

MOTHER AND CHILD WELFARE ORGANISATION

Report and Accounts

30 April 2022

Registered Charity No.
Company Limited By Guarantee No.

1156832
08479121

MOTHER AND CHILD WELFARE ORGANISATION

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MOTHER AND CHILD WELFARE ORGANISATION
Charity Information

YE 30.04.2022

Trustees

Khadra Ali Hared	Chair
Kos Ahmed Gaur	Trustee
Qasim Haji Abduallahi	Treasurer
Nazmu Virani	Trustee
Jamal Omar Sheikh	Trustee
Fuad Mohamed	Trustee

Registered Charity No. 1156832

Company Limited By Guarantee No. 08479121

Registered office

**290-294 Uxbridge Road
London W12 7LJ**

Accountants

Anderson Pierce and Co
Certified Public Accountants
14 Alexandria Road
West Ealing
London
W13 0NR

Bankers

BARCLAYS BANK PLC

WANDSWORTH BRANCH
LONDON

MOTHER AND CHILD WELFARE ORGANISATION

Trustees Report for the Year ended April 2022

This year has been an extremely busy one for us. The pandemic has created many complex issues for our community that required us to work very intensely and expand the range and scope of our work.

The two main areas of our work this year have been mental/physical wellbeing and economic insecurity. We summarise our work in these two areas below.

Mental and physical well-being

Well-being has many different facets to it. We have addressed digital and social isolation; mental health awareness; vaccine hesitancy; healthy lifestyle awareness; access to NHS services; community safety and youth mental wellbeing. We have used many different types of delivery, including peer to peer support; expert information sessions; discussion groups with NHS workers; training in mental health first aid; community meetings ; exercise classes and programmes ; and 1-1 confidential support and signposting. We have worked with many underlying issues including domestic abuse/violence; depression and anxiety; FGM awareness ; addiction; serious mental illness; prisoner support at HMP Wormwood Scrubs ; youth mental wellbeing ; the need for youth clubs and activities ; online grooming and extremism ; parenting skills.

We have found that there is a large segment of our community that is invisible to mainstream services. So many families and individuals are suffering in silence, facing serious issues without support. We have worked in partnership with NHS programmes and professionals to make it possible for people in our community to access NHS services and adult social services in the safe space that we have created. This has demanded a lot from our staff and volunteers and we are proud of the impact of our work. We are providing support and a place to come where people especially women are able to voice their problems for the first time, overcoming shame and guilt while taking charge of their health and that of their families.

We are grateful to many funders for enabling us to deliver these programmes, including Peoples Health Trust ; Awards for All ; London Boroughs of Wandsworth, Hammersmith & Fulham, Brent ; West London NHS Trust ; Rosa ; Forward ; ASE ; Hammersmith United ; London Youth ; MOPAC ; The British Council ; Wandsworth Care Alliance ; Midaye

Economic Insecurity

We have supported many families this year who are living in poverty and destitution where they are unable to pay utility bills or buy food for their families. It seems incredible that in our prosperous society there are families living in day-to-day fear of going hungry, telephone disconnection or losing heating and lighting. We have addressed these issues in many different ways, including providing direct economic support for bills and food ; providing ESOL and IT classes for women to improve

employment prospects ; CV development with young people ; benefit advice and help ; tutoring for young people and advice on employment and further education ; holiday programmes with food for children and young people ; volunteering opportunities to improve employment prospects ; access to our computer suite for job search and school work ; access to apprenticeship opportunities.

We are grateful to our funders for making these programmes possible including London Borough of Hammersmith & Fulham and London Borough of Wandsworth, London Youth, United in Hammersmith and Fulham ; Young Hammersmith ; the JJ Charitable Trust ; BTEG. We are especially grateful to our skilled volunteers for their dedication in providing online and face to face classes and support to adults and young people. We could not have delivered our training programmes without them.

Our organisational development

Along with many grassroots organisations we have faced funding challenges this year especially in the area of core running costs. However we have still managed to expand our services and we have never turned anyone away. The problems in our community are increasing and the scope of our work has grown, as we work with more and more people outside the core community we serve. We are open to all and these are not mere words in these very difficult times. We have established ourselves as a trusted and safe space, where we do not judge or criticise, and where there is empathy, lived experience and practical support. This is very demanding work, asking that much of what we do is delivered by volunteers or by people who are willing to work for low pay because they cannot turn away from the problems that our community faces. We are continuing to seek stability and core costs that will enable us to plan in the long term to address issues strategically and look ahead to anticipate problems. We have established partnerships with many agencies and organisations this year. This requires co-ordination and networking that takes staff away from frontline issues. We continue to juggle with the demands of daily issues and the needs of strategic and partnership working. This is something that we want to address in the coming year.

