



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	January	2021		31	December	2021

Section A Reference and administration details

Charity name HEARTBEAT The Brighthouse Heart Support Group

Other names charity is known by HEARTBEAT

Registered charity number (if any) 1156951

Charity's principal address

Brighthouse Sports Club	
Russell Way	
Brighthouse	
Postcode	HD6 4LX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roger Bailey	Chair		HEARTBEAT AGM
2	Mike Banks	Treasurer		HEARTBEAT AGM
3	Julie Jessop	Secretary		HEARTBEAT AGM
4	Margaret Howard	Vice Chair		HEARTBEAT AGM
5	Trevor Trott	Safeguarding		HEARTBEAT AGM
6	Mary Mitchell	Social Secretary		HEARTBEAT AGM
7	Mike Bussey	Web Master/GDPR		HEARTBEAT AGM
8	Kenneth Cooper	Walks		HEARTBEAT AGM
9	Steve Mallett	Exercise Classes		HEARTBEAT AGM
10	Tony Trudgill	Exercise Classes		HEARTBEAT AGM
11	Phil Haggis	Exercise Classes		HEARTBEAT AGM
12	Pam Lunn	Membership		HEARTBEAT AGM
13	Douglas Birkhead	Equipment		HEARTBEAT AGM
14	Barry Castle	Contact Point		HEARTBEAT AGM
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by members at AGM or by Trustees during the year as per the constitution. Annually at AGM 1/3 rotation

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none">• policies and procedures adopted for the induction and training of trustees;• the charity's organisational structure and any wider network with which the charity works;• relationship with any related parties;• trustees' consideration of major risks and the system and procedures to manage them.	<p>The charity has a document (Brighthouse Organisation, Policies, Rules and Regulations) approved by the Trustees and members at the AGM that covers the procedures, health and safety, DBS checks, accounting and duties of members.</p> <p>The document aims to ensure anybody can takeover a role in the organisation and know what is required.</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are to preserve and protect the health of people in Calderdale and surrounds who have suffered a cardiac event or are at risk of such an event by providing facilities, support and rehabilitation.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees have fulfilled their Public Benefit requirements under severe restrictions due to the pandemic.

Due to Covid we were closed for long periods. We held Zoom classes up to 18 May. Walks restarted on 13 April.

Covid-19 Guidance for classes and walks were issued to all Members and updated in line with Government Guidance.

HEARTBEAT provided Exercise / Tai Chi classes, walks / health walks, classes and social events to meet its objectives and for the public benefit. In 2021 we ran:

- 130 Exercise Classes
- 32 Zoom Exercise Classes
- 52 Tai Chi Classes
- 16 Zoom Tai Chi Classes
- 4 Social Events
- 48 Walks / Health Walks

One 24/7 AED installed at Water's Edge Nursery. HEARTBEAT worked with the communities in Calderdale to maintain 11 public access 24/7 AED's

On 23 August we held a Memorial Day. HEARTBEAT Members raised over £1,000 to purchase 3 benches and plaques for the 13 Members lost during the pandemic. The families of the deceased were invited to the unveiling and over 70 attended.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

With the exception of the qualified trainers for Tai Chi and Exercise classes every activity is manned by volunteers. During 2020 no expenses or any other payments were made to any volunteer.

The AGM approves / rejects ongoing investments proposed by the Trustees. In 2021 there were no major investments.

All the Trustees have been through DBS checks and First Aid Training.

Summary of the main achievements of the charity during the year

Membership decreased from 245 to 228.
Attendances decreased due to Covid restrictions and the loss of 13 Members during the pandemic:
Exercise Class attendance increased by 56.2%
Tai Chi Class attendance increased by 32.0%
Walks / Health Walks attendance increased by 30.6%
Social events attendance no change
Overall attendance increased by 42.9%

We fund all of our room hire costs, trainer costs and equipment.

We set up a Contact service for members who were lonely during the pandemic.

When allowed, we ran Covid secure walks and classes. Spending £120 on PPE.

Section E Financial review

Brief statement of the charity's policy on reserves

The Charity aims to have reserves equal half of the annual expenditure and has met this aim in 2021

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:


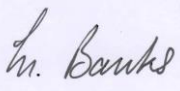
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

100% was raised from membership fees, members donations, class fees, social events and a raffle.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Roger Bailey	Michael Banks
Position (e.g., Secretary, Chair, etc)	Chair	Treasurer
Date	15 February 2022	

