

MOTHER AND CHILD WELFARE ORGANISATION

Report and Accounts

30 April 2024

Registered Charity No.
Company Limited By Guarantee No.

1156832
08479121

MOTHER AND CHILD WELFARE ORGANISATION

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MOTHER AND CHILD WELFARE ORGANISATION
Charity Information

YE 30.04.2024

Trustees

Khadra Ali Hared	Chair
Nazmu Virani	Trustee
Mandekh Hussein	Trustee
Jamal Omar Sheikh	Trustee
Naima Yusuf	Trustee

Registered Charity No. 1156832

Company Limited By Guarantee No. 08479121

Registered office

**202 Uxbridge Road
London W12 7JP**

Accountants

Anderson Pierce and Co
Certified Public Accountants
14 Alexandria Road
West Ealing
London
W13 0NR

Bankers

METRO BANK
PUTNEY BRANCH

MOTHER AND CHILD WELFARE ORGANISATION

Trustees Report for April 2023 to April 2024

This year has been another year of growth and development for our organisation. We have responded to new challenges and expanded the range of our services. The 'cost of living crisis' has continued to create poverty and ill health among our service users.

Another development this year has been our increasing commitment to amplifying the voices of our service users so that they can express their lived experience to mainstream service providers especially the NHS, local councils and the Met police. There is still much work for us to do in this area. We continue to seek out partnerships and opportunities for co-production with statutory agencies.

We will report on developments this year under the following headings: Children and young people, Women's Empowerment, Community development, Refugee support, Organisational development.

Children and Young people

Young people feel increasing pressure to find jobs and make money for their families. Knife crime and violent crime is also an issue that affects young people and they often report to us the dangers and difficulties that they face outside the home. Because of these pressures, staying at school can be a challenge for some young people and we have increased our mentoring and help for young people to return to school after exclusions or to learn through tutors if they are permanently excluded. We have also addressed the mental wellbeing of young people.

We have always been concerned with young people who are in prison and we continued this year to deliver workshops in prison helping prisoners to consider their futures. On release we also supported ex prisoners to reintegrate with society, solve housing problems, establish a relationship with their families and find work or return to education.

Our youth services have increased their range and impact as a result of these increasing demands. Services we provided this year included:

- IT training and CV development
- qualified mentors who supported young people at school
- workshops for young people on knife crime, stop and search and staying safe online
- tutoring in core GCSE subjects
- we ran our own football team and provided other opportunities for young people to exercise
- we took groups of young people on residential trips fostering personal development
- During the summer we provided food and activities for children on free school meals.

We have great hopes for children, young people and their families. We want children and young people to grow up in a nurturing community in which they can find belonging and purpose. We want them to have opportunities to grow and learn, so that they lead positive lives that are fulfilling and

constructive. We continue to consult with children and young people and develop services that meet their needs and hopes.

Women's Empowerment

This area of work has also increased in scope and reach during the last year. Women have increasingly reported to us issues with their physical and mental health. There has also been an increase in reports of social isolation by women as they struggle to cope with financial and family pressures. We have developed health support sessions that combine peer support with health information, health checkups and practical support to access health services. Areas of women's health that we have addressed this year include:

- ovarian, cervical and breast cancer
- diabetes and diet
- hypertension and stroke
- mental health and wellbeing.

We have also continued to address social isolation by providing entry level IT training and ESOL classes for women. We have also brought women together with NHS and public health professionals to share stories and recommendations.

Health

As well as women's health we also provided support for men's health and the mental health of young people. We delivered talks in two mosques and during Ramadan we provided Iftar in our office with health information and signposting information. Throughout the year we also provided support for mental health with talks targeting young people that provided information, signposting and assistance to make referrals.

One important area of health is the increasing willingness on the part of statutory health agencies to co-produce services with service users. We organised several listening events and brought men and women together with NHS professionals to talk about their experiences of the NHS.

Community Development

We have focused much of our work this year on developing capacity and sharing skills and information with our local community. Our training sessions both in our offices and online have been very popular. Our WhatsApp groups providing discussion, support and information have grown alongside our training sessions. We currently have three WhatsApp groups covering areas such as parenting, community safety and health with more than 500 people participating in them. This reflects a feeling among our service users that they must increase their skills and information together with a need for support from each other.

