

WINCHESTER GOLD

England & Wales · Charity number 1156536

Details

Other names	FORMALY WINCHESTER & DISTRICT MENCAP SOCIETY
Status	Registered
Legal form	CIO
Registered	2014-04-03
Register	View on the Charity Commission register

Contact

Address	The Arc Jewry Street Winchester Hampshire SO23 8SB
Phone	01962 600281
Email	info@winchestergold.org.uk
Website	www.winchestergold.org.uk

Activities

Objects: THE OBJECT OF THE CIO IS TO RELIEVE THE NEEDS OF PEOPLE WITH A LEARNING DISABILITY, WHO ARE RESIDENT IN WINCHESTER AND THE SURROUNDING AREA, AS WELL AS THEIR FAMILIES, DEPENDANTS OR CARERS BY:A)PROMOTING INCLUSION FOR THE PUBLIC BENEFIT AND PREVENTING PEOPLE WITH A LEARNINGDISABILITY FROM BEING EXCLUDED B)PROVIDING OR ASSISTING IN THE PROVISION OF SERVICES FOR PEOPLE WITH A LEARNING DISABILITY TO ENABLE THEM TO ACHIEVE THEIR POTENTIALC)PROVIDE INFORMATION, SIGNPOSTING, LISTENING AND SUPPORT (ONE TO ONE AND IN GROUPS)D)PROVIDE RESOURCES FOR THE DEVELOPMENT OF SERVICES TO PROMOTE DAILY LIVING, EDUCATION, TRAINING, WORK READINESS AND EMPLOYMENT E)PROVIDE RESOURCES FOR THE DEVELOPMENT OF RECREATION, SPORTS AND LEISURE ACTIVITIES F)PROMOTE GOOD PRACTISE TO ENABLE PEOPLE WITH A LEARNING DISABILITIES AND THEIR FAMILIES TO HAVE A 'VOICE' AT LOCAL, COUNTY AND NATIONAL LEVELG)WORK IN PARTNERSHIP WITH OTHERS TO FILL ANY IDENTIFIED GAPS IN PROVISION, WHICH COULD BENEFIT PEOPLE WITH A LEARNING DISABILITY, THEIR FAMILIES, DEPENDANTS OR CARERS

Activities: To support/ enable people with a learning disability, living in Winchester and District, "To Live To Thrive".Provides information, signposting and support to services for daily living, education, training, work

readiness, employment, sports and leisure. To promote good practise enabling people with a learning disability and their families to have a "voice" at local, county and national level.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, Arts/culture/heritage/science, Amateur Sport, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** IN WINCHESTER AND THE SURROUNDING AREA
- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£108,797	£153,742	-	-
2024-03-31	£150,382	£153,310	-	-
2023-03-31	£136,097	£133,893	-	-
2022-03-31	£115,120	£119,735	-	-
2021-03-31	£136,958	£90,322	-	-

Trustees

Name	Role	Appointed
Andrew Young		2025-01-21
James Hugh Guerrier		2022-11-07
Laura Surridge		2023-07-26
Rozmin Hasanali Parpia		2021-03-31
Simon David Fountain		2025-10-15
Stephen Ayling		2018-11-28

WINCHESTER GO LD

England & Wales - Charity number 1156536

Accounts

Winchester

Enabling People with
Learning Disabilities

GO
LD



Impact Report 2024-25

A Year in Numbers

600+

Volunteer
Hours Given

200+

ParaPB
Participants

20k

Raised
Locally

2940

Magazines
Delivered

236

Walk and Talks

121

Members

85

In-person Group
Sessions Delivered
at the The ARC

41

Online
Group Sessions
Delivered on Zoom

33

Tai Chi Sessions
Delivered on Zoom

32

Volunteers

9

Go Socials
Delivered

8

Summer Trips
Delivered

2024/25



Our Vision

Adults with learning disabilities are confident, connected, and empowered to reach their full potential.

Our Mission

To empower adults with learning disabilities by building confidence, creating connections, recognising strengths, promoting well-being, and supporting their goals for the future.

I had a fantastic evening collecting the Mayor of Winchester Community Award for Go LD.

- Katie A (Member)



Chairman Jamie Guerrier

This year has been both challenging and rewarding for Winchester Go LD. I'm incredibly proud of our staff, volunteers, supporters, and members, all of whom have stepped up with positivity and resilience.

In September, we welcomed our new CEO, Ben Hogbin, whose experience, enthusiasm, and vision are helping us evolve and strengthen our mission. I'm also grateful to our dedicated office team for their continued passion and adaptability.

A huge thank you to our volunteers, supporters, and Trustees, whose time and commitment make our work possible.

While we've made great progress, challenges remain—particularly around funding in an increasingly difficult climate. We are actively exploring options to ensure long-term sustainability and continued support for our community.

Thank you all for your ongoing support.

I was able to witness so much care, good humour and fun at your AGM.

- Russell Gordon (The Mayor of Winchester)



CEO Ben Hogbin

Since joining Winchester Go LD in late September, I have been inspired by the dedication of our team, volunteers, and members. Over the past few months, we have continued to strengthen our mission of empowering adults with learning disabilities by building confidence, creating connections, and promoting independence.

Our GoME pilot programme has made a real impact, equipping participants with essential life skills. Feedback has been positive, with many reporting increased confidence and engagement. Meanwhile, our Drop-in sessions and Go Socials remain vital spaces for social interaction and peer support, with activities like pottery painting, movie nights, and theatre trips bringing members together.

We have built on our health and well-being initiatives, working with Winchester Boxing and Everyone Active to offer tailored fitness sessions. However, funding remains a key challenge, despite the incredible efforts of our fundraising committee, who consistently raise £20,000 annually. We are actively exploring new funding opportunities to ensure long-term sustainability.

Looking ahead, our focus is on refining our services, strengthening partnerships, and enhancing programme sustainability. I am grateful for the continued support from our trustees, volunteers, and community, and I look forward to building on our progress together.

*I go to Drop-ins because it's relaxing
and you get to do crafts with my friends.*
- David (Member)



The ARC

The ARC in Winchester, located in the heart of the city, is a safe and welcoming space where members can meet friends, relax, have fun, and access support as needed.

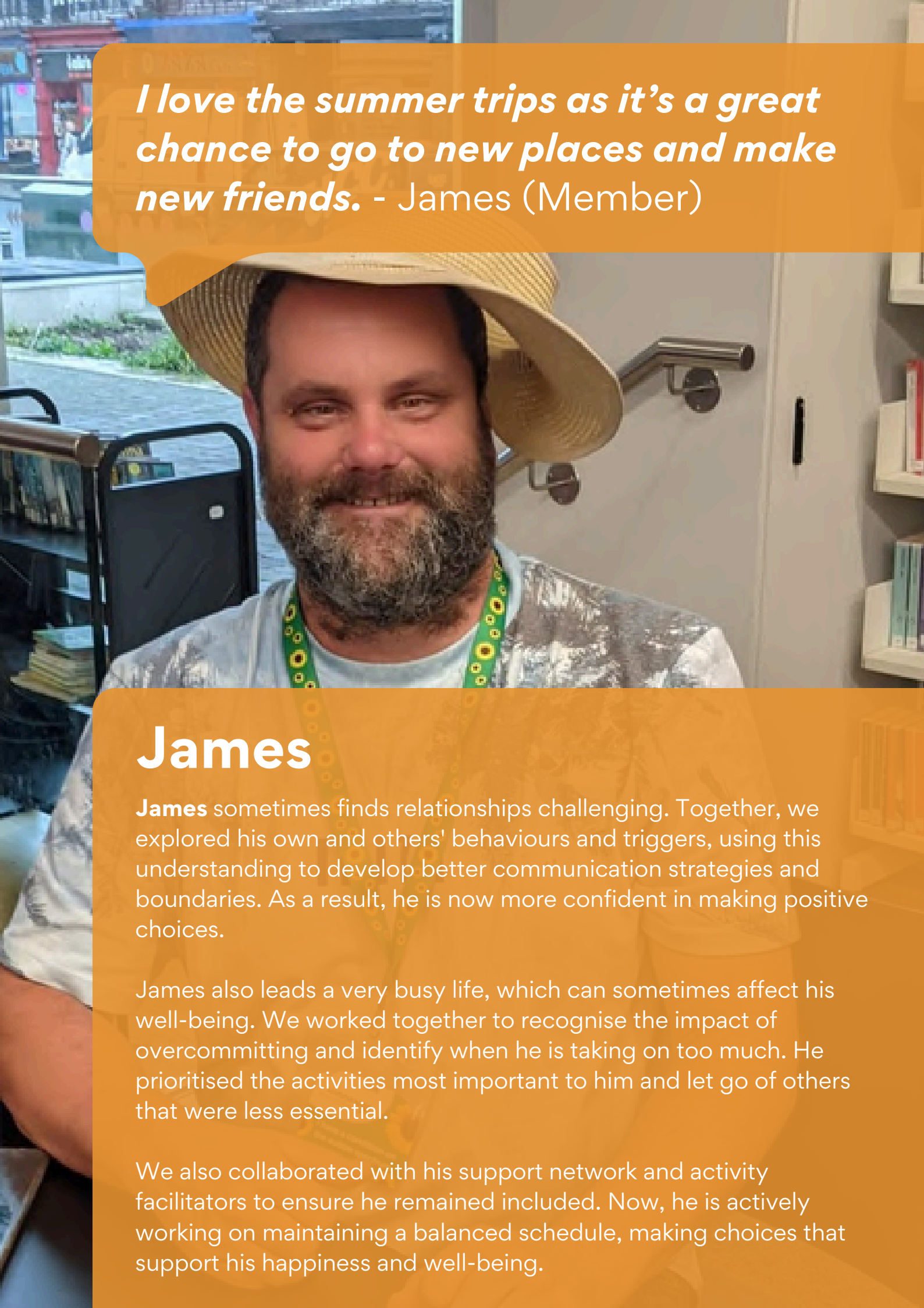
On Tuesdays (2:30–3:30 pm), we host a Drop-in for creative arts and crafts. On Fridays (12-1pm), our Lunch session offers a chance to play games and socialise with friends.



Board Games at Friday Lunch



Crafts at Tuesday Drop-in

A man with a beard and a straw hat is smiling. He is wearing a green lanyard with yellow circular patterns. The background shows a bookshelf and a door.

I love the summer trips as it's a great chance to go to new places and make new friends. - James (Member)

James

James sometimes finds relationships challenging. Together, we explored his own and others' behaviours and triggers, using this understanding to develop better communication strategies and boundaries. As a result, he is now more confident in making positive choices.

James also leads a very busy life, which can sometimes affect his well-being. We worked together to recognise the impact of overcommitting and identify when he is taking on too much. He prioritised the activities most important to him and let go of others that were less essential.

We also collaborated with his support network and activity facilitators to ensure he remained included. Now, he is actively working on maintaining a balanced schedule, making choices that support his happiness and well-being.

2940

Magazines
Delivered

In the Community

Our members have delivered 2,940 Winchester Magazines, sold Go LD merchandise at the Makers Market, and watered flowers weekly at Winchester Train Station. These activities boost confidence, enhance social skills, and foster a strong sense of community while promoting physical activity and engagement.



Selling Merchandise at Cobbs at Winchester



Selling Merchandise at the Makers Market



Watering Flowers at Winchester Train Station

Go LD are really nice and have supported me a lot. I know that I can ask for help from them if I need it. - Peter (Member)



Peter

Peter has had a challenging year. He experienced the end of his employment, a house move, and a cycling accident, all of which required support. This included exploring options, making plans, reporting benefit changes, and effectively communicating his needs and wishes.

We worked closely with Peter, his mum, and other agencies to ensure he received the support he needed. He is now settled in his new home and recovering well. Once he regains full fitness, we will revisit his goals and support his return to work.

Along the way, we identified gaps in his support and have referred him to adult services to address his unmet needs.

I look forward to going to boxing every week as it helps keep me fit and healthy.
- James (Member)



Health & Well-being

To promote health and well-being in the LD community, we've partnered with Winchester Boxing and Everyone Active to run weekly boxing sessions and low-level circuits at the leisure centre. Additionally, with the help of volunteers, we offer weekly Walk & Talks, an online fitness class, and Tai Chi to support overall wellness.



Sam (Member) & Evi (Volunteer) on a Walk & Talk



Tour of the new St Clement's Surgery



Low Level Circuits

This fantastic inclusive event, which puts accessibility right at the heart of its ethos.

- Cllr Kathleen Becker - Winchester City Council's Cabinet Member for Community and Engagement



Para PBs

Inspired by the success of the 2012 London Paralympic Games, the Para PBs has been held annually, celebrating ability and inclusion in sport.



The Mayor of Winchester

Bringing communities across Hampshire together, the event celebrates ability and promotes inclusion in sport by removing barriers and making activities fun for everyone. This year's event concluded with an awards ceremony, with the Mayor of Winchester, Cllr Russell Gordon-Smith, presenting medals to participants in recognition of their achievements.

The Go LD team have helped me find appropriate services and understand my needs very well. - Charlie (Member)



Charlie

Charlie has taken time to reflect on what he wants from services, activities, and friendships, recognising that some weren't working for him. As a result, he has made positive changes, exploring new activities he was unsure about. He is now a regular at boxing and actively helps with gardening our flower boxes.

He has also benefited from the referrals we made and the support to persevere with them. Additionally, Charlie is participating in our Go Me pilot programme, further building his confidence and independence.

