

ACORNS (NORTH TYNESIDE)
A Company limited by guarantee

REPORT AND FINANCIAL STATEMENTS
For the year ended 31 March 2025

Charity number 1157078
Company number 08838624

1. Reference and administrative details

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Acorns project

7 Alma Place
North Shields
NE29 0LZ
Principal office hours; 09.30 – 6pm
Charity number 1157078
Company number 08838624

Trustees:

Fabienne Thompson	(chair)
Keith Williamson	(treasurer)
Sarah Charlton –	appointed 10 October 2024
David Lovenbury –	appointed 10 October 2024
Stefenie Anderson –	resigned 10 October 2024
Ruth Lewis –	resigned 10 October 2024
Lisa Anne Stephenson –	resigned 10 October 2024
Deborah Heron –	resigned 10 October 2024

Secretary:

Maxine Tennet

Banker:

Barclays PLC
3 Northumberland Square
North Shields NE30 1QX

Independent examiner:

Jim Dodd
33 The Glebe
Northumberland NE61 6HW

2. Structure, governance and management

The charity is overseen by a small board of Trustees, who are responsible for the overall direction, strategy and oversight of the organisation. At the end of the reporting period, the board consisted of 4 trustees who meet throughout the year to review the charity's performance, set strategic objectives and ensure compliance with legal and regulatory obligations.

TRUSTEES ANNUAL REPORT
For the year ended 31 March 2025

The board delegate day-to-day operational management to the CEO who reports directly into the board.

Trustees are appointed in accordance with the charity's governing document. New trustees are identified based on the skills and experience, and diversity required on the board. They are appointed by resolution of the existing trustees.

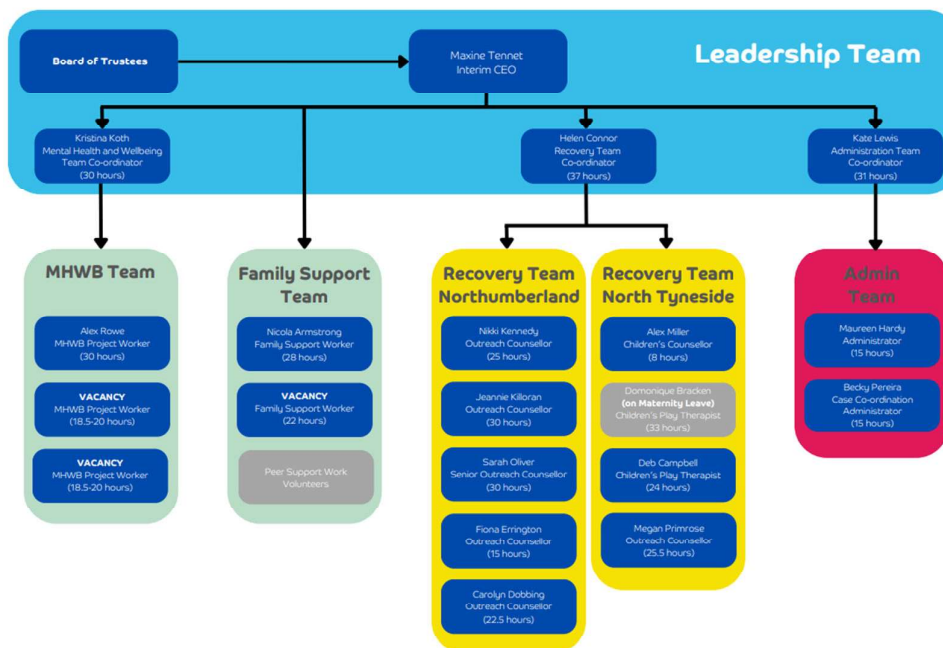
All new trustees receive an induction covering the charity's mission, policies, finances and the responsibilities of trusteeship, in line with Charity Commission Guidance.

Trustees make decisions collectively with each trustee having equal voting rights. Where urgent decisions are needed between meetings, delegated authority may be exercised by the Chair and one other trustee, in consultation with the Chief Executive.

Risk management process – Trustees maintain a risk register which is reviewed regularly. Key risks are identified, assessed and mitigated through appropriate policies, procedures and oversight

Pay policy for key personnel – The trustees consider the pay of key management personnel annually, taking into account bench-marking data, affordability and fairness. No trustee receives remuneration for their role as a trustee.

