



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 1 June 2024 Period start date To : 31 May 2025 Period end date

Charity name: Life Care Radio

Charity registration number: 1157024

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve sickness, infirmity and old age among persons staying in residential homes, nursing homes and within medium to long term healthcare provisions throughout (but not exclusively) South Devon by the provision of tailored, pre-recorded, live and networked radio entertainment.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Main activities this year have been collections and donations from interested parties.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that the Trustees have had regard to the Charity Commission's guidance on public benefit.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A – the Charity does not make grants available to other organisations or charities.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Volunteers fulfil a variety of roles including presenting radio shows, visiting care and residential homes to collect requests, administration, publicity and fundraising. This is generally on a weekly basis with

		average contribution made around 2 / 3 hours a week by full members and less regular contributions made by associate members.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity is currently broadcasting to Care Homes and those living in their own home but receiving long term care in the South Devon / Torbay area. We are continuing to grow our partnerships with Totnes Caring and other organisations working to support people receiving care in their own homes.</p> <p>The charity is inclusive as a volunteer base with many older and some disabled volunteers participating including those with sensory impairment, autism, physical disabilities and mobility issues.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The Charity is achieving its stated objective of relieving loneliness and isolation in those receiving long term care. This is expanding to those receiving long term care in their communities as well as within the care sector.
Performance of fundraising activities against objectives set	Para 1.41	The main purpose of our fundraising is to maintain a consistent service, maintain equipment and raise awareness of what we do. We have been re-selected as a Co-op community cause which will further expand our ability to achieve these objectives.
Investment performance against objectives	Para 1.41	Our Homes Liaison Officer has worked with the homes to raise awareness and increase our profile with relatives of those receiving long term care as well as ensuring continuation of our request service. This has allowed the homes to continue to request tracks for their residents and allowed for a continuous provision towards achieving the Charity's aims and objectives.

		Community events such as Galmpton Gooseberry Pie Fair allow volunteers to engage in publicity and reputation building as well as fundraising for the charity.
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity funding remains stable but with a slight decrease in both income and expenditure due to no major outlays for equipment and reducing the News service from satellite driven IRN to a collaboration with Torbay Hospital Radio to use Radio News Hub. The Charity has applied for the National Lottery Awards for All funding as well as being successful in selection as a Co-op Local Cause for 2026-2027 which will improve the financial status for the forthcoming financial year
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy of the Charity is to hold a sum equivalent to one year's normal running costs. This should be sufficient to meet any unforeseen item of major expenditure and / or to be able to continue in the short term, funding planned activities.
Amount of reserves held	Para 1.22	£2000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

## Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity is funded through fundraising projects including collections, local events and some PA work. Funding is also obtained through sponsorship of various features on the radio station and through membership subscriptions as well as grant writing and use of equipment for external events where appropriate.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
		Cost of living remains a challenge for us as a charity as well as member recruitment to

A description of the principal risks facing the charity	Para 1.46	fulfil more active roles such as working with Pas and outside broadcasts. This is being addressed through targeted recruitment drives.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO – Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected into their role at the AGM and re-elected on a two year rotational basis in accordance with the Constitution. The charity Trustees must include a Chair, Treasurer and Secretary and other posts are elected as required.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All Trustees familiar with charity objectives and Constitution as well as policies. Trustees encouraged to read Charity Commission guidance on their role as a Trustee and to discuss with existing Trustees.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The Charity has Trustees who are responsible to the members for the day to day running and administration. Full members have voting rights and are encouraged to play an active role in the station as well as paying an annual subscription. They are registered with the Torbay and South Devon NHS Foundation Trust as volunteers operating within hospital premises. Associate members will remain involved and informed of the charity's activities and may help out on an ad hoc basis with fundraising or events. They are not expected to contribute beyond an annual lower rate of subscription and will not present shows or collect requests.</p> <p>Life Care Radio is a member of the Hospital Broadcasting Association and is listed as a charity within the Torbay and South Devon NHS Foundation Trust.</p>
Relationship with any related parties	Para 1.51	<p>Life Care Radio is housed within Totnes Hospital.</p> <p>Discussion has started with the idea of merging with another local Hospital Radio station to instigate efficiencies and ensure longevity of the Life Care Radio brand and charitable objectives.</p>
Other		

## Reference and Administrative details

Charity name	Life Care Radio
Other name the charity uses	
Registered charity number	1157024
Charity's principal address	115 Primley Park, Paignton, Devon TQ3 3JX

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Silcox	Chairperson		
2	Cathie Burgess	Vice-Chair		
3	Melissa Alexander	Secretary		
4	Mark Burgess	Treasurer / Myriad and Scheduling		
5	David Burlace	Publicity and Programming		
6	Phil Spicer	Trustee / Engineer		
7	Rosalea Atkinson	Homes Liaison Officer		

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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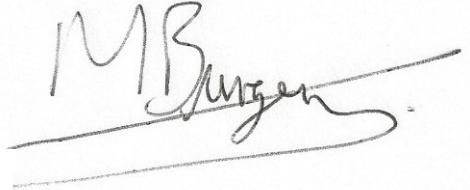


## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Andrew Silcox	Mark Burgess
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Position (eg Secretary,  
Chair, etc)

Chair	Treasurer
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Date

27.3.2026
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**Charity number: 1157024**