I like the Go Socials because you can meet new people and go to new places.
- Sarah (Member)

22

Average
Attendance

Go Socials

Go Socials provide a fun and relaxed way for members to connect and enjoy activities together!

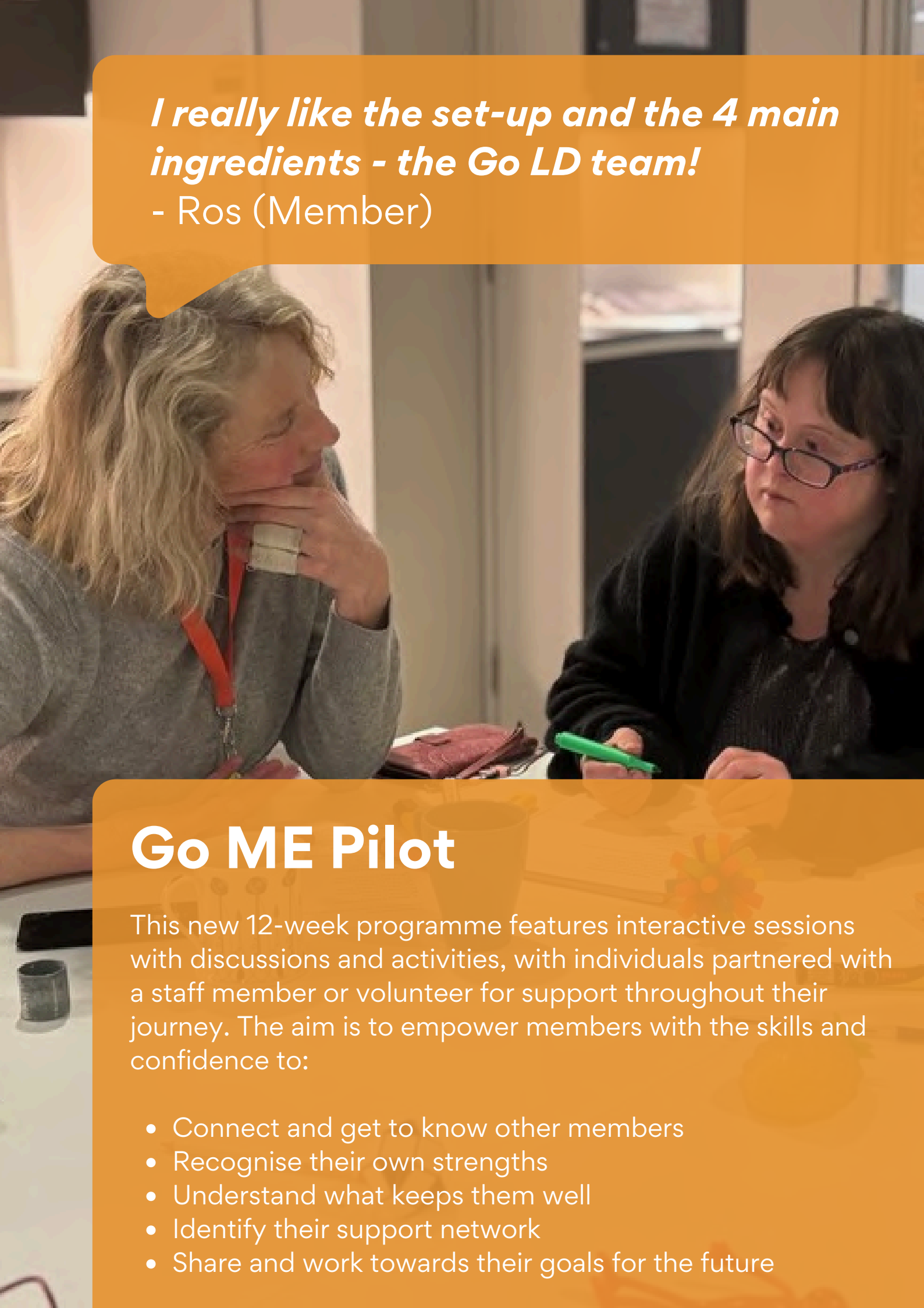
We meet on the last Thursday of each month and have planned exciting events, including drinks at the pub, pottery painting, a meal at Nando's, movie night, nature walk, BBQ, lantern walk, and a trip to the theatre.



Visit to the Pub



Nature Walk



I really like the set-up and the 4 main ingredients - the Go LD team!

- Ros (Member)

Go ME Pilot

This new 12-week programme features interactive sessions with discussions and activities, with individuals partnered with a staff member or volunteer for support throughout their journey. The aim is to empower members with the skills and confidence to:

- Connect and get to know other members
- Recognise their own strengths
- Understand what keeps them well
- Identify their support network
- Share and work towards their goals for the future

What have you enjoyed most?

Go ME Feedback

Trying to achieve our SMART goals

Making my Wellness Toolbox

Being able to connect with people and that we're working on what we want to achieve

Finding out about Supporters and what keeps you well

The BLOB tree 😊 helps share how you're feeling

Found common interests with other members

I just like being here

I really like the set-up + the 4 main ingredients - the W. Go LO team!

***My favourite trip was going to the
seaside as it was so much fun!***

- Ben (Member)

22

Average
Attendance

Summer Trips

Summer trips provide members with an opportunity to visit new places and experiences new environments whilst having lots of fun with friends!

The activities take place in July and August and have included days out to the Beach, Crazy Golf, Alpacas, Sports Day, Picnic and Marwell Zoo.



Winchester Train Station



Crazy Golf

I volunteer and fundraise to give back, make a difference, and support a cause close to my heart. - Ros (Volunteer)



20k

Raised Locally

Fundraising

Over the past 12 months, our fundraising committee has worked tirelessly to organise four fantastic events: a Garden and Craft Fair, a Bridge Tea, a Concert, and a Quiz Night. These events not only provided financial support but also created opportunities for members to connect, have fun, and support our cause. We are incredibly grateful to the committee and everyone who contributed their time and effort to make these events a success.



Bridge Tea



The Garden & Craft Fair



Smoothie Bike

What you see is what you get, lots of smiles & fun! - Jo (Volunteer)



Volunteers

A special **thank you** to all our wonderful volunteers! Your time, energy, and dedication are invaluable to us, and we are incredibly grateful for the positive impact you make in the lives of our members. We couldn't do it without you!



Pottery Painting with the Mayor of Winchester

Join our amazing team of volunteers! Whether you can give a few hours or ongoing support, your time makes a real difference.



Winchester Beer & Cider Festival
The Memory Box Foundation
Victoria Hall Sutton Scotney
Winchester Round Table
Winchester City Council
Winchester Boxing Club
Winchester Rugby Club
Winchester Camerata
Winchester Rotary
Compassionate Cuppa
Cornflowers Gift Shop
Cobbs at Winchester
Platform1Shawford
Boshier Hinton
Simply Health
Munch CIC
BIG Lottery
The ARC
Cardo

Supporters



A huge thank you to all our incredible supporters for your generosity and commitment to our work! Your support makes a real difference to our members.

RESERVES POLICY

To sustain its activities and in line with the Charities Commission's recommendations, Winchester Go LD has designated a base reserve of unrestricted funds of six months operating costs.

The unrestricted funds above the reserve can be spent by the Trustees to meet its aims and objectives. Restricted income funds are only spent only for the particular purpose set out by the donor.

INDEPENDENT EXAMINER'S REPORT

I report to the Trustees on my examination of the accounts of Winchester Go LD for the year ended 31 March 2025.

Responsibility and Basis of the Report

As the charity Trustees of Winchester Go LD you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

I report in respect of my examination of Winchester Go LD's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) of the Act.

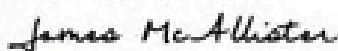
Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the Winchester Go LD giving me cause to believe in any material respect:

1. accounting records were not kept in respect of Winchester Go LD as required under section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:



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James McAllister

FINANCIAL STATEMENTS

Winchester GoLD
Income and Expenditure Account
For the Year Ending March 31st 2025

	Apr 1 2024 - Mar 31 2025			Apr 1 2023 - Mar 31 2024 (Previous Year)		
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
Income						
Bank Interest		1,071	1,071		858	858
Community Events and Groups	10,250	4,814	15,064		18,556	18,556
Corporate Donations	9,500	477	9,977	150	2,219	2,369
Donations	2,500	1,862	4,362		13,550	13,550
Donations (Gift Aid)	3,250	2,908	6,158		13,283	13,283
Fundraising Committee		17,031	17,031		18,843	18,843
Gift Aid Reclaim		3,383	3,383		6,008	6,008
Member Activities		9,346	9,346	600	9,263	9,863
Member Generated Income		2,630	2,630		4,410	4,410
Online Commission		312	312		130	130
Other	1,498	0	1,498	500	21	521
Payroll Giving		180	180		200	200
Sales of Product Income		1,679	1,679			0
Sponsored Events		1,231	1,231			0
Trust/Grant Income	23,643	11,233	34,876	41,396	20,276	61,672
Unapplied Cash Payment Income			0		117	117
Total for Income	50,641	58,156	108,797	42,646	107,735	150,381
Expenses						
Advertising/Promotional		518	518	56	0	56
Contracted Staff	3,153	0	3,153	1,700	1,806	3,506
Event Fundraising		51	51		3,170	3,170
Fundraising Committee Costs		2,295	2,295		3,401	3,401
Insurances		471	471	75	348	423
IT, Software, Hosting and Broadband	1,500	5,007	6,507	895	666	1,561
Member Activities costs	4,100	5,627	9,727	5,011	3,057	8,068
Member generated income costs		1,826	1,826		2,058	2,058
Office Equipment and stationary		1,235	1,235	578	377	955
Office/General Administrative Expenses		1,692	1,692		499	499
Payroll Expenditures	45,055	70,884	115,939	32,341	87,027	119,368
Rent or Lease of Buildings	2,000	6,927	8,927	2,276	6,742	9,018
Representation		160	160		210	210
Staff Training and Travel	583	661	1,244	464	553	1,017
Unallocated	0	0	0			
Total for Expenses	56,391	97,351	153,742	43,396	109,913	153,309
Excess / (Deficit) of Income over Expenditure	-5,750	-39,195	-44,945	-750	-2,178	-2,928

	Apr 1 2024 - Mar 31 2025			Apr 1 2023 - Mar 31 2024 (Previous Year)		
	Restricted	Unrestricted	Total	Restricted	Unrestricted	Total
Current Assets						
Bank Accounts	14,747	80,305	95,052	20,497	119,500	139,997
Balance Brought Forward	20,497	119,500	139,997	25,747	117,178	142,925
Excess / (Deficit) of Income over Expenditure	-5,750	-39,195	-44,945	-750	-2,178	-2,928
Transfer Between Funds	0	0	0	-4,500	4,500	0
Balance Carried Forward	14,747	80,305	95,052	20,497	119,500	139,997

Jamie Guerrier (Chair)

Mark Chapman (Treasurer)

27/1/2026

27/1/2026



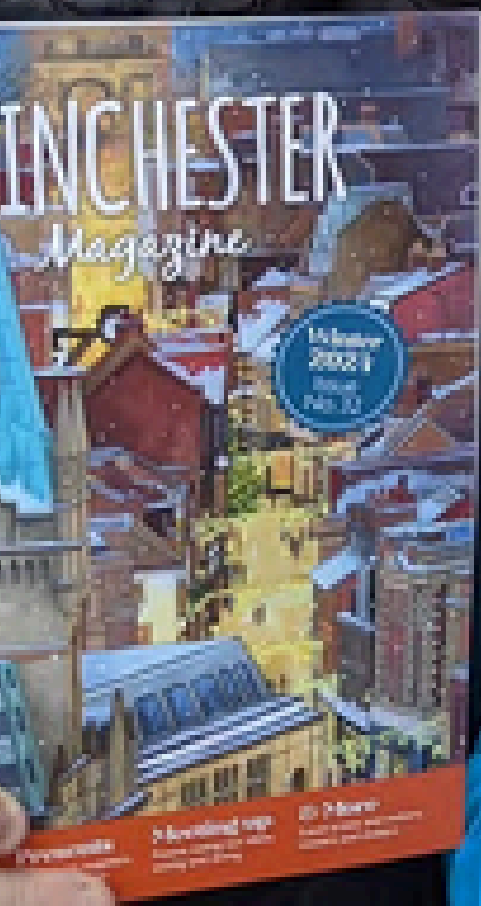
The ARC
Jewry Street
Winchester
SO23 8SB

01962 600 281

www.winchestergold.org.uk

info.winchestergold.org.uk

Barclays
Winchester Go LD
20-97-01
63630056



Your support changes lives!



Volunteer



Donate

WINCHESTER GO LD

England & Wales - Charity number 1156536

Accounts



1 April 2023 – 31 March 2024

ANNUAL REPORT



Winchester Go LD

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Our mission

Winchester Go LD's (Go LD) mission it to:

- Empower members with the confidence, choice and control they need to set their own goals.
- Enable people with learning disabilities to learn, develop, and strengthen their skills and capabilities.
- Work with our members to build a collective voice and improve understanding of the lived experience of people with learning disabilities.
- Work with our members, their families, local service providers and the wider community to inspire more effective and inclusive practice.

