

**REGISTERED CHARITY NUMBER: 1157082**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
CARERS ISLE OF WIGHT**

**CARERS ISLE OF WIGHT**

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FOR THE YEAR ENDED 31 MARCH 2021**

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**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Who we are**

Carers IW is a local charity supporting adult carers of adults on the Isle of Wight.

A carer is anyone who cares, unpaid, for a family member or friend who cannot manage without their support. They might look after someone with a physical disability, long term health condition, mental health issue or a problem with substance misuse.

We help carers to access support, services, education and training, and breaks from their caring role. We ensure carers on the Island have a voice in policy making and planning for services, and we work with health and social care professionals to develop best practice. Our aim is to create carer friendly communities where carers are recognised, valued and supported.

The trustees of Carers IW present audited financial statements for the year ended 31 March 2021.

**Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.

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**ACHIEVEMENT AND PERFORMANCE**

**Summary**

2020-2021 saw the COVID-19 pandemic which caused worldwide issues, for Carers IW we looked to adapt our support to meet carers needs. All areas of Carers IW remained fully operational during the 2020-2021, no staff were furloughed.

We offer unpaid carers a service at both the Carers Centre in Newport offering support across the whole Island to unpaid carers of adults in their own homes and through the Carers Lounge at the Hospital. In August we opened a Carers Lounge at Sevenacres the Mental Health Hospital.

Generally, we offer a range of support to carers from emotional support, dementia training and coping strategy work, respite days, quiet days, pamper days, moving & handling training, drop ins, support groups, support for former carers, younger carers, IPAD library, Dementia Carers Café, Ring Round, Take a Break, Carers Assessments, Mental Health Support, and not forgetting our residential respite weekend offering carers time out, holistic therapies, meals, wine and lots of craft workshops. However, due to the pandemic restrictions we had to change our offer to ensure we kept the risk levels to both carers and staff as low as possible.

Unpaid carers were at risk of feeling isolated due to their need to shield the person they care for and we offered them respite using various options. We increased our IPAD library and organised the connectivity of carers who did not have the ability to use the Internet as well as paid for ICT assistance. They were able to contact various carer supports, including family, and friends on a pre-set device. We utilized Personal Assistants who were paid hourly to carry out this work as they had the necessary PPE and training in caring for the vulnerable. They were able to set up the ICT Wi-Fi then gave 6- 12 sessions of using the device and connecting to family and our carer support service. Staff and volunteers did shopping and picked up prescriptions for our most vulnerable carers throughout lockdown.

Our work evidenced that carers who receive a video call are much more responsive to us and we can share coping strategies easier. They were also able to join the groups we run online; the peer support was invaluable as carers realise that they are not alone. The Ring Round volunteer support was immensely important to individual carers who had limited family and friends support.

Carers accessed various sessions including our gym session that now is taking place online as well as the self-care café and support groups. We up-skilled staff and volunteers to work with carers in the community to access to the Internet and enable them to borrow an IPAD that they used to engage with their peers, family and Carer Support workers easily.

In the summer we were able to reopen some of our groups and training based at the Carers Centre. Lottery funding enabled us to offer 100 carers, 12-24 free PA sessions as a one off - this has been successful. We then helped these carers apply for relevant benefits such as Attendance Allowance and Carers Allowance that enabled them to continue paying for the PA support after the free sessions ended. Carers are often reluctant to spend their savings, often saving it for a rainy day, not realising that their rainy day is here and that with support they could remain in their role for longer.

**Carers Strategy Work**

We have been working with carers in the community about what a carers strategy questionnaire should look at. We have also ensured that we worked with People Matter as they have a limited number of carers who attend their meetings. We have enabled carers to influence services in other ways too, for example through our long-established working relationship with the local authority based on the shared aim of giving carers the recognition and support they need. This has at times been challenging, particularly since the implementation of the Care Act which locally, appeared to coincide with significant budget restrictions which led to reductions in the supports that had previously been available to carers. However, the recruitment of a worker from ASC has helped build these connections and strengthen our working closer together.

**Referrals**

We have had an increased referral rate from all sectors as the pandemic restrictions have been exceptionally difficult for carers at home.