**Life Care Radio**  
**Trustees' report and financial statements**  
**for the year ended 31 May 2025**

## **Life Care Radio**

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## **Life Care Radio**

### **Legal and administrative information**

<b>Charity number</b>	1157024	
<b>Business address</b>	115 Primley Park Paignton Devon TQ3 3JX	
<b>Registered office</b>	115 Primley Park Paignton Devon TQ3 3JX	
<b>Trustees</b>	Melissa Alexander Catherine Burgess Mark Burgess Andrew Silcox Rosalea Atkinson Philip Spicer	Appointed 27th June 2025
<b>Secretary</b>	Catherine Burgess	
<b>Accountants</b>	IAW Accountancy Services 5 Hyde Road Paignton Devon TQ4 5BW	
<b>Bankers</b>	Barclays PLC 6/8 Palace Avenue Paignton Devon TQ3 3ET	

## **Life Care Radio**

### **Report of the trustees for the year ended 31 May 2025**

The trustees present their report and the financial statements for the year ended 31 May 2025. The trustees who served during the year and up to the date of this report are set out on page 1.

#### **Structure, governance and management**

#### **Objectives and activities**

#### **Achievements and performance**

#### **Financial review**

#### **Statement of trustees' responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other

On behalf of the board



Andrew Silcox

**Chair**

## Life Care Radio

### Statement of financial activities

For the year ended 31 May 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	2024 Total £
<b>Incoming resources</b>					
Incoming resources from generating funds:					
Voluntary income	2	1,541	-	1,541	5,439
<b>Total incoming resources</b>		<u>1,541</u>	<u>-</u>	<u>1,541</u>	<u>5,439</u>
<b>Resources expended</b>					
Establishment costs		96	-	96	96
Legal and professional fees		-	-	-	1,613
Communications and IT		617	-	617	548
Other office expenses		802	-	802	18
Activity 1 - Studio and equipment repairs and main		374	-	374	2,567
<b>Total resources expended</b>		<u>1,889</u>	<u>-</u>	<u>1,889</u>	<u>4,842</u>
Total funds brought forward		<u>3,958</u>	<u>744</u>	<u>4,702</u>	<u>4,106</u>
<b>Total funds carried forward</b>		<u>3,610</u>	<u>744</u>	<u>4,354</u>	<u>4,703</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 6 to 8 form an integral part of these financial statements.

## Life Care Radio

### Balance sheet as at 31 May 2025

	Notes	£	2025 £	£	2024 £
<b>Current assets</b>					
Debtors	5	230		901	
Cash at bank and in hand		3,555		4,089	
		<u>3,785</u>		<u>4,990</u>	
<b>Creditors: amounts falling due within one year</b>	6	(313)		(288)	
<b>Net current assets</b>			3,472		4,702
<b>Net assets</b>			<u>3,472</u>		<u>4,702</u>
<b>Funds</b>	7				
Restricted income funds			744		744
Unrestricted income funds			2,728		3,958
<b>Total funds</b>			<u>3,472</u>		<u>4,702</u>

The financial statements were approved by the trustees on 31 March 2026 and signed on its behalf by

**Andrew Silcox**  
Trustee



The notes on pages 6 to 8 form an integral part of these financial statements.

## **Life Care Radio**

### **Notes to financial statements for the year ended 31 May 2025**

#### **1. Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

##### **1.1. Basis of accounting**

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Charities Act 1993.

##### **1.2. Cashflow**

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

##### **1.3. Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

##### **1.4. Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.



## Life Care Radio

### Notes to financial statements for the year ended 31 May 2025

#### 2. Voluntary income

	2025 Total £	2024 Total £
Donations	1,156	936
Grants receivable	-	4,183
Subscriptions	385	320
	<u>1,541</u>	<u>5,439</u>

#### 3. Other incoming resources

	2025 Total £	2024 Total £
Other income - equipment hire	150	-
	<u>150</u>	<u>-</u>

#### 4. Employees

##### Employment costs

No salaries or wages have been paid to employees, including the trustees, during the year.

##### Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

2025 Number	2024 Number
<u>          </u>	<u>          </u>

#### 5. Debtors

	2025 £	2024 £
Trade debtors	10	10
Prepayments and accrued income	220	891
	<u>230</u>	<u>901</u>

## Life Care Radio

### Notes to financial statements for the year ended 31 May 2025

#### 6. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	88	88
Accruals and deferred income	225	200
	<u>313</u>	<u>288</u>

#### 7. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 May 2025 as represented by:			
Current assets	3,041	744	3,785
Current liabilities	(313)	-	(313)
	<u>2,728</u>	<u>744</u>	<u>3,472</u>

#### 8. Unrestricted funds

	At 1 June 2024 £	Incoming resources £	Outgoing resources £	At 31 May 2025 £
Unrestricted Fund	<u>3,959</u>	<u>1,691</u>	<u>(2,922)</u>	<u>2,728</u>

#### 9. Restricted funds

	At 1 June 2024 £	At 31 May 2025 £
Restricted Fund	<u>744</u>	<u>744</u>

## Life Care Radio

### Detailed statement of financial activities

For the year ended 31 May 2025

	2025 £	2024 £
<b>Charitable activities</b>		
<b>Governance costs</b>		
<i>Activities undertaken directly</i>		
Office expenses - Other	(1)	-
	(1)	-
<b>Total governance costs</b>	(1)	-
<b>Net incoming/(outgoing) resources for the year</b>	(1,230)	597