



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	January	2023		31	December	2023

### Section A Reference and administration details

**Charity name** HEARTBEAT The Brighthouse Heart Support Group

**Other names charity is known by** HEARTBEAT

**Registered charity number (if any)** 1156951

**Charity's principal address** Brighthouse Sports Club

Russell Way

Brighthouse

**Postcode**

HD6 4LX

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roger Bailey	Chair		HEARTBEAT AGM
2	Mike Banks	Treasurer		HEARTBEAT AGM
3	Julie Jessop	Secretary	1 January 2023 to 21 November 2023	HEARTBEAT AGM
4	Margaret Howard	Vice Chair		HEARTBEAT AGM
5	Trevor Trott	Safeguarding		HEARTBEAT AGM
6	Mary Mitchell	Social Secretary		HEARTBEAT AGM
7	Mike Bussey	Web Master/GDPR		HEARTBEAT AGM
8	Kenneth Cooper	Walks		HEARTBEAT AGM
9	Steve Mallett	Exercise Classes		HEARTBEAT AGM
10	Tony Trudgill	Exercise Classes		HEARTBEAT AGM
11	Phil Haggis	Exercise Classes		HEARTBEAT AGM
12	Pam Lunn	Membership		HEARTBEAT AGM
13	Douglas Birkhead	Equipment		HEARTBEAT AGM
14	Barry Castle	Contact Point		HEARTBEAT AGM
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16				
17				
18				
19				
20				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by members at AGM or by Trustees during the year as per the constitution. Annually at AGM 1/3 rotation

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity has a document (Brighthouse Organisation, Policies, Rules and Regulations) approved by the Trustees and members at the AGM that covers the procedures, health and safety, DBS checks, accounting and duties of members.

The document aims to ensure anybody can takeover a role in the organisation and know what is required.

We have: Safeguarding (DBS), Privacy (GDPR), Equality & Diversity policies, AED Procedure and Insurance policies

We are a member of the Brighthouse & Rastrick Association to help with the distribution of £70,000 donation for local groups.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The objects of the CIO are to preserve and protect the health of people in Calderdale and surrounds who have suffered a cardiac event or are at risk of such an event by providing facilities, support and rehabilitation.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Trustees have fulfilled their Public Benefit requirements

We continued running classes with Covid-19 Guidance.

HEARTBEAT provided Exercise / Tai Chi classes, walks / health walks, classes and social events to meet its objectives and for the public benefit.

In 2023 we ran:

- 250 Exercise Classes
- 100 Tai Chi Classes
- 22 Social Events
- 72 Walks / Health Walks

Two 24/7 AED installed at Park Tennis Club and Cock O'The North.

HEARTBEAT worked with the communities in Calderdale to maintain 16 public access 24/7 AED's

3 AED cabinets replaced after leaking,

3 CPR / AED course ran for local groups. Over 70 attendees.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

With the exception of the qualified trainers for Tai Chi and Exercise classes every activity is manned by volunteers. During 2023 no expenses or any other payments were made to any volunteer.

In addition to the Trustees, 9 unpaid volunteers helped with walks and events

The AGM approves / rejects ongoing investments proposed by the Trustees. In 2023 the major investment was in 2 new rowing machines.

All the Trustees have been through DBS checks and First Aid Training.

We continue to offer grants for groups installing 24/7 public access AEDs.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Membership increased from 229 to 241, including 21 who did not renew their Membership in July.

Our 750<sup>th</sup> member joined since our start in 2016 joined during 2023.

Attendances increased after Covid restrictions were lifted.

Exercise Class attendance increased by	10.1%
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Tai Chi Class attendance increased by	18.3%
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Walks / Health Walks attendance increased by	7.4%
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Social events attendance increased by	70.9%
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Overall attendance increased by	17.5%
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We fund all of our room hire costs, trainer costs and equipment.

We took part in the Brighthouse Charity Gala and our MP Craig Whittaker's Pensioner Fair.

We have started a free afternoon Chit-Chat Club for members who are isolated. Offering light refreshments, games and chats.

We received a donation from Lloyds Self Service Team, who did the 3 Peaks Challenge, raising £790 for our AED funds

Our Chair is a Trustee for Brighthouse Sports Club, our venue.

We have donated items to the Salvation Army and Overgate Hospice shops.

We took part in an MND / Rob Burrow Centre fund raising event on 28 August which raised over £10,000 for their charities.

