

HARMONY OF HOPE

REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

Registered charity no. 1157277

HARMONY OF HOPE

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HARMONY OF HOPE

REFERENCE AND ADMINISTRATIVE INFORMATION

REGISTERED CHARITY NAME	Harmony of Hope
CHARITY REGISTRATION NUMBER	1157277 (registered 2013)
ADMINISTRATOR	Helena Lloyd
TRUSTEES	Helena Lloyd Marguerite Weatherseed (appointed March 2015) Christopher Toyn (appointed March 2013)
REGISTERED ADDRESS	Harmony of Hope, PO Box 2137, Goring by Sea, Worthing, West Sussex BN12 9DZ
BANKERS	Barclays Bank, Worthing. West Sussex
INDEPENDENT ACCOUNTANT	Roberta Thompson

HARMONY OF HOPE

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2021

The Trustees of the Harmony of Hope charity present their annual report and financial statements for the year ended 31st March 2021.

HARMONY OF HOPE was founded in 2013 to reach out to the impoverished with music therapy and donations of musical instruments. The charity works with other charitable organizations so that it can properly identify needs and work alongside existing projects.

OBJECTS

The object of the Trust is to promote for the public benefit the advancement, appreciation, understanding and education of music to disadvantaged people particularly, but not exclusively, with a view toward mitigating the effects of poverty and suffering, promoting personal and community healing and reconciliation, and providing opportunities for cross cultural exchange.

Music, when used appropriately and with care, has the power to heal by helping people to understand and rationalize emotions.

- ❖ Music has power—especially for individuals suffering from trauma.
- ❖ Music can shift mood, manage stress-induced agitation, stimulate positive interactions, facilitate cognitive function, and coordinate motor movements.
- ❖ This happens because rhythmic and other well-rehearsed responses require little to no cognitive or mental processing. They are influenced by the motor center of the brain that responds directly to auditory rhythmic cues.
- ❖ Most people associate music with important events and a wide array of emotions. The connection can be so strong that hearing a tune long after the occurrence evokes a memory of it.

RESPONSIBILITIES OF TRUSTEES

Directions relating to the charitable trust are made by the Trustees, who are responsible for the charity. Decisions on expenditure and activities are decided by the Trustees. The powers of appointment or removal of Trustees rests with the Trustees. The charity does not employ any staff. The majority of the work of the charity is run privately, without recognition, and the hours and value of that time cannot be quantified.

The Trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission in December 2008.

ACTIVITIES

During the year we were, as many charities, constrained due to the limits imposed by the Covid19. Our finances were also very limited

THE YEAR: ITS OBJECTIVES AND ACHIEVEMENTS

During the year ended 31 March 2021 the main ways the charity sought to achieve its charitable purposes for the public benefit have been as follows:

Teaching, instructing and showing practical care in the community

Focus on training local population. We were able to use local centers in Jordan to continue musical therapy sessions although these were sometimes curtailed at short notice due to local curfews and lockdowns

Impacting the next generation

We partnered with Al Ahlia Centre, Amman, Jordan to provide training to young people and adults. This training involved use of pianos with teenagers and adult refugees from Sudan, Ethiopia, Iraq, Egypt and Eritrea. This training is on-going and will continue for the next year.

Practical help to the community

From a distance we were able to organize donations of small instruments for local refugees. This work was carried out by volunteers who had been trained by the charity in former years.

Bringing support to disadvantaged communities

We continued to maintain a link with the schools and refugee centers in Jordan working with the steady influx of refugees from Syria and Jordan. We enabled one refugee school to host an end of year concert for parents/care-givers to attend. The work with the Ahlia Centre will continue to be a big focus for the next year.

Community work in the UK

We raised awareness of the issues faced by refugees through the website. The website was viewed across the world and generated interest and awareness of the issues faced by the refugees. We have continued our research work which will be shared with the Sydney de Haan Centre at Canterbury University.

HARMONY OF HOPE: REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

Music published

We were thrilled that a collection of music from the refugees was published and is now available on amazon for purchase. All proceeds from the sale will be given to the charity.

PLANS FOR THE NEW YEAR

The key strategies for the Charity are to remain the same. The Trustees have not set specific objectives for the coming year in quantitative terms. However, our priorities will be:

- To continue developing our links with charities working with refugees in order to assist our work with vulnerable communities
- To promote the sale of the book on amazon in order to raise funds for the charity
- To keep in touch with individual donors to inform them of concerts and other events by run by the charity.

FINANCIAL REVIEW

The financial reserves of the charity have been very constrained during the pandemic year although we expect the budget to significantly increase now that the lockdowns are less severe. The Trustees have a policy of retaining reserves sufficient for the foreseeable needs of the charity. Expenditure has currently only covered essential costs.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the profit and loss of the Charity for that period. In preparing these accounts, the Trustees are required to:

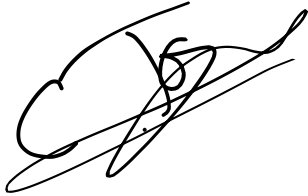
- Select suitable accounting policies and then apply them consistently.
- Make adjustments and estimates that are reasonable and prudent.
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Acts. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The Trustees confirm that the accounts comply with current statutory requirements and those of the Charity's trust deed.

Approved by the Board of Trustees on:

15th January 2022

and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'CT', with a large, sweeping flourish underneath.

Christopher Toyn

Annex 1 – Profit and Loss Account

HARMONY OF HOPE				
Profit & Loss Account for the year ended 31st March 2021				
2019/20	Income	2020/21	Expenditure	2020/21
£		£		£
	INCOME		START-UP COSTS	
3608	Donations	1437	Website	0
0	Concert Receipts	0	Company Registration	0
0	Other Income	0		0
3608		1437	MUSIC	
			Instruments	0
			Sheet Music	25
			Concert costs	0
			Books	120
			Miscellaneous	0
				145
			OFFICE	
			Equipment	0
			Consumables	0
			Printing	0
			Post	353
			Telephone	0
				353
			TRAVEL COSTS	
			Hotels	0
			Flights	16
			Other	0
				16
	MISC RECEIPTS		OTHER	
0	Bank Interest	0	Bank charges	0
0	Other	0	Accommodation	516
			Miscellaneous	0
0		0		516
3608	TOTAL	1437	TOTAL	1029
	PROFIT FOR YEAR	408		

Annex 2 – Balance Sheet

HARMONY OF HOPE					
Balance Sheet as at 31st March 2021					
2019/20	Liabilities	2020/21	2019/20	Assets	2020/21
£		£	£		£
				<u>Fixed Assets</u>	
402	Accumulated balance b/f	-1765			
-2168	Loss for year	408			
-1765	Accumulated balance c/f	-1357			
-1765	TOTAL RESERVES	-1357	0	TOTAL FIXED ASSETS	0
	<u>Current Liabilities</u>			<u>Current Assets</u>	
0	Current Liabilities	0	1235	Barclays Chq Account	810
3000	Loan	3000	0	Current Debtors (repaid July 2021)	833
1235	TOTAL LIABILITIES	1643	1235	TOTAL ASSETS	1643