Our vision

Go LD's vision is an ambitious, but achievable one. It is to ensure all our members are:

"Living life to the full, with the choices and independence that they want"

Our Objects

Winchester Go LD is a Charitable Incorporated Organization which was registered with the Charity Commission in March 2014. It is governed by its Constitution and the objects are to help people with a learning disability, who are resident in Winchester and the surrounding area, as well as their families, dependents or carers by:

- a) promoting inclusion for the public benefit and preventing people with a learning disability from being excluded.
- b) providing or assisting in the provision of services for people with a learning disability.
- c) to enable them to achieve their potential.
- d) provide information, signposting, listening and support (one to one and in groups).
- e) provide resources for the development of services to promote daily living, education, training, work readiness and employment.
- f) provide resources for the development of recreation, sports and leisure activities.
- g) promote good practice to enable people with learning disabilities and their families to have a "voice" at local, county and national level.
- h) work in partnership with others to fill any identified gaps in provision, which could benefit people with a learning disability, their families, dependents or carers.

Our Values

We look to act in accordance with our values in all the work we accomplish.

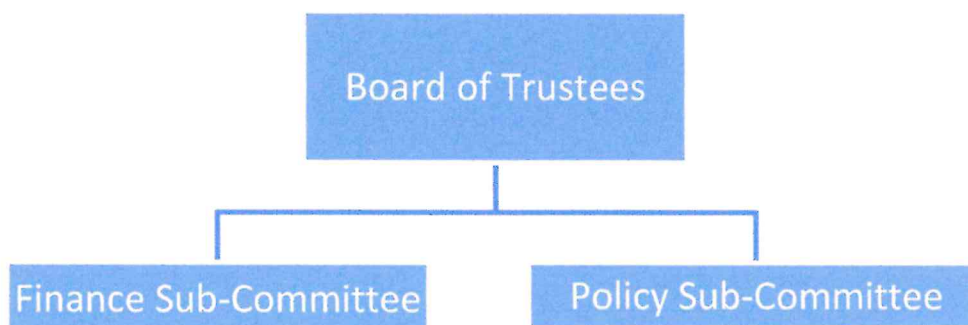
Our values are:

Integrity
Equality and Inclusivity
Collaborative
High Standards
Fun and Enjoyment
Aspirational
Reflective

Governance

Winchester Go LD is a Charitable Incorporated Organisation (CIO) with the charity number 1156536.

Winchester Go LD strategy and governance is overseen by a Board of Trustees that meet quarterly throughout the year. Winchester Go LD also has two formal sub-committees of the Board that support on Finance and Policies.



Our People

Winchester Go LD is grateful to have the support of our Patron, Lady Portal:

I couldn't be more passionate about Go LD; "Living Life to the Full" is the aim and with sensitive guidance, delivered with care and respect, the members' lives are clearly greatly enriched.

We all hope for friends and joy in our lives; Go LD members need that little bit of extra support to give them the confidence to navigate life, belong to friendship-groups, and generally flourish.

The laughter at Go LD events never fails to be a tonic. I always enjoy being with so many cheerful people who are living life to the full – thanks to the dedicated staff and wonderful volunteers at Go LD.



Lady Portal (Louisa) MBE, DL

"I couldn't be more passionate about Go LD; "Living Life to the Full" is the aim and with sensitive guidance, delivered with care and respect, the members' lives are clearly greatly enriched."

Winchester Go LD operations are delivered by our staff team, with 5 members of staff throughout the year. Winchester Go LD staff are involved in the delivery of much of our work and are by far the most valuable asset within the organisation.

The challenges of recruitment have meant that payroll spend this year is under budget at £119,368, compared with a budgeted spend of £145,000.

- Total staff numbers: 5
- Total staff costs: £122,874
- Total staff costs as percentage of overall expenditure: 80%



*"I like Go LD
because I like the
social side and the
activities and the
staff.*

*They are the best
charity"*

Winchester Go LD
member

Winchester Go LD has a volunteer Board of Trustees which comprises of over 50% independent Trustees. The Trustees help set the strategy for Winchester Go LD, make decisions and provide oversight of Winchester Go LD's activities.

The Trustees for the period during the Annual Report:

- Jamie Guerrier (Co-Chair and then Chair from February 2024)
- Shelley Hewlitt (Co-Chair until resigned in February 2024)
- Marjon Zoon (Trustee)
- Rozmin Parpia (Trustee)
- Laura Surridge (Trustee and Member of Policy Sub-Committee. Appointed July 2023)
- Steve Ayling (Trustee and Member of Policy Sub-Committee)
- Mark Chapman (Trustee and Member of Finance Sub-Committee)
- Rob Silk (Treasurer and Member of Finance Sub-Committee)
- Simon Fountain (Trustee and Member Policy Sub-Committee. Appointed April 2023)



"Being a Trustee at Winchester Go LD has been a fantastic experience.

There are challenges, but they fall away the second you get to spend time with the members, they're infectious.

The Para PBs is now a highlight of the year for me".

Simon Fountain, Trustee

Chair's Report

As we gather to reflect on the past year at Winchester Go LD, I am filled with a sense of appreciation for the incredible efforts of our staff team, the unwavering support of our volunteers and supporters, and the remarkable achievements of the members.

Our staff team are tireless and have been nothing short of exceptional. Their passion, dedication, and expertise have been instrumental in driving our mission forward and making a real impact on everyday lives of our members.

To our volunteers and supporters, I extend my heartfelt thanks for your invaluable contributions. Your generosity, time, and belief Go LD is a cornerstone of our success. This support enabled us to reach achieve the services and activities detailed within this report.

I also want to take a moment to express my sincere gratitude to Shelley Hewlitt who stepped down from the position of Co-Chair to welcome the wonderful Jack as part of their family. We wish Shelley all the best in this new chapter of her life and look forward to welcoming her back in the future.

Despite the challenges posed by external factors such as the Hampshire County Council cutbacks, cuts to vital services and a difficult fundraising environment, we remain steadfast in our commitment to achieving Go LD's mission. The team and our supporters have done a fantastic job at ensuring the community and funders support our mission.

We are excited about the opportunities that lie ahead and are confident that with your continued support, we can continue to make a positive impact in our community.

In closing, I want to express my deepest gratitude to each and every one of you who has contributed to our journey so far. Your support, dedication, and belief in Winchester Go LD have been the driving force behind our successes this year, and we are truly grateful.



Jamie Guerrier
Chair, Winchester Go LD

"I want to express my deepest gratitude to each and every one of you who has contributed to our journey so far.

Your support, dedication, and belief in Winchester Go LD have been the driving force behind our successes this year, and we are truly grateful."

Jamie Guerrier

Chair, Winchester Go LD

SECTION 3

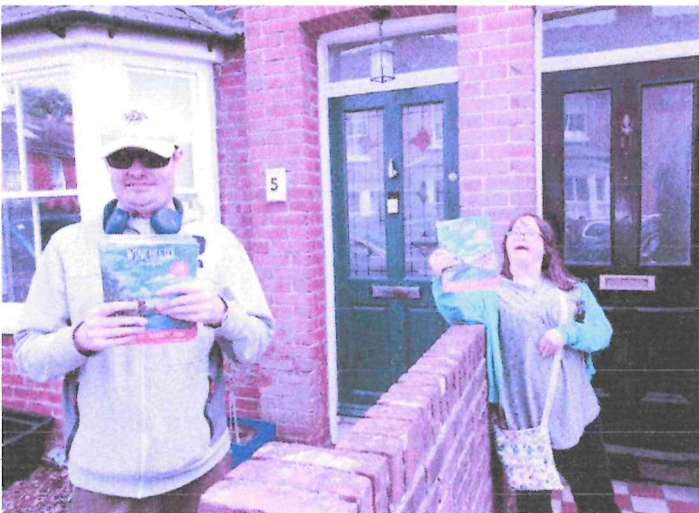
OUR ACTIVITIES & ACHIEVEMENTS

The team, supported by our volunteers, have worked to deliver a variety of services and activities throughout the year. There are too many to mention, but a few are detailed below.

Advocacy

Led by Sharron Clements, Winchester Go LD gives our members a voice, particularly when confronted with difficult choices and decisions involving Adult Social Care, NHS Health Teams, families and support providers.

We see the consequences of troubled health and social care systems and we challenge the lack of joined up working.



Our insight and experience provide valuable input in helping our members realise and achieve their goals. We play a pivotal role in achieving positive outcomes for members in professionals' meetings and support network (circle) meetings.

The Winchester Go LD team spend approximately 25-35 hours a week on delivering our advocacy services.

Walk and Talk

Walk and talks continued this year and they are a valuable and popular service to our members.

Through our staff and dedicated volunteer team we delivered 320 Walk and Talks to 35 members in the year 2023-2024.

Go Socials

Winchester Go LD's monthly 'Go Social' events continue to provide our members, volunteers and staff the opportunity to get to know each other and take part in a variety of activities.

Go Social activities this year have included our ever popular pub trips, bowling, bingo night, a historic Winchester walk and a disco.

Winchester Magazine

Winchester Go LD members developed and increased their role as part of the

Membership

Active Membership has remained steady this year.

This is due to a cap on numbers to ensure we can provide effective support to each of our members.

Active Members 2024: 120

Active Members 2023: 120

Active Members 2022: 103

Active Members 2021: 90

delivery crew for Winchester Magazine. This year, 21 members have taken part posting 2,675 magazines in the Fulford area. This has proven to be a popular project with our members and contributes towards our member generated income.

The magazine delivery provides engagement and inclusion in the community, a sense of purpose, physical activity, teamwork, fun and a great platform to build more local connections

Summer Trips

The staff and volunteer team delivered a successful and popular program this summer, catering for our members' range of budgets and interests.



55 of our members took part in one or more of the 18 different summer activities we offered.

Member Generated Income

Our members have generated £4,410 of income through the sale of their member designed merchandise, Christmas cards and the smoothie bike.

The popular fruit and vegetable range of tea towels, oven gloves and aprons were created as part of our healthy eating module in the wellbeing project. Staff member, Emma Snagge, worked with our members to create these beautiful and stylish designs

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We have had success selling our member merchandise at local fairs, community events and via our online shop. New to us this year was the chance to sell our merchandise at the famous Winchester Christmas Market! We are also delighted that Cobbs at Winchester stock our tea towels, aprons and oven gloves to sell in the farm shop.

Our online activities continue to be popular with Winchester Go LD members – on average we engage with 20 Winchester Go LD members via Zoom each week. They not only provide important social contact for members who are unable to access our face-to-face activities, but also provide a way to maintain and develop IT skills and confidence.

Regular fitness groups and the Para PBs

Adults with learning disabilities are more at risk to many physical and mental health conditions than the general population and at Winchester Go LD we encourage our members to be active. Our weekly activities Saturday Circuits, Thursday Fit Class and Wednesday Tai Chi are important ways to keep moving and for our members to spend social time with friends.

In September 2023 we held our 11th annual Paralympic Personal Best event at the Everyone Active Sport and Leisure Park and University of Winchester Athletics track alongside our partner Winchester City Council, Everyone Active and the University of Winchester.

This event has continued to grow and has become a key fixture in the diary of the local learning disability community, extending beyond Winchester and welcoming an amazing 206 participants.

The Paralympic Personal Bests offers a fantastic way for Winchester Go LD to connect with other local learning disability groups.

It provides an opportunity for members to be introduced to local sports groups (such as disability football, parkrun and super 1s cricket), seeking to address physical and mental health inequalities faced by the LD community.

We are grateful in particular for funding from Simplyhealth of £5,000.

Highlights

2675 copies of Winchester Magazine delivered.

55 number of members taking part on summer trips.

206 of Para PB attendees.

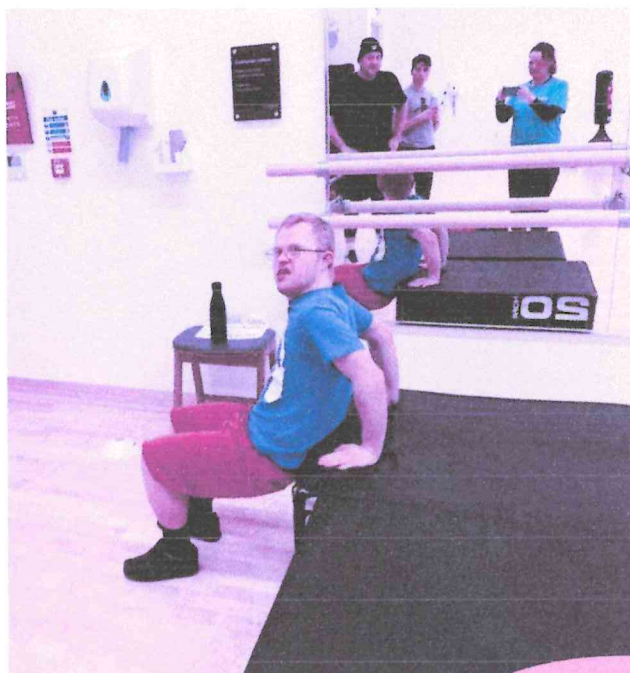
£4410 total raised by our members through income generation.

320 hours walked on Walk and Talks.

626 number of activities delivered by staff and volunteers.

342 smoothies sold

In addition to our Go LD volunteers, we also welcomed staff from our corporate partners at Santander, Osborne Property Services (now Cardo Group), Brewin Dolphin, Strategic Solutions and Simplyhealth to take part in the day.



Fundraising Events

Our Fundraising Committee have had another successful year.