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## Section E Financial review

### Brief statement of the charity's policy on reserves

The Charity aims to have reserves equal half of the annual expenditure and has met this aim in 2023

### Details of any funds materially in deficit

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

88.1% was raised from membership fees, members donations, class fees, social events and raffles.

11.9% of our revenue was from grants and donations from local people, groups and charities.

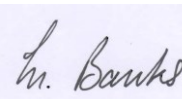
## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Roger Bailey

Michael Banks

Position (e.g., Secretary, Chair, etc)

Chair

Treasurer

Date

14 February 2024



HEARTBEAT ACCOUNTS		2022	2023												2023
Profit & Loss			Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
<b>Income</b>															
Donations / Grants	£1,377.49	£135.38	£20.35	£36.25	£61.71	£33.93	£65.63	£256.16	£14.40	£26.21	£126.04	£46.82	£-	£-	£822.88
Membership Fees	£1,275.00	£20.00	£10.00	£50.00	£55.00	£580.00	£330.00	£20.00	£5.00	£30.00	£25.00	£15.00	£-	£-	£1,140.00
Class fees	£11,806.00	£1,329.00	£1,175.00	£1,041.00	£1,227.00	£1,398.00	£1,217.00	£1,485.00	£1,007.00	£1,011.00	£1,503.00	£1,188.00	£576.00	£-	£14,157.00
Lottery Game	£2,640.00	£430.00	£245.00	£205.00	£170.00	£175.00	£150.00	£390.00	£90.00	£130.00	£160.00	£95.00	£189.00	£-	£2,429.00
Fund Raising	£3,003.20	£-	£-	£275.00	£689.00	£421.00	£-	£47.00	£-	£30.00	£685.00	£145.00	£-	£-	£2,292.00
Events	£3,187.49	£30.00	£45.00	£10.00	£25.00	£119.50	£86.50	£294.00	£660.99	£484.50	£1,367.80	£462.55	£217.00	£-	£3,802.84
Trips	£3,185.20	£-	£385.00	£393.00	£785.00	£388.50	£228.00	£401.40	£35.00	£95.00	£520.00	£189.30	£77.10	£-	£3,497.30
Trading	£486.73	£32.95	£23.00	£19.45	£49.25	£71.28	£37.46	£116.13	£56.54	£61.00	£79.65	£88.63	£27.32	£-	£662.66
Defib Funds	£3,683.00	£100.00	£-	£-	£195.00	£109.00	£80.00	£315.00	£15.00	£1,615.00	£194.00	£293.70	£-	£-	£2,916.70
Other	£894.40	£-	£12.00	£-	£3,156.44	£37.05	£-	£35.00	£-	£-	£20.00	£-	£50.00	£-	£3,310.49
<b>Total Income</b>	<b>£31,538.51</b>	<b>£2,077.33</b>	<b>£1,915.35</b>	<b>£2,029.70</b>	<b>£6,413.40</b>	<b>£3,333.26</b>	<b>£2,194.59</b>	<b>£3,359.69</b>	<b>£1,883.93</b>	<b>£3,482.71</b>	<b>£4,680.49</b>	<b>£2,524.00</b>	<b>£1,136.42</b>	<b>£-</b>	<b>£35,030.87</b>
<b>Expenditure</b>															
Room hire	£2,494.00	£366.00	£305.00	£144.00	£-	£399.14	£234.01	£272.00	£340.00	£237.00	£340.00	£272.00	£136.00	£-	£3,045.15
Trainers	£8,302.75	£785.85	£709.80	£785.65	£781.48	£893.12	£865.21	£781.48	£865.21	£781.48	£865.21	£865.21	£418.65	£-	£9,398.35
Lottery winnings	£1,440.00	£110.00	£95.00	£90.00	£90.00	£165.00	£129.00	£135.00	£85.00	£140.00	£120.00	£120.00	£15.00	£-	£1,294.00
Stationery	£344.80	£-	£157.00	£28.55	£47.78	£-	£155.48	£4.20	£-	£92.95	£-	£20.00	£-	£-	£505.96
