



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	January	2022		31	December	2022

Section A Reference and administration details

Charity name

HEARTBEAT The Brighthouse Heart Support Group

Other names charity is known by

HEARTBEAT

Registered charity number (if any)

1156951

Charity's principal address

Brighthouse Sports Club

Russell Way

Brighthouse

Postcode

HD6 4LX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roger Bailey	Chair		HEARTBEAT AGM
2	Mike Banks	Treasurer		HEARTBEAT AGM
3	Julie Jessop	Secretary		HEARTBEAT AGM
4	Margaret Howard	Vice Chair		HEARTBEAT AGM
5	Trevor Trott	Safeguarding		HEARTBEAT AGM
6	Mary Mitchell	Social Secretary		HEARTBEAT AGM
7	Mike Bussey	Web Master/GDPR		HEARTBEAT AGM
8	Kenneth Cooper	Walks		HEARTBEAT AGM
9	Steve Mallett	Exercise Classes		HEARTBEAT AGM
10	Tony Trudgill	Exercise Classes		HEARTBEAT AGM
11	Phil Haggis	Exercise Classes		HEARTBEAT AGM
12	Pam Lunn	Membership		HEARTBEAT AGM
13	Douglas Birkhead	Equipment		HEARTBEAT AGM
14	Barry Castle	Contact Point		HEARTBEAT AGM
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16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by members at AGM or by Trustees during the year as per the constitution. Annually at AGM 1/3 rotation

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none">• policies and procedures adopted for the induction and training of trustees;• the charity's organisational structure and any wider network with which the charity works;• relationship with any related parties;• trustees' consideration of major risks and the system and procedures to manage them.	<p>The charity has a document (Brighthouse Organisation, Policies, Rules and Regulations) approved by the Trustees and members at the AGM that covers the procedures, health and safety, DBS checks, accounting and duties of members.</p> <p>The document aims to ensure anybody can takeover a role in the organisation and know what is required.</p> <p>2 new documents produced; AED Procedure and Diversity Policy</p> <p>We became a member of the Brighthouse & Rastrick Association to help with the distribution of £70,000 donation for local groups.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are to preserve and protect the health of people in Calderdale and surrounds who have suffered a cardiac event or are at risk of such an event by providing facilities, support and rehabilitation.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>The Trustees have fulfilled their Public Benefit requirements</p> <p>We continued running classes with Covid-19 Guidance.</p> <p>HEARTBEAT provided Exercise / Tai Chi classes, walks / health walks, classes and social events to meet its objectives and for the public benefit. In 2022 we ran:</p> <ul style="list-style-type: none"> • 250 Exercise Classes • 100 Tai Chi Classes • 18 Social Events • 72 Walks / Health Walks <p>One 24/7 AED installed at Queensbury Golf Club.</p> <p>HEARTBEAT worked with the communities in Calderdale to maintain 14 public access 24/7 AED's</p> <p>3 AEDs replaced after failing tests, 1 training AED purchased</p> <p>4 CPR / AED course ran for local groups. Over 70 attendees.</p>
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Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

<p>With the exception of the qualified trainers for Tai Chi and Exercise classes every activity is manned by volunteers. During 2022 no expenses or any other payments were made to any volunteer.</p> <p>In addition to the Trustees, 9 unpaid volunteers helped with walks and events</p> <p>The AGM approves / rejects ongoing investments proposed by the Trustees. In 2022 there were no major investments not covered by grants.</p> <p>All the Trustees have been through DBS checks and First Aid Training.</p> <p>We continue to offer grants for groups installing 24/7 public access AEDs.</p>

Summary of the main achievements of the charity during the year

Membership increased from 228 to 229, including 25 who did not renew their Membership in July.

Attendances increased after Covid restrictions were lifted.

Exercise Class attendance increased by	20.5%
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Tai Chi Class attendance increased by	23.8%
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Walks / Health Walks attendance increased by	27.7%
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Social events attendance increased by	345.8%
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Overall attendance increased by	31.4%
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We fund all of our room hire costs, trainer costs and equipment.

We took part in the Brighthouse Charity Gala and our MP Craig Whittaker's Pensioner Fair.

Our Chair became a Trustee for Brighthouse Sports Club, our venue.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity aims to have reserves equal half of the annual expenditure and has met this aim in 2022

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

87.4% was raised from membership fees, members donations, class fees, social events and raffles.

12.6% of our revenue was from grants and donations from local people, groups and charities.