Organisational structure and decision-making;



3. Objectives and Activities:

The principal object of the charity is to relieve the needs of children and young people, adults and families who have suffered from and/or are likely to suffer from domestic abuse in their homes or elsewhere particularly by the provision of support services and advice calculated to relieve those needs.

Our Mission Statement: We support children, young people and families affected by domestic violence and abuse, in North Tyneside and Northumberland. We aim to help survivors to recognise their own strengths and skills, putting the power of their recovery in their hands. Together, we stand tall.

- Our values
 - physical and emotional safety
 - trustworthiness and transparency
 - choice and collaboration
 - empowerment by having a voice

Our Aims:

We will safeguard and promote the safety, welfare and rights of children, young people and their families who have suffered from violence and abuse within their home.

We aim to

- Improve the physical and mental health and well-being of families who have been impacted by domestic abuse
- Increase their personal resources by building self-esteem, confidence and assertiveness
- Empower them to increase their self-efficacy and live safely and independently
- Connect them to like-minded peers and reduce isolation, improving personal support networks and reducing the need for intensive intervention in the future.

Significant activities: Acorns has been providing valued services to victims and survivors of domestic violence aged four to 18 and their family members in North Tyneside for over 20 years, and services in Northumberland since 2018.

Acorns specialises in play therapy, one-to-one trauma informed counselling services, a wide range of wrap-around services such as parent and carer support, group work, prevention and healthy relationships work in schools and colleges, and one-to-one mental health and wellbeing support, in house, and in schools and the community.

How the charity's activities help carry out its aims for public benefit

The trustees confirm that they have complied with their duty under Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives, setting its strategy and planning and delivering its activities.

Acorns works with survivors of domestic abuse of all ages towards achieving positive outcomes. Specialist services have been developed to tackle the incidence and impact of domestic violence and abuse by improving safety, improving mental and physical health, increasing self-esteem and confidence, thereby increasing individual and family life chances

During the year, we provided specialist support services including counselling, advocacy, group and 1;1 support to children and families across North Tyneside and Northumberland.

The trustees are satisfied that the charity's work during the year has directly contributed to improving safety, wellbeing and outcomes for beneficiaries, and that it provides clear and demonstrable public benefit.

4. Achievements and Performance

We are a trauma informed organisation and all our services are designed around the needs of the individual and/or the family unit. We provide our services free, at our two premises in North Shields and our Wallsend Community hub, out in the community and within schools, colleges and children's centres, including those throughout Northumberland. We are experts in delivering domestic abuse services and of developing our services to meet the ongoing needs of the families we work with.

Entry into the service is through a children's referral. If a child has been accepted for one of our services, this grants access to our wraparound services for the rest of their family, such as supplementary activities and groups. This holistic, service user led approach aims to strengthen the family unit, focussing on resilience while improving attachment, trust and familial bonds. One Door – Many Rooms: we provide a four-tier service, and families work with us to create a bespoke care plan, based on their individual needs:



Tier 1 - Prevention

- Prevention Advice & guidance and signposting for the whole family
- Text helpline for young people
- Prevention programmes including healthy relationships work
- Psychoeducational and introductory welcome workshops for parents
- Drop in and flexible support services

Tier 2 - Coping

- Crisis support First Response Service for children aged 11+ - risk & safety planning
- Group programmes – Roots (age 8-12 – wellbeing and coping strategies) and Healing Together
- Emotional and practical support for carers (Family Support Service)
- Advocacy for adults and children
- Ad hoc interim support while awaiting counselling

Tier 3 - Participating

- Whole-family free activities to promote bonding and attachment for example: sports/water sports/day trips/short programme
- Adult peer support groups (parental engagement)
- 'Intro to Acorns' sessions, crafts, coffee mornings
- psychoeducation Adult Participation Board – regularly feeding into our work through co-production of adult services
- Consultations and feedback
- Open days and seasonal events
- Acorns Youth Panel - survivor voice panel, young people aged 13+, who deliver events, projects, marketing materials, and report to local domestic abuse strategic boards to ensure their voices are heard

Tier 4 - Recovery

- Recovery - Counselling and music, art and play therapy for children and young people including
- Theraplay & Traumaplay
- Forest School
- Neurofeedback Therapy
- Family therapies and family group work
- Parent and child bespoke interventions
- Young people's group programmes
- One to one mental health and wellbeing case work, both in house and in schools and the community
- Parent/Carer counselling service

The impact of our work.