Our staff, trustees, supporters and volunteers

We are so proud that our community is filled with people with personal resources, commitment to help others, and a fierce wish to make life better for people who are living in long term poverty and deprivation. We cannot deliver our services without this support. Our organisation is driven by these passionate and committed people who understand the issues of deprivation because they have lived them themselves. We have developed and supported our staff to increase their skills and gain training which has benefited them as well as our community. We once again acknowledge this committed group of people and assure them that their contribution is valued and highly appreciated. You are awe inspiring people and we are proud to work with you.

Trustees

The Trustees who served during the year are as stated below:

Khadra Ali Hared	Chair
Kos Ahmed Gaur	Trustee
Qasim Haji Abdullahi	Treasurer
Nazmu Virani	Trustee
Jamal Omar Sheikh	Trustee
Fuad Mohamed	Trustee

This report was approved by the Board on 29th September 2022 and signed on its behalf by:



Khadra Ali Hared (Chair)

MOTHER AND CHILD WELFARE ORGANISATION
Statement of Financial Activities for the year ended 30 April 2022

	2022	2021
	£	£
Grants and Donations		
Grants, Donations & other Income	192,573	200,970
Resources expended		
Direct expenses		
Wages	35,917	33,912
Employer NIC	620	233
Youth Activities	26,257	3,585
Education Support	5,384	1,815
Trainings costs	1,548	1,310
Covid-19 support	5,132	31,731
Volunteer Expenses	5,052	3,853
Events and Refreshments	12,275	377
Donations to other charities	10,646	80
	102,831	76,896
Premises costs:		
Support Material purchases	732	3,787
Rent and Hall Hire	41,937	55,702
Repairs and Maintenance	1,760	1,142
Utility & Water	3,043	2,301
Cleaning	-	200
	47,472	63,132
General administrative expenses:		
Telephone	4,390	3,367
Stationery and printing	706	933
Travel and subsistence	7,715	3,278
Insurance	64	138
Safety & Security	-	1,014
Depreciation	4,542	3,966
Bank Charges	582	63
	17,999	12,759
Legal and professional costs:		
Accountancy fees	2,051	2,000
Consultancy fees:	28,907	12,740
Advertising and PR	3,523	4,984
Other legal and professional	13,991	950
	48,472	20,674
	216,774	173,461
Other income	4,214	-
Surplus/ (deficit)	(19,987)	27,509
Balance brought Forward	42,217	14,708
Balance Carried Forward	22,230	42,217

MOTHER AND CHILD WELFARE ORGANISATION
Balance Sheet
as at 30 April 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	3	7,468	9,127
Current assets			
Cash at bank and in hand		25,657	35,756
Creditors: amounts falling due within one year	4	(10,895)	(2,666)
Net current assets		14,762	33,090
Net assets		22,230	42,217
Statement of funds			
Funds	5	22,230	42,217
Total Funds		22,230	42,217

The directors are satisfied that this charitable company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small company's regime.



Khadra Ali Hared

Director

Approved by the board on 29th September 2022

NOTES TO THE FINANCIAL STATEMENTS MOTHER AND CHILD WELFARE ORGANISATION

FOR THE YEAR ENDED 30th APRIL 2022

ACCOUNTING POLICIES:

The company's accounting policies are as follows:-

Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investment, which are included at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable UK Accounting Standards and the Companies Act 1985. The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming Resources

Voluntary Incoming including donations, gifts and legacies and grants that provide core funding or are of general nature are recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The Donor specified that the grant or donation must only be used in future accounting periods; or
- The donor has imposed donations, which must be met before the charity has unconditional entitlement.

Income from commercial trading activities is recognised as earned (as the related goods and services are provided)

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income includes in the category provided funding to support performance activities and is recognised where there is entitlement, certainty of receipts and the amount can be measured with sufficient reliability. Income is deferred when:

- Admission fees or performance related grants are received in advance of the performances or event to which they relate.

Volunteering and donated services and facilities

The value of services provided by volunteering is not in these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements of the charity.

Resources expended

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that result in the payment being unavoidable.