**Staff & Volunteers**

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The overall response of all staff and volunteers during the period of this emergency has been tremendous and are to be congratulated for their efforts. Many staff have gone over and above what could reasonably be expected of them and the genuine kindness and willingness to assist has been immensely awesome. The team have provided 7-days a week support for unpaid carers across the Island. We have recruited more volunteers to help deliver a wider service.

**Issues Arising from Pandemic Situation**

**Domestic Violence**

We have seen a rise in domestic violence towards unpaid carers since the introduction of the lockdown. We have had increased incidents of people with dementia reverting back to domestic abuse behaviours that partners have not had to experience in many years. Use of medication has been the answer for many of these carers, particularly due to the restrictions and the difficulties around people understanding the need to social distance. The Dragon Fly training staff attended has helped them support carers who find themselves in this position has been very beneficial.

**Health Issues**

We have had many conversations with carers who are reluctant to seek medical help for non-related health issues to Covid19. It is of concern the amount of people who are shying away from seeking help. Those that have gone forward to ask for help after persuasion have required medical intervention.

**Dementia**

Carers caring for those with dementia are undoubtedly faring the worst in the lockdown and ongoing restrictions. People with dementia do not understand the need for social distancing and we are seeing a rise in aggressive behaviours and consequently more use of sedation.

For example, a Carer supporting wife who has dementia, his wife was not understanding the need to social distancing and has started to wander significantly and would go up to others to chat then get very angry when people asked her to move away. She was getting very cross with her husband and we suspected that she was 'lashing out' at him from what he was telling us. The carer used our 'I have dementia' card - that explained to others that his wife was ill without the need to verbalise it. We asked his GP to increase his wife's prescription of diazepam so to reduce her anger and distress. We spoke to him about the use of trackers/door alarms and Wightcare were prepared to fit this if required, so he could be alerted/find his wife when she wandered off. We gave him suggestions about how to distract and ongoing dementia training. We were unable to call him as this would lead to his wife getting angry, so we used text and email and calls from him regardless of the time once his wife had gone for a wander.

Over sixty families self-isolating-they required shopping, the family needed specific allergy goods, so we set them up with a local food provider and offer to collect prescriptions and allergy foodstuffs as required.

**Prescriptions & Shopping**

The charity has managed to gain funding externally to ensure all staff can work from home and to give a monetary float to volunteers/staff who are purchasing foodstuffs for vulnerable carers. Where possible we have helped carers gain local assistance regarding shopping and prescriptions so we can offer support those carers who are unable to link into these networks. Looking to the longer term planning we have helped carers engage with local providers who are able to deliver shopping which will also help the local economy.

"My daughter is disabled, blind, focal seizures, learning difficulties etc and on the vulnerable list and I'm waiting for the letter with phone numbers on to be delivered. We don't have family on the island, and I am my daughter's carer, so I have stay safe to look after her. I don't want to risk queuing with people who may be ill at the chemist. I tried to pay £5 online but it rejected my payment. Thank you so much, I feel so relieved."

"I care for my wife who has dementia, I could not queue up to get her prescription as she would wander off and chat to others, thanks Carers IW for sorting a volunteer to do it."

"Mum has dementia and she was getting really angry with me, it turned out because the prescription was incorrect, Mum wasn't getting enough painkillers, Kate sorted it for us at our GP surgery and since then Mum has been great, I really thought she would enter a care home, phew, thanks guys."

**Our Services**

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**REPORT OF THE TRUSTEES**  
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**Ring Round Support**

Our volunteer Ring Round Support Team and Trustees have all taken extra referrals to ensure more carers feel fully supported during these difficult times. The service is manned by volunteers and overseen by a Trustee and the Manager. Volunteers offer carers a regular supportive telephone call to the carer and feedback to the Team if a carer is struggling and needs more support.

We had an alert from our Ring Round (RR) Support Team - the carer was ill and her husband was being discharged from Hospital. They required basic shopping goods, family on mainland could not support. Required incontinence pads and prescriptions, husband needed assistance to shower twice a week. They were under capital limit but paying full rate. We spoke to ASC who were reviewing the charges. Mrs W was quite confused herself and struggled to create a shopping list. Staff checked out kitchen stock and now do a weekly shop ensuring that the couple have enough food items that include ready meals for a week. RR support rings each week to reiterate that shopping will happen and to offer support.

