

HARMONY OF HOPE

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

Registered charity no. 1157277

HARMONY OF HOPE

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HARMONY OF HOPE

REFERENCE AND ADMINISTRATIVE INFORMATION

REGISTERED CHARITY NAME	Harmony of Hope
CHARITY REGISTRATION NUMBER	1157277 (registered 2013)
ADMINISTRATOR	Helena Lloyd
TRUSTEES	Helena Lloyd Marguerite Weatherseed Christopher Toyn
REGISTERED ADDRESS	Harmony of Hope, PO Box 2137, Goring by Sea, Worthing, West Sussex BN12 9DZ
BANKERS	Barclays Bank, Worthing. West Sussex
INDEPENDENT ACCOUNTANT	Roberta Thompson

HARMONY OF HOPE

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2023

The Trustees of the Harmony of Hope charity present their annual report and financial statements for the year ended 31st March 2023.

HARMONY OF HOPE was founded in 2013 to reach out to the impoverished with music therapy and donations of musical instruments. The charity works with other charitable organizations so that it can properly identify needs and work alongside existing projects.

OBJECTS

The object of the Trust is to promote for the public benefit the advancement, appreciation, understanding and education of music to disadvantaged people particularly, but not exclusively, with a view toward mitigating the effects of poverty and suffering, promoting personal and community healing and reconciliation, and providing opportunities for cross cultural exchange.

Music, when used appropriately and with care, has the power to heal by helping people to understand and rationalize emotions.

- ❖ Music has power—especially for individuals suffering from trauma.
- ❖ Music can shift mood, manage stress-induced agitation, stimulate positive interactions, facilitate cognitive function, and coordinate motor movements.
- ❖ This happens because rhythmic and other well-rehearsed responses require little to no cognitive or mental processing. They are influenced by the motor center of the brain that responds directly to auditory rhythmic cues.
- ❖ Most people associate music with important events and a wide array of emotions. The connection can be so strong that hearing a tune long after the occurrence evokes a memory of it.

RESPONSIBILITIES OF TRUSTEES

Directions relating to the charitable trust are made by the Trustees, who are responsible for the charity. Decisions on expenditure and activities are decided by the Trustees. The powers of appointment or removal of Trustees rests with the Trustees. The charity does not employ any staff. The majority of the work of the charity is run privately, without recognition, and the hours and value of that time cannot be quantified.

The Trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in December 2008.

THE YEAR: ITS OBJECTIVES AND ACHIEVEMENTS

During the year ended 31 March 2023 the main ways the charity sought to achieve its charitable purposes for the public benefit have been as follows:

Teaching, instructing and showing practical care in the community

The focus of our activities were once again with the three centers with which we have now worked for over ten years. We were able to continue with keyboard lessons and helped to source a new piano for the Al Ahlia centre in downtown Amman. This new acquisition enables all the visiting refugees to play the piano and better express themselves. It will also facilitate concerts in the future and enable a sense of well-being and achievement for those who learn at the centre.

We continued to work with a school for refugees based in Mahatta, Amman. We provided them with lessons and used equipment previously donated to enable the lessons to be enjoyed by all the children. This school works mostly with Iraqi refugees.

Impacting the next generation

The musical workshops and lessons have a large impact on the next generation. Young people are very inspired to take up music and learn their favourite songs. This then has a knock-on effect with the local community .

Practical help to the community

We continued to collect clothes, toys, kitchen equipment and bedding from different embassies to distribute to the local refugee community. This was received with huge relief especially during the colder, winter period.

Cultural Enrichment

The publication “Harmonies of Hope” has been used in a few concerts in the UK to promote the charity and raise awareness of the melodies from the refugee communities. This is now on sale at amazon.

Bringing support to disadvantaged communities

We continued to maintain a link with the schools and refugee centres in Amman working with the steady influx of refugees from Syria and Jordan.

HARMONY OF HOPE: REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2018
(continued)

PLANS FOR THE NEW YEAR

There has been some discussion about changing the format of the charity to focus more on the needs of the refugee community in the UK. This will become a priority during the next year. The key strategies for the Charity are to remain the same. The priorities are:

- To continue developing our links with charities working with refugees in order to assist our work with vulnerable communities
- To further develop links with schools in order to promote the Arabic music project and encourage sponsorship activity.
- To pursue contacts with grant making associations in order to attract more funding.

FINANCIAL REVIEW

The financial reserves of the charity were small due to the effects of Covid. We are looking at different ways to raise funds including more grant applications. The Trustees have a policy of retaining reserves sufficient for the foreseeable needs of the charity. We were unable to purchase any instruments this year.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the profit and loss of the Charity for that period. In preparing these accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make adjustments and estimates that are reasonable and prudent.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Acts. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees confirm that the accounts comply with current statutory requirements and those of the Charity's trust deed.

Approved by the Board of Trustees on:
and signed on its behalf by:

HARMONY OF HOPE

Balance Sheet as at 31st March 2023

<u>2021/22</u>	<u>Liabilities</u>	<u>2022/23</u>	<u>2021/22</u>	<u>Assets</u>	<u>2022/23</u>
£		£	£		£
				<u>Fixed Assets</u>	
-1357	Accumulated balance b/f	-1470			
-113	Profit for year	536			
-1470	Accumulated balance c/f	-934			
-1470	TOTAL RESERVES	-934	0	TOTAL FIXED ASSETS	0
	<u>Current Liabilities</u>			<u>Current Assets</u>	
0	Current Liabilities	0	530	Barclays Chq Account	1066
2000	Loan	2000	0	Current Debtors	0
530	TOTAL LIABILITIES	1066	530	TOTAL ASSETS	1066

HARMONY OF HOPE

Profit & Loss Account for the year ended 31st March 2023

<u>2021/22</u>	<u>Income</u>	<u>2022/23</u>	<u>2021/22</u>	<u>Expenditure</u>	<u>2022/23</u>
£		£	£		£
	<u>INCOME</u>			<u>START-UP COSTS</u>	
485	Donations	530	0	Website	0
	Concert Receipts	0	0	Company Registration	0
	Other Income	30	0		0
485		560		<u>MUSIC</u>	
			0	Instruments	0
			15	Sheet Music	0
				Concert costs	0
				Books	0
			0	Miscellaneous	0
			15		0
				<u>OFFICE</u>	
			0	Equipment	0
			0	Consumables	0
			0	Printing	0
			360	Post	0
			24	Telephone	24
			384		24
				<u>TRAVEL COSTS</u>	
			0	Hotels	0
			0	Flights	0
			36	Other	0
			36		0
	<u>MISC RECEIPTS</u>			<u>OTHER</u>	
0	Bank Interest	0	0	Bank charges	0
0	Other	0	0	Accommodation	0
			163	Miscellaneous	0
0		0	163		0
485	TOTAL	560	598	TOTAL	24
-113	PROFIT FOR YEAR	536			