

Somewhere House (Somerset) LTD
REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 March 2022

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Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered company number
07709335 (England and Wales)

Registered charity number
1157281

Registered office
68 Berrow Road
Burnham-On-Sea
Somerset
TA8 2EZ

Trustees & Directors
Angela Clarke
Robert Jones
Michael Turner

Company Secretary
Victoria Simmons

Independent examiner
Ben Potter CA
BJP Finance Limited
Chartered Accountants
34 Market Street
Bradford on Avon
BA15 1LL

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by the governing document, the memorandum and articles of association of the company incorporated 18 July 2011, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Appointment of trustees

Trustees are appointed in accordance with the governing document, the memorandum and articles of association of the company.

Report of the Trustees for the Year Ended 31 March 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

Somewhere House Somerset Ltd offers the local community in Sedgemoor:

- Low cost professional counselling
- Community projects
- Support
- Groups
- Help and advice
- Educational workshops
- Family / relationship therapy
- Covid-19 Support

Our aim is to help people in the local community who are finding life difficult including:

- Substance misuse e.g. cannabis
- Alcohol abuse
- Addiction
- Mental health issues e.g. depression, anxiety
- Bereavement & loss
- Parenting difficulties
- Relationship problems
- Emotional issues
- Issues surrounding the Covid-19 pandemic.

Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

ACHIEVEMENT AND PERFORMANCE

Services

Counselling

Many of our contractors who commit to counselling for the charity, have been known to us for many years and have built a reputation within the organisation and now with clients in the community. In the last year alone we have now accumulated over 13000 hours of contact with children, parents, couples and adults who are in vulnerable situations with their mental health.

Our numbers continue to increase on a weekly basis for two reasons: Firstly because of the ease of access to the service and the model of 'pay what you can afford' and secondly because this financial year has continued to be dominated by the effects of the Covid-19 pandemic, which has shocked the world and left many feeling isolated, lonely and adversely affected by their mental health. The feedback we have received from clients has been overwhelmingly positive. The team moved quickly to create a secure online platform to allow us to continue to see vulnerable clients. As we move forward, we continue to safely see more clients face to face.

We are most proud of the diversity in the work we do, helping people through many mental health concerns such as physical, sexual and mental abuse, trauma, addiction, PTSD, domestic violence, eating disorders, suicide ideation to name a few. Covid-19 has continued to dominate many lives over the last year and has highlighted sadly, many of these issues identified.

Our referrals have increased significantly and continue to do so, which highlights the demand and need for the type of service we offer. It also demonstrates how our counsellors have adopted a strong working alliance with

Report of the Trustees for the Year Ended 31 March 2022

their clients. In this financial year, due to the continued increase in referrals, we sought to recruit 2 more counsellors to our team, taking the total to 11 with the option for 3 more subject to need. One of our old counsellors has returned being able to slot in due to the work being instigated remotely.

Education workshops

Whilst we have been unable to conduct these due to Covid-19 restrictions, we have still maintained healthy relationships with local schools in our community and have upcoming bookings for talks and educational workshops.

Community projects

We have continued to run a football league (whilst allowed to do so in line with Covid-19 government guidance) that has helped to build relationships, bring in some fun and social inclusion to those who have not experienced this. The football team and the work it does, was recognised by Comic Relief and featured on BBC Points West. Our player/manager is a trained counsellor and on hand to create a supportive environment. Our coffee and chats have restarted face to face – these have proven as popular as ever and take place on the last Saturday of the month at Burnham on Sea Methodist Church with an additional one booked to start in April 2022 in Cheddar.

Operations & Marketing

Counselling Space

We continue to have our portacabin, which after a period of hiring, was actually donated to the charity by Portakabin. This also gives us a dedicated location and space that we can make our own. Even during the pandemic and beyond, this has been a useful resource for counsellors to work from, breaking the monotony of working from home environment and ensuring confidentiality boundaries are maintained. The environment has been and continues to follow our boundaries of PPE as well as a high standard of hygiene. This keeps our counsellors doing face to face work, and the clients they see, safe. The portacabin is permanently located at the local Tesco's in Burnham-on-Sea. A wonderful relationship has developed with Tesco's and a result of this is that they have allowed us to place the portakabin in the car park free of charge. Tesco's continue to be supportive of Somewhere House Somerset of which we are very grateful and we are aware those we support are too.