A carer rang us in distress as she had hurt her back, she cares for her husband who has dementia. She had phoned the doctor who has issued pain medication to the pharmacy, but she is trying to get through to see if they can deliver it with not much luck. So, we arranged to pick up her prescriptions as well as a weekly shop - so by keeping an eye on her health and whether she was managing at home.

We have a carer caring for her husband - both late 80s, she gets very confused (probably dementia) but is caring for husband who has diabetes, an amputee, they have a regular shop, pad pick up, prescription service from us as well as a ring round support as she starts to panic that she is going to run out of milk. We know exactly how much food and drink she has but she forgets that we will be turning up each week to do her shopping, so all staff and volunteers are working together with her to remind her and calm her down.

**Carers Lounge**

The Carers Lounge offers a 24/7 safe and welcoming space for unpaid carers to unwind. During core hours it offers carers the chance to reflect on the emotional and physical impact of caring and receive some help to negotiate the hospital journey from admission to discharge. Carers are supported to communicate with the appropriate hospital staff, understand their rights, access practical support, identify training needs, engage with other relevant agencies, and apply for specialised carer benefits as appropriate. The team works with hospital colleagues to improve knowledge and understanding of the needs of carers to promote an inclusive approach when planning for patients. They also provide ongoing support to carers from the point of discharge whether the cared for is going home or to a short-term placement. All team members are providing extra emotional support to carers during this unprecedented time. We have opened a small Carers Lounge at Sevenacres Mental Hospital in August; this is becoming well known and gratefully used by carers and staff referring to it.

**Carers Assessments**

The Care Act 2014 sets out carers' legal rights to assessment and support. It states that a carer is eligible for an assessment if they provide substantial and regular support to someone who needs care. The carer's assessment is an opportunity to discuss with the local council what support or services needed. The assessment will look at how caring affects their life, including for example, physical, mental and emotional needs, and whether they are able or willing to carry on caring. Throughout 2021 we are increasingly receiving requests to complete carers' assessments due to the pandemic; we were able to complete these using a variety of ways including home visits if essential, telephone, video calls, office visits.

**Emotional Support**

Carers are offered emotional support through one-to-one sessions with our trained staff. These sessions were initially agreed for a series of six sessions then each case is reviewed and if necessary further input can be agreed by the team. Ideally, we look towards encouraging carers into attending other support for example the Self-Care sessions that offer a safe and therapeutic session that also promotes social interaction with peers. During the past twelve months we have had to increase our staffing to meet the need.

**Newport Drop in**

In August we reopened our Carers Centre drop in for both carers and cared for people and offers a variety of activities from a chat and a cuppa, to learning how to use an IPAD, Kindle or enjoying a quiz. This has been attended by dementia carers and their cared for as they are struggling to manage in the home environment.

**Self-Care Café**



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In September we increased our Self-Care Cafes to twice a month so to meet the need. This group offer carers an opportunity to learn new skills, complete their journal, learn mindfulness, enjoy a craft activity, and gain from peer support.

**Male Carers Social Group**

The male carer social group is run by a male carer and they meet every month on the second Tuesday of the month. Generally, the group visit a pub that offers the option of food. It is a successful group that offers a lot of peer support to each other. The group have managed to meet a few times when the local conditions were safe to do so. This group is open to both former and current carers. The group leader also offers a telephone service to the male carers who receive a supportive telephone call each month. This has been instrumental in building up relationships and trust and all the carers have requested that this continues. The members of the group are now beginning to offer peer support and buddy up with each other, offering a supportive phone call during the week.

**Take a Break Group**

The group has restarted for the carers only due to space at the Carers Centre. Carers in this group really benefit from the peer support offered from each other. The group is primarily run by a volunteer Sue who has a volunteer and a member of staff available to her. We received funding from the Local Authority to enable carers to access PA support for their cared for person and they could then attend this group.

