



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From 1 June 2022**

**Period start date To : 31 May 2023**

**Period end date**

**Charity name: Life Care Radio**

**Charity registration number: 1157024**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve sickness, infirmity and old age among persons staying in residential homes, nursing homes and within medium to long term healthcare provisions throughout (but not exclusively) South Devon by the provision of tailored, pre-recorded, live and networked radio entertainment.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The activities of the charity over the current year have included fundraising events such as stalls and presence at fayres. The charity is also a chosen cause for the Co-operative local causes which will pay out in October 2023. Money is also raised through sponsorship and personal fundraising including Facebook Giving.</p> <p>Shows are provided to nursing, residential homes and hospices without charge. This service is expanding.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that the Trustees have had regard to the Charity Commission's guidance on public benefit.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A – the Charity does not make grants available to other organisations or charities.
Policy on social investment including program related	Para 1.38	N/A

investment		
Contribution made by volunteers	Para 1.38	Volunteers fulfil a variety of roles including presenting radio shows, visiting care and residential homes to collect requests, administration, publicity and fundraising. This is generally on a weekly basis with average contribution made around 2 / 3 hours a week by full members and less regular contributions made by associate members.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The Charity is currently broadcasting to Care Homes and those living in their own home but receiving long term care in the South Devon / Torbay area. There is an expectation that over the coming months the request shows will expand to also include at least three new nursing and residential homes with provision made also for local caring services.</p> <p>The charity is inclusive as a volunteer base with many older and some disabled volunteers participating including those with sensory impairment, autism, physical disabilities and mobility issues.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The Charity is achieving its stated objective of relieving loneliness and isolation in those receiving long term care. There is scope to enhance this through more request shows and request visits but this is determined by volunteer numbers which are rising and a recruitment drive through the NHS Volunteers bureau is helping with this.
Performance of fundraising activities against objectives set	Para 1.41	The main purpose of fundraising through the 2022-2023 period has been to maintain a consistent service, maintain equipment and raise awareness of what we do. This has been somewhat less successful than we hoped because of general health of volunteers, presenters and trustees but is

		picking up significantly with an influx of new members.
Investment performance against objectives	Para 1.41	<p>Our Homes Liaison Officer has worked with the homes to raise awareness and increase our profile with relatives of those receiving long term care as well as ensuring continuation of our request service. This has allowed the homes to continue to request tracks for their residents and allowed for a continuous provision towards achieving the Charity's aims and objectives.</p> <p>We are now looking to fundraise with the objective of broadening the service to allow volunteers to broadcast from their own homes where necessary and desirable.</p>
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has remained financially stable this year although we are still seeing a lack of funding from the wider sector and less activity in community events which has impacted on our fundraising activities. Towards the end of this year, we are starting to see this trend changing with expectations that Paignton Festival will go ahead and a number of new events throughout the Summer planned and taking place.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy of the Charity is to hold a sum equivalent to one year's normal running costs. This should be sufficient to meet any unforeseen item of major expenditure and / or to be able to continue in the short term, funding planned activities. Currently reserves will be allocated towards additional listening units to ensure that homes who wish to receive a service do so.
Amount of reserves held	Para 1.22	£2000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

		The Charity is funded through fundraising projects including collections, Coffee
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The charity's principal sources of funds (including any fundraising)	Para 1.47	mornings and events. Funding is also obtained through sponsorship of various features on the radio station and through membership subscriptions.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Principal risks at the moment include the declining health of key members, the reluctance of new volunteers to get heavily involved in charity governance and the continued rise in costs through the cost of living crisis. The Charity is currently responding to the ongoing threats by holding more than one year's funds in reserve to account for problems in meeting ongoing costs associated with postponement or cancellation of fundraising activities.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO – Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected into their role at the AGM and re-elected on a two year rotational basis in accordance with the Constitution. The charity Trustees must include a Chair, Treasurer and Secretary and other posts are elected as required.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All Trustees familiar with charity objectives and Constitution as well as policies. Trustees encouraged to read Charity Commission guidance on their role as a Trustee and to discuss with existing Trustees.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity has Trustees who are responsible to the members for the day to day running and administration. Full members have voting rights and are encouraged to play an active role in the station as well as paying an annual subscription. They are registered with the Torbay and South Devon NHS Foundation Trust as volunteers operating within hospital premises. Associate members will remain involved and informed of the charity's activities and may help out on an ad hoc basis with fundraising or events. They are not expected to contribute beyond an annual lower rate of subscription and will not present shows or collect requests.  Life Care Radio is a member of the Hospital Broadcasting Association
Relationship with any related parties	Para 1.51	Life Care Radio is housed within Totnes Hospital.
Other		

## Reference and Administrative details

Charity name	Life Care Radio
Other name the charity uses	
Registered charity number	1157024
Charity's principal address	115 Primley Park, Paignton, Devon TQ3 3JX

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Silcox	Chairperson		
2	Jacqui Constable	Vice-Chair		
3	Cathie Burgess	Secretary		
4	Phil Spicer	Treasurer		
5	David Burlace	Publicity and Programming		
6	Rosalea Atkinson	Homes Liaison Officer		
7	Mark Burgess	Vice Treasurer / Myriad and Scheduling		

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Andrew Silcox

Phil Spicer

Position (eg Secretary,  
Chair, etc)

