

HARMONY OF HOPE

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Registered charity no. 1157277

HARMONY OF HOPE

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HARMONY OF HOPE

REFERENCE AND ADMINISTRATIVE INFORMATION

REGISTERED CHARITY NAME	Harmony of Hope
CHARITY REGISTRATION NUMBER	1157277 (registered 2013)
ADMINISTRATOR	Helena Lloyd
TRUSTEES	Helena Lloyd Marguerite Weatherseed Christopher Toyn
REGISTERED ADDRESS	Harmony of Hope, PO Box 2137, Goring by Sea, Worthing, West Sussex BN12 9DZ
BANKERS	Barclays Bank, Worthing. West Sussex
INDEPENDENT ACCOUNTANT	Roberta Thompson

HARMONY OF HOPE

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2022

The Trustees of the Harmony of Hope charity present their annual report and financial statements for the year ended 31st March 2022.

HARMONY OF HOPE was founded in 2013 to reach out to the impoverished with music therapy and donations of musical instruments. The charity works with other charitable organizations so that it can properly identify needs and work alongside existing projects.

OBJECTS

The object of the Trust is to promote for the public benefit the advancement, appreciation, understanding and education of music to disadvantaged people particularly, but not exclusively, with a view toward mitigating the effects of poverty and suffering, promoting personal and community healing and reconciliation, and providing opportunities for cross cultural exchange.

Music, when used appropriately and with care, has the power to heal by helping people to understand and rationalize emotions.

- ❖ Music has power—especially for individuals suffering from trauma.
- ❖ Music can shift mood, manage stress-induced agitation, stimulate positive interactions, facilitate cognitive function, and coordinate motor movements.
- ❖ This happens because rhythmic and other well-rehearsed responses require little to no cognitive or mental processing. They are influenced by the motor center of the brain that responds directly to auditory rhythmic cues.
- ❖ Most people associate music with important events and a wide array of emotions. The connection can be so strong that hearing a tune long after the occurrence evokes a memory of it.

RESPONSIBILITIES OF TRUSTEES

Directions relating to the charitable trust are made by the Trustees, who are responsible for the charity. Decisions on expenditure and activities are decided by the Trustees. The powers of appointment or removal of Trustees rests with the Trustees. The charity does not employ any staff. The majority of the work of the charity is run privately, without recognition, and the hours and value of that time cannot be quantified.

The Trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in December 2008.

ACTIVITIES

During the year we were successful with a grant application to the American Women's Association and this, together with smaller individual donations, has enabled us to achieve our annual goals, as outlined below.

THE YEAR: ITS OBJECTIVES AND ACHIEVEMENTS

During the year ended 31 March 2022 the main ways the charity sought to achieve its charitable purposes for the public benefit have been as follows:

Teaching, instructing and showing practical care in the community

Focus on training local population. We continued our partnership with Al Ahlia Centre to train their volunteers and staff. This partnership has been growing for over 3 years and we ran eight classes a week for refugees. This involved tuition for children under 9 on the keyboard: two teenage classes: three classes for Sudanese men and two for Yemeni women. These classes were very well received and a concert was given in December 2021 for the local community. This outreach work in the community is essential to our work and aims.

We continued to work with a school for around 150 refugees based in Mahatta, Amman. We taught them songs and musical games and provided training for the staff in music therapy.

Impacting the next generation

Through our partnership with Al Ahlia Centre, Amman, Jordan to provide training to young people and adults, we advised on the purchase of two new keyboards. We also started a Friday afternoon "jam" session for adult refugees from Sudan, Ethiopia, Iraq, Egypt and Eritrea. We had refreshments available and formed three different "bands" where traditional songs were shared and taught amongst the refugees.

Practical help to the community

We collected clothing from Embassy families to distribute to a centre in Marka, Amman. Around 100 bags of clothing were sorted and an open day was held for local refugees to provide clothing during the winter months. .

Cultural Enrichment

We are in the process of creating more worksheets for use in schools featuring Arabic music. The publication "Harmonies of Hope" has been used in a few concerts in the UK to promote the charity and raise awareness of the melodies from the refugee communities.

Bringing support to disadvantaged communities

We continued to maintain a link with the schools and refugee centres in Jordan working with the steady influx of refugees from Syria and Jordan. We enabled one refugee school to host an end of year concert for parents/care-givers to attend. The work with the Ahlia Centre will continue to be a big focus for the next year.

HARMONY OF HOPE: REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2018
(continued)

PLANS FOR THE NEW YEAR

The key strategies for the Charity are to remain the same. The Trustees have not set specific objectives for the coming year in quantitative terms. However, our priorities will be:

- To continue developing our links with charities working with refugees in order to assist our work with vulnerable communities
- To further develop links with schools in order to promote the Arabic music project and encourage sponsorship activity.
- To pursue contacts with grant making associations in order to attract more funding.

FINANCIAL REVIEW

The financial reserves of the charity were small due to the effects of Covid. We are looking at different ways to raise funds including more grant applications. The Trustees have a policy of retaining reserves sufficient for the foreseeable needs of the charity. Expenditure has currently only covered purchase of instruments.

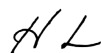
STATEMENT OF TRUSTEES' RESPONSIBILITIES

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the profit and loss of the Charity for that period. In preparing these accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make adjustments and estimates that are reasonable and prudent.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Acts. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees confirm that the accounts comply with current statutory requirements and those of the Charity's trust deed.

Approved by the Board of Trustees on:
and signed on its behalf by:



HARMONY OF HOPE

Balance Sheet as at 31st March 2022

<u>2020/21</u>	<u>Liabilities</u>	<u>2021/22</u>	<u>2020/21</u>	<u>Assets</u>	<u>2022/21</u>
£		£	£		£
				<u>Fixed Assets</u>	
-1765	Accumulated balance b/f	-1357			
408	Loss for year	-113			
-1357	Accumulated balance c/f	-1470			
-1357	TOTAL RESERVES	-1470	0	TOTAL FIXED ASSETS	0
	<u>Current Liabilities</u>			<u>Current Assets</u>	
0	Current Liabilities	0	810	Barclays Chq Account	530
3000	Loan	2000	833	Current Debtors	0
1643	TOTAL LIABILITIES	530	1643	TOTAL ASSETS	530

HARMONY OF HOPE

Profit & Loss Account for the year ended 31st March 2022

<u>2020/21</u> £	<u>Income</u>	<u>2021/22</u> £	<u>2020/21</u> £	<u>Expenditure</u>	<u>2021/22</u> £
	<u>INCOME</u>			<u>START-UP COSTS</u>	
1437	Donations	485	0	Website	0
0	Concert Receipts	0	0	Company Registration	0
0	Other Income	0	0		0
1437		485			
				<u>MUSIC</u>	
			0	Instruments	0
			25	Sheet Music	15
			0	Concert costs	0
			120	Books	0
			0	Miscellaneous	0
			145		15
				<u>OFFICE</u>	
			0	Equipment	0
			0	Consumables	0
			0	Printing	0
			353	Post	360
			0	Telephone	24
			353		384
				<u>TRAVEL COSTS</u>	
			0	Hotels	0
			16	Flights	0
			0	Other	36
			16		36
	<u>MISC RECEIPTS</u>			<u>OTHER</u>	
0	Bank Interest	0	0	Bank charges	0
0	Other	0	516	Accommodation	0
0		0	0	Miscellaneous	163
0		0	516		163
1437	TOTAL	485	1030	TOTAL	598
	LOSS FOR YEAR	-113			