**Dementia Solution Focussed Strategies for Carers Group**

This group has restarted offering carers caring for someone with dementia the opportunity to bring their issues in regard to behaviours and look at how others have dealt with it and/or look at Dr Gemma Jones work in relation to Dementia Awareness Reaching Communities. We consider that this will be a useful resource that will enable carers to support each other and find a strategy that works for them as well as learning more about dementia. This popular group offers any carer who has attended the training we run a further opportunity for additional learning and to gain from peer support and/or support/strategies.

**Branching Out**

Two members of staff run a 7-week course that is specifically for bereaved carers and looks at dealing with their thoughts, feelings, grief, loss and emotions, as well as their identity, what next. This group has managed to run using online facilities.

**Dementia Awareness Training for Unpaid Carers**

We have a waiting list for this training, we have managed to run some complete groups of this training this year. We work with carers caring for people with dementia and we have found that they need ongoing help. Generally, we do not close these cases as they require ongoing support. Carers asked us for help in understanding the dementia and what was happening to them, a lot of the carers would get cross with the person they cared for as they felt their actions was due to their 'awkwardness' not their dementia. We realised that carers were also disempowering the people they cared for unintentionally, for example, they stopped them doing everyday tasks and told them to sit and rest. Obviously, this led to the people with dementia displaying more behaviours as they were bored. We also noticed that many carers were reluctant to accept respite early on in their caring role and often left it until a crisis happened.

**Easter Eggs**

We were given some Easter Eggs that are normally used by National Trust, these were given out re the shopping deliveries for our carers.

"Hello to you all. Would just like to say many thanks for the Easter eggs you gave us. Very kind of you and much appreciated. Hope you all have a lovely Easter as best you can and are able to get out in your gardens and enjoy the lovely sunshine. Stay safe. Once again thank you for being so supportive. I dread to think what it would be like without you all. Kind regards Jackie"

**Christmas Hampers**

We gave out 30 Christmas hampers to carers we felt would benefit from a little extra care. All staff donated their gifts, we asked our staff to nominate carers who would benefit from the hamper, not necessarily financially. The Locality and Review Team in Adult Social Care chose us as one of their charities and we received 8 donations - we decided to extend these donations to our hampers for carers in the community.

**Carer Quotes**

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**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

We are lucky that our team is quite small but very friendly and supportive. Carers IW have an amazing team of volunteers that offer their time and experience, without which, we would not offer such a good service, thank you all from Carers IW.

As a result of our intervention carers report feeling:

'No one has ever given us anything before, I am overwhelmed by your kindness, thank you'

'Is that for me, I don't know what to say, I have not had a present in 8 years, thank you'

'Hi \*\*\*\*\* want to say a huge thank you. Without you none of this would have been made possible. You chose so well in suggesting \*\*\*\*\* for my onward journey. There are many days where your wisdom still rings in my ears and heart. There are insufficient words really but endless gratitude. Much love \*\*\* xxx'

A couple of older people (MH) could not work out how to go online to shop, they were getting very anxious and it was impacting on their mental health, so we offer them a weekly shop. One of our volunteers gave them a bunch of flowers as she felt that they needed a lift.

'Stopped my head from exploding due to a jobsworth from Sainsbury's - you helped me get a slot, thank you'

'I have been so stressed in the last couple of days trying to do an online shop and the sites crashing that I didn't know what I was going to do. It was such a relief when you said you would be able to get some shopping for us. I have felt much more relaxed since speaking to you as it's taken all that worry away. I can't afford to take any risks by going to the supermarket as I certainly don't want Geoff getting the virus with all his problems.'

One carer stated that they were very relieved and said it had made all the difference as 'she could now switch off from that concern'.

'Thank you so much for listening, you have really made my day brighter!'



**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**FINANCIAL REVIEW**

**Finance**

On 1st August 2020 we started a new contract with the Local Authority, this covers all our services and is for the period of 3 years plus 2 years if applicable. The aims of the IW Contract are:

- To reach out to carers that we do not know about who do not identify themselves as a care.
- Ensure that all carers are recognised, respected and given the opportunity to have their support needs assessed and met.
- To provide clear pathways for carers to the information and services available to support them.
- Run a Carers Lounge based at both Hospital and Sevenacres.
- Improve carers groups and activities aimed at supporting carers aged over 18 and over.