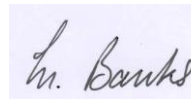
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Roger Bailey

Michael Banks

Position (e.g., Secretary, Chair, etc)

Chair

Treasurer

Date

08 February 2023

HEARTBEAT ACCOUNTS

Profit & Loss	2021	2022												2022
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Income														
Donations / Grants	£3,079.46	£71.53	£37.58	£26.20	£209.45	£118.68	£57.47	£621.97	£23.46	£6.59	£15.11	£148.66	£40.79	£1,377.49
Membership Fees	£1,135.00	£30.00	£15.00	£10.00	£20.00	£450.00	£550.00	£115.00	£25.00	£10.00	£10.00	£25.00	£15.00	£1,275.00
Class fees	£8,823.60	£897.50	£935.00	£907.50	£972.00	£1,260.00	£999.00	£894.00	£1,153.00	£915.00	£1,277.00	£1,089.00	£507.00	£11,806.00
Lottery Game	£2,694.00	£445.00	£221.00	£129.00	£76.00	£285.00	£170.00	£170.00	£370.00	£155.00	£225.00	£190.00	£204.00	£2,640.00
Fund Raising	£1,809.50	£10.00	£0.00	£0.00	£80.00	£1,209.00	£10.00	£0.00	£0.00	£0.00	£45.00	£1,342.00	£307.20	£3,003.20
Events	£504.75	£35.00	£0.00	£0.00	£200.00	£644.00	£20.00	£0.00	£10.00	£0.00	£1,331.99	£746.50	£200.00	£3,187.49
Trips	£0.00	£0.00	£0.00	£0.00	£1,082.00	£235.30	£0.00	£905.90	£82.00	£464.00	£350.00	£66.00	£0.00	£3,185.20
Trading	£232.11	£28.10	£7.40	£11.00	£58.00	£101.80	£21.35	£22.30	£42.85	£50.00	£99.05	£41.88	£3.00	£486.73
Defib Funds	£1,403.60	£245.05	£104.21	£0.00	£60.00	£100.00	£478.80	£326.00	£0.00	£150.00	£911.94	£1,307.00	£0.00	£3,683.00
Other	£182.85	£0.20	£0.00	£0.00	£40.00	£0.00	£8.00	£697.48	£90.00	£15.00	£17.17	£26.55	£0.00	£894.40
Total Income	£19,864.87	£1,762.38	£1,320.19	£1,083.70	£2,797.45	£4,403.78	£2,314.62	£3,752.65	£1,796.31	£1,765.59	£4,282.26	£4,982.59	£1,276.99	£31,538.51
Expenditure														
Room hire	£1,487.67	£156.00	£208.00	£260.00	£208.00	£208.00	£238.00	£144.00	£0.00	£523.00	£244.00	£305.00	£0.00	£2,494.00
Trainers	£6,930.60	£506.10	£674.80	£843.50	£709.80	£785.85	£709.80	£709.80	£709.80	£709.80	£709.80	£802.75	£430.95	£8,302.75
Lottery winnings	£1,510.00	£155.00	£105.00	£155.00	£70.00	£90.00	£150.00	£55.00	£160.00	£160.00	£145.00	£90.00	£105.00	£1,440.00
Stationery	£226.02	£0.00	£0.00	£53.75	£0.00	£85.00	£103.75	£14.00	£34.98	£23.74	£29.58	£0.00	£0.00	£344.80
Postage	£191.86	£0.00	£15.84	£132.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£16.32	£14.28	£0.00	£178.44
FundRaising	£266.84	£0.00	£0.00	£0.00	£259.80	£0.00	£5.38	£0.00	£0.00	£0.00	£235.42	£0.00	£0.00	£500.60
Events	£487.55	£0.00	£0.00	£0.00	£0.00	£740.00	£0.00	£204.00	£10.00	£0.00	£310.00	£0.00	£1,856.50	£3,120.50
Trips	£0.00	£0.00	£0.00	£0.00	£800.00	£503.40	£0.00	£909.38	£0.00	£35.00	£704.00	£51.00	£39.00	£3,041.78
Equipment	£102.51	£10.95	£0.00	£0.00	£12.84	£19.98	£63.44	£0.00	£28.03	£18.40	£28.63	£0.00	£0.00	£182.27
Members Expenses	£3,375.00	£0.00	£0.00	£0.00	£0.00	£0.00	£3,215.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£3,215.00
Trading	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£11.45	£0.00	£0.00	£0.00	£0.00	£11.45
Defib Funds	£2,324.88	£10.99	£93.54	£0.00	£0.00	£225.48	£478.80	£0.00	£0.00	£143.76	£911.94	£1,511.94	£0.00	£3,376.45
Other	£2,598.93	£67.44	£0.59	£0.00	£0.00	£6.19	£6.14	£11.34	£780.00	£0.00	£796.83	£180.98	£1.90	£1,851.41
Total Expenditure	£19,501.86	£906.48	£1,097.77	£1,444.25	£2,060.44	£2,663.90	£4,970.31	£2,047.52	£1,734.26	£1,613.70	£4,131.52	£2,955.95	£2,433.35	£28,059.45
Profit / Loss														
Profit / (Loss)	£363.01	£855.90	£222.42	-£360.55	£737.01	£1,739.88	-£2,655.69	£1,705.13	£62.05	£151.89	£150.74	£2,026.64	-£1,156.36	£3,479.06
Profit / (Loss) Cum	£363.01	£855.90	£1,078.32	£717.77	£1,454.78	£3,194.66	£538.97	£2,244.10	£2,306.15	£2,458.04	£2,608.78	£4,635.42	£3,479.06	£3,479.06
Balance Sheet														
Bank Current Account	£6,113.61	£6,969.51	£7,191.93	£6,831.38	£7,568.39	£8,778.27	£6,652.58	£8,357.71	£8,419.76	£8,571.65	£8,712.39	£10,749.03	£9,592.67	£9,592.67
Savings Account (Deposit A/C)	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08
Cash in Hand	£0.00	£0.00	£0.00	£0.00	£0.00	£627.10	£0.00	£0.00	£0.00	£0.00	£10.00	£0.00	£0.00	£0.00
Total	£16,130.69	£16,986.59	£17,209.01	£16,848.46	£17,585.47	£19,422.45	£16,669.66	£18,374.79	£18,436.84	£18,588.73	£18,739.47	£20,766.11	£19,609.75	£19,609.75
Defib Memorandum	£ 709.38	£943.44	£ 954.11	£ 954.11	£ 1,014.11	£ 888.63	£ 888.63	£ 1,214.63	£ 1,214.63	£ 1,220.87	£ 1,220.87	£ 1,015.93	£ 1,015.93	£ 1,015.93
Members														
Attendees: exercise, Tai Chi & walks	4,124	527	417	450	401	510	394	404	477	371	502	396	201	5,050
Attendees all events	4,242	527	427	460	411	637	425	457	507	391	544	406	384	5,576

