

REGISTERED CHARITY NUMBER: 1157082

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022  
FOR  
CARERS ISLE OF WIGHT**

# **CARERS ISLE OF WIGHT**

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**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Who we are**

Carers IW is a local charity supporting adult carers of adults on the Isle of Wight.

A carer is anyone who cares, unpaid, for a family member or friend who cannot manage without their support. They might look after someone with a physical disability, long term health condition, mental health issue or a problem with substance misuse.

We help carers to access support, services, education and training, and breaks from their caring role. We ensure carers on the Island have a voice in policy making and planning for services, and we work with health and social care professionals to develop best practice. Our aim is to create carer friendly communities where carers are recognised, valued and supported.

**Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

## **CARERS ISLE OF WIGHT**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Summary of 2021**

2021-2022 saw the COVID-19 pandemic continuing, for Carers IW we looked to adapt our support to meet carers needs. All areas of Carers IW remained fully operational during the 2021-2022, no staff were furloughed.

We offer unpaid carers a service at the Carers Centre and through the Carers Lounge at the St Marys Hospital and the Carers Lounge at Sevenacres the Mental Health Hospital.

We offer a range of support to carers from emotional support, dementia training and coping strategy work, respite days, quiet days, pamper days, drop ins, support groups, support for former carers, younger carers, IPAD library, Dementia Carers Café, Ring Round, Take a Break, Carers Assessments, Mental Health Support, and not forgetting our residential respite weekend offering carers time out, holistic therapies, meals and craft workshops.

During the pandemic unpaid carers were at risk of feeling isolated due to their need to shield the person they care for, and we looked at various options to offer respite using various options. One option was to increase our IPAD library and organised the connectivity of carers who did not have the ability to use the Internet as well as paid for ICT assistance. They were able to contact various carer supports, including family, and friends on a pre-set device.

Our work evidenced that carers who receive a video call are much more responsive to us, and we were able to share coping strategies that would help them manage challenging situations in a different way. They were also able to join the groups we run online; the peer support was invaluable as carers realise that they are not alone. The Ring Round volunteer support continues to be immensely important to individual carers who had limited family and friend's support.

Carers accessed various sessions including our gym session as well as the self-care café and support groups. We up-skilled staff and volunteers to work with carers in the community to access to the Internet and enable them to borrow an IPAD that they used to engage with their peers, family and Carer Support workers easily.

##### **Carers Strategy Work**

We have been working with carers in the community about what a carers strategy questionnaire should look at. We have also ensured that we worked with People Matter as they have a limited number of carers who attend their meetings. We have enabled carers to influence services in other ways too, for example through our long-established working relationship with the local authority based on the shared aim of giving carers the recognition and support they need. This has at times been challenging, particularly since the implementation of the Care Act which locally, appeared to coincide with significant budget restrictions which led to reductions in the supports that had previously been available to carers.

##### **Referrals**

We have had an increased referral rate from all sectors as the pandemic restrictions have been exceptionally difficult for carers at home.

##### **Staff & Volunteers**

The overall response of all staff and volunteers during the period of this emergency has been tremendous and are to be congratulated for their efforts. Many staff have gone over and above what could reasonably be expected of them and the genuine kindness and willingness to assist has been immensely awesome. The team have provided 7-days a week support for unpaid carers across the Island.

##### **Issues Arising from Pandemic Situation**

###### **Domestic Violence**

We have seen a rise in domestic violence towards unpaid carers since the introduction of the lockdown. We have had increased incidents of people with dementia reverting back to domestic abuse behaviours that partners have not had to experience in many years. Use of medication has been the answer for many of these carers, particularly due to the restrictions and the difficulties around people understanding the need to social distance. The Dragon Fly training staff attended has helped them support carers who find themselves in this position has been very beneficial.



## **CARERS ISLE OF WIGHT**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

#### **Health Issues**

We have had many conversations with carers who are reluctant to seek medical help for non-related health issues to Covid19. It is of concern the amount of people who are shying away from seeking help. There have been difficulties for people to get to see a GP due to the pressures on the GP practices and trying to get the population vaccinated. Those that have gone forward to ask for help after persuasion have required medical intervention.

