		14,723	-	-	14,723	-
		-	-	-	-	-
Total incoming resources	S01	19,810	-	-	19,810	2,452
Resources expended (Notes 4-7)						
Programme Delivery		10,452	-	-	10,452	-
Wages, salaries, pensions and NI		-	-	-	-	-
Cost of fundraising events		-	-	-	-	-
Accreditation		-	-	-	-	-
Legal and professional fees		-	-	-	-	-
Research		-	-	-	-	-
Programme Development		3,500	-	-	3,500	-
Marketing materials & printing		-	-	-	-	-
Administration		5,542	-	-	5,542	613
Travel & Accommodation		-	-	-	-	-
Bank charges and interest		6	-	-	6	3
		-	-	-	-	-
Total resources expended	S02	19,500	-	-	19,500	616
Net incoming/(outgoing) resources before transfers	S03	310	-	-	310	1,836
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	310	-	-	310	1,836
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	310	-	-	310	1,836
Total funds brought forward	S09	4,636	-	-	4,636	17,052
Total funds carried forward	S10	4,946	-	-	4,946	4,946

Section B Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	5,287	4,636
Total current assets	B09	5,287	4,636
Creditors: amounts falling due within one year (Note 11)	B10	341	-
Net current assets/(liabilities)	B11	4,946	4,636
Total assets less current liabilities	B12	4,946	4,636
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	4,946	4,636
Funds of the Charity			
Unrestricted funds	B16	4,946	4,636
Designated funds	B17	-	-
Total unrestricted funds		4,946	4,636
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	4,946	4,636

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C	Notes to the accounts	(cont)
-----------	-----------------------	--------

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> < the charity becomes entitled to the resources; < the trustees are virtually certain they will receive the resources; and < the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Volunteer help	This is included in the accounts when receivable.
Investment income	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM THOSE
ABOVE**

None

- 3. NA
- 4. NA
- 5. NA

Section C **Notes to the accounts** **(cont)**

Note 6 **Paid employees**

Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	-	-
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	-	-

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work	-	-
	-	-
	-	-
Total	-	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

- 7. NA
- 8. NA
- 9. NA

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	-	-	-	-
Total	-	-	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

Analysis of creditors	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Loans and overdrafts	-	-	-	-
Trade creditors	341	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	-	-	-	-
Total	341	-	-	-

11.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEEL (Emma Meyer's business; partner of Trustee Robin Evans)		9,882	-
Total		9,882	-

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties			-	-
Due from trustees and related parties			-	-
Total			-	-

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.

THE DARE TO LIVE TRUST

England & Wales - Charity number 1157442

Accounts



Dare to Live Report 2020

Objectives of Dare to Live Trust

The Dare to Live Trust aims to improve wellbeing and ease challenges that servicemen and women experience as they transition into civilian life. It also aims to support families of veterans, and young adults who may experience challenges as they transition into adult life.

These aims are met by delivering one to three-day programmes using a combination of theory, classroom exercises and outdoor experiential activities with the horses, overseen by a team of highly qualified facilitators, based at Hale Court Farm, Sussex.

Overview of 2020

CV-19 put all D2L projects on hold for 2020 and the charity was unable to offer any onsite programmes. Additionally, Robin and Sun's tenancy at Hale Court Farm was unexpectedly terminated, and so the charity had to suspend all further activities until a suitable site was found. This proved extremely difficult. September 2020, a site was sourced for Dare to Live at Bolebrook Farm, Hartfield and the horses and all equipment were moved (cost covered personally by Sun), but it quickly transpired that the owners were not flexible to accommodate the needs of the herd or indeed a charity and we were given notice to leave asap in 2021. Additionally, on top of lock down, the house move and the equine site move Robin was diagnosed with cancer in December 2020, and the decision was taken to put all D2L projects on hold until a new equine site was found.

Dare to Live Research Project

2019 focused on securing universities to support the data analysis and to write up the service evaluation. Dr Jane Williams from Hartpury University, Professor Mark Shevlin and Dr Karen Kirby of Ulster University have all volunteered to do the service evaluation and have committed to support me to write up a paper for publishing in the European Journal of Psychotraumatology. All three have also committed to support an RCT; Professor Mark Shevlin stated he has some funding from the Armed Forces Covenant he could allocate, and Dr Jane Williams has stated that Hartpury will also be able to offer funding for a RCT along with neurobiological monitoring equipment for both horses and humans, to be supplied from Kings University.

Mark Shevlin is a professor of psychology at Ulster University (Magee) and an Honorary Professor of Psychological Research Methods and Statistics at the Southern University of Denmark.



