



Registered Charity number
1156832

MOTHER AND CHILD WELFARE ORGANISATION

Report and Accounts

30 April 2025

Registered Charity No.
Company Limited By Guarantee No.

1156832
08479121

MOTHER AND CHILD WELFARE ORGANISATION

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MOTHER AND CHILD WELFARE ORGANISATION

Charity Information

YE 30.04.2025

Trustees

Khadra Ali Hared	Chair
Nazmu Virani	Trustee
Mandekh Hussein	Trustee
Jamal Omar Sheikh	Trustee
Naima Yusuf	Trustee

Registered Charity No. 1156832

Company Limited By Guarantee No. 08479121

Registered office

**202 Uxbridge Road
London W12 7JP**

Accountants

Anderson Pierce and Co
Certified Public Accountants
14 Alexandria Road
West Ealing
London
W13 0NR

Bankers

BARCLAYS BANK PLC
WANDSWORTH BRANCH
LONDON

MOTHER AND CHILD WELFARE ORGANISATION

Trustees Report for April 2024 to April 2025

This year has been another year of growth and development. We continue to support families facing poverty, hardship and social exclusion in London, and to empower children, young people, women and community members to build safer, healthier and more hopeful futures. Across all our programmes, we have remained rooted in the values of compassion, practical support, empowerment and community leadership.

1. Supporting Children and Young People

This year we expanded our work with children and young people, recognising the challenges they face in education, safety, confidence and wellbeing, particularly those from refugee, low-income or single-parent households.

Key achievements included:

Residential visits and holiday trips, offering young people a safe, enriching environment to build confidence and relationships. We took two groups of 30 young people on residential trips to Hindleap Warren, run by London Youth, where they participated in outdoor activities and discussion groups that led to personal growth and increased self confidence. We also organised five family days out to seaside locations during the summer, taking 300 people to enjoy sunshine and outdoor activities. For many of the children this was the first time they had been outside London. Watching parents and children sharing moments by the seaside was an amazing and moving sight.

Homework clubs with strong attendance from families from migrant backgrounds. These clubs helped improve educational outcomes and supported parents in understanding the English school system. We increasingly found ourselves supporting children and young people from refugee backgrounds, recently arrived in the UK.

Targeted mentoring from qualified staff, providing essential one-to-one guidance that helps young people stay in education, manage emotional challenges and begin to make plans about their futures. This was an important part of our youth offer this year, with accredited mentors providing consistent and long term support to individuals, that led to important outcomes including decreases in risky behaviours and commitment to staying in education. We also ran two five-day youth challenge boot camps this year which challenged young people to form long term plans, work together and learn communication and soft skills.

Football teams for different age groups, using sport to deliver anti-knife-crime messages and promote mental wellbeing, peer support networks and positive identity. The main MACWO football team achieved success in the Camden and Islington League. Our football team has gone from strength to strength and offers structure and purpose to young men as they navigate numerous challenges in their lives.

Through this combined support, we have provided young people with not only academic and social opportunities but a sense of belonging, motivation and hope.

2. Women's Empowerment and Family Support

We continue to place women at the centre of our community development work. Many women in our community face multiple barriers including isolation, language challenges, mental health pressures and digital exclusion.

Our work this year included:

Safeguarding training, parenting classes, and information sessions on health, wellbeing and family safety. Many women in our community are digitally excluded and our classes also covered basic IT skills so that participants could keep their children safe online as well as in the real world.

Coffee mornings that provided a safe and welcoming space to discuss topics such as mental wellbeing, healthy living, FGM, vaccine hesitancy, diabetes, asthma, cancer awareness and many other health related topics.

Sewing groups, ESOL classes and skills training, strengthening confidence and supporting pathways into education, digital inclusion and employment. We also delivered a project this year which provided 1-1 support for women to access accredited adult education classes.

Tree of Life and other storytelling groups, helping women recognise their strengths, feel valued, and build supportive peer networks. We believe strongly in working with the resources that women already possess. A storytelling approach is an important part of reflection and positive reinforcement that enables women to appreciate how far they have come and what skills and personal qualities they possess that will take them forward into a positive future.

Door-to-door engagement and WhatsApp support, reducing isolation and connecting families with services. We have strong outreach into the local community, which we have maintained this year through different channels, including door knocking, WhatsApp engagement and our word-of-mouth networks.