The Living Well funding has been transferred to this tender as from June 2020. The audited accounts form part of this report and full details of the accounts of the charity are provided. Overall the figures highlight a reasonably solid position for the charity moving forward, especially now that the funding has been agreed with the IW Council. All projects are monitored to ensure that they operate within budget and approved funding, on a full cost recovery basis whenever possible. If project funding discontinues, then projects cannot continue. The Manager provides a highlights report at quarterly Trustee meetings reporting any key financial considerations. There can be little doubt that the financial climate for Carers IW will continue to be challenging. The reason for holding unrestricted free reserves is to protect Carers IW from the impact of shortfalls in forecast income or unforeseen expenditure. In an extreme case, the reserves need to be sufficient to cease operations in such a way as to minimise disruption to users of our services, and to wind up the operation without leaving creditors, considering the costs of statutory and contractual payments to staff and the termination of existing contracts and leases.

**Reserves Policy**

Trustees have examined the financial risks of the charity and have identified an amount within the free reserves which are those unrestricted funds not designated for specific purposes or otherwise committed and which the Trustees believe will be sufficient to maintain the unrestricted activities of the charity in the event of a reduction in future funding. The reserves that we have set aside provide financial stability and the means for the future development of supporting unpaid carers. We have included the redundancies funds in our reserves and need to be able to fund any shortfalls in income for example when there is downward pressure on cash flow or when income does not reach expected levels.

**Office Related Expenditure**

Currently we rent our Carers Centre through CAIW at a cost of £8k pa, including access to private part of server, internet costs, lighting & heating. We pay for the whole Youth Hostel rental for the respite weekend twice a year. Telephone costs are paid via DD; staff receive telephone allowance. Sessional staff have an inclusive cost per hour to include various expenses. We employ a Finance Officer to provide bookkeeping, bank reconciliation, set up monthly management reports, preparation of accounting records before audit. To help offset the cost of the Financial Officer we do some accountancy work for People Matter a local charity who we work closely with.

## **CARERS ISLE OF WIGHT**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Legal Status & Governing Body**

Carers IW is a Charitable Incorporated Organisation a registered Charity number 1157082. Its registered office is Carers IW, Riverside Centre, The Quay, Newport, Isle of Wight, PO30 2QR. The charity is governed by its constitution

The following is an extract from our constitution:

Carers IW is an independent charity based on the Isle of Wight, supporting unpaid adult carers of adults. The objects of the CIO are

To relieve the stresses experienced by carers, over the age of 18 who have care needs, as a result of disability, illness or age within the Isle of Wight (the carer may reside in or work in or care for a person who resides within the Isle of Wight), in particular but not exclusively by:

- Providing a contact point for help for carers over the age of 18;
- Identifying carers who struggle to cope in their caring role;
- Working with other agencies and charities to develop services for carers;
- Offering carers, a break through support groups;
- Gathering and disseminating information relevant to carers issues;
- Raising awareness of and promoting the needs of carers throughout the Isle of Wight with local policy makers and service providers;
- Raising funds to achieve the above.'

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1157082

##### **Principal address**

The Riverside Centre  
The Quay  
Newport  
Isle of Wight  
PO30 2QR

##### **Trustees**

Lodi Brand - Former Chair of Trustees - Resigned July 2020  
Sue Bennett - Chair of Trustees  
Wendy Holleyman - Deputy Chair of Trustees  
Tim Higginbotham - Resigned Oct 2020  
Barry Jackman  
Hugh Harrison  
Maurice Dix  
Catherine Hands - Appointed August 2020

The board meets at least four times a year and the formal management of the charity is delegated to Elizabeth Martin, Service Manager. None of our trustees gain from remuneration or other benefit from their work with the charity.

If we have a Trustee vacancy through resignation, or that the existing trustees have decided that one or more new trustees with specific skills are needed to help run the charity more effectively. The trustees consider the best methods of attracting a diverse range of candidates with the skills the charity needs. Short-listing and interviews take place against agreed criteria. Interviews are carried out by a small panel of trustees, and each candidate is asked similar questions to ensure a fair and objective approach. Preferred candidates are identified and invited to join the trustees, subject to references, formal vetting and approval by the full trustee board. Unsuccessful candidates are notified and thanked for their interest.