INDEPENDANT EXAMINERS REPORT

"I have examined these accounts and from the information provided, no matters have come to my attention to prevent me signing this Financial Statement as a true record of the accounts."

R. Redhead

Independant Examiner, Richard Redhead
HMRC Reference number 61000049812

Date 13/02/2023

SIGNED ON BEHALF OF HEARTBEAT

Chair: Roger Bailey
Treasurer: Mike Banks
Date 30-01-23

HEARTBEAT ACCOUNTS

Profit & Loss

Income

	2021	2022												2022
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Donations / Grants	£3,079.46	£71.53	£37.58	£26.20	£209.45	£118.68	£57.47	£621.97	£23.46	£6.59	£15.11	£148.66	£40.79	£1,377.49
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Fund Raising	£1,809.50	£10.00	£0.00	£0.00	£80.00	£1,209.00	£10.00	£0.00	£0.00	£0.00	£45.00	£1,342.00	£307.20	£3,003.20
Events	£504.75	£35.00	£0.00	£0.00	£200.00	£644.00	£20.00	£0.00	£10.00	£0.00	£1,331.99	£746.50	£200.00	£3,187.49
Trips	£0.00	£0.00	£0.00	£0.00	£1,082.00	£235.30	£0.00	£905.90	£82.00	£464.00	£350.00	£66.00	£0.00	£3,185.20
Trading	£232.11	£28.10	£7.40	£11.00	£58.00	£101.80	£21.35	£22.30	£42.85	£50.00	£99.05	£41.88	£3.00	£486.73
Defib Funds	£1,403.60	£245.05	£104.21	£0.00	£60.00	£100.00	£478.80	£326.00	£0.00	£150.00	£911.94	£1,307.00	£0.00	£3,683.00
Other	£182.85	£0.20	£0.00	£0.00	£40.00	£0.00	£8.00	£697.48	£90.00	£15.00	£17.17	£26.55	£0.00	£894.40
Total Income	£19,864.87	£1,762.38	£1,320.19	£1,083.70	£2,797.45	£4,403.78	£2,314.62	£3,752.65	£1,796.31	£1,765.59	£4,282.26	£4,982.59	£1,276.99	£31,538.51