#### **Our Services**

##### **Ring Round Support**

Our volunteer Ring Round Support Team and Trustees have all taken extra referrals to ensure more carers feel fully supported during these difficult times. The service is manned by volunteers and overseen by a Trustee and the Manager. Volunteers offer carers a regular supportive telephone call to the carer and feedback to the Team if a carer is struggling and needs more support.

##### **Carers Lounge**

The Carers Lounge offers a 24/7 safe and welcoming space for unpaid carers to unwind. During core hours it offers carers the chance to reflect on the emotional and physical impact of caring and receive some help to negotiate the hospital journey from admission to discharge. Carers are supported to communicate with the appropriate hospital staff, understand their rights, access practical support, identify training needs, engage with other relevant agencies, and apply for specialised carer benefits as appropriate. The team works with hospital colleagues to improve knowledge and understanding of the needs of carers to promote an inclusive approach when planning for patients. They also provide ongoing support to carers from the point of discharge whether the cared for is going home or to a short-term placement. All team members are providing extra emotional support to carers during this unprecedented time. The Carers Lounge team at St Marys were asked to share their good practice examples with NHS England who used it in a National Training event. They are now working with the integrated discharge team to ensure that carers are part of the decision-making process prior to discharge where possible. It has been and continues to be a difficult time as the Island is coping with a crisis in care in the community which has meant that there is a significant number of medically optimised patients awaiting placement as there are severe shortages of care packages/care placements available.

##### **Sevenacres Carers Lounge**

Carers IW have established a base for our Hospital Team Leader in Sevenacres to work with the hospital to support carers caring for someone with mental illness. The aim of this service is to improve care outcomes and more cost-effective service delivery. The presence of a dedicated carers worker in Sevenacres has already led to increased referrals from all three wards, the Home Treatment Team, and carers themselves. We established a carers support group at for these carers and are developing outreach to mental health carers in the community.

We have worked closely with ward colleagues to implement improved carer identification, offer practical and emotional support to carers and working with hospital colleagues to improve knowledge and understanding of the needs of carers to promote an inclusive approach when planning for patients. Carers are supported to communicate with the appropriate hospital staff, understand their rights, access practical support, identify training needs, engage with other relevant agencies, and apply for specialised carer benefits.

The current Hospital Team Leader in Sevenacres is funded via the Local Authority, however the Carer Support Worker is currently funded through NHS charitable funds which is due to end September 2022. If Carers IW are unable to secure funding for the carers support worker this will indeed lead to a reduction or indeed a withdrawal of the service which will obviously have significant impact on resource provision and ultimately increased pressure on statutory services.

We are looking to sustain the funding of this post beyond September 2022. The post would allow us to work more closely with carers during the patient transition between hospital and community. Often carers are identified by the Home Treatment Team who support patients after hospital stays and also in the hope of avoiding admission; support for carers can be most crucial at these times. We have earned the trust of the Sevenacres staff and are now routinely invited to patient reviews with the carer, part of three-way telephone consultations with psychiatrists and carers, one of the positive aspects is that we are and can speak openly to our carers and staff and are often able to challenge both sides to try to get the best outcome for all.



## **CARERS ISLE OF WIGHT**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

We have a good relationship with all the mental health team, wards and the Home Treatment Team; our referrals from them have increased since the development of the Carers Lounge based at Sevenacres on a full-time basis. The peer support group (staffed by us and a member of staff from Sevenacres) to carers enables carers to access information, peer support on a regular basis. This will assist carers in accessing help quickly if they notice a deterioration in the person they care for if they are able to access coping strategies or help, thus prevention of unnecessary admission to hospital.

#### **Carers Assessments**

The Care Act 2014 sets out carers' legal rights to assessment and support. It states that a carer is eligible for an assessment if they provide substantial and regular support to someone who needs care. The carer's assessment is an opportunity to discuss with the local council what support or services needed. The assessment will look at how caring affects their life, including for example, physical, mental, and emotional needs, and whether they are able or willing to carry on caring. Throughout 2021 we are increasingly receiving requests to complete carers' assessments due to the pandemic; we were able to complete these using a variety of ways including home visits if essential, telephone, video calls, office visits. We were asked to comment on the IWC updated version of the Carers Assessment, we included volunteers, staff, carers and former carers in this piece of work, and we are awaiting the outcome.