**CARERS ISLE OF WIGHT**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

P J Underwood,  
FCCA  
Morris Crocker  
Chartered Accountants  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

**Bankers**

CAF Bank  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

Approved by order of the board of trustees on 26th October 21 and signed on its behalf by:

S M Bennett  
S Bennett - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
CARERS ISLE OF WIGHT**

**Independent examiner's report to the trustees of Carers Isle of Wight**

I report to the charity trustees on my examination of the accounts of Carers Isle of Wight (the Trust) for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P J Underwood,  
FCCA  
Morris Crocker  
Chartered Accountants  
Station House  
North Street  
Havant  
Hampshire  
PO9 1QU

Date: 11 November 2021

**CARERS ISLE OF WIGHT**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	2,262	-	2,262	4,588
<b>Charitable activities</b>	4				
Caring		13,799	338,248	352,047	331,511
Other trading activities	3	2,114	-	2,114	686
<b>Total</b>		<u>18,175</u>	<u>338,248</u>	<u>356,423</u>	<u>336,785</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Caring		5,838	321,195	327,033	294,635
<b>NET INCOME</b>		<u>12,337</u>	<u>17,053</u>	<u>29,390</u>	<u>42,150</u>
Transfers between funds	14	1,213	(1,213)	-	-
<b>Net movement in funds</b>		<u>13,550</u>	<u>15,840</u>	<u>29,390</u>	<u>42,150</u>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		208,840	88,111	296,951	254,801
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>222,390</u></u>	<u><u>103,951</u></u>	<u><u>326,341</u></u>	<u><u>296,951</u></u>

The notes form part of these financial statements

**CARERS ISLE OF WIGHT**

**BALANCE SHEET  
31 MARCH 2021**

	Notes	2021 £	2020 £
<b>FIXED ASSETS</b>			
Tangible assets	10	18,927	5,888
<b>CURRENT ASSETS</b>			
Debtors	11	1,063	-
Cash at bank and in hand		319,970	346,844
		<u>321,033</u>	<u>346,844</u>
<b>CREDITORS</b>			
Amounts falling due within one year	12	(13,619)	(55,781)
<b>NET CURRENT ASSETS</b>		<u>307,414</u>	<u>291,063</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		326,341	296,951
<b>NET ASSETS</b>		<u>326,341</u>	<u>296,951</u>
<b>FUNDS</b>	14		
Unrestricted funds		222,390	208,840
Restricted funds		103,951	88,111
<b>TOTAL FUNDS</b>		<u>326,341</u>	<u>296,951</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 26/10/21 and were signed on its behalf by:

26/10/21

S M Bennett  
S Bennett - Trustee



## CARERS ISLE OF WIGHT

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

Individual fixed assets costing £500 or more are capitalised at cost.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**CARERS ISLE OF WIGHT**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**2. DONATIONS AND LEGACIES**

	2021	2020
	£	£
Donations	2,262	4,588
	<u>2,262</u>	<u>4,588</u>

**3. OTHER TRADING ACTIVITIES**

	2021	2020
	£	£
Other income	2,114	686
	<u>2,114</u>	<u>686</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	2021	2020
	£	£
Grants Activity Caring	352,047	331,511
	<u>352,047</u>	<u>331,511</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
FLAB lottery	-	78,003
IWC prospectus	177,080	85,070
Core funding	13,800	7,736
Living well	53,567	160,702
IWC Adult social care	50,000	-
IWC Carers Dementia Support Service	9,600	-
Connecting Carers	48,000	-
	<u>352,047</u>	<u>331,511</u>

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs	Support costs (see note 6)	Totals
	£	£	£
Caring	249,625	77,408	327,033
	<u>249,625</u>	<u>77,408</u>	<u>327,033</u>

**6. SUPPORT COSTS**

	Management	Finance	Governance costs	Totals
	£	£	£	£
Caring	76,091	69	1,248	77,408
	<u>76,091</u>	<u>69</u>	<u>1,248</u>	<u>77,408</u>

# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

### 6. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

#### Management

	2021	2020
	Caring	Total
	£	activities
		£
Wages	43,237	34,286
Rent	8,000	8,000
Insurance	2,750	1,887
Telephone	1,360	858
Postage and stationery	9,326	4,514
Advertising	-	672
Sundries	4,435	1,669
Computer costs	2,856	6,320
Training	3,140	1,549
Professional fees	267	965
Repairs and renewals	720	2,841
	<u>76,091</u>	<u>63,561</u>

#### Finance

	2021	2020
	Caring	Total
	£	activities
		£
Bank charges	69	60
	<u>69</u>	<u>60</u>

#### Governance costs

	2021	2020
	Caring	Total
	£	activities
		£
Independent Examiner's fees	1,248	1,241
	<u>1,248</u>	<u>1,241</u>

### 7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

#### Trustees' expenses

During the year one trustee (2020: One) was reimbursed out of pocket expenses totalling £154 (2020: £536).

# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

### 8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Direct	13	12
Management	1	1
	<u>14</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

The key management personnel of the charity comprise the trustees and the manager. The total employment benefits of the key management personnel were £43,237 (2020: £34,286).

### 9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	4,588	-	4,588
<b>Charitable activities</b>			
Caring	7,735	323,776	331,511
Other trading activities	686	-	686
<b>Total</b>	<u>13,009</u>	<u>323,776</u>	<u>336,785</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Caring	19,198	275,437	294,635
<b>NET INCOME/(EXPENDITURE)</b>	<u>(6,189)</u>	<u>48,339</u>	<u>42,150</u>
Transfers between funds	44,527	(44,527)	-
<b>Net movement in funds</b>	<u>38,338</u>	<u>3,812</u>	<u>42,150</u>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	170,502	84,299	254,801
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>208,840</u>	<u>88,111</u>	<u>296,951</u>

**CARERS ISLE OF WIGHT**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**10. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2020	139	26,159	26,298
Additions	-	21,778	21,778
At 31 March 2021	139	47,937	48,076
<b>DEPRECIATION</b>			
At 1 April 2020	104	20,306	20,410
Charge for year	35	8,704	8,739
At 31 March 2021	139	29,010	29,149
<b>NET BOOK VALUE</b>			
At 31 March 2021	-	18,927	18,927
At 31 March 2020	35	5,853	5,888

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade debtors	1,063	-

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade creditors	11,351	3,763
Other creditors	-	169
Accruals and deferred income	-	50,000
Accrued expenses	2,268	1,849
	13,619	55,781
	2021 £	2020 £
Brought forward	50,000	50,000
Amount released to incoming resources	(50,000)	(50,000)
Amount deferred in year	-	50,000
Carried forward	-	50,000

Deferred income represents income received in advance for grant income in the next financial year.

**CARERS ISLE OF WIGHT**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021**

**13. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
Fixed assets	7,763	11,164	18,927	5,888
Current assets	228,246	92,787	321,033	346,844
Current liabilities	(13,619)	-	(13,619)	(55,781)
	<u>222,390</u>	<u>103,951</u>	<u>326,341</u>	<u>296,951</u>

**14. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	208,840	12,337	1,213	222,390
<b>Restricted funds</b>				
IWC Prospectus	47,273	(11,625)	-	35,648
Awards for all	1,107	(374)	-	733
Living Well	29,691	(31,993)	2,302	-
Shanklin Library Funding	-	(85)	85	-
IWC Adult social care	10,040	37,629	-	47,669
IWC Carers Dementia Support Service	-	8,487	-	8,487
Connecting Carers	-	15,014	(3,600)	11,414
	<u>88,111</u>	<u>17,053</u>	<u>(1,213)</u>	<u>103,951</u>
<b>TOTAL FUNDS</b>	<u>296,951</u>	<u>29,390</u>	<u>-</u>	<u>326,341</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	18,176	(5,839)	12,337
<b>Restricted funds</b>			
IWC Prospectus	177,080	(188,705)	(11,625)
Awards for all	-	(374)	(374)
Living Well	53,567	(85,560)	(31,993)
Shanklin Library Funding	-	(85)	(85)
IWC Adult social care	50,000	(12,371)	37,629
IWC Carers Dementia Support Service	9,600	(1,113)	8,487
Connecting Carers	48,000	(32,986)	15,014
	<u>338,247</u>	<u>(321,194)</u>	<u>17,053</u>
<b>TOTAL FUNDS</b>	<u>356,423</u>	<u>(327,033)</u>	<u>29,390</u>