Domestic abuse is a complex form of trauma, which presents in multifaceted ways. Survivors may experience a wide range of effects including: high levels of anxiety; self-blame; low self-esteem and self-worth; exhaustion; fear; anxiety; depression; loss of self-efficacy; social isolation; loss of trust; traumatic bonding; diminished perceptions of alternatives; hyper-arousal; hyper-vigilance; and impaired decision-making and problem-solving abilities.

Over the year we have been grateful for the continued support of a team of volunteers delivering Adult Recovery Services (counselling) and whilst the decision was taken to dissolve adult therapy, it does not diminish our thanks to the volunteers who have supported Acorns and adult clients in the recovery journey.

This year, we were unable to realise the expected level of income needed to sustain the charity in its current format, and so, as the year came to end, Trustees agreed that an organisation restructure was required in order to balance costs and income.

5. Financial review

Reserves Policy

We aim to maintain a level of free reserves sufficient to meet the charity's working capital requirements in order to sustain its current activities for at least 6 months in the event of a significant drop in funding. At 31 March 2025 total reserves were £44,957 (2024: £210,040) of which Restricted Funds were £nil (2024: £nil) and Unrestricted Funds were £44,957 (2024: £210,040). The level of reserves at the year-end falls short of our target and every effort will be made in the ensuing period to improve this.

Financial position

Key details of the year are:

Income	Reduced by £110k to	£540k
Expenditure	Increased by £64k to	£705k
Operating surplus/ (deficit)	Reduced by £174k to	£(165)k
Average staff numbers	unchanged	21
Free Reserves – these are the funds we have available to meet our expenses		£45k
How many days would our free reserves last if our income immediately ceased?		24 days

To say that this has been a challenging year would be something of an understatement. As the year progressed it became increasingly clear that our income would fall well short of expectations and that we needed to instigate a cost cutting strategy. Our two major outgoings are on premises and on staff and it was clear that we had no alternative other than to reduce both. At about the same time as these decisions were being taken, our CEO resigned and was replaced by our interim CEO whose task it became to work alongside the Board of Trustees to implement this strategy in such a way as to minimise any negative impact on our services. As we go into 2025/26 we are increasingly confident that these

measures are having the desired effect and, whilst there is still some way to go, we can start to feel cautiously optimistic about our direction of travel.

Last year we reported that we were actively seeking new premises. For the reasons outlined above, that aspiration has had to be shelved until the charity has been returned to a sound financial footing.

Going concern statement

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The Trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

Risk Management

The Trustees have a risk management strategy that comprises: - an annual review of the risks the charity may face; the implementation and review of a formal risk mapping system and procedures to mitigate identified risks; the implementation of systems and procedures designed to minimise any potential impact on the Charity should they materialise.

Financial Risk

The organisation undertakes an annual strategic review to assess uncertainty in the economic climate and to mitigate any significant external risks to funding. Each year the organisation produces updated Business and Action Plans on which trustees and staff are fully consulted and progress against these is reviewed quarterly. A key element in the management of financial risk is the setting of a Reserves Policy and its regular review by trustees.

6. Plans for future periods

Over the coming year, we aim to maintain a lower cost base by ensuring staffing is aligned to project income; we have given notice on our lease of a 2nd property in North Shields and the staff will return to our main base. This will result in significant savings, once the notice period is over, or alternative tenants are found.

We will focus our work on our core values and objectives as set out in our governing document, supporting children and families to recover from domestic abuse, by taking a holistic 'whole-family' approach, but cutting back on additional services which are unfunded, costly or detract from our core aims.

With the support of an experienced Interim CEO, we aim to ensure financial stability throughout the year and focus on good value for commissioners and funders whilst delivering continued outstanding outcomes. In addition, we are also focused on building the resilience of the organisation by recruiting in a strategic manner and upskilling staff to ensure a workforce that is more multi-disciplinary and can be utilised more effectively.

