

STROKE CLUB UK

England & Wales · Charity number 1157370

Details

Status Registered

Legal form CIO

Registered 2014-06-09

Register [View on the Charity Commission register](#)

Contact

Address Blossom Cottage
Chapel Street
Swinford
Lutterworth
LE17 6AZ

Phone 01788860234

Email billstammers@btinternet.com

Website www.strokeclubuk.org

Activities

Objects: THE RELIEF OF PERSONS WHO HAVE SUFFERED A STROKE AND THEIR FAMILIES AND CARERS IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF SUPPORT,ADVICE AND RECREATIONAL ACTIVITIES PROVIDED IN THE INTERESTS OF SOCIAL WELFARE IN ORDER THAT THEIR CONDITION OF LIFE MAY BE IMPROVED

Activities: Stroke Club UK is a support group run by stroke survivors, for stroke survivors, who are young at heart and want to move on with their lives. We are dedicated to getting stroke victims, active and back into the community by using peer support from people who understand because they've been there. 'Empathy' not 'tea and sympathy'. We do not offer medical, legal or financial advice.

Classification

- **How:** Makes Grants To Individuals, Provides Human Resources, Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Recreation, Other Charitable Purposes
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

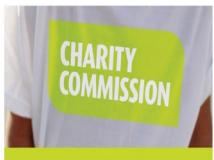
Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-22	-	-	-	-
2024-07-22	-	-	-	-
2023-07-22	-	-	-	-
2022-07-22	-	-	-	-
2021-07-22	£2,304	£1,708	-	-
2020-07-22	£2,681	£1,410	-	-
2019-07-22	£3,898	£2,217	-	-
2018-07-22	£6,049	£1,826	-	-
2017-07-22	£4,566	£2,514	-	-

Trustees

Name	Role	Appointed
BRENDAN KEHOE	Chair	2014-06-09
Ben Mayo		2017-11-05
Cliff Harding		2017-11-05
Jackie Forman		2017-11-05
LISA MAYO BSC		2017-11-05
Nigel James		2017-11-05
Wendy Leighton		2017-11-05
Will Stammers		2014-10-13
William Stammers		2014-08-05

Accounts



Trustees' Annual Report for the period

		Period start date				Period end date	
From	23	July	2020	To	22	July	2021

Section A Reference and administration details

Charity name

Stroke Club UK

Other names charity is known by

n/a

Registered charity number (if any)

1157370

Charity's principal address

28 Sellwood Road

ABINGDON

Postcode

OX14 1PE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	W R Stammers	Chair/Treasurer		
2	W R J Stammers			
3	W Leighton			
4	B Mayo			
5	L Mayo			
6	W Cowley			
7	N James			
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by members

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

A support group for stroke survivors run by stroke survivors their families and friends

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Weekly meetings are held in pubs, and open to all, social functions and outings are held on a regular basis, with all members, survivors families and friends involved in all functions and fund raising.

The Trustees had regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Meetings are held weekly, alternating between Abingdon and Didcot, in local pubs, so there is no cost to the Charity for rooms or meeting places. The meetings are open to all, with no fixed agenda, just a social event at lunchtime and are invariably well attended.. We are well supported by the local press and television particularly when supported with donations from local businesses.

With no costs for meeting rooms general fundraising alleviates the need for subscriptions and provides sufficient funds for outings and social events during the year. Specific fundraising events have added funds towards the purchase of an adapted minibus.

Meetings enable members to exchange views, experiences and advice with the occasional help of staff from Oxfordshire Carers and other relevant professionals, who help maintain close contact with local and central government and NHS services.

Section E

Financial review

Brief statement of the charity's policy on reserves

The funds currently being raised to fund an adapted minibus are currently held in reserve

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	William Roger Stammers	Wendy Leighton
Position (eg Secretary, Chair, etc)	Treasurer	Trustee
Date	21/5/2022	

Stroke Club UK

Charity Registration Number 1157370

Income and Expenditure

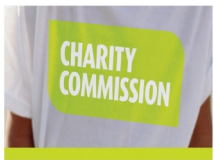
Year 23 July 2020 to 22 July 2021

2020	2021
<u>15622</u>	<u>16893.19</u>
	Income
1389	Collecting tins 0.00
1200	Donations and Grants 2211.75
68	On line donations 90.26
0	HMRC Gift aid 0.00
0	Raffles 0.00
0	Events 0.00
23	Interest on savings a/c 1.90
<u>2680</u>	income 2303.91
	Expenditure
0	Motor and travel expenses 0.00
197	IT costs 211.36
714	Events 1000.00
0	General fund raising 0.00
202	Insurance 0.00
296	Miscellaneous 496.40
<u>1409</u>	expenditure 1707.76
<u>1271</u>	excess income/expenditure 596.15
<u>16893</u>	balance c/f at bank 17489.34
	Represented by
7428	Barclays community Account 10925.88
6513	Barclays Savings Account 6563.46
<u>13941</u>	17489.34

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Accounts



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(eg. appointed by, elected by)

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Stroke Club UK

Charity Registration Number 1157370

Income and Expenditure

Year 23 July 2019 22 July 2020

2019	2020
<u>13941</u>	<u>15622.45</u>
	Income
1444	Collecting tins 1389.00
1544	Donations and Grants 1200.00
45	On line donations 68.56
0	HMRC Gift aid 0.00
604	Raffles 0.00
236	Events 0.00
25	Interest on savings a/c 23.02
<u>3898</u>	income 2680.58
	Expenditure
0	Motor and travel expenses 0.00
169	IT costs 197.39
1896	Events 714.45
40	General fund raising 0.00
112	Insurance 201.60
0	Miscellaneous 296.40
<u>2217</u>	expenditure 1409.84
<u>1681</u>	excess income/expenditure 1270.74
<u>15622</u>	balance c/f at bank 16893.19
	Represented by
7428	Barclays community Account 10331.63
6513	Barclays Savings Account 6561.56
<u>13941</u>	<u>16893.19</u>