#### **Emotional Support**

Carers are offered emotional support through one-to-one sessions with our trained staff. Ideally, we look towards encouraging carers into attending other support for example the Self-Care sessions that offer a safe and therapeutic session that also promotes social interaction with peers. During the past twelve months we have had to increase our staffing to meet the need.

#### **Newport Drop in**

Our Carers Centre drop in for both carers and cared for people and offers a variety of activities from a chat and a cuppa, to learning how to use an IPAD, Kindle or enjoying a quiz. This has been attended by many carers and their cared for as they are struggling to manage in the home environment.

#### **Self- Care Café**

The Self-Care Cafes are very popular and offer carers an opportunity to learn new skills, complete their journal, learn mindfulness, enjoy a craft activity, and gain from peer support.

#### **Male Carers Social Group**

The male carer social group is run by a male carer and they meet every month on the second Tuesday of the month. Generally, the group visit a pub that offers the option of food. It is a successful group that offers a lot of peer support to each other. The group have managed to meet a few times when the local conditions were safe to do so. This group is open to both former and current carers. The group leader also offers a telephone service to the male carers who receive a supportive telephone call each month. This has been instrumental in building up relationships and trust and all the carers have requested that this continues. The members of the group are now beginning to offer peer support and buddy up with each other, offering a supportive phone call during the week.

#### **Take a Break Group**

The group has restarted for the carers only due to space at the Carers Centre. Carers in this group really benefit from the peer support offered from each other. The group is primarily run by a volunteer who has a volunteer and a member of staff available to her.

#### **Dementia Solution Focussed Strategies for Carers Group**

This group offers carers caring for someone with dementia the opportunity to bring their issues in regard to behaviours and look at how others have dealt with it and/or look at Dr Gemma Jones work in relation to Dementia Awareness Reaching Communities. We consider that this will be a useful resource that will enable carers to support each other and find a strategy that works for them as well as learning more about dementia. This popular group offers any carer who has attended the training we run a further opportunity for additional learning and to gain from peer support and/or support/strategies.

#### **Respite Weekend for Carers**

We held our respite weekend last November ensuring that we were Covid Safe as possible.

'Love being a part of carers . Very rewarding . Thank you . Hope you aren't too tired xx'

**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

'THANKYOU for organising such a lovely break for us... you're all amazing!!!! X'

'Thank you for a lovely weekend. I was so relaxed'

'I just wanted to say thank you so much to you and the 'A team' for another lovely respite weekend.'

'It was so good to be able to spend time together again enjoying the crafts, pampering and relaxation time - You and your team really do spoil us carers. The food was delicious and the pavlova I had on Saturday night was to die for....!'

### **Branching Out**

Two members of staff run a 7-week course that is specifically for bereaved carers and looks at dealing with their thoughts, feelings, grief, loss and emotions, as well as their identity, what next. This group has managed to run using online facilities as well as one to one work in the community.

### **Dementia Awareness Training for Unpaid Carers**

We have a waiting list for this training, we have managed to run some complete groups of this training this year. We work with carers caring for people with dementia and we have found that they need ongoing help. Generally, we do not close these cases as they require ongoing support. Carers asked us for help in understanding the dementia and what was happening to them, a lot of the carers would get cross with the person they cared for as they felt their actions was due to their 'awkwardness' not their dementia. We realised that carers were also disempowering the people they cared for unintentionally, for example, they stopped them doing everyday tasks and told them to sit and rest. Obviously, this led to the people with dementia displaying more behaviours as they were bored. We also noticed that many carers were reluctant to accept respite early on in their caring role and often left it until a crisis happened. Carers caring for those with dementia are undoubtedly faring the worst in the lockdown and ongoing restrictions. People with dementia do not understand the need for social distancing and we are seeing a rise in aggressive behaviours and consequently more use of sedation. We have continued to run our Dementia Training to both unpaid carers and offered some sessions to both PAs and Social Prescribers.

'The Bookcase Model really helped me understand the memory issues.'

'Speaking and getting to know other carers going through same and different elements of the disease.' (21yr carer caring for Mother with early onset.)

### **Christmas Hampers**

We gave out 15 Christmas hampers to carers we felt would benefit from a little extra care. All staff donated their gifts, we asked our staff to nominate carers who would benefit from the hamper, not necessarily financially.