7. Trustees responsibilities in relation to the financial statement

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (Statement of Recommended Practice);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by order of the board of trustees on: 16 October 2025 and signed on its behalf by:



Fabienne Thompson
Chairperson

ACORNS (NORTH TYNESIDE)

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2025

I report on the financial statements of Acorns (North Tyneside) for the year ended 31 March 2025, which are set out on pages 9 to 21.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jim Dodds FCIE

33 The Glebe

Morpeth

NE61 6HW

Date: 9 December 2025



ACORNS (NORTH TYNESIDE)

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<u>Income from:</u>					
Donations and legacies	6	7,068	-	7,068	5,290
Charitable activities					
Grants and contracts	7	348,497	176,518	525,015	635,034
Other trading activities	8	6,096	-	6,096	9,677
Investments	9	1,348	-	1,348	14
Total income		363,009	176,518	539,527	650,015
<u>Expenditure on:</u>					
Raising funds	10	107	-	107	173
Charitable activities					
Operation of the charity	11	527,985	176,518	704,503	640,668
Total expenditure		528,092	176,518	704,610	640,841
Net income/(expenditure) and net movement of funds		(165,083)	-	(165,083)	9,174
<u>Reconciliation of funds</u>					
Total funds brought forward		210,040	-	210,040	200,866
Total funds carried forward		44,957	-	44,957	210,040

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 12 to 21 form an integral part of these accounts.

ACORNS (NORTH TYNESIDE)

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Charity Number 1157078

Company Number 08838624

BALANCE SHEET

As at 31 March 2025

	Notes	£	Total 2025 £	£	Total 2024 £
<u>Current assets</u>					
Debtors	18	12,163		6,131	
Cash at bank and in hand	19	161,420		276,914	
Total current assets		173,583		283,045	
Creditors: amounts falling due within one year	20	(128,626)		(73,005)	
Net current assets			44,957		210,040
Total assets less current liabilities			44,957		210,040
Total net assets or liabilities			44,957		210,040
<u>Funds of the charity</u>					
Unrestricted income funds			44,957		210,040
Restricted income funds			-		-
Total funds			44,957		210,040

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 12 to 21 form an integral part of these accounts.

These financial statements were approved by the Board on: 16 October 2025

and are signed on its behalf by:



Keith Williamson

Trustee

ACORNS (NORTH TYNESIDE)

(A company limited by guarantee)

Charity Number 1157078

Company Number 08838624

STATEMENT OF CASH FLOWS

For the year ended 31 March 2025

	Notes	2025 £	2024 £
<u>Cash flows from operating activities</u>			
Net Movement in funds		(165,083)	9,174
<u>Add back:</u>			
Deduct interest income shown in investment activities		(1,348)	(14)
Increase in trade receivables		(6,032)	4,800
Increase in trade payables		55,621	38,554
<i>Cash generated from operations</i>		(116,842)	52,514
 <u>Cash flow from investing activities</u>			
Interest received		1,348	14
<i>Net cash used in investing activities</i>		1,348	14
 Decrease in cash and cash equivalents		(115,494)	52,528
Cash and cash equivalents at start of year		276,914	224,386
Cash and cash equivalents at end of year		161,420	276,914

The notes on pages 12 to 21 form an integral part of these accounts.

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

1 Accounting Policies

The principle accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Acorns (North Tyneside) meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The charity reported total unrestricted funds at the year end of £44,957 and has already secured a significant amount of funding for the current year. The trustees are of the view that the immediate future of the charity for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability.

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance or provision of other specified service is deferred until the criteria of income recognition are met.

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

3.7 Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in donations and legacies.

Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

3.8 Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investment and any gain or loss resulting from revaluing investments to market value at the end of the year.

3.9 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charities' work or for specific projects being undertaken by the charity.

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

All expenditure is accounted for on an accrual basis. Expenditure on charitable activities includes the costs of services to families and other activities undertaken to further the purposes of the charity and their associated

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

4.6 Pensions

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

5 Assets

5.1 Tangible fixed assets for use by the charity

Individual fixed assets costing £1,000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

The Charity currently has no tangible fixed assets.