Postage	£178.44	£5.44	£21.76	£16.32	£32.63	£18.00	£21.75	£-	£-	£-	£30.00	£9.00	£-	£-	£154.90
FundRaising	£500.60	£-	£-	£296.33	£-	£31.33	£-	£-	£-	£266.58	£6.85	£44.72	£-	£-	£645.81
Events	£3,120.50	£-	£45.00	£40.00	£-	£40.00	£184.00	£11.98	£32.00	£805.00	£5.00	£28.00	£2,035.35	£-	£3,226.33
Trips	£3,041.78	£-	£2.00	£722.50	£371.55	£-	£1,025.00	£-	£328.40	£36.00	£-	£900.00	£30.00	£-	£3,415.45
Equipment	£182.27	£7.00	£17.95	£539.98	£39.00	£47.93	£17.54	£466.35	£17.29	£1.45	£24.05	£62.24	£-	£-	£1,240.78
Members Expenses	£3,215.00	£-	£-	£-	£-	£-	£-	£3,405.00	£-	£-	£-	£-	£-	£-	£3,405.00
Trading	£11.45	£-	£-	£31.43	£-	£-	£58.31	£-	£67.84	£10.79	£9.99	£54.98	£-	£-	£233.34
Defib Funds	£3,376.45	£239.40	£-	£-	£-	£204.96	£138.00	£-	£-	£418.95	£682.80	£428.90	£1,239.95	£-	£3,352.96
Other	£1,851.41	£133.99	£8.37	£11.56	£66.86	£3,180.46	£17.71	£63.71	£226.26	£71.40	£766.91	£126.24	£97.38	£-	£4,770.85
<b>Total Expenditure</b>	<b>£28,059.45</b>	<b>£1,647.68</b>	<b>£1,361.88</b>	<b>£2,706.32</b>	<b>£1,429.30</b>	<b>£4,979.94</b>	<b>£2,846.01</b>	<b>£5,139.72</b>	<b>£1,962.00</b>	<b>£2,861.60</b>	<b>£2,850.81</b>	<b>£2,931.29</b>	<b>£3,972.33</b>	<b>£-</b>	<b>£34,688.88</b>
<b>Profit / Loss</b>															
Profit / (Loss)	£3,479.06	£429.65	£553.47	£-676.62	£4,984.10	£-1,646.68	£-651.42	£-1,780.03	£-78.07	£621.11	£1,829.68	£-407.29	£-2,835.91	£-	£341.99
Profit / (Loss) Cum	£3,479.06	£429.65	£983.12	£306.50	£5,290.60	£3,643.92	£2,992.50	£1,212.47	£1,134.40	£1,755.51	£3,585.19	£3,177.90	£341.99	£-	£341.99
<b>Balance Sheet</b>															
Bank Current Account	£9,592.67	£10,022.32	£10,575.79	£9,899.17	£14,883.27	£13,231.59	£12,505.17	£10,805.14	£10,727.07	£11,348.18	£13,177.86	£12,770.57	£9,934.66	£-	£9,934.66
Savings Account (Dep)	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£-	£10,017.08
Cash in Hand	£-	£-	£-	£-	£-	£5.00	£80.00	£-	£-	£-	£-	£-	£-	£-	£-
<b>Total</b>	<b>£19,609.75</b>	<b>£20,039.40</b>	<b>£20,592.87</b>	<b>£19,916.25</b>	<b>£24,900.35</b>	<b>£23,253.67</b>	<b>£22,602.25</b>	<b>£20,822.22</b>	<b>£20,744.15</b>	<b>£21,365.26</b>	<b>£23,194.94</b>	<b>£22,787.65</b>	<b>£19,951.74</b>	<b>£-</b>	<b>£19,951.74</b>
<b>Defib Memorandum</b>	<b>£1,015.93</b>	<b>£876.53</b>	<b>£876.53</b>	<b>£876.53</b>	<b>£1,071.53</b>	<b>£975.57</b>	<b>£917.57</b>	<b>£1,232.57</b>	<b>£1,247.57</b>	<b>£2,443.62</b>	<b>£1,954.82</b>	<b>£1,819.62</b>	<b>£579.67</b>	<b>£-</b>	<b>£579.67</b>
<b>Members</b>															
Attendees: exercise, Tai Chi & walks	5,050	658	491	482	599	568	458	618	405	365	526	423	218	£-	5,811
Attendees all events	5,576	668	499	491	605	574	491	823	810	432	553	446	363	£-	6,755

#### INDEPENDANT EXAMINERS REPORT

"I have examined these accounts and from the information provided, no matters have come to my attention to prevent me signing this Financial Statement as a true record of the accounts."