"Thank you so much for the goodies! Caused much excitement in my house, believe me.

Also, thank you for everything you have done for me and Anna this year. Not sure I could cope without you all at Carers. Xxx"

"Thank you sooo so much for my gift bag!! I can't believe it, your generosity and kindness to nominate me made me well up. I appreciate it so much! Thank you again for all your help this year, I don't think I would be able to manage without your chats and support, you really do change peoples lives for the best"

### **Carer Quotes**

We are lucky that our team is quite small but very friendly and supportive. Carers IW have an amazing team of volunteers that offer their time and experience, without which, we would not offer such a good service, thank you all from Carers IW.

As a result of our intervention carers report feeling:

"To everyone at Carers Isle of Wight, thanks for all your hard work"

"Thank you so much for all your help and support"



**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

"Thanks so much for best support"

"Thank you so much for all your help earlier this year"

"Thank you all so much for the support you give through out the year and special thanks for the Totland weekend, such a lovely treat"

"Just a note to say thank you for all the support and advice over the last year. Not sure where we'd be without it"

## **FINANCIAL REVIEW**

### **Finance**

On 1st August 2020 we started a new contract with the Local Authority, this covers all our services and is for the period of 3 years plus 2 years if applicable. The aims of the IW Contract are:

- To reach out to carers that we do not know about who do not identify themselves as a care.
- Ensure that all carers are recognised, respected and given the opportunity to have their support needs assessed and met.
- To provide clear pathways for carers to the information and services available to support them.
- Run a Carers Lounge based at both Hospital and Sevenacres.
- Improve carers groups and activities aimed at supporting carers aged over 18 and over.

The accounts form part of this report and full details of the accounts of the charity are provided. Overall, the figures highlight a reasonably solid position for the charity moving forward, especially now that the funding has been agreed with the IW Council. All projects are monitored to ensure that they operate within budget and approved funding, on a full cost recovery basis whenever possible. If project funding discontinues, then projects cannot continue. The Manager provides a highlights report at quarterly Trustee meetings reporting any key financial considerations. There can be little doubt that the financial climate for Carers IW will continue to be challenging. The reason for holding unrestricted free reserves is to protect Carers IW from the impact of shortfalls in forecast income or unforeseen expenditure. In an extreme case, the reserves need to be sufficient to cease operations in such a way as to minimise disruption to users of our services, and to wind up the operation without leaving creditors, considering the costs of statutory and contractual payments to staff and the termination of existing contracts and leases.

### **Reserves Policy**

Trustees have examined the financial risks of the charity and have identified an amount within the free reserves which are those unrestricted funds not designated for specific purposes or otherwise committed and which the Trustees believe will be sufficient to maintain the unrestricted activities of the charity in the event of a reduction in future funding. The reserves that we have set aside provide financial stability and the means for the future development of supporting unpaid carers. We have included the redundancies funds in our reserves and need to be able to fund any shortfalls in income for example when there is downward pressure on cash flow or when income does not reach expected levels.

### **Office Related Expenditure**

Currently we rent our Carers Centre through CAIW at a cost of £8k pa, including access to private part of server, internet costs, lighting & heating. We pay for the whole Youth Hostel rental for the respite weekend twice a year as applicable. Telephone costs are paid via DD; staff receive telephone allowance. Sessional staff have an inclusive cost per hour to include various expenses. We employ a Finance Officer to provide bookkeeping, bank reconciliation, set up monthly management reports, preparation of accounting records before audit. To help offset the cost of the Financial Officer we do some accountancy work for People Matter a local charity who we work closely with.

## **CARERS ISLE OF WIGHT**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Legal Status & Governing Body**

Carers IW is a Charitable Incorporated Organisation a registered Charity number 1157082. Its registered office is Carers IW, Riverside Centre, The Quay, Newport, Isle of Wight, PO30 2QR. The charity is governed by its constitution

The following is an extract from our constitution:

Carers IW is an independent charity based on the Isle of Wight, supporting unpaid adult carers of adults. The objects of the CIO are

To relieve the stresses experienced by carers, over the age of 18 who have care needs, as a result of disability, illness or age within the Isle of Wight (the carer may reside in or work in or care for a person who resides within the Isle of Wight), in particular but not exclusively by:

- Providing a contact point for help for carers over the age of 18;
- Identifying carers who struggle to cope in their caring role;
- Working with other agencies and charities to develop services for carers;
- Offering carers, a break through support groups;
- Gathering and disseminating information relevant to carers issues;
- Raising awareness of and promoting the needs of carers throughout the Isle of Wight with local policy makers and service providers;
- Raising funds to achieve the above.'

