



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **1 June 2023** Period start date To **: 31 May 2024**
Period end date

Charity name: Life Care Radio

Charity registration number: 1157024

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve sickness, infirmity and old age among persons staying in residential homes, nursing homes and within medium to long term healthcare provisions throughout (but not exclusively) South Devon by the provision of tailored, pre-recorded, live and networked radio entertainment.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities this financial year have been fundraising through collections / stalls at local events and the receipt of the Co-Op community fund which represents a substantial sum in the year's accounting.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that the Trustees have had regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A – the Charity does not make grants available to other organisations or charities.
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Volunteers fulfil a variety of roles including presenting radio shows, visiting care and residential homes to collect requests, administration, publicity and fundraising.

		This is generally on a weekly basis with average contribution made around 2 / 3 hours a week by full members and less regular contributions made by associate members.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity is currently broadcasting to Care Homes and those living in their own home but receiving long term care in the South Devon / Torbay area. Recently this has expanded through partnership with Totnes Caring, a charity which works with those requiring long term care, usually in their own homes.</p> <p>The charity is inclusive as a volunteer base with many older and some disabled volunteers participating including those with sensory impairment, autism, physical disabilities and mobility issues.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The Charity is achieving its stated objective of relieving loneliness and isolation in those receiving long term care. There is scope to enhance this through more request shows and request visits but this is determined by volunteer numbers which are rising and a recruitment drive through the NHS Volunteers bureau is helping with this.
Performance of fundraising activities against objectives set	Para 1.41	The main purpose of fundraising through the 2023-2024 period has been to maintain a consistent service, maintain equipment and raise awareness of what we do. This has included a Co-op community grant to help us to deliver entertainment across the wider community and meet wider charitable objectives among those at risk of loneliness and isolation.
Investment performance against objectives	Para 1.41	Our Homes Liaison Officer has worked with the homes to raise awareness and increase our profile with relatives of those receiving

		<p>long term care as well as ensuring continuation of our request service. This has allowed the homes to continue to request tracks for their residents and allowed for a continuous provision towards achieving the Charity's aims and objectives.</p> <p>We have made progress toward the objective of volunteers being able to broadcast from outside of the studio and our new partnership with Torbay Hospital Radio will also further this aim.</p>
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has remained financially stable this year with slightly increased funding from the wider sector and improved activity in community events. The re-commencement of Paignton Festival was sadly not the event we hoped for and local events, whilst re-establishing themselves, are also victims of cost of living rises meaning less funding is coming our way from these events.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy of the Charity is to hold a sum equivalent to one year's normal running costs. This should be sufficient to meet any unforeseen item of major expenditure and / or to be able to continue in the short term, funding planned activities. Currently reserves will be allocated towards additional listening units to ensure that homes who wish to receive a service do so.
Amount of reserves held	Para 1.22	£2000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity is funded through fundraising projects including collections, local events and some PA work. Funding is also obtained through sponsorship of various features on the radio station and through membership subscriptions as well as grant writing where appropriate.
		N/A

Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Principal risks at the moment include the declining health of key members, the reluctance of new volunteers to get heavily involved in charity governance and the continued rise in costs through the cost of living crisis. The Charity is currently responding to the ongoing threats by holding more than one year's funds in reserve to account for problems in meeting ongoing costs associated with postponement or cancellation of fundraising activities.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO – Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected into their role at the AGM and re-elected on a two year rotational basis in accordance with the Constitution. The charity Trustees must include a Chair, Treasurer and Secretary and other posts are elected as required.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All Trustees familiar with charity objectives and Constitution as well as policies. Trustees encouraged to read Charity Commission guidance on their role as a Trustee and to discuss with existing Trustees.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The Charity has Trustees who are responsible to the members for the day to day running and administration. Full members have voting rights and are encouraged to play an active role in the station as well as paying an annual subscription. They are registered with the Torbay and South Devon NHS Foundation Trust as volunteers operating within hospital premises. Associate members will remain involved and informed of the charity's activities and may help out on an ad hoc basis with fundraising or events. They are not expected to contribute beyond an annual lower rate of subscription and will not present shows or collect requests.</p> <p>Life Care Radio is a member of the Hospital Broadcasting Association</p>
Relationship with any related parties	Para 1.51	<p>Life Care Radio is housed within Totnes Hospital.</p> <p>Discussion has started with the idea of merging with another local Hospital Radio station to instigate efficiencies and ensure longevity of the Life Care Radio brand and charitable objectives.</p>
Other		

Reference and Administrative details

Charity name	Life Care Radio
Other name the charity uses	
Registered charity number	1157024
Charity's principal address	115 Primley Park, Paignton, Devon TQ3 3JX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Silcox	Chairperson		
2	Jacqui Constable	Vice-Chair		
3	Cathie Burgess	Secretary		
4	Phil Spicer	Treasurer		
5	David Burlace	Publicity and Programming		
6	Rosalea Atkinson	Homes Liaison Officer		
7	Mark Burgess	Vice Treasurer / Myriad and Scheduling		

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information



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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Andrew Silcox	Phil Spicer
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Position (eg Secretary,
Chair, etc)

Chair	Treasurer
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Date

1.9.24

Charity number: 1157024

Life Care Radio
Trustees' report and financial statements
for the year ended 31 May 2024

Life Care Radio

Contents

	Page
Legal and administrative information	1
Trustees report	2
Statement of financial activities	3
Income and expenditure account	4
Balance sheet	5
Notes to the financial statements	6 - 8