5.2 Debtors

Debtors are measured at their recoverable amounts, being the amount the charity anticipates it will receive in settlement of the debt.

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

Analysis of income

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
6 Donations and legacies				
Donations	7,068	-	7,068	5,290
	<u>7,068</u>	<u>-</u>	<u>7,068</u>	<u>5,290</u>

7 Charitable activitiesIncome from grants

National Lottery Fund RC North East Region	20,000	-	20,000	58,700
1989 Willan Trust	-	-	-	10,000
Sy James's Place Foundation	-	4,167	4,167	10,000
Ballinger Charitable Trust	7,500	-	7,500	15,000
The Coutts Foundation	10,000	-	10,000	40,000
Trusthouse Charitable Foundation	-	-	-	30,000
Sir James Knott Trust	2,500	-	2,500	10,000
Garfield Weston Foundation	15,000	-	15,000	15,000
Postcode Trust	20,000	-	20,000	30,000
Angus Lawson Memorial Trust	2,000	20,000	22,000	20,000
LGA Foundation	1,500	5,000	6,500	5,000
CF Pea Green Boat Fund	-	5,000	5,000	-
National Lottery Fund Awards for All	-	15,000	15,000	5,000
REACH Fund	-	1,008	1,008	5,540
Masonic Charitable Foundation	-	-	-	5,000
Community Foundation Northumberland Village Homes Trust	-	-	-	5,000
Morrisons Trust	-	8,748	8,748	-
Other small grants <£2,500	1,500	14,165	15,665	-
<i>Sub total</i>	<u>80,000</u>	<u>73,088</u>	<u>153,088</u>	<u>264,240</u>

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

7 Charitable activities continued

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<i>Brought forward</i>	80,000	73,088	153,088	264,240
<u>Statutory income</u>				
North Tyneside Council	158,000	-	158,000	158,000
Northumberland County Council	98,324	-	98,324	98,324
Northumbria Police and Crime Commissioner (Community DA and SV Fund)	-	42,500	42,500	42,500
Northumbria Police and Crime Commissioner (PVSC Fund)	6,040	60,930	66,970	66,970
<u>Other income</u>				
Other income	6,133	-	6,133	5,000
	<u>348,497</u>	<u>176,518</u>	<u>525,015</u>	<u>635,034</u>

8 Other trading activities

Room hire	4,580	-	4,580	5,658
Fundraising events	1,008	-	1,008	2,826
Earned income	508	-	508	1,193
	<u>6,096</u>	<u>-</u>	<u>6,096</u>	<u>9,677</u>

9 Income from investments

Bank interest	1,348	-	1,348	14
	<u>1,348</u>	<u>-</u>	<u>1,348</u>	<u>14</u>

Income was £539,527 (2024: £650,015) of which £363,009 was unrestricted or designated (2024: £476,775) and £176,518 was restricted (2024: £173,240).

ACORNS (NORTH TYNESIDE)

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
10 Raising funds				
Fundraising costs	107	-	107	173
	<u>107</u>	<u>-</u>	<u>107</u>	<u>173</u>

11 Charitable activitiesDirect costs

Staff salaries	231,944	147,094	379,038	374,685
Staff travel & other staff costs	8,375	5,728	14,103	12,645
Equipment and materials	1,339	824	2,163	2,396
Consultancy and supervision	6,930	4,280	11,210	8,841
Training	3,409	513	3,922	7,774
Room hire	298	208	506	53
Recruitment	478	253	731	1,115
Events and activities	7,942	4,072	12,014	11,199
Client expenses	5,860	1,211	7,071	3,460
Sessional work	10,415	6,341	16,756	11,827
Volunteer costs	820	615	1,435	1,979
Project costs	8,900	4,371	13,271	-

Support costs

Management staff salaries	123,228	-	123,228	94,568
Rent	57,986	-	57,986	52,913
General running costs	36,092	-	36,092	39,743
Professional fees	22,045	1,008	23,053	16,284

Governance costs

Trustees meeting costs	574	-	574	236
Independent examiner's fees for reporting on the accounts	1,350	-	1,350	950
	<u>527,985</u>	<u>176,518</u>	<u>704,503</u>	<u>640,668</u>

Expenditure on charitable activities was £704,610 (2024: £640,841) of which £528,092 was unrestricted or designated (2024: £467,601) and £176,518 was restricted (2024: £173,240).