The Garden and Plant Fair in May 2023 generated significant income for Winchester Go LD. We are very grateful to Cobbs at Winchester for their continued support of the Garden and Plant Fair and to Brewin Dolphin and Sparsholt College.

As ever our venue was provided by Katie and Simon Brown.

We're incredibly grateful for their continued support of this important fundraising event.

*"Thank you
for your
amazing
work."*

*[Member X]
absolutely
loves
attending the
various
activities you
offer."*



Awards

Winchester Go LD's and the staff's success has been recognised with numerous nominations and awards throughout the year. These include:

- Winchester Business Excellence Awards: Social Enterprise and Charity 2023 (June 2023) – Winner
- WAGS (Women Achieving Greatness in Social Care) Awards – Betty Chadwick (November 2023)
- Lifetime achievement (finalist) - Janet Chierchia
- Inspirational Volunteer (finalist) - Marjon Zoon and Evie Wood
- Community Rail Network 2023 Stations in Bloom - Silver Award (November 2023)
- National Learning Disabilities & Autism Awards 2023 - The Oliver McGowan Mandatory Training Award - Highly Commended – Betty Chadwick (July 2023)

"Betty is the deserving recipient high commendation for this award. Her dedication to improving the lives of people with autism and learning disabilities through innovative programmes has been recognised by the judges. Betty demonstrates exceptional knowledge whilst highlighting the importance of safeguarding training to all involved with the charity."

Congratulations to everyone involved!



SECTION 4

OUR FINANCES

RESERVES POLICY

To sustain its activities and in line with the Charities Commission's recommendations, Winchester Go LD has designated a base reserve of unrestricted funds of **six months operating costs**.

The unrestricted funds above the reserve can be spent by the Trustees to meet its aims and objectives. Restricted income funds are only spent only for the particular purpose set out by the donor.

INDEPENDENT EXAMINER'S REPORT

I report to the Trustees on my examination of the accounts of Winchester Go LD for the year ended 31 March 2024.

Responsibility and Basis of the Report

As the charity Trustees of Winchester Go LD you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the 'Act').

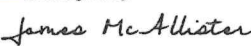
I report in respect of my examination of Winchester Go LD's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) of the Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the Winchester Go LD giving me cause to believe in any material respect:

1. accounting records were not kept in respect of Winchester Go LD as required under section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:

 7E3A9980274949A...

James McAllister

FINANCIAL STATEMENTS

Winchester Go LD Income and Expenditure Account For the year ended 31 March 2024

	2024				2023			
	Restricted Funds (£)	Unrestricted Funds (£)	Not Specified (£)	TOTAL (£)	Restricted Funds (£)	Unrestricted Funds (£)	Not Specified (£)	TOTAL (£)
Income								
Bank Interest	0	858		858	0	108		108
Community Events and Groups	0	18,556		18,556	0	4,451		4,451
Corporate Donations	150	2,219		2,369	0	1,345		1,345
Donations	0	13,550		13,550	0	11,942		11,942
Donations (Gift Aid)	0	13,283		13,283	0	0		0
Fundraising Committee	0	18,843		18,843	0	21,685		21,685
Gift Aid Reclaim	0	6,008		6,008	0	0		0
Member Activities	600	9,263		9,863	0	6,348		6,348
Member Merchandise	0	4,410		4,410	0	6,042		6,042
Online Commission	0	130		130	0	175		175
Other	500	21		521	0	0		0
Payroll Giving	0	200		200	0	579		579
Trust/Grant income	41,396	20,276		61,672	38,842	44,580		83,422
Uncategorised Income	0	0	117	117	0	0		0
Total Receipts	42,646	107,618	117	150,382	38,842	97,255	0	136,097
Expenditures								
Advertising/Promotional	56	0		56	0	0		0
Contracted Staff	1,700	1,806		3,506	3,400	0		3,400
Event Fundraising	0	3,170		3,170	0	0		0
Fundraising Committee Costs	0	3,401		3,401	0	1,161		1,161
Insurances	75	348		423	0	0		0
IT, Software, Hosting and Broadband	895	666		1,561	0	0		0
Member Activities costs	5,011	3,057		8,068	4,940	5,403		10,343
Member Merchandise costs	0	2,058		2,058	0	2,226		2,226
Misc (adjustment)	0	2		2	0	0		0
Office Equipment and Stationary	578	377		955	0	0		0
Total Payroll Expenditures	32,341	87,027		119,368	13,066	90,222		103,288
Rent or Lease of Buildings	2,276	6,742		9,018	0	8,224		8,224
Representation	0	210		210	0	0		0
Staff Training and Travel	463	554		1,017	180	465		645
Uncategorised Expense	0	380	117	497	84	4,522		4,606
Total Expenditures	43,396	109,797	117	153,310	21,670	112,223	0	133,893
Excess / (Deficit) of Income over Expenditure	(750)	(2,178)	0	(2,928)	17,172	(14,968)	0	2,204

Note - several categories have been combined, split, or renamed from the previous year

Balance Sheet as at 31 March 2024

	2024				2023			
	Restricted Funds (£)	Unrestricted Funds (£)	Not Specified (£)	TOTAL (£)	Restricted Funds (£)	Unrestricted Funds (£)	Not Specified (£)	TOTAL (£)
Current assets								
Bank accounts	20,497	119,500	0	139,997	25,747	117,178	0	142,925
Income and Expenditure Account								
Balance brought forward 1 April	25,747	117,178	0	142,925	13,076	127,645	0	140,721
Excess / (Deficit) of Income over Expenditure	(750)	(2,178)	0	(2,928)	17,172	(14,698)	0	2,204
Transfer between funds	(4,500)	4,500	0	0	(4,500)	4,500	0	0
Balance carried forward 31 March	20,497	119,500	0	139,997	25,747	117,178	0	142,925

Jamie Guerrier, Chair

Name
Position: Trustee

Mark Chapman
[Signature]

SECTION 5

ACKNOWLEDGEMENTS

Volunteers

Your hard work and dedication have been nothing short of amazing. You've shown up with smiles on your faces and a willingness to help in any way you can, whether by supporting our members directly, supporting our activities and events, or being there when we needed an extra hand.

It's clear that Winchester Go LD wouldn't be what it is without the passion and commitment you all bring to the table. You've made a real impact on our members, helping them feel more connected, supported, and valued.

Thank you to each and every one of you.

Fundraising Committee

We are enormously grateful to our wonderful fundraising committee for their continued support in volunteering their energy, enthusiasm and no small dose of hard work in raising much needed funds for Winchester Go LD.

This year alone they have raised an incredible £18,834.

Thank you, Ros Nell, Ros Francis, Janine Kiely Guerrier, Juliet Hawkes, Liza Hobbs, Claire Penny, Kate Price, Lucy de Albuquerque, Elisabeth Colquhoun, Marjorie Huntley and Jo Tyler.

Corporate & community partners

Thanks to all our funders for your generous support in 2023-24



"It is difficult to find the words to tell you how impressed I was with you and the other people who help at Winchester Go LD."

The variety of people is incredible, and you have everyone trying the same thing.

I loved the story-telling session.

I was very, very impressed."

Winchester Go LD Donor.

The Members

Last in our acknowledgments, but certainly not least.

To our wonderful members.

You are the reason Winchester Go LD is what it is.

You are the reason our staff, volunteers and supporters involve themselves with us.

You are the reason they keep coming back.

Your infectious smiles.

Your determination to have fun and enjoy life.

Your enthusiasm for mischief.

Your ability to cope with whatever life throws at you.

Thank you for making Winchester Go LD so special.



SECTION 6

HOW TO GET INVOLVED

With recent cutbacks from Local Authority's and changes in the fundraising landscape, Go LD has increased challenges at a time when the needs of our members have never been greater. Your donations and support are essential to help us continue providing programs and support for our members, empowering them to lead fulfilling lives.

We invite you to consider how you can contribute to our mission, ensuring that Go LD remains here for those who rely on us.

Make a donation

Winchester Go LD cannot provide the support and services it does without raising sufficient income.

Please consider donating to Winchester Go LD. We have a variety of ways you can do this, by visiting: <https://winchestergold.org.uk/supporting-us/#Givemoney>

Leave a gift in your will

Legacy giving is an incredibly effective way of ensuring vital funds for the work that Winchester Go LD does for our members. We welcome any discussion from those who may be interested in having Winchester Go LD as a beneficiary within their will and we can be contacted using the details below.

Support an event or fundraising activity

We are always keen to here from those who would like to support Winchester Go LD and there are a variety of ways this can be done, these include:

- Taking part in a challenge event, like a sponsored walk or run.
- Shop our member designed items and buy tickets to our events:
<https://winchester-go-ld.myshopify.com/>
- Signing up to easyfundraising online and selecting Winchester Go LD:
<https://www.easyfundraising.org.uk/>

Volunteer

Without our wonderful volunteers, Winchester Go LD simply wouldn't be what it is today. Winchester Go LD have an amazing group of volunteers whose kind and dedicated support enables us to do more activities.

If you are interested in volunteering, please contact Winchester Go LD at:
info@winchestergold.org.uk or complete the online form found at:
<https://winchestergold.org.uk/supporting-us/>

:

Become a Corporate Partner

Corporate partnerships play a vital role in the sustainability and growth of small local charities like ours. They provide essential financial support and offer opportunities for increased visibility, community engagement, and shared impact.

Ways Corporate Partners Can Get Involved:

1. **Payroll Giving:** Encourage employees to participate in payroll giving programs, where they can make regular donations to our charity directly from their salary. This simple and tax-efficient way of giving can provide a steady stream of support for our programs and initiatives.
2. **Charity of the Year:** Partner with us as your designated Charity of the Year. This long-term commitment allows for deeper engagement, fundraising opportunities, and increased visibility for your company's support of the local community.
3. **Donations:** Consider making a one-time or recurring donation to support our programs and services. Your financial contribution can make a significant impact and help us continue our vital work.
4. **Employee Engagement:** Encourage employees to volunteer their time and skills to support our organisation. Whether through hands-on volunteering, pro bono services, or skills-based volunteering, their contributions can make a meaningful difference.
5. **Staff Training:** Engage with us to provide staff training sessions on topics related to our cause or sector. This enhances employee skills and knowledge, and also deepens understanding of the issues the Learning Disability community face when engaging with organisations.

By forging strong partnerships with corporate partners, we can work together to create a more sustainable and inclusive future for local Learning Disability community.

If you'd like to discuss ways to get involved, please contact us at:

info@winchestergold.org.uk



A business partnership can be a great way to connect with the local community and build strong relationships.

Keep up to date

Subscribe to our newsletter and comms:

https://winchestergold.org.uk/about_us/#ContactUs

Follow and engage with us on social media:

X: https://x.com/WinchesterGo_LD

Facebook: <https://www.facebook.com/winchestergold.org.uk/>

CONTACT US

Winchester Go LD
The Arc
Jewry Street
Winchester
SO23 8SB

Phone:
01962 600281

Email:
info@winchestergold.org.uk

WINCHESTER GO LD

England & Wales - Charity number 1156536

Accounts

Annual Report

1 April 2022 – 31 March 2023



Living life to the full

Winchester Go LD, The Arc, Jewry Street, Winchester, SO23 8SB
T: 01962 600281 W: winchestergold.org.uk E: info@winchestergold.org.uk
Patron: Lady Portal (Louisa) MBE, DL Charity number: 1156536

Introduction

It seems that every year when we all pause to reflect on the previous 12 months we always seem to say, 'this has been a year like no other!' This year has been no exception. The ongoing cost of living crisis and the significant challenges facing local services to meet the most basic levels of support are all directly impacting our members' lives.

It is in this context that Winchester Go LD has continued to successfully grow and develop to make even more of a difference for our members. This does not just include some of the standout initiatives like our Travel with Confidence project that you will hear about later in this report, but also the day-to-day support and advocacy that our team provides. None of that would be possible without the hard work and dedication of our staff, volunteers and trustees, and so we would like to start this report with a huge thank you to all of you.

A special thanks to Janet Chierchia MBE, who stepped down as a trustee in November 2022 after an incredible 37 years. We can't say thank you enough for Janet's lifetime of service for the learning disability and carers community in Hampshire, and in particular Winchester Go LD (including in the organisation's previous form of Winchester and District Mencap).

A big thank you also to all our donors, sponsors, volunteers and supporters who make such a valuable contribution to our organisation. Without your help we would not be able to make such a positive impact on the lives of so many people with learning disabilities in our community.

Finally, a huge thank you to all our members who help make Winchester Go LD the organisation we are so proud of today.

Shelley Talbot and Jamie Guerrier (Co-Chairs of Trustees) November 2023

Trustees

- Stephen Ayling (*Interim Chair, November 2021 – Jan 2023*)
- Shelley Talbot (*Co Chair, January 2023*)
- Jamie Guerrier (*welcomed, November 2022 and Co Chair, January 2023*)
- Mark Chapman (*Treasurer*)
- Rob Silk (*welcomed November 2022*)
- Rozmin Parpia
- Marjon Zoon
- Janet Chierchia (*retired, November 2022*)

Aims and objectives

Winchester Go LD is a Charitable Incorporated Organisation which was registered with the Charity Commission in March 2014. It is governed by its Constitution.