Updated website and internet access

Our website continues to have changes made to it to enable clients easy access and availability to refer themselves to the organisation. We have also increased our awareness on social media to ensure we are reaching out to a diverse community. A new online video conferencing platform was built during the pandemic, integrated into our paperless system which again has supported us to continue the work we do with clients. This has ensured a safe reliable option which allows those who can access the internet to do so through the system as well as zoom calls, telephone calls. We have increased our use of the mobile phone to allow for other forms of texting even though our system allows for texting.

All counsellors have been given an iPad to allow for dedicated access and help for telecom bills if needed. This has all allowed our service to be seamless extending our support to those in the whole community as well as keeping all parties safe.

Fundraising committee

We now have a fund raising committee who carry out activities on a monthly basis and organise community based events on a regular basis. Whilst community events have been restricted this past year, there have been a number of fundraising ideas and funds generated through the kindness of the local community and we are hoping as everyone is, for more normality this coming year.

Report of the Trustees for the Year Ended 31 March 2022

Our Christmas jumper activity has carried on and donations for cakes and buying of them has evolved to allow own cake sales and small donations.

We have received donations from those we have supported as well as their family and friends. Included amongst these are some runners who ran and raised for the charity, one of them completing the virtual London Marathon and one of our younger clients who shaved his hair off, again to raise money for the charity.

We have been auctioning donated items via ebay which has helped with funds for the organisation and our charity clothes bank has not only helped a little with the finances but also helped clothe those who are disadvantaged. We also have received amazing support from people who use amazon to purchase goods. The Amazon Smile programme donates a percentage of each purchase to the charity.

Our donations have been in excess of £11,500 this financial year, with many individual supporters giving what they can afford towards the cost of their counselling, people who receive no support from us but still pledge monies.

Grant committee

We continue to meet once a month to discuss and explore new sources of revenue for the charity, and applications are made for appropriate financial support for the Somewhere House Somerset. There have been some significant awards given and we have a volunteer bid writer who has joined the team and has been successful in this role. The ongoing generated funds has allowed us to open our organisation to the wider community and also have a dedicated telephone support if required.

Fundraising

We have had our ability to fundraise in public heavily restricted this year due to Covid-19. We increased our efforts in applying for grants, and have been successful in many. Once safe to do so, we plan to return with lots of fresh new ideas to bring the community together, raise awareness and support others..

Grants Awarded:

Sedgemoor District Council £2,500
Post Code Local Trust £18,990
Ground Work UK £3,080 (total)
Burnham & Highbridge Town Council £2,500
Somerset Mental Health Alliance £12,500
Magdalen Hospital Trust £2,000
The Albert Hunt Trust £3,000
Medlock Charitable Trust £5,000
Linnet Trust £10,000
Mental Health Sustainability Fund £4,080
Clark Foundation £1,000
National Lottery Community Foundation £10,000
Somerset County Council £2,500

Total Grants £77,150 (with £50,570 being restricted funds and £26,580 being unrestricted funds).

All of the restricted grants are for counselling with the exception of Albert Hunt, which is for children and young people skills work, and the mental health sustainability fund, which is for technology restriction.

Report of the Trustees for the Year Ended 31 March 2022

Management Committee and Trustees

We have had our charity meetings every month – comprising of charity trustees, counsellors and volunteers to discuss updates with the operations of the charity, highlighting of issues, achievements and potential opportunities to help drive the charity forward. These have been conducted online or in person as restrictions have allowed.

We have our annual AGM in June this year. At this point trustees and committee members will be discussed and changed as appropriate.

Volunteers

We have been so very fortunate to have volunteers who are dedicated and who have given their time freely to help out with the charity, whether this is to organise events, raise money, to attending online workshops giving them an opportunity to further their learning and development. The charity is looking to extend and expand in this department over the coming year.