12 Fees for examination of the accounts

	2025 £	2024 £
Independent examiner's fees for reporting on the accounts	1,350	950
	<u>1,350</u>	<u>950</u>

There were no other fees paid to the examiner (2024: £nil)

ACORNS (NORTH TYNESIDE)

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

13 Analysis of staff costs, and the cost of key management personnel

	2025 £	2024 £
Salaries and wages	457,040	426,941
Social security costs	36,503	33,927
Pension costs (defined contribution pension plan)	8,723	8,385
	<u>502,266</u>	<u>469,253</u>

No employee received remuneration above £60,000 (2024: nil).

The key management personnel of the charity, comprise the Trustees and the Chief Executive. The total employee benefits of the key management personnel of the charity were £53,834 (2024: £51,147).

14 Staff Numbers

The average monthly head count was 21 staff (2024: 21 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

	2025 Number	2024 Number
The parts of the charity in which the employee's work:		
Charitable activities	14.2	15.5
Administration	1.8	1.8
	<u>16.0</u>	<u>17.3</u>

15 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

There has been no related party transactions in the reporting period.

16 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £8,723 (2024: £8,385). There was £490 outstanding as at 31 March 2025 (2024: £1,668).

17 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

18 Debtors and prepayments (receivable within 1 year)

	2025 £	2024 £
Trade debtors	350	608
Other debtors	11,813	5,523
	12,163	6,131

19 Cash at bank and in hand

	2025 £	2024 £
Short term deposits	65,016	6
Cash at bank	96,208	276,613
Cash in hand	196	295
	161,420	276,914

20 Creditors and accruals (payable within 1 year)

	2025 £	2024 £
Trade creditors	10,681	-
Taxation and social security	13,979	6,887
Pension	490	1,668
Accruals		
Independent examination of accounts	1,350	950
Deferred income	102,126	63,500
	128,626	73,005

21 Deferred income

Deferred income comprises of advance payments from grants that relate to future periods

	2025 £
Balance brought forward	63,500
Amount released to income earned from charitable activities	(63,500)
Amount deferred in year	102,126
Balance carried forward	102,126

22 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

23 Analysis of charitable funds**Analysis of movements in unrestricted funds**

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	210,040	363,009	(528,092)	-	44,957
Totals	210,040	363,009	(528,092)	-	44,957

Purpose of unrestricted funds

General unrestricted fund The 'free reserves' of the charity.

Analysis of movement in restricted funds

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Restricted funds					
Family Support	-	30,000	(30,000)	-	-
Prevent and Cope Children and Young People	-	52,700	(52,700)	-	-
Recovery North Tyneside	-	49,458	(49,458)	-	-
Recovery Northumberland	-	43,352	(43,352)	-	-
Reach Fund	-	1,008	(1,008)	-	-
Totals	-	176,518	(176,518)	-	-

Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

Family Support	Adult counselling service and Family Support service working with adults aged 18+.
Prevent and Cope Children and Young People	Young people's outreach 1-1 service, teen relationship service, First Response Service, flexible drop in for teens, group programme provision.
Recovery North Tyneside	Therapeutic interventions and counselling for children and young people aged 4-18 in North Tyneside.
Recovery Northumberland	Therapeutic interventions and counselling for children and young people aged 4-14 in Northumberland.
Reach Fund	Consultancy support with locating new premises.

ACORNS (NORTH TYNESIDE)

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

24 Capital commitments

As at 31 March 2025, the charity had no capital commitments (2024 -£nil).

25 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total 2025 £
Cash at bank and in hand	161,420	-	161,420
Other net current assets/(liabilities)	(116,463)	-	(116,463)
	<u>44,957</u>	<u>-</u>	<u>44,957</u>

	Unrestricted Funds £	Restricted Funds £	Total 2024 £
Cash at bank and in hand	276,914	-	276,914
Other net current assets/(liabilities)	(66,874)	-	(66,874)
	<u>210,040</u>	<u>-</u>	<u>210,040</u>