The object of the CIO is to help people with a learning disability, who are resident in Winchester and the surrounding area, as well as their families, dependents or carers by:

- a) promoting inclusion for the public benefit and preventing people with a learning disability from being excluded
- b) providing or assisting in the provision of services for people with a learning disability to enable them to achieve their potential
- c) provide information, signposting, listening and support (one to one and in groups)
- d) provide resources for the development of services to promote daily living, education, training, work readiness and employment
- e) provide resources for the development of recreation, sports and leisure activities
- f) promote good practice to enable people with learning disabilities and their families to have a “voice” at local, county and national level
- g) work in partnership with others to fill any identified gaps in provision, which could benefit people with a learning disability, their families, dependents or carers

Reserves Policy

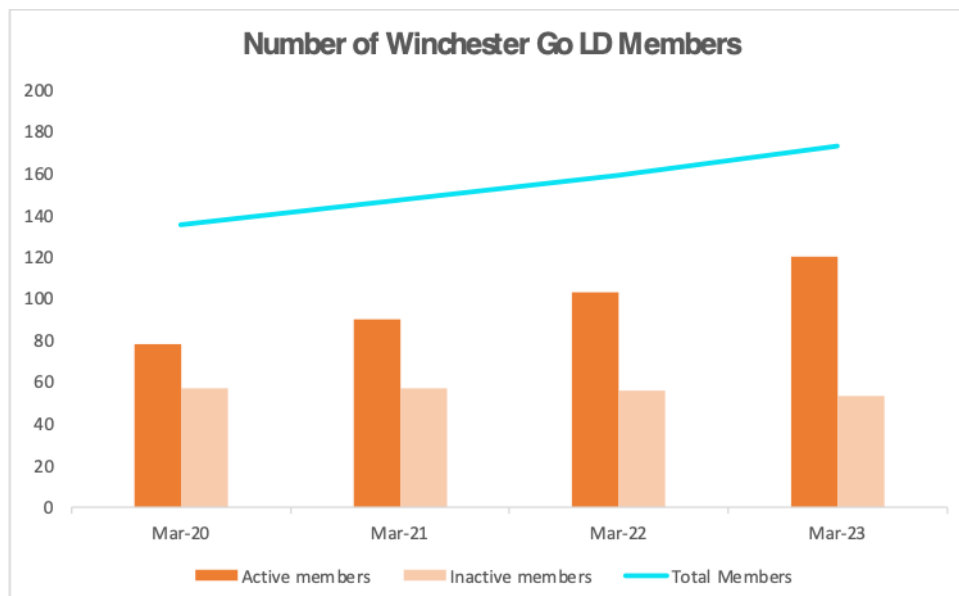
To sustain its activities and in line with the Charities Commission's recommendations, the CIO has designated a base reserve of unrestricted funds of **six months operating costs**. The unrestricted funds above the reserve can be spent by the Trustees to meet its aims and objectives. Restricted income funds are only spent only for the particular purpose set out by the donor.

April 2022 – March 2023 Report

Winchester Go LD enables adults with learning disabilities to live life to the full with the choices and independence that they want. We promote self-development, friendship, self-confidence, creativity and learning. We try to share the experience, skills and talents of our members; we recognise that our members are experts through their lived experience of learning disabilities.

We form strong, long-term and trusted relationships with our members. We have a strong focus on mental and physical wellbeing. Winchester Go LD provides a range of regular one to one and group activities, small group workshops, life skills training, advocacy and referral or signposting to other appropriate statutory and voluntary organisations. Through a person-centred approach, we help our members to reach their goals and to aspire to set new goals. We also offer a network of support for our members and their families.

Active membership (members who have engaged with Winchester Go LD in a 12 month period) has continued to grow; between March 2022 and March 2023 we have seen a 16.5% increase in active membership, reflecting a steady year on year trend in growth. In the last 3 years our active membership has expanded by over 53% (from 78 to 120 active members). Demand for our work continues to increase and we have responded successfully by providing help to more individuals in more ways. In September 2022 active membership was capped at 120 to ensure Winchester Go LD could continue to provide the high quality level of services and positive impact that we pride ourselves on; which was at risk of being diluted by the continuous swell in membership numbers.



Our members and their families are trying desperately to bridge the gap between the services provided by the local authority and what is practically required. The pressures faced by the local authority means that gaps in adult social care provision are getting larger. Hampshire County Council’s announcement in November 2022 of looming financial crisis poses a huge and ongoing concern. This year Winchester Go LD has experienced an increase in both the number and the complexity of issues presented by our members to our staff team.

The cost of living crisis has had a profound effect on the learning disability community. Mencap explained part of the problem in their April 2023 report, “...people with a learning disability are often on lower incomes and face higher outgoings than the general population...”. Winchester Go LD has helped members access food vouchers (especially when online application is required) and food banks. We have also provided extensive advice around budgeting and managing fuel costs.

Staffing

This year (2022-2023) Winchester Go LD’s workforce has grown and adapted to meet the needs of our members, resulting in a planned and significant increase in budgeted payroll costs. The challenges of recruitment combined with the restructuring of the senior management team has meant that payroll spend this year is underbudget at £103K (the budgeted payroll spend for this

period was £145K). Winchester Go LD staff continue to be the organisation's most valuable asset, representing 80-90% of our organisation's annual expenditure.

The Winchester Go LD staff team have grown by 37% from 2.7 to 3.7 full time equivalents.

- Betty Chadwick CEO (full time)
- Ann Hughes Executive assistant (part time, started in November 2022)
- Sharron Clements Advocacy Lead (part time)
- Emma Snagge Communications and Engagement Lead (part time)
- *Gina Rouse* *Operations and Volunteer Manager (left in November 2022)*
- *[Sue Flemington* *Volunteer and member Coordinator (part time) – started May 2023].*

In September 2022 we were awarded funding from National Lottery Reaching Communities Fund for a 3-year volunteer coordinator role. This role was initially folded into the operations manager role resulting in an Operations and Volunteer manager. It has since been combined with member service delivery to form the Volunteer and Coordinator role).

In February 2022, the role of Advocacy Lead (Sharron Clements) increased from 21 hrs/week to 27 hrs/week in response to member demand.

Service Provision

We have a range of weekly and monthly activities; we also provide advocacy, information, safeguarding and skills workshops. Our calendar of events and activities can be found on our website: <https://winchestergold.org.uk/whats-on/> . Each interaction with our members provides an opportunity for staff and volunteers to check in and identify any areas of concern.

- **Advocacy and safeguarding**

The need for advocacy work continues to grow. Working with our members and the people who support them is a key part of Winchester Go LD's provision.

Winchester Go LD gives our members a voice, particularly when confronted with difficult choices and decisions involving Adult Social Care, NHS Health Teams, families and support providers. We see the consequences of troubled health and social care systems and we challenge the lack of joined up working. Our insight and experience provide valuable input in helping our members

realise and achieve their goals. We play a pivotal role in achieving positive outcomes for members in professionals meetings and support network (circle) meetings.

As vulnerable adults, people with learning disabilities are at increased risk of safeguarding issues. At Winchester Go LD we are troubled by the increase in safeguarding concerns affecting members; examples include (but are not limited to) financial abuse, online abuse, hoarding, self-harm/neglect, physical and emotional abuse. In July 2022, Marjon Zoon became our Safeguarding Trustee. Winchester Go LD provides safeguarding training for staff, volunteers and trustees.

The Winchester Go LD team spend 25-35 hours a week focusing on member advocacy and safeguarding concerns.

- **Online activities**

Our online activities continue to be popular with Winchester Go LD members – on average we engage with 25 Winchester Go LD members via Zoom each week. They not only provide important social contact for members who are unable to access our face-to-face activities, but also provide a way to maintain and develop IT skills and confidence.

Online Activity	Number of Winchester Go LD members participating each week 2022-2023
Monday afternoon tea	10-12
Tai Chi	5-7
Thursday fit class	8-10
Sign with Steve	18-22

- **Face to face activities**

Based in the community space of the public library (The Arc), our regular group activities are engaging, sociable and fun. We exchange ideas, discuss current news and share information about upcoming events. Winchester Go LD activities are successful in building members' confidence, encouraging members to ask for help and to share problems. They also provide an

opportunity for the staff team and volunteers to notice changes in member behaviour or presentation that may provide a clue that all is not well. We run two regular weekly 1 hour drop-in groups: Tuesday drop in and Friday funky lunch.

Walk and Talks

This continues to be a valuable and popular service offered by Winchester Go LD. Our staff and volunteer team delivered just under 300 Walk and Talks to 33 members in the year 2022-2023.

In February 2023 Winchester Go LD members started working as part of the delivery crew Winchester Magazine. This has proven to be a popular project with our members. This is a paid role and contributes towards our member generated income. The magazine delivery provides engagement and inclusion in the community, a sense of purpose, physical activity, teamwork, fun, publicity through Winchester Go LD and a great platform to build more local connections.



Go Socials

Monthly Go Socials have included pub trips, walks around Winchester, online and face to face discos. 42 Winchester Go LD members have attended Go Social events this year (compared to 37 attendees in 2021-2022).

In February 2023 our Sign with Steve Makaton choir partnered with local band 'Hydeout' to co-host a joint member Go Social and fundraiser – Our Golden Valentine's party. This community event raised approximately £1,000 and brought new supporters to Winchester Go LD.



Summer trips (Summer 2022)

The staff and volunteer team delivered a successful and popular program this summer, catering for our members' range of budgets and interests. 53 (48%) of our active members took part in one or more of the 18 activities we offered. Train strikes and extreme weather (e.g. heat wave) added further challenges to the planning of our trips.



Wellbeing project (18 months February 2022 – August 2023)

Wellbeing is at the heart of being able to live life to the full and key to our members' ability to thrive. Our wellbeing project, part funded by Hampshire County Council's Get Going Again Grant has been separated into 6 key themes (modules): nutrition, health, training/education, work/volunteering, social/economic and hobbies/recreation.

We have delivered workshops, life skills and training relating to each of these six modules in a holistic way across all our services and activities. All 120 of our active members have interacted with our wellbeing project. Our work with train travel and collaboration with South Western Railways and Hampshire Community Rail Partnership also links to the work, education and training module. Nutrition and Health have been addressed through the Monday afternoon tea discussion group on Zoom and through to Winchester Go LD cookery workshops. We have also successfully signposted 7 Winchester Go LD members to the Step Out cookery courses run by our partners at Munch CIC.



The Paralympic Personal Bests 2022

In August 2022 we held our 10th annual Paralympic Personal Best event at the Everyone Active Sport and Leisure Park and University of Winchester Athletics track. This event has continued to grow and has become a key fixture in the diary of the local learning disability community. The Paralympic Personal Bests offers a fantastic way for Winchester Go LD to connect with other local learning disability groups. It also offers an opportunity for participants with an introduction to local regular sports groups (such as disability football, parkrun and super 1s cricket). Funding was welcomed from Simplyhealth (£4,188) and Connect to Support Hampshire (£999). A huge thanks to the 47 volunteers from our cooperate partners at Santander, Strategic Solutions and Simplyhealth plus the many friends and families who got involved.



Travel with Confidence

In December 2022 Winchester Go LD was awarded £10,000 funding from Hampshire Community Rail Partnership to deliver the Travel with Confidence project. £3,232 of this restricted funding has been allocated in reserve for Travel with Confidence project spend in the first few months of 2023-2024.

Members took part in developing their skills at independent train travel and shared their experience through peer-to-peer coaching with other adults with learning disability groups across Hampshire. We trained 14 Winchester Go LD members to become train travel experts and to share their expertise with 8 local groups. Through this project we successfully trained 110 individuals in train travel. Videos were produced to help reinforce our members' messages, these can be found on the Winchester Go LD website and on YouTube

(<https://winchestergold.org.uk/travel-with-confidence-2/>) .This award winning project highlights the importance of lived experience and co-production in project design and delivery.

We were delighted to have Henry Pugh as a temporary addition to our staff team to help us deliver the Travel with Confidence project in the beginning of 2023. We are very grateful to his contribution to the success of this project.



Fundraising Events

Our Fundraising Committee have had another successful year. Despite a grey and wet day, the Garden and Plant Fair on 11th May 2022 generated approximately £10,000 for the charity. We are very grateful to Cobbs at Winchester for their donation of £1,000 to Winchester Go LD in support of the Garden and Plant Fair.



Other popular Fundraising Committee events this year include the annual Bridge Tea, Quiristers Concert, Car Boot Sale and Quiz Night. We are enormously grateful to Ros Nell and her team of committee members for all the energy, hard work and enthusiasm they give to raising much needed funds for Winchester Go LD. We'd like to thank the Fundraising Committee for raising a fundraising total of over £17,800 for Winchester Go LD this year.

Member generated income

Winchester Go LD members have generated £6k of income through the sale of their member designed merchandise, Christmas cards and the smoothie bike. The popular fruit and vegetable range of tea towels, oven gloves and aprons were created as part of our healthy eating module in the wellbeing project. Staff member, Emma Snagge, combined our members' artwork into these beautiful and stylish designs.

We have had success selling our member merchandise at local fairs, community events and via our online shop. We are also delighted that Cobbs at Winchester stock our tea towels, aprons and oven gloves to sell in the farm shop.

Our members made a staggering 357 smoothie and generated an income of just over £600 from smoothie bike sales in the summer of 2022.