Expenditure

Room hire	£1,487.67	£156.00	£208.00	£260.00	£208.00	£208.00	£238.00	£144.00	£0.00	£523.00	£244.00	£305.00	£0.00	£2,494.00
Trainers	£6,930.60	£506.10	£674.80	£843.50	£709.80	£785.85	£709.80	£709.80	£709.80	£709.80	£709.80	£802.75	£430.95	£8,302.75
Lottery winnings	£1,510.00	£155.00	£105.00	£155.00	£70.00	£90.00	£150.00	£55.00	£160.00	£160.00	£145.00	£90.00	£105.00	£1,440.00
Stationery	£226.02	£0.00	£0.00	£53.75	£0.00	£85.00	£103.75	£14.00	£34.98	£23.74	£29.58	£0.00	£0.00	£344.80
Postage	£191.86	£0.00	£15.84	£132.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£16.32	£14.28	£0.00	£178.44
FundRaising	£266.84	£0.00	£0.00	£0.00	£259.80	£0.00	£5.38	£0.00	£0.00	£0.00	£235.42	£0.00	£0.00	£500.60
Events	£487.55	£0.00	£0.00	£0.00	£0.00	£740.00	£0.00	£204.00	£10.00	£0.00	£310.00	£0.00	£1,856.50	£3,120.50
Trips	£0.00	£0.00	£0.00	£0.00	£800.00	£503.40	£0.00	£909.38	£0.00	£35.00	£704.00	£51.00	£39.00	£3,041.78
Equipment	£102.51	£10.95	£0.00	£0.00	£12.84	£19.98	£63.44	£0.00	£28.03	£18.40	£28.63	£0.00	£0.00	£182.27
Members Expenses	£3,375.00	£0.00	£0.00	£0.00	£0.00	£0.00	£3,215.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£3,215.00
Trading	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£11.45	£0.00	£0.00	£0.00	£0.00	£11.45
Defib Funds	£2,324.88	£10.99	£93.54	£0.00	£0.00	£225.48	£478.80	£0.00	£0.00	£143.76	£911.94	£1,511.94	£0.00	£3,376.45
Other	£2,598.93	£67.44	£0.59	£0.00	£0.00	£6.19	£6.14	£11.34	£780.00	£0.00	£796.83	£180.98	£1.90	£1,851.41
Total Expenditure	£19,501.86	£906.48	£1,097.77	£1,444.25	£2,060.44	£2,663.90	£4,970.31	£2,047.52	£1,734.26	£1,613.70	£4,131.52	£2,955.95	£2,433.35	£28,059.45

Profit / Loss

Profit / (Loss)	£363.01	£855.90	£222.42	£360.55	£737.01	£1,739.88	£2,655.69	£1,705.13	£62.05	£151.89	£150.74	£2,026.64	£1,156.36	£3,479.06
Profit / (Loss) Cum	£363.01	£855.90	£1,078.32	£717.77	£1,454.78	£3,194.66	£538.97	£2,244.10	£2,306.15	£2,458.04	£2,608.78	£4,635.42	£3,479.06	£3,479.06

Balance Sheet

Bank Current Account	£6,113.61	£6,969.51	£7,191.93	£6,831.38	£7,568.39	£8,778.27	£6,652.58	£8,357.71	£8,419.76	£8,571.65	£8,712.39	£10,749.03	£9,592.67	£9,592.67
Savings Account (Deposit A/C)	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08
Cash in Hand	£0.00	£0.00	£0.00	£0.00	£0.00	£627.10	£0.00	£0.00	£0.00	£0.00	£10.00	£0.00	£0.00	£0.00
Total	£16,130.69	£16,986.59	£17,209.01	£16,848.46	£17,585.47	£19,422.45	£16,669.66	£18,374.79	£18,436.84	£18,588.73	£18,739.47	£20,766.11	£19,609.75	£19,609.75

Defib Memorandum

£ 709.38	£943.44	£ 954.11	£ 954.11	£ 1,014.11	£ 888.63	£ 888.63	£ 1,214.63	£ 1,214.63	£ 1,220.87	£ 1,220.87	£ 1,015.93	£ 1,015.93	£ 1,015.93	£ 1,015.93
Attendees: exercise, Tai Chi & walks	4,124	527	417	450	401	510	394	404	477	371	502	396	201	5,050
Attendees all events	4,242	527	427	460	411	637	425	457	507	391	544	406	384	5,576

INDEPENDANT EXAMINERS REPORT

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R. Redhead

Independant Examiner, Richard Redhead
HMRC Reference number 61000049812

Date 13/02/2023

SIGNED ON BEHALF OF HEARTBEAT

Chair: Roger Bailey
Treasurer: Mike Banks
Date 30-01-23