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**  
1157082

**Principal address**  
The Riverside Centre  
The Quay  
Newport  
Isle of Wight  
PO30 2QR

**Trustees**  
Sue Bennett - Chair of Trustees  
Wendy Holleyman - Deputy Chair of Trustees  
Barry Jackman  
Hugh Harrison  
Maurice Dix  
Catherine Hands

The board meets at least four times a year and the formal management of the charity is delegated to Elizabeth Martin, Service Manager. None of our trustees gain from remuneration or other benefit from their work with the charity.

If we have a Trustee vacancy through resignation, or that the existing trustees have decided that one or more new trustees with specific skills are needed to help run the charity more effectively. The trustees consider the best methods of attracting a diverse range of candidates with the skills the charity needs. Short-listing and interviews take place against agreed criteria. Interviews are carried out by a small panel of trustees, and each candidate is asked similar questions to ensure a fair and objective approach. Preferred candidates are identified and invited to join the trustees, subject to references, formal vetting and approval by the full trustee board. Unsuccessful candidates are notified and thanked for their interest.



**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

S F Mackie, FCA  
ICAEW  
Morris Crocker  
Chartered Accountants  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

**Bankers**

CAF Bank  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on 15<sup>th</sup> November 22 and signed on its behalf by:

S M Bennett  
S Bennett - Trustee

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CARERS ISLE OF WIGHT

### Independent examiner's report to the trustees of Carers Isle of Wight

I report to the charity trustees on my examination of the accounts of Carers Isle of Wight (the Trust) for the year ended 31 March 2022.

### Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Stuart Mackie*

S F Mackie, FCA  
ICAEW  
Morris Crocker  
Chartered Accountants  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: 5th December 2022..

**CARERS ISLE OF WIGHT**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	8,782	-	8,782	2,262
<b>Charitable activities</b>					
Caring		40,000	281,345	321,345	352,047
Other trading activities	3	-	-	-	2,114
<b>Total</b>		<u>48,782</u>	<u>281,345</u>	<u>330,127</u>	<u>356,423</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Caring		29,602	288,979	318,581	327,033
<b>NET INCOME/(EXPENDITURE)</b>		19,180	(7,634)	11,546	29,390
<b>Transfers between funds</b>	14	<u>16,367</u>	<u>(16,367)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		35,547	(24,001)	11,546	29,390
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		222,390	103,951	326,341	296,951
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>257,937</u>	<u>79,950</u>	<u>337,887</u>	<u>326,341</u>

The notes form part of these financial statements

# CARERS ISLE OF WIGHT

## BALANCE SHEET 31 MARCH 2022

	Notes	2022 £	2021 £
<b>FIXED ASSETS</b>			
Tangible assets	10	37,174	18,927
<b>CURRENT ASSETS</b>			
Debtors	11	-	1,063
Cash at bank and in hand		304,708	319,970
		<u>304,708</u>	<u>321,033</u>
<b>CREDITORS</b>			
Amounts falling due within one year	12	(3,995)	(13,619)
		<u>300,713</u>	<u>307,414</u>
<b>NET CURRENT ASSETS</b>			
		<u>300,713</u>	<u>307,414</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>337,887</u>	<u>326,341</u>
<b>NET ASSETS</b>		<u>337,887</u>	<u>326,341</u>
<b>FUNDS</b>	14		
Unrestricted funds		257,937	222,390
Restricted funds		79,950	103,951
<b>TOTAL FUNDS</b>		<u>337,887</u>	<u>326,341</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 15<sup>th</sup> Nov 22 and were signed on its behalf by:

S Bennett  
S Bennett - Trustee

## CARERS ISLE OF WIGHT

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 20% on cost
Computer equipment	- 25% on cost

Individual fixed assets costing £500 or more are capitalised at cost.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.



# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	<u>8,782</u>	<u>2,262</u>

### 3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Other income	<u>-</u>	<u>2,114</u>

### 4. INCOME FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
Grants Activity Caring	<u>321,345</u>	<u>352,047</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
IWC prospectus	281,345	177,080
Core funding	-	13,800
Living well	-	53,567
IWC Adult social care	-	50,000
IWC Carers Dementia Support Service	10,000	9,600
Connecting Carers	-	48,000
Mental Health Carers Support	20,000	-
Reminiscence Interactive Therapy	10,000	-
	<u>321,345</u>	<u>352,047</u>

### 5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Caring	<u>251,046</u>	<u>67,535</u>	<u>318,581</u>

### 6. SUPPORT COSTS

	Management	Finance	Governance costs	Totals
	£	£	£	£
Caring	<u>66,191</u>	<u>96</u>	<u>1,248</u>	<u>67,535</u>

# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 6. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

#### Management

	2022	2021 Total activities
	Caring £	£
Wages	42,946	43,237
Rent	8,000	8,000
Motor expenses	593	-
Insurance	3,976	2,750
Telephone	1,557	1,360
Postage and stationery	3,951	9,326
Sundries	1,331	4,435
Computer costs	3,520	2,856
Training	60	3,140
Professional fees	90	267
Repairs and renewals	167	720
	<u>66,191</u>	<u>76,091</u>

#### Finance

	2022	2021 Total activities
	Caring £	£
Bank charges	96	69
	<u>96</u>	<u>69</u>

#### Governance costs

	2022	2021 Total activities
	Caring £	£
Independent Examiner's fees	1,248	1,248
	<u>1,248</u>	<u>1,248</u>

### 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### Trustees' expenses

During the year no trustee (2021: One) was reimbursed out of pocket expenses totalling nil (2021: £154)

# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Direct	12	13
Management	1	1
	<u>13</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the charity comprise the trustees and the manager. The total employment benefits of the key management personnel were £42,946 (2021: £43,237).

### 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2,262	-	2,262
<b>Charitable activities</b>			
Caring	13,799	338,248	352,047
Other trading activities	2,114	-	2,114
<b>Total</b>	<u>18,175</u>	<u>338,248</u>	<u>356,423</u>
<b>EXPENDITURE ON</b>			
Charitable activities			
Caring	5,838	321,195	327,033
<b>NET INCOME</b>	12,337	17,053	29,390
<b>Transfers between funds</b>	1,213	(1,213)	-
<b>Net movement in funds</b>	13,550	15,840	29,390
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	208,840	88,111	296,951
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>222,390</u>	<u>103,951</u>	<u>326,341</u>

# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
<b>COST</b>				
At 1 April 2021	139	-	47,937	48,076
Additions	-	10,799	22,530	33,329
At 31 March 2022	139	10,799	70,467	81,405
<b>DEPRECIATION</b>				
At 1 April 2021	139	-	29,010	29,149
Charge for year	-	2,160	12,922	15,082
At 31 March 2022	139	2,160	41,932	44,231
<b>NET BOOK VALUE</b>				
At 31 March 2022	-	8,639	28,535	37,174
At 31 March 2021	-	-	18,927	18,927

### 11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	-	1,063

### 12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	1,504	11,351
Other creditors	1,195	-
Accrued expenses	1,296	2,268
	3,995	13,619

### 13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	30,463	6,711	37,174	18,927
Current assets	231,469	73,239	304,708	321,033
Current liabilities	(3,995)	-	(3,995)	(13,619)
	257,937	79,950	337,887	326,341

# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 14. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	222,390	(4,080)	1,888	220,198
IWC Carers Dementia Support Service	-	5,201	8,487	13,688
Mental Health Carers Support	-	10,559	-	10,559
Reminiscence Interactive Therapy	-	7,500	-	7,500
Connecting Carers	-	-	5,992	5,992
	<u>222,390</u>	<u>19,180</u>	<u>16,367</u>	<u>257,937</u>
<b>Restricted funds</b>				
IWC Prospectus	35,648	15,051	-	50,699
Awards for all	733	(374)	(359)	-
Living Well	-	(897)	897	-
IWC Adult social care	47,669	(18,418)	-	29,251
IWC Carers Dementia Support Service	8,487	-	(8,487)	-
Connecting Carers	11,414	(2,996)	(8,418)	-
	<u>103,951</u>	<u>(7,634)</u>	<u>(16,367)</u>	<u>79,950</u>
<b>TOTAL FUNDS</b>	<u>326,341</u>	<u>11,546</u>	<u>-</u>	<u>337,887</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	8,782	(12,862)	(4,080)
IWC Carers Dementia Support Service	10,000	(4,799)	5,201
Mental Health Carers Support	20,000	(9,441)	10,559
Reminiscence Interactive Therapy	10,000	(2,500)	7,500
	<u>48,782</u>	<u>(29,602)</u>	<u>19,180</u>
<b>Restricted funds</b>			
IWC Prospectus	281,345	(266,294)	15,051
Awards for all	-	(374)	(374)
Living Well	-	(897)	(897)
IWC Adult social care	-	(18,418)	(18,418)
Connecting Carers	-	(2,996)	(2,996)
	<u>281,345</u>	<u>(288,979)</u>	<u>(7,634)</u>
<b>TOTAL FUNDS</b>	<u>330,127</u>	<u>(318,581)</u>	<u>11,546</u>



# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

### 14. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	208,840	12,337	1,213	222,390
<b>Restricted funds</b>				
IWC Prospectus	47,273	(11,625)	-	35,648
Awards for all	1,107	(374)	-	733
Living Well	29,691	(31,993)	2,302	-
Shanklin Library Funding	-	(85)	85	-
IWC Adult social care	10,040	37,629	-	47,669
IWC Carers Dementia Support Service	-	8,487	-	8,487
Connecting Carers	-	15,014	(3,600)	11,414
	<u>88,111</u>	<u>17,053</u>	<u>(1,213)</u>	<u>103,951</u>
<b>TOTAL FUNDS</b>	<u>296,951</u>	<u>29,390</u>	<u>-</u>	<u>326,341</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	18,176	(5,839)	12,337
<b>Restricted funds</b>			
IWC Prospectus	177,080	(188,705)	(11,625)
Awards for all	-	(374)	(374)
Living Well	53,567	(85,560)	(31,993)
Shanklin Library Funding	-	(85)	(85)
IWC Adult social care	50,000	(12,371)	37,629
IWC Carers Dementia Support Service	9,600	(1,113)	8,487
Connecting Carers	48,000	(32,986)	15,014
	<u>338,247</u>	<u>(321,194)</u>	<u>17,053</u>
<b>TOTAL FUNDS</b>	<u>356,423</u>	<u>(327,033)</u>	<u>29,390</u>

#### IW Prospectus

The aim of the IW Prospectus funding is to reach out to carers that we do not know about, who do not identify themselves as a carer, and ensure that all carers are recognised, respected and given the opportunity to have their support needs assessed and met. As well as provide clear pathways for carers to the information and services available to support them. Improve carers groups and activities aimed at supporting carers aged over 18 and over.

#### IWC Adult Social Care

ASC fund is used to provide a link between the service provided by Carers IW and The Isle of Wight Council's Adult Social Care department.

## **CARERS ISLE OF WIGHT**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022**

#### **14. MOVEMENT IN FUNDS - continued**

##### **IWC Carers Dementia Support Service**

Dementia support service funds are used to offer PA support to dementia sufferers, giving their carers respite.

##### **Connecting Carers**

Connecting Carers funds are used to employ PAs to provide respite for carers during the pandemic. These funds were also used to purchase iPads which were loaned out to carers to help reduce carer isolation.

##### **Mental Health Carers Support**

The Mental Health Carers Support is to fund the post of a Carers Support Worker based at the local mental hospital.

##### **Reminiscence Interactive Therapy Activity**

The Reminiscence Interactive Therapy Activity project is a project that provides use of specialist technology to stimulate patients of Dementia, in turn providing reprieve in their carers caring role.

##### **Transfers between funds**

The transfers from restricted to unrestricted funds relate either to funds which restrictions have been satisfied and therefore are no longer considered to be restricted funds after authority has been obtained from the funder to transfer the unspent balance, or where expenditure has not been fully allocated during the year.

#### **15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