*R. Redhead*

Independant Examiner, Richard Redhead

HMRC Reference number 61000049812

Date 11/02/2024.

#### SIGNED ON BEHALF OF HEARTBEAT

*Roger Bailey*  
Chair: Roger Bailey

*Mike Banks*  
Treasurer: Mike Banks  
Date 23-01-24



HEARTBEAT ACCOUNTS		2022	2023												2023
Profit & Loss			Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
<b>Income</b>															
Donations / Grants	£1,377.49	£135.38	£20.35	£36.25	£61.71	£33.93	£65.63	£256.16	£14.40	£26.21	£126.04	£46.82	£-	£-	£822.88
Membership Fees	£1,275.00	£20.00	£10.00	£50.00	£55.00	£580.00	£330.00	£20.00	£5.00	£30.00	£25.00	£15.00	£-	£-	£1,140.00
Class fees	£11,806.00	£1,329.00	£1,175.00	£1,041.00	£1,227.00	£1,398.00	£1,217.00	£1,485.00	£1,007.00	£1,011.00	£1,503.00	£1,188.00	£576.00	£-	£14,157.00
Lottery Game	£2,640.00	£430.00	£245.00	£205.00	£170.00	£175.00	£150.00	£390.00	£90.00	£130.00	£160.00	£95.00	£189.00	£-	£2,429.00
Fund Raising	£3,003.20	£-	£-	£275.00	£689.00	£421.00	£-	£47.00	£-	£30.00	£685.00	£145.00	£-	£-	£2,292.00
Events	£3,187.49	£30.00	£45.00	£10.00	£25.00	£119.50	£86.50	£294.00	£660.99	£484.50	£1,367.80	£462.55	£217.00	£-	£3,802.84
Trips	£3,185.20	£-	£385.00	£393.00	£785.00	£388.50	£228.00	£401.40	£35.00	£95.00	£520.00	£189.30	£77.10	£-	£3,497.30
Trading	£486.73	£32.95	£23.00	£19.45	£49.25	£71.28	£37.46	£116.13	£56.54	£61.00	£79.65	£88.63	£27.32	£-	£662.66
Defib Funds	£3,683.00	£100.00	£-	£-	£195.00	£109.00	£80.00	£315.00	£15.00	£1,615.00	£194.00	£293.70	£-	£-	£2,916.70
Other	£894.40	£-	£12.00	£-	£3,156.44	£37.05	£-	£35.00	£-	£-	£20.00	£-	£50.00	£-	£3,310.49
<b>Total Income</b>	<b>£31,538.51</b>	<b>£2,077.33</b>	<b>£1,915.35</b>	<b>£2,029.70</b>	<b>£6,413.40</b>	<b>£3,333.26</b>	<b>£2,194.59</b>	<b>£3,359.69</b>	<b>£1,883.93</b>	<b>£3,482.71</b>	<b>£4,680.49</b>	<b>£2,524.00</b>	<b>£1,136.42</b>	<b>£-</b>	<b>£35,030.87</b>
<b>Expenditure</b>															
Room hire	£2,494.00	£366.00	£305.00	£144.00	£-	£399.14	£234.01	£272.00	£340.00	£237.00	£340.00	£272.00	£136.00	£-	£3,045.15
Trainers	£8,302.75	£785.85	£709.80	£785.65	£781.48	£893.12	£865.21	£781.48	£865.21	£781.48	£865.21	£865.21	£418.65	£-	£9,398.35
Lottery winnings	£1,440.00	£110.00	£95.00	£90.00	£90.00	£165.00	£129.00	£135.00	£85.00	£140.00	£120.00	£120.00	£15.00	£-	£1,294.00
Stationery	£344.80	£-	£157.00	£28.55	£47.78	£-	£155.48	£4.20	£-	£92.95	£-	£20.00	£-	£-	£505.96
Postage	£178.44	£5.44	£21.76	£16.32	£32.63	£18.00	£21.75	£-	£-	£-	£30.00	£9.00	£-	£-	£154.90
FundRaising	£500.60	£-	£-	£296.33	£-	£31.33	£-	£-	£-	£266.58	£6.85	£44.72	£-	£-	£645.81
Events	£3,120.50	£-	£45.00	£40.00	£-	£40.00	£184.00	£11.98	£32.00	£805.00	£5.00	£28.00	£2,035.35	£-	£3,226.33
Trips	£3,041.78	£-	£2.00	£722.50	£371.55	£-	£1,025.00	£-	£328.40	£36.00	£-	£900.00	£30.00	£-	£3,415.45