Chair

Treasurer

Date

9.8.23

**Charity number: 1157024**

**Life Care Radio**  
**Trustees' report and financial statements**  
**for the year ended 31 May 2023**

## **Life Care Radio**

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## **Life Care Radio**

### **Legal and administrative information**

<b>Charity number</b>	1157024
<b>Business address</b>	115 Primley Park Paignton Devon TQ3 3JX
<b>Registered office</b>	115 Primley Park Paignton Devon TQ3 3JX
<b>Trustees</b>	Jacqueline Constable Catherinc Burgess Mark Burgess Andrew Silcox Rosalea Atkinson David Burlace Philip Spicer
<b>Secretary</b>	Catherine Burgess
<b>Accountants</b>	IAW Accountancy Services 5 Hyde Road Paignton Devon TQ4 5BW
<b>Bankers</b>	Barclays PLC 6/8 Palace Avenue Paignton Devon TQ3 3ET

## **Life Care Radio**

### **Report of the trustees for the year ended 31 May 2023**

The trustees present their report and the financial statements for the year ended 31 May 2023. The trustees who served during the year and up to the date of this report are set out on page 1.

#### **Structure, governance and management**

#### **Objectives and activities**

#### **Achievements and performance**

#### **Financial review**

#### **Statement of trustees' responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other

On behalf of the board



Andrew Silcox  
**Chair**

## Life Care Radio

### Statement of financial activities

For the year ended 31 May 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total £	2022 Total £
<b>Incoming resources</b>					
Incoming resources from generating funds:					
Voluntary income	2	1,299	-	1,299	1,726
<b>Total incoming resources</b>		<u>1,299</u>	<u>-</u>	<u>1,299</u>	<u>1,726</u>
<b>Resources expended</b>					
Establishment costs		96	-	96	132
Legal and professional fees		-	-	-	1,122
Communications and IT		403	-	403	378
Other office expenses		366	-	366	18
Activity 1 - Studio repairs and maintenance		1,162	-	1,162	864
<b>Total resources expended</b>		<u>2,027</u>	<u>-</u>	<u>2,027</u>	<u>2,514</u>
Total funds brought forward		5,398	744	6,142	6,931
<b>Total funds carried forward</b>		<u>4,670</u>	<u>744</u>	<u>5,414</u>	<u>6,143</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 6 to 8 form an integral part of these financial statements.

## **Life Care Radio**

### **Income and expenditure account**

**For the year ended 31 May 2023**

	<b>Notes</b>	<b>2023</b> <b>£</b>	<b>2022</b> <b>£</b>
<b>Income</b>		1,299	1,726
Operating expenditure		(3,334)	(2,514)
<b>Operating surplus</b>		<u>(2,035)</u>	<u>(788)</u>
<b>Retained surplus for the financial year</b>		<u><u>(2,035)</u></u>	<u><u>(788)</u></u>

All activities derive from continuing operations.

**The notes on pages 6 to 8 form an integral part of these financial statements.**

# Life Care Radio

## Balance sheet as at 31 May 2023

	Notes	£	2023 £	£	2022 £
<b>Current assets</b>					
Debtors	4	644		868	
Cash at bank and in hand		3,750		5,474	
		<u>4,394</u>		<u>6,342</u>	
<b>Creditors: amounts falling due within one year</b>	5	(288)		(200)	
<b>Net current assets</b>			4,106		6,142
<b>Net assets</b>			<u>4,106</u>		<u>6,142</u>
<b>Funds</b>	6				
Restricted income funds			744		744
Unrestricted income funds			3,362		5,398
<b>Total funds</b>			<u>4,106</u>		<u>6,142</u>

The financial statements were approved by the trustees on and signed on its behalf by



**Andrew Silcox**  
Trustee

The notes on pages 6 to 8 form an integral part of these financial statements.



## **Life Care Radio**

### **Notes to financial statements for the year ended 31 May 2023**

#### **1. Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

##### **1.1. Basis of accounting**

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Charities Act 1993.

##### **1.2. Cashflow**

The charity has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small charity.

##### **1.3. Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

##### **1.4. Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## Life Care Radio

### Notes to financial statements for the year ended 31 May 2023

#### 2. Voluntary income

	2023 Total £	2022 Total £
Donations	699	1,286
Sponsorship	200	-
Subscriptions	400	440
	<u>1,299</u>	<u>1,726</u>

#### 3. Employees

##### Employment costs

No salaries or wages have been paid to employees, including the trustees, during the year.

##### Number of employees

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

2023 Number	2022 Number
<u>          </u>	<u>          </u>

#### 4. Debtors

	2023 £	2022 £
Trade debtors	-	10
Prepayments and accrued income	644	858
	<u>644</u>	<u>868</u>

#### 5. Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	88	-
Accruals and deferred income	200	200
	<u>288</u>	<u>200</u>

## Life Care Radio

### Notes to financial statements for the year ended 31 May 2023

#### 6. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 May 2023 as represented by:			
Current assets	3,650	744	4,394
Current liabilities	(288)	-	(288)
	<u>3,362</u>	<u>744</u>	<u>4,106</u>

#### 7. Unrestricted funds

	At 1 June 2022 £	Incoming resources £	Outgoing resources £	At 31 May 2023 £
Unrestricted Fund	<u>5,398</u>	<u>1,299</u>	<u>(3,335)</u>	<u>3,362</u>

#### 8. Restricted funds

	At 1 June 2022 £	At 31 May 2023 £
Restricted Fund	<u>744</u>	<u>744</u>

**Life Care Radio**

**The following pages do not form part of the statutory accounts.**