Corporate Donations, Funders and Grants

National Lottery Community Fund (Reaching Communities)	Simplyhealth
Lloyds Bank Foundation	Hampshire Community Rail Partnership
Hampshire County Council (Get Going Again Grant)	Thomas Roberts Trust
Hampshire County Council (Connect to Support Hampshire)	Sir Jeremiah Colman Gift Trust
Hampshire and Isle of Wight Foundation (Watts Family Trust)	Winchester City Council (Priority Outcomes)
Hampshire and Isle of Wight Foundation (Martin Wheeler Fund)	NISA (Otterbourne village shop – Making a Difference Locally)
Cllr Warwick	Tricycle Shop
Cllr Hiscock	Waitrose (Give a Little Love)
Action Hampshire (Voices in research)	Cobbs at Winchester
RBC Brewin Dolphin	

A big thank you to all our donors, sponsors and supporters who make such a valuable contribution to our organisation. Without this help we would not be able to make such a positive impact on the lives of so many people with learning disabilities in and around Winchester.

Winchester Go LD's staff and volunteers have excelled in their care and commitment to all our members again this year. The team at Winchester Go LD have demonstrated resilience, flexibility and ambition. Thanks too to our trustees who have generously given their time and skills to help steer Winchester Go LD through another successful year. We can all be extremely proud of how our organisation has grown and developed this year.

The biggest thanks and congratulations to our members for their courage, positivity and sense of fun in all they have achieved during the year.

Shelley Talbot and Jamie Guerrier (Co-Chairs of Trustees) November 2023

WINCHESTER GO LD
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023

	2023			2022		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Income						
Card & Merchandise	-	2,472	2,472	-	618	618
Fundraising	-	21,685	21,685	-	17,710	17,710
Donations	-	11,942	11,942	-	11,395	11,395
Trusts	14,269	1,941	16,210	21,276	51,378	72,654
Grants	24,573	42,639	67,212	-	408	408
Member Sales	-	3,570	3,570	-	-	-
Members Events (Go Social, Go Sports Para PBs)	-	6,348	6,348	-	3,998	3,998
Interest	-	108	108	-	7	7
Legacies	-	-	-	-	1,341	1,341
Community Events	-	1,912	1,912	-	247	247
Community Groups	-	2,539	2,539	-	4,305	4,305
Sponsored Events	-	1,345	1,345	-	104	104
Online Commission	-	175	175	-	465	465
Gift Aid Re-claim	-	-	-	-	1,603	1,603
Payroll Giving	-	579	579	-	265	265
Total Receipts	38,842	97,255	136,097	21,276	93,844	115,120
Expenditure						
Card & Merchandise	-	2,226	2,226	150	906	1,056
Fundraising	-	1,161	1,161	423	372	795
Rent (net)	-	8,224	8,224	2,434	4,331	6,765
Payroll	13,066	90,222	103,288	13,050	84,152	97,202
Contracted/Self Employed costs	3,400	-	3,400	-	-	-
General Running Costs	84	4,522	4,606	516	3,235	3,751
Members Events (Go Social, Go Sports Para PBs)	4,940	5,403	10,343	6,541	3,025	9,566
Staff Training and Travel	180	465	645	350	250	600
Total Expenditure	21,670	112,223	133,893	23,464	96,271	119,735
Excess / (Deficit) of Income over Expenditure	17,172	(14,968)	2,204	(2,188)	(2,427)	(4,615)

BALANCE SHEET
as at 31 MARCH 2023

	2023			2022		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Current Assets						
Bank Accounts	25,747	117,178	142,925	13,076	127,645	140,721
Income and Expenditure Account						
Balance brought forward 1 April	13,076	127,645	140,721	19,763	125,573	145,336
Excess / (Deficit) of Income vs Expenditure	17,172	(14,968)	2,204	(2,188)	(2,427)	(4,615)
Transfer between funds	(4,500)	4,500	-	(4,500)	4,500	-
Balance carried forward 31 March	25,747	117,178	142,925	13,076	127,645	140,721

In FY 2020 an internal review of the funds held indicated that several internally designated funds had been recorded as restricted funds in prior years. Adjustments continue to be made to reclassify some of these from Restricted to Unrestricted.

J Guerrier
Trustee

S Talbot
Trustee

Date 22/12/2023

Independent examiner's report to the trustees of Winchester Go LD Charitable Incorporated Organisation (the "CIO")

I report to the trustees on my examination of the accounts of the CIO for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

[Signed]  [Date] 22 Jan 2024

Andra Banning, CPA, CA (Canada)
5 Ashen Close, Pine Road
Chandlers Ford
Eastleigh
Hampshire
SO53 1LH

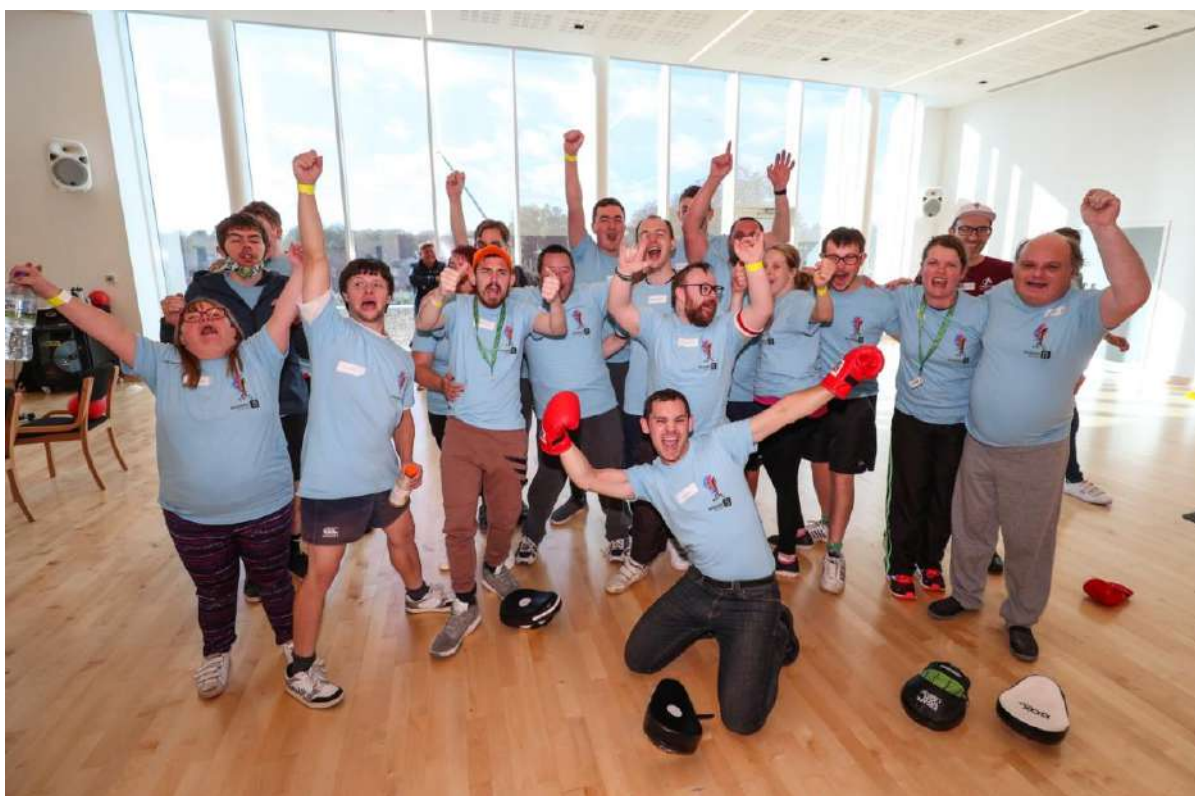
WINCHESTER GO LD

England & Wales - Charity number 1156536

Accounts

Annual Report

1 April 2021 – 31 March 2022



To Live. To Thrive.

Registered Charity Number: 1156536

Trustees

Kevin Stevens (Chair, retired November 2021)	Janet Chierchia
Stephen Ayling (Chair, November 2021)	Rozmin Parpia
Mark Chapman (Treasurer)	Marjon Zoon (welcomed November 2021)
Shelley Talbot (welcomed November 2021)	Mary Needham (welcomed November 2021)

Betty Chadwick (resigned as Trustee June 2021)

Aims and objectives

Winchester Go LD is a Charitable Incorporated Organisation which was registered with the Charity Commission in March 2014 and is governed by its constitution.

The object of the CIO is to relieve the needs of people with a learning disability, who are resident in Winchester and the surrounding area, as well as their families, dependants or carers by:

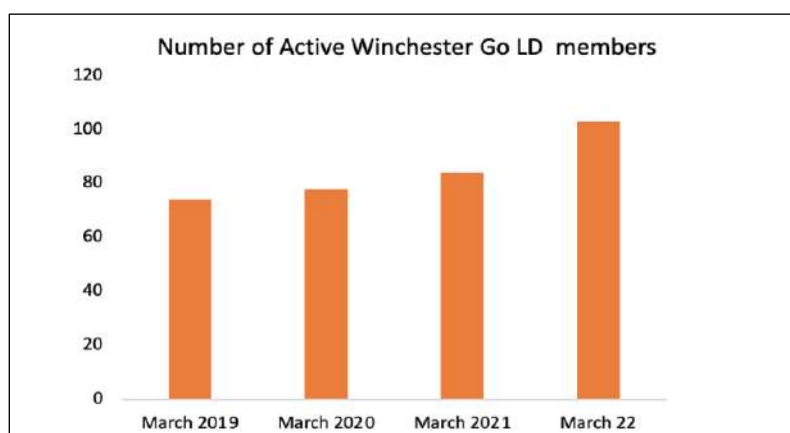
- a) promoting inclusion for the public benefit and preventing people with a learning disability from being excluded
- b) providing or assisting in the provision of services for people with a learning disability to enable them to achieve their potential
- c) provide information, signposting, listening and support (one to one and in groups)
- d) provide resources for the development of services to promote daily living, education, training, work readiness and employment
- e) provide resources for the development of recreation, sports and leisure activities
- f) promote good practise to enable people with learning disabilities and their families to have a “voice” at local, county and national level
- g) work in partnership with others to fill any identified gaps in provision, which could benefit people with a learning disability, their families, dependants or carers

Reserves Policy

To sustain its activities and in line with the Charities Commission’s recommendations, the CIO has designated a base reserve of unrestricted funds of **six months’ operating costs**. The unrestricted funds above the reserve can be spent by the Trustees to meet its aims and objectives. Restricted income funds are only spent only for the particular purpose set out by the donor.

Report

Winchester Go LD enables adults with learning disabilities (our “members”) to live life to the full with the independence and choices that they want. We form strong, long-term and trusted relationships with our members. We have a strong focus on mental and physical wellbeing. We provide a range of regular one to one and group activities, small group workshops, life skills training, community advocacy and referral or signposting to other appropriate statutory and voluntary organisations. Winchester Go LD also offers a network of support for the families of our members. Membership has grown by 21% this year, we have over 159 members living in Winchester city and surrounding district (of those 103 have actively engaged with us in the last 12 months). We are the leading local not for profit organisation in this field.



We help people with learning disabilities and their families who are trying desperately to bridge the gap between the services provided by the local authority and what is practically required. Through a person-centred approach, we help our members to reach their goals and to aspire to set new goals.

We are proud of the positive difference we make to our members' lives, and we are acutely aware of the increased demand for our services. We have experienced an increase in both the number and the complexity of issues presented to our staff team at Winchester Go LD. There are many different external pressures and challenges that our members have faced this year. It's especially important that we're here to help, as change is particularly difficult for people with learning disabilities to cope with.

Additional pressures on Winchester Go LD members 2021-2022

- *Covid-19 pandemic (the effect of the pandemic on our members, their families, support providers and Adult Services has been significant. Covid-19 continues to exert huge pressure on an already stretched sector).*
- *Brexit (in particular the consequence this has had on the support workforce).*
- *Hampshire County Council retendering of support packages (and the staff and routine disruption and issues resulting from changes in support providers).*
- *National support worker recruitment crisis.*

Our Services

Winchester Go LD promotes self development, friendship, self confidence, creativity and learning. We also like to have fun! We have a range of weekly and monthly activities and we provide advocacy, information, safeguarding and skills workshops.

We respect and promote the rights of people with a learning disability and their families to speak up on issues.

- **Advocacy**

There has been an increase in the need for advocacy work. Our members are individuals, each with a unique set of ambitions, needs, frustrations and concerns. Working with our members and the people who support them is a key part of Winchester Go LD's provision. We have developed long and trusted relationships with members, enabling us to provide comforting, reliable and a personal centred service at a time where so many other variables are changing.

- **Online activities**

During lockdown we noted how well our Zoom groups enabled us to engaged with members who struggle to attend our face to face groups. Many of our members adapted well to online activities and they have developed more IT skills as a result. For these reasons, since the lifting of lockdown we have continued to offer an online program.

- Monday afternoon tea
- Tai Chi
- Thursday fit class
- Sign with Steve*
- Go Live Facebook Broadcast

*Sign with Steve is a Makaton signing choir led by Steve Maloney. These popular sessions were introduced to the charity in April 2021 by Winchester Go LD member, Joseph.



Our Go Live Broadcast, led by members, James and Jane has interviewed guests including Winchester Go LD trustees, volunteers, staff, our partner organisations and our local MP, Steve Brine.



We have continued to reach out to family carers. We hosted two online evenings this year; an introduction to our Wellbeing project and an additional focus on health (mental health and communities against cancer).