Future Plans

Our plans are to continue to provide a therapeutic service for people in the community.

Group therapy

The option to run group therapy sessions is something that we can facilitate as a charity.

Reaching isolated communities

We are about to start delivering a second site for our coffee and chat mornings – this taking place in Cheddar on the first Tuesday of each month and will make us more accessible to those rural locations in and around Cheddar.

FINANCIAL REVIEW

Reserve's policy:

The trustees maintain reserves at a level they consider appropriate.

We as an organisation keep money aside as a reserve to protect our charity against drops in income. Our reserves if needed will be used on our aims of the organisation and for emergencies when needed for example if we need to pay staff and the funds currently available.

We try to have 6 months reserve in place for our outgoings insurance, telephone, counsellors, appropriate IT and operational management costs, which are the charity's only outgoings.

As a Charity, it is our policy to keep a minimum reserve of £53,000 as this will cover our costs to keep the charity running for this period if needed.

Our charity's reserves at 31 March 2022 represent all unrestricted funds so can be spent when and if needed on a flexible basis and therefore it is down to the trustees to decide this.

Our reserves policy is reviewed on a yearly basis.

Report of the Trustees for the Year Ended 31 March 2022

Approved by order of the board of trustees on at Somewhere House Somerset and signed on its behalf by:

A. Clarke

Angie Clarke – Chair of the board of Trustees
Somewhere House Somerset

30 June 2022

Independent Examiner's Report to the Trustees

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOMEWHERE HOUSE (SOMERSET) LTD

I report to the charity trustees on my examination of the accounts of the Company for the year-ended 31 March 2022 set out on pages 8-14.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination, I confirm that no material matters have come to my attention, which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signature:.....

Ben Potter CA
BJP Finance Limited
Chartered Accountants
34 Market Street
Bradford on Avon
Wiltshire
BA15 1LL

Date: 30 June 2022

Somewhere House (Somerset) LTD

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
31 March 2022

| | Notes | 2022 Unrestricted funds £ | 2022 Restricted funds £ | 2022 Total funds £ | 2021 Total funds £ |
|--|-------|------------------------------------|----------------------------------|-----------------------------|-----------------------------|
| INCOMING RESOURCES | | | | | |
| Voluntary income | | 37,639 | 50,570 | 88,209 | 126,187 |
| Counselling & Support | | 3,480 | - | 3,480 | 41,257 |
| Other incoming resources | 2 | 6,055 | - | 6,055 | 9,424 |
| Total incoming resources | | 47,174 | 50,570 | 97,744 | 176,868 |
| RESOURCES EXPENDED | | | | | |
| Charitable activities | | | | | |
| Counselling & Support | | 57,640 | 50,570 | 108,210 | 91,458 |
| Governance costs | | 1,210 | - | 1,210 | 1,185 |
| Total resources expended | 5 | 58,850 | 50,570 | 109,420 | 92,643 |
| NET INCOME / (DEFICIT) FOR THE YEAR | | (11,676) | - | (11,676) | 84,225 |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 134,344 | - | 134,344 | 50,119 |
| TOTAL FUNDS CARRIED FORWARD | | 122,668 | - | 122,668 | 134,344 |

The notes form part of these financial statement

Somewhere House (Somerset) LTD

Balance Sheet

31 March 2022

| | Notes | 2022 Unrestricted funds £ | 2021 Total funds £ |
|--|-------|------------------------------------|-----------------------------|
| FIXED ASSESTS | | | |
| Tangible Fixed Assets | 7 | 624 | 2,431 |
| | | 624 | 2,431 |
| CURRENT ASSETS | | | |
| Stocks | | 214 | 85 |
| Debtors | 8 | - | 1,562 |
| Cash at bank and in hand | | 123,123 | 131,503 |
| | | 123,337 | 133,150 |
| CREDITORS | | | |
| Amount falling due within one year | 9 | (1,293) | (1,237) |
| NET CURRENT ASSETS / (LIABILITIES) | | 122,044 | 131,913 |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 122,668 | 134,344 |
| NET ASSETS | | 122,668 | 134,344 |
| FUNDS OF THE CHARITY | | | |
| Unrestricted funds | | 122,668 | 134,344 |
| TOTAL FUNDS | | 122,668 | 134,344 |