This year our community programmes have included:

- our Parent Carers Champions network

- the Strengthening Families Strengthening Communities course
- community meetings to promote vaccine awareness
- parenting classes run by qualified providers
- criminal justice support and advice to those whose children have been arrested or are in prison
- training in online safety
- advice sessions with qualified advisors helping people to apply for benefits and deal with housing issues.
- engagement with other communities including the Deaf community and networking with other VCS organisations
- storytelling circles enabling adults to share stories of experience with one another

We respect the uniqueness of each of the individuals who we work with and we know that each individual thrives and develops when they feel a part of a wider community. We are dedicated to strengthening the bonds between individuals and between communities.

Refugees and Asylum Seekers

The majority of our service users have been or are currently refugees. This brings significant challenges including health issues, legal issues and practical needs. This year our services for asylum seekers and refugees included:

- ESOL classes
- access to legal advice
- help to contact family in the home country
- a welcoming space that dispels social isolation and contributes to mental wellbeing

We have especially worked with refugees from Muslim countries as we provide a culturally familiar space with staff and volunteers who speak the same languages.

Our organisational development

We are always working to develop our organisation and to increase our organisational skills and resources. This year we provided training and development for our staff and trustees while developing strategic plans, management systems, a mission statement and a budget. We are focused on improving our governance and management from year to year and we aim to continue this development.

Our staff, volunteers and trustees

We would like finally to acknowledge the exceptional work and dedication of all those who enable our organisation to deliver so many services to so many people. Each of them is inspired by their

own personal motivation and experience, bringing special skills that they contribute to our work. It is because of this commitment from our supporters that we are able to do the work that we do. They are at the heart of our organisation and we recognise and acknowledge them here.

With grateful thanks to our funders and supporters:

London Borough of Hammersmith and Fulham, London Borough of Wandsworth, MOPAC, DEBK, LMP CIC, the NHS, the Met Police, FORWARD, the Waqf Foundation, Midaye, Addison Youth, John Lyons Charity, Earls Court Community Fund, Mind in Harrow

Trustees

The Trustees who served during the year are as stated below:

Khadra Ali Hared	Chair
Nazmu Virani	Trustee
Mandekh Hussein	Trustee
Jamal Omar Sheikh	Trustee
Naima Yusuf	Trustee
Kos Ahmed Gaur	Trustee
Qasim Abdullahi	Trustee

This report was approved by the Board on 23rd January 2025 and signed on its behalf by:



Khadra Ali Hared (Chair)

MOTHER AND CHILD WELFARE ORGANISATION

Statement of Financial Activities for the year ended 30 April 2024

	2024	2023
	£	£
Grants and Donations		
Grants, Donations & other Income	219,161	199,014
	<hr/>	<hr/>
Other direct costs		
Wages	29,900	27,146
Employer NIC	177	152
Sessional staff	18,782	-
Contractor payment- programme delivery	27,892	-
	<hr/>	<hr/>
	76,751	27,298
Resources expended		
Direct expenses		
Training and development	25,319	20,468
Youth Activities	23,899	21,786
Education Support	3,697	3,353
Advice & Counselling Services	9,250	10,105
Workshop costs	9,705	17,315
Erasmus Plus Programme	-	2,311
Mental well-being Support	4,182	5,450
Events and Refreshments	4,051	8,113
Hardship Support	13,410	17,689
	<hr/>	<hr/>
	93,513	106,590
	<hr/>	<hr/>

Premises costs:

Rent and Hall Hire	32,921	34,141
Repairs and Maintenance	1,349	2,823
Utility & Water	1,240	606
Cleaning	150	1,275
	<hr/> 35,660	<hr/> 38,845

General administrative expenses:

Telephone	2,280	2,717
Stationery and printing	625	1,148
Travel and subsistence	1,330	4,029
IT Support	754	470
Volunteer Expenses	3,988	6,456
Insurance	597	1,942
Miscellaneous	825	74
Depreciation	2,925	4,543
Bank Charges	87	511
Service charge	1,554	-
	<hr/> 14,965	<hr/> 21,890

Legal and professional costs:

Accountancy fees	2,200	1,528
Consultancy fees:	2,482	2,972
Advertising and PR	779	3,495
Other legal and professional	489	1,444
	<hr/> 5,950	<hr/> 9,439

Total resources expended	<hr/> 226,839	<hr/> 204,062
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Other income		9,100
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Interest receivable	36	1
Surplus/ (deficit)	(7,642)	4,053
Balance brought Forward	26,283	22,230
Balance Carried Forward	18,641	26,283

MOTHER AND CHILD WELFARE ORGANISATION
Balance Sheet
as at 30 April 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	3	-	2,926
Current assets			
Cash at bank and in hand		24,150	28,489
Creditors: amounts falling due within one year	4	(5,509)	(5,132)
Net current assets		18,641	23,357
Net assets		18,641	26,283
Statement of funds			
Funds	5	18,641	26,283
Total Funds		18,641	26,283

The directors are satisfied that this charitable company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small company's regime.