HEARTBEAT ACCOUNTS

Profit & Loss Income	2020	2021												2021
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Donations / Grants	£2,998.60	£0.00	£7.96	£0.00	£864.10	£577.20	£150.96	£385.79	£549.70	£23.88	£154.21	£305.91	£59.75	£3,079.46
Membership Fees	£1,138.06	£0.00	£0.00	£0.00	£15.00	£495.00	£545.00	£60.00	£5.00	£0.00	£10.00	£5.00	£0.00	£1,135.00
Class fees	£5,510.50	£600.00	£482.50	£552.50	£367.50	£847.50	£960.00	£897.50	£962.50	£851.50	£822.10	£1,085.00	£395.00	£8,823.60
Lottery Game	£2,851.54	£555.00	£340.00	£240.00	£200.00	£190.00	£90.00	£155.00	£208.00	£64.00	£204.00	£229.00	£219.00	£2,694.00
Fund Raising	£1,144.69	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£651.00	£1,158.50	£0.00	£1,809.50
Events	£988.56	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£435.50	£69.25	£504.75
Trips	£787.56	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00
Trading	£99.45	£0.00	£0.00	£0.00	£0.00	£13.60	£0.30	£0.60	£2.30	£27.51	£98.30	£83.40	£6.10	£232.11
Defib Funds	£622.60	£0.00	£0.00	£0.00	£83.60	£0.00	£0.00	£0.00	£0.00	£0.00	£1,000.00	£320.00	£0.00	£1,403.60
Other	£186.73	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£182.85	£0.00	£0.00	£0.00	£0.00	£182.85
Total Income	£16,328.29	£1,155.00	£830.46	£792.50	£1,530.20	£2,123.30	£1,746.26	£1,498.89	£1,910.35	£966.89	£2,939.61	£3,622.31	£749.10	£19,864.87
Expenditure														
Room hire	£1,614.00	£0.00	£0.00	£0.00	£0.00	£94.00	£235.00	£208.00	£260.00	£208.00	£0.00	£430.67	£52.00	£1,487.67
Trainers	£7,712.70	£232.40	£532.40	£454.10	£406.30	£533.60	£771.20	£674.80	£747.10	£771.20	£674.80	£698.90	£433.80	£6,930.60
Lottery winnings	£1,391.00	£155.00	£175.00	£135.00	£145.00	£140.00	£70.00	£65.00	£50.00	£30.00	£205.00	£255.00	£85.00	£1,510.00
Stationery	£494.20	£0.00	£0.00	£60.34	£0.00	£118.69	£15.00	£0.00	£1.99	£15.00	£0.00	£0.00	£15.00	£226.02
Postage	£224.84	£26.40	£0.00	£23.76	£0.00	£23.76	£31.66	£0.00	£7.92	£50.64	£0.00	£7.92	£19.80	£191.86
FundRaising	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£266.84	£0.00	£0.00	£266.84
Events	£1,023.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£50.00	£437.55	£487.55
Trips	£885.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00
Equipment	£696.97	£0.00	£0.00	£0.00	£0.00	£40.77	£0.00	£5.00	£56.74	£0.00	£0.00	£0.00	£0.00	£102.51
Members Expenses	£3,615.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£3,375.00	£0.00	£0.00	£0.00	£0.00	£0.00	£3,375.00
Trading	£8.34	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00
Defib Funds	£214.79	£0.00	£0.00	£241.68	£0.00	£0.00	£0.00	£0.00	£722.16	£0.00	£0.00	£1,320.00	£41.04	£2,324.88
Other	£681.73	£185.80	£1.46	£0.00	£12.00	£146.76	£88.30	£923.04	£334.63	£120.00	£591.11	£160.83	£35.00	£2,598.93
Total Expenditure	£18,561.57	£599.60	£708.86	£914.88	£563.30	£1,097.58	£1,211.16	£5,250.84	£2,180.54	£1,194.84	£1,737.75	£2,923.32	£1,119.19	£19,501.86
Profit / Loss														
Profit / (Loss)	£-2,233.28	£555.40	£121.60	£-122.38	£966.90	£1,025.72	£535.10	£-3,751.95	£-270.19	£-227.95	£1,201.86	£698.99	£-370.09	£363.01
Profit / (Loss) Cum	£-2,233.28	£555.40	£677.00	£554.62	£1,521.52	£2,547.24	£3,082.34	£-669.61	£-939.80	£-1,167.75	£34.11	£733.10	£363.01	£363.01
Balance Sheet														
Bank Current Account	£5,750.60	£6,306.00	£6,427.60	£6,270.22	£7,272.12	£8,297.84	£8,832.94	£5,080.99	£4,810.80	£4,582.85	£5,779.71	£6,483.70	£6,113.61	£6,113.61
Savings Account (Deposit A/C)	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08	£10,017.08
Cash in Hand	£0.00	£0.00	£0.00	£35.00	£0.00	£0.00	£0.00	£0.00	£0.00	£0.00	£5.00	£0.00	£0.00	£0.00
Total	£15,767.68	£16,323.08	£16,444.68	£16,322.30	£17,289.20	£18,314.92	£18,850.02	£15,098.07	£14,827.88	£14,599.93	£15,801.79	£16,500.78	£16,130.69	£16,130.69
Defib Memorandum														
£ 1,630.66	£1,630.66	£1,630.66	£1,388.98	£1,472.58	£1,472.58	£1,472.58	£1,472.58	£750.42	£750.42	£1,750.42	£750.42	£709.38	£709.38	£709.38
Members														
Attendees: exercise, Tai Chi & walks	2,851	185	184	222	234	431	480	385	489	396	420	513	185	4,124
Attendees all events	2,970	185	184	222	234	431	480	385	569	405	420	513	214	4,242

INDEPENDANT EXAMINERS REPORT



"I have examined these accounts and from the information provided, no matters have come to my attention to prevent me signing this Financial Statement as a true record of the accounts."



Independent Examiner, Richard Redhead
HMRC Reference number 61000049812

Date 16/02/2022

SIGNED ON BEHALF OF HEARTBEAT


Chairman Roger Bailey

Treasurer: Mike Banks
Date 10/02/2022