- Cost of generating funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.
- Charitable activities including expenditure associated with the activities are included the direct costs and support costs relating to these activities.
- Governance Costs include those incurred in the governance of the charity and its assets and the primarily associated with constitutional and statutory requirements. These are no Costs associated with the Governance throughout the year.
- Support costs include central functions and have been allocated to activity cost categorised on a basis consistent with the use of resources, e.g. allocating property costs by the floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Irrecoverable VAT

All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category or resources expended for which it was incurred: MOTHER AND CHILD WELFARE ORGANISATION is not VAT register so cannot recover any VAT incurred.

Tangible Fixed Assets

Fixed Assets are classified as Computers, Office Equipments, Fixture and Fittings, The Charity recognised all Fixed Assets with any individual price and categorised in the Balance Sheet as follows:

Plant & Machinery, Fixture & Fitting,

Funds structure

The Trusts has its main grants as restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

Other funds are classified as unrestricted Income funds. The Trustees intend to use part of the unrestricted funds for the development of the Charity to expanded and advance its services.

Pensions

The charity has started employees defined Scheme in 2021 and some of the employees have joined the scheme.

Restricted Funds

Restricted funds are to be used for specified purposes as lay down by the funder. Direct and support expenditure, which meets these criteria, is identified to the fund together with a fair allocation of other costs.

Unrestricted Funds

Unrestricted funds are funds received which have no restrictions placed in their use and are available as general funds.

Designated Funds

Designated funds are unrestricted funds earmarked by the committee of management for particular purposes.

Revenue Income

Revenue grants are credited to incoming resources on the earlier of when they are received or when they are due.

Allocation Costs

Costs are allocated directly to projects where they can be identified as relating solely to that project. Other costs are allocated between the funds based on staff time spent on the fund activities or other appropriate criteria.

Depreciation:

Tangible fixed assets are stated at cost less depreciation. Deprecation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and Machinery: 20% straight line

Legal Status of the Trust

The Trust is Company Limited by Guarantee and registered Charity with Charity Commission and also. The liability of each member in the event of winding is limited to £10

2 Operating Surplus	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	4,542	3,966
	<hr/>	<hr/>

3 Tangible fixed assets

	Plant and machinery etc
	£
Cost	
At 1 May 2021	19,831
Additions	2,883
At 30 April 2022	<u>22,714</u>
Depreciation	
At 1 May 2021	10,704
Charge for the year	4,542
At 30 April 2022	<u>15,246</u>
Net book value	
At 30 April 2022	7,468
At 30 April 2021	<u>9,127</u>

4 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other creditors		
Other taxes and social security costs	2,980	657
Professional Fees and staff wages	7,915	2,009
	<u>10,895</u>	<u>2,666</u>

5 Statement of Financial activities	2022
	£
At 1 May 2021	42,217
Surplus for the year	(19,987)
At 30 April 2022	<u>22,230</u>

6 Grants and Donations

Donations From Members and Public	29,289.88
Income from rent	2,000.00
CYGNET	1,500.00
London Borough of Brent	3,457.50
BTEG	2,000.00
REFUGEE COUNCIL	700.00
ACS EA CIC	6,377.80
MIDAYE	5,000.00
International Waqf Fund	1,000.00
London Youth	6,800.00
WASTKABO GROU	3,401.48

H & F	31,556.65
LMP Action	10,760.00
JRS GRANT	4,213.85
THE JJ CHARITABLE	5,000
PEOPLES HEALTH TRUST	12,000
FIRE BRIGADE	3,724
ADDISON YOUTH CLUB	10,000
UNITED HAMMERSMITH & FULHAM	5,300
BRITISH COUNCIL	34,845
YOUNG HAMMERSMITH	4,580
WANDSWORTH	13,280
Total Grants and Donations	<u>196,786.16</u>

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MOTHER AND CHILD WELFARE ORGANISATION

I report on the accounts of the charity for the year ended 30th April 2022, which is set out on Pages 4 - 9.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of MOTHER AND CHILD WELFARE ORGANISATION for the purposes of company law, are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, the 2011 Act, and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) State whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) Which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) To keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) To prepare accounts which accord with the accounting records, comply with the accounting requirements of 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;

have not been met; or

- (b) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr. A Abdulahi AFA/MIPA
Incorporated Financial Accountant



.....
Anderson Pierce & Co
Accountants & Business Advisors



14 Alexandria Road
London W13 0NR

Dated: 29th September 2022