These activities have fostered resilience, friendships and a stronger sense of agency among women who often hold the emotional and practical burdens of family life.

3. Health and Wellbeing Initiatives

Health inequalities are a major issue for many of our families, especially those affected by poverty, insecure housing or migration. We delivered a wide range of regular health talks, workshops and check-ups led by qualified nurses and doctors.

Topics included: dementia, stroke, diabetes, asthma, mental health, cancers, addictions, FGM, vaccine awareness and general wellbeing.

We also integrated health messaging into youth football training, mentoring sessions and discussion groups, recognising the links between health, safety, poverty and intergenerational communication. Our approach has been holistic: whenever health problems intersect with housing difficulties, economic stress or criminal justice issues, we provide tailored wrap-around support.

4. Community Safety and Violence Reduction

The past year has been marked by knife crime, including tragic losses within the communities we serve. MACWO responded by:

Organising a series of community meetings where residents, the council and the Metropolitan Police could openly discuss experiences, concerns and solutions. These meetings were often emotional but the skill of our staff enabled them to bring about real changes in a sense of community agency and practical communication between families, parents, young people and the police and council.

Delivering mentoring for at-risk youth and expanding our football programmes that offer young people a positive identity, support network and alternative path. See above for more details of our youth mentoring.

Promoting anti-knife-crime education among both children and parents. We ran workshops in schools and in our office, providing parents and young people with opportunities to reflect, hear expert information from mentors who come from the same background as our service users, and signposting for further help. We have links with schools in all the boroughs where we work, and this year developed relationships with school leadership teams, receiving referrals of young people and working alongside teachers and school staff.

Prison visiting and court support. MACWO supported families whose children were in the criminal justice system or in prison, helping with signposting, emotional support, family reconciliation and practical support for prisoners on release.

Grassroots engagement has proven essential in helping young people feel seen, valued and supported during critical stages of development.

5. Community Development and Information Sharing

We have continued to strengthen community resilience through information events and training sessions that address the practical challenges families face.

This included:

Events on immigration law, health issues, community safety, parenting, vaccine information, and safeguarding (including dedicated training for mosques and faith groups).

Ongoing development of the Parent Carer Network in Wandsworth, providing mutual support and skills training for parents—particularly those raising teenagers or children with additional needs.

These efforts empower families with knowledge, confidence and peer support, reducing isolation and strengthening community cohesion.

6. Supporting Refugees and Asylum Seekers

This year saw a significant increase in our work with refugees, including families from Sudan and Afghanistan. Many are living in temporary accommodation where children are vulnerable to isolation and educational disruption.

Our achievements included:

Launching a specialised homework club for refugee children, with over 80 weekly attendees across two sessions.

Providing families with orientation to the UK education system, emotional support, and a safe place for children to spend time after school.

This work has been crucial in helping newly arrived families feel safe, informed and welcomed.

We have provided support staff and qualified teachers, together with access to our IT suite, and we have been told that this support is available nowhere else.

7. Adult Training and Digital Inclusion

To improve long-term opportunities and independence, we continued to offer a wide range of adult learning programmes, including:

ESOL, IT, numeracy classes and basic digital literacy training

Safeguarding and parenting courses

Employability training and functional skills training

Support for young adults to gain Security Guard (SIA) certification

We also tackled digital exclusion, especially among women, by teaching email use, online safety for children, appointment booking and how to access reliable information online.

8. Peer Wellbeing and Community Connection

Our peer-support approach has been central to building healthier and more connected communities. Activities included:

Coffee mornings and story-sharing events

Tree of Life workshops, building trust and empathy among participants

Yoga and exercise sessions, which frequently led to informal conversations, emotional support and problem-solving among women

These groups have become vital safe spaces for community members to share challenges, find solutions and build long-term support networks.

9. Parent Carers Network

The Parent Carers Network remains a pillar of MACWO's family support work, offering:

Parenting and safeguarding workshops

Discussion groups and peer forums

Training in communication methods such as signing for children with learning disabilities

One-to-one confidential support and targeted mentoring for young people

This network ensures that parents—especially single parents and carers—feel supported, informed and confident.