- **Face to face activities**

We were delighted to return to our regular face to face activities. Based in the community space of the public library (The Arc), these are sociable, fun and creative. We exchange ideas, discuss current issues and share information about upcoming events.

- Tuesday drop in
- Friday funky lunch

During library's refurbishment over the winter of 2021/22 our face to face groups were moved across the road to St Peters Church meeting rooms. We are enormously grateful to the team at St Peters for making us feel so welcome.

Walk and Talks

Walk and Talks continue to be a popular and valuable service offered by Winchester Go LD. Our staff and volunteer team delivered 438 Walk and Talks to 34 Winchester Go LD members between April 2021 and the end of March 2022.



Monthly Go Socials have included pub trips, walks around Winchester, online and face to face discos. We have welcomed the opportunity to get back to evening socials in our local community. 38 Winchester Go LD members have attended Go Social events this year.



Summer trips

We were able to relaunch a full summer trip program post lockdown. Our trips represented the 'hobbies and recreation module of our wellbeing project' and were part funded by St Peter and Winchester Martyrs Covenant with the Poor group. Winchester Go LD member, Matthew, was key in supporting our funding application and sharing information about our charity to the congregation.

51 Winchester Go LD members took part in the summer trips program, trips ranged from Watercress Line in Alresford to Bournemouth Beach and local walks and pub lunches. We were joined by our team of new and experienced volunteers.

Our trips enabled us to collaborate with Hampshire Community Rail (HCR) and South Western Railway (SWR) projects to Travel with Confidence and Try the Train.



Wellbeing project (12 month project launched Autumn 2020) and Wellbeing post pandemic project (18 month project launched February 2022).

Wellbeing is at the heart of being able to live life to the full and key to our members' ability to thrive. Our wellbeing projects, part funded by Hampshire County Council Local Solutions and Get Going Again Grants have been separated into 6 key themes (modules). We are also very grateful to the trusts, foundations and other groups who have contributed funding in the year 2021/22 are listed later in this report.

- Nutrition
- Relationships and Friendship
- Health – physical and mental
- Recreation/hobbies
- Social and economic
- Work, education and training

We have delivered information, workshops, life skills and training relating to each of these six modules in a holistic way across all our services and activities. All 103 of our active members have interacted with our wellbeing project. We have collaborated with Munch CIC to run a series of online cookery courses. Our work with train travel and collaboration with SWR and HCR relates to the work, education and training module. Action Hampshire have worked with us with our Communities Against Cancer project which is included in the Health module.

The Paralympic Personal Bests 2021

Held on October 2021 at the new Everyone Active Sport and Leisure Park and University of Winchester Athletics track. The event continues to grow and this has been our biggest event to date; with 146 attendees from 14 different day services, schools and groups taking part. The event was assisted by a significant funding contribution (£2,850) from Simplyhealth. A huge thanks to the 37 volunteers from our cooperate partners at Strategic Solutions and Simplyhealth plus the many friends and families who got involved.



Fundraising Events

Our Fundraising Committee's highly successful Garden and Plant Fair marked our return from lockdown. Ros Nell and her team raised an incredible £10,000 (NET) at this lovely event. Many thanks to our hosts, Simon and Katie Browne for their ongoing generous support.

Other successful Fundraising committee activities included the annual Bridge Tea, Wine tasting evening with Toscanaccio and Christmas card sales. Many thanks to all for their huge effort in supporting Winchester Go LD to engage with our local community while raising a fundraising total of over £17,000.

We were extremely saddened by the unexpected news of Zella Smith's death in August 2021. Zella was a lovely, passionate and long serving member of the Fundraising Committee and an accomplished artist. She is greatly missed. Thank you to Martin Smith for the generous donation of £3,400 in May 2022 following the Retrospective Exhibition of Zella's work.



Corporate Donations, Funders and Grants

Action Hampshire	Simplyhealth
Avington Golf Club	Sir Jeremiah Colman Gift Trust
Baily Thomas	South Downs National Park
Barchester Charitable Foundation	Strategic Solutions
Cllr Warwick	St Peters and the Winchester Martyrs
Gannett Foundation (Hampshire Chronicle)	Think Creative
Hampshire County Council	Thomas Roberts Trust
Hendy Foundation	Tricycle Shop
Lloyds Bank Foundation	Winchester City Council
Postcode Society Trust	7 th Day Adventis Church

A big thank you to all our donors, sponsors and supporters who make such a valuable contribution to our organisation. Without your help we would not be able to make such a positive impact on the lives of so many people with learning disabilities.

On behalf of Winchester Go LD I would like thank all the Trustees, staff, volunteers and fundraisers for their hard work during these 12 months. The team at Winchester Go LD have demonstrated resilience, flexibility and ambition and I am extremely proud of how our organisation has grown and developed this year. A special thanks to Kevin Stevens, who retired from his position as Chair of Trustees in November 2021, his energy, enthusiasm and passion for the charity and in particular towards our members during his 9 years as Chair has been remarkable. Congratulations also to our members for their courage, positivity and sense of fun in all they have achieved during the year.

Stephen Ayling

Chair of the Trustees

November 2022

WINCHESTER GO LD

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	2022			2021		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Income						
Card Sales	-	618	618	-	2,017	2,017
Fundraising	-	17,710	17,710	-	3,875	3,875
Donations	-	11,395	11,395	-	6,722	6,722
Trusts	21,276	51,378	72,654	28,926	60,206	89,132
Grants	-	408	408	-	4,877	4,877
Statutory Income: HCC PCP & LIG Cooms Grant	-	-	-	-	2,345	2,345
Member Sales (Go Smoothie Bike)	-	-	-	-	55	55
Members Events (Go Social, Go Sports Para PBs)	-	3,998	3,998	-	200	200
Interest	-	7	7	-	45	45
Legacies	-	1,341	1,341	-	-	-
Community Events	-	247	247	-	466	466
Community Groups	-	4,305	4,305	-	510	510
Sponsored Events	-	104	104	-	20,183	20,183
Online Commission	-	465	465	-	279	279
Gift Aid Re-claim	-	1,603	1,603	-	6,252	6,252
Payroll Giving	-	265	265	-	-	-
Total Receipts	<u>21,276</u>	<u>93,844</u>	<u>115,120</u>	<u>28,926</u>	<u>108,032</u>	<u>136,958</u>
Expenditure						
Card Sales	150	906	1,056	-	632	632
Fundraising	423	372	795	-	83	83
Rent (net)	2,434	4,331	6,765	-	6,000	6,000
Payroll (Grants Administrator, Go Work, PCP)	13,050	84,152	97,202	22,184	49,269	71,453
Casual Wages	-	-	-	-	-	-
General Running Costs	516	3,235	3,751	1,699	3,053	4,752
Members Events (Go Social, Go Sports Para PBs, Go Circuits)	6,541	3,025	9,566	2,334	174	2,508
Consulting	-	-	-	-	4,320	4,320
Staff Training and Travel	350	250	600	-	574	574
Total Expenditure	<u>23,464</u>	<u>96,271</u>	<u>119,735</u>	<u>26,218</u>	<u>64,104</u>	<u>90,322</u>
Excess / (Deficit) of Income over Expenditure	<u>(2,188)</u>	<u>(2,427)</u>	<u>(4,615)</u>	<u>2,709</u>	<u>43,927</u>	<u>46,636</u>

BALANCE SHEET
as at 31 MARCH 2022

	2022			2021		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Current Assets						
Bank Accounts	<u>13,076</u>	<u>127,645</u>	<u>140,721</u>	<u>21,555</u>	<u>77,145</u>	<u>98,700</u>
Income and Expenditure Account						
Balance brought forward 1 April	19,763	125,573	145,336	21,555	77,145	98,700
Excess / (Deficit) of Income vs Expenditure	(2,188)	(2,427)	(4,615)	2,709	43,927	46,636
Transfer between funds	(4,500)	4,500	-	(4,500)	4,500	-
Balance carried forward 31 March	<u>13,076</u>	<u>127,645</u>	<u>140,721</u>	<u>19,763</u>	<u>125,573</u>	<u>145,336</u>

In FY 2020 an internal review of the funds held indicated that several internally designated funds had been recorded as restricted funds in prior years. Adjustments continue to be made to reclassify some of these from Restricted to Unrestricted.

S Ayling
Trustee

M Chapman
Trustee

Date

20 November 2022

Independent examiner's report to the trustees of Winchester Go LD Charitable Incorporated Organisation (the "CIO")

I report to the trustees on my examination of the accounts of the CIO for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

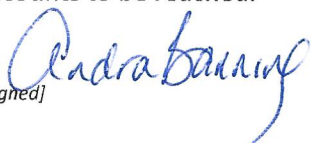
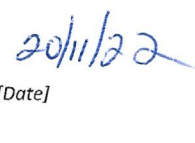
I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

 
[Signed] [Date]

Andra Banning, CPA, CA (Canada)
5 Ashen Close, Pine Road
Chandlers Ford
Eastleigh
Hampshire
SO53 1LH

WINCHESTER GO LD

England & Wales - Charity number 1156536

Accounts



Winchester Go LD Walk and talk project 2021

SOUTH DOWNS
NATIONAL PARK



Barry is a new member of Winchester Go LD. He was referred to us by his occupational therapist. After his last walk and talk he says "I enjoyed it. It was nice to walk through town and to talk."



Doug has recently moved into a ground floor flat. Winchester Go LD have been working with adults services to help him settle in....a walk and talk with Hector (the dog) is the perfect relaxation after unpacking a few boxes.



We go out in all weathers! Here's Louise modelling our Winchester Go LD umbrella by the palace ruins at Bishop's Waltham. Louise says this about her walk and talk "It was a really good experience, thank you, Bet."



Katie, Alice and Thea agreed that we are very lucky to have such fantastic, relaxing and beautiful green spaces around Winchester. Hector was the highlight of their walk! Here we are in St Cross.



Sometimes we do a little more talking and eating cake than walking! Here's Francis tasting Hummingbird cake at one of our local independent shops. Francis always has lots to chat about on our walk and talks.



Walk and talks offer a really good way of talking about friendships and relationships. Ben and Ros have a regular walk and talk to help them with their relationship communication.

Annual Report

1 April 2020 – 31 March 2021

To Live. To Thrive.

Registered Charity Number: 1156536

Winchester Go LD Winchester Discovery Centre Jewry Street Winchester SO23 8SB

T: 01962 873608 W: winchestergold.org.uk E: info@winchestergold.org.uk

Patron: Lady Portal (Louisa) MBE, DL

Trustees

Kevin Stevens (Chair)

Betty Chadwick

Mark Chapman (Treasurer)

Rozmin Parpia (welcomed January 2021)

Janet Chierchia

Stephen Ayling

Philippa Conyngham (retired November 2020)

Aims and objectives

Winchester Go LD is a Charitable Incorporated Organisation which was registered with the Charity commission in March 2014. It is governed by its Constitution. Trustees stand down each year and are re-elected at the Annual General meeting.

The object of the CIO is to relieve the needs of people with a learning disability, who are resident in Winchester and the surrounding area, as well as their families, dependants or carers by:

- a) promoting inclusion for the public benefit and preventing people with a learning disability from being excluded
- b) providing or assisting in the provision of services for people with a learning disability to enable them to achieve their potential
- c) provide information, signposting, listening and support (one to one and in groups)
- d) provide resources for the development of services to promote daily living, education, training, work readiness and employment
- e) provide resources for the development of recreation, sports and leisure activities
- f) promote good practise to enable people with a learning disabilities and their families to have a “voice” at local, county and national level
- g) work in partnership with others to fill any identified gaps in provision, which could benefit people with a learning disability, their families, dependants or carers

Reserves Policy

In order to sustain its activities and in line with the Charities Commission’s recommendations, the CIO has designated a base reserve of unrestricted funds of **six months’ operating costs**. The unrestricted funds above the reserve can be spent by the Trustees to meet its aims and objectives. Restricted income funds are only spent for the particular purpose set out by the donor.