The notes form part of these financial statements

Balance Sheet

31 March 2022

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees and directors acknowledge their responsibilities for:

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements were approved by the Board of Trustees on 30 June 2022 and were signed on its behalf by:

.....
Angela Clarke – Director & Trustee

The notes form part of these financial statements

Notes to the Financial Statements

31 March 2022

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Incoming resources

All incoming resources are included on the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objectives of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

| | |
|-----------------------|-----------------------|
| Fixtures and fittings | -50% on straight line |
| Plant & Machinery | -10% on straight line |

2. OTHER INCOMING RESOURCES

| | 2022 | 2021 |
|------------------|-------|-------|
| | £ | £ |
| Tuck Shop Income | 2,191 | 4,802 |
| School Talks | - | 2,845 |
| Misc. income | 3,864 | 1,777 |
| | <hr/> | <hr/> |
| | 6,055 | 9,424 |
| | <hr/> | <hr/> |

Notes to the Financial Statements

31 March 2022

3. CHARITABLE ACTIVITIES COSTS

| | Direct costs | Support costs | Totals |
|-----------------------|---------------|---------------|----------------|
| | £ | £ | £ |
| Counselling & Support | <u>93,633</u> | <u>14,577</u> | <u>108,210</u> |

4. GOVERNANCE COSTS

| | 2022 | 2021 |
|---------------------------|--------------|--------------|
| | £ | £ |
| Professional fees | 550 | 540 |
| Independent examiners fee | <u>660</u> | <u>645</u> |
| | <u>1,210</u> | <u>1,185</u> |

5. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

| | 2022 | 2021 |
|---------------------------|------------|------------|
| | £ | £ |
| Independent examiners fee | <u>660</u> | <u>645</u> |

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no specific trustees' remuneration, pension contributions or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

During the year-end 31 March 2022, a Trustee and Director Mr R Jones received £2,925 (2021: £NIL) for operational services and support provided to the Charity.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Notes to the Financial Statements
31 March 2022

7. TANGIBLE FIXED ASSETS

| | Fixtures and fittings £ | Plant and Machinery £ | Totals £ |
|-----------------------|----------------------------|--------------------------|--------------|
| COST | | | |
| At 1 April 2021 | 5,058 | 902 | 5,960 |
| Additions | - | - | - |
| | <u>5,058</u> | <u>902</u> | <u>5,960</u> |
| At 31 March 2022 | 5,058 | 902 | 5,960 |
| DEPRECIATION | | | |
| At 1 April 2021 | 3,342 | 187 | 3,529 |
| Charge for year | 1,716 | 91 | 1,807 |
| | <u>5,058</u> | <u>278</u> | <u>5,336</u> |
| At 31 March 2022 | 5,058 | 278 | 5,336 |
| NET BOOK VALUE | | | |
| At 31 March 2022 | - | 624 | 624 |
| | <u>1,716</u> | <u>715</u> | <u>2,431</u> |
| At 31 March 2021 | 1,716 | 715 | 2,431 |

8. DEBTORS

| | 2022 £ | 2021 £ |
|---------------|-----------|--------------|
| Trade Debtors | - | 1,562 |
| | <u>-</u> | <u>1,562</u> |

9. CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR

| | 2022 £ | 2021 £ |
|------------------------------|--------------|--------------|
| Accruals and deferred income | 1,293 | 1,237 |
| | <u>1,293</u> | <u>1,237</u> |

Notes to the Financial Statements

31 March 2022

10. ULTIMATE CONTROLLING PARTY

The trustees consider that the charity is jointly controlled by the trustees and that there is no single ultimate controlling party.

11. TAXATION

The company is exempt from UK Corporation tax as it is a charity for tax purposes in line with paragraph 1 of schedule 6 of the Finance Act 2010 and all of its income in the year was used for its intended charitable purposes.