10. Strengthening Our Organisation

Finally, we have continued to improve our internal systems, including:

Better management processes

Stronger impact measurement tools

Improved recording and monitoring of our day-to-day work

This investment in organisational development ensures that MACWO remains accountable, professional and equipped to meet the growing needs of our community.

Conclusion

The trustees are proud of the progress made this year. MACWO continues to be a trusted and vital presence in the community, offering hope, practical support and empowerment to families facing hardship. Our achievements would not have been possible without the dedication of our staff, volunteers, partners and the communities we serve.

We look forward to building on this work in the coming year, strengthening our impact and continuing to help families thrive.

And very many thanks to all our staff, volunteers, trustees and supporters who make our organisation what it is, through their work, knowledge, commitment and belief.

With grateful thanks to our funders and supporters:

London Borough of Hammersmith and Fulham, London Borough of Wandsworth, MOPAC, , LMP CIC, the NHS, the Met Police, Global Fund for Children, the Waqf Foundation, Midaye, Young H+F, Young Ealing, Equality Foundation, H+F Giving, Wansworth Care, Wandsworth Community Empowerment, The Avocado Foundation, Greater London Authority, Baraka Community Association, National Lottery Community Fund and others.

Trustees

The Trustees who served during the year are as stated below:

Khadra Ali Hared	Chair
Nazmu Virani	Trustee
Mandekh Hussein	Trustee
Jamal Omar Sheikh	Trustee
Naima Yusuf	Trustee

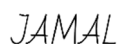
This report was approved by the Board on 17th Dec 2025 and signed on its behalf by:

Khadra Ali Hared (Chair)



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Jamal Omar Sheikh (Treasurer)



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MOTHER AND CHILD WELFARE ORGANISATION**Statement of Financial Activities for the year ended 30 April 2025**

			2025 £	2024 £
	Unrestricted	Restricted	Total	Total
Grants and Donations				
Grants, Donations & other Income	39,500	248,059	287,559	219,161
Other direct costs				
Wages	-	59,574	59,574	29,900
Employer NIC	-	2,935	2,935	177
Sessional staff	-	9,345	9,345	18,782
Contractor payment- programme delivery	-	1,280	1,280	27,892
	-	73,134	73,134	76,751
Resources expended				
Direct expenses				
Training and development	-	6,935	6,935	25,319
Youth Activities	-	41,467	41,467	23,899
Education Support	-	18,667	18,667	3,697
Advice & Counselling Services	-	9,155	9,155	9,250
workshop costs	-	14,529	14,529	9,705
Food bank and Energy support	-	10,781	10,781	-
mental issue support	-	6,898	6,898	4,182
Events and Refreshments	8,180	-	8,180	4,051
hardship Support	-	-	-	13,410
	8,180	108,432	116,612	93,513
Premises costs:				
Rent and Hall Hire		37,699	37,699	32,921
Repairs and Maintenance	125	-	125	1,349
Utility & Water	5,630	-	5,630	1,240
Cleaning	612	-	612	150
	6,367	37,699	44,066	35,660
General administrative expenses:				
Telephone	1,707	-	1,707	2,280
Stationery and printing	2,421	-	2,421	625
Travel and subsistence	7,526	-	7,526	1,330
IT Support	1,300	1	1,301	754
Volunteer Expenses	650	2,919	3,569	3,988
Insurance	-	-	-	597
Miscellaneous	-	-	-	825
Depreciation	253	-	253	2,925
Bank Charges	289	-	289	87
Service charge	2,270	-	2,270	1,554
	16,416	2,920	19,336	14,965
Legal and professional costs:				
Accountancy fees	1,000	1,000	2,000	2,200
Consultancy fees:	-	3,163	3,163	2,482
Advertising and PR	-	1,428	1,428	779
Other legal and professional	3,334	891	4,225	489
	4,334	6,482	10,816	5,950

Total resources Expended	35,297	228,667	263,964	226,839
Other income				-
Interest receivable	-	-	-	36
Surplus/ (deficit)	4,203	19,392	23,595	(7,642)
Balance brought Forward	-	18,641	18,641	26,283
Balance Carried Forward	4,203	38,033	42,236	18,641

OTHER AND CHILD WELFARE ORGANISATION**Balance Sheet****as at 30 April 2025**

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	3	1,013	-
Current assets			
Cash at bank and in hand		55,847	24,150
Creditors: amounts falling due within one year	4	(14,624)	(5,509)
Net current assets		41,223	18,641
Net assets		42,236	18,641
Statement of funds			
Unrestricted		4,203	-
Restricted	5	38,033	18,641
Total Funds		42,236	18,641

The directors are satisfied that this charitable company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.