Report

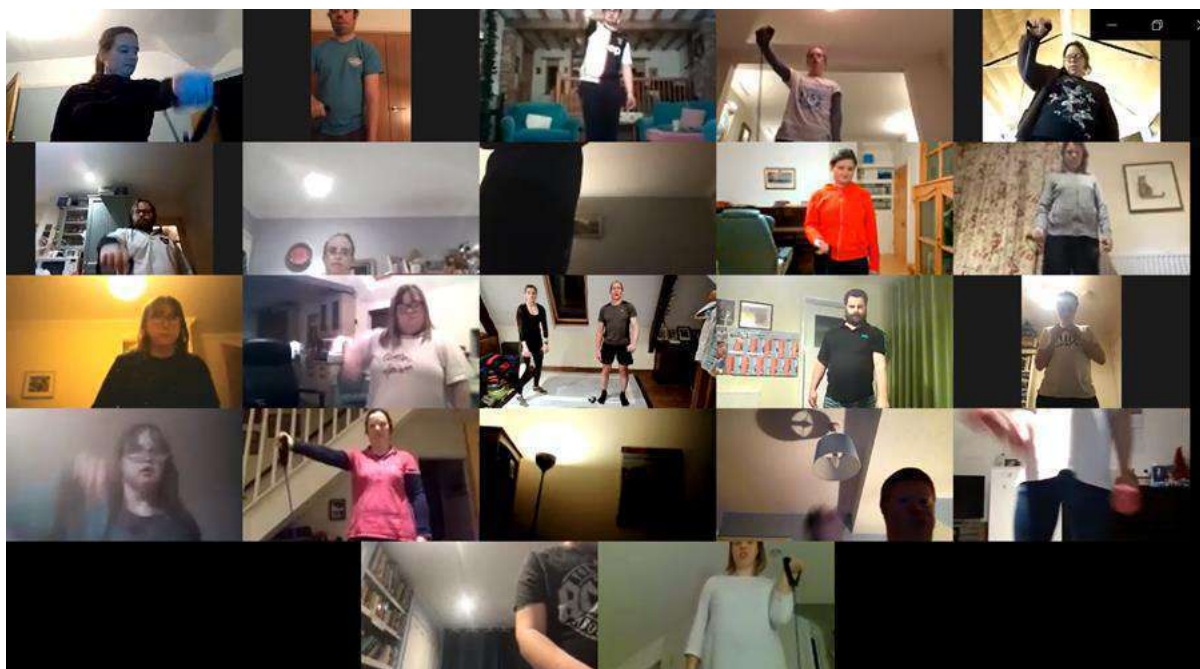
Winchester Go LD provides support for people with learning disabilities (our 'members'), their families and carers. We form strong, long-term and trusted relationships with our members. We have a key focus on mental and physical wellbeing. We enable our members to live as independently as possible and we respect the need to have choice. We provide a range of regular one to one and group activities, small group workshops, life skills training, community advocacy and referral or signposting to other appropriate statutory and voluntary organisations. Our membership has grown by 8% this year, we have over 138 members living in Winchester city and surrounding district and we are the leading local not for profit organisation in this field.

We help people with learning disabilities and their families who are trying desperately to bridge the gap between the services provided by the local authority and what is practically required. Through a person centred approach we help our members to reach their goals and to aspire to set new goals.

We are proud of the positive difference we make to our members' lives, and we are acutely aware of the increased demand for support from this vulnerable group in our community as a result of the COVID-19 pandemic. There is no doubt that they have been disproportionately affected. Lockdown and social distancing rules created a huge number of challenges across all aspects of our organisation. Our primary focus has been on helping to ensure our members stay safe and helping them to adjust to sudden changes in their support, living arrangements and their routine. Change is particularly difficult for people with learning disabilities to cope with. We are hugely proud of our staff for going above and beyond in the hours of phone calls and reassurance they offered our members at this difficult time. Like the rest of us, our staff also had to adapt overnight within their own lives to lockdown and homeworking, it is a credit to our incredible team that throughout this that they always put our members' needs first.

During lockdown, we moved all our group work to Zoom video calls. It is incredible how so many of our members have learned and adapted to communicating on Zoom. Our staff, volunteers, trustees, and fitness instructors have also had to learn to deliver group work via video call. It's been a steep learning curve, and everyone has risen to the challenge brilliantly. Successful grant funding enabled us to increase the number of regular group activities we offer with the introduction of

Thursday evening Fit Class, Tai Chi becoming a weekly session rather than fortnightly. A huge thanks to Rob, Sonya, Ali, and Emma for running these sessions. During lockdown 48 of our members regularly engaged in one or more of our online activities. At the peak of pandemic, our groups all became busier as our members' normal day services were restricted. Weekly group sizes grew to an average of 20-25 participants.



Our monthly Wednesday Go Social evening became a regular online disco and quiz night with lots of dressing up, dancing, laughter and friendship (35 of our members have attended our Go Social discos and quizzes). While engagement was good, this is slightly lower attendance than we would expect for face-to-face Discos.



Regular attendance at the Charity Leaders Networking events run by Community First provided us with the idea of Walk and Talks (Winchester Youth Counselling described a similar project that had

been successful for their beneficiaries). We were awarded 6 months of grant funding through Energise Me and Sport England to launch our Walk and Talk service, this was supported by additional local funding from the Alresford Pigs. We received a further 12 months of funding, until January 2022 from South Downs National Park. This service has been a fantastic way for us to provide a sense of community, social engagement and exercise in a relaxed and outdoor environment at a time when many were at risk of social isolation. It has provided valuable respite to families adapting to being locked down with our Winchester Go LD members. Walk and Talks were prioritised to members who needed that extra support the most and those who were not able to access our online services. We are very fortunate for the incredible support that we've had from our team of volunteers to help us deliver Walk and Talks. The success of our Walk and Talk program means that we intend to keep this as one of Winchester Go LD's core services. We have been providing 7-10 Walk and Talks each week, during this year, 34 members have benefited from 256 walk and talks.

Our digital communications developed and grew during lockdown. Regular social media posts (Facebook and Twitter) in addition to our informative website help to keep our members and supporters informed of the charity's news. Our regular Go Live Facebook broadcasts were introduced; Winchester Go LD members, James and Jane have hosted several interviews with people connected to our charity, they have provided both insight into the learning disability community and nurtured working partnerships with our guests. Some of our members are also on a Winchester Go LD WhatsApp group to communicate charity updates. In March 2020 we hosted our first online evening for parents and carers, 23 households attended; these evenings will become a regular biannual event.

Our use of IT has developed enormously this year. The update of our IT systems in 2019 coupled with homeworking encouraged us to use a secure shared drive for storing and sharing files within our team. At the end of 2020 we launched a new CRM (client relationship management) platform, Salesforce. Our trustee, Rozmin Parpia, has been instrumental in designing this database for Winchester Go LD and in providing training for staff and trustees on its functionality. Salesforce has revolutionized how we record and report data, there is clearly much more for us to learn, and we keen to use this tool to help us develop and grow.

The Covid-19 pandemic forced cancellation of all our regular and relied on face-to-face fundraising events. These events would normally expect to generate some 20% (£20,000) of our annual income. Our Fundraising Committee adapted and successfully raised funds through the delivery of a murder mystery evening, wine tasting and quiz night online. They also published a selection of Winchester Go LD member lockdown stories which are available on our website. We are very grateful for the support of Santander, who donated money through price matching of our online fundraising events.

Lockdown brought with it a huge amount of uncertainty. Our paid workforce was reduced to 3 part-time staff, office manager, communications and engagement lead, and advocacy and PCP lead (we made the difficult decision make our grants administrator role redundant) and we continued to rely heavily on volunteers. Two staff members increased their hours during lockdown to help absorb the increased need for member support. Our trustee, Betty Chadwick, took on a full-time voluntary role supporting the design and delivery of Covid response projects and bid writing. Our approach to bid writing during the pandemic was tailored to bidding for Covid relief funding, core funding requests and project-based funding. We have had success this year, being awarded just under £90,000 in grant funding.

Local government cuts and contract restructuring have resulted in Winchester Go LD suffering a loss of £15,000 per annum through statutory funding for advocacy and person centred plan work from Hampshire County Council. Despite the withdrawal of this funding stream Winchester Go LD has continued to respond to our members' need for advocacy and person-centred work. Winchester Go LD members represent our local learning disability community at the Purple LIG (Local Implementation Group) and at the Hampshire Learning Disability Partnership Board. Regular meetings during lockdown were hosted on MS Teams.

A review of how our services match the demand from our members was conducted through work with students from University of Winchester's SIP (Social Innovation Project) May to July 2020. This involved focus groups, online questionnaires, and interviews. We are pleased to be a participant led organisation. The follow up review in December 2020 shows that we have been able to respond to the key findings in this SIP report.

- More exercise through the introduction of Thursday Fit Class and weekly Tai Chi
- Routine use of small group breakout rooms on Zoom calls
- Continuation of Walk and Talk program

Providing clarity about the services we offer and identifying opportunities for future growth is one of the 3 key themes of our Business Plan 2021-2024.

We were sad that Covid-19 pandemic prevented us from hosting the Paralympic Personal Bests in 2020. An alternative outdoor and socially distanced "rule of 6" sports day was launched, our Sporty Fun Day. Hosted at the Winchester Rugby Club we were supported by 10 volunteers and our local partner, Munch CIC. 24 Winchester Go LD members took part. We look to keep the Sporty Fun Day as part of our summer program in the future.



Summer Picnics : Quotes



I loved the food and seeing my friends



Best bit was spending time outside in the sun

BEING CHILLED

Our summer day trips are a highlight for many Winchester Go LD members. These too were prevented by the pandemic. Winchester Go LD and FirstBite worked collaboratively on the Friendship through Food project, funded through the Hampshire and Isle of Wight Community Foundation NHS Covid 19 fund to provide 6 socially distanced delicious picnics each week. 52 Winchester Go LD members attended these picnics at the River Park playing fields in the centre of Winchester.

In November 2020 our Wellbeing Project was launched. A 12-month module project focusing on 6 key wellbeing themes (work and education, nutrition, health – mental and physical, recreation and hobbies, friendships and relationship, social and economic). 52 of our members have engaged with our Wellbeing project. We collaborated with local partner organisations, Munch CIC and Compassionate Cuppa CIC to deliver these modules and we look forward to working with these organisations again. We have used our regular online group activities and our Walk and Talks to focus on these themes, we have also used small group workshops. In the nutrition module we delivered cooking courses to 12 individuals on Zoom. We have learned that Zoom is a useful way to help our members practice cooking at home in a real time, it also gives us an insight into their kitchens.



I am extremely proud of Winchester Go LD's hard work and successes in this most difficult of years. Our achievements were marked by two Mayor of Winchester Awards, the Local Hero Award and the Community Award.

A big thank you to all our donors, sponsors and supporters who make a valuable contribution to our funds and supplement the grants we can obtain to continue the services we provide to our members and their families.



On behalf of Winchester Go LD I would like to thank all the Trustees, staff, volunteers and fundraisers for their hard work during these 12 months, helping us to navigate a hugely challenging time and in the enormously positive contribution Winchester Go LD makes for people with learning disabilities and their families. Congratulations to our members for all they have achieved during the year.

Kevin Stevens

Chairman of the Trustees

November 2021

WINCHESTER GO LD

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	2021			2020		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Income						
Card Sales	-	2,017	2,017	-	1,630	1,630
Fundraising	-	3,875	3,875	-	21,898	21,898
Donations	-	6,722	6,722	-	4,447	4,447
Trusts	28,926	60,206	89,132	14,220	6,000	20,220
Grants	-	4,877	4,877	900	820	1,720
Statutory Income: HCC PCP & LIG Cooms Grant	-	2,345	2,345	14,872	-	14,872
Member Sales (Go Smoothie Bike)	-	55	55	-	323	323
Members Events (Go Social, Go Sports Para PBs)	-	200	200	2,208	3,257	5,465
Interest	-	45	45	-	142	142
Legacies	-	-	-	-	10,000	10,000
Community Events	-	466	466	1,500	2,033	3,533
Community Groups	-	510	510	-	100	100
Sponsored Events	-	20,183	20,183	-	5,071	5,071
Online Commission	-	279	279	-	441	441
Gift Aid Re-claim	-	6,252	6,252	-	-	-
Total Receipts	<u>28,926</u>	<u>108,032</u>	<u>136,958</u>	<u>33,700</u>	<u>56,162</u>	<u>89,862</u>
Expenditure						
Card Sales	-	632	632	-	1,192	1,192
Fundraising	-	83	83	-	3,357	3,357
Rent (net)	-	6,000	6,000	2,000	6,000	8,000
Payroll (Grants Administrator, Go Work, PCP)	22,184	49,269	71,453	25,084	29,728	54,812
Casual Wages	-	-	-	-	270	270
General Running Costs	1,699	3,053	4,752	1,389	5,952	7,341
Members Events (Go Social, Go Sports Para PBs, G	2,334	174	2,508	1,674	4433.33	6,107
Lottery	-	-	-	-	20	20
Consulting	-	4,320	4,320	-	14,490	14,490
Staff Training and Travel	-	574	574	-	71	71
Total Expenditure	<u>26,218</u>	<u>64,104</u>	<u>90,322</u>	<u>30,146</u>	<u>65,514</u>	<u>95,660</u>
Excess / (Deficit) of Income over Expenditure	<u>2,709</u>	<u>43,927</u>	<u>46,636</u>	<u>3,554</u>	<u>(9,352)</u>	<u>(5,798)</u>

BALANCE SHEET as at 31 MARCH 2021

	2021			2020		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Current Assets						
Bank Accounts	<u>19,763</u>	<u>125,573</u>	<u>145,336</u>	<u>21,555</u>	<u>77,145</u>	<u>98,700</u>
Income and Expenditure Account						
Balance brought forward 1 April	21,555	77,145	98,700	22,501	81,997	104,498
Excess / (Deficit) of Income vs Expenditure	2,709	43,927	46,636	3,554	(9,352)	(5,798)
Transfer between funds	(4,500)	4,500	-	(4,500)	4,500	-
Balance carried forward 31 March	<u>19,763</u>	<u>125,573</u>	<u>145,336</u>	<u>21,555</u>	<u>77,145</u>	<u>98,700</u>

In FY 2020 and internal review of the funds held indicated that several internally designated funds had been recorded as restricted funds in prior years. Adjustments continue to be made to reclassify some of these from Restricted to Unrestricted.

K Stevens
Trustee

M Chapman
Trustee

Date 24th November 2021

Independent examiner's report to the trustees of Winchester Go LD Charitable Incorporated Organisation (the "CIO")

I report to the trustees on my examination of the accounts of the CIO for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act;
or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

[Signed]  [Date] 24/11/21

Andra Banning, CPA, CA (Canada)
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