Equipment	£182.27	£7.00	£17.95	£539.98	£39.00	£47.93	£17.54	£466.35	£17.29	£1.45	£24.05	£62.24	£-	£-	£1,240.78
Members Expenses	£3,215.00	£-	£-	£-	£-	£-	£-	£3,405.00	£-	£-	£-	£-	£-	£-	£3,405.00
Trading	£11.45	£-	£-	£31.43	£-	£-	£58.31	£-	£67.84	£10.79	£9.99	£54.98	£-	£-	£233.34
Defib Funds	£3,376.45	£239.40	£-	£-	£-	£204.96	£138.00	£-	£-	£418.95	£682.80	£428.90	£1,239.95	£-	£3,352.96
Other	£1,851.41	£133.99	£8.37	£11.56	£66.86	£3,180.46	£17.71	£63.71	£226.26	£71.40	£766.91	£126.24	£97.38	£-	£4,770.85
<b>Total Expenditure</b>	<b>£28,059.45</b>	<b>£1,647.68</b>	<b>£1,361.88</b>	<b>£2,706.32</b>	<b>£1,429.30</b>	<b>£4,979.94</b>	<b>£2,846.01</b>	<b>£5,139.72</b>	<b>£1,962.00</b>	<b>£2,861.60</b>	<b>£2,850.81</b>	<b>£2,931.29</b>	<b>£3,972.33</b>	<b>£-</b>	<b>£34,688.88</b>
<b>Profit / Loss</b>															
Profit / (Loss)	£3,479.06	£429.65	£553.47	£-676.62	£4,984.10	£-1,646.68	£-651.42	£-1,780.03	£-78.07	£621.11	£1,829.68	£-407.29	£-2,835.91	£-	£341.99
Profit / (Loss) Cum	£3,479.06	£429.65	£983.12	£306.50	£5,290.60	£3,643.92	£2,992.50	£1,212.47	£1,134.40	£1,755.51	£3,585.19	£3,177.90	£341.99	£-	£341.99
<b>Balance Sheet</b>															
Bank Current Account	£9,592.67	£10,022.32	£10,575.79	£9,899.17	£14,883.27	£13,231.59	£12,505.17	£10,805.14	£10,727.07	£11,348.18	£13,177.86	£12,770.57	£9,934.66	£-	£9,934.66
Savings Account (Dep)	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£-	£10,017.08
Cash in Hand	£-	£-	£-	£-	£-	£5.00	£80.00	£-	£-	£-	£-	£-	£-	£-	£-
<b>Total</b>	<b>£19,609.75</b>	<b>£20,039.40</b>	<b>£20,592.87</b>	<b>£19,916.25</b>	<b>£24,900.35</b>	<b>£23,253.67</b>	<b>£22,602.25</b>	<b>£20,822.22</b>	<b>£20,744.15</b>	<b>£21,365.26</b>	<b>£23,194.94</b>	<b>£22,787.65</b>	<b>£19,951.74</b>	<b>£-</b>	<b>£19,951.74</b>
<b>Defib Memorandum</b>	<b>£1,015.93</b>	<b>£876.53</b>	<b>£876.53</b>	<b>£876.53</b>	<b>£1,071.53</b>	<b>£975.57</b>	<b>£917.57</b>	<b>£1,232.57</b>	<b>£1,247.57</b>	<b>£2,443.62</b>	<b>£1,954.82</b>	<b>£1,819.62</b>	<b>£579.67</b>	<b>£-</b>	<b>£579.67</b>
<b>Members</b>															
Attendees: exercise, Tai Chi & walks	5,050	658	491	482	599	568	458	618	405	365	526	423	218	£-	5,811
Attendees all events	5,576	668	499	491	605	574	491	823	810	432	553	446	363	£-	6,755

#### INDEPENDANT EXAMINERS REPORT

"I have examined these accounts and from the information provided, no matters have come to my attention to prevent me signing this Financial Statement as a true record of the accounts."

*R. Redhead*

Independant Examiner, Richard Redhead

HMRC Reference number 61000049812

Date 11/02/2024.

#### SIGNED ON BEHALF OF HEARTBEAT

*Roger Bailey*  
Chair: Roger Bailey  
*Mike Banks*  
Treasurer: Mike Banks  
Date 23-01-24