Khadra Ali Hared

Director

Approved by the board on 17 December 2025

NOTES TO THE FINANCIAL STATEMENTS MOTHER AND CHILD WELFARE ORGANISATION

FOR THE YEAR ENDED 30th APRIL 2025

1. ACCOUNTING POLICIES:

The company's accounting policies are as follows:-

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 1985. The principal accounting policies adopted in the preparation of the financial statements are set out below.

(b) Incoming Resources

Voluntary Incoming including donations, gifts and legacies and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed donations, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities is recognised as earned (as the related goods and services are provided)

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income includes in the category provided funding to support performance activities and is recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Income is deferred when:

- Admission fees or performance related grants are received in advance of the performances or event to which they relate.

(c) Volunteering and donated services and facilities

The value of services provided by volunteering is not in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

(d) Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Cost of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.
- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

(e) Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: MOTHER AND CHILD WELFARE ORGANISATION is not VAT register so cannot recover any VAT incurred.

(f) Tangible Fixed Assets

Fixed Assets are classified as Computers, Office Equipments, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows:

Plant & Machinery, Fixture & Fitting,

(g) Funds structure

The Trusts has its main grants as restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as unrestricted Income funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expanded and advance its services.

(h) Pensions

The charity has started employees defined Scheme in 2021 and some of the employees have joined the scheme.

(i) Restricted Funds

Restricted funds are to be used for specified purposes as lay down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

(j) Unrestricted Funds

Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

(k) Designated Funds

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

(l) Revenue Income

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

(m) Allocation Costs

Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

(n) Depreciation:

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and Machinery: 20% straight line

(o) Legal Status of the Trust

The Trust is Company Limited by Guarantee and registered Charity with Charity Commission and also the liability of each member in the event of winding is limited to £10

2 Operating Surplus

2025
£

2024
£

This is stated after charging:

Depreciation of owned fixed assets

253

2,926

3 Tangible fixed assets

**Plant and
machinery
etc
£**

Cost

At 1 May 2024	1,296
At 30 April 2025	1,296

Depreciation

At 1 May 2024	0
Charge for the year	253
At 30 April 2024	253

Net book value

At 30 April 2025	1,013
At 30 April 2024	0.00

4 Creditors: amounts falling due within one year

	2025	2024
Other creditors	5,130	
Other taxes and social security costs	7,494	3,309
Professional Fees	2,000	2,200
	<u>14,624</u>	<u>5,509</u>

5 Statement of Financial activities

	2024
	£
At 1 May 2024	18,641
Deficit for the year	23,595
	<u>42,236</u>
At 30 April 2024	

6. Grants and Donations

Donations from public	15516.9
Baraka Community Association	4000
Other Income	16600
Global Fund for Children	72000
MOPAC	40500
HAMMERSMITH UNITED Charity	12000
West London NHS Mental Health Trust	38400
NHS North London	4900
Greater London Authority	20060
Young H AND F	6933
Midaye	1311
CROYDON Vol Action	500
LBHF MAIN Grants	13276
WANDSWORTH Care AI	1000
WANDSWORTH Community Empowerment	500

EQUALITY Foundation	1250
National Lottery Community Fund	19890
LMP- Action	922.5
H&F Giving	8000
The Avocado Foundation	2000
Young Ealing Foundation	<u>8000</u>

Total Grants and donations	287559.4
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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MOTHER AND CHILD WELFARE ORGANISATION

I report on the accounts of the charity for the year ended 30th April 2025, which is set out on Pages 8 - 10.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of MOTHER AND CHILD WELFARE ORGANISATION for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, the 2011 Act, and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) Which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) To keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) To prepare accounts which accord with the accounting records, comply with the accounting requirements of 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;

have not been met; or

- (b) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr. A Abdulahi AFA/MIPA
Incorporated Financial Accountant



.....
Anderson Pierce & Co
Accountants & Business Advisors



14 Alexandria Road London W13 0NR

Dated: 17th Dec 2025