Life Care Radio

Legal and administrative information

Charity number	1157024
Business address	115 Primley Park Paignton Devon TQ3 3JX
Registered office	115 Primley Park Paignton Devon TQ3 3JX
Trustees	Jacqueline Constable Catherine Burgess Mark Burgess Andrew Silcox Rosalea Atkinson David Burlace Philip Spicer
Secretary	Catherine Burgess
Accountants	IAW Accountancy Services 5 Hyde Road Paignton Devon TQ4 5BW
Bankers	Barclays PLC 6/8 Palace Avenue Paignton Devon TQ3 3ET

Life Care Radio

Report of the trustees for the year ended 31 May 2024

The trustees present their report and the financial statements for the year ended 31 May 2024. The trustees who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Objectives and activities

Achievements and performance

Financial review

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other

On behalf of the board



Andrew Silcox
Chair

Life Care Radio

Statement of financial activities

For the year ended 31 May 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	2023 Total £
Incoming resources					
Incoming resources from generating funds:					
Voluntary income	2	5,439	-	5,439	1,299
Total incoming resources		<u>5,439</u>	<u>-</u>	<u>5,439</u>	<u>1,299</u>
Resources expended					
Establishment costs		96	-	96	96
Legal and professional fees		-	-	-	1,656
Communications and IT		548	-	548	403
Other office expenses		366	-	366	17
Activity 1 - Studio and equipment repairs and main		2,567	-	2,567	1,162
Total resources expended		<u>3,577</u>	<u>-</u>	<u>3,577</u>	<u>3,334</u>
Total funds brought forward		<u>3,362</u>	<u>744</u>	<u>4,106</u>	<u>6,142</u>
Total funds carried forward		<u>5,224</u>	<u>744</u>	<u>5,968</u>	<u>4,107</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 6 to 8 form an integral part of these financial statements.

Life Care Radio

Income and expenditure account

For the year ended 31 May 2024

	Notes	2024 £	2023 £
Income		5,439	1,299
Operating expenditure		(4,842)	(3,334)
Operating surplus		<u>597</u>	<u>(2,035)</u>
Retained surplus for the financial year		<u><u>597</u></u>	<u><u>(2,035)</u></u>

All activities derive from continuing operations.

The notes on pages 6 to 8 form an integral part of these financial statements.

Life Care Radio

Balance sheet as at 31 May 2024

	Notes	£	2024 £	£	2023 £
Current assets					
Debtors	4	901		644	
Cash at bank and in hand		4,089		3,750	
		<u>4,990</u>		<u>4,394</u>	
Creditors: amounts falling due within one year	5	(288)		(288)	
Net current assets			4,702		4,106
Net assets			<u>4,702</u>		<u>4,106</u>
Funds	6				
Restricted income funds			744		744
Unrestricted income funds			3,958		3,362
Total funds			<u>4,702</u>		<u>4,106</u>

The financial statements were approved by the trustees on 31 August 2024 and signed on its behalf by



Andrew Silcox
Trustee

The notes on pages 6 to 8 form an integral part of these financial statements.

**Notes to financial statements
for the year ended 31 May 2024**

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Charities Act 1993.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

1.3. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

1.4. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Life Care Radio

Notes to financial statements for the year ended 31 May 2024

2. Voluntary income

	2024 Total £	2023 Total £
Donations	936	699
Grants receivable	4,183	-
Sponsorship	-	200
Subscriptions	320	400
	<u>5,439</u>	<u>1,299</u>

3. Employees

Employment costs

No salaries or wages have been paid to employees, including the trustees, during the year.

Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

2024 Number	2023 Number
<u> </u>	<u> </u>

4. Debtors

	2024 £	2023 £
Trade debtors	10	-
Prepayments and accrued income	891	644
	<u>901</u>	<u>644</u>

5. Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	88	88
Accruals and deferred income	200	200
	<u>288</u>	<u>288</u>

Life Care Radio

Notes to financial statements for the year ended 31 May 2024

6. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 May 2024 as represented by:			
Current assets	4,245	744	4,989
Current liabilities	(287)	-	(287)
	<u>3,958</u>	<u>744</u>	<u>4,702</u>

7. Unrestricted funds

	At 1 June 2023 £	Incoming resources £	Outgoing resources £	At 31 May 2024 £
Unrestricted Fund	<u>3,362</u>	<u>5,439</u>	<u>(4,843)</u>	<u>3,958</u>

8. Restricted funds

	At 1 June 2023 £	At 31 May 2024 £
Restricted Fund	<u>744</u>	<u>744</u>

Life Care Radio

The following pages do not form part of the statutory accounts.

Life Care Radio

Detailed statement of financial activities

For the year ended 31 May 2024

	2024		2023	
	£	£	£	£
Incoming resources				
Incoming resources from generating funds:				
<i>Voluntary income</i>				
Donations		936		699
Grants receivable		4,183		-
Sponsorship		-		200
Subscriptions		320		400
		<u>5,439</u>		<u>1,299</u>
Total incoming resources from generating funds		<u>5,439</u>		<u>1,299</u>
Total incoming resources		<u>5,439</u>		<u>1,299</u>
Resources expended				
Costs of generating funds:				
<i>Activity 1</i>				
Activity 1 - Establishment - Insurance	96		96	
Activity 1 - Professional - Other	1,613		1,656	
Activity 1 - Office expenses - Telephone	548		403	
Activity 1 - Office expenses - Other	18		18	
Activity 1 - Studio and equipment repairs and main	2,567		1,162	
		<u>4,842</u>		<u>3,335</u>
Total cost of generating voluntary income		<u>4,842</u>		<u>3,335</u>
Fundraising trading:				
cost of goods sold and other costs				
Total costs of generating funds		<u>4,842</u>		<u>3,335</u>