Dr Karen Kirby (PhD, MSc, BSc, C.Psychol, AfBPS, SFHEA) has been employed by Ulster University as Lecturer of Counselling Psychology since 2004.

Dr Williams, a qualified veterinary nurse, is a trustee and treasurer for the International Society of Equitation Science. Her main areas of professional interest include scientific evaluation of equestrian performance and training, rider impacts on equitation, and reliability assessment across equestrian science and veterinary physiotherapy

No veteran programmes were delivered in 2020 and the progression of research projects were put on hold.

Sun had discussions with Dr Jane Williams from Hartpury University as to next steps in the RCT and writing an academic paper, but as all universities were experiencing significant stress on resources and it was agreed to postpone all further work until 2021.

The International Society for Anthrozoology (ISAZ) conference April 2020 was delayed until July 2020 and a pre-recorded presentation was delivered by Dr Jane Williams. This presentation was a summary of the outcomes from the Dare to Live qualitative and quantitative data collection for 45/59 participants data that was collated from 2017 - 2018 seven x three-day Forces in Transition military personal and veterans' programmes funded by the £50K from the National Lottery.

ISAZ promotes academic, scientific, and scholarly research into all aspects of human-animal interactions (HAI) and fosters interaction between researchers in this area on an international basis (Bradshaw, 1991; Friedmann, 1991).

Update on Hackney Youth Project EQUIB

Despite several emails sent by Mary Joy Johnson, no response was had from EQUIB.

Dare to Live Wales – Armed Forces Covenant Trust Fund £35K

Equus Ferus based in Wales were awarded £35K by the Armed Forces Covenant Trust to deliver a 3-day Dare to Live Forces in Transition programme, 3 x 1-day partners programmes and 6 x 2-hour online follow-on support sessions for 9 veterans and their key supporter (family or friend). This programme will start January 2021 and finish December 2021.


2020 Funding

1. Legal & General continued to include Dare to Live in their 'Pennies from Heaven' donation scheme, whereby employees donate the penny amounts from their pay cheques. In 2020 this amounted to £2,020.
2. A single donation of £430 was received.

Dare to Live Trust Developments for 2021

1. Finding new Equine site for Dare to Live Trust and locating funding.
2. Further funding is being discussed with Hartpury and Ulster Universities to continue the research programme.
3. Discussions to run Dare to Live Programmes in Germany and Northern Ireland are still in progress but have been put on hold due to CV-19 travel restrictions.
4. Continuation of service evaluation and peer reviewed research paper.

Signed on behalf of the Trustees



Robin Evans, Trustee



Summary of 2020 Financial Information and
Statement of Financial Activities and Balance Sheet
prepared using the Charity Commission cc39a template for

The Dare to Live Trust

Registered Charity No. 1157442

31st December 2020

Independent examiner's report to the trustees of The Dare to Live Trust

I report on the accounts of the Trust for the year ended 31 December 2020, which are set out on pages 1 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

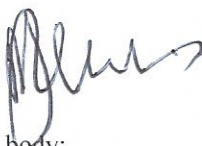
Signed

Name:

Relevant professional qualification or body:

Address:

Date:



Peter Morris

Actuary

16 Michael Fields, Forest Row, East Sussex
RH18 5BH

13 October 2021



The Dare to Live Trust		Charity No.	1157442	CC39a
Annual accounts for the period				
Period start date	01-Jan-20	To	Period end date	

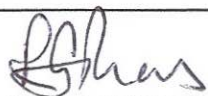
Section A Statement of financial activities

Descriptions by natural category	Note	Restricted			Total this year	Total last year
		Unrestricted funds	income funds	Endowment funds		
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Donations, legacies and Grants		2,451	-	-	2,451	3,811
Fundraising events		-	-	-	-	-
Interest and dividends		1	-	-	1	2
Grants for services		-	-	-	-	7,500
		-	-	-	-	-
Total incoming resources	S01	2,452	-	-	2,452	11,312
Resources expended (Notes 4-7)						
Programme Delivery		-	-	-	-	5,445
Wages, salaries, pensions and NI		-	-	-	-	-
Cost of fundraising events		-	-	-	-	-
Accreditation		-	-	-	-	-
Legal and professional fees		-	-	-	-	-
Research		-	-	-	-	2,000
Programme Development		-	-	-	-	1,500
Marketing materials & printing		-	-	-	-	-
Administration		613	-	-	613	832
Travel & Accommodation		-	-	-	-	452
Bank charges and interest		3	-	-	3	4
		-	-	-	-	-
Total resources expended	S02	616	-	-	616	10,233
Net incoming/(outgoing) resources before transfers	S03	1,836	-	-	1,836	1,079
Gross transfers between funds	S04	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	1,836	-	-	1,836	1,079
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	1,500	-	-	1,500
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	336	-	-	336	1,079
Total funds brought forward	S09	4,300	-	-	4,300	17,052
Total funds carried forward	S10	4,636	-	-	4,636	4,300