Chedra An. Hamed

Khadra Ali Hared

Director

Approved by the board on 23rd January 2025

**NOTES TO THE FINANCIAL STATEMENTS MOTHER AND CHILD WELFARE ORGANISATION
FOR THE YEAR ENDED 30th APRIL 2024**

ACCOUNTING POLICIES:

The company's accounting policies are as follows:-

Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 1985. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming Resources

Voluntary Incoming including donations, gifts and legacies and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed donations, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities is recognised as earned (as the related goods and services are provided)

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income includes in the category provided funding to support performance activities and is recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Income is deferred when:

- Admission fees or performance related grants are received in advance of the performances or event to

which they relate.

Volunteering and donated services and facilities

The value of services provided by volunteering is not in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Cost of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.
- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: MOTHER AND CHILD WELFARE ORGANISATION is not VAT register so cannot recover any VAT incurred.

Tangible Fixed Assets

Fixed Assets are classified as Computers, Office Equipments, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows:

Plant & Machinery, Fixture & Fitting,

Funds structure

The Trusts has its main grants as restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as unrestricted Income funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expanded and advance its services.

Pensions

The charity has started employees defined Scheme in 2021 and some of the employees have joined the scheme.

Restricted Funds

Restricted funds are to be used for specified purposes as lay down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

Unrestricted Funds

Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

Designated Funds

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

Revenue Income

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

Allocation Costs

Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

Depreciation:

Tangible fixed assets are stated at cost less depreciation. Deprecation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and Machinery: 20% straight line

Legal Status of the Trust

The Trust is Company Limited by Guarantee and registered Charity with Charity Commission and also the liability of each member in the event of winding is limited to £10

2 Operating Surplus

This is stated after charging:

Depreciation of owned fixed assets

2024
£

2023
£

2,926

4,542

3 Tangible fixed assets

Plant and

		machinery etc £
Cost		
At 1 May 2023		22,714
At 30 April 2024		22,714
Depreciation		
At 1 May 2023		19,788
Charge for the year		2,926
At 30 April 2024		22,714
Net book value		
At 30 April 2024		-
At 30 April 2023		2,926
4 Creditors: amounts falling due within one year	2024	2023
Other creditors		
Other taxes and social security costs	3,309	3,132
Professional Fees	2,200	2,000
	5,509	5,132
5 Statement of Financial activities	2024	
	£	
At 1 May 2023	26,283	
Deficit for the year	(6,503)	
At 30 April 2024	19,780	
5 Grants and Donations		
Donations from public	28,403.00	
DEBK	9,130.00	
FORWARD	3,000.00	
Addison Youth	7,000.00	
Met Police	3,000.00	
Maltek Training Centre	1,650.00	
Midaye	10,454.00	
Refugee Council	50.00	
Earls Court Community Fund	5,000.00	
LB Hammersmith and Fulham	60,184.00	
John Lyons Charity	4,900.00	
The Confederation Hillingdon CIC	400.00	
Mind in Harrow	504.00	
MOPAC	61,597.80	
LMP Action CIC	21,787.50	
International Waqf Fund	2,100.00	
	219,160.30	

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MOTHER AND CHILD WELFARE ORGANISATION

I report on the accounts of the charity for the year ended 30th April 2024, which is set out on Pages 4 - 9.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of MOTHER AND CHILD WELFARE ORGANISATION for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, the 2011 Act, and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(a) Which gives me reasonable cause to believe that in any material respect the requirements:

- (i) To keep accounting records in accordance with section 386 of the Companies Act 2006; and
- (ii) To prepare accounts which accord with the accounting records, comply with the accounting requirements of 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;

have not been met; or

(b) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr. A Abdulahi AFA/MIPA
Incorporated Financial Accountant



.....
Anderson Pierce & Co
Accountants & Business Advisors



14 Alexandria Road London W13 0NR

Dated: 23rd January 2025