# CARERS ISLE OF WIGHT

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

### 14. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	170,502	(6,189)	44,527	208,840
<b>Restricted funds</b>				
FLAB Lottery	3,944	6,452	(10,396)	-
IWC Prospectus	11,017	36,256	-	47,273
IW Roads	2,990	(2,878)	(112)	-
Awards for all	6,735	(5,628)	-	1,107
Greggs	471	-	(471)	-
Living Well	31,075	30,118	(31,502)	29,691
Shanklin Library Funding	131	(85)	(46)	-
IWC Adult social care	27,936	(15,896)	(2,000)	10,040
	<u>84,299</u>	<u>48,339</u>	<u>(44,527)</u>	<u>88,111</u>
<b>TOTAL FUNDS</b>	<u>254,801</u>	<u>42,150</u>	<u>-</u>	<u>296,951</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	13,009	(19,198)	(6,189)
<b>Restricted funds</b>			
FLAB Lottery	78,002	(71,550)	6,452
IWC Prospectus	85,072	(48,816)	36,256
IW Roads	-	(2,878)	(2,878)
Awards for all	-	(5,628)	(5,628)
Living Well	160,702	(130,584)	30,118
Shanklin Library Funding	-	(85)	(85)
IWC Adult social care	-	(15,896)	(15,896)
	<u>323,776</u>	<u>(275,437)</u>	<u>48,339</u>
<b>TOTAL FUNDS</b>	<u>336,785</u>	<u>(294,635)</u>	<u>42,150</u>

#### FLAB - Ageing Better

The aim of the Ageing Better project is to offer support to carers who do not know what help is available and promote carers opportunities to participate in their local community so to reduce their social isolation which can lead to feelings of loneliness, raised anxiety and depression. The project aims to also support former carers to act as befrienders to carers who are feeling stressed, depressed, experiencing low self-esteem, and are reluctant to join activities that involve contact with others.

#### IW Prospectus

## CARERS ISLE OF WIGHT

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

#### 14. MOVEMENT IN FUNDS - continued

The aim of the IW Prospectus funding is to reach out to carers that we do not know about, who do not identify themselves as a carer, and ensure that all carers are recognised, respected and given the opportunity to have their support needs assessed and met. As well as provide clear pathways for carers to the information and services available to support them. Improve carers groups and activities aimed at supporting carers aged over 18 and over.

##### **Island Roads**

This project aimed to offer carers an opportunity to engage and utilize their skills as well as borrow an IPAD. The scheme intended to ask younger carers to give some time to help older carers learn these new skills. The Carers IW charity purchased 40 IPADs and covers that were then advertised out to carers on the Island through our networks and newsletter. The project purchased the library of IPADs and made them available to carers who are known to be isolated by the nature of their caring role.

##### **Living Well Funding**

The aim of the living well project is to deliver a holistic living well assessment and voluntary sector response to ensure that people who do not meet the eligibility criteria for Adult Social Care support and/or funding are enabled to live well, independently. In addition the Living Well project will support the statutory sector to better manage transfers of care between hospital and home, create capacity to divert demand for Adult Social Care and reduce/delay the need for emergency admissions and residential care. The funding in place is from Oct 2017 for a further 20 months with the view to extend it to three years if successful.

##### **IWC Adult Social Care**

ASC fund is used to provide a link between the service provided by Carers IW and The Isle of Wight Council's Adult Social Care department.

##### **IWC Carers Dementia Support Service**

Dementia support service funds are used to offer PA support to dementia sufferers, giving their carers respite.

##### **Connecting Carers**

Connecting Carers funds are used to employ PAs to provide respite for carers during the pandemic. These funds were also used to purchase IPads which were loaned out to carers to help reduce carer isolation.

##### **Transfers between funds**

The transfers from restricted to unrestricted funds relate either to funds which restrictions have been satisfied and therefore are no longer considered to be restricted funds after authority has been obtained from the funder to transfer the unspent balance, or where expenditure has not been fully allocated during the year.

#### 15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.