Section B Balance sheet

	Note	Total this year £ F01	Total last year £ F02
Fixed assets			
Tangible assets (Note 8)	B01	-	-
	B02	-	-
Investments (Note 9)	B03	-	-
Total fixed assets	B04	-	-
Current assets			
Stock and work in progress	B05	-	-
Debtors (Note 10)	B06	-	-
(Short term) investments	B07	-	-
Cash at bank and in hand	B08	4,636	4,300
Total current assets	B09	4,636	4,300
Creditors: amounts falling due within one year (Note 11)	B10	-	1,500
Net current assets/(liabilities)	B11	4,636	2,800
Total assets less current liabilities	B12	4,636	2,800
Creditors: amounts falling due after one year (Note 11)	B13	-	-
Provisions for liabilities and charges	B14	-	-
Net assets	B15	4,636	2,800
Funds of the Charity			
Unrestricted funds	B16	4,636	3,220
Designated funds	B17	-	-
Total unrestricted funds		4,636	3,220
Restricted income funds (Note 12)	B18	-	-
Endowment funds (Note 12)	B19	-	-
Total funds	B20	4,636	3,220

Signed by one or two trustees on behalf of all the trustees

Signature	Date of approval
	11 OCT 21

Notes to the pro-forma accounts where relevant entries have been made:

1.1 Basis of Preparation

These accounts have been prepared on the basis of historic cost (except where investments are shown at market value) in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005) and with Financial Reporting Standards for Smaller Enterprises (FRSSE).

1.2 Change in basis of accounting

This is the first year for which accounts have been produced.

1.3 Changes to previous accounts

This is the first year for which accounts have been produced.

Section C Notes to the accounts (cont)

Note 2 Accounting policies

This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.

INCOMING RESOURCES

Recognition of incoming resources	These are included in the Statement of Financial Activities (SoFA) when: { the charity becomes entitled to the resources; { the trustees are virtually certain they will receive the resources; and { the monetary value can be measured with sufficient reliability.
Incoming resources with related expenditure	Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.
Grants and donations	Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.
Tax reclaims on donations and gifts	Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.
Contractual income and performance related grants	This is only included in the SoFA once the related goods or services have been delivered.
Gifts in kind	Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.
Donated services and facilities	These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received. The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Volunteer help	This is included in the accounts when receivable.
Investment income	This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.
Investment gains and losses	

EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.
Investments	Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.
Stocks and work in progress	These are valued at the lower of cost or market value.

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

None

- 3. NA
- 4. NA
- 5. NA

Section C **Notes to the accounts** **(cont)**

Note 6 **Paid employees**
Please complete this note if the charity has any employees.

6.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	-	-
Employer's National Insurance costs	-	-
Pension costs	-	-
Total staff costs	-	-

6.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work	-	-
	-	-
	-	-
Total	-	-

6.3 Defined contribution pension scheme

Please complete if a defined contribution pension scheme is operated.

Brief details of the scheme

None

	This year £	Last year £
The costs of the scheme to the charity for the year		
The amount of any contributions outstanding at the year end		
The amount of any contributions prepaid at the year end		

- 7. NA
- 8. NA
- 9. NA

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

Analysis of debtors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Trade debtors	-	-	-	-
Amounts due from subsidiary and associated undertakings	-	-	-	-
Other debtors	-	-	-	-
Prepayments and accrued income	-	-	-	-
Total	-	-	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Loans and overdrafts	-	1,500	-	-
Trade creditors	-	-	-	-
Amounts due to subsidiary and associated undertakings	-	-	-	-
Other creditors	-	-	-	-
Accruals and deferred income	-	-	-	-
Total	-	1,500	-	-

11.2 Security over assets

If any loan, overdraft or other creditor holds a charge or other security over any assets of the charity please provide details.

None

12. NA

Note 13 Transactions with related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in note 5) details of such transactions should be provided in this note. If there are no transactions to report, please enter "None" in the relevant boxes.

13.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or related party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
IFEAL (Emma Meyer's business; partner of Trustee Robin Evans)		-	7,534
Total		-	7,534

13.2 Loans

Please give details of and amounts owing to or from the charity's trustees or other related parties by the charity at the year end.

	Name of trustee or related party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties	IFEALQualifications Ltd (owned by Emma Meyer)	Founding document	-	1,500
Due from trustees and related parties			-	
Total			-	1,500

13.3 Other transaction(s) with trustees or related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a trustee or related party has a material interest.

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
